



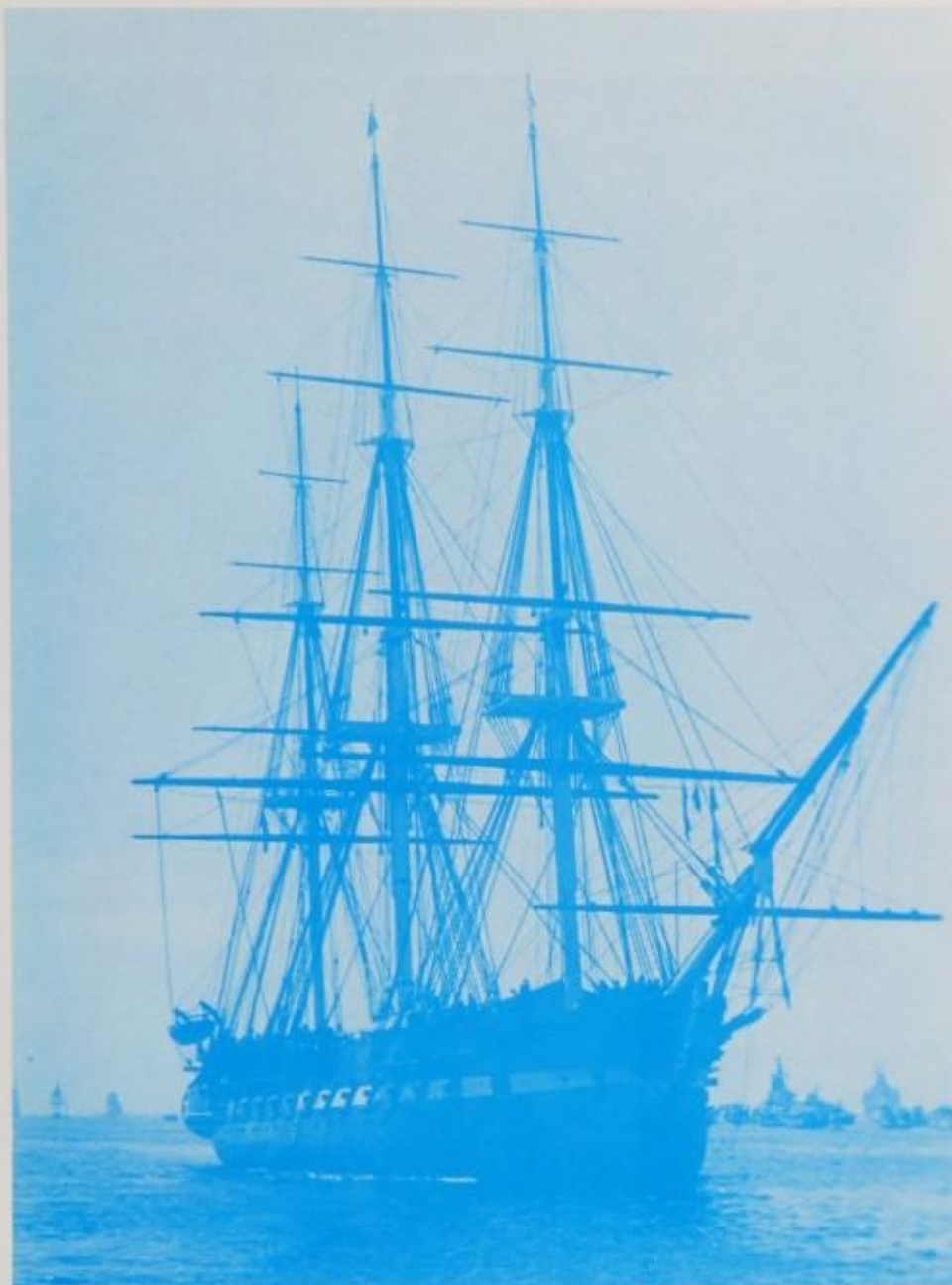
W I L M I N G T O N





Cruise Log
Sailing Toward
our voyage begins...
September 12, 1993

New Horizons
June 15, 1984
Graduation



Los Alamitos High School
3591 Cerritos Avenue
Los Alamitos, California 90720



COTTONWOOD 1984

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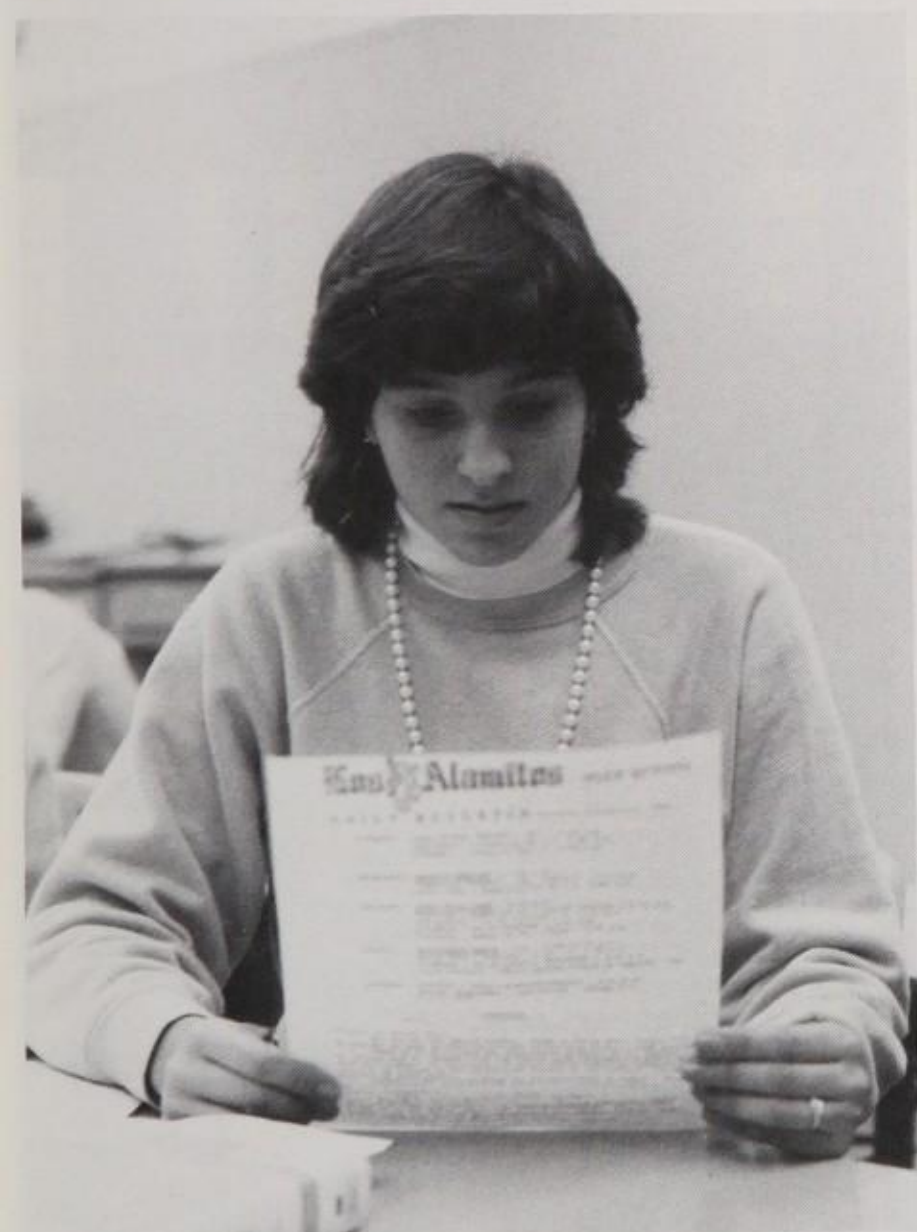
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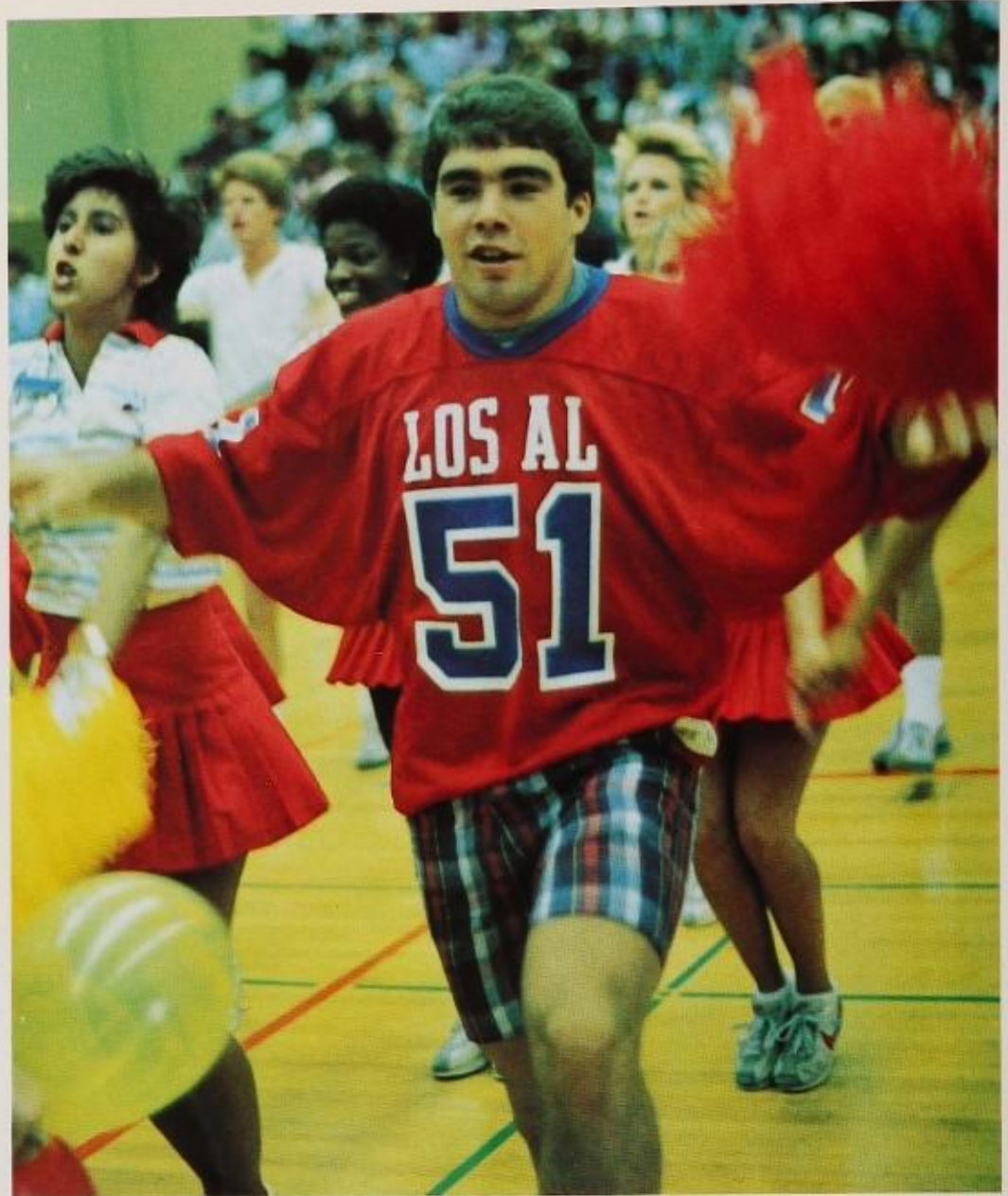
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As a preschool assistant, senior **Sherry Williamson** (above left) gives children holiday parties as an assignment. Academic Decathlon members **David Gershon**, **Barbara Caruso**, and **Wendy Rasmussen** (left) wrap-up **Russell Carpenter** as a gift for their favorite supporter, Mrs. Holzman. Sophomore Omegas **Brooke Burtzell** and **Kelli Hawkins** (above right) listen to the popular sounds of Big Country on their Walkmans. Ninth grader **Gail Chekouras** (above) reads the daily announcements to her first period English class.

Sailing Toward New Horizons

Let us embark on the voyage of the Cottonwood, a journey filled with hope and excitement, desperation and doubt, in a search of new horizons for 1984. We recount sailing upon smooth seas and unexpectedly having to face rough waters. We learn of new passages into the unknown. With the use of maps and navigational tools, necessary experience is gained which will greatly aid future trips. Our crew: what a great group of sailors who are hard-working and earnest, yet unique and fun to be around. Westwardly winds carry us onward in our course of adventure. Our route is carefully charted to make sure we do not get lost or confused. Ruling with an iron fist, Admiral Castruito demands respect which every crew member obliges. He is a compassionate man though, who is a friend to everyone. Every sailor feels privileged to belong to a command like this, especially captains who completed their active duty on our voyage of '84. This ship we adore sails on-cruising the gentle oceans of the world in the never-ending search of new horizons.



Senior Varsity Football Captain, **Robert Brakke**, struts his stuff as he joins the cheerleaders on the gym floor for the fight song. Robert is also the spirit booster of the football team out on the field.



Suddenly caught by surprise, Senior Elite member **Liso Steele** is astonished to see the man of her dreams walk through the classroom door.

At our first pep assembly of the year, Sensored Senior **Wendy Williamson** (left) performs with style. The song leaders danced to "Borneo" from the soundtrack **Flashdance**.



Spirit Sailing High

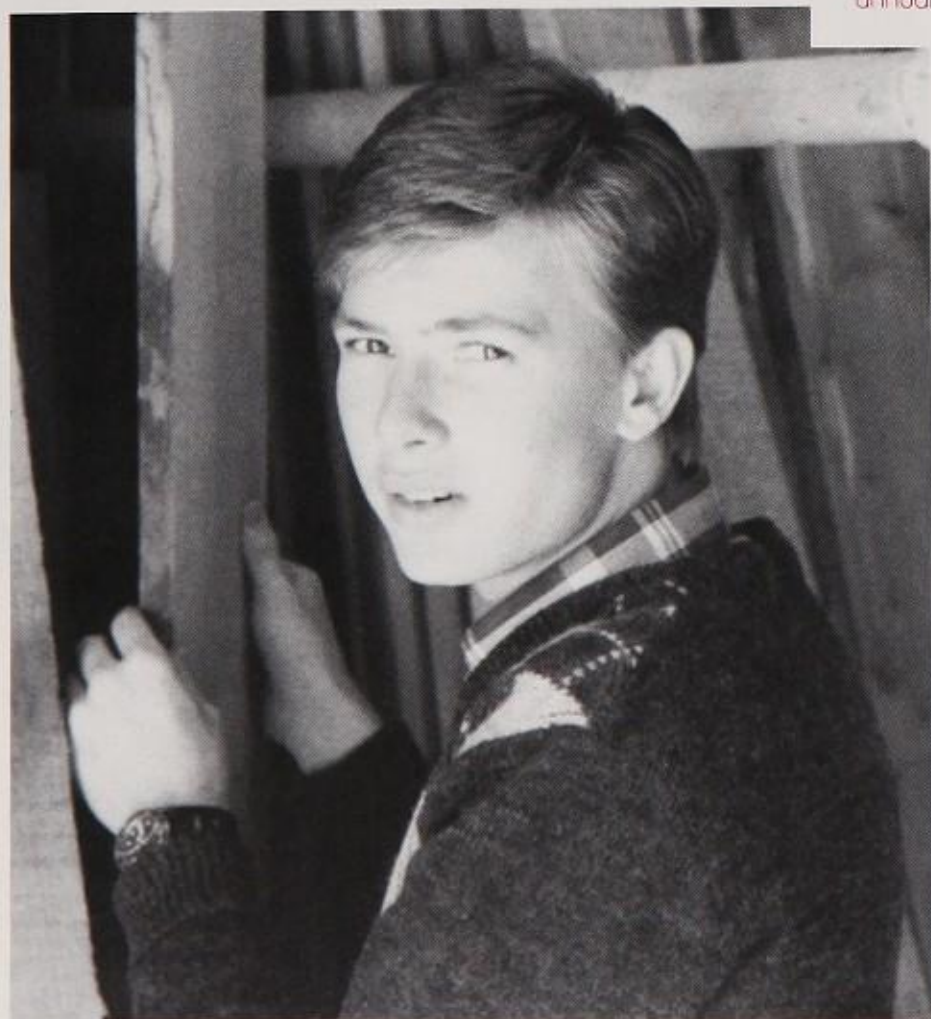
School spirit is one of Los Al's many great assets. Students and faculty alike take great pride in being Griffins. Coach Brooks' up and rising basketball stars, juniors **Travis Tarchione**, **Garret Olson**, and **Darryl Baker** (upper left), borrow a few pair of swim goggles and give a rousing cheer of support for our Griffin water polo team at a home game. The polo team outrageously does the same at basketball games. The **Varsity Competition Cheer Squad** (middle left) was awarded first runner-up in the Western Regional Cheerleading Championships held at the University of Southern California in October. They traveled to Orlando, Florida in February to compete in the national competition. Seniors **Jim Reis** and **Barbara Heller** (lower left) exchange matrimonial vows of love at their On Your Own wedding. **Dr. Rudy Castruito** (upper right) observes the highly spirited campus of Los Alamos High.

Classes Embark On The Griffin Voyage Of '84

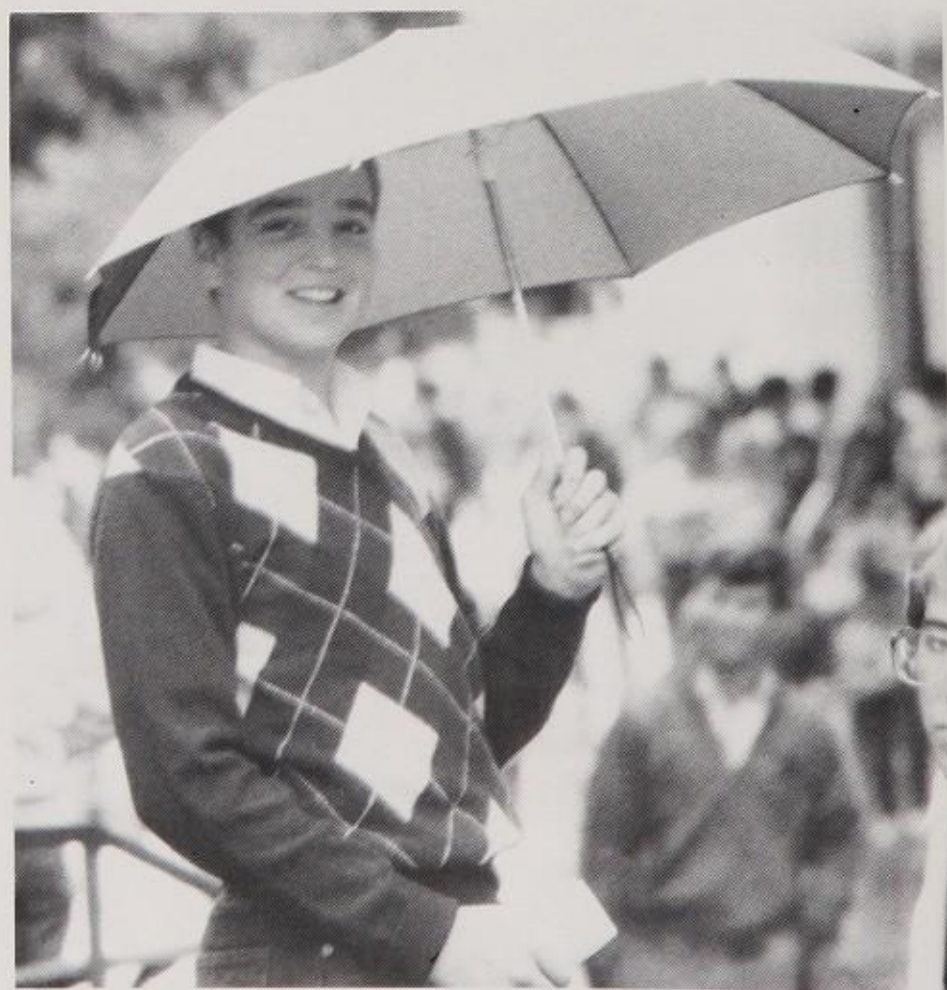
With all the attention focused on our graduating class of captains, sometimes underclassmen get lost in the shuffle. This was not the case though, with our lieutenants, ensigns, and deck hands sailing on the journey of 1984. These sailors worked hard and were a major contributing factor to our successful voyage. They united with their captains in spirit as everyone participated in the activities on board . . . Homecoming, dances, plays, cheering our athletic teams, and the log goes on and on. The young swabbies learned how to drive a car, dissect a frog, and write a sentence using correct grammar under the direction of the commodores. Counseled by their commanders, the underclassmen began as early as possible in their training to become officers. Hoping to follow the footsteps of their leaders, our recruits waited with anticipation for the day they would finally become senior captains. But until then, the freshmen, sophomores, and juniors kept Los Al alive with their never-ending enthusiasm to reach their immediate horizon, graduation.



Sophomore **Carolee Sheets** demonstrates to Brandon how to use a wok. In her preschool assistant class, Carolee learns the fundamentals of caring for preschool kids and hosting the annual Halloween party is a great teaching experience.



Carefully choosing the correct piece of wood, junior **Troy Ortele** is ready to begin his next project. Classes like woodshop let students improve their trade skills in preparation for a career.



Battling the ongoing winter storm with their trusty collapsible umbrella, tenth grader **Steve Howard** and senior **Scott Harvey** run to the nearest classroom to prevent themselves from getting soaked to the bone.



— Doing What We Like —

Every Griffin enjoys one special extra-curricular activity that enhances his free time. Football, for senior **Yahya Daayoun** (upper left), is his number one choice. For seniors **Mark Clemons** and **Beth Schultz** (upper right), 1984 marked their second year of being on Varsity Cheer. They take a moment to rest at halftime before cheering the Griffins to victory. Most seniors can testify that their first high school assembly will always be remembered. Freshman cheerleader AnnMarie Hagmann (lower left) is especially enjoying the first one of the year. Someday she hopes to be on the Competition Squad like Mark and Beth. Senior **Jeff Martin** (lower right) finds playing the saxophone and participating in the Olympian Marching Band rewarding. Doing what we like in our spare time relieves a few of the school pressures we feel.

Gun Sounds To Start Regatta

The number one goal of the administration at Los Al is to prepare its students for life after high school. Although academics is the most direct way of doing this, sports plays an important role also. Many students have college on their horizons. For the high school athlete, the high cost of further education can be made more accessible through sports scholarships. That is only one reason why Los Al students participate in athletics.

All teams give equal effort in bringing victory and glory to our school. Our victories are attributed to dedication from the players and excellent instruction from the coaches. Victories merely reflect these qualities to the highest degree. The walls of our gymnasium show our past and present glories by displaying championship banners.

Students, by participating in sports, can show their school spirit and pride. Sports enables them to give a part of themselves to their fellow mates. Through individual contributions and united effort, our teams attempt to conquer each opposing force. Due to our dedicated commanding officers, our teams often obtain treasured league championships.

On a sea of sports, we sail through the year with our flags raised high as a symbol of our triumphs. As our Alma Mater states, "The Griffin fame shall be our pride." Thanks to our athletic program students have the opportunity to seize victories and emerge as champions.

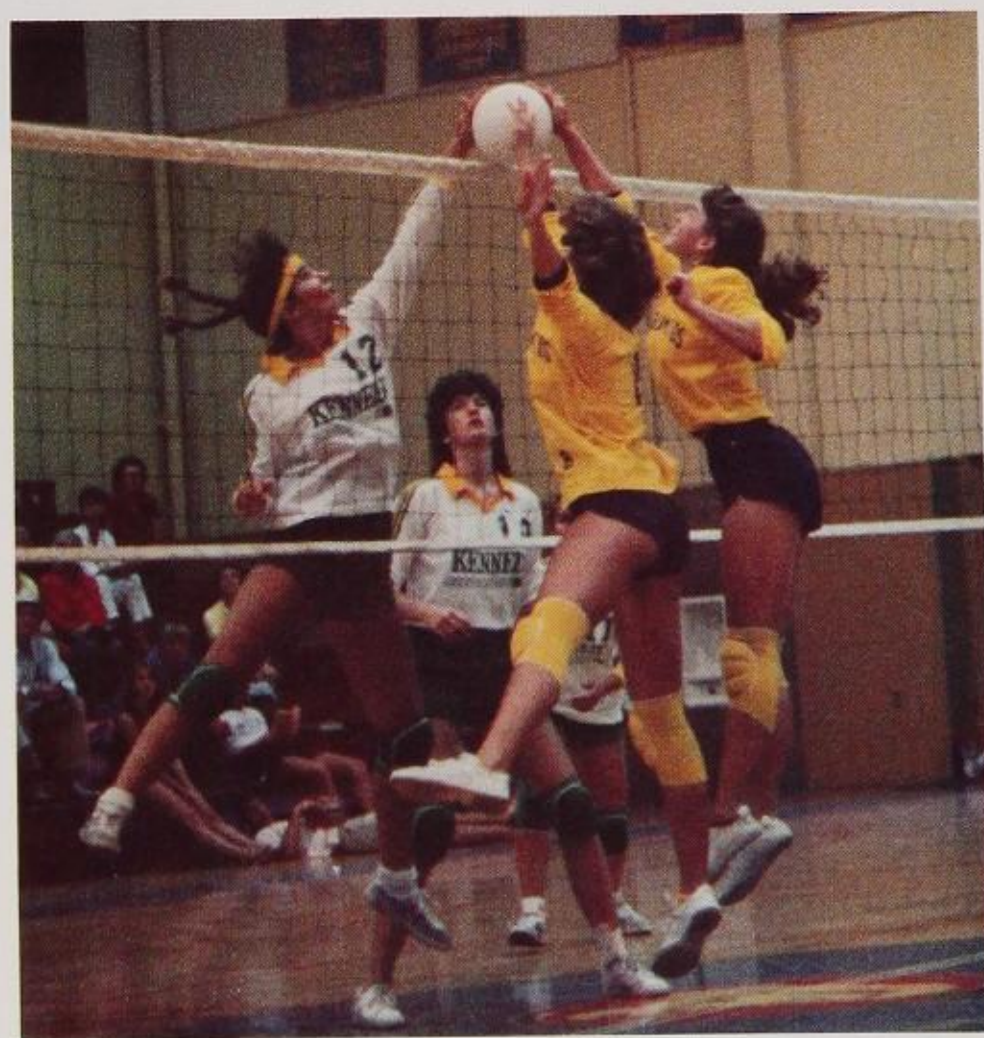


At Newport Harbor Stadium against Costa Mesa, **Jeff Nicks** holds the ball as **Paul Park** kicks for a field goal. The Griffins played a successful game which ended in a victory. We won 42 to 0.



Norman Davison gives everything he's got to improve his team's score. As a member of the Cross Country team he knows that it takes both individual and group effort to cut the grade. Norman is scoring in the top ten.





In his offensive position **Scott Belle** (at left) attempts to evade the opposition as they try to keep him from scoring for Los Al. Avoiding the other team's tacklers is always difficult, but the Griffins do their best. With the freshman cheerleaders behind him in support, **Lance LeCompte** (above left) breaks through the water polo banner for first dive of the game. Los Al's water polo team has always been dedicated and disciplined and this year is no exception. Participating in girls' athletics in the form of volleyball, **Bonnie Burns** and **Lisa Jones**, above, face Kennedy in a home game. The look of extreme effort on Lisa's face shows her devotion to the game and Los Al. Our team is successful because of this devotion.

First Freshmen Travel Forward

As a student quickly approaches his final year of high school, he sets certain goals for graduation, in college, or in the following years. Special qualities and personal motivation are needed to accomplish these chosen standards. The class of 1984 was comprised of ambitious young adults who possessed these attributes that ultimately led to success.

A characteristic which placed the class of 1984 apart from any other was that it was the first graduating freshman class to ever receive a Los Alamitos High diploma. It seems like only yesterday when we arrived at Los Al for our freshman orientation. We were scared, yet thoroughly amazed with this new environment which was to be our second home for four years. Friendships began as graduates from various junior highs united as one. These friends grew to be close compatriots sharing the unique adventures of our fast-paced and ever-changing youth. With graduation swiftly nearing, we feel sad to behold our high school days coming to a close. But we also feel content to know we will always hold on to Los Al through memories as we follow our dreams and face new horizons.



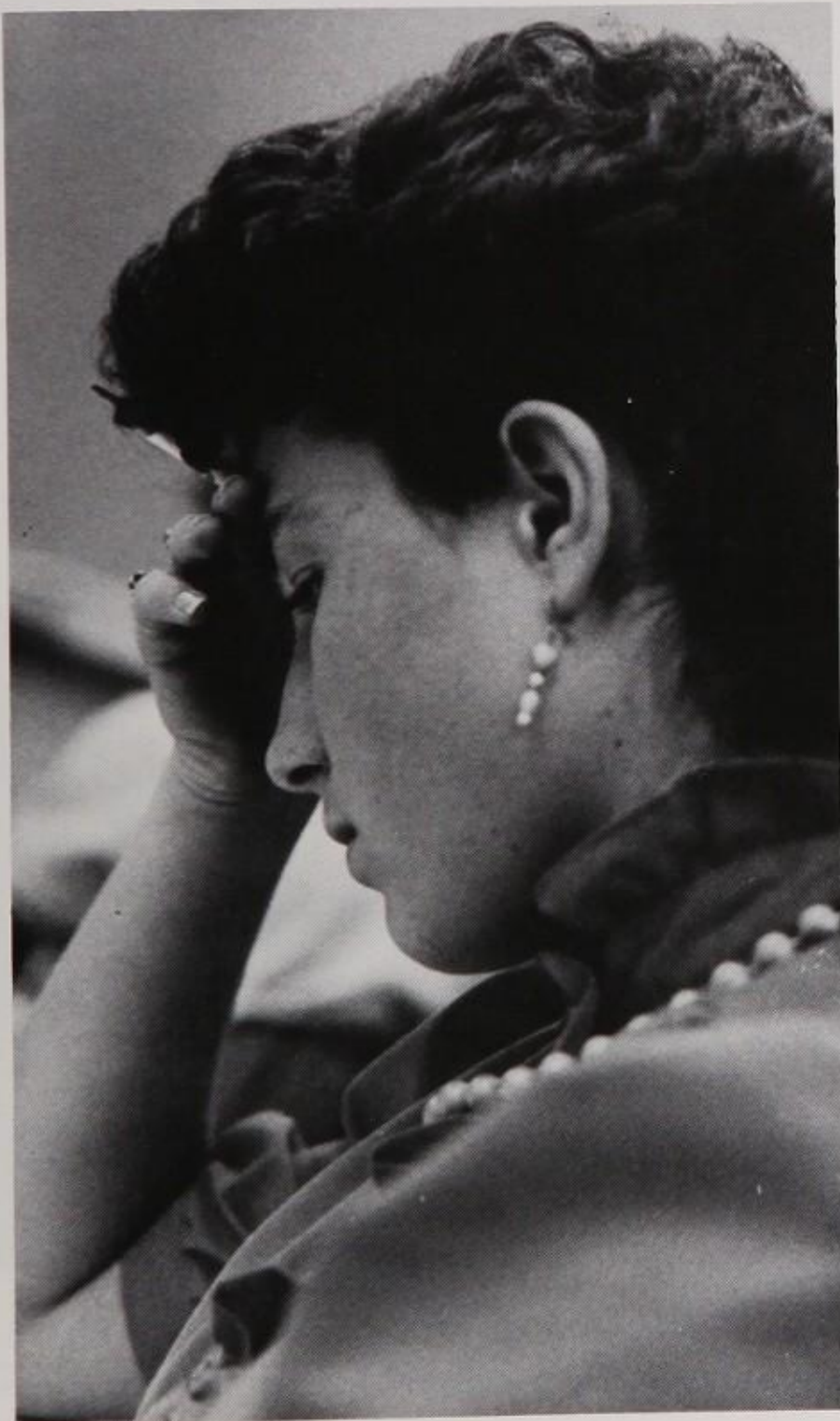
Photography is a hobby that gives a person an opportunity to be creative and imaginative. **Julie Rubin** discovers a very unusual picture as she arranges a new bulletin board of student work for Mr. Considine.



David Blum, being the gentleman that he is, insists that he escort **Michele Alarcon** to class. Michele is quite impressed with David's manners, especially when he offers to carry her books, too.



Number 14, **Jeff Nicks**, and number 45, captain **Scott Belle**, are ready to tackle anyone who comes their way as they watch the water polo game. All our teams are supportive of each other.



Seniors Set Goals

Showing their Griffin enthusiasm at our first pep assembly, Seniors **Ginger Hodson** and **Michelle Wilkinson** (upper right) shout 1984 full of pride. On Your Own offers students the chance to experience the outside world they face upon graduation. Mock weddings are just one of the many highlights of the class. Dressed in her elegant bridesmaid gown, **Tanya Sheets** (upper left) dreams about her own wedding in the future. In preparing for college, students must take a rigorous classload to meet university scholarship requirements. **Cheryl Birdsall** (lower left) deliberates over a complicated problem in one of her more difficult classes, trigonometry. Another participant of the On Your Own weddings was **Clay Kussler** (lower right). Clay, a star sprinter of the track team, dons his black tie and tails for this exciting occasion.

Cruise Of '84 Is Highlighted By Homecoming

A special reunion occurs every fall as former Griffins return to Los Al for Homecoming, one of the most memorable events of the year. It is such a highlight that we extend the excitement in the form of Spirit Week. Spirit Week is climaxed by the Homecoming Game on Thursday night and concludes with a dance on Friday evening. **Puttin' on the Ritz** was the theme of this year's Homecoming Dance.

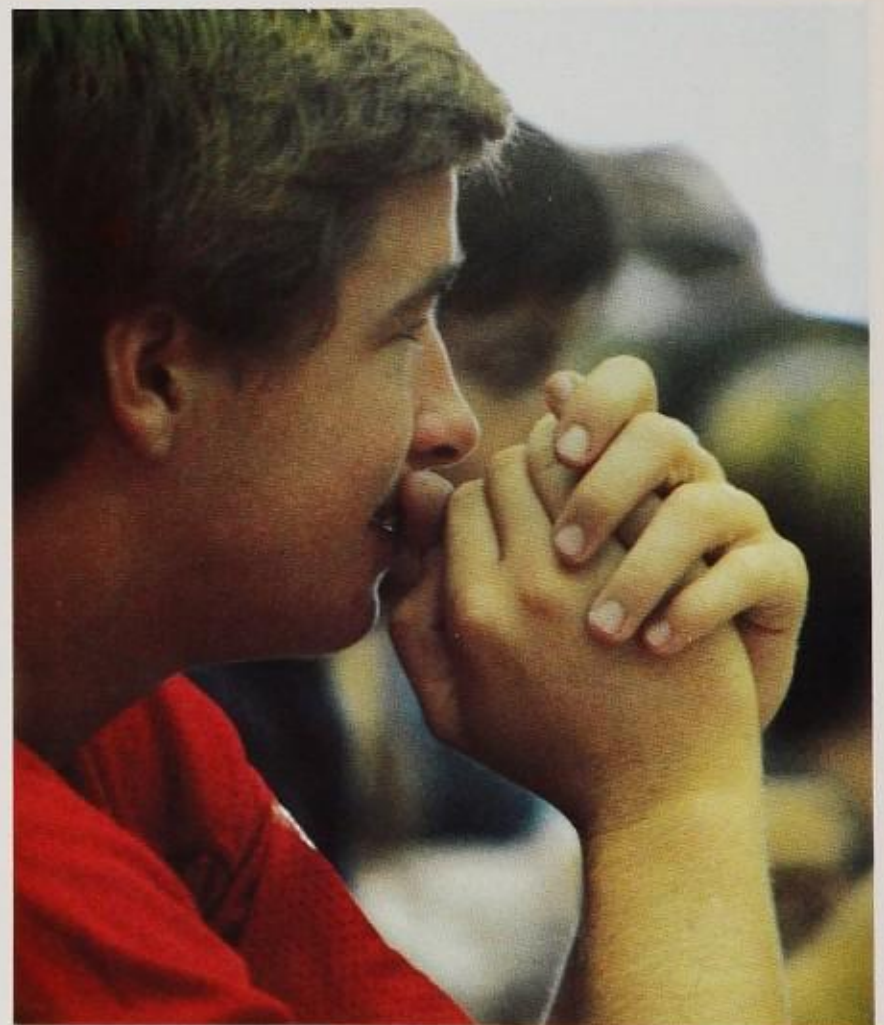
The game itself etches a prominent picture in all our minds. For this special occasion, many alumni return to their home port of Los Al. Our present sailors reunite with their former classmates who have entered the world of adulthood. Comrades reminisce but also share new experiences they have faced. The culmination of the evening is the crowning of the Homecoming Queen and her Court. Homecoming 1983 plunged us headlong in our voyage toward new horizons.



Gathering in the quad area, some Olympian Marching Band and Drill Team members discuss over lunch their competition that evening and their performance at the Homecoming Game.



Gobbling down delicious Marie Callender pies, **Tommy Williamson**, **Mike Asher**, and **Amy Swieck** eat as fast as they can to win the prize. **Darrin Sarto** cheers them on as **Mr. Loftus** referees the contest.



Varsity Football Captain **Russ Wendell** listens to Coach Barnes introduce our senior players. Russ is yet to discover that he has been bestowed with the coveted title of Mr. Irresistible.



— Ritzy Affair —

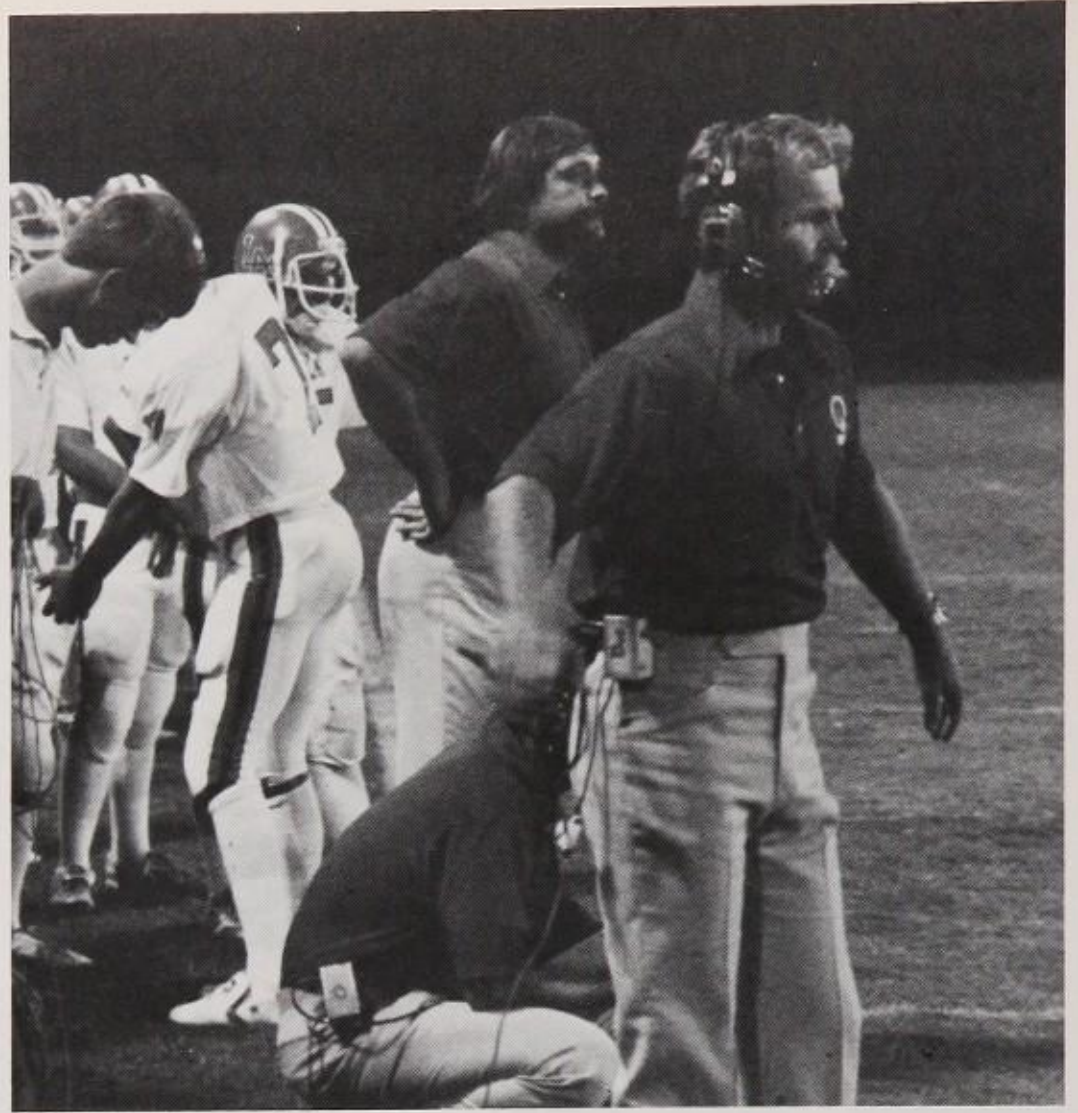
The 1983 Homecoming Queen, **Miss Lisa Harris** (upper left), is presented with her Court of Princesses **Debbie Kurtela**, **Wendy Salisbury**, **Amy Morley**, and **Kim Wiley**. Senior Class Vice President **Teddy Rozolis** (left) signs up to participate in the second annual V.W. push. The V.W. push is just one of the entertaining noontime activities during Spirit Week. Exactly dressed alike, **Ray Jordan** and **Mark Schmitz** (above) enter the Twins Day costume contest. As you can tell, their favorite television star is Gumby.

Faculty Runs A Tight Ship

Los Al is able to boast the best teaching crew around. We have good teachers, which means excellent education. Every member of our faculty is devoted to giving us the best training for later life. As we cruise through high school we can feel confident in the commodores that are serving us.

On the high seas superior officers keep the crew in line while giving them supportive instruction. This description also fits the Los Al faculty. Most of us would agree that while the faculty's purpose is to teach, we can also find a friend in each of them. They help us with our problems and share in our fun. They understand us better than we think they do because they were in high school once, too.

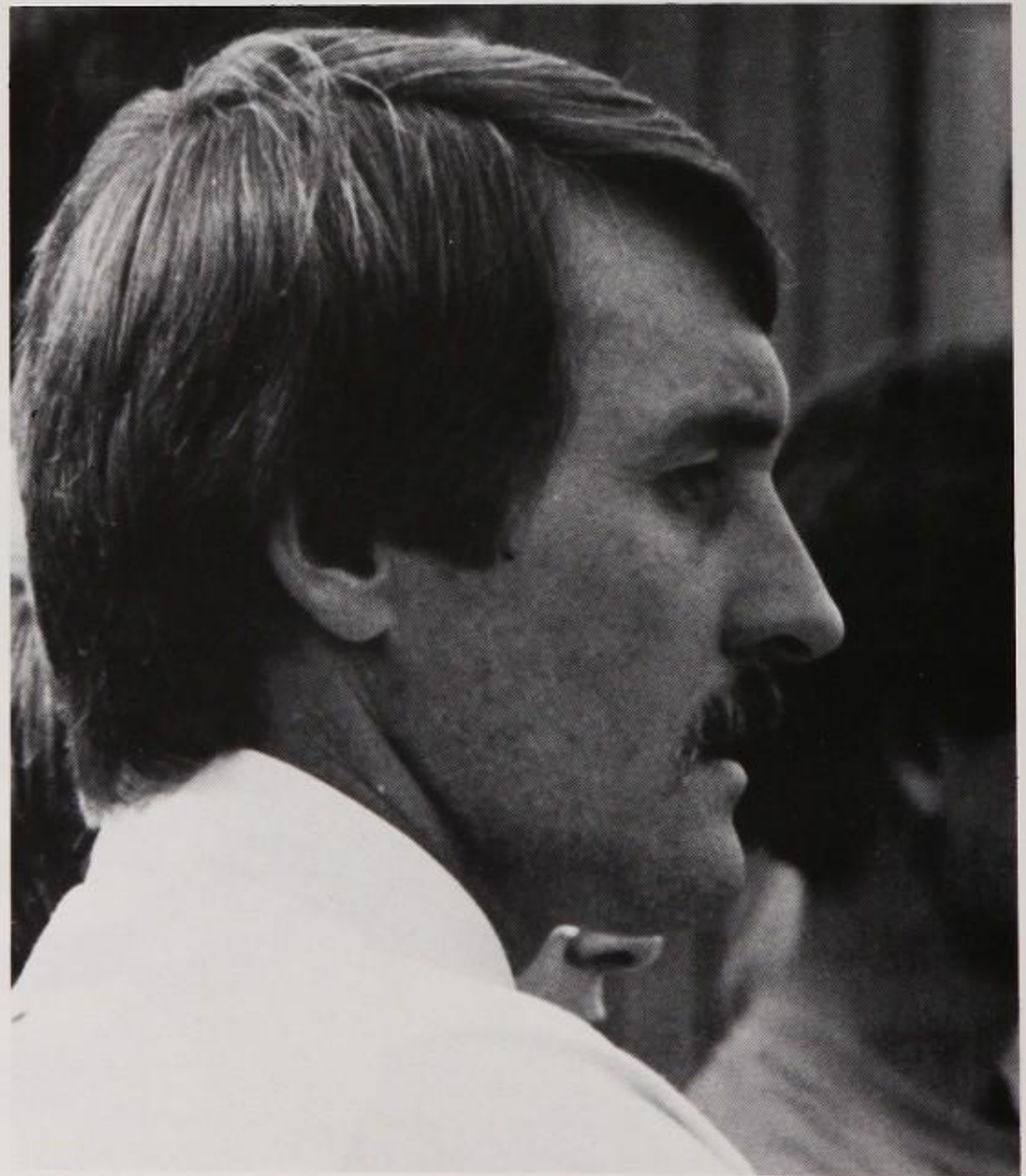
The commanding officer on each deck is one that can be counted on. He or she can be relied on to give a test or collect an assignment on schedule. But they can also be counted on to understand and make allowances. Although students sometimes feel that they overload us with work, they always have our best interest in mind. Over all, our faculty runs a tight ship.



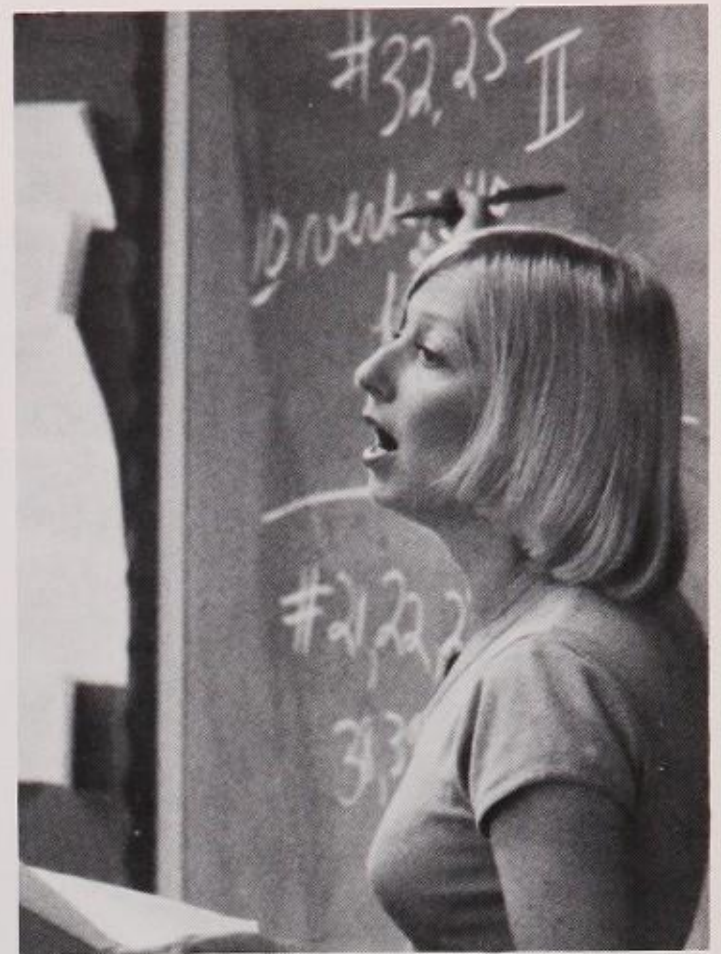
The look of intensity on Coach VanGorder's face shows that his thoughts are entirely on the game. Doubling as both a health teacher and the varsity football coach, **Jim VanGorder** is an asset to Los Al's faculty.



As the activities secretary in the A.S.B. office, **Julie Crumpton** performs her job with skill and a smile. Julie works very closely with A.S.B. officers.

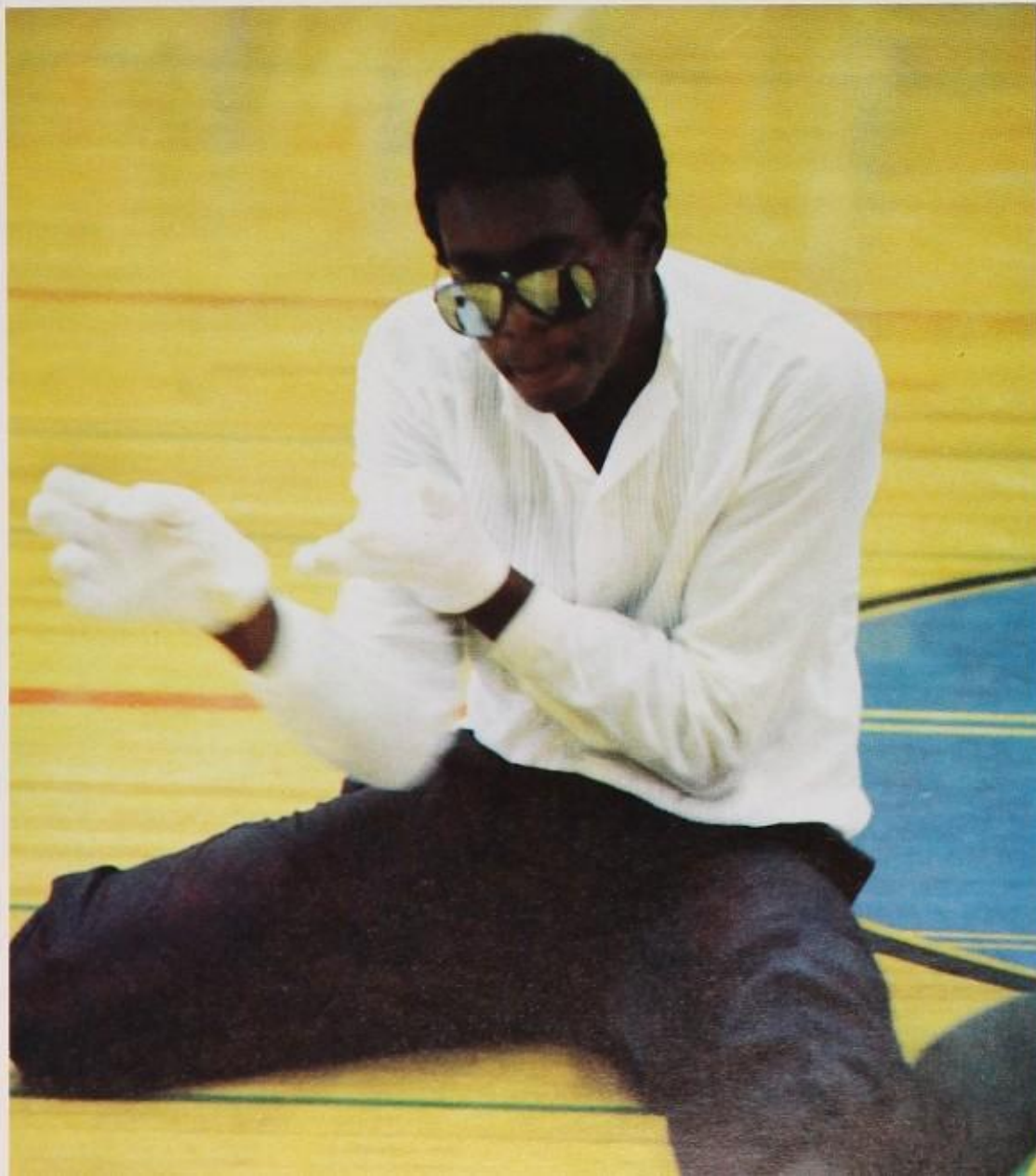
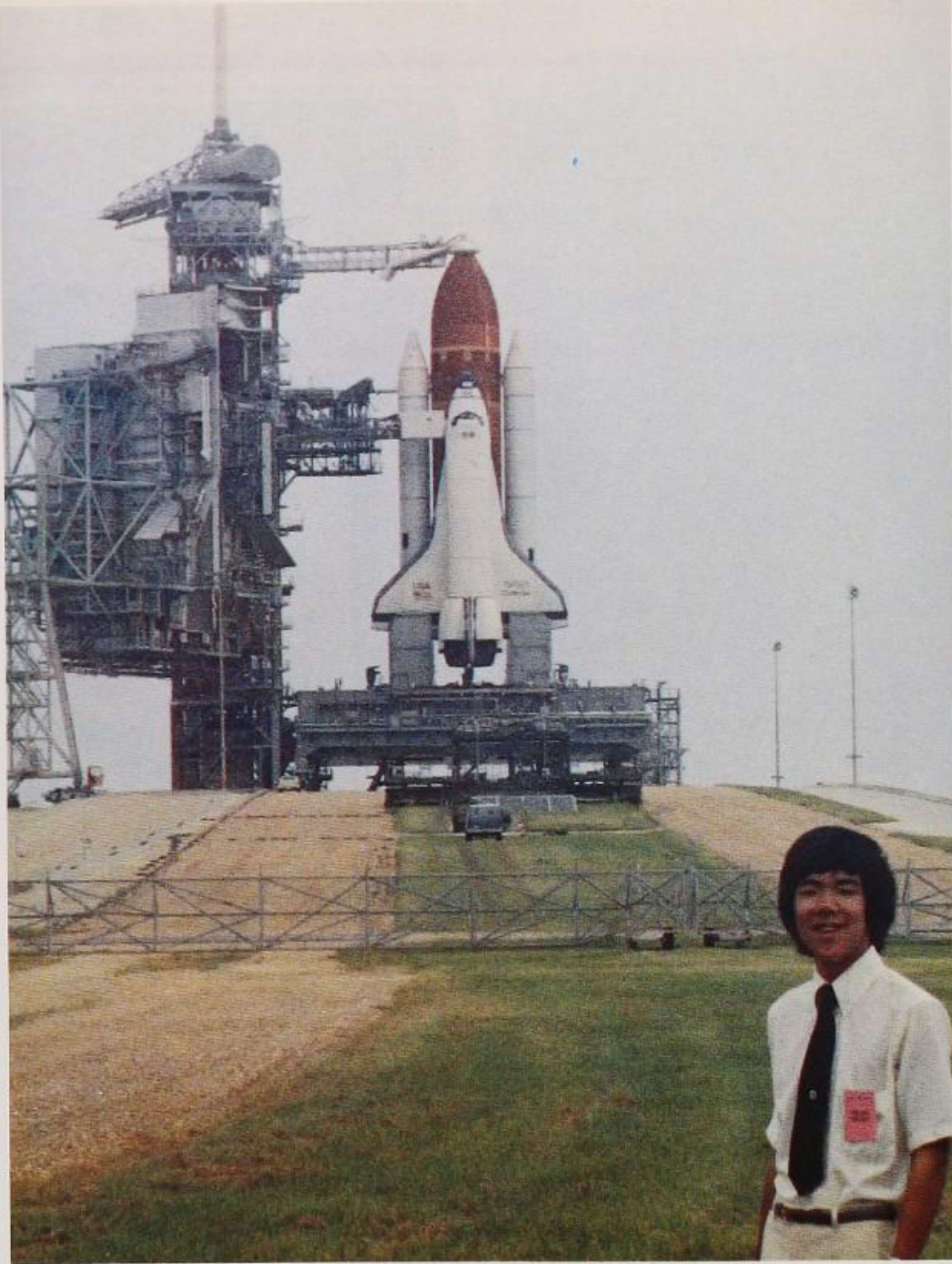


Los Al High boasts three assistant principals, one of which is **Mr. Tom Anthony**. Mr. Anthony serves as the assistant principal of activities. He oversees and coordinates all campus activities along with our student government.



— Commodores Charm —

In the upper left-hand corner, **Connie Nixon** and **Tiffany Lienau** desperately need help. Thanks to **Dr. Garcia**, they advance another step towards smooth sailing through trigonometry. Studying other languages enables students to more easily maneuver in foreign waters. **Miss Carol Beck** (upper right) utilizes her chalkboard to reach her advanced Spanish students. At our second pep assembly, **Coach Ploessel** (left) with the help of ASB vice president **Phil Wyels**, gives recognition to his outstanding water polo team. Because of his guidance, our team has success on their horizons. In the lower right, **Evelyn Sylvia** and **Connie Anderson** smile as they listen to **Vi Schwabenland** tell a sidesplitting story. The office hallway provides the chance for faculty to visit.





CLASHING EVENTS

Delivering Animal Grams with a smile, Senior Kaos members **Kelly Smith** and **Julie Gilchrist** assure their sponsor, CSF, that they will handle the cookies with care.



Sailors Keep Busy

Kenny Hayashida (upper far left), our Student Representative to the Board of Education, served as the official **News Enterprise** correspondent at the summer liftoff of the Space Shuttle. A.S.B. President **Shelley Sandusky** (lower far left) portrays her favorite plant on Twins Day. **David Lyle** (lower far left), a member of the break-dance group "Rock Steady", performs at an assembly. The ringbearer of the On Your Own weddings was **John Ortiz**. Senior Members **Stacy Kramer** and **Kelly Fowks** (above) decorate their car with the theme of our Homecoming Dance, "Puttin' on the Ritz"



Senior **Dillon Alley** has his temperature and blood pressure checked by the nurse before giving blood. All potential blood donors must go through these procedures for safety and health reasons.

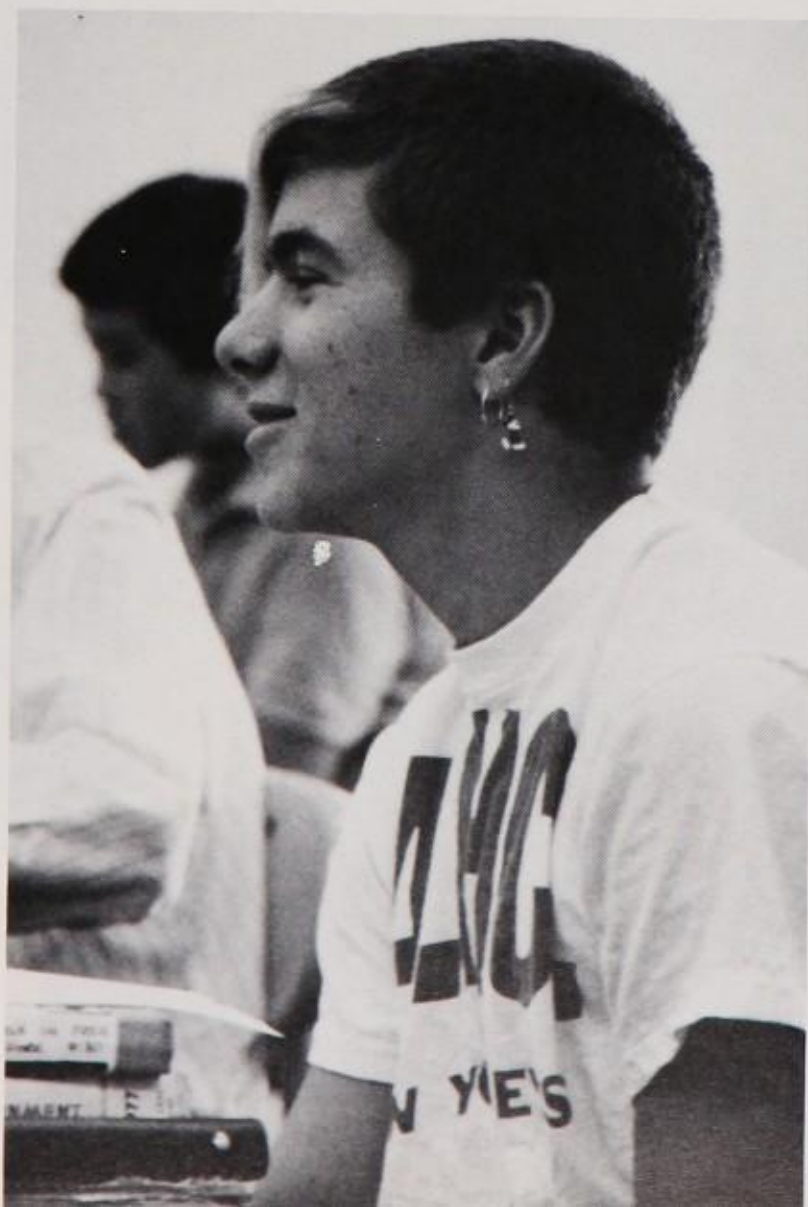
New Styles Hit Voyage

What was fashionable with the Los Al Sailors in 1984? One of the most vogue styles on our voyage stemmed from the music movement known as New Romantic. "New Ro" was popular with both guys and girls and included step haircuts, two and three belts worn loosely around the waist, low heeled boots, and the Boy George look. Cut-off rights and plastic "jelly bean" shoes were new for the girls, but we also saw the reoccurrence of longer skirts, rhinestone jewelry, and bobs. Cutting collars off sweatshirts was a new fad inspired from the hit movie **Flashdance**. Wool plaid scarfs and cut-off gloves were the way to keep warm on deck. Fashion in '84 was greatly influenced by the Japanese culture in design and artwork.

On Griffin automobiles, a variety of new bumper stickers could be seen. A popular message, "Welcome to California. Now Go Home," expressed our feelings about the upcoming invasion of tourists for the Olympics. At Christmas time one of the biggest fads in years was the Cabbage Patch doll. Coleco bought the manufacturing rights from the original artist and soon parents and children were waiting in line to "adopt" their new "baby." The Cabbage Patch Kids are one of a kind and come with their own birth certificate and adoption papers.

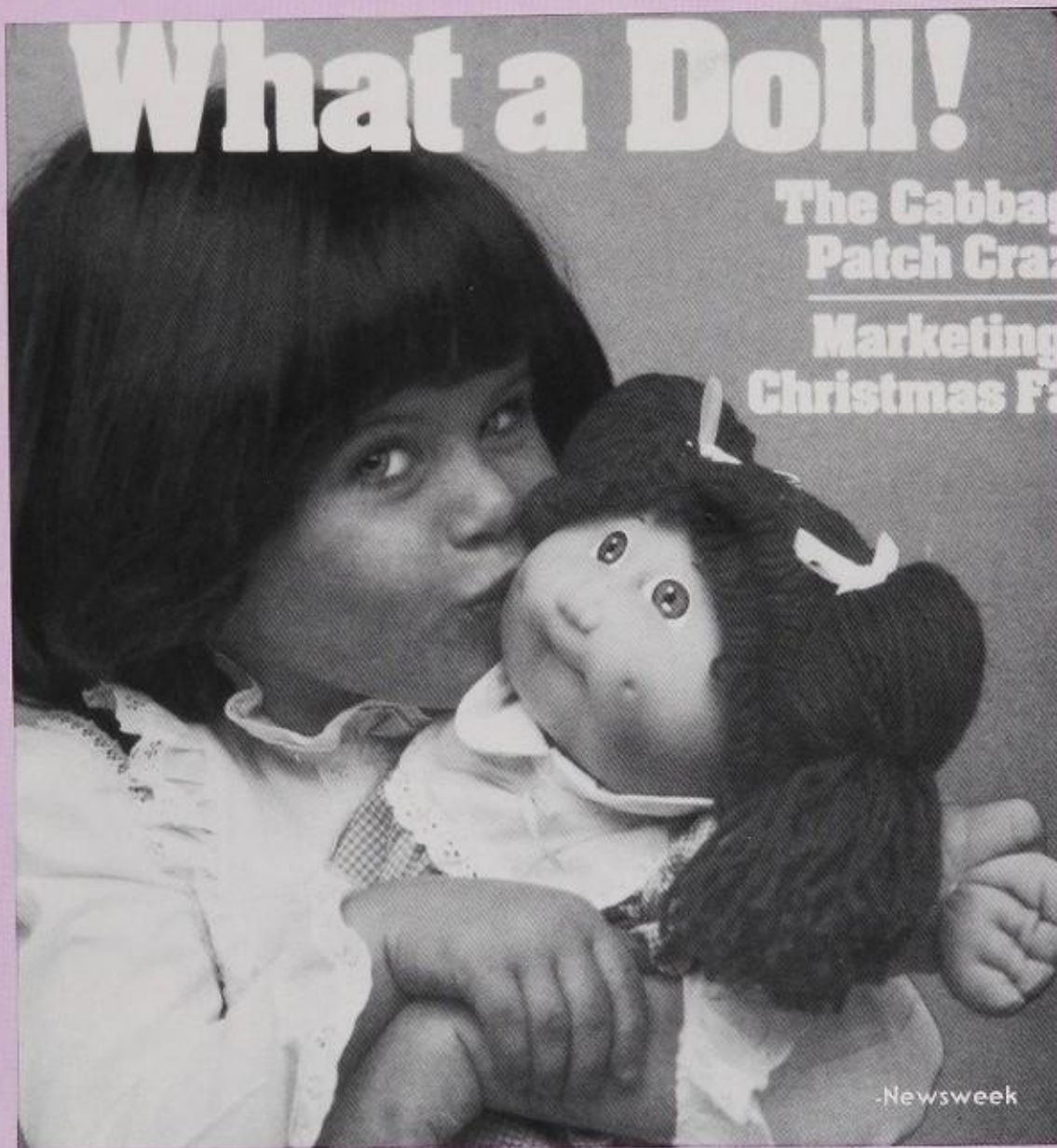


Sophomore **Leigh Smith** is truly in style aboard our ship. She has a very popular and unusual haircut called a "step". As a requirement in Driver's Ed, Leigh practices her skills in a car simulator.



Styles in fashion frequently return years later and once more become popular. **Kelly Spaulding**, above, is wearing a jacket with padded shoulders from the 40's and **Kim Forry's** plaid jumper was the thing in 1960.

Listening to the punk rock band **Discharge** is a favorite past time of senior **Rob Lynch**, left. Rob is sporting two earrings which is a new trend with guys at Los Al.



Sailor Style

Los Al Griffins keep up with the latest fads and very often start their own. Popular with the navigators were the "No Bozos", upper left, and the "No Wimps" stickers along with our official parking lot permit, upper right. The Anti-Complacency League was a culmination of trendsetters who under the leadership of President **Issac Guzman** and V.P. **John Page**, middle left, presented new music and a style of dress to our campus. **Inger Jensen**, **Sheri Millar**, and **Sabrina Tifret**, lower left, are three of the most fashionable members of our crew. Every little kid wanted a Cabbage Patch Doll, above, for Christmas this year.

Another Victory For Decathlon

This year the Decathlon Team put in many long hard hours of study to reach perfection. These academicians were outstanding members of our student body and were greatly respected by their peers. Their dedication paid off when the team won the Orange County Academic Decathlon in November. The Decathlon Team defeated fifty-one teams to win the championship and advanced them to the state competition on December 28. The championship marked the seventh time in eight years that we took the title, and winning the Decathlon has become a tradition here at Los Al. The Academic Decathlon consists of ten events, including economics, fine arts, science, history, interview, math, essay, speech, and a "Super Quiz". The event was held in our own Los Al gym on November 19. "The worst part of the whole thing was the waiting," *Shelly Sandusky* stated after the news of their championship was revealed.



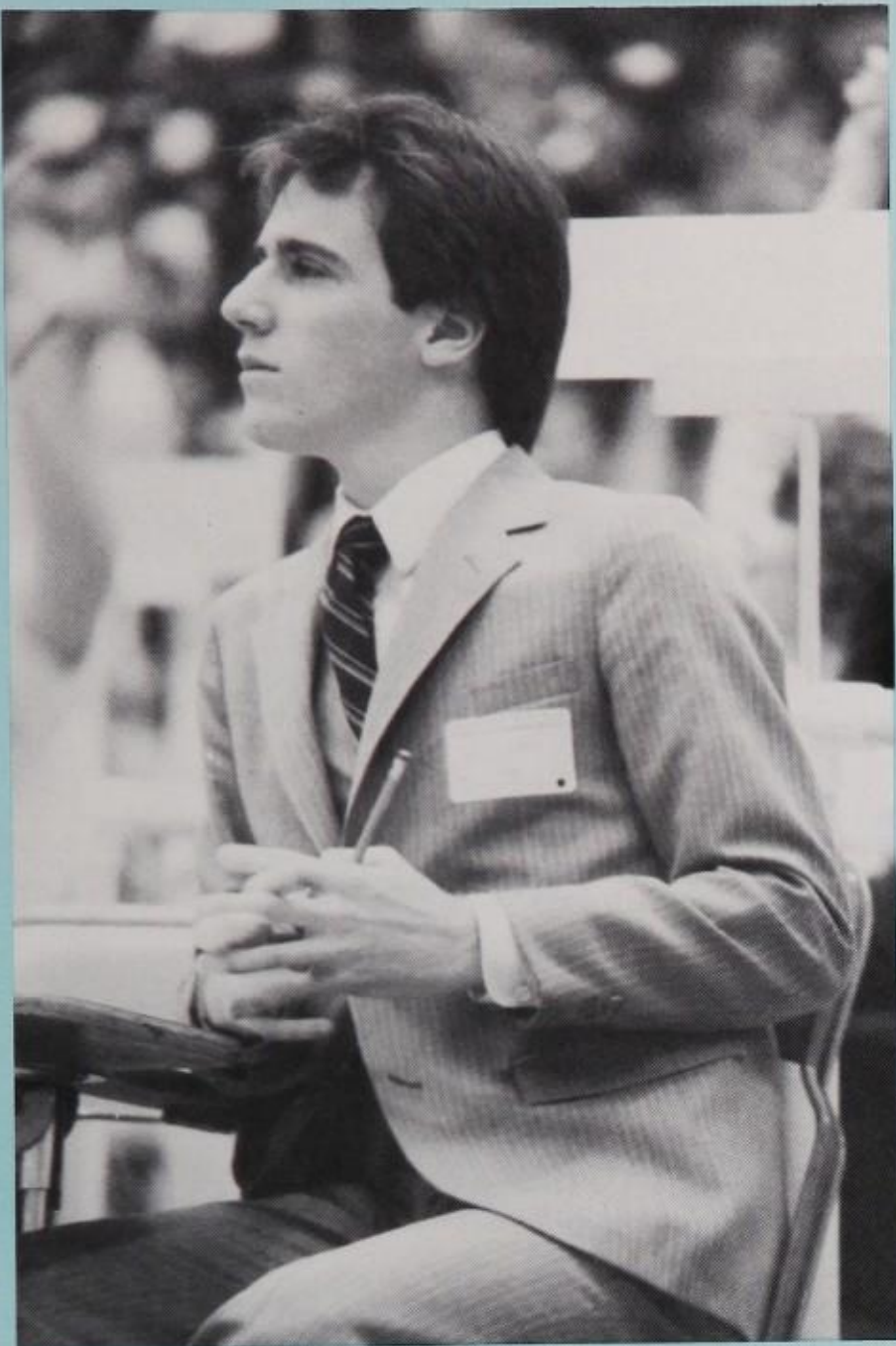
After receiving their long awaited trophy, **Nancy Jenner** sighs with relief knowing that all the work she put in was well worth the victory. Now she will prepare for the state finals.



Academic Decathlon advisor, **Ms. Kathy Wilson**, gives the team a serious pep talk before sending them into competition. The team scored first in the county with her encouragement.



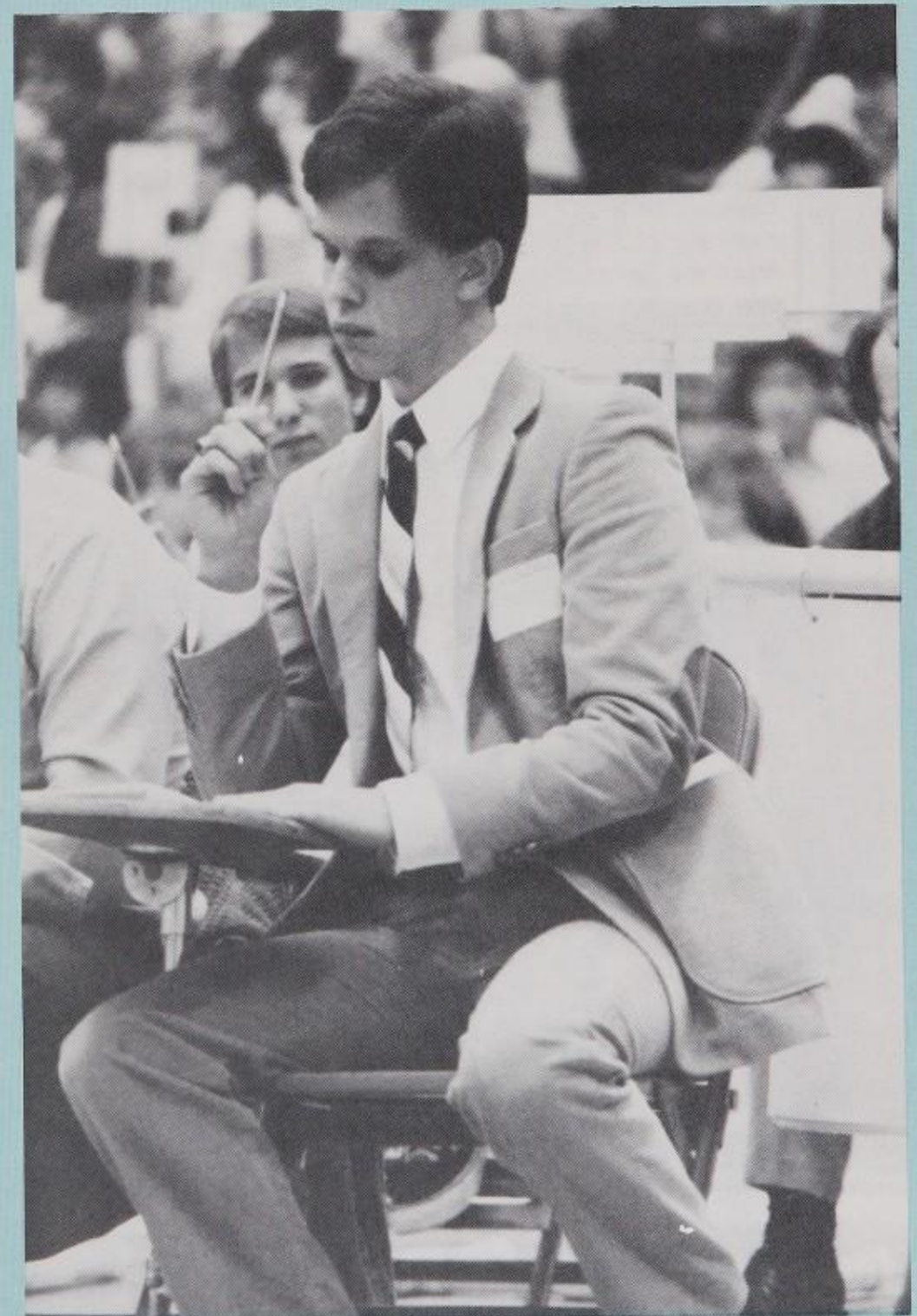
Academic Decathlon: Front Row-Barbara Caruso (manager), Debbie Morton, Shelley Sandusky, Regina Yogore (manager)
Second Row-Robbie Stumpf, Russel Carpenter, Wendy Rasmussen, Nancy Jenner, David Gershon



David Gershon listens attentively to the difficult question posed. He knows his answer could make or break Los Al's chances for victory. The pressure to succeed is always high.



As the Protor carefully corrects her paper **Nancy Jenner**, a member of the Los Al Decathlon Team, waits patiently to find out her score on the paper that she has just finished writing.



Decathlon member **Russell Carpenter** takes a few moments to correct his essay and think of some more ideas so that when he is finished the paper will be perfect for the judge.



November 19, was a busy Saturday for the Orange County Academic Decathlon teams who competed at Los Alamitos High School. Parents, teachers, and friends all waited nervously to hear the winner.

Sailors Unite During Spirit Week

It was a fun-filled week in November with lunch time activities ranging from a teacher Toilet paper wrap to car pushing, all building up to the final Homecoming Game Thursday evening. During the traditional Spirit Week, classes, clubs, and organizations showed their real school spirit at lunchtime and each day there was a different activity. Competitions included the traditional Pie-Eating contest and our spirited Red, Blue, and Gold Day. First time events included the Powder Puff Football Game, the Mr Whippel T.P. Wrap and the Car Decorating Contest. Each day was a different dress up day ranging from Pajama Day to Beach Day to Twins Day. As Mr. Anthony commented, "It was one of the most spirited campuses I've seen in years." The week culminated in the crowning of the Homecoming Queen **Lisa Harris** and Mr. Irresistible **Russ Wendell**. Homecoming ended with a victory defeat of the Loara High School Saxons with a winning game score of 14 to 9. The week of fun ended Friday night with the romantic Homecoming Dance themed "Puttin On The Ritz." The planning of the week took great time effort from the Senior Class under the direction of the class advisor, Mrs. Busenkell.



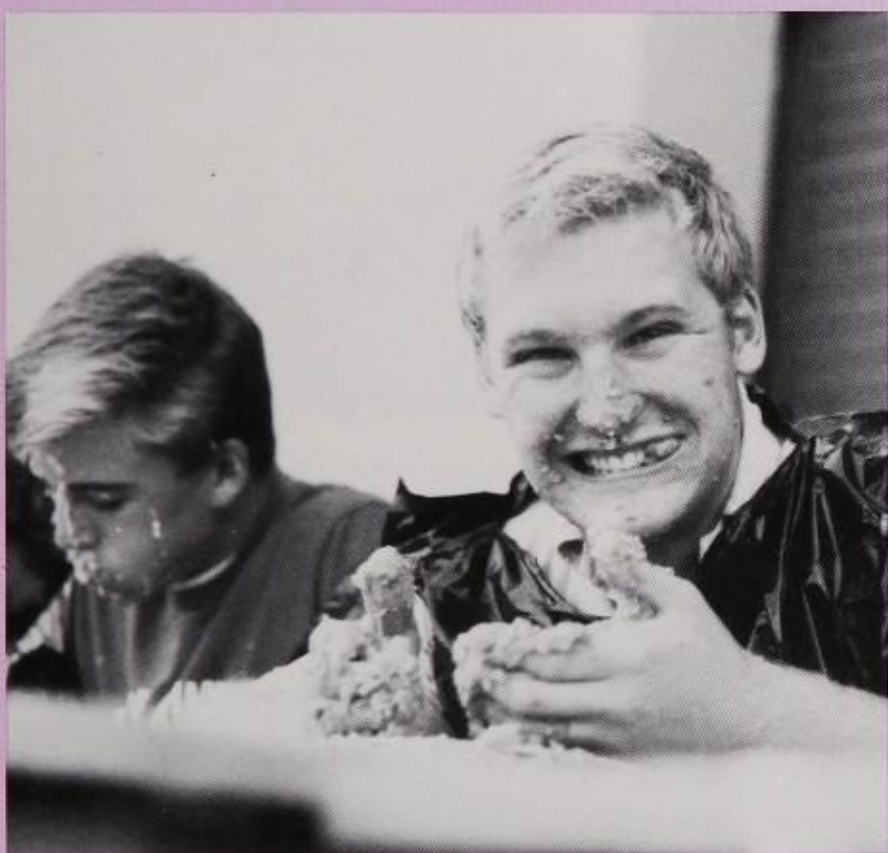
Sensored Seniors **Valerie Chaves** and **Cheryl Birdsall** dressed up Roman goddesses on Halloween during Spirit Week. The student body dressed up in their wildest and favorite outfits to show school spirit.



Laura Abbate gazes at the Football Followers Buick. The club entered their car in the decorating contest and came away with the spirit award for their efforts.



Dressed in beach apparel, **Teri Loe** discusses Beach Day activities with two friends. Shorts, sun glasses, and nose coat was worn by many students.



—— Spirit Week Moves ——

The muscle of the Freshman Class, far left gets ready to take off around the football field to try and beat the winning time. The VW push remains a favorite tradition of Spirit Week at Los Al. **Stacey Jordan**, above right, dresses up in her favorite pajamas and gives her reddy bear a hug. Pajama Day was a popular theme day and many students took part in dressing up. **Mike Asher**, middle left, the winner of the pie eating contest, grins as he eats his last handful of apple pie. Advisor of Team B.K., Ms. Parry Long, above, watches as **Clay Kussler**, **Cary Nance**, and **Steve Sherman** wrap her with roller paper. ASB President **Shelley Sandusky**, left, and **David Gompert** get ready to push the Volkswagen around the track for the Senior Class.

Homecoming Arouses Spirit In Sailors

Homecoming is always a time for old friends to reunite. **Wendy Salisbury, Lisa Harris, Debbie Kurtela, Amy Morley** and **Kim Wiley** were announced at the pep assembly as nominees for Homecoming Queen. **Rus Wendell, Bob Alvarez, Adam Gregory, Brian Mills,** and **Rich Morgan** were nominees for Mr. Irresistible.

As the game started the crowd cheered the Griffins on to victory. By halftime, the Griffins had a seven point lead over Loara. The Omega Drill Team put on an outstanding performance as the band played for them.

The Homecoming Queen nominees with their Junior escorts were driven around the field in old, antique cars. The nominees stood in line awaiting the results. **Miss Lisa Harris** was chosen Homecoming Queen 1983. Cheers arose from the crowd and tears ran down Lisa's face. Lisa was crowned and stepped into the Homecoming Queen car.

After the Homecoming Queen announcement, spirit club decorated cars entered the stadium. First place went to Team B. K. which was awarded a one hundred dollar check. The rest of the clubs which decorated cars received anywhere from ten to fifty dollars for participating. 1983 Spirit Week concluded with the Homecoming Dance Friday night.



Due to injured neck muscles from a tough game, **Russ Wendell** was unable to be presented his crown at the Homecoming Assembly. Though he received it later, the honor was still great.



Homecoming Princess **Wendy Salisbury** smiles confidently as she is escorted across the football field by junior, **Julie Nicolaou** and her father. Last year when Wendy was a junior she reigned as Snowball Queen of the Winter Formal.



Homecoming Queen nominee **Amy Morley** is escorted by her sister **Jill Morley** and her father. Amy laughs as she thinks of all the fun she's had preparing for tonight.



Lisa Harris smiles graciously after being crowned Homecoming Queen of 1983. Lisa was escorted by Junior **Lisa Landers**. Homecoming Queen is a honor and Lisa is quite worthy of the position. Her friendly attitude is always a pleasure to be around.



Being presented at the traditional Homecoming ceremony is **Miss Kim Wiley**. Accompanying her is Junior escort and best friend **Tammy Wuestoff** and her father.



Holding the traditional homecoming banner, Los Al's spirited cheerleaders wait for the Griffin football team to come charging out on to the field.



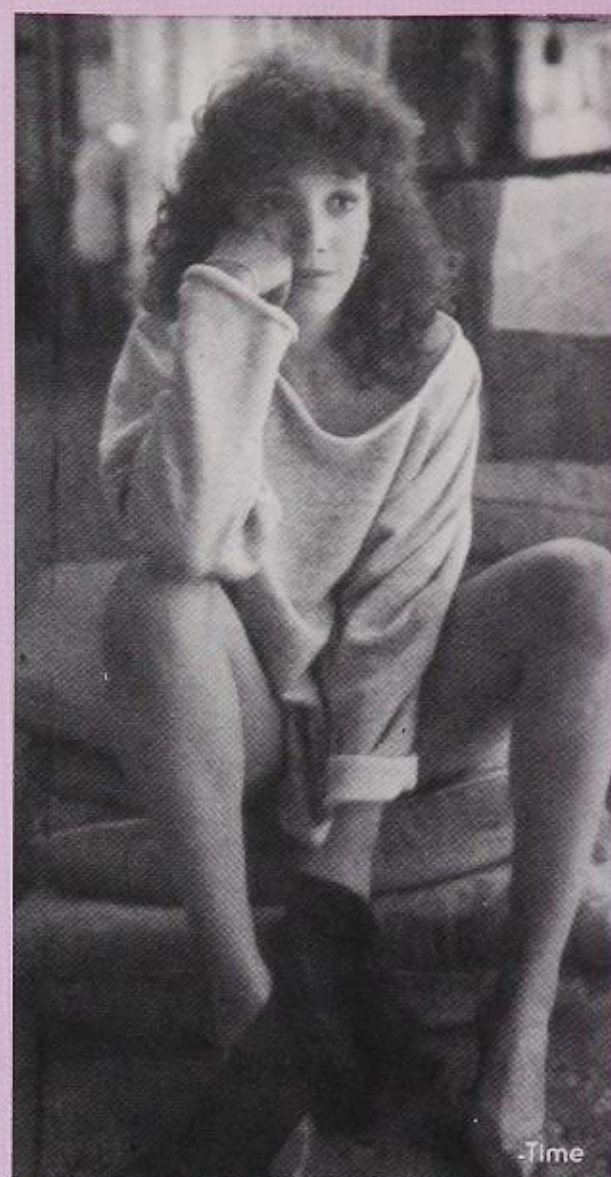
Walking down the red-carpet is Homecoming Queen nominee **Debbie Kurrela** with Junior escort **Ruth Busenkell** and her father. The vibrant smile on her face shows her excitement.

Our Times

1. MTV, the music television cable station, revolutionizes the record business with its' twenty-four hour showing of music videos.
2. A small, mid-western town copes with the consequences of nuclear war in the highly controversial and media-hyped T.V. movie, **The Day After**.
3. The critically acclaimed movie, **Silkwood**, stars Meryl Streep and records Karen Silkwood, her efforts to reform nuclear radiation requirements, and her mysterious death.
4. Originating in Birmingham, England, Spandau Ballet makes it big in the United States with their top selling album, **True**.
5. With his **Thriller** album producing six top ten hits, three red hot videos, and selling twenty million copies, Michael Jackson, at twenty-five, sets an unprecedented accomplishment in the music industry.

6. Starring Jennifer Beals, **Flashdance** begins a new trend in clothing and is among the big box office hits of the summer.

7. Hailed by critics as one of the best movies of the year, **Terms of Endearment** stars Shirley MacLaine and Debra Winger as mother and daughter.
8. In the rock music scene, Def Leppard and Quiet Riot top the charts with their albums **Pyromania** and **Metal Health**.
9. George Lucas brings the third saga of the Star Wars story to the screen in **The Return of the Jedi**.
10. Big Country, using the sound of bagpipes from their homeland of Scotland, establish an unique trademark with their first album, **The Crossing**.



-Time



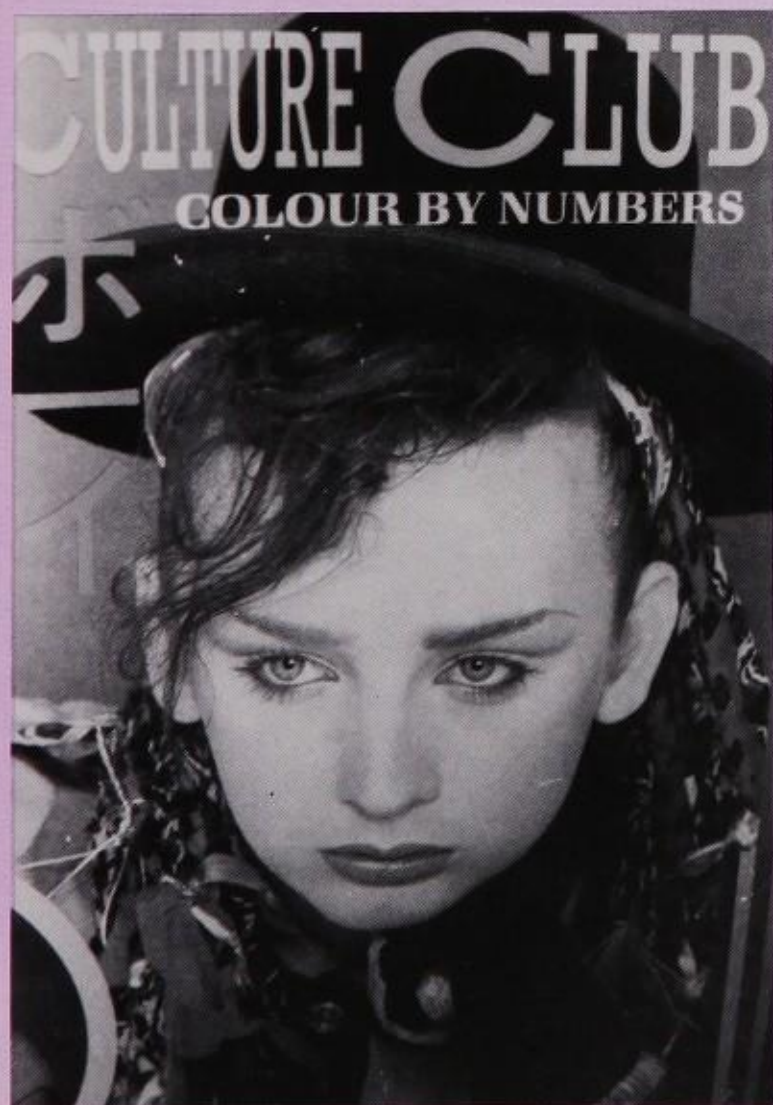
-Epic

11. John Travolta stars alongside newcomers Cynthia Rhodes and Finola Hughes in the sequel to **Saturday Night Fever, Stayin' Alive.**

12. As producer, director, co-writer, and leading actress, Barbra Streisand returns to the screen in **Yentl.**

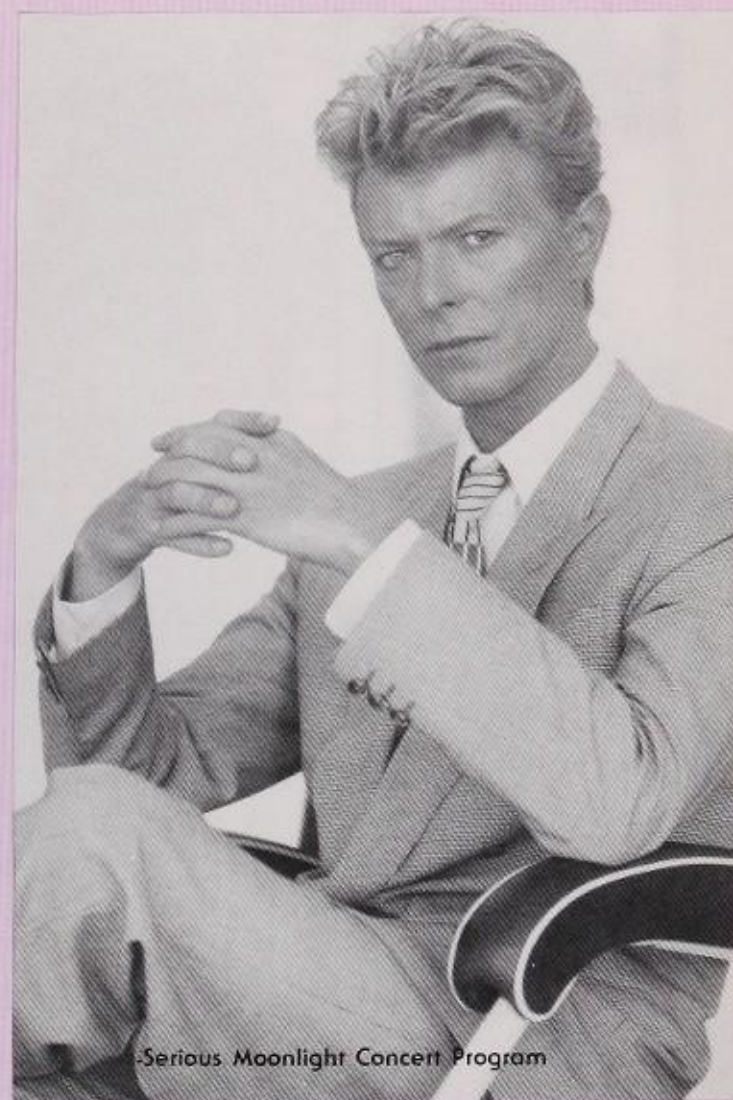
13. The twentieth anniversary of the assassination of President John F. Kennedy is remembered and documented by the major network stations.

14. A teenage computer genius breaks into the U.S. Defense System and almost begins World War III in the summer movie hit, **War Games.**



-Epic

15. The phenomenal Boy George and the Culture Club make themselves a name in the recording industry with the success of their first two albums, **Kissing To Be Clever** and **Colour By Numbers.**

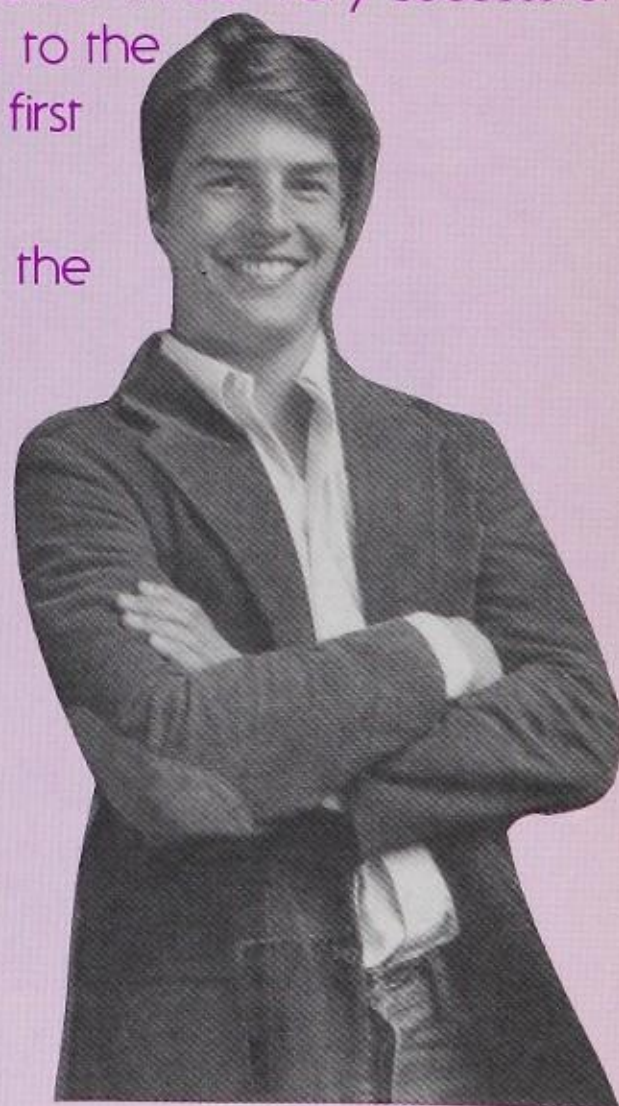


-Serious Moonlight Concert Program

16. David Bowie makes a comeback with an exciting concert tour and a hot new album, **Let's Dance.**

17. Duran Duran, after three very successful albums, finally travels to the United States in their first world-wide tour.

18. Risky Business, the summer box office smash about a Princeton-bound high school senior and the mischief he encounters when his parents leave on vacation, stars heartthrob Tom Cruise.



-Newsweek

ASB Navigates To New Goals

The Associated Student Body Cabinet is the major backbone of the student government at Los Al. Their job is to inform the student body of the numerous activities performed during the year. It consists of commissioners, class officers and executive officers. Each of them work on uniquely different projects around school and in the community. Some activities include the Red Cross blood drive, Spirit Week, professional big screen assemblies and Ecology Week. The cabinet is also there to listen, respond and become aware of the student body's questions and concerns. The Cabinet represents Los Alamitos High School to the community and the school board.

Congress is a large organization which consists of student representatives from each first period class. These members are selected by a majority vote or they may volunteer. Congress meets every other week. Some of the different committees are Prom Committee, Ecology, and Winter Formal Committee. The representatives may also participate in a leadership seminar every year. The members of Congress have one main objective, and that's to try and keep their fellow classmates informed. In the community, Congress helps out by donating money and services to worthy causes.



Being a freshman at Los Alamitos can be very frightening. To overcome some common fears, a special orientation was held during registration. **Shelly Sandusky** and **Mr. Anthony** speak before the somewhat relieved class.



STUDENT GOVERNMENT: FIRST ROW Laura Upham, Debbie Kurrelo, Michelle Archer, Lisa Harris, Shelley Sandusky, Verna Wright, Beth Rarner. **SECOND ROW** Devin Last, Grant VanCleve, Derric DuBordieu. **THIRD ROW** Mr. Anthony, Garret Olson, Phil Wyels, Joy Fernbach, Melissa Bolling, Kathy McKay, Albert Koong, Ruth Busenkell, Rich Morgan, Ted Rozalis, Kenny Hayashida, Julie Crumpton.



During the Congress meeting, committee officers explain what each committee is planning for the year. **Albert Koong** tells members of Congress about the ideas ready to put into action for the year.



Mr. Anthony seems to be a bit nervous as a nurse takes his blood pressure and temperature. The American Red Cross came to Los Alamitos to receive blood from willing donors.



Class Committees are a very important part of our student government. Junior Class Committee members **Ruth Busenkell, Stacy Pollard, Mark Lewis, Garret Olson, Bruce McMorris** and **Kim Diehl** discuss further plans on their next candy sale.



Senior Class President, **Lisa Harris**, worked all day at the blood drive encouraging and reassuring her friends that everything was going to be all right.



Derric DuBourdieu, the president of the sophomore class discusses his plans for cleaning up the campus as his fellow congress members listen.

You Can't Take It With You

Cast

Penny	Michelle Archer
Essie	Margi Hibschan
Rheba	Jennifer Swanson
Paul	Rick Murray
DePinna	Darren Glaudini
Ed	Malcolm Womack
Donald	Kirk Johnson
Grandpa	Tom DeHardt
Alice	Laura Hill
Henderson	Robert Book
Tony Kirby	John Paul La Bouff
Kolenkov	Samuel Lipton
Gay Wellington	Kirsten Jensen
Mr. Kirby	James Mentas
Mrs. Kirby	Jan Maulhardt
Olga	Judy Holzgang
3 Men	Matt McSheehy Jason Wells Fabrice De Saint Chaffray

Crew

Director	Judy Trujillo
Stage Manager	Shawn Shaffer
Asst. to the Director	Pam Spys
Light Crew Chief	John Kinnier
Light Crew	Michelle Lanza
Light Crew	Lauren Gershon
Stage Crew	Robin Lindley Lynne Clissold
Sound Engineer	Paul D'Amour
Prop Crew Chief	Kim Martin
Costume Coordinator	Karen Holstein
Make-up Crew	Heather Hoppus Kim Rodefald Diana May
Curtain	Tom Kristoffy



During the dress rehearsal of "You Can't Take It With You", **Jenifer Swanson** who played Rheba takes a break to talk with a cast member about the next scene.



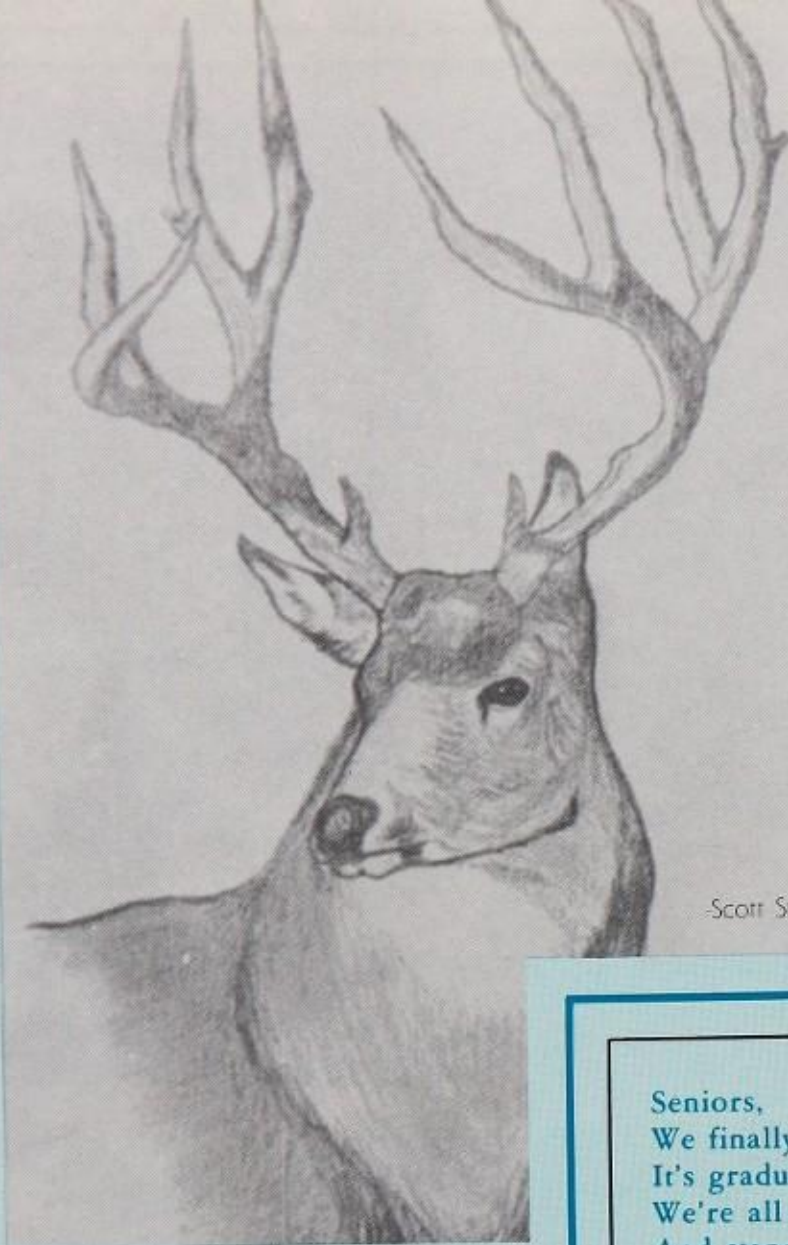
Mr. Kirby, played by **James Mentas**, begins a dialogue to the cast explaining how business is so important to him. In the background, two other members look worried.



Audience Captured

Taking a break from the conversation around her, Penny, played by **Michelle Archer**, upper left, chews on a pencil as she reads her much overworked script. As the humor and intense drama continues, three gangsters, played by **Jason Wells**, **Fabrice De Saint Chaffray** and **Matt McSheehy**, far right, burst into the house and hold up Ed, played by **Malcom Womack**. In the background Penny looks appalled about the mishap that is going on.

Then looking mysterious as he comes through the door, **Fabrice De Saint Chaffray**, above, points his six shot revolver with hatred and deceit in his dary staring eyes. Finally, keeping the audience in complete concentration Alice, (played by **Laura Hill**), near left, embraces her father with a loving hug for all the wonderful creations he has made her. **Shawn Shaffer**, stage manager, said that the play was a success and it sold out all three nights.



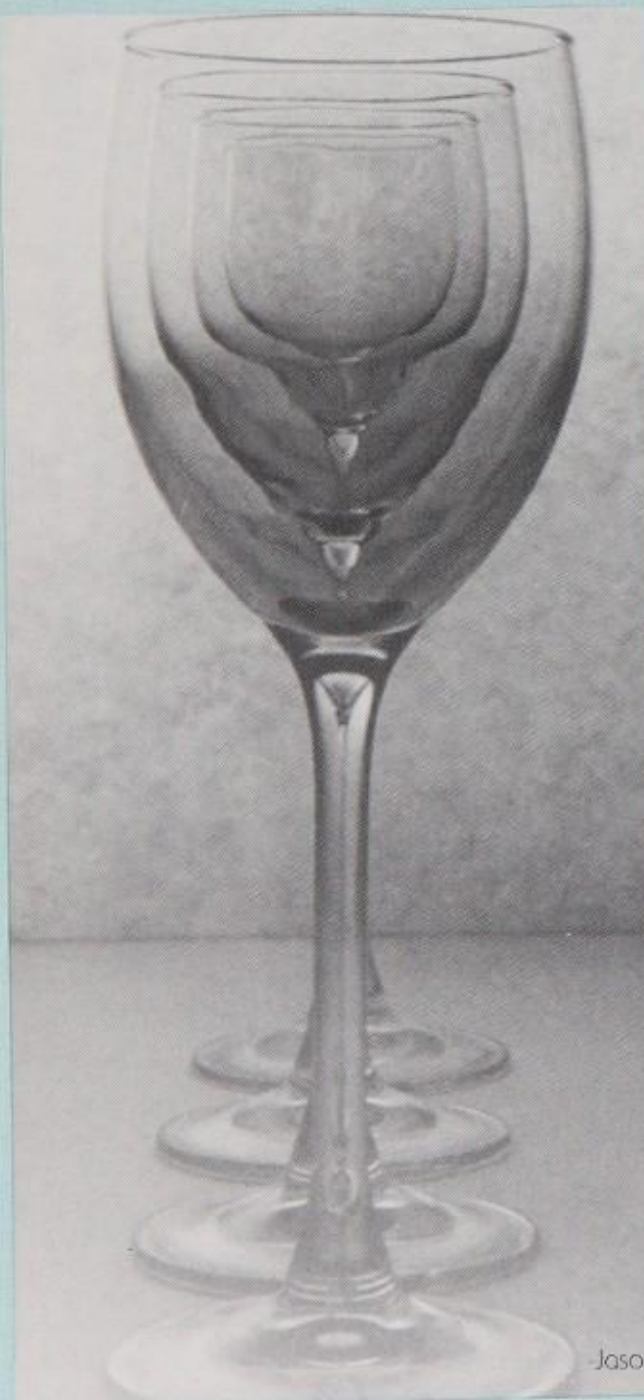
2DRAWKCB

Burning in water,
Drowning in fire,
it explains the way of the world.
Can't you see
we're backwards?
People want peace so they
threaten destruction.
Why pain? Why war?
Why can't we be happy
with the way we are?

-Mike Page

Seniors,
We finally made it.
It's graduation time.
We're all here dressed in proud blue
And standing in line.
We will begin our walk
In a few moments,
And it will take us all somewhere
else.
We'll sit down and listen
To the special speeches
That have been prepared.
We'll hear how great we are
And that we've been the best class by
far.
Now we'll begin another walk
To receive our diploma,
Shake a hand, and give a pretty smile.
We'll be seated again and then
The hats will fly.
(I know I'm going to cry.)
Now we walk again,
But this time
We walk our separate ways,
Hopefully never forgetting
These special Los Al days.

-Lisa Steele



Dad

*You're not an anchor that holds me back,
nor the sails that take me there.
You're merely a lighthouse that guides my way
through oceans of my childhood.*

-Traci Miller



Cindy Kingsolver

Let's get together some time o.k.?
 Maybe we can walk on the beach
 Or share an ice-cream cone
 And just talk and reminisce
 But anyway
 Let's get together sometime o.k.?
 Remember graduation when we
 made a vow to each other to
 stay friends.
 Best friends
 And somehow the years slipped
 away.
 And now look at us married,
 children.

And remember when you said
 that our girls were going to be
 best friends also-
 Well they hardly know each other.
 I shall never forget all
 the good times we have shared.
 Double-dates and bike rides
 to the beach because we
 thought we would never get a car.
 All the laughs and tears we
 have shared.
 Jen I miss you
 So let's get together sometime o.k.

-Rene Marriott



Brod Reidy

Yesterday's Dead

There were a few tears;
 There were a lot of, "She was a nice
 person," sighs.
 A couple of laughs because of the
 strange way it happened
 Yesterday.

In yesterday's newspaper,
 Second class to the grocery ad,
 Yesterday's dead is a story "now"
 Now not-a-mother only read.

Though her tears fall,
 They don't seem to flow
 To the rivers of the other people's
 hearts.
 Yesterday's dead speak no more.

Two houses down, Wayne Johnson
 Sips his last cup of coffee,
 As his wife tell him more accident
 details;
 "Too bad," as he walks out the
 door.
 Last thing on his mind, his pickup's
 engine is cold-
 He's late for work.

The little children Jane Laurie
 Used to play with
 Found new friends today.
 "Hello Mrs. Laurie!"
 As they're riding by on their
 tricycles,
 Their parents telling them to be
 polite.

-Rich McFall

Members Dock At New Ports

The German Club gave Los Al students a chance to learn the language and customs of Germany. The club, advised by Mr. Pectol, participated in activities such as the annual German Club vs. French Club soccer game. Some even went to Germany over the summer. The exciting experience gave students a chance to meet the people and see the places they had learned so much about. The club members stayed with different families in Stuttgart, Germany and traveled to other places such as Berlin and Freiburg. After a month of making new friends and discovering the new culture, the students returned to America to provide homes for the exchange students visiting Los Alamitos. This year we welcomed students from many other countries as well as Germany. The foreign exchange program enables students from all over the world to travel to a different country and live with a family from six months to a year. The exchange students were made to feel at home in Los Al's friendly atmosphere and cannot wait to return home to tell of the many happy times they had in the United States.



German Foreign Exchange Student **Martina Zellmer** and her helpful friends **Diana Resh**, **Barbara Heller**, and **Wendy Salisbury** sit and talk about her many adventures while living in Germany.



Suzanne Welter and **Dawn Lindsay** walk toward the entrance of the Porsche factory in Stuttgart, Germany. While at the factory they had the opportunity to see how a high tech car was being developed.



Gil Pectol, the German Club advisor, talks with the German students at our City Hall. Every summer club members visit Germany to learn of the culture.



Rie Kurosawa came to the United States from Yokosuka, Japan. Yokosuka, which is located near Tokyo, has an American Naval Base which interested Rie since she was young. Rie came to America to learn English. Her favorite thing about the United States is the freedom. She also enjoyed the many modern conveniences like the dishwasher, disposal and the dryer. In Japan Rie attended school Monday through Saturday and studied such subjects as Classical Japanese, Japanese History, Chemistry, Math and English. While living in the U.S. Rie had a chance to learn all about our way of life and she had a fun time doing so.



I arrived in California just before the beginning of the school year. I actually live with Phil Wyels. I will go back to Paris next summer to join my family of two parents and six brothers. I plan to attend a university of economy. I like new experiences, to meet people, to travel, and I find what I want in California. My favorite sports are windsurfing, tennis, fencing, and skiing and they take up most of my time. I'm a good Frenchman; I love girls and wine. I enjoy Los Al High School even though I have already graduated. The people are nice. I've spent a great year over here.

Fabrice de Saint Chaffray

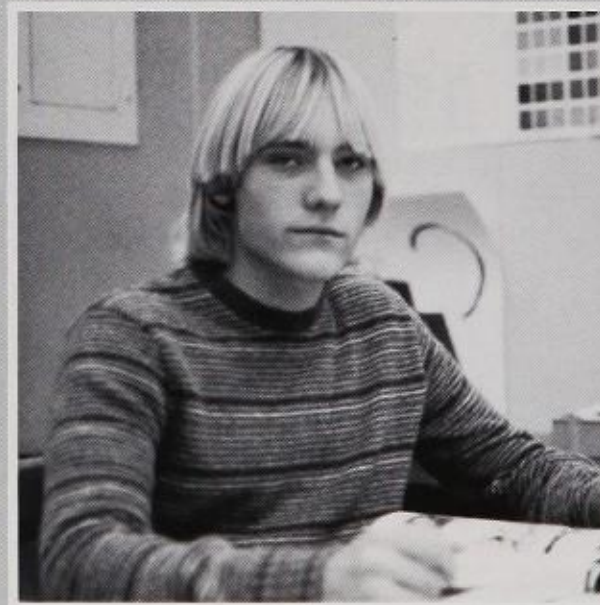


Alida Cevallos came to the United States from Caracas, the capital of Venezuela on August 23, and stayed until January 23. Alida had graduated from a five year high school and plans to attend the University of Caracas next year. Alida came to learn how to speak the English language more fluently. She doesn't consider America much different from her own country. The main difference is the school system. In her country they take six to eight hours of class a day, and they get to choose their classes. Alida stayed with the Erickson family in Rossmore. She enjoyed her stay in California, and her favorite things about living here were the weather and the fraternity parties.



Pia Routsalainen

I am from Oulu, the northmost city in Finland. I am at Los Al High as an exchange student for this school year. I have had a really good time except learning the English language has been pretty hard for me. The weather here in California is so nice and it is so fun to be in this kind of climate instead of cold Finnish winter, but somehow I miss the snow. The food here is too good for me and now I can see the change in my body. I like this school system because I can try different subjects such as aerobic dance and ceramics which we do not have in Finnish schools. Our schools do not have sport teams either. Another big difference between Los Al and Finnish schools is that at Los Al the schedule doesn't change each day. In Finland we have one schedule of 4 or 5 subjects for a six week series and then we change for another six weeks to other subjects. In this year I have seen so many new places and all my thanks go to my wonderful American family! During this year I have learned to value things in different ways and maybe I have grown a little bit.



As I write this, it has been almost half a year since I arrived from Copenhagen, Denmark last August at LAX with a couple of other exchange students who were also to stay in Southern California. We were nervous and with good reason. We had all said good-bye to friends and family for one whole year. But now I'm beginning to think that one year was maybe too little. There are so many things I still want to see and experience. But this year has been unforgettable and fantastic for me. I hope I'll be able to come back to California one day.

Ture Wibrand



Chris Durgin

My Darkness

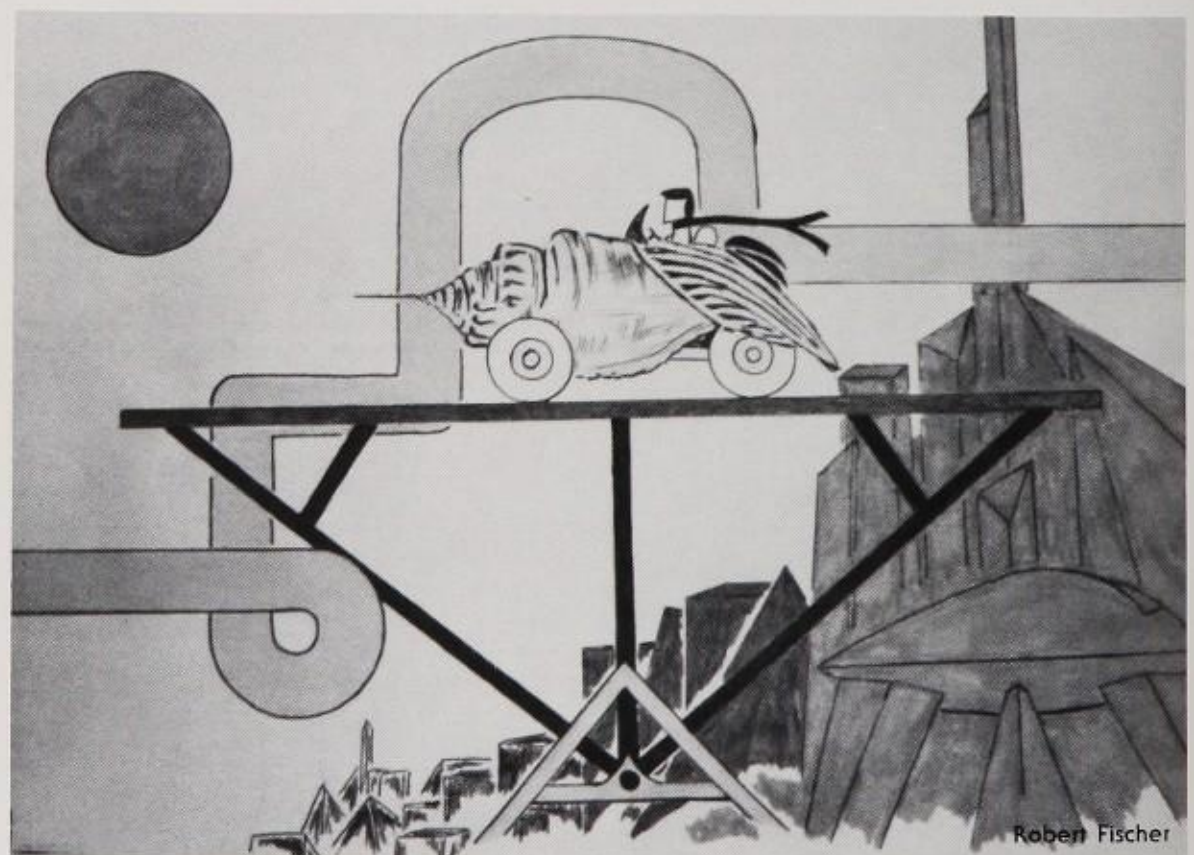
I live in the dark.
 A darkness of innocence.
 I live as a pony down a
 cobblestone street —
 With blinders on.
 I see only what others wish
 for me to see,
 And what I wish for myself
 to see.
 The truth? —No, not yet.
 For I am not strong enough
 to see it clearly.
 Oh, yes — I have knowledge for
 life.
 But, what good is the ability
 without the truth—
 The Light?

Yet now—My visions turn to grey.
 My world is expanding.
 My person is changing.
 I am becoming
 Soon I shall be!

—Michelle Wilkinson



Kacey Smith



Robert Fischer

Sixteen
 Here I sit
 No special day
 Sixteen years of age
 Not a baby
 Not a full grown soul
 Just sixteen years old
 —Mitzie Abbott



Tom and Tony Bancroft



Douglas J. Steele

Dies Lunae

Once, after a ravaging winter storm,
I saw a fully awake, aroused moon.
It seemed to follow me.

"... And why not?", I asked myself,
"For I appear to be the only thing
about,

And its probably bored and curious."
After smiling in self satisfaction, and a
Sense of importance I thought that
Maybe, unavoidably and indirectly,
I was following it;

For I too was bored and curious.

-John Paul LaBouff

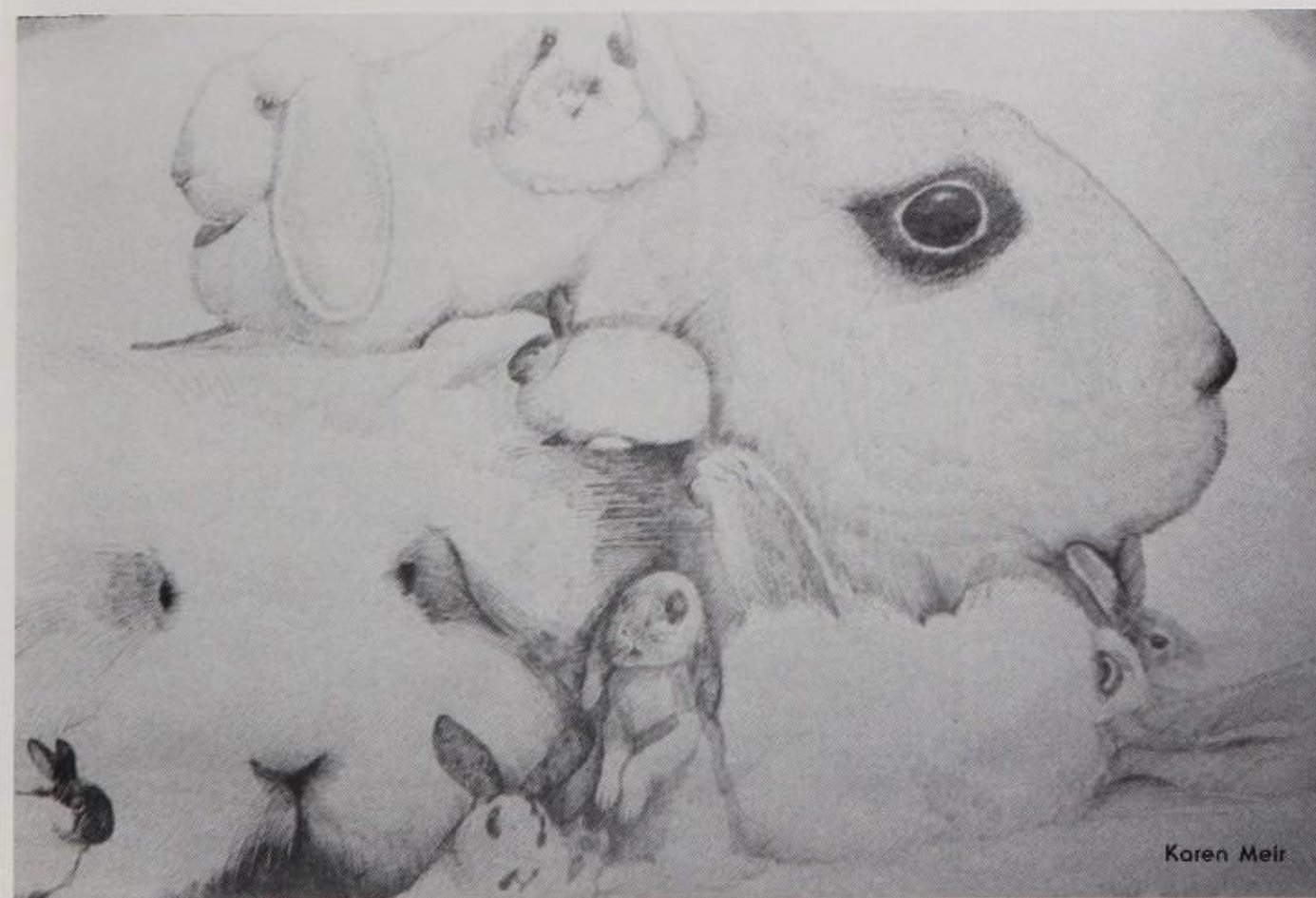
Mirrored Glasses

I watch you from my mirrored glasses
I know you can't see my eyes
And for all you know I'm looking at a friend
But no I'm looking at you
My glasses steam up with waterless tears
You can not see them
Yet they see you
They see you in memories
through crystal snow and icy frost
sailing down the slopes
You peer to look my direction
A glance here and there
Next time, maybe you'll be wearing
the mirrored glasses and you'll see me
as I really am.

-Cathy Crawford



Evie Sciorio



Karen Meir

Night To Remember

With a romantic setting at the South Coast Plaza Hotel and the swinging sounds of The Singles, how could anyone forget such a night. Although a buffet dinner was served at the dance, many couples preferred dining out in exquisite restaurants and some even fixed dinner for their dates at home. Limosines were especially popular for those not old enough to drive. The winter formal was enjoyed by the underclassmen who would not attend the Jr.-Sr. Prom in May. The exciting evening ended with the announcement of the Snowball Queen. Nominees for queen were: **Ruth Busenkell, Corrine Grubb, April Alvarez, Tammy Wuestoff, and Suzanne Welter.** April Alvarez was crowned by last year's queen **Wendy Salisbury.** The dance, "An Evening of Magic", was beautifully decorated with red and black streamers and favors. For many, the wonderful evening ended too soon.



Snowball Queen **April Alvarez** stands proudly with her escort **Jeff Nicks.** April was crowned by last year's queen **Wendy Salisbury.**



The nominees for Snowball Queen and their escorts are **Casey Stetler, Ruth Busenkell, Corrine Grubb, David Christy, April Alvarez, Jeff Nicks, Tammy Wuestoff, David VanWinkle, Suzanne Welter, and Gary Renko.**



Dancing all night long can become very tiring. **Derek DuBourdieu and Ronna Coulter** take a short break and rest their aching feet, while waiting for a slower song.



The handsome **Ricky Shortridge** and his beautiful date **Valerie Chaves** get rested up for all the parties after the dance.



As the band takes a break, **Steve Ponting, Shelley Pilichi, Shelley Malecki, Darren Sarto, Carmen Flores, Andy Morrissey, Douglas Streele, and Brook Burtzell** gather at their table to take mementoes of the evening.



Sophomore princesses **Kelli Hawkins**, **Debbie Theriault**, **Christine Dennis**, and **Cathy Siler** have fun while they wait for the winner to be announced. **Christine Dennis** took the title of Sophomore Queen.



J.T. Snow, **Scott Welsh**, **Jon Prussel**, and **Darren Gladini** are all candidates for Sophomore King. The lucky man of the night was none other than **J.T. Snow**.



The excited candidates for Freshman Queen are **Ann Marie Hagmann**, **Kelsie Nance**, **Ronna Coulter**, and **Kim Rodefled**. Each girl waits patiently to hear the final results.



Mike Mullaney, **Paul Page**, **Chris Rose** and **Neil Sorenson** try to pin their on their boutonnières while waiting to find out who will reign as Freshmen King.



— Sweethearts Crowned —

The Sweetheart Dance, held in our gym, was one of the best turn-outs of the year. Friends came to see who would be crowned queen and king of the freshmen and sophomore classes. The queens were: **Christine Dennis** of the sophomore class and **Ann Marie Hagman** for the freshmen. The kings were freshman **David Alvarez** and sophomore **J.T. Snow**.

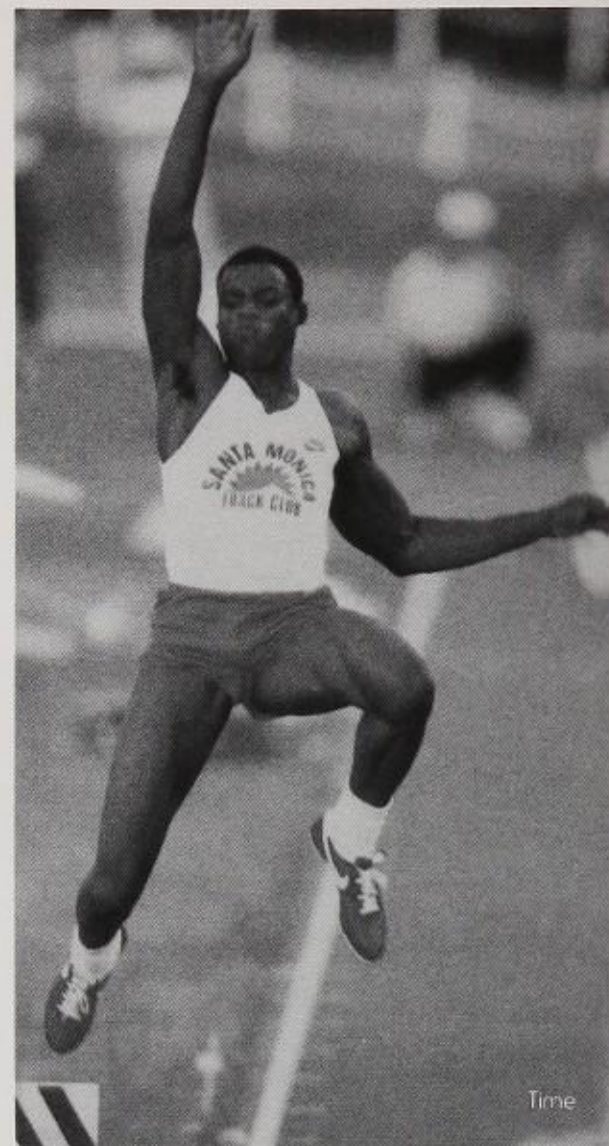
This year breakdancing has become popular for those coordinated enough to participate and fun for others to watch. **Frank Quenga**, left, performs before a group of interested friends. **Joe Coulter**, **Kenny Stockwell** and **Wayne Bish**, above, try to talk the D.J. into playing their favorite song.

Tides Of Events

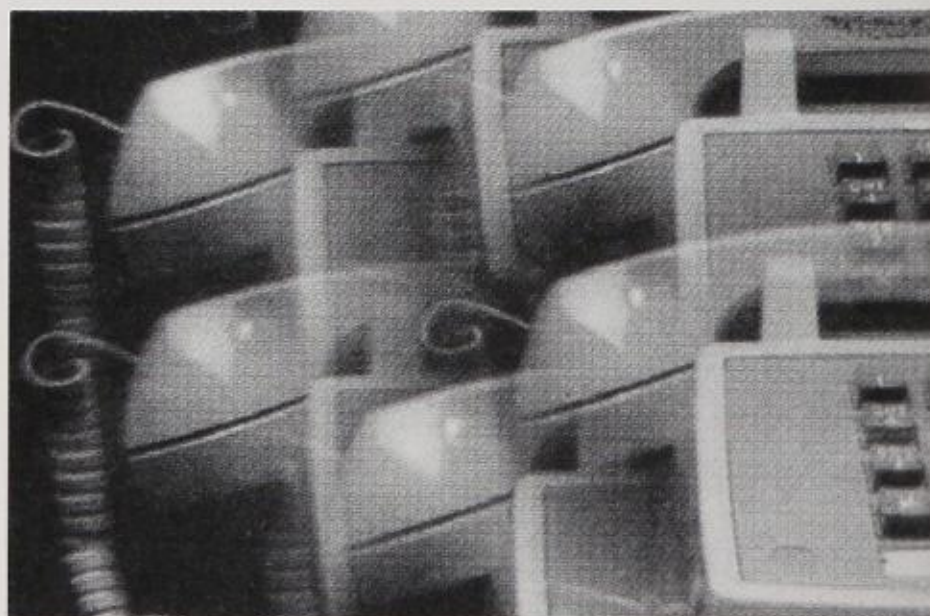
1. September 1, 1983, Korean Air Lines Flight 007 was gunned down by a Soviet air-to-air missile and crashed into the Sea of Japan killing all 269 passengers and crew aboard.
2. The U.S. invaded the Caribbean island of Grenada at the request of other island nations to stop the spread of Cuban military aggression in the area.
3. U.S. Marines, acting on a peace-keeping mission in the city of Beirut, came under attack by various religious factions. 218 Marines were killed by terrorist attack prompting a withdrawal of forces by the United States.
4. Russian Prime Minister Yuri Andropov passes away in February and Konstantin Chernenko becomes leader.



5. Los Angeles prepares to accommodate millions as July 28, 1984, begins the Summer Olympic Games. Carl Lewis is one of the best U.S. hopefuls for gold in track and field.



6. Tennessee Williams, playwright of **A Streetcar Named Desire** and **The Glass Menagerie**, dies at the age of 71.
7. AT&T, a company believed by the U.S. Government to be a monopoly, breaks up into seven smaller communications companies.



-U.S. News and World Reports



8. At the 1984 Winter Olympic Games in Sarajevo, Yugoslavia, Americans Bill Johnson and Phil Mahre for the first time in U.S. history win the gold in the Alpine Downhill and Slalom skiing, respectively. In ice skating, Scott Hamilton captured the gold in the men's, Rosalynn Sumners received the silver in the ladies', and Kitty and Peter Carruthers won silver medals in the pairs' competition.



-Time



9. Dr. Sally K. Ride, a member of the Space Shuttle Challenger Crew, becomes the first American woman in space.

10. Miss Vanessa Williams is crowned as the 56th Miss America and is also the pageant's first black recipient.



-Life

Queen Of Courts Reigns At Game

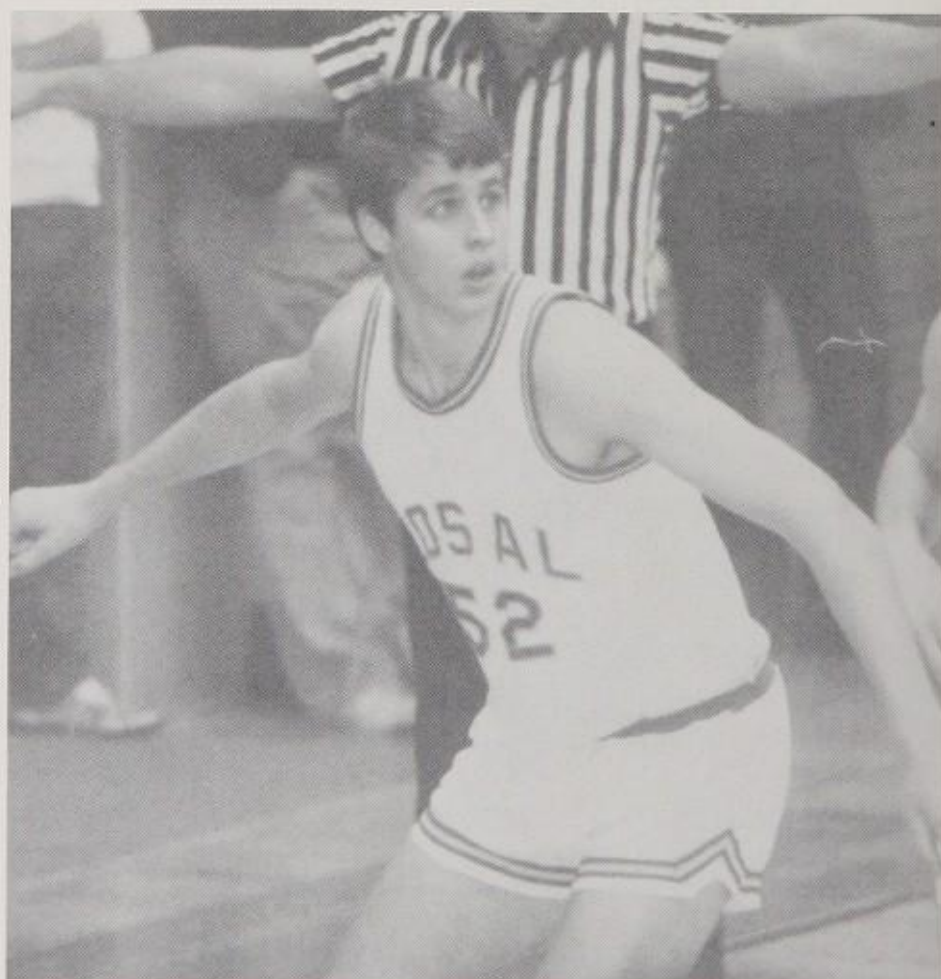
The 1984 Basketball Homecoming was an exciting evening for everyone. The mighty Griffins took on the Esperanza Aztecs in a grueling march of intense action and the Griffins once again tasted the thrill of victory. The nominees for Queen of Courts were **Paige Rallo, Kim McAfee, Tracey Cohn, Michelle Wilkinson, Wendy Williamson, Michelle Snow, Debbie Kurtela** and **Beth Schultz**. This was the second year that we have had a Basketball Homecoming Queen at Los Al. When half-time rolled around, the girls were escorted by their fathers across the gym, and finally the exciting moment approached. **Debbie Kurtela** was crowned Queen of Courts by last year's queen, **Kim Wiley**.



Before being announced the 1984 Queen of Courts, **Debbie Kurtela** and her father stand waiting in anticipation.



During the half time presentation, **Michelle Snow** and her father wait confidently to hear the final results. Those who did not win felt honored just to have been nominated.



Andy Woods gets ready to try and rebound the ball after Esperanza takes a free throw. Los Al's team effort enabled them to be victorious on their Homecoming night.



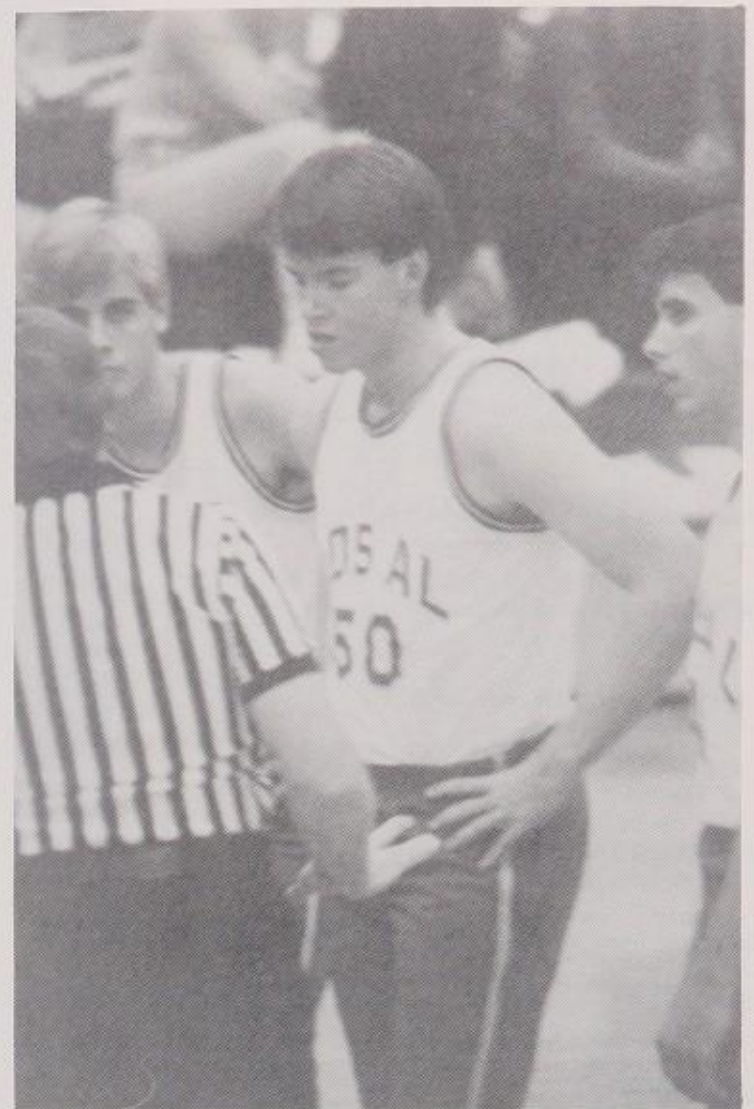
It is now the exciting moment just before the 1984 Basketball Queen of Courts will be announced. Each girl waits nervously hoping she will be lucky enough to receive the title.



While **Kim McAfee** and **Wendy Williamson** seem to be more interested in Wendy's new shoes, **Ruth Busenkell** and **Tracey Cohn** smile as the Griffins take the lead.



Waiting patiently through the game for half time may be a nerve racking time for the nominees. **Beth Shultz**, **Michelle Wilkinson**, **Debbie Kurtela**, **Paige Rallo** and **Kim Wiley** watch the game as their fathers look over them.



David Stockwell, **Keith Kaub** and **Casey Stetler** look in amazement at the referee as he attempts to explain his call.



Debbie Kurtela and last year's queen **Kim Wiley** relax during the basketball game and discuss what it is like to be Basketball Queen of Courts.

Visual Aids To My Past

There it hangs,
On my wall
My overstuffed bullerling board
Holding bits and pieces of my life.

Pictures of friends, relatives, and
even frogs,
All on my cluttered bulletin
board.

Funny sayings, special notes,
frog cartoons,
Fill my small bulletin
board.

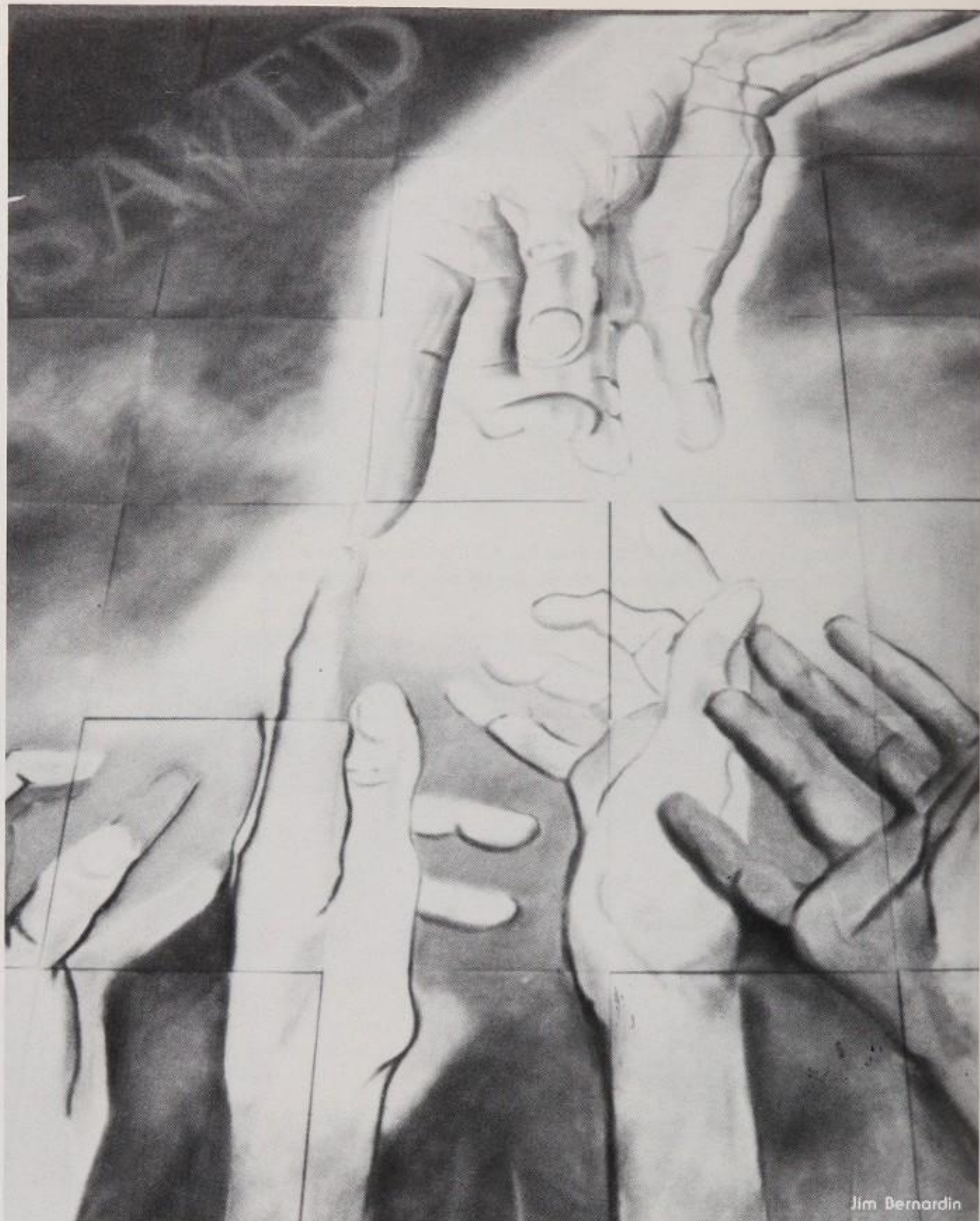
Tickets from concerts, balloons from
Rod Stewart, a tie from
the Blasters,
All hang on my unorganized
bulletin board.

A garter from Farrell's on Gayle's
birthday, Valentine's
greeting from Garth,
so sweet and so out of
the ordinary,
All on display on my congested
bulletin board.

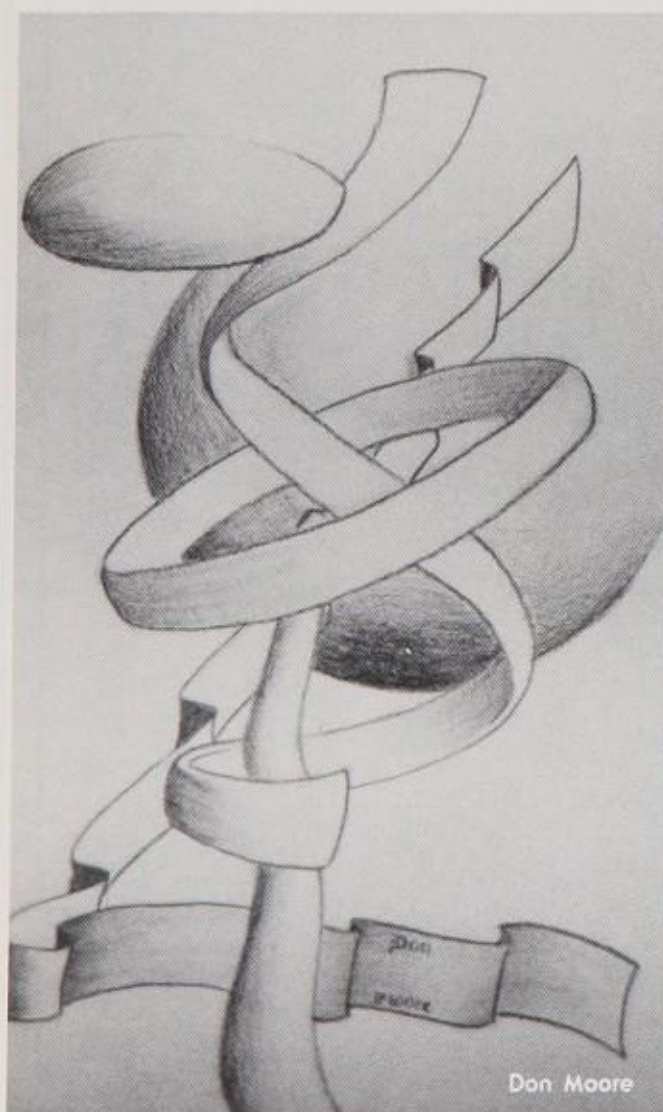
Lift tickets from Mammoth, locker
keys, and goggles.
All thrown together on my inadequate
bulletin board.

Thousands of memories are
being held by my
bulletin board
All of these things have once
filled my life.
Now they fill my beloved
bulletin board.

-Julie Schuman



Jim Bernardin



Don Moore

While walking through the world one day
I noticed things I've never seen
So taking some time, under a tree did I lay
And the sky's shade of blue became keen.
I noticed the greens of the grass much more,
And the flowers were more in color.
I began to appreciate and open life's door
While enjoying myself without others.
As I laid there, I watched as the birds flew by
enjoying their path of flight.
I wondered what its like above life so high,
so close to the sun's rays of light.
I began to think back, when I was a child
enjoying such simple pleasures
But there hasn't been time in quite a long while,
Life's passing me by in measures
And now as I sit here, alone with the world,
reaching deep within to bring my thoughts out.
I finally know, without being told in my mind
what life's all about.

-Jennifer Condon



Keith Kaub

Our Facade

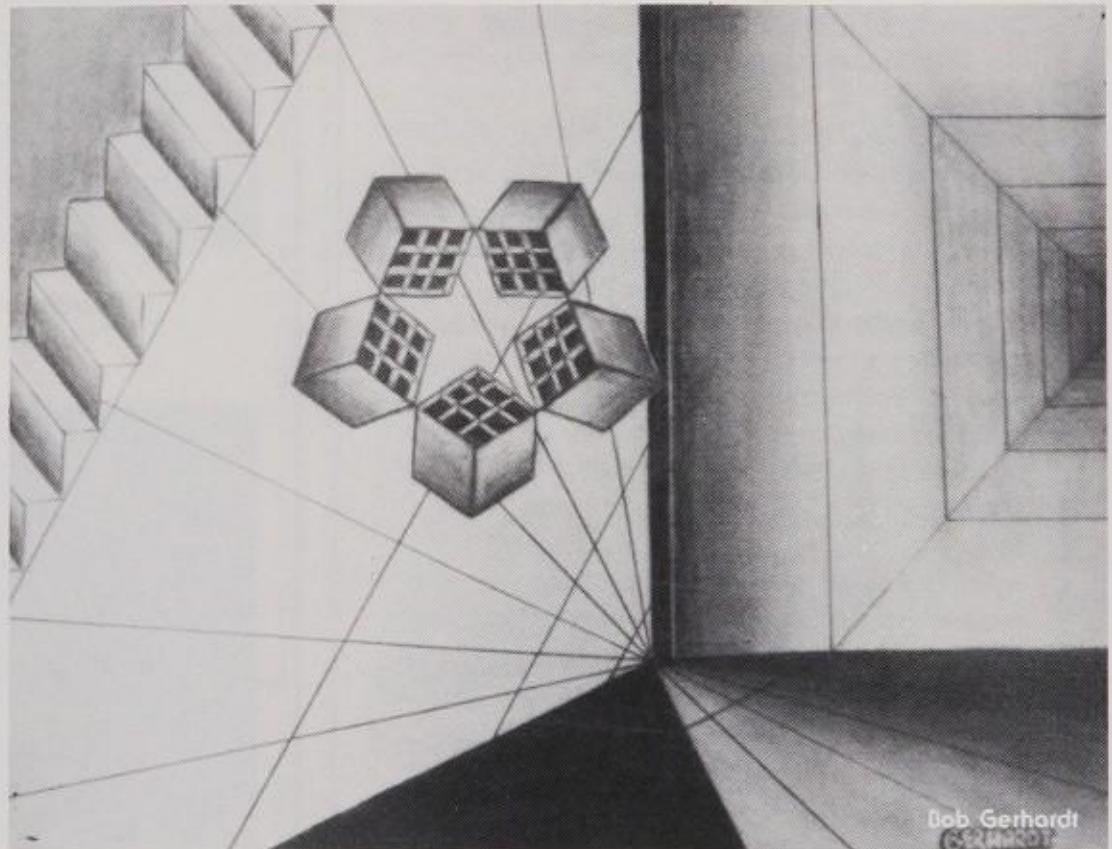
Its' all a facade.
 I put on a smile for you
 everyday.
 Because I know if I don't
 it'll start all over again.
 I don't know why I try.
 It always happens anyway.
 You see-my smiles aren't
 true,
 but you won't admit it.
 You say if I keep trying
 I'll really love you.
 I'm living a lie!
 Now you have merged with
 me
 we both live in deceit.
 Open your eyes!
 Don't be so darn naive!
 I'm not yours. I pretend to
 be.
 But if I don't, I may
 not live to see tomorrow.

-Kim Andreasen

My Unforgettable Friend

We met many years ago; while in our youth.
 Laughing and playing that silly game.
 Growing some, we talked often,
 I felt I could share anything with her.
 I loved her sincerity;
 Her warm smile and gentle touch.
 I miss her so much.
 We still see each other, only to say hello.
 I don't like to think
 of us growing apart.
 When we pass one another at school
 The sparkle is still in our eyes.
 Each time I see her a special thought
 Touches me.
 This feeling helps me to remember
 My unforgettable friend.

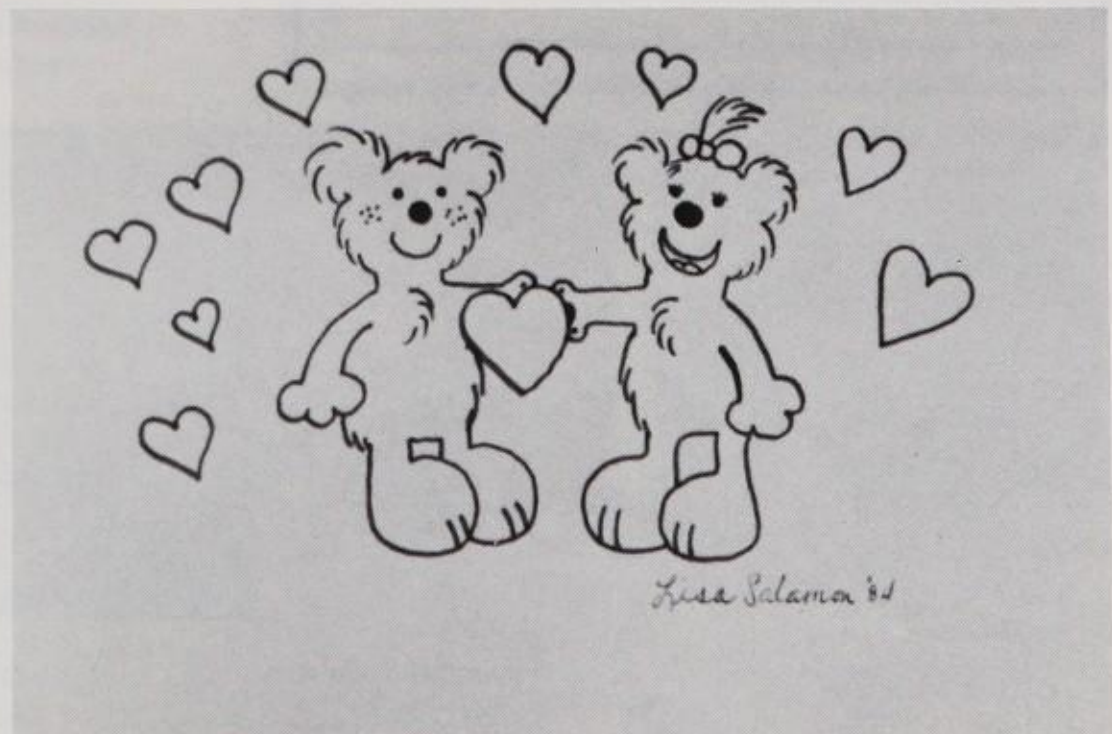
-Alicia Welch



Bob Gerhardt
GERHARDT



Lisa Jones



Lisa Salamon

Career Students Are Honored

The Career Students of the Month are selected from the entire student body. The Rotary Club of Los Alamitos sponsors the award and donates a two hundred fifty dollar US savings bond.

Nina Cooper was honored in October. She was recommended by **Mrs. Bray** and is studying to be an administrative secretary. Her hobbies are golf and volleyball.

Audra Huber is studying to be an administrative secretary. She enjoys water and snow skiing, tennis and oil painting. Audra was recommended by **Mrs. Dunn** in November.

Shawn Shaffer, student of December, is studying to be a cinematographer. His favorite activities are photography, computer programming, drafting, architecture, and cooking. Shawn was nominated by **Mr. Considine**.

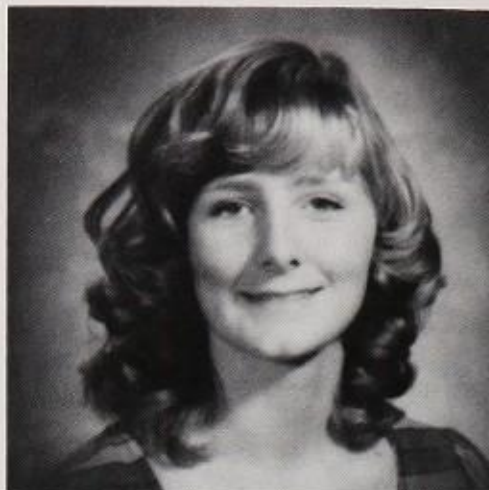
Scott Harvey was honored in January. He was recommended by **Mrs. Bennett** and is working towards a profession in welding. Scott had an early graduation and now attends Cypress Community College.

Becky Anderson enjoys crafts, snow skiing, and volleyball. Becky was recommended by **Mrs. Parent** in the month of February.

John Roberts, student of March, is studying to be a marine biologist. His hobbies are photography, scuba diving, and backpacking. John was nominated by **Mr. Considine**.

John O'Keeffe was honored in April. He was recommended by **Mr. Becker** and is studying to work in the field of drafting. He is an active member of the Long Beach Search and Rescue team, and loves to be outdoors.

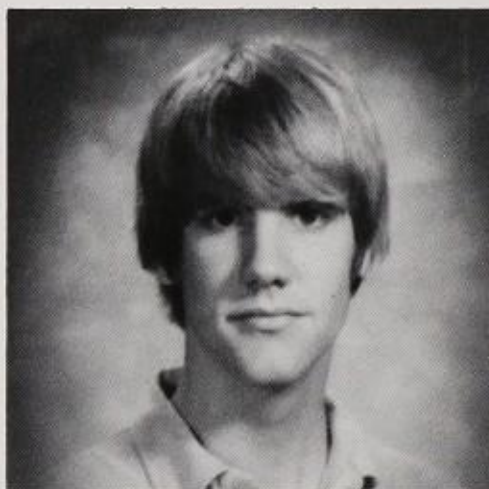
Don Gillilan, the May student, was described as having "great potential," by **Mr. Martinez**. He wants to be active in the technical and mechanical field in the near future.



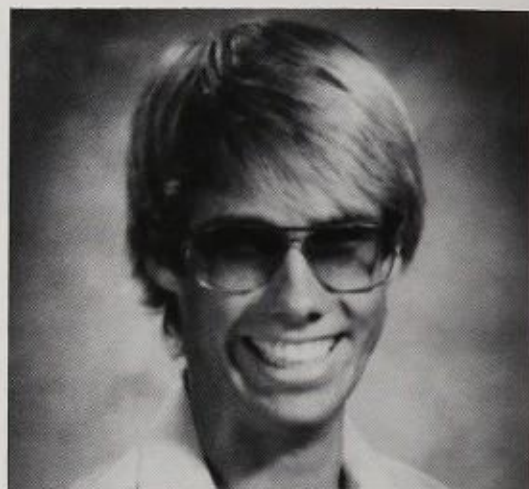
Nina Cooper
October



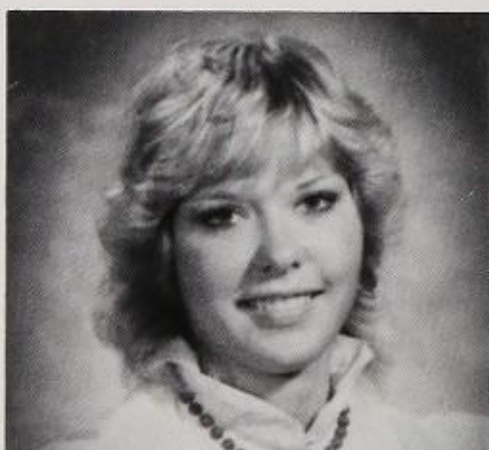
Audra Huber
November



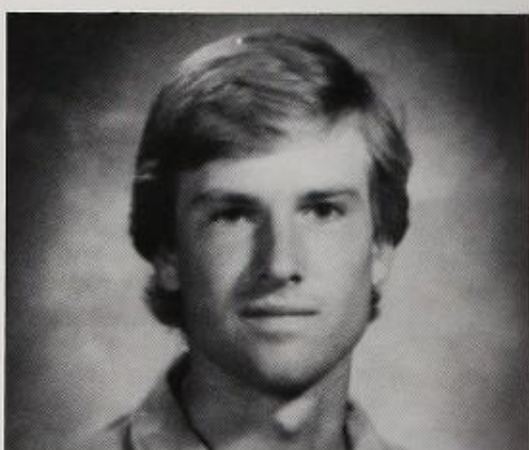
Shawn Shaffer
December



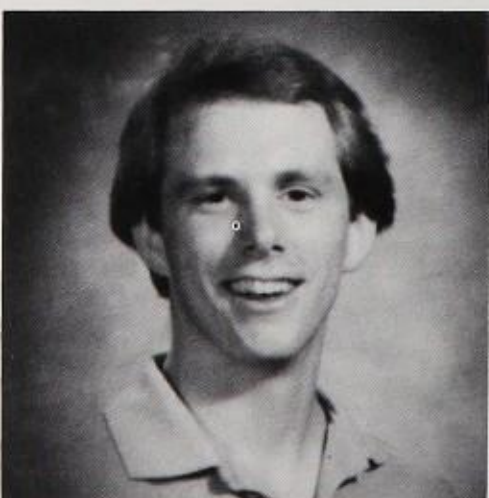
Scott Harvey
January



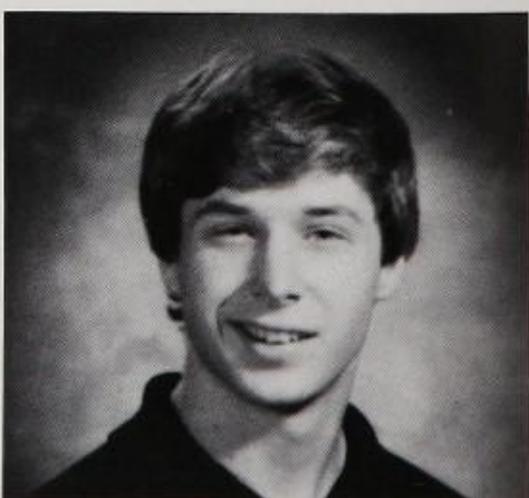
Becky Anderson
February



John Roberts
March



John O'Keeffe
April



Don Gillilan
May



Shelley Sandusky
September



Phil Wyels
October



Beth Ratner
November



Nancy Jenner
December



Ted Rozolis
January



Barbara Caruso
February



Lisa Mulhardt
March



Laura Upham
April



Andy Magnet
May



Helen Kim
June

Monthly Award To Achievers

Students of the month are honored for their achievements made and earned at school. Each month the Rossmore Woman's Club honors a new student.

Shelley Sandusky, student of September, was the ASB President. She has been an active member of Girl Scouts for eleven years, and was in student congress for four years. She was past president of CSF and is a member of the winning Decathlon Team.

Phil Wyels was honored in October. Phil was vice-president of ASB. He is also active in student government and is president of AFA and CFA spirit groups.

Beth Ratner was commissioner of publicity on ASB and a feature editor of the **Crusader** newspaper. She was honored in November.

Nancy Jenner, December's student of the month, was extremely active in the Academic Decathlon Team and many other school activities.

Ted Rozolis was honored in January. He was Senior Class vice-president and a member of the Interact club, CSF, and Congress for four years.

Barbara Caruso has been a member of the California Scholarship Federation (CSF) and a representative to student government for four years. She was honored in February.

Lisa Mulhardt was chosen as an outstanding Mock Trial Attorney, and is a Gold Seal Bearer. She was an active member of Varsity Tennis. She was chosen for the month of March.

Laura Upham was April's student of the month. Her dedication to student government and extra-curricular activities made Laura an obvious selection.

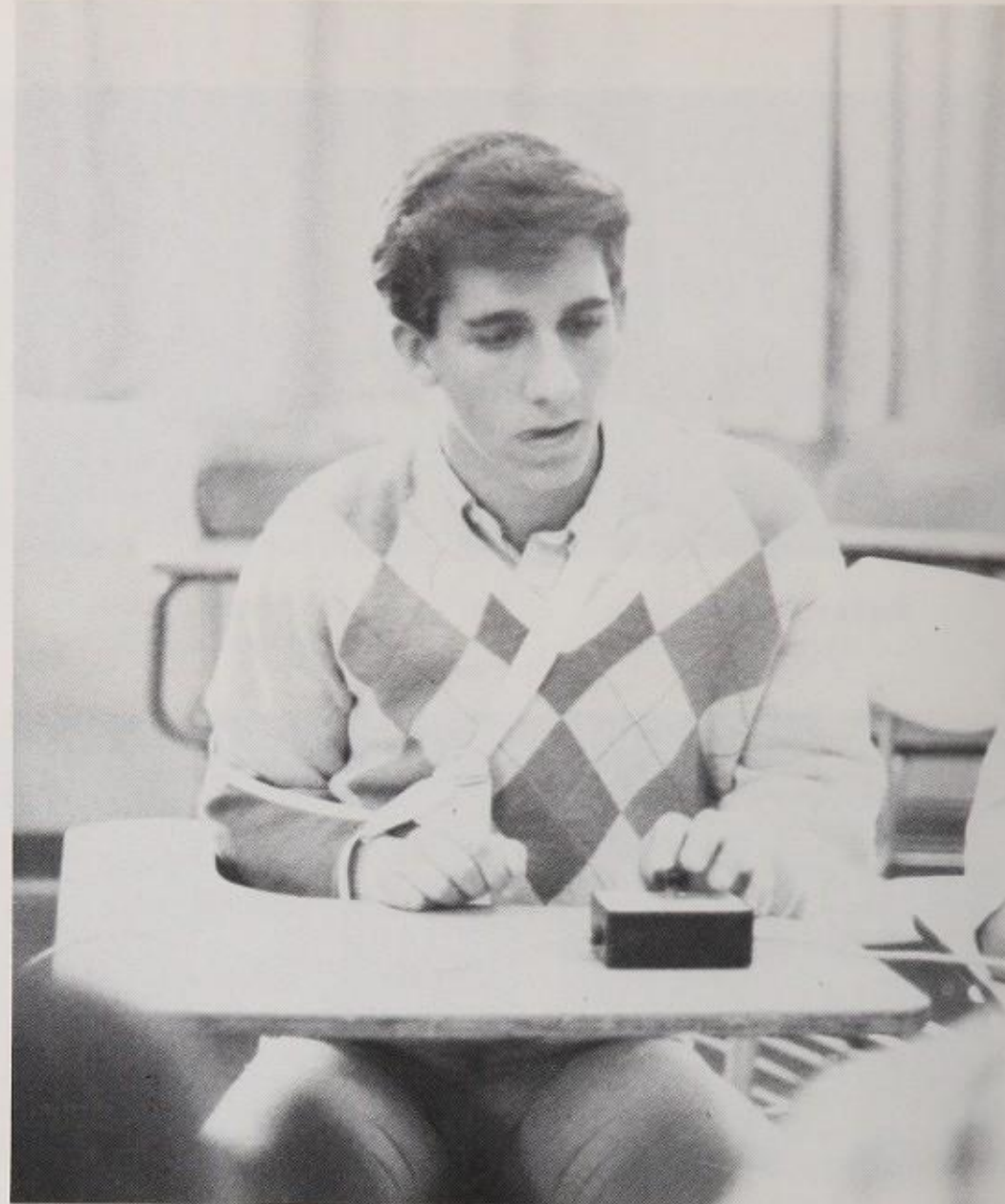
Andy Magnet was selected student of May. He was very active in the Interact club, was an editorial editor of the newspaper, and was active in most school activities.

Helen Kim was honored in June and is a Gold Seal Bearer. She was active in Varsity tennis and also enjoyed participating in school activities.

Trivia Buffs Compete Daily

Once again, the Kiwanis team sailed to the outer limits. Advised by Mr. Cross and Mrs. Holzman the team competed with many Orange County schools. Members were chosen on their grade achievements and past performance. A few students were chosen from each grade.

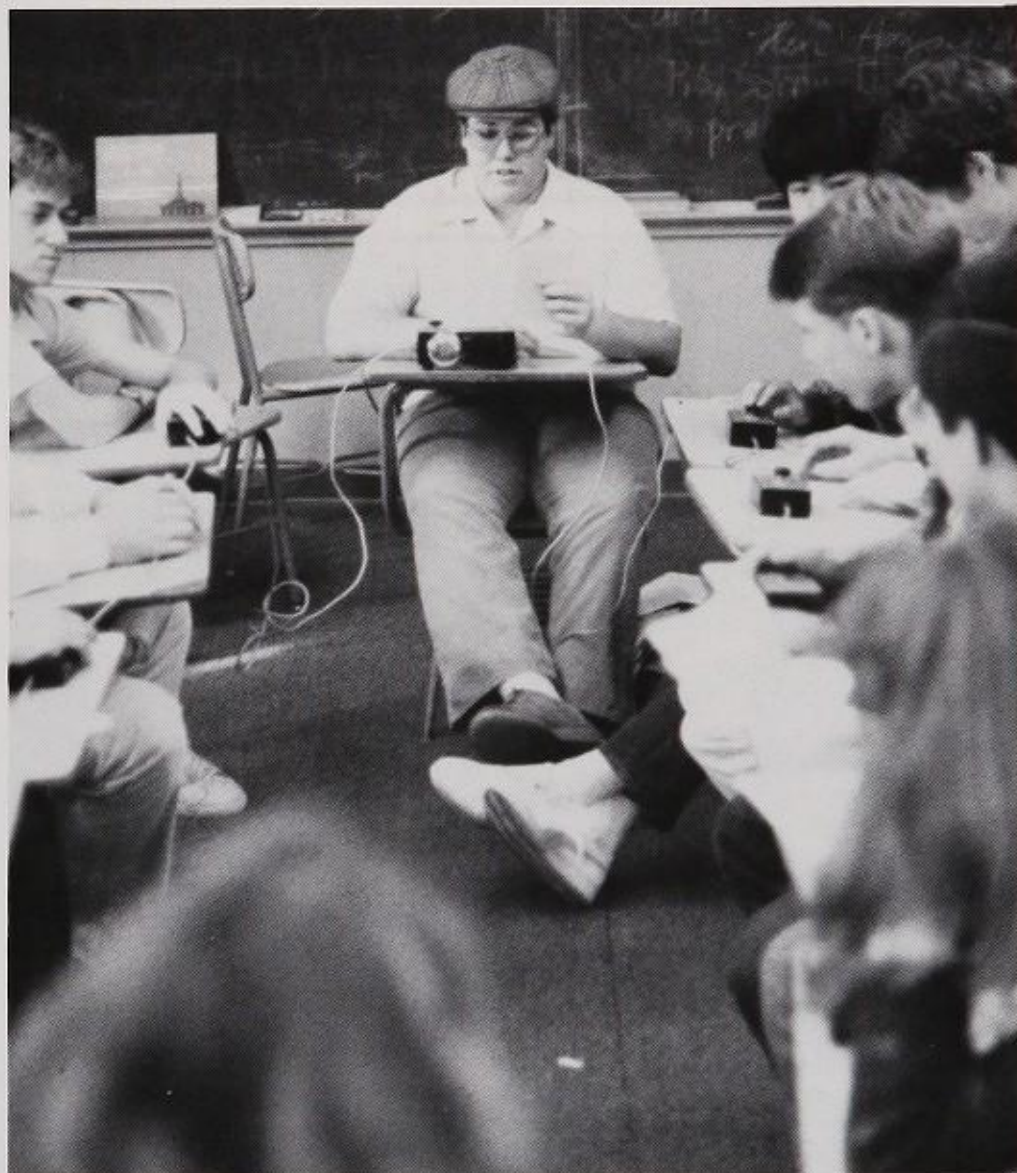
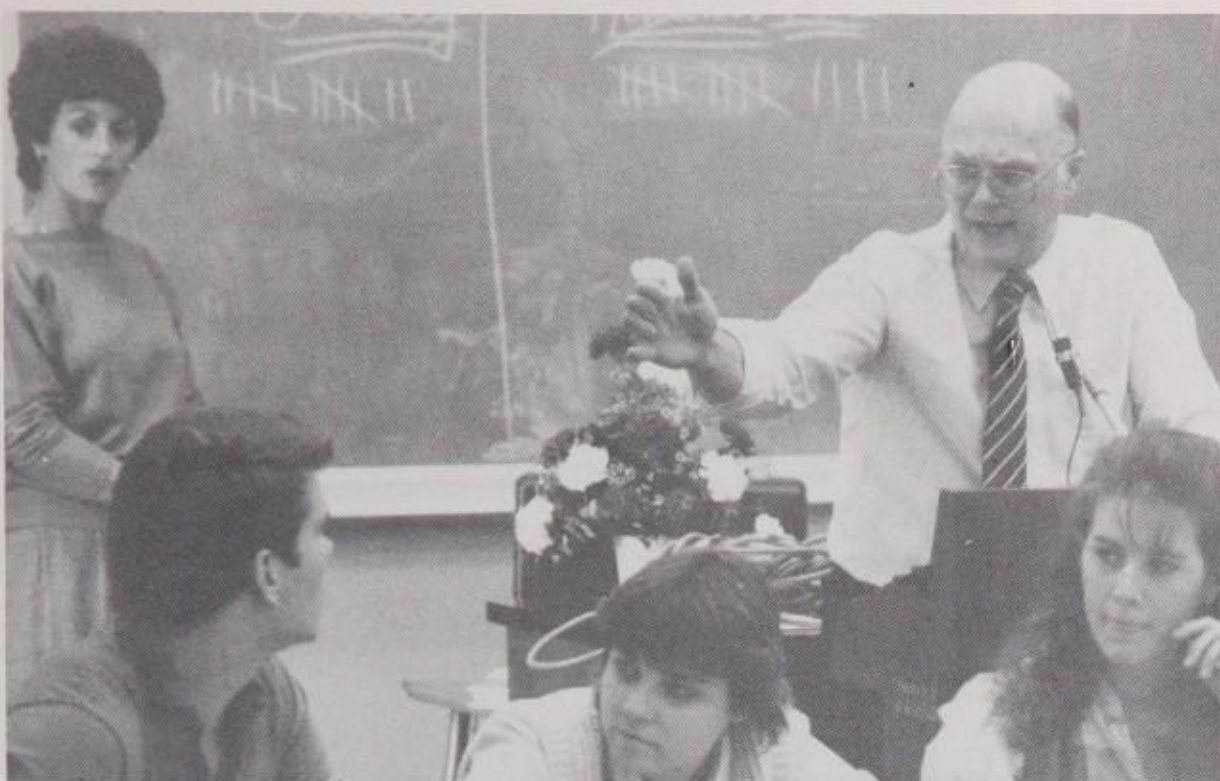
Five members of the team competed at once. Trivia questions were asked, covering many different subjects. The timed questioning required quick thinking and determination. This year the Kiwanis kids had the opportunity to compete against the faculty. Besides the good practice it gave, both sides had a lot of fun. Mr. Hauenstein directed the questioning to students and the faculty players. Being a member of the Kiwanis Team took many hours of studying, but in the end all members had a great time.



Concentrating to the fullest, **Kevin Polacek** gets ready to answer the next geography question. While being a member of the Kiwanis team, he is also a member of the Varsity Wrestling team where he injured his collar bone.



Kiwanis: Front Row- Steve Brody, Todd Flannagan, Shelly Sandusky, Jan Mulhardt. **Second Row-** Rick Irakura, Adam Torem, Kenny Hayashida, John La Bouff, Tommy Kim, Russ Wolf. **Third Row-** Mr. Cross, David Clissold, Brett Bowen, Russell Carpenter, David Reinking, Robbie Stumpf, Nancy Jenner, David Gershon, David Levy, Mark Reissig, Mrs. Holzman.

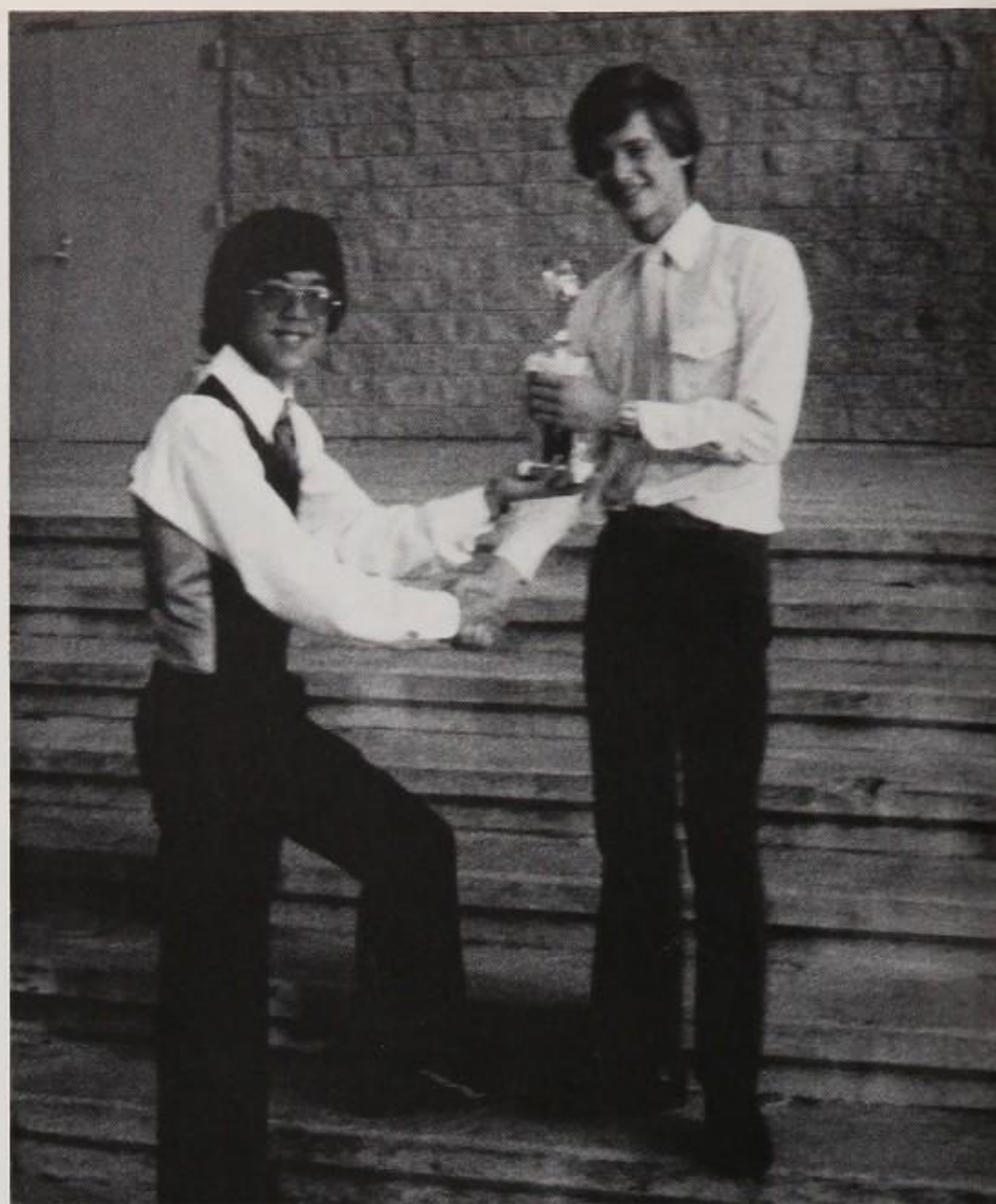


Buzzer Sounded

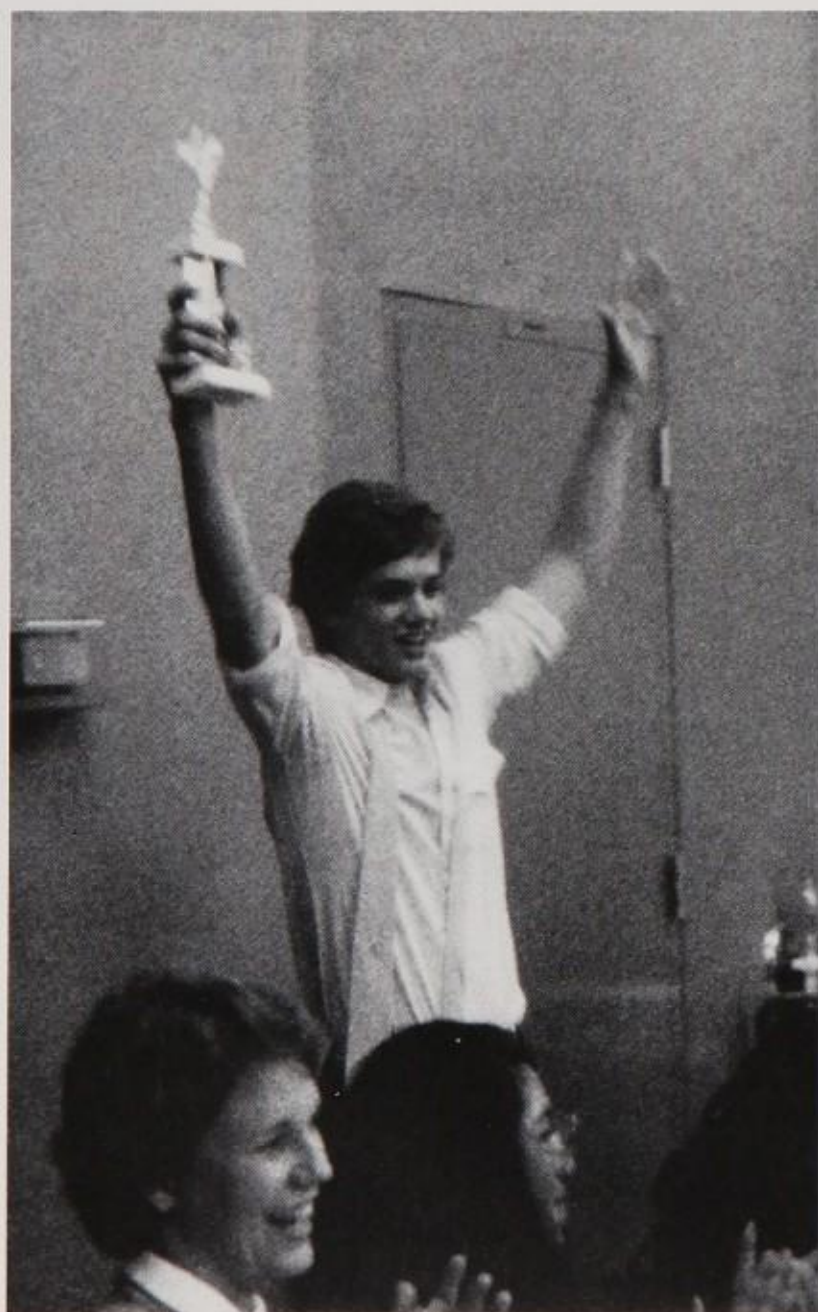
Mr. Hauenstein, above left, directs the questioning to **David Reinking**. The Kids vs. Faculty match took place after school. It was an eventful afternoon with both sides evenly matched. A freshman on the team, **Jan Mulhardt**, above right, listens attentively to the question she is asked. Her fingers are ready for a quick response. Jan acquires much of the Kiwanis team's success to the dedication and hardwork of Mr. Cross and Mrs. Holzman. Checking how much time has passed, **David Levy**, left, glances at his watch. There is no time for delay. A senior on Kiwanis, **Brett Bowen**, above, directs the questions to his fellow teammates. Practice matches are sometimes the key to more victories.

Forensic Team Boasts Kudos

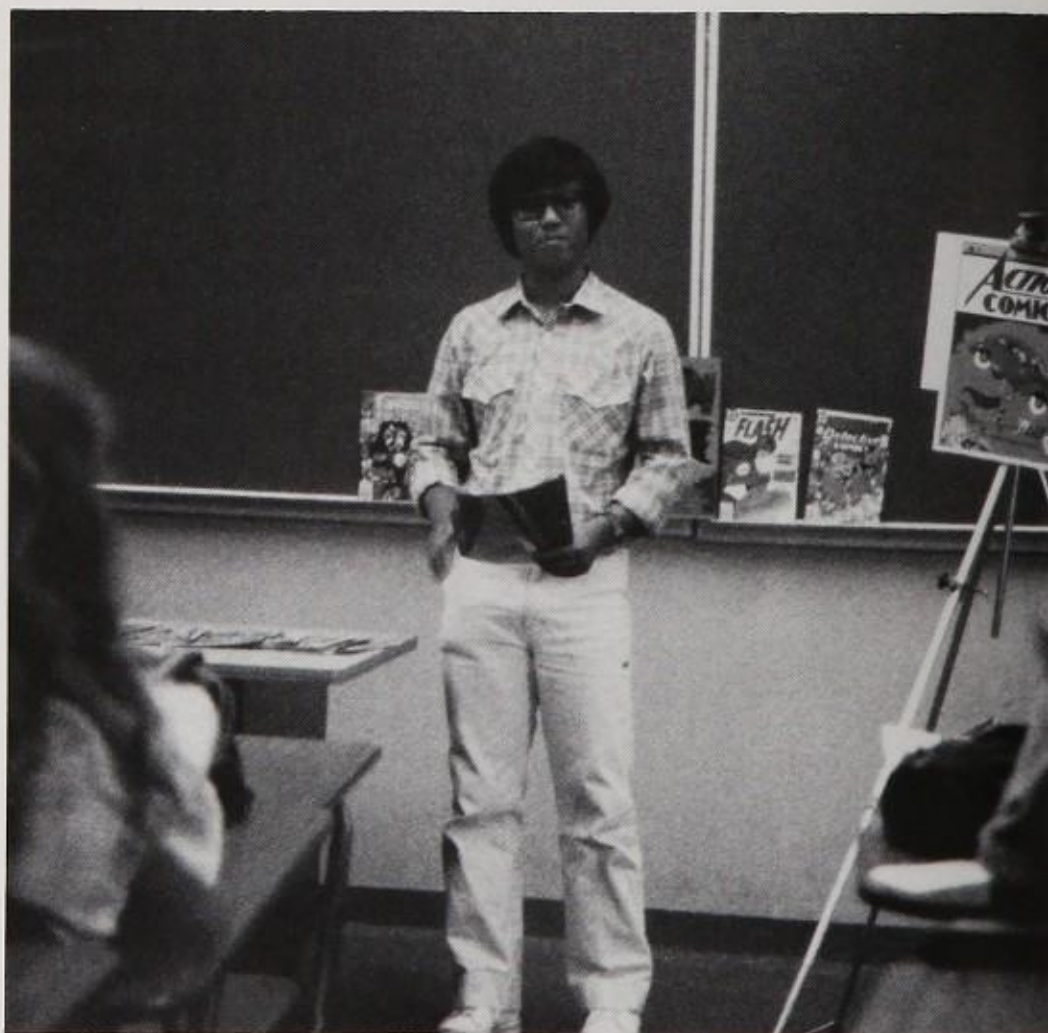
The 1984 Los Alamitos Forensic League promoted excellence in public speaking. They attended numerous tournaments sponsored by the Orange County Speech League. Each member competed on either the novice or varsity level according to his or her speaking ability. Their goal was to improve consistently throughout the school year. Under the direction of **Mrs. Busenkell** and **Mrs. Parrett**, students participated in many competitions bringing home various awards and trophies. Students practiced during lunch and after school to perfect their presentations and style. Speaking ability was stressed across the curriculum and these club members represented the best of our speakers.



Kenny Hayashida, and **Kent Nordstrom** congratulate each other by shaking hands after receiving a trophy for their fine performance at a speech competition. The Los Alamitos Griffins placed superior in their division.



Kent Nordstrom puts his arms up in victory, as he receives congratulations from fellow Speech Club participants and judges at a recent forensic competition.



Practicing for a speech competition, **David Sohn** rehearses his lines for a informative speech on comic book collecting. Several categories in speech competitions are impromptu, humorous interpretation, dramatic interpretation, and duo interpretation.



Students of the Speech Club applaud a fellow member's fine performance. Speech Club meetings were essential to produce high quality material.



Speech Club: First Row—Helen Kim, Erica Huang, Terri Estes, Karen Smith, Judy Holzgang, Elisa Langsam, Laura Hill, Joy Fernbach, Grace Wong. **Second Row**—Tim Innes, Robert Batey, Micheal Dawson, Ken Hayashida, Scott Raber, Mike Chen, Darrin Gladini, John Paul La Bouff. **Third Row**—Devin Last, Isaac Guzman, Steve Brody, Ted Rozalis, Malcolm Womak, Kent Nordstrom, Trey Sandusky, Bruce McMorris, David Sohn.



Terri Estes and **Tam Ta** attempt to explain a new technique in Speech Club to their fellow classmates. Speech is a challenging organization that enables students to communicate with different forms of body language.



Practicing before other speech members, **Tim Innes** gestures toward the group to rise and applaud. Tim participates at the impromptu level and has received various awards for his vivacious manner.

How To Succeed . . .

Cast

Book Voice & TV Announcer . . . Tom Dehardt
 Garch . . . Ted Rozalis
 Jenkins . . . Rick Murray
 Johnson & Peterson . . . John Kinnier
 Mathews . . . Ken Stockwell
 Tackaberry . . . Kent Nordstrom
 Biggley . . . Malcolm Womack
 Finch . . . Darren Glaudini
 Rosemary . . . Deanna Benstead
 Bralt . . . Kirk Johnson
 Smitty . . . Heather Hoppus
 Bud Frump . . . Trey Sandusky
 Miss Krumholtz . . . Joy Fernbach
 Miss Jones . . . Shelley Sandusky
 Twimble . . . John Hrbacek
 Paris Original Girl . . . Margi Hibschman
 Hedy . . . Jennifer Swanson
 Davis . . . Matt McSheehy
 Girl 1 . . . Kathy Glaudini
 Girl 2 . . . Ella Turrentine
 Girl 3 . . . Margi Hibschman
 First Scrubwoman . . . Kathy Glaudini
 Second Scrubwoman . . . Nancy Jenner
 Toynbee . . . Scott Belle
 Ovington . . . Tim Innes
 Policeman . . . Matt McSheehy
 Wally Womper . . . Darrin Sarto
 Chorus . . . Bruce McMorris, David Gershon,
 Ron Wilhelm, Christine Vankampen, Kim
 Rodefeld, Tanya Cohen, Robyn Bartley, Janet
 Lee, Kim Fulleman, Danielle Kennaugh,
 Rosemary Peters, Carole Shane

Crew

Director . . . Judy Trujillo
 Musical Director . . . Ralph Opacic
 Choreographers . . . Ruth Busenkell, Tracy Cohn
 Stage Manager . . . Shawn Shaffer
 Rehearsal Pianist . . . Ralph Opacic
 Assistant to the director . . . Pam Spyers
 Assistant to the
 stage manager . . . Jeff Wilson
 Lighting . . . Karen Holstein, Elisa Langsam
 Sound . . . Paul D'Amour
 Spotlights . . . Pam Spyers, Laura Hill
 Backstage . . . Teresa Carmen, Lynne Clissold
 Props . . . Judy Holzgang, Angie Rime,
 Elisa Langsam
 Costume Construction
 and Design . . . Danielle Benstead
 Costuming . . . Amanda Stillings
 Curtain . . . Bill Todd
 Set Design . . . Shawn Shaffer
 Set Construction . . . Shawn Shaffer,
 Paul D'Amour
 Make-up . . . Liz Brewer,
 Jennifer Fowler
 House Manager . . . Robert Boone



Darrin Sarto, Shelly Sandusky, Darren Glaudini, John Kinnier, Kirk Johnson, Ted Rozolis, Rick Murray, Kent Nordstrom, Tim Innes, Kenny Stockwell, Trey Sandusky, and Malcom Womack, perform the "Brotherhood of Man."



The chorus Jennifer Swanson, Kathy Glaudini, Nancy Jenner, Margi Hibshman, Shelly Sandusky, Deanna Benstead, Joy Fernbach, and Heather Hoppus sing "Paris Original."



As the risqué Hedy, (Jennifer Swanson), walks in the room the office workers can hardly believe their eyes because they're so astounded by what they see.



— Actors Succeed —

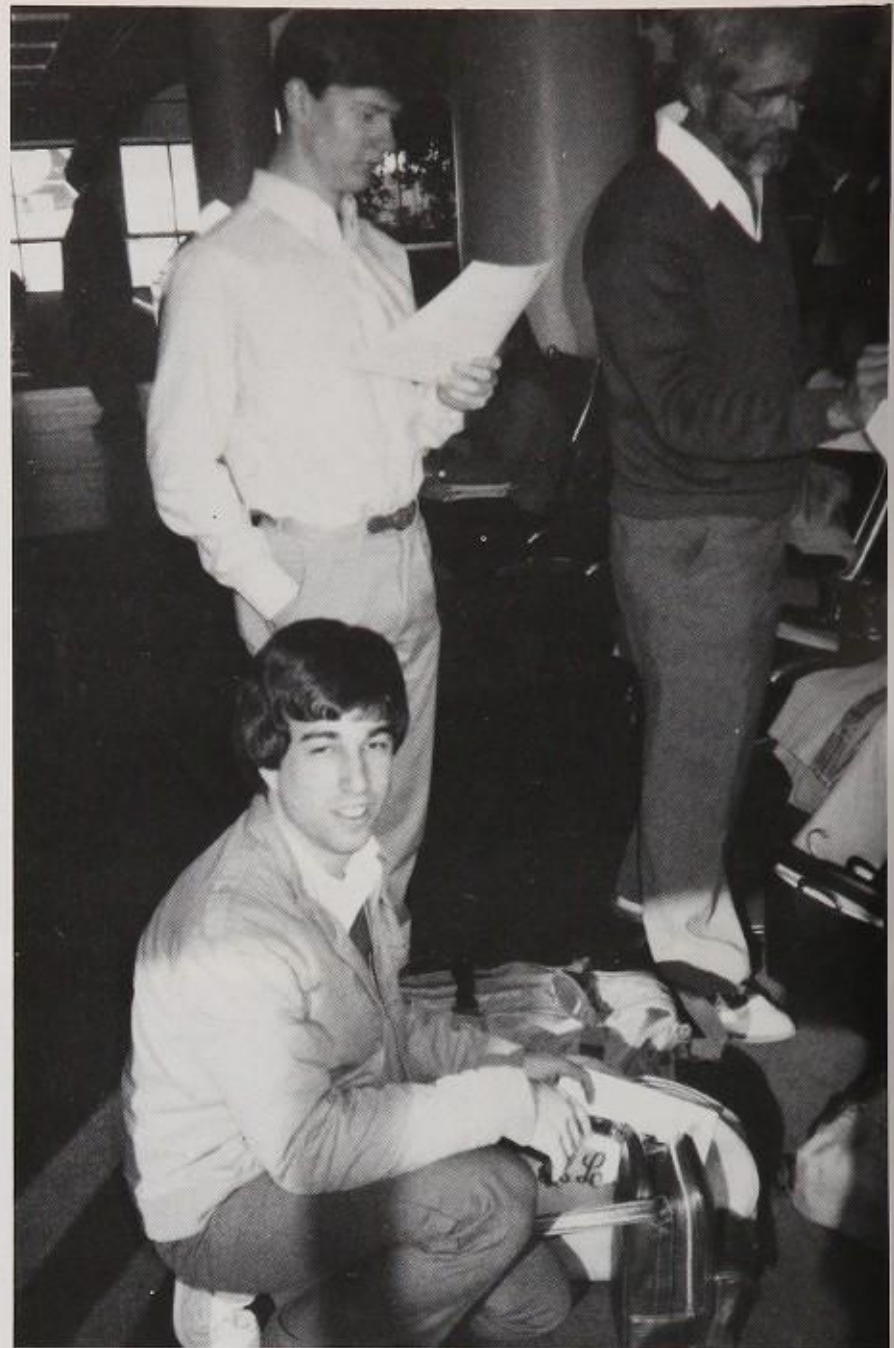
Karen Holstein and **Paul D'Amour**, upper left, are the backbone of the play. They handle all the lighting and sound aspects to the productions. **John Hrbacek** and **Darren Glaudini**, upper right, with their arms out in joy, sing during the mailroom scene. **Deanna Benstead**, **Heather Hoppus**, and **Darren Glaudini** middle left, hold their arms together in a slightly curious way as they sing, "It's been a Long Day." **Mrs. Trujillo** and **Ralph Opacik**, above, rehearse the finale in the musical, "How to Succeed in Business without Really Trying." The entire cast, left, perform the song, "No Coffee."

Team Places Third

The Mock Trial Team had an extremely successful season this year. The team competed against approximately forty other schools and placed first in the Orange County division. This enabled them to take part in the California State competition in Sacramento last March. **Trey Sandusky** was presented with an outstanding achievement award for being the best prosecuting lawyer at the competition. While in Sacramento the team visited Senator Carpenter and attended a dance and an awards banquet which were both given in honor of all competing Mock Trial teams. Participating in a mock trial is very realistic. It is scored by real judges and attorneys who treated them as real lawyers. This year's case involved a drug bust on campus.



Phil Swinger and advisor, **Mr. Atherton** give each other a friendly hug during a hard day's practice. Mr. Swinger is a professional lawyer who helps the team with their cases.



At the Orange County Airport, **Mike Weinstein** checks his weekend itinerary while **Jeff Brown** reads over the case that they will be competing in.



Mock Trial: Front Row- Corrine Grubb, Cathy Crockett, Audra Huber, Ruth Busenkell, Kim McAfee, Lisa Maulhardt. **Second Row-** Trey Sandusky, Jeffery Kennedy, Jeff Brown, Mike Weinstein, Kent Nordstrom, Johnny Chiu.



The Mock Trial Team shows a display of rowdiness on their way to the state competition. The team was picked up at the airport and then taken to Sacramento by bus to compete against other teams from all over the state.



Mr. Singer and **Mr. Atherton** give the Mock Trial Team one last pep talk before entering the courtroom. Although the team may appear to be nervous, they are really excited to face their upcoming challenge.



Trey Sandusky was named "Most Outstanding Prosecuting Lawyer in the state of California" at the Mock Trial competition.



After school practice is a must for the team to perform up to standards. **Audra Huber** and **Corrine Grubb** smile knowing all their efforts will soon pay off.



In the courtroom, **Cathy Crockett** relaxes a moment while the judge finishes up on some paperwork. The Mock Trial team showed superb excellence which enabled them to bring back a third place trophy from the state competition in Sacramento.

Day. In Gym Proves Hit

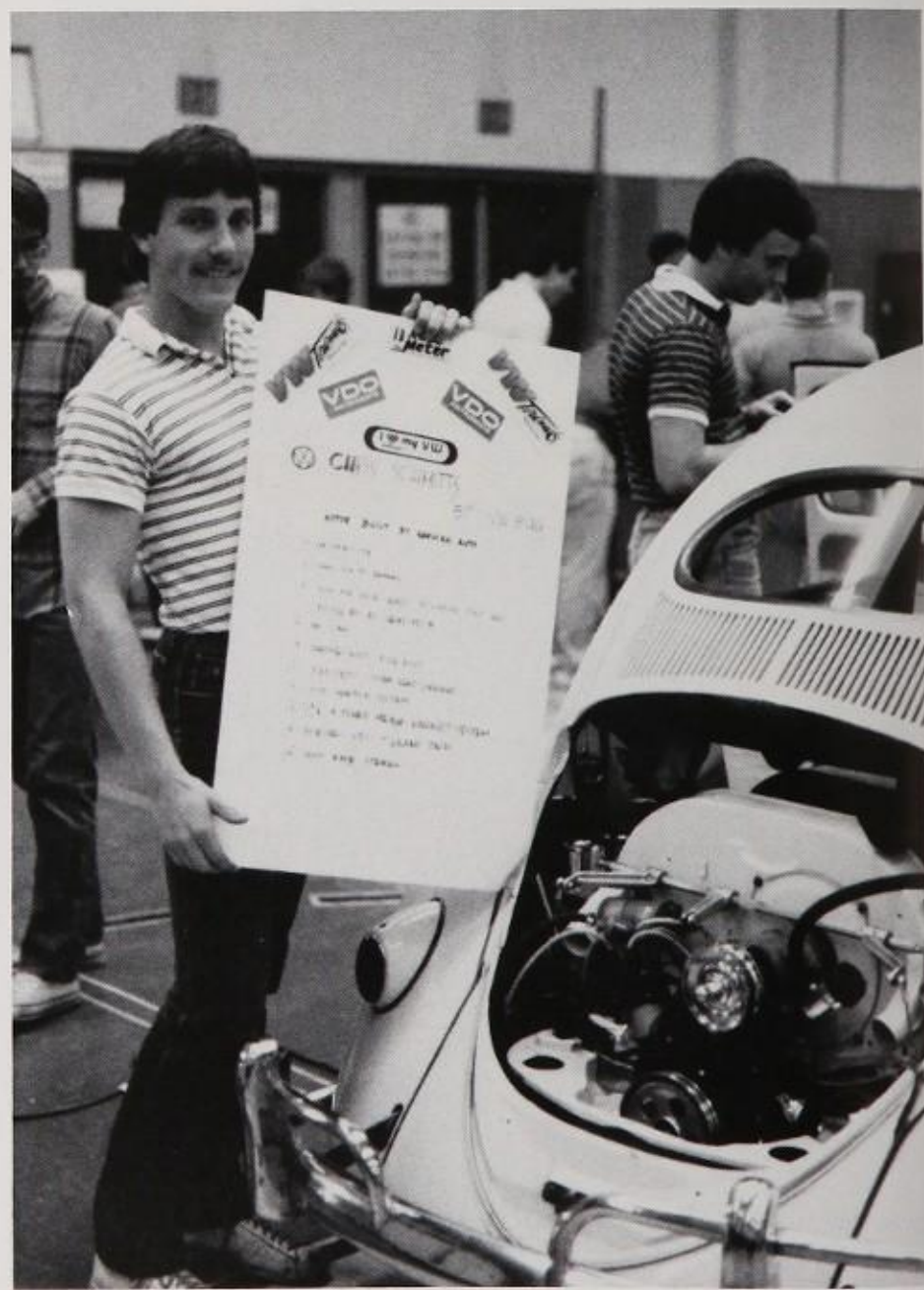
Located in our own Los Al gym, Los Al's department chairpersons sponsored their annual Information Day, February 22, 1984. Information Day is a spectacular event designed to make students become aware of the many different courses available to them next year. This program is put on for the freshmen through juniors and also for next year's incoming freshmen. Many students discover and sign up for classes they may have never known existed. Each department exhibits its various specialties ranging from informative fliers to actual demonstrations and presentations. The English presentation proved quite successful as many students evaluated their writing skills on the department's new Commodore Computer. Some of the other departments contributed to making this Information Day one of the best ever.



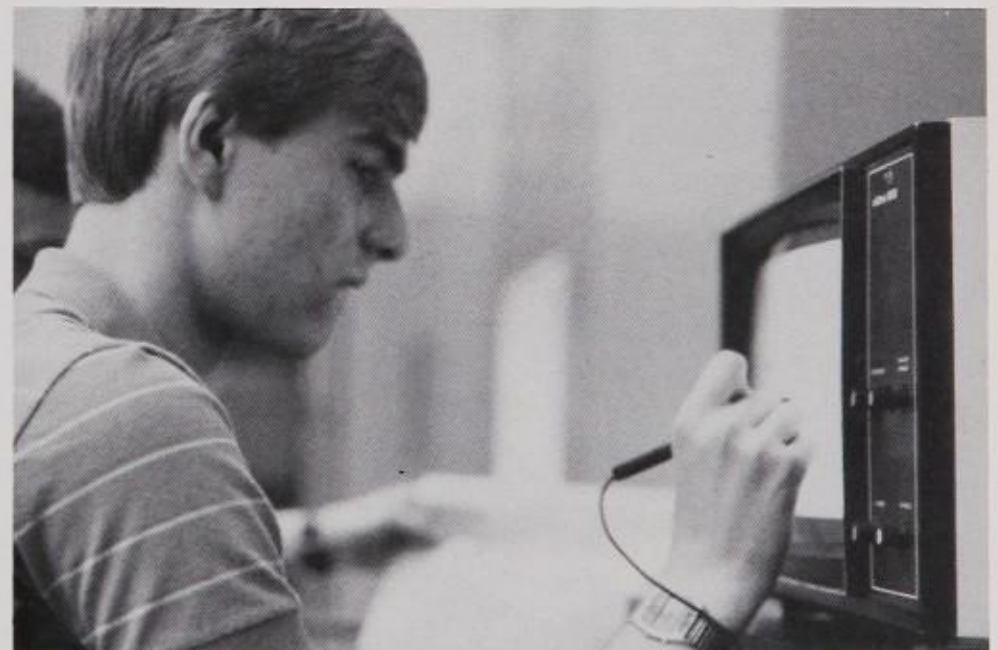
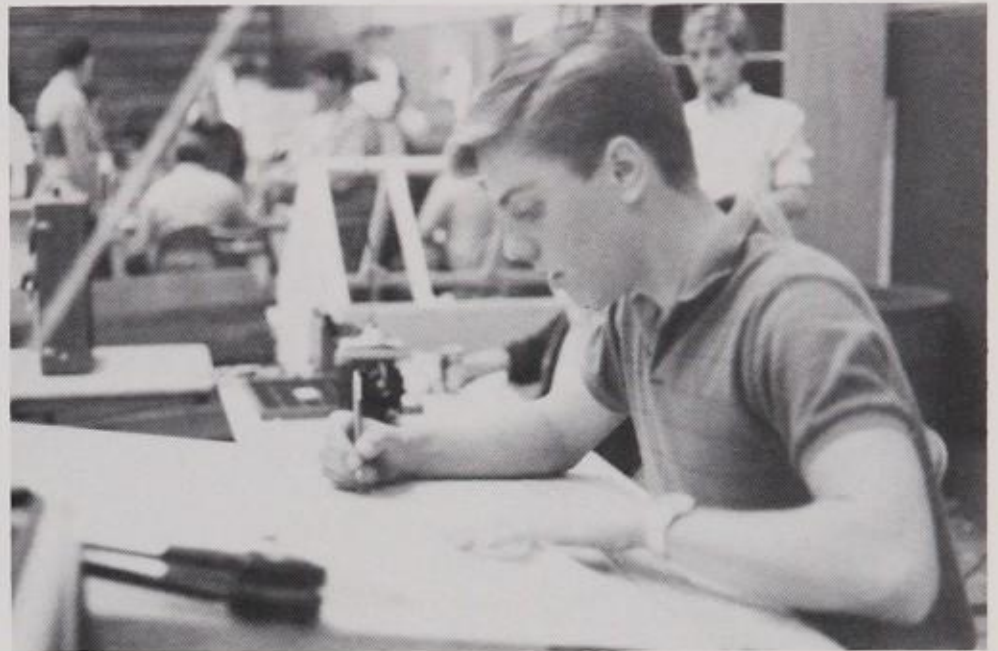
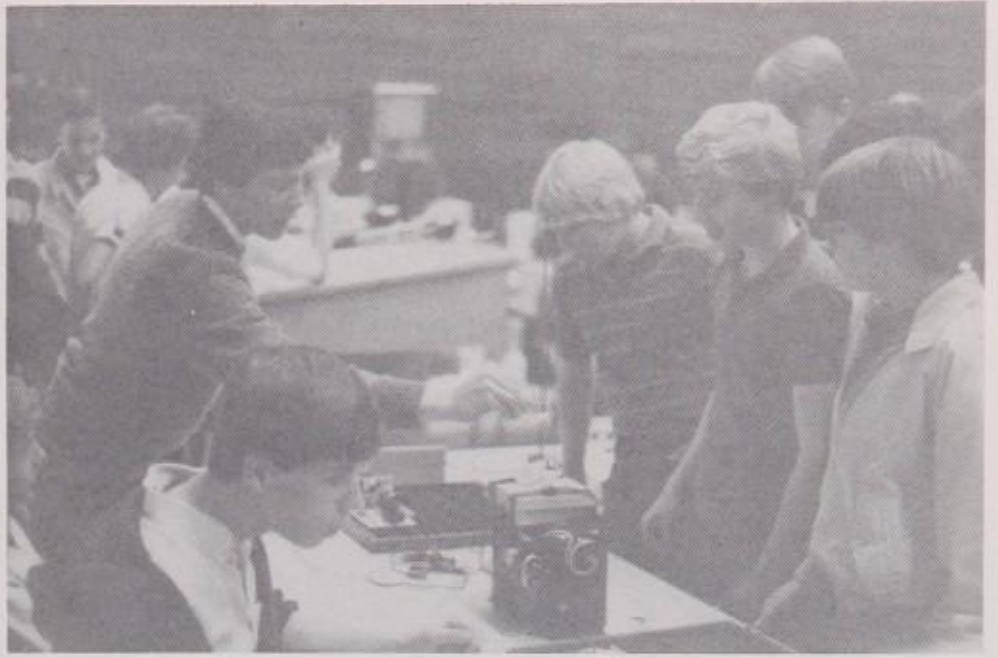
Mr. Broadhurst guides an experienced welder in a new technique at the Information Day in the gym. Welding was one of the several displays set up for observation for Los Al students and middle school students.



Christopher Buonocore and **Suzy Oppenlander** display their pre-school puppet show, while a group of eighth graders enjoy the funny performance.



Chris Schmitt shows off his awesome '57 V.W. bug at Information Day. He has worked on his V.W. in auto shop for the past three years.



Information Day

Focusing in on an interesting model, **Jason Sweick**, upper left, gets ready to snap the picture. A group of eighth graders, top, finds the electricity demonstration to be fascinating as well as educational. **Robby Rinella**, middle, finds time while supervising the drafting display to catch up on improving his own layouts. Testing his skills on the new Commodore computer, **Tony Bancroft**, above, concentrates intensely. **Adam Fleischer**, right, checks out some complicated mechanical devices while he is at the auto mechanics department display.



Sports broaden the horizon for many Los Al students. **Mike Martinez**, upper left, sprints the last few yards during a cross country meet. **Paul Crandall**, upper right, eagerly vies for possession of the ball during a jump ball. **Valarie Spinosa**, middle left, gains an athletic focus from the Girls' Varsity Tennis Team. **Derek Hobbs**, middle right, and **Scott Leonard**, lower left, join their teammates in an effort for victory. The Varsity Football Team sparks spirit and transmits enthusiasm for Los Al.



The audience looks on with bated breath as **Keith Kaub**, above, goes for a free shot. His concentration will earn him and the team the much coveted victory. **Elizabeth Hewitt**, right, uses a strong fore-swing to return the ball to her opponent's side of the court. Elizabeth's goal is to help the Girls's Varsity Tennis Team become champions.



Los Al's offensive line prepares to sail through the opposing team and to the goal for a touchdown. Each team member has given many hours to practice and is ready to win.

RECAP AT THE RACE

A Transforming Unit

Enthusiastically speaking, the 1983-1984 Varsity Football Team was comprised of a fine group of quality players. Coach **John Barnes** predicted that he and his staff could unite the talented players to perform as a winning unit. Unfortunately, this projection was not fulfilled as their four win, six loss record indicated. But the players' talent and effort did not go by unnoticed. Captains **Robert Brakke**, **Nick Paulos**, and **Russ Wendell** were named to the First Team, All League. **Tom Allison**, **Scott Belle**, **Robert Gauvain**, and **Jay Jensen** were named to the Second Team, All League. Although named for individual merit, each performed as part of the Griffin unit.



Four time Griffin of the Week, **Scott Belle**, intercepts a Loara pass and proceeds to score his second touchdown.



The Griffin Offense prepares to emerge victorious as they attempt their sixth touchdown against opponents, the St. Anthony Saints; Los Al concluded with a 42-0 win.



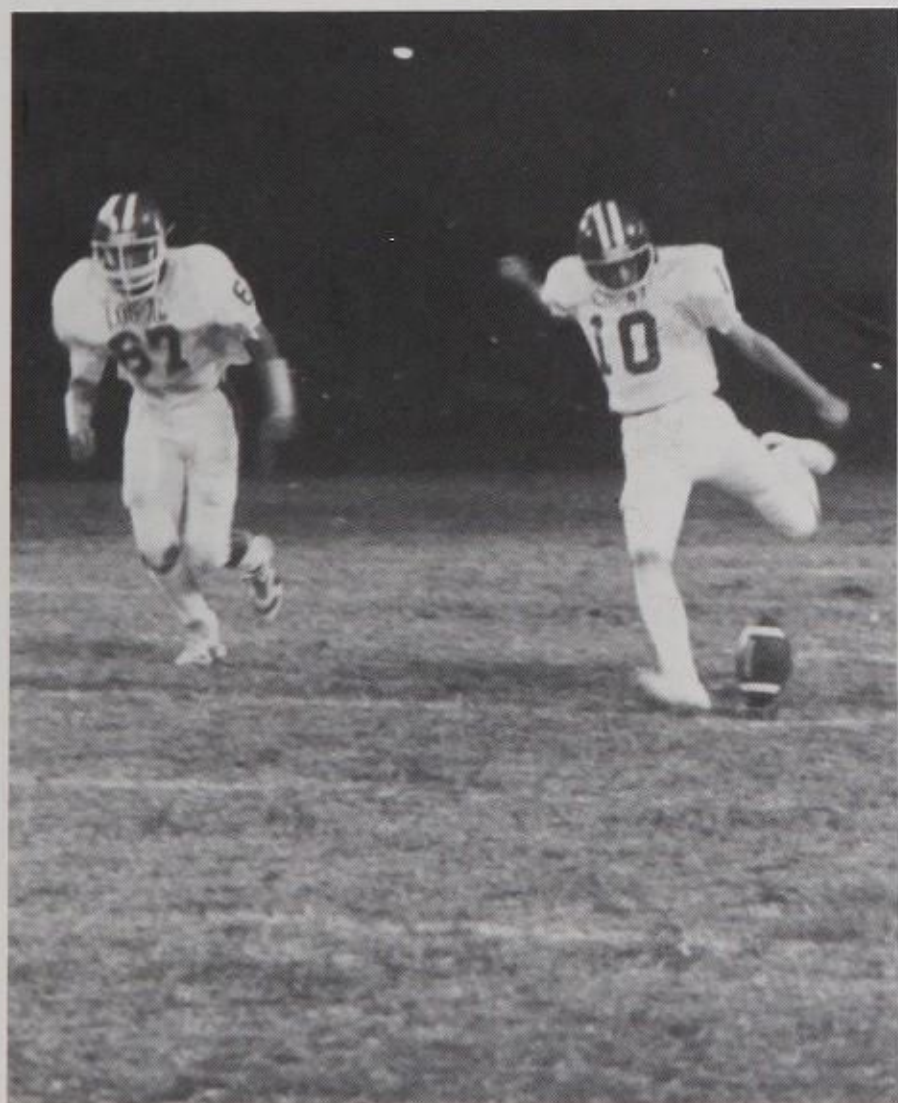
Nick Paulos, a defensive lineman, transcribes his aggression on the opposing team through his quick moves and decisive execution. His skills were apparent in his every play.



Offensive lineman **Bruce DeHoog** is face-masked on a first down play.



Varsity Football Team: **First Row**-Scott Belle, Dirk Ripplemeyer, Bob Brakke, Gerald Mercado, Jeff Nicks, Bill Whitlock, Don DeQuardo **Second Row** John Ortiz, Mike Baker, Brian Haub, Rich Morgan, Paul Mansour, Yahya Baayoun, Dave Mahrer, Russ Kibbee **Third Row** Jack Fisher, Tom Allison, Nick Paulos, David Reinking, Russ Wendell, Robert Gauvain, Pete Williamson, Matt Deming, Sean Murphy **Fourth Row**-Bruce DeHoog, Marc Tractman, Equipment Man-Tim Randel, Coach Bowers, Coach Castles, Coach Barnes, Coach VanGorder, Coach Doretto, Fieldman-San Coffman, Bill Swanson, Sean Conboy **Fifth Row**-Jay Jensen, Kurt Ripplemeyer, Chris Theodore, William Peterson, Craig Wilkerson, Pete Laughlin, Dave DePina, Paul Park, Bruce McMorris, Tony Contreas **Sixth Row**-Phil King, Brian Sweet, Albert Chang, Dave Chapman, Ed Lyons, Martain Wolf, Ron Sittler, Chris Bingham, Brad Biringer, Rod Salas

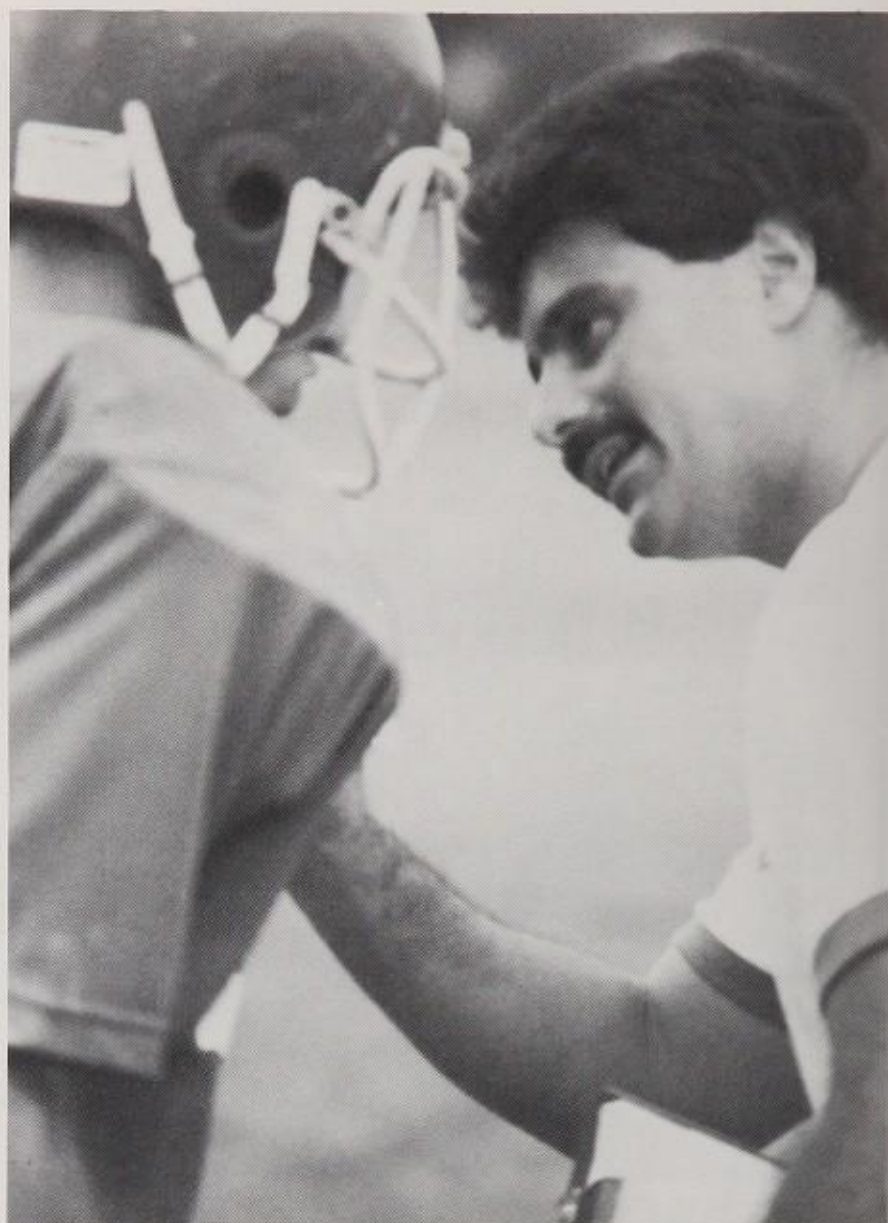


— Compelled To Excellence —

Comprised of sophomores, juniors and seniors, the Varsity Football team exposes a variety of men to the physically and mentally exhausting game. With scrimmage games and extended practices, the Griffins were well prepared to perform as a winning unit. Junior **Paul Park**, displays his accurate and articulate manner of kicking against Homecoming opponents, the Loara Saxons. Paul is aided by defensive lineman **Dave Mahrer**, who has earned an Honorable Mention, All League. **Jay Jensen**, who also received an individual honor (Second Team, All League), exhibits his Griffin talent as he obtains the offensive pass.

Recruits Advance

The experience that a player gains from years of football is to his advantage as he progresses toward new endeavors. The skill, coordination and responsibility he achieves through the strenuous hours of practice aid him in playing as a Griffin—a proud winner, yet a graceful loser if applicable. Such skills are usually retained, giving each player a great edge as a future Varsity player. Thus far, the lower level Griffins have proven to be the resting ground for the Varsity line, and each has successfully produced quality players.



Maintaining a 6-4-1 season record, **Coach Lou Mile** takes pride in their successful year. Lou's aggressive "go-get-em" attitude has aided the team in both their offensive gain and defensive guard.



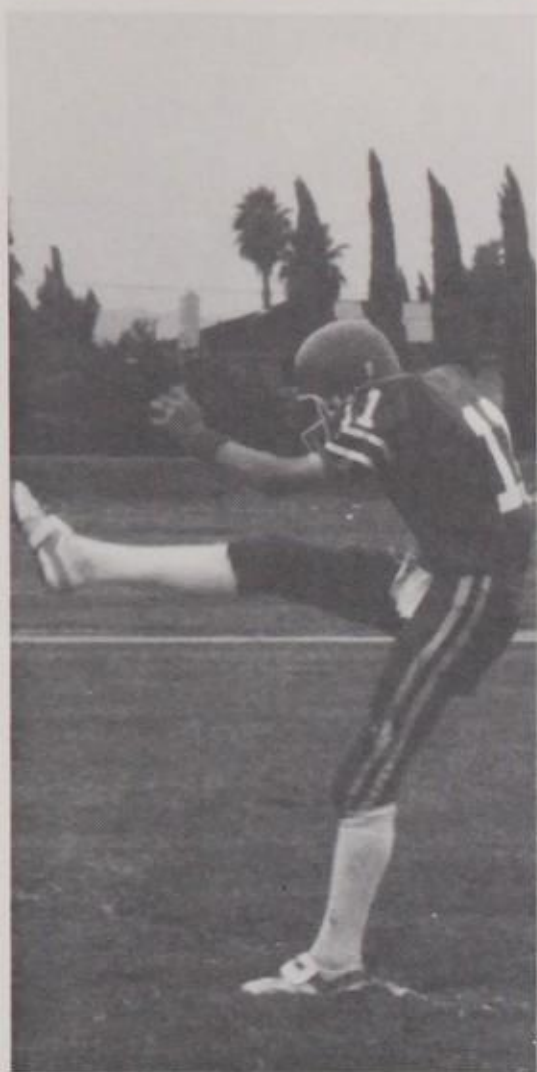
Preparing for the season opener, setter **Steve Wood** aligns the Griffin offense and calls for a three point stance.



Neil Sorensen, one of the more promising freshman players, displays his abilities as a first string player and team leader.



Freshman Football: First Row- Gary Cunnen, Nick Gianformaggio, Brian Sandoval, Phil Pinto, Billy Salas, Scott Crenshaw **Second Row-** Bobby Lee, Lenny Fontanez, Roger Ross, Ron Scanlon, Shane Sherney, Ken Montgomery, Sean Hooks **Third Row-** Dan VanWinkle, Matt McCabe, Mike Cole, Joe Donaldson, Mike Mullaney, Lance Sparkman, Geoff Mellon, Neil Sorensen **Fourth Row-** Jason DePina, Chris Rose, Coach Gibson, Coach Fisher, Coach Lung, Blake Brown, Dave Alvarez **Fifth Row-** Rob Robinlan, Steve Wood, Steve Stroerer, Tod Spaugy, Dave Hughes, Brian Miller, Steve Wood, Mike Potechin, Tom Williamson, Greg Kuhn, Mike Lewis



Sophomore Football: **First Row**-Phil Ottone, Robert Druckenmiller, Scott Welsh, Derrick Napoles, Robbie Karzaroff, Eddie Rachel **Second Row**-Mark Johnston, Robert Trice, Don Boling, Gerry LeDoux, Wim Libby, Robbie Gordan **Third Row**-J.T. Snow, Brian East, Joe Coulter, Erik Durhie, Todd Tischler, Rick Morgan **Fourth Row**-Brian Molles, Don DuBry, Coach Belle, Coach Mile, Coach Bowman, Coach Alvarez, Randy Hacker, James Howard

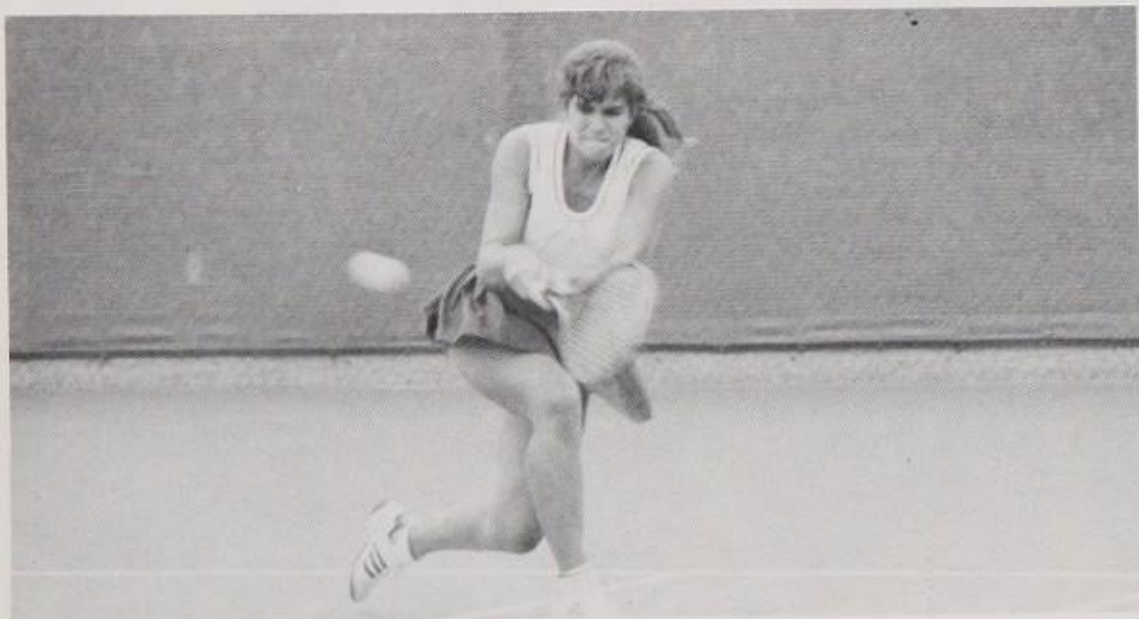


Team Unifies

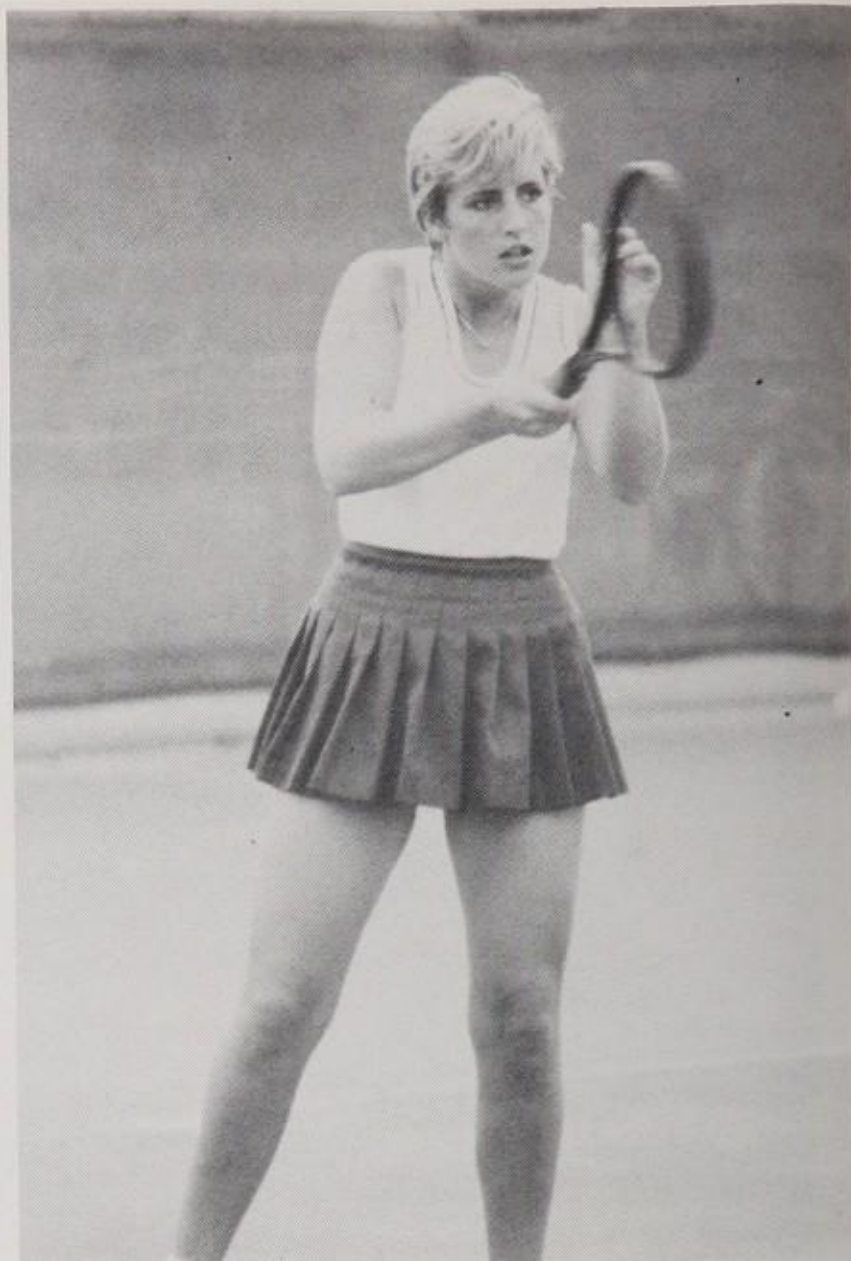
With the diligent effort of all those involved, the Griffins Sophomore Football team proved to be a complete unit. The successful kicking of **Randy Hacker**, upper left, helped the Griffin defense maintain a notable stance. Quarterback **J.T. Snow**, left, also added to the unity of the sophomore team. His quick decisive actions retained J.T.'s low interception and sack statistics. Although the object of a strong offensive line is to project forward and score, time to time a player is caught off guard while pursuing a Griffin touchdown. **Rick Morgan**, above, demonstrates this pressure play.

Netters Take Victory

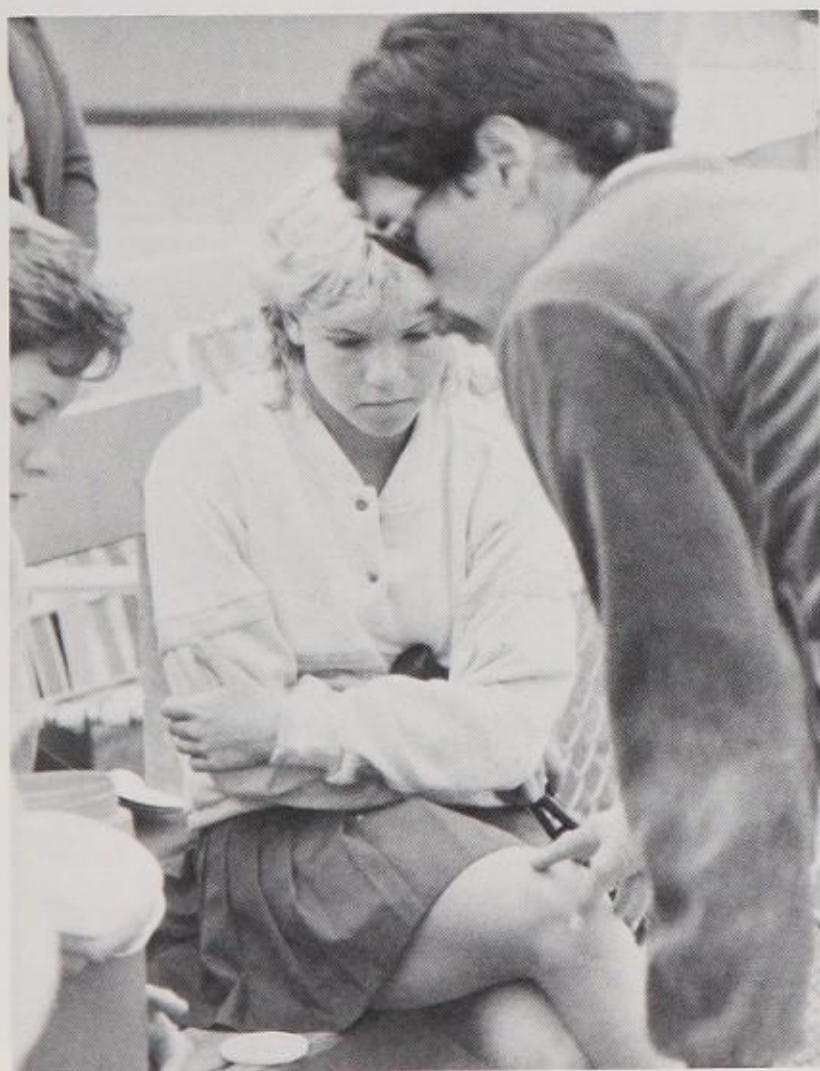
What may be a coach's dream, substantiated reality for Coach **Ken Parker** and his 1983-1984 Girls Tennis Team. With eight returning lettermen, the experience, skill and sportmanship maintained throughout the season carried their weight to the C.I.F. quarterfinals. With the leadership of Captains **Kim Green**, **Kelly Smith** and **Valerie Spinosa**, they became Empire League Champs and claimed individual league honors. The doubles team of **Elizabeth Hewitt** and **Kelli Moore** emerged victorious over fellow team mates for the Doubles Title. Number one singles player, **Kelly Smith**, advanced to the Individual Competition and reached Semi-finals. Each in her own proved to be a winner.



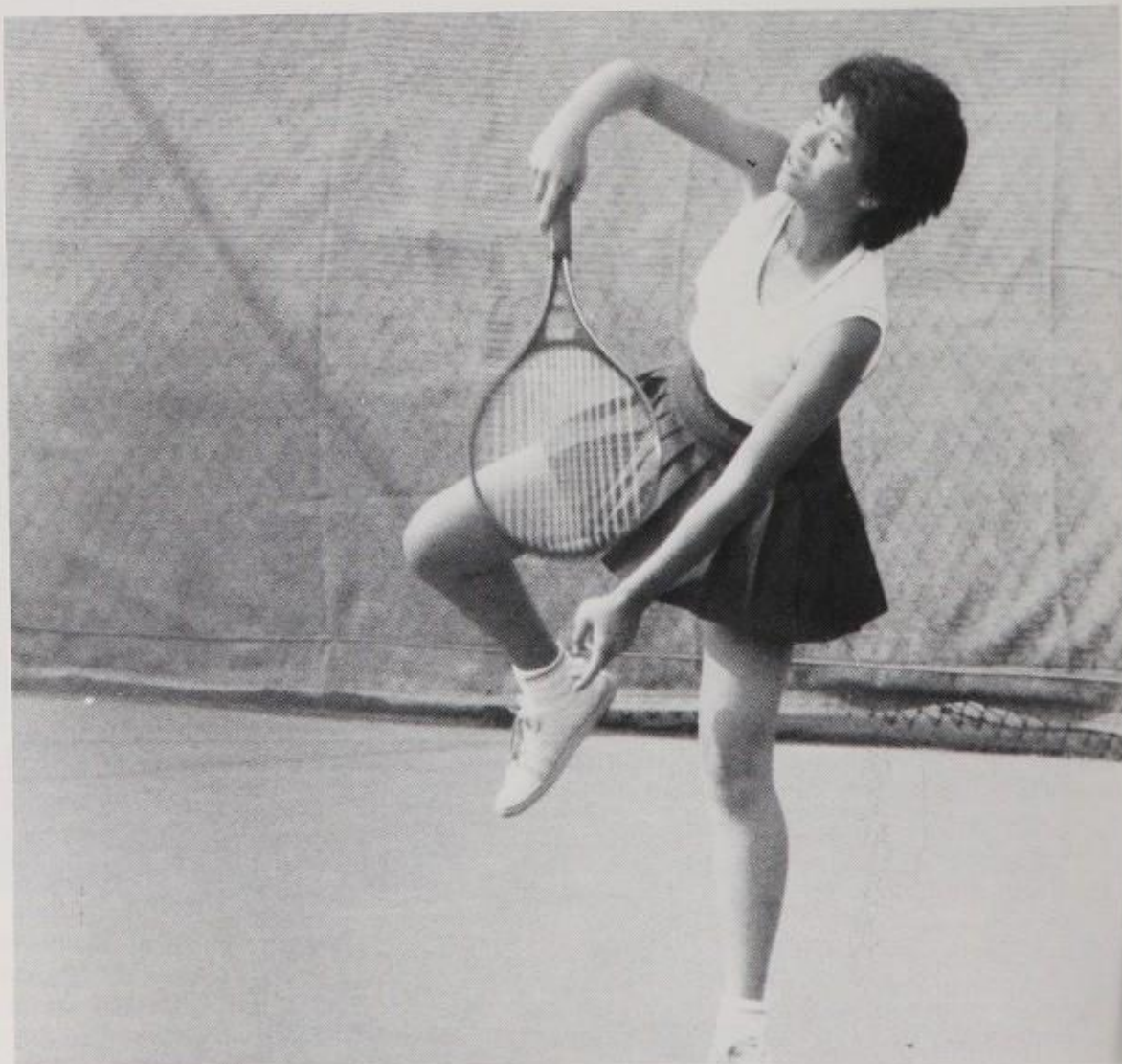
With full concentration, **Kim Green** backhands a returned serve. With her doubles partner, she goes on to win the match.



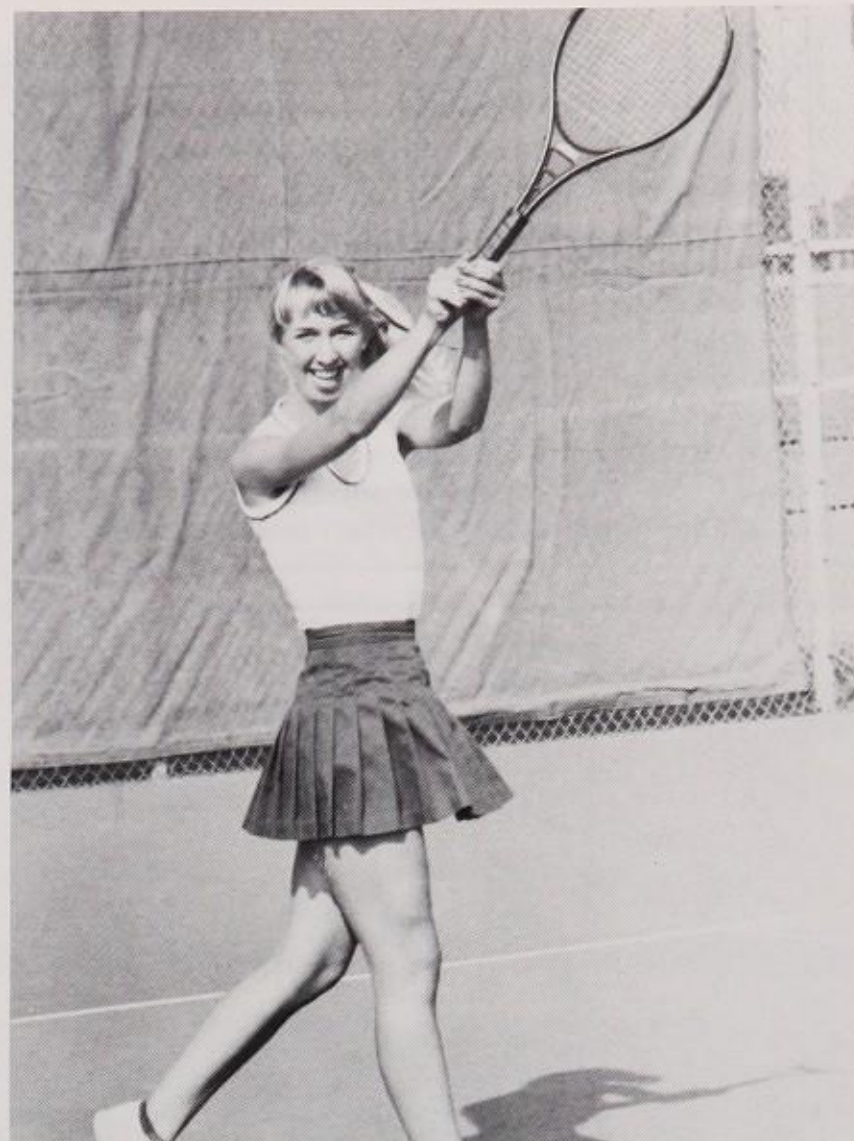
Aiming for an open and hard-to-return area on her opponents' court, singles player **Terri Loe** maintains a solid stature. Terri is a three year Varsity member.



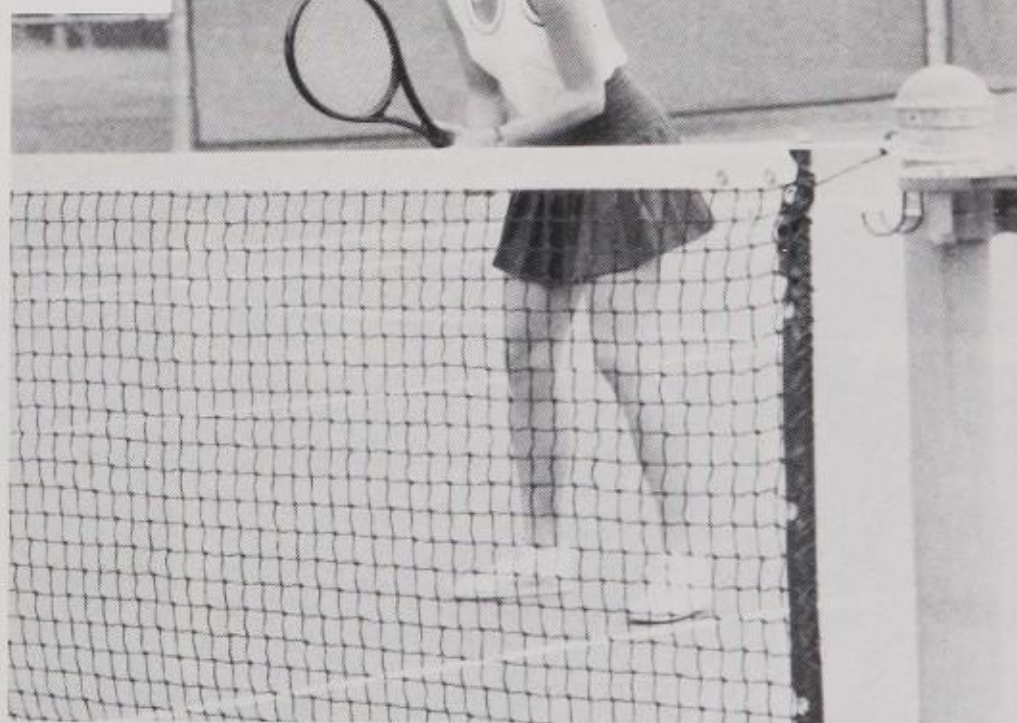
Coach **Ken Parker** confers with doubles partners **Elizabeth Hewitt** and **Kelli Moore** about their advancing to Empire League Individual Finals. Both accept his judgement with due respect.



Senior **Judy Koong** utilizes her entire body to generate her powerful serve against opponents the Long Beach Wilson Wildcats.



Girls Varsity Tennis Team: Standing-Manager Mike Posner, Coach Ken Parker Second Row: Judy Koong, Kim Green **Third Row**-Kelli Moore, Tammi Wuesthoff, Elizabeth Hewitt, Kelly Smith **Fourth Row**-Terri Johnson, Laura Junkerman, Terri Loe, Valerie Spinosa



Simple Perfection

By the combined efforts of individual players, the Girls Tennis Team placed first in league. With a winning attitude, the unification of the players came quite easily and they proceeded to perform as a team. **Kelly Smith** (top right) displays her radiant attitude with a quick smile and a brisk return. **Valerie Spinosa**, too, enjoys playing as she gleams at her opponent. Although winning is just a reward, it does not always come easily. **Elizabeth Hewitt** (above) displays her great concentration.

JV Lashes Opponents

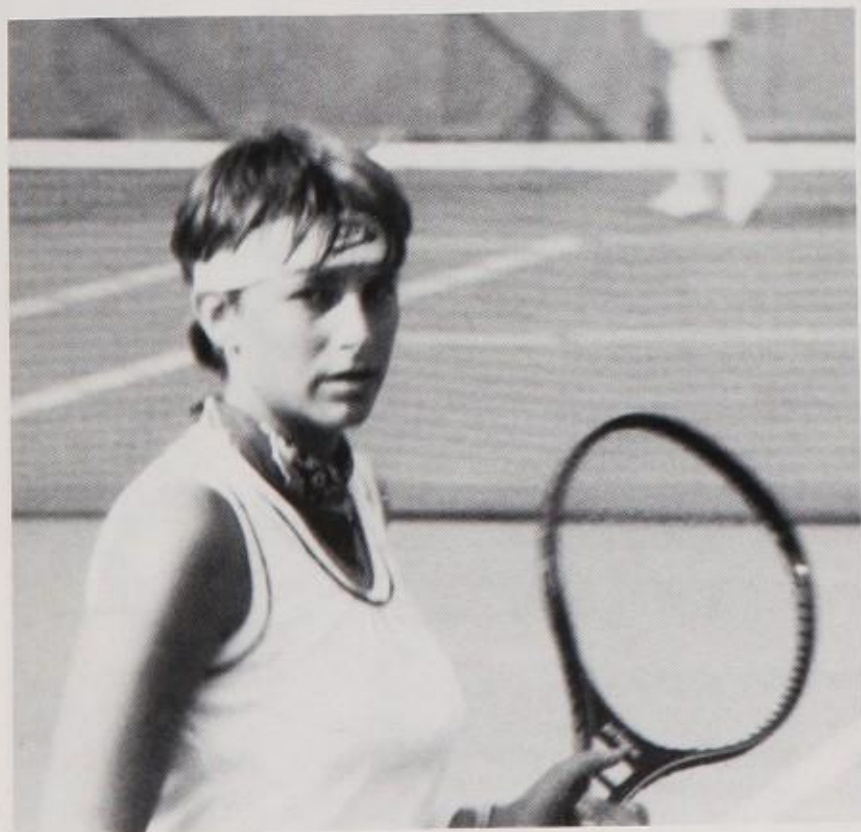
The Girls' JV Tennis team has progressed greatly within the last few years. Because the varsity team is limited in size, many quality players participate at the junior varsity level. Under the leadership of Captain **Deanna Benstead** the team proved to be quite successful in the Empire League. Members are: **Miki Aurang, Mara Bloom, Deanne Delaney, Kathy Ernst, Heather Gergen, Stephanie Graham, Barbara Habenicht, Shari Hansen, Erica Huang, Kathy Mackay, Koryn Nagel, Lara Obradovitch, Michelle Palermo, Vitisia Pangelinan, Lisa Perles, Stephanie Pszyk, Ericka Scott, Laura Silverman, Ellen Wilerson and Melanie Wood.**



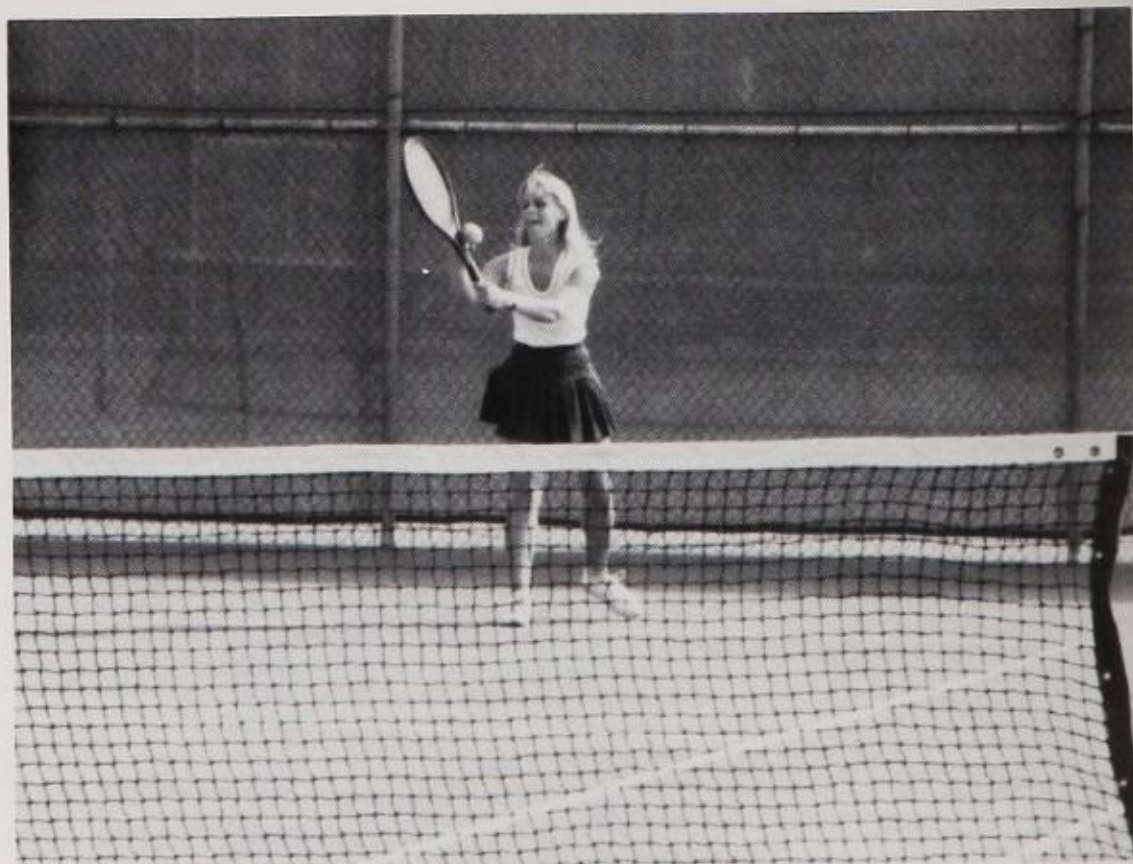
Although her league play was limited, **Erica Huang** participated regularly as a substitute opponent, aiding her fellow teammates in their strategy and aggressiveness. Her effort was greatly appreciated throughout the season.



Being a seasonal sport, many tennis players tend to slack off during the summer. Fall league action inspires players such as **Heather Gergen** to dedicate most of her time to practice and improving her summer physique.



During a break between sets, **Laura Silverman** contemplates her opponent's moves. It was a grueling game, but Los Al won the match, clinching the team a CIF position.



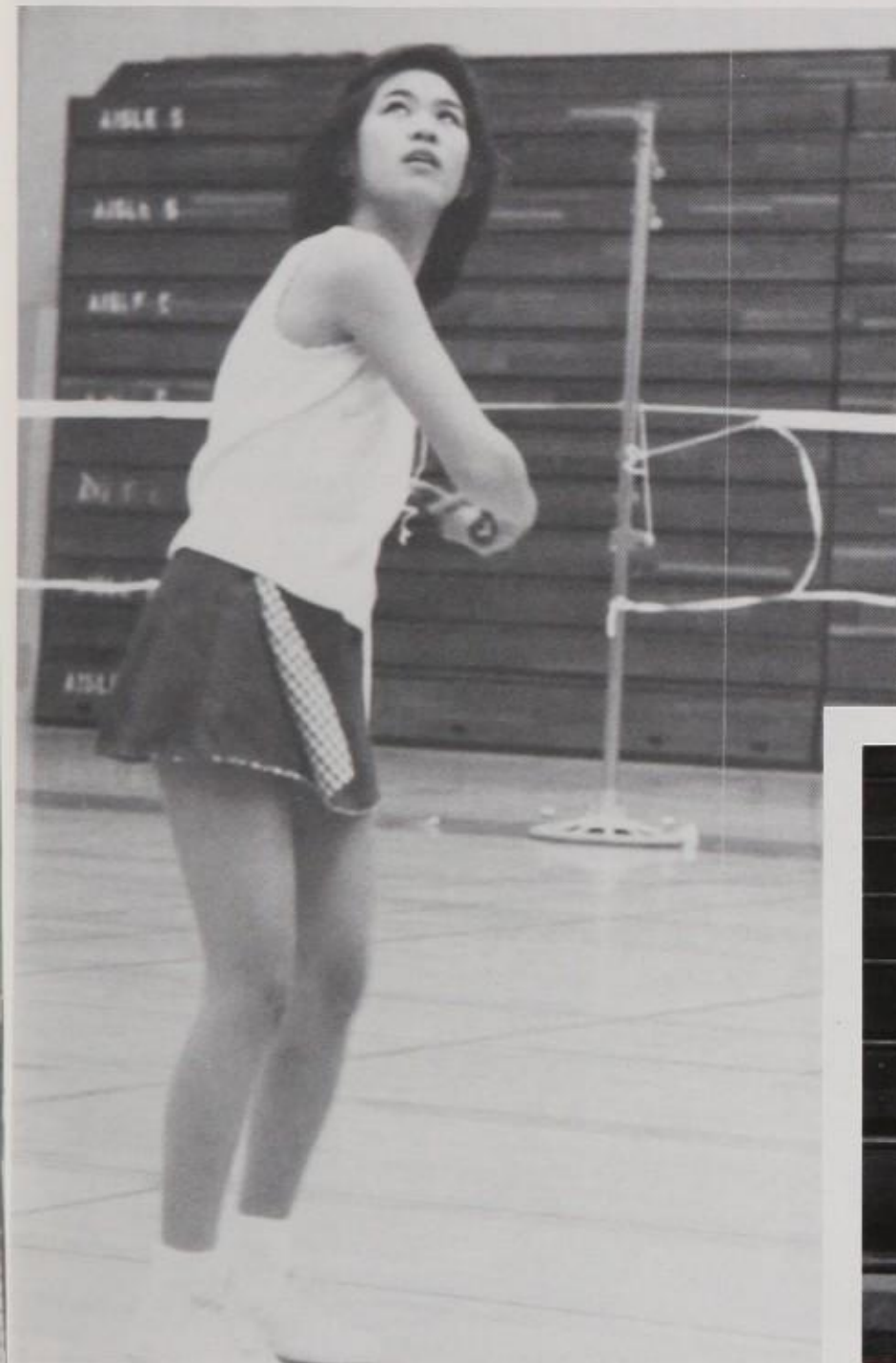
Preparing to serve her first ace, **Kathy Ernst** anticipates winning in straight sets. Kathy's serves are quite powerful and quick.



Varsity Badminton

With the superb coaching of Nancy Hagan, Los Al's badminton team flourished. The team spent time in daily practice which put them at an advantage over other Empire League teams. Coach Hagan's constant encouragement made the sport a pleasure to play regardless of the outcome.

Like all other athletic teams on campus one of the badminton team's major goals was to play in the Empire League championships. The team displayed a spirit of fair play which reflected well on Los Al and earned them respect throughout the Empire League. **Front Row-** Kelly Gallagher, Misty Parz, Ther Win, **Second Row-** John Armijo, Pat Campazano, Julietta Sippelle, Noreen Wenjen, **Third Row-** Mike Hernandez, Bob Sanregret, Johnny Chiu.



Mike Hernandez, a member of the varsity team, swings back to return the birdie. Even though badminton is a one-on-one game Mike appreciates the encouragement of the other team members.



Junior Varsity Badminton: Front Row- Sally Lee, Malini Gupta, Julie Coontz. **Second Row-** Mike Humphries, Carla Coppola, Courtney Morz, Todd Flanagan, **Third Row-** John Waterbury, Tim Farone, Richard Ramaglia, David Rayburn, Bob Tucker.

Noreen Wenjen remembers that changing the position of the body gives a player more backhand power. She puts this knowledge into practice and shatters her opponent.

Men Race To Win

The duration of a runner's school day is spent on extended runs that each must make to remain physically fit. Across miles of asphalt and El Dorado Park terrain, the Griffin Cross Country team trained throughout the summer as well as the first semester. Co-educational training with the Girls' Cross Country team and Freshman Squad made the team not only unified by their sport but added confidence to each as they accomplished individual goals. This year may be described as a growing period, as many of the members were new to the team. All anticipate next year to be successful.



This season culminated with the CIF prelims at El Dorado Park. The competition was intense, as the individual runners tested their complete physical and mental capacities. Each pursued personal goals as well as the team's.



When running great distances, it is practical to set a speed and pace yourself. **Bob Archuleta** and **Charlie Bueno** run together, synchronizing their pace.



Men's Varsity Cross Country: First Row-Les Westbrook, Steve Stolk, Tim Innes, Bob Sanregret, Glenn Urata
Second Row-Coach Alvarez, Norm Davison, Chris Bolton, Charlie Bueno, Bob Gerhardt, Don Smith, John Burkett, Coach Gagnano



The last few miles of a cross country race are the most critical. **Tim Innes** strives to remain ahead of approaching runners.



Men's Freshman Cross Country: First Row-Bob Archuleta, John Gajeda, John Waterbury, Tom Poe, Josh Bennett, Bob Tucker
Second Row-Coach Alvarez, Rich Ramaglia, Gary Dingillo, Mike Martinez, Greg Lyons, Pat Campuzano, Brad Rawls, Coach Gagnano



Girls Cross Country: First Row—Coach Gragnano, Kristi Zendr, Theresa Garcia, Lori Jack, Debbie Kurrela, Karen Westbrook, Michelle Stratton, Laura Huff, Sharlene Jimez, Puanani Pereira, Coach Alvarez

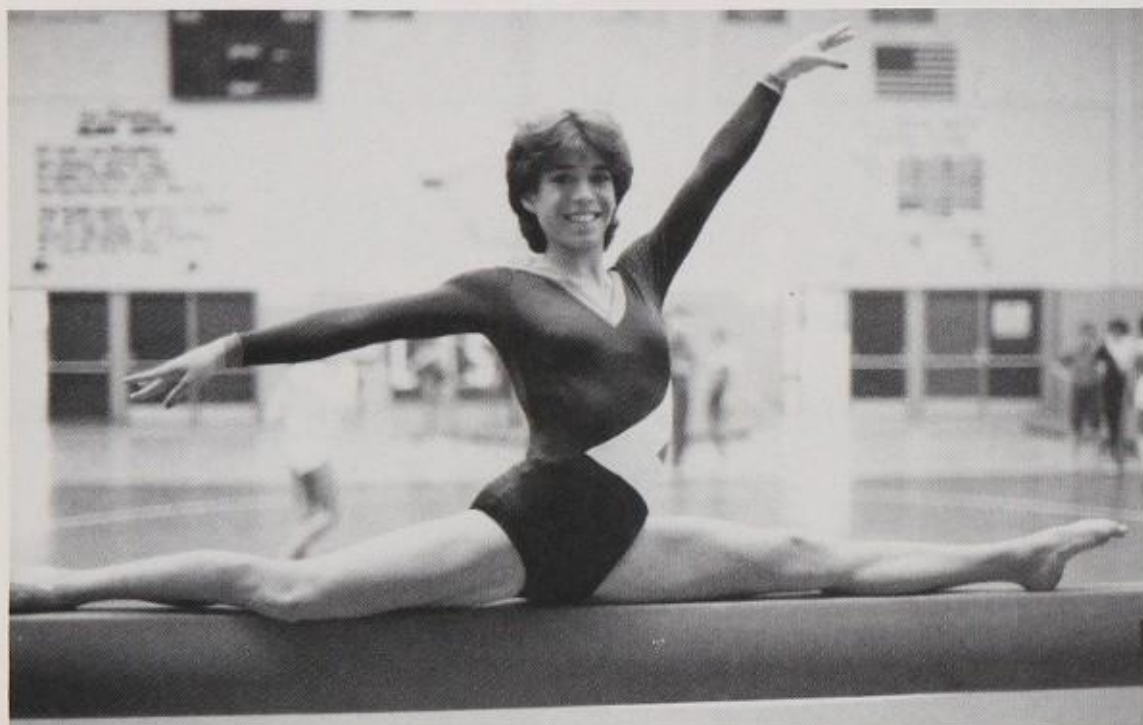


— Breezin' Along —

Although fielding a very young squad, the Griffins were extremely competitive in the Empire League. The nucleus of next year's team will be substantiated on returning varsity runners. Two of those are **Theresa Garcia**, left, and **Kristi Zendr**, above. Both have proven themselves fore-runners in the Empire League.

Girls Go Overboard

As usual, the gymnastic team had another outstanding season this year. In March, they had the opportunity to compete in Palm Springs where they earned a first place trophy. It seems to have become a tradition for the gymnasts at Los Al to win league championships year after year. This year was number eleven. Our four year members include **Valerie Chaves** and **Tracy Blankenship**. **Cheryl Birdsall**, **Jean Ingerle**, **Chris DeGregory** and **Julie Green** took the four top all-around scores in most of the meets. Without the time and effort of coach **Sharon Flynn** the gymnastics team would not be where they are today.



Displaying her great expertise and agility, **Julie Green** moves into complete splits on the four inch wide beam. Along with being a gymnastic team member, Julie made the Varsity Cheer squad as a sophomore.



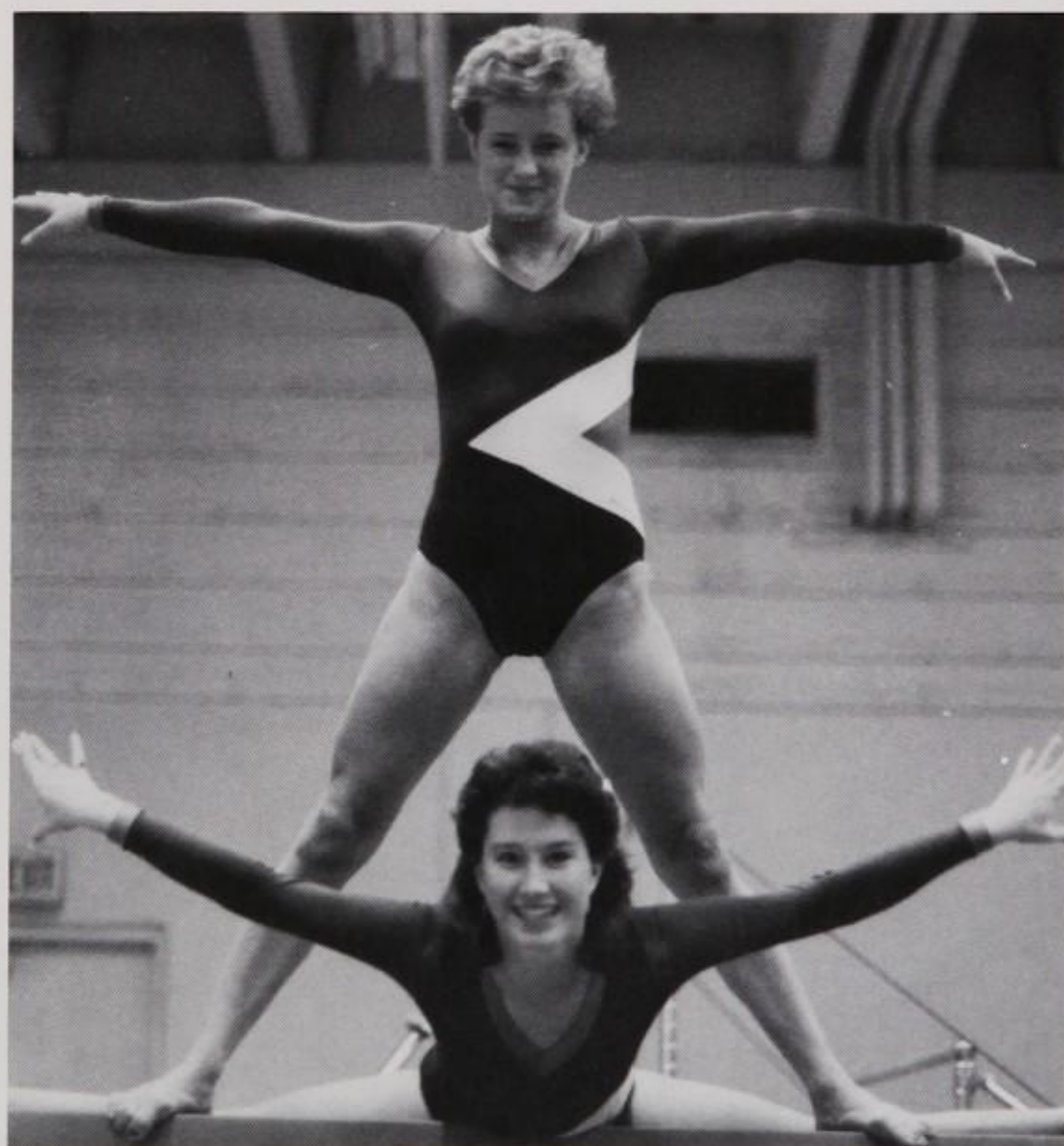
Three year member, **Jean Ingerle**, proves that hard work pays off by demonstrating a back extension with extreme concentration on the balance beam.

Varsity Gymnastics

Varsity Gymnastics: Front

Row- Anna Chen, Lisa Lander, Susie Pulec, Sara Brain, Rosanne Garcia, Mary Boland, Julie Green, Lisa Boyd **Second Row-** Kandie Campbell, Kris Schlauch, Stacey Warino, Laura Silverman, Shelly Leonard, Kelly Matheney, Karen Buhler, Chris DeGregory **Third Row-** Valerie Chavez, Cheryl Birdsall, Jana Lifshin, Jean Ingerle, Kelly Gaines, Tracey Blankenship, Elyse Goodman, Kelly Spaulding





— They Tumble For Ya —

As well as being a remarkable gymnast, **Cheryl Birdsall**, upper left, is a senior member of the Varsity Cheer Squad. **Lisa Boyd**, upper right, sails through the air on her way over the vault. **Kelly Gaines** and **Cheryl Birdsall**, above, perform a double stunt together on the beam. Gymnastics can be a pleasurable sport especially when you have a good friend to practice with. Balance and grace are two important elements while performing on the beam. **Lisa Lander**, left, perfects her style for the next meet.

H₂O Polo Makes Waves

The sport of water polo requires individual talent as well as a team effort. The aquatic atmosphere makes communication difficult to decipher, thus requiring self-coaching and judgement. This year the Griffins produced an adequate team which placed third in the Empire League. Qualifying for CIF lower bracket, the aquajocks proceeded to the quarterfinals where they lost in sudden death, over time. The loss was a clear reflection of the season. Diverse interests and injuries, too, took their toll on the team as a whole, and utmost as a winning unit. Their effort, though, will not be unnoticed.



Complete concentration is required for a successful pass. Co-Captain **Jack Perisho** eyes where his pass should be thrown. It was a tough decision and made in less than 2 seconds.

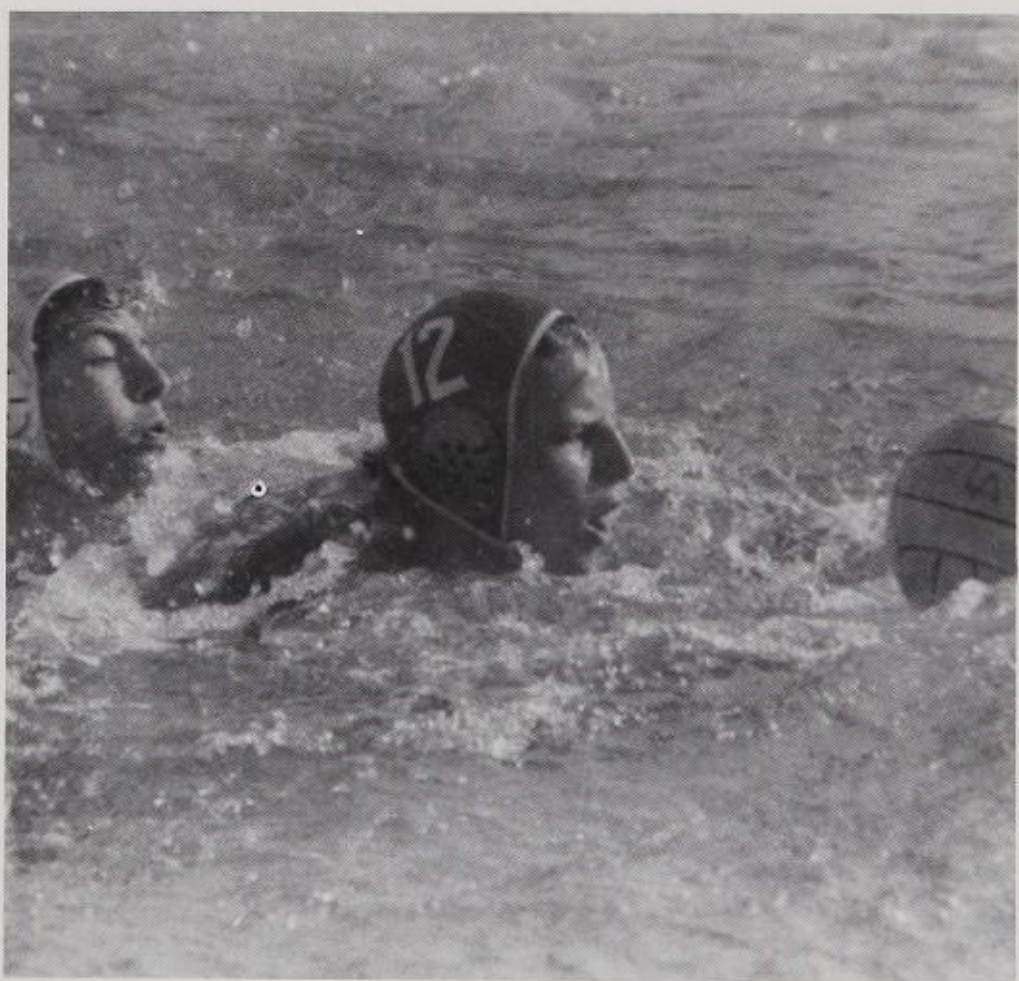
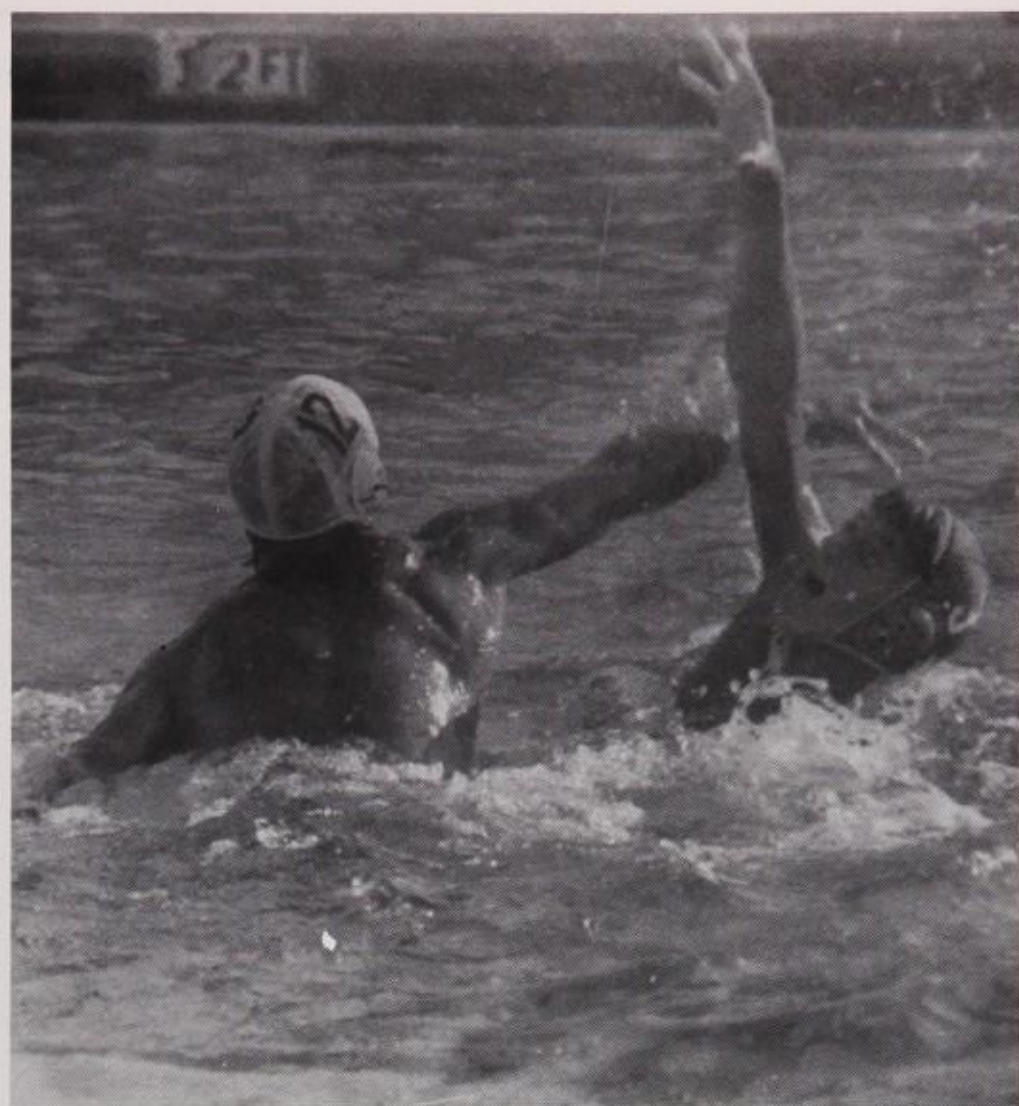


Tug LeCompte, right, intercepts the water polo ball with an opponent on his tail. It was a close call but the talented player pulled it off. **Scott Leonard**, above, reaches for the Griffin ball, trying to keep the play and his opponent free from interference.



Varsity Water Polo: First Row-Phil Wyles Second Row-David Carpenter, Dan Gregory, Mike Patrick Third Row-Scott Leonard, Tug LeCompte, Derek Hobbs, Jack Perisho, Adam Gregory Fourth Row-Pat McIlrath





Aquanautics

Scott Leonard, upper left, displays his defensive talent as his fellow teammates set up their defensive zone. Each player is required to be diverse in his every move. **Mike Patrick**, upper right, uses his legs to remain afloat while preparing to receive an offensive pass. Frustrating fouls tend to lower the morale of many players, but **Derek Hobbs**, center left, mutters a few words nonchalantly and continues to play. Sophomore **Tug LeCompte**, is vital to winning, as **David Carpenter**, left, knows.

Men Pass For Points

This year the Junior Varsity Water Polo team has proven to be very talented. It has developed many players to the capacity of playing varsity polo. Many of these players playing as substitutes in varsity games. Substituting players gain benefits that help them improve their sense of aggression. Water polo, which is a very complicated sport, must run smoothly. Every player must know exactly what is happening during the events that happen in a game. For this reason, it takes time for players to be ready for the varsity team.



Early in the game, **Steve Mucciario** retrieves the polo ball and prepares to pass it. He has to make sure he makes the proper movement so the other team does not steal the ball. He completed this task and improved the teams chance for victory.



Freshman/Sophomore Water Polo: Front Row- Marc Alpert, Steve Mucciario, David Fusco
Second Row- Lance Scheiner, John Englert, Phil Barnes **Third Row-** Eric St. Martin, Barry Sindair, Andrew Scheiner, Craig Malone



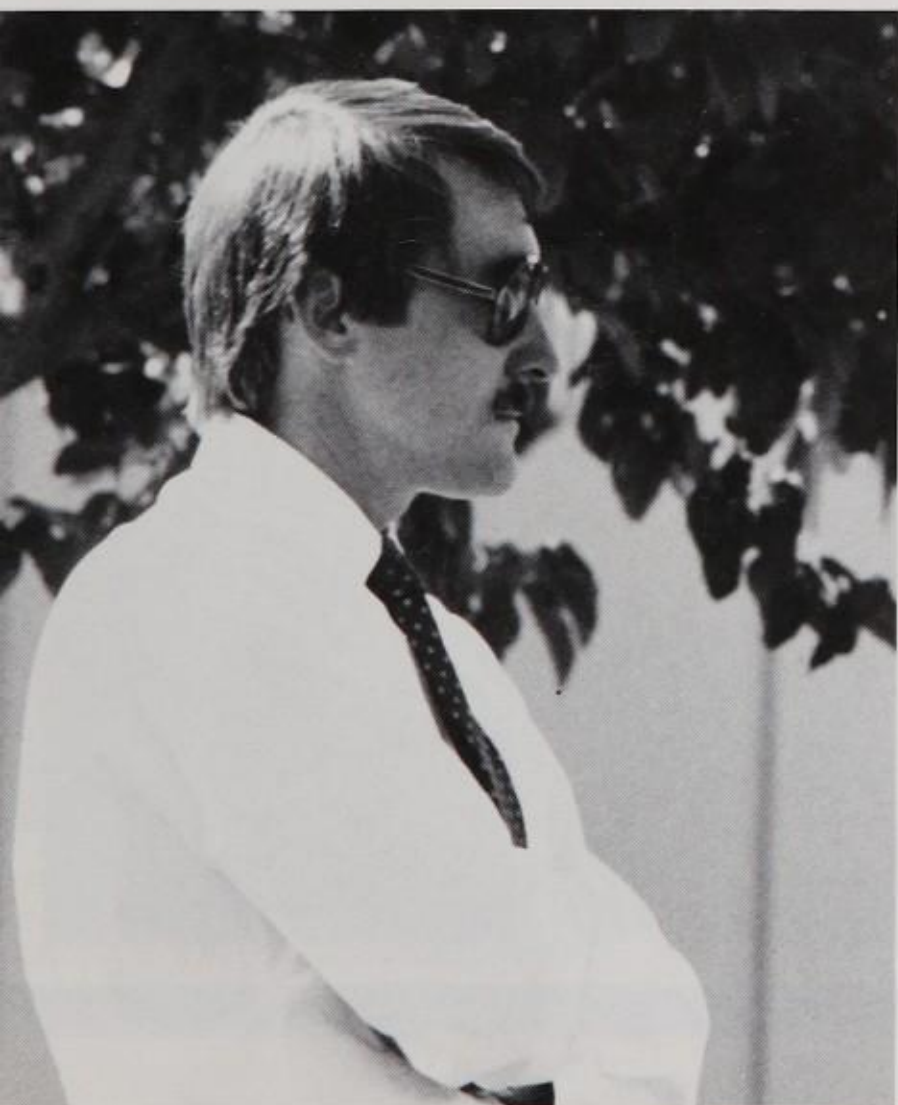
Junior Varsity Water Polo: Front Row- Mark Clemmons, Kent Ramsyer
Second Row- Adam Torem, Mike Lynch, Fabrice de Saint Chaffrey **Third Row-** Paul Carter, Gene Sallows **Fourth Row-** Robert Fischer



Before the water polo game begin, **Mark Clemmons** helps prepare the pool by setting up the timer, putting the goals into the water, and moving the team benches into place.



Surf Team: Front Row- Steve Marshall, Matt McGann, Richard Mechling, Andy Van Holt Second Row- Bill McGran, Mike Martinez, Lance Walker, Scott Fitzgerald, Peter Willhoit, Don Strack, Mike Morro, Joe Donaldson

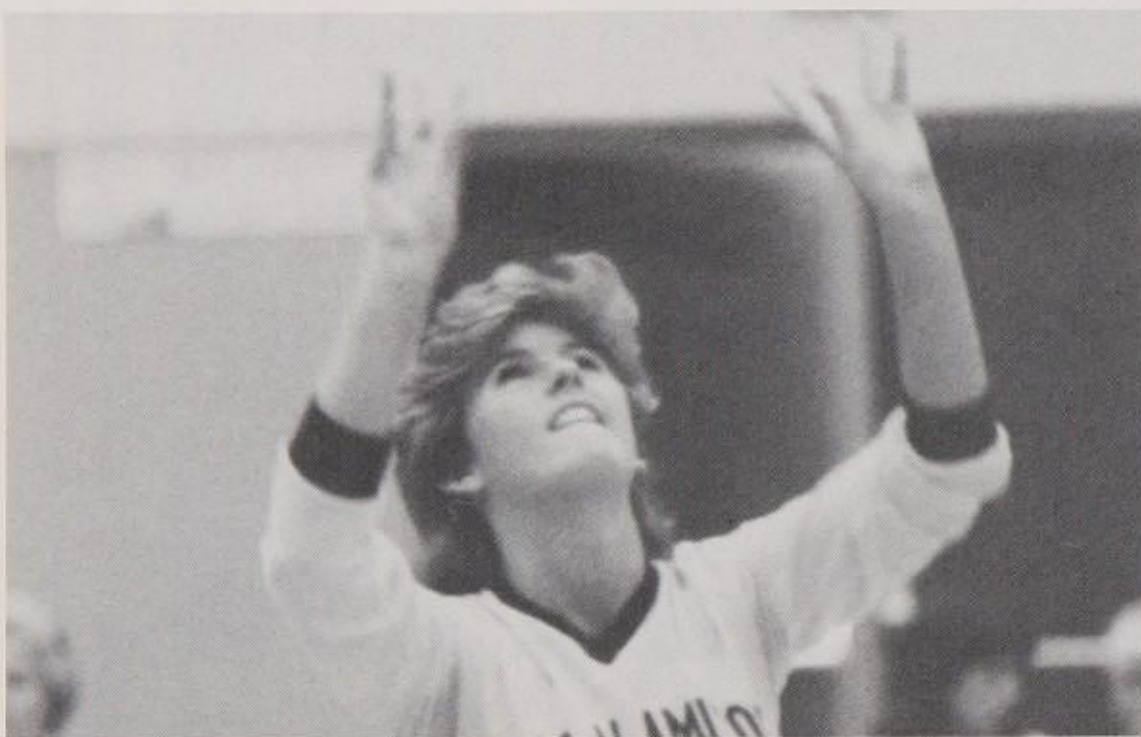
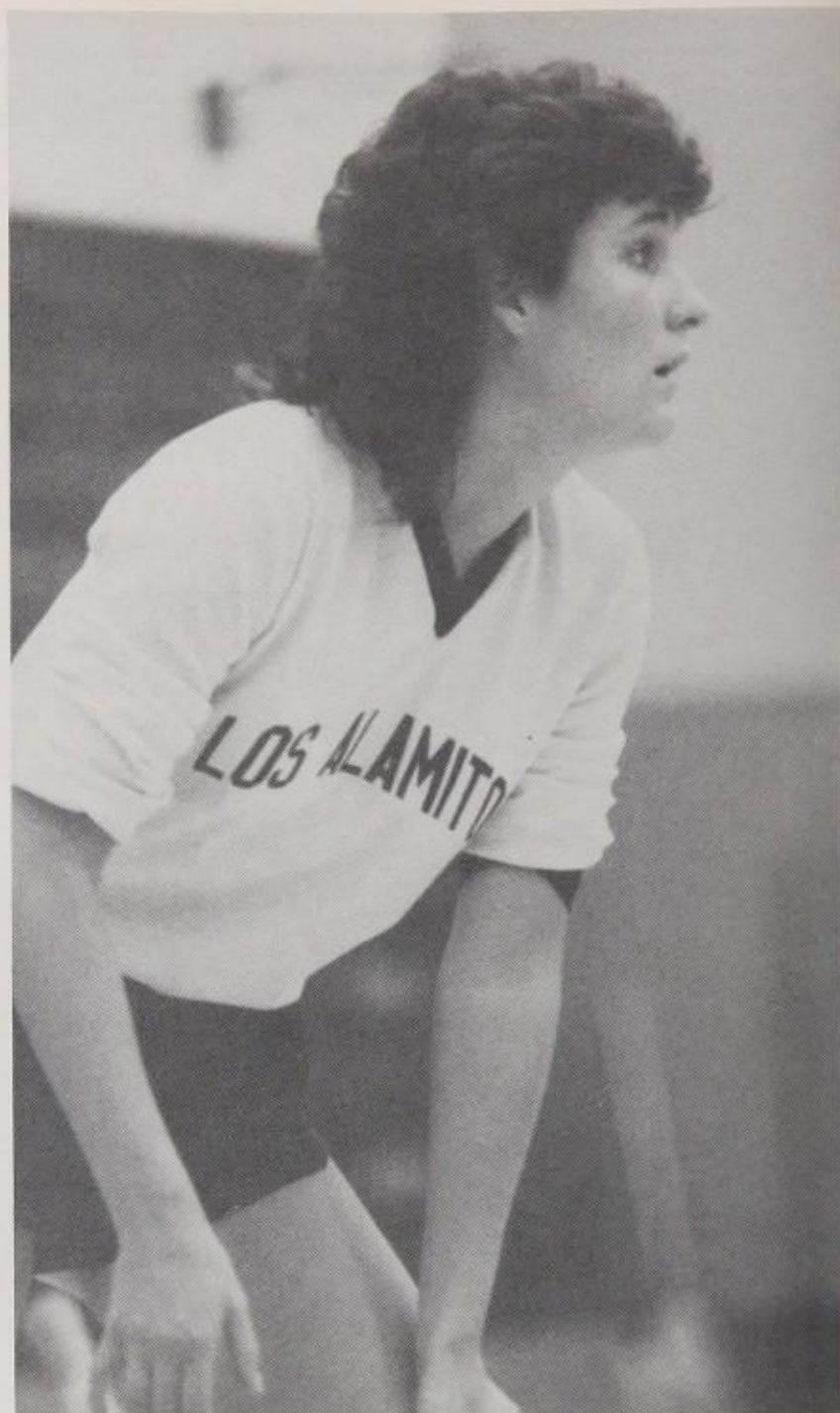


Surfers Hang Ten

Surfing is a California sport that takes courage, a great sense of balance, and, of course, a beach. Since the surf team is fairly new, and is an off-campus team, it is not well known. However, with winning competition surfing from people such as **Matt McGann**, **Doug McGann**, and **Doug MacCreedy** and supervision of their advisor **Mr. Anthony**, left, this team will hopefully become one of the exciting athletic choices that a student may select.

Volleyball Spikes Net

One very demanding sport, mentally and physically, is volleyball. This year the Varsity Squad consisted of seven seniors and only two juniors. Although they did not quite make it to CIF, they still had an overall good year, with many dedicated players. At the awards banquet, **Judy Chavez** was given the Most Valuable Player award. Judy brought the team together in times of trouble. The Junior Varsity team did well, also. Coached by Jami Moore, they all pulled together and enjoyed a fun and exciting season.



A dedicated person to volleyball, **Bonnie Burns** prepares for a final set. Her accuracy will be a deciding factor of this close game.

Senior, **Judy Chavez** concentrates on the serve she is about to receive. She has been on the volleyball team for her entire four years at Los Al.

Varsity Volleyball

Varsity Volleyball: Front Row- Deanna Hawks, Judy Chavez, Cathy Allard, Susie Kuzmich **Second Row-** Bonnie Burns, Mary Halal, Candy Hayashi, Lisa Jones, Jennifer Martinis, Coach Pat Giarratano.

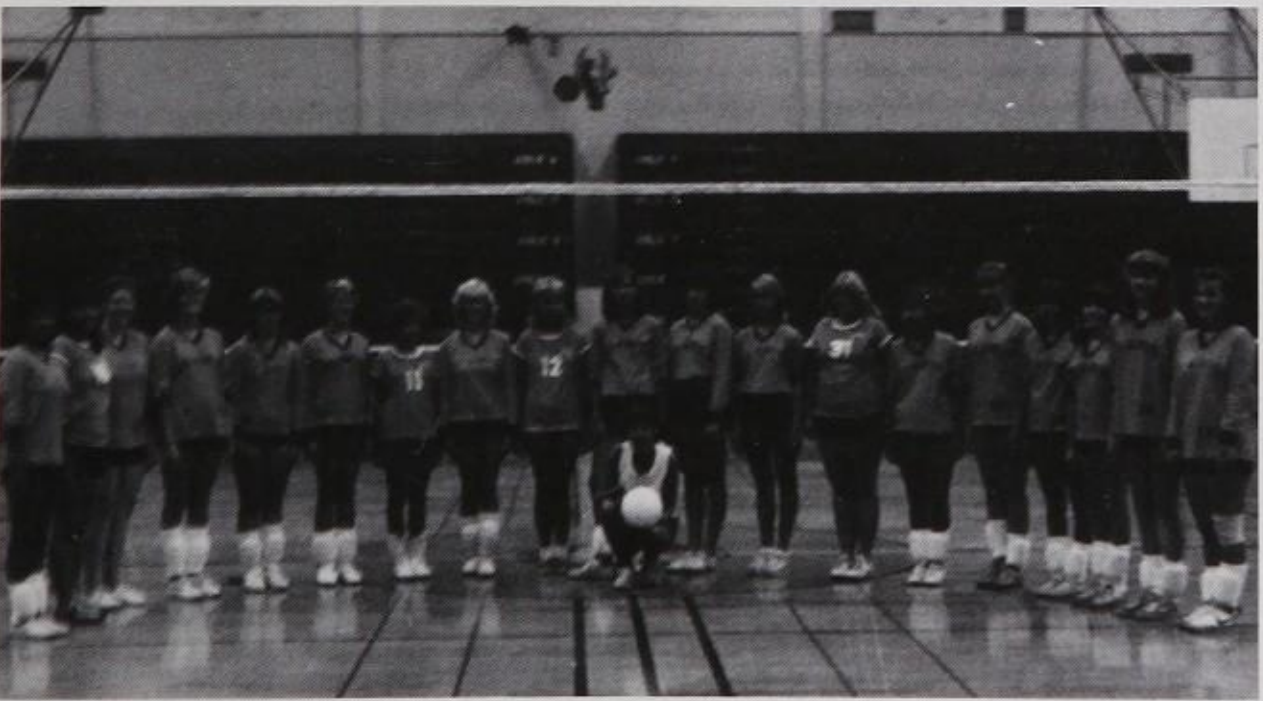




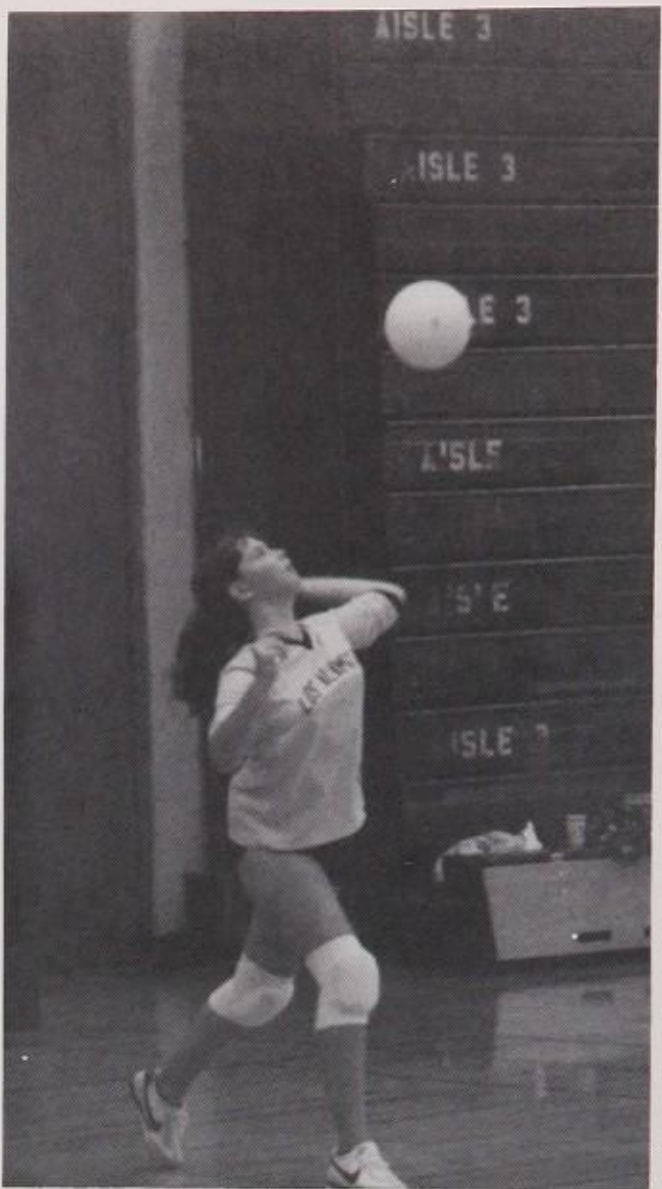
The art of keeping score is a responsible position to hold. **Teri Hubert** and **Laurie Navarro** pay close attention to this game.



Junior Varsity Volleyball: Front Row- Jami Moore **Second Row-** Teri Hubert, Joy Whitney, Paula Wasikowski, Linda Huff, Dyan Bills, Rhonda Bolton, Jackie Ethridge, Mary Reis, Jeanie Allard, Laurie Navarro.



Frosh/Soph Volleyball Team: Front Row- Donna Bohannon. **Second Row-** Kelly Chaides, Sally Lee, Dianne Mayores, Kathy Jenner, Samantha Kaseroff, Susan Guthrie, Lori Garcia, Julie Contz, Kelly Lynch, Julie Pool, Anthanasia Syrengelas, Heather Medcalf, Ashly Reekes, Shana Torem, Robin Lindley, Gail Chekoucas, Lauren Gershon, Lynn Clissold, Debbie Namm.



A strong serve is a superb way to begin a game. They must be powerful and direct. **Robin Lindley** tries not to fault on her second try.



Strategy is many times the key to a successful win or an unfortunate loss. Mrs. Bohannon gives the girls an encouraging plan.

Varsity Scores Goal

The 1983-1984 season was a very exciting one for the Los Alamitos Varsity Men's Soccer Team. The team worked on conditioning and shooting skills, as well as offensive and defensive skills, before the season started and continued to do so throughout the season.

Under the direction of Coach **Ron Schwandt**, the team strove to reach their main goal: to be the best team in the Empire League and enter the CIF playoffs. The team came close to succeeding, but did not meet these goals and have adopted them for next year.



Goalie **Steve Snyder** watches the world's first orbiting soccer ball. The ball is launched by fullback **Paul Park**. The Griffins greatly relied on their defense to hold the lead for Los Alamitos.



Bringing the ball down field and trying to set up a goal for the Griffins, halfback **Joe Hastie** does so, hurdling his opponent on the way.

Varsity Soccer

Front Row- Manager David Clayman, Jeff Coontz, Jamie McGann, Jason Zommick, Carmine Napoloran, Robbie Karzaroff, Fabrizio Zazzeron

Second Row- Coach Ron Schwandt, Steve Snyder, Ricky Shorridge, Joe Hastie, Arlo Jorgensen, Doug MacCready, David Harris, Dan Waechter, Paul Park, Bobbie Shorridge, Victor Flores





Junior Varsity Soccer: First Row- Kaveh Esteghamat, Scott Saxon, Chris Ziegler, Mark Magana, Bobby Shanaberger, Dihn Nguyen, Robbie Napoles, Jim Devlin **Second Row-** Mike Melencon, Issac Guzman, Wimp Libby, David Carlen, Pat McDaniel, David Hastie, Geoff Bickel, John Espinosa, Carmine Napolitano, Jim Dupuy



— JV Soccer Excels —

Under the direction of **Coach Brett Davis**, the JV Soccer Team played well throughout the season. Finishing third in the Empire League, the team played against many tough competitors and came out with many victories. The teams excellent defense and explosive offense was the reason for their success. Varsity forward **Ricky Shorridge**, left, dribbles downfield. JV goalie **Mark Magana**, above, makes an outstanding stop to save a goal.

Frosh Score Victory

The whistle blows meaning the game is over. Los Al's Freshman team is the winner of the game. The score, 9-1. The team had many games like this. The Griffin freshmen were a dominant force in the Empire League this year. Under the supervision of coach Jerry Stowell, the Junior Varsity team did very well in the first year of the team's history. This was the first all freshman Soccer team for Los Al. The team worked very hard on their offensive and defensive skills and went into each game in good shape and left the games with a winning attitude.



Making another spectacular save, goalie **Lance Sparkman** concentrates on not letting this ball get in the net. Lance did this consistently throughout the season, as did **Dale Lane**, the other freshman goalie. The two goalies together helped hold leads for the Griffins.

Halfback **Dino Syrengelas** is a very smart player on the Soccer field. Using his head, Dino knocks the ball upfield.



Quenching their thirst with a bottle of water as they walk off the field are halfback **Eric Schwandt** and goalie **Lance Sparkman**.



Freshman Soccer: Front Row- David Conbs, Grant VanCleve, Gary Sindair, Leland Jay, Paul Reyes, Mike Humphries, Eric Schwandt, Derik Sparta, Dino Syrengelas **Second Row-** Kenny Montgomery, Lance Sparkman, Scott Sargeant, Eddie Manfro, Brian Nastie, Todd Campbell, Danny Vela, Dale Lane, Shane Tscherny, Coach Stowell



JV Girls Soccer

Junior Varsity Soccer:

Front Row- Charito Adle, Lesley Durkee, Susana Grote, Sheila Fajado

Second Row- Danelle Burick, Sheri Long, Cindy Morin, Kathy Pelligrino, Ainee Newlander, Joanna Williamsy

Third Row- Coach Wectar, Mary Younkin, Stephanie Welch, Diana Barrientas, Brenda Voorring, Candy Cheesbro

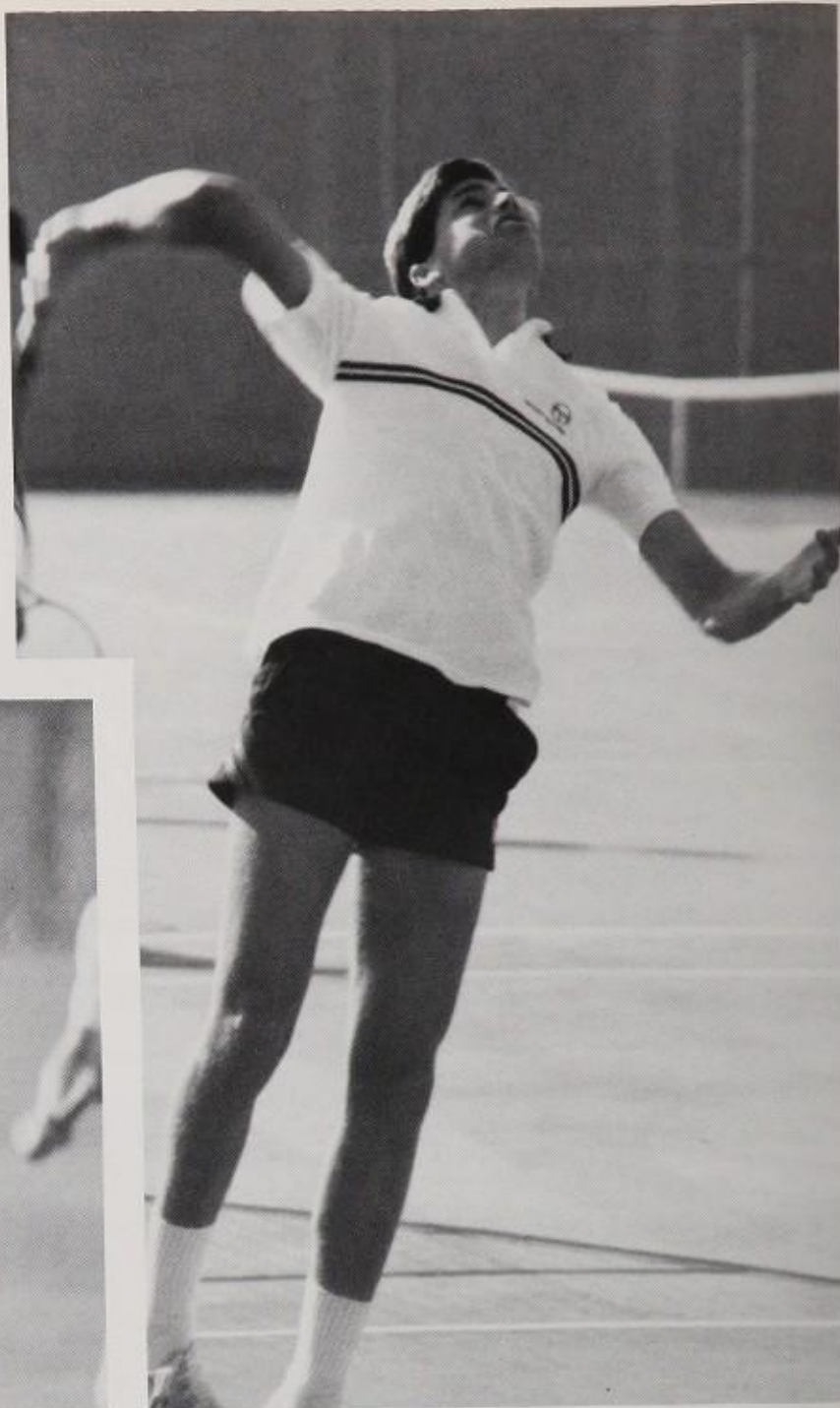


Soccer Women Win

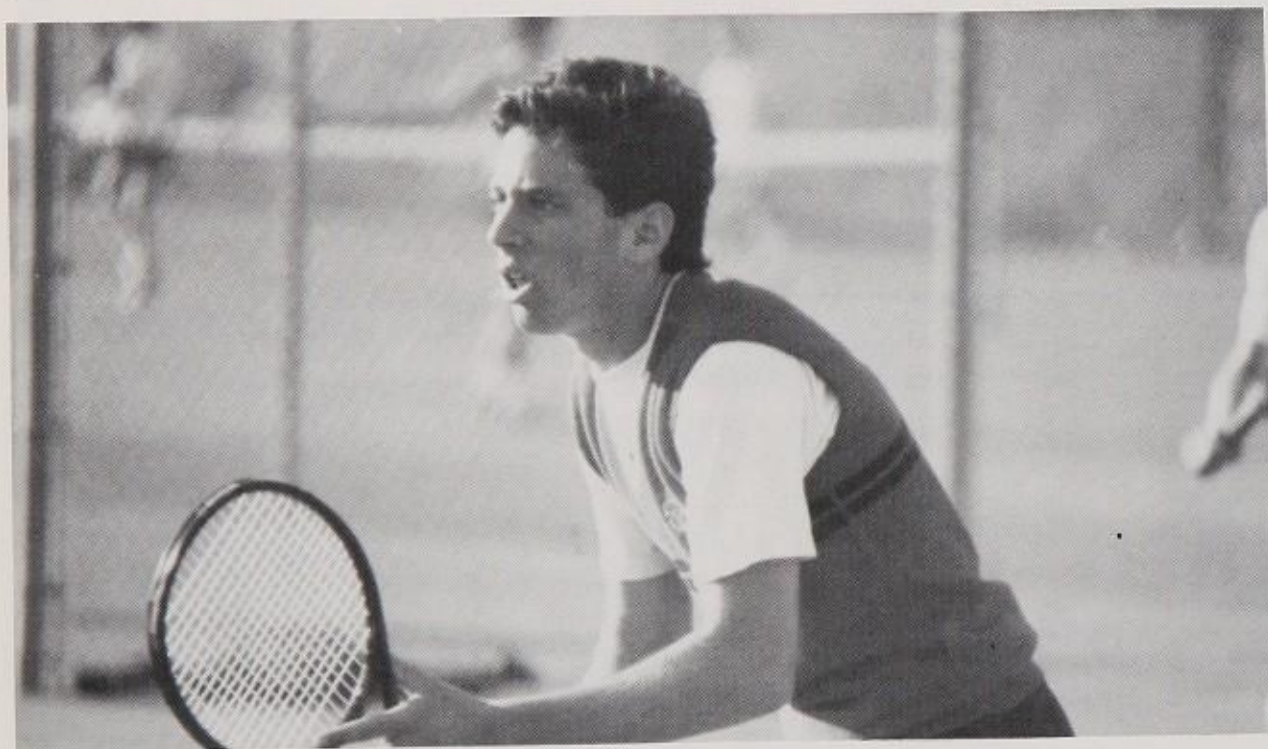
Pushing past an opponent is **Lesley Durkee**, left. A tired **Stephanie Able**, above left, chases after the ball. Keeping her eye on the ball is **Heidi Sendro**, above. **Varsity Soccer Team Members:** Stephanie Able, Mara Bloom, Nancy Clark, Maria Eschenbrenner, Julie Fusco, Mary Halal, Lori Heinselman, Terri Hubert, Lori Jack, Lisa Kanasi, Jennifer Martinez, Mali McGolden, Wendy Salisbury, Julie Schulz, Heidi Sendro, Stacey Wilford, Hillary Rourt.

Netters Ace Regatta

Under the careful direction of Coach Ken Parker, the Men's Varsity Tennis team spent two to three hours a day in practice and participated in meets and tournaments several times a week. In order to gain more experience the team spent three weeks in pre-league games playing schools who are outside the Empire League. Once league games began they spent two months vying for the championship. Although tennis is generally thought of as an individual sport the Men's Varsity Tennis team, through dedication and loyalty, created a team out of a group of individuals.



As he looks toward the sky for the oncoming ball, **Scott Fernbach** fully extends his arm to gain enough momentum to stifle his opponent's chances.



During a recent match, **Michael Posner** focuses on the ball as it rushes towards him. Michael knows the importance of this match and therefore takes it very seriously. Concentration is imperative for adequate survival in this highly competitive, highly viable sport.

Varsity Tennis

Varsity Tennis: Front Row- Michael Arias, Michael Posner, Ian Barstow, Michael Egan, Eric Arias, Alan Go **Second Row-** manager Sean Carlson, Jason Zommick, Matt Bateman, Robbie Wilson, Kir Codik, Fabrice de Saint Chaffray, Scott Fernbach, Tom Hefferen, Darrin Smith, Coach Ken Parker, star girl Kelly Smith

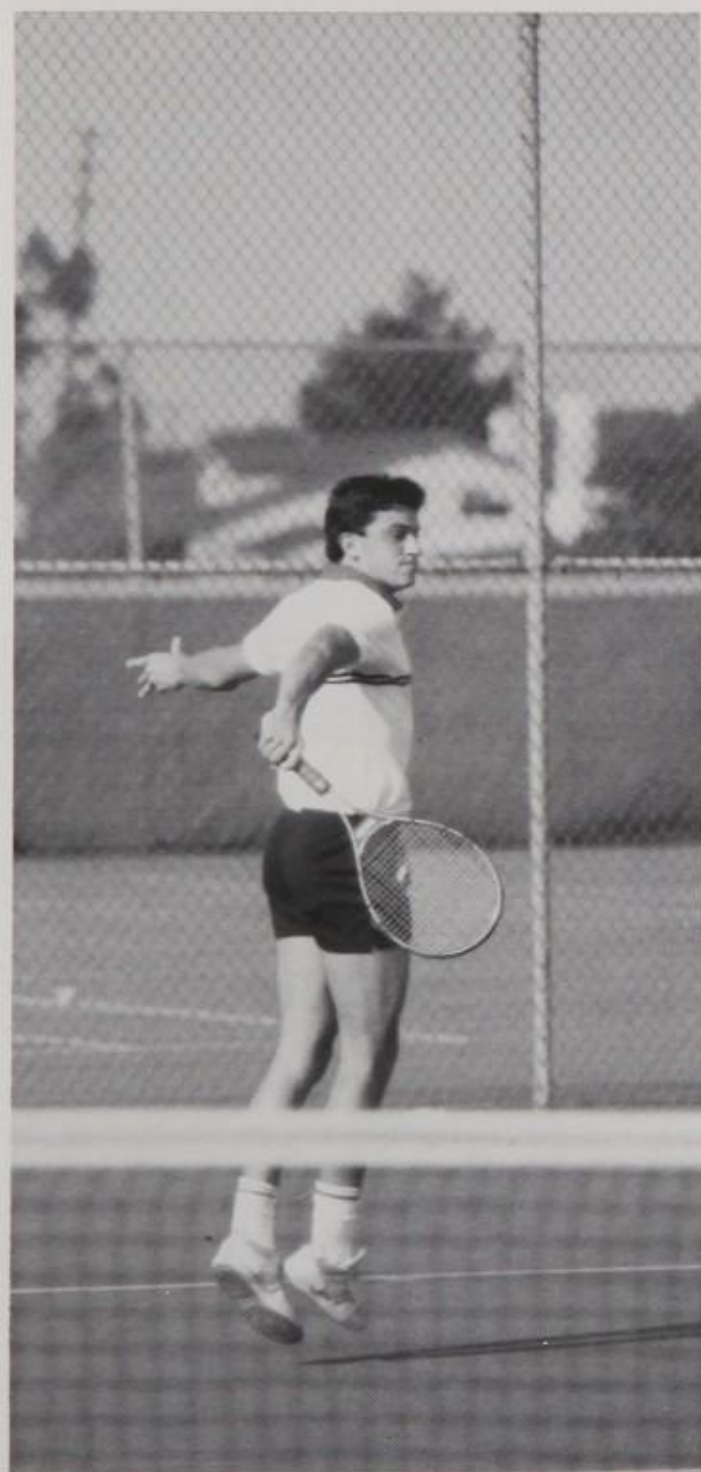




Tom Hefferon sky-rockers into the air to gain control over the ball. He returns the ball with more power and speed than his opponent expects.



Eric Arias steps forward to lob the ball back over the net. Eric's commitment to the game is responsible for his outstanding success on the team. He and his brother Michael are both an asser to the team.



Fabrice de Saint Chaffray uses a pivot to put his arm's strongest muscles behind the ball. **Matt Bateman**, right, raises on tiptoe for best mobility during a backhand swing.



Junior Varsity Tennis: Front Row- James Sippelle, Devin Last, Ramchand Parriarco, Kentro Brooks
Second Row- Steven Vames, Scott Rober, Jeff Gimbalo, Michael Chen, Gary Sinclair, Carl Gaede, Eric Roberts, Randy Pain, Payman Bidarl, Jimmy Chou
Third Row- Sean Carlson, Chris Ehler, Fabrizio Zazzeron, Thomas Nockold, Robert Leff, Troy Deutscher, Larry Reinking, Lance Walker, Chris Buonocore, James Ken, Kurt Sava, Chris Bole, Coach Parker



Swimmers Cut Wake

There are many different events which a swimmer can participate in. All are composed of different distances of back stroke, butterfly and/or freestyle.

The women's swimming team was composed of thirty-one members. Three outstanding women qualified for CIF finals: **Shari Carll, Julie Gilchrest** and **Fiona Sinclair**. The men's team was built of twenty-six members; **Adam Gregory, Derek Hobbs, Jack Perisho** and **Phil Wyles** qualified for CIF.



Swimming back stroke, **Dan Gregory** picks up his pace so that he can keep the lead and win his race.



Before her race **Judy Holzgang** works for the team. She often helps record times of swimmers and stops the timer at the lanes during the meet.



At the end of the pool **Bob Kassel, Kathy Spiegel, Paula Nasakowski, Shelley Colaluca, Debbie Mukumal, Shahana HassenReep,** and **Ashley Reekes** help cheer a fellow swimmer on to another victory.

Varsity Swimming

Men's and Women's Varsity

Swimming: Front Row- Barry Sinclair, Jim Oberaker, Kent Ramseyer, David Carpenter, Danny Gregory, Mike Patrick, Ed Hirsch **Second Row-** Paul Carter, Bob Cassel, Michele Adams, Rochele Adams, Rhonda Peterson, Shahana HassenReep, Stephanie Welch, Lisa Bailor, Kathy Ernst, Ivy Chou **Third Row-** Scott Leonard, Mike Srea, Judy Holzgang, Elizabeth Schuck, Barbara Habenicht, Ashley Reekes, Shelly Colaluca, Mary Reis **Fourth Row-** Jack Perisho, Fiona Sinclair, Derek Hobbs, Marc Alpert **Fifth Row-** Kerry McMahon, Shari Carll, Julie Gilchrist, Susan Guthrie, Jenni Buys, Andrew Scheiner





Frosh/Soph Girl's Swim Team: Standing- Coach Gruff, Coach Guthrie, Sandy Daniels, Debbie Namm, Grace Wang, Terri Estes, Julie Meadows, Michele Adams, Marcia Kingsbury, April Delaney, Shari Hansen, Corinne Haskins, Kerry Kyle, Lisa Hess, Michele Pagenkopp, Kathy Spiegel, Kristi Spiegel, Shana Torem, Lynn Clissold, Mary Reis, Kelly Chaides, Ashley Reekes. **Sitting-** April Jones, Meg Sanregret, Ellen Wilkerson, Amy Wandstrat, Stephanie Robertson, Rhonda Peterson, Paula Wasikowski, Rochele Adams, Shahana Hassen-Reep, Denise Kaneko, Kelly Lynch, Stephanie Welch, Lori Garcia.



Frosh/Soph Men: Front Row- Steve Mucciario, Robert Rhyu **Second Row-** Lance Scheiner, Phil Barnes, John Englert, Scott Lisrouich **Third Row-** Trent Charlton, Craig Malone, Andrew McMahon **Fourth Row-** Eric StMartin, David Fusco, Barry Sinclair

Swimmers Gulp

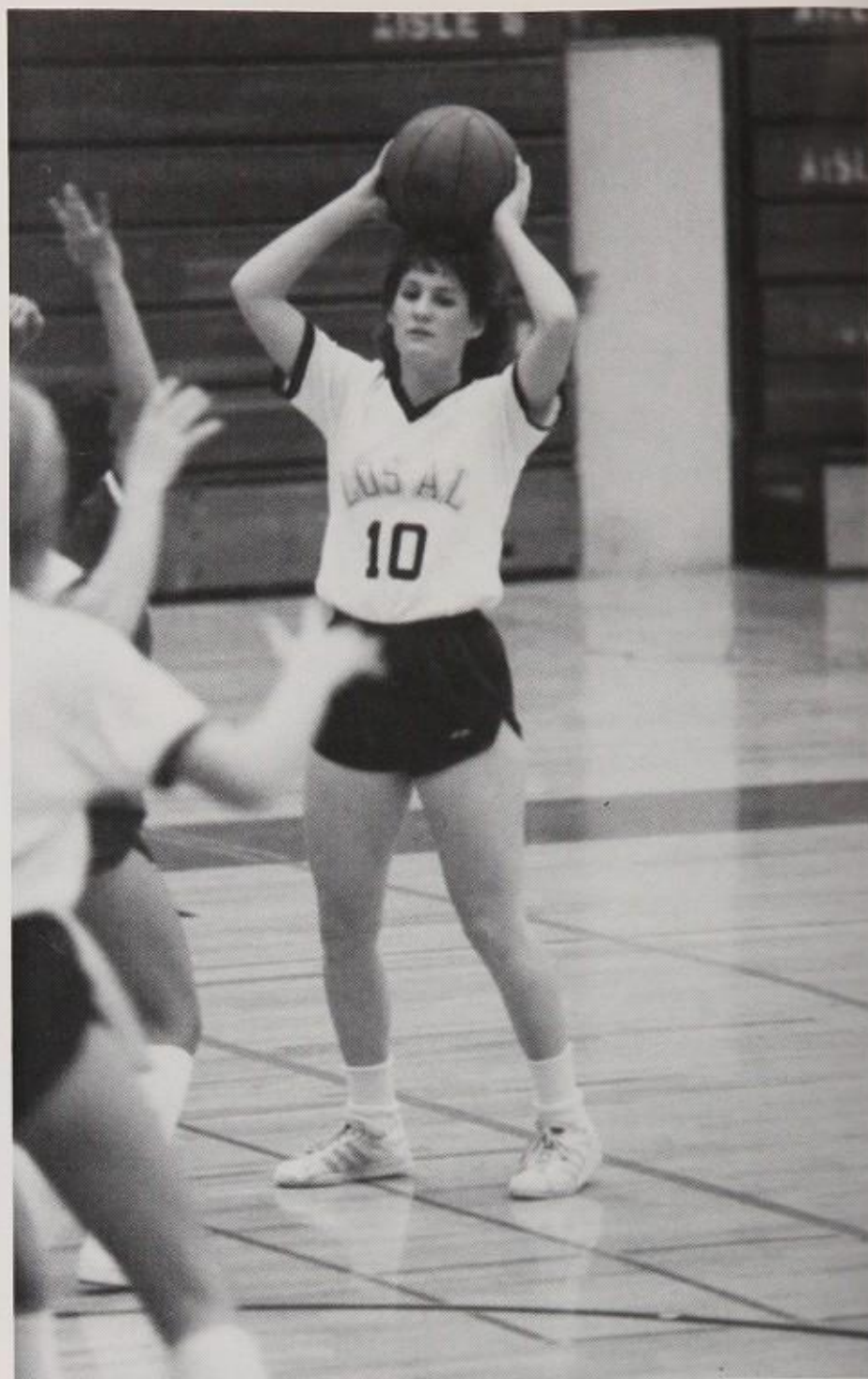
Swimming is a very rewarding sport, and students strive to do the best that they can. **Julie Gilchrist**, upper left, is a four year varsity swimmer, a record holder in the one hundred yard relay and backstroke relay, and a holder of the Athletic Achievement Award-Press Telegram. After a stressing race **Derek Hobbs**, middle left, rests at the end of the pool and asks what his time was. Swimming back stroke in a race, **Barbara Habenicht**, above, strives for a great time.

Shots Sink Rivals

The girl's basketball program shoots toward the goal of training its participants in the fundamentals of basketball and overall athletic sportsmanship. Although the program lacked its much needed recognition, the girls devoted themselves to a successful season. An all-around effort by the teams as a whole overrode any one individual star. The most remarkable aspect of all the teams, Varsity, Junior Varsity, and Freshman/Sophomore, is the ability to maintain high spirits through rough waters and to continue to contribute their talents to the athletics program.



With fierce concentration, senior co-captain **Alicia Welch** charges past an opponent on route to her goal, to gain another basket to stifle the competition. Alicia was a consistent high scorer for each game throughout the season.



Starting point guard, senior **Judy Chavez**, searches the key for an opportunity to assist another team basket. Coach Moore depends on Judy's skill to pull the team up in the league rankings.

Varsity Basketball

Girl's Varsity Basketball:

Kneeling- (co-captain) Judy Chavez, (co-captain) Alicia Welch.
Standing- Coach Debbie Fleming, Suzy Triplett, April Alvarez, DeAnna Hawks, Stacy Lee, Jeannette Dorsey, Mary Reis, Kelli Moore, Coach Jami Moore. To celebrate the season, a banquet was held in the girls' honor. There the awards were presented for the most outstanding players. The award for Best Defense went to **Alicia Welch**. The Best Offense Award was given to **Jeannette Dorsey**. Last but not least, **Kelli Moore** was named as the Most Valuable Player.





Since a shot or pass to the center seems impossible, **Catherine Gaw** passes the ball to the point guard to restart the play.



Junior Varsity Girl's Basketball: Kneeling- Traci Engel, Kathy Spiegel, Denise Kaneko, Gail Chelkouras, **Standing-** Coach Jami Moore, Co-Captain Deanna Benstead, Co-Captain Julie Herbert, Diane Lawrence, Arlene Bruno, Catherine Gaw, Coach Debbie Fleming.



As Los Al sets up its offense, **Denise Kaneko** concentrates as she dribbles down the court where her awaiting teammates position themselves around the key. Denise is the starting point guard.



Ferocious freshman number twenty-four, **Shelley Skoglund**, fiercely thrusts the ball to a teammate as another girl comes to her aid in case of a sudden, crucial interception.



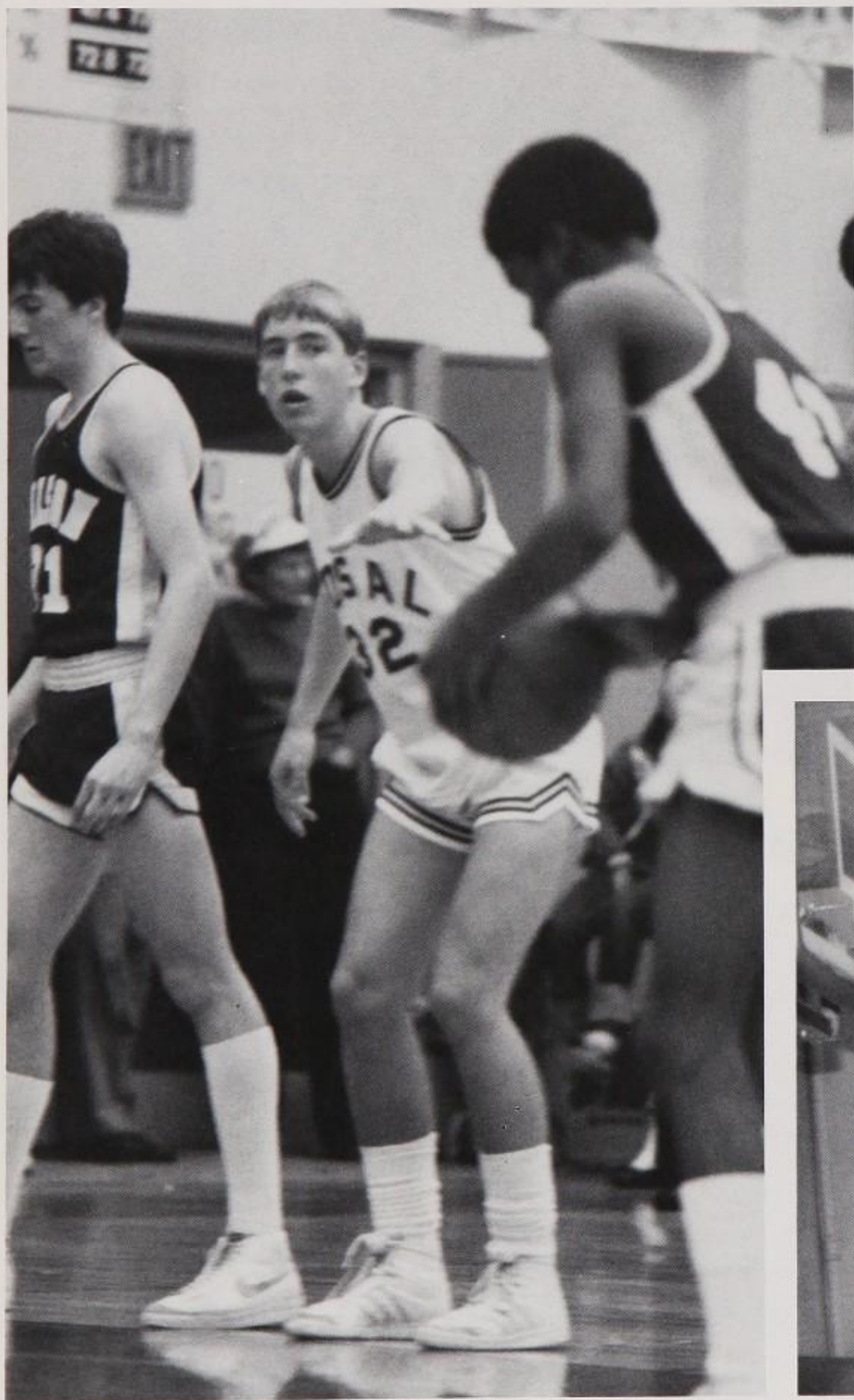
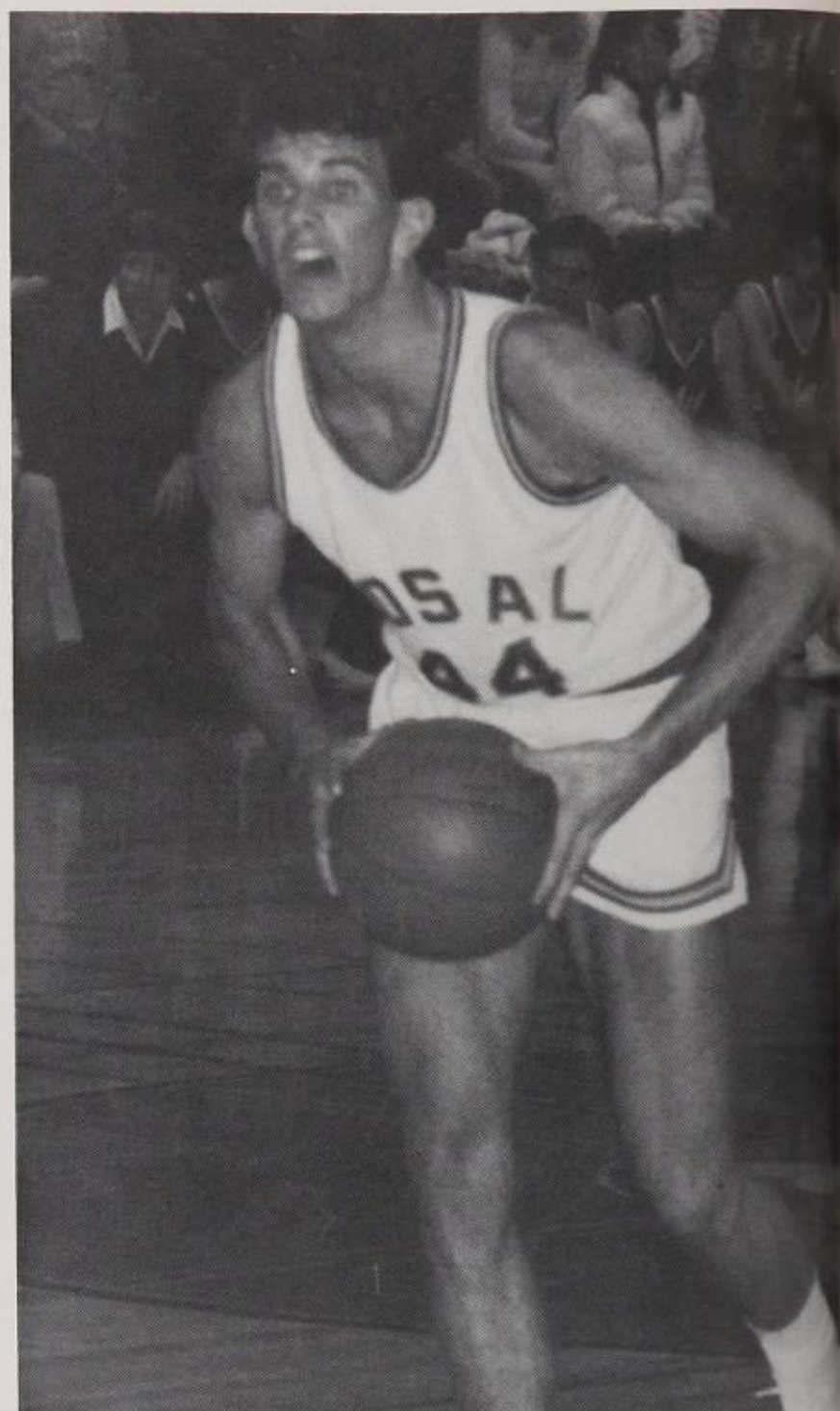
Freshman/Sophomore Girl's Basketball: Front Row- Cindi Ross, Julie Meadows, Carrie Oliver, Shannon Polacek, Kate Odonnell, Shelley Skoglund, Shannon Bruce **Second Row-** Shelly Chandler, Kari Gunn, Stacy Thomas, Michelle Palermo, Shannon Ming, Tricia Hatfield

— Shoot Onward —

At the girl's basketball banquet, the Junior Varsity team's Most Valuable Player award was presented to **Denise Kaneko**, the Most Improved was awarded to **Traci Engel**, and the Most Inspirational was given to **Diane Lawrence**. The team recognized **Michelle Palermo** as the Most Improved player, and **Tricia Hatfield** as the Most Valuable Player. The Coach's award was presented to **Kate Odonnell**.

Men Capture Title

With three returning varsity lettermen, the Los Al Varsity Basketball team again captured the Empire League's first place title. A record of 12-2 qualified them for CIF playoffs. Overall, all the players performed consistently well throughout the entire season. **David Stockwell**, three year varsity letterman, was an all league player two years in a row and was selected for the Register's 1984 **All-Orange County** Basketball team. **Keith Kaub**, two year varsity letterman, also was chosen for the **All-Orange County** team, joining only five previous Griffins. Point guard **Casey Stetler** set a new school assist record for a game.



While the shooter prepares a free throw, senior **Jeff Weber** extends his arm to get ready to block out any opponents' chances to grab the rebound. Jeff is a steady all-around player.



Displaying his shooting ability, **Paul Crandall** stuns his opponent. Paul is an essential to the inside game under the basket.

Varsity Basketball

Varsity Basketball:

Standing- Sean Belle, J.T. Snow, Casey Stetler, Jeff Weber, Paul Crandall, Andy Woods, Keith Kaub, Tim Irvin, David Stockwell, John Reparuk, Mike Willis
Kneeling- Coach Brooks, Coach Diffie

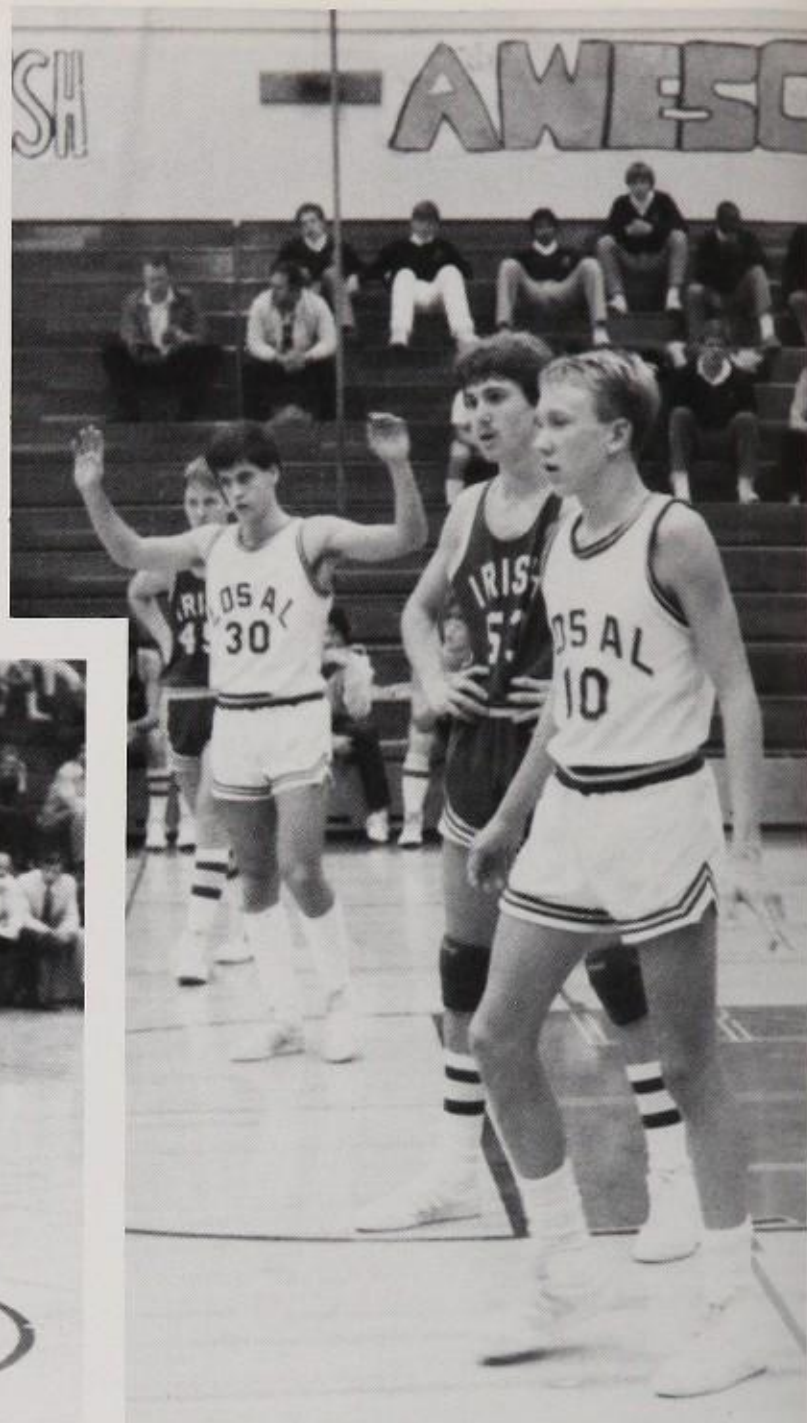


Seniors are an important asset to the varsity team. Their experience and leadership are taken for granted. **Casey Stetler**, far left, shows his decisiveness by calling a crucial offensive play. Shooting, **Keith Kaub** displays his aggressive manner. Three year letterman, **David Stockwell**, above, psyches himself up for a free throw shot.



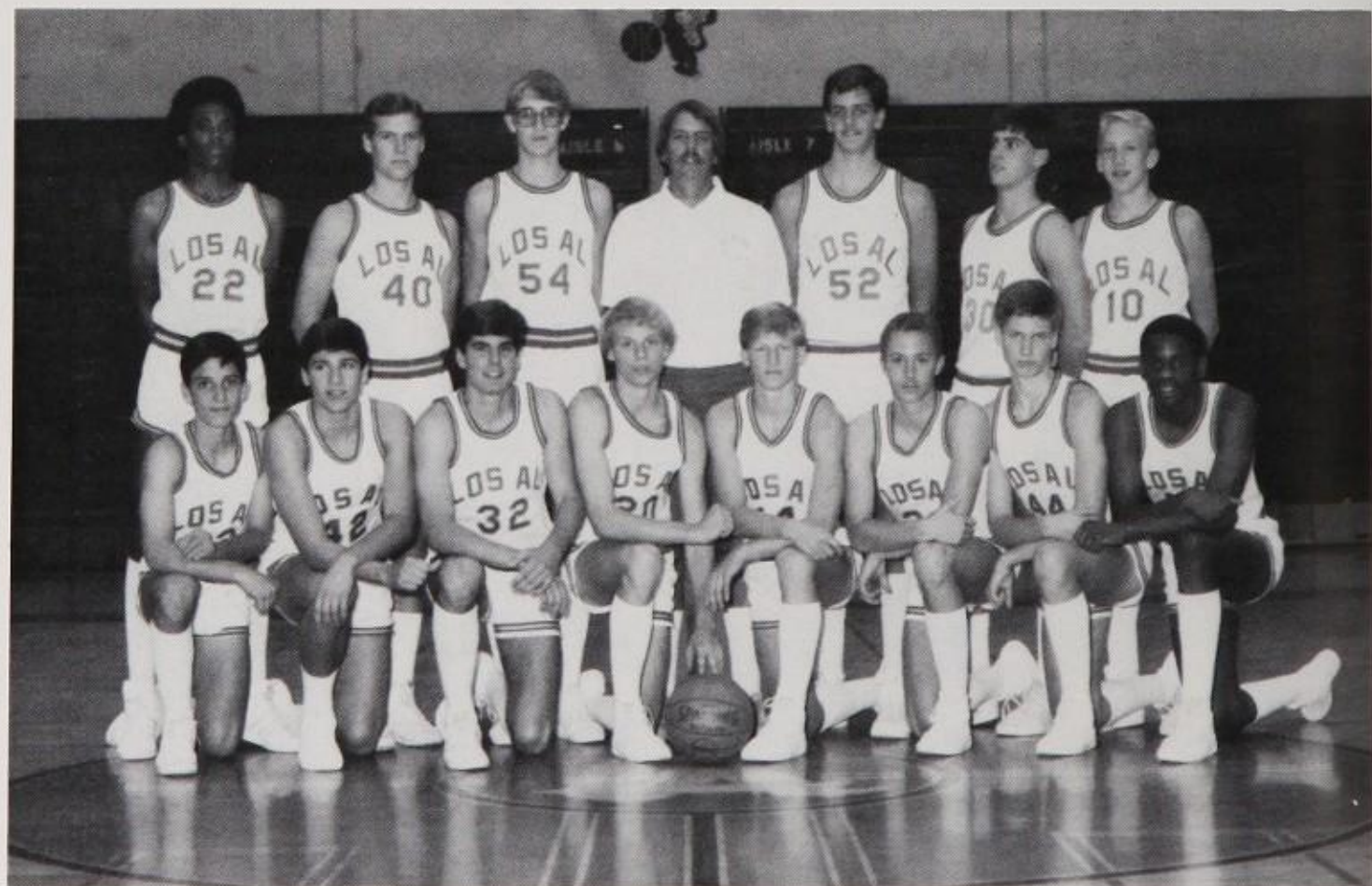
JV Beaches Opposition

The Junior Varsity Griffin Basketball team sailed through the season with flying colors. The team maneuvered skillfully through rough waters and came out victors, capturing the prestigious third place title. They launched the beginning of the season with the determination to conquer all opposing forces. Overall, several outstanding players exhibited their skill throughout the season. For example, the leading scorer and rebounder for the year was **Todd (Weep) Jorgensen**, and **Robbie (Dip) Goodman** led the team in assists.



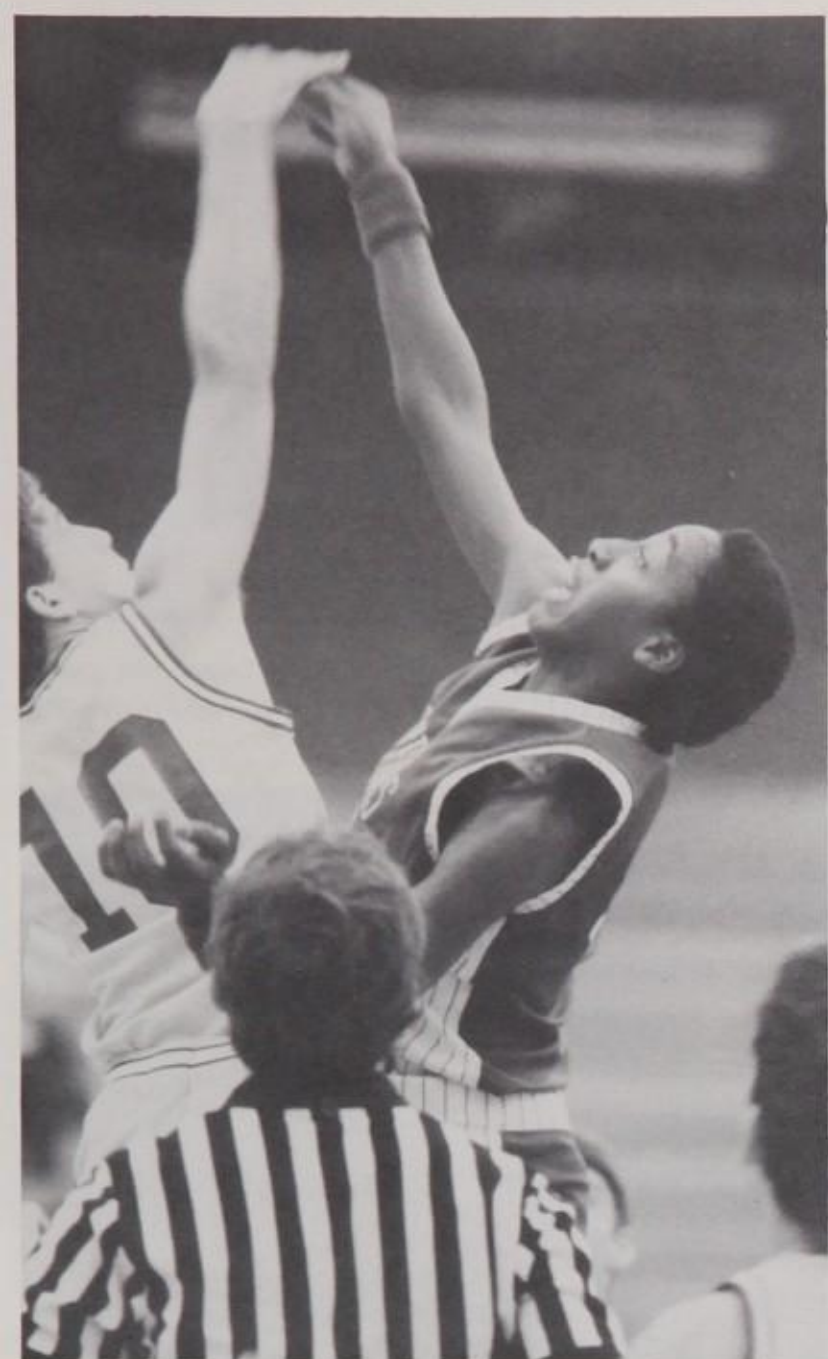
Bart Smith and Mark Lewis get ready to spring into action as Todd Jorgensen concentrates on a free throw. They are within sight of a goal.

Starting players, Travis Tarchione and Robbie Goodman psyche themselves to meet the oncoming offense. The defensive plays are crucial to a game's outcome.



Junior Varsity Basketball: Front Row- Garret Olson, Mark Lewis, Troy Deutscher, Dylan Fast, Jan Geldbach, Craig Grennon, Derek Bowen, Keith Shivers **Second Row-** Cornelius Lyle, Todd Jorgensen, Mark Wilderman, Coach Mickelson, Bart Smith, Travis Tarchione, Robbie Goodman

Great height is required to successfully thrust a jump ball into a teammate's grasp. **Bart Smith** measures up.



Tremendous exertion is necessary to get the tip-off of a jump ball. **Mike Lewis** exhibits the required effort with the showmanship of an expert. To obtain the ball can lead to another possible advantageous two points.



To block his opponent's chance of getting the rebound is **Scott Sorenson's** goal. **Kevin Strawbridge** also prepares to grab the ball and run a fast break.



Sophomore Basketball: Front Row- Oscar Ribadeneira, Jim Weber, Todd Carcelero, Coach Canon, Darryl Baker, Kevin Falsken, Bernard Caburian **Second Row-** Steve Swagel, Mark Schmitz, Gary Loe, Todd Paulos, Randy Hacker, Mark Bellwood, Steve Howard, Rich Morgan



Freshman Basketball Team A: Kneeling- Coach Fujimora **Standing-** Roy Lin, Tommy Foster, Deron Scott, Michael Lewis, Scott Sorenson, Rick Helms, Alex Carpenter, Mike Rogers, James Everett, Bernard Peters, Kevin Strawbridge, Scott Omohundro



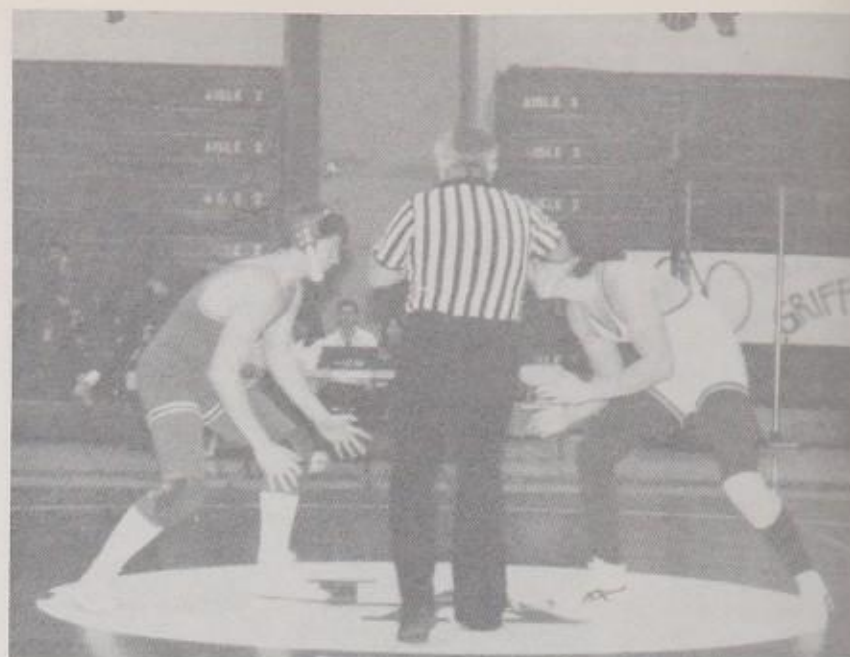
Freshman Basketball Team B: Front Row- Carl Gaede, Frank Quertga, Mark Parkinson, Coach DePrez, Kevin Mahoney, Robby Nen, Justin Knox **Second Row-** Steve Irwin, Doug Wadleigh, Steve Tarver, Steve Smith, Paul Wilderman, Nick Woods, Greg Merchant, Greg Irwin

Forces Strifled

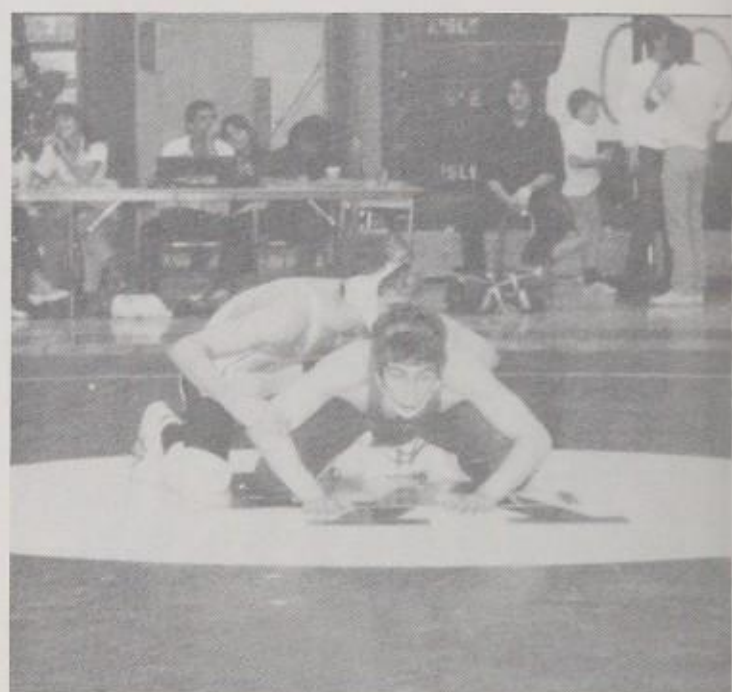
The Sophomore Griffins had an extremely prosperous season. With a record of 13 and 1, they captured the first place title. The deck hands proved their ability to defeat any daring challengers. The Freshman A team emerged with an admirable season record. For the first time ever, a Freshman B team joined the crew and, likewise, upheld the winning tradition.

Grapplers Pin League

The excitement of wrestling rang through the Los Al campus. With opportunity to improve last year's seasonal record, the team worked hard together to gain each victory. Although there is only a limited amount of Griffin teamwork involved in wrestling, the team was a unit and each individual win was a win for the squad. With much team talent, the Griffins fared well in seasonal meets. With a final rush of adrenalin, each anticipated qualifying for CIF. Under the coaching of **Mr. Bowers**, their practices consisted of drills in conditioning and weightlifting.



First year junior varsity wrestler **Steve Dennis** prepares for his match by psyching his opponent out with his glaring eyes. Steve proceeded to win.



Junior Varsity Wrestling: Front Row- Tom Sugihara, Lenny Fontanez, Mike Mullaney, Mike Barton, Joe Vaca, Bruce Malin, Mark Alpert. **Second Row-** Ray Jordan, Paul Whiracre, Kevin Polacek, Mike Asher, David VanWinkle, Steve Dennis, Sean Murphy

Next year's co-captain **Keith Lifshin** begins the second round in starting position. **Kurt Ripplemeyer** will share honors with Keith for next year's team.



Derric DuBourdieu shows us that although he is small in size, his spirit and determination will ultimately prevail.

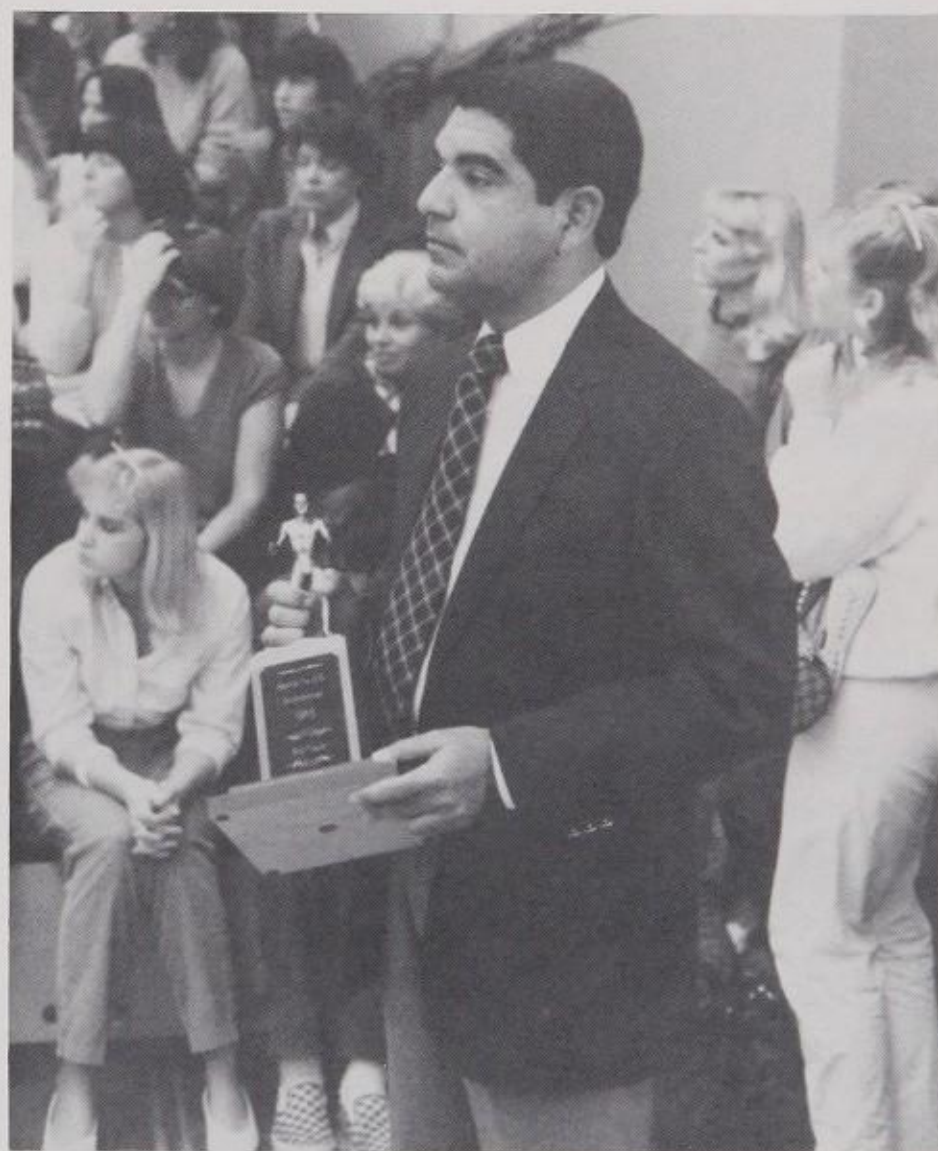
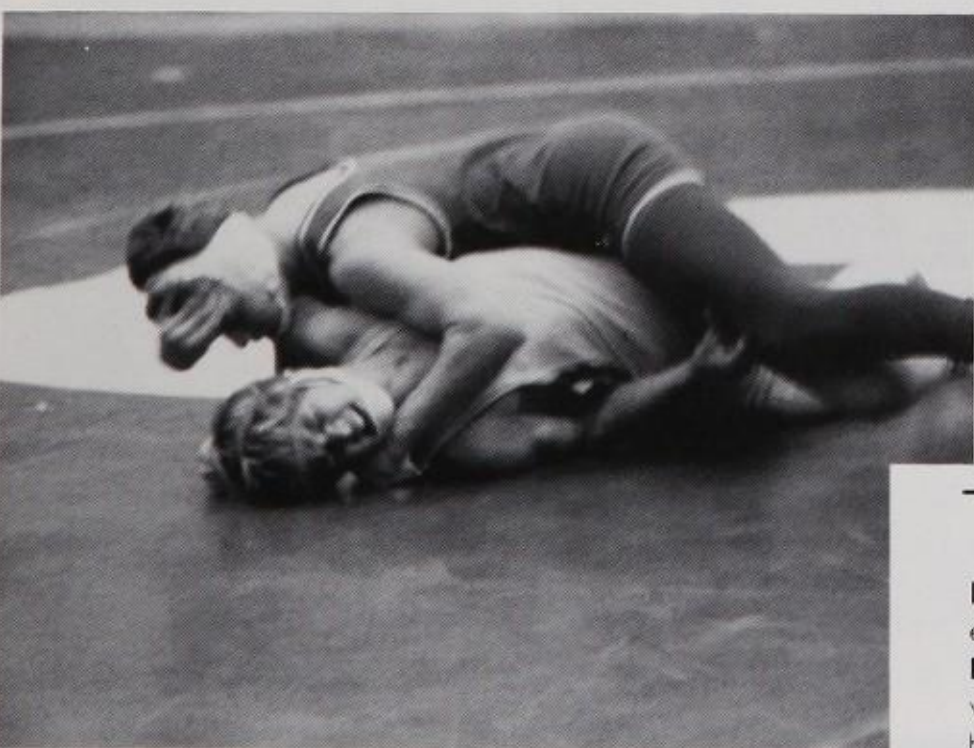


Frosh/Soph Wrestling: Front Row- David Loecke, Ronnie Scanlon, John Morgan, Derric DuBourdieu, James King. **Second Row-** Glen Barrett, Brett Miner, Bill Inman, Andy Remner, Corey Quinn, Danny VanWinkle

Varsity Wrestling

First Row- Hugo Fajardo, Dirk Rippelmeyer, Keith Lifshin, John Fajardo, Scott Welsh, Glenn Urata, Mike Hernandez

Second Row- Brian East, Rich Morgan, Robert Brakke, Kurt Rippelmeyer, Chad Kemp, Sean Murphy



Down For Pin

Muscles strained, adrenalin flowing and intense concentration present, **Kurt Rippelmeyer**, above left, attempts to flip his opponent for an eventual pin. Dr. **Rudy Castrita**, above, presents co-captain **Robert Brakke** with the Santa Fe High School wrestling tournament's most valuable athlete trophy. **Keith Lifshin** shows his tremendous strength as he near falls his fellow wrestler.

Girls' Softball Swings

The Los Alamitos girls' softball teams, with their minds set on CIF, put forth their strongest efforts and skills to make this the winningest season yet. Thought to be one of the best teams in Los Al history, the girls had strenuous workouts each day learning batting drills and strategies to outplay the opposing teams. Coach **Jamie Moore**, with years of experience in softball has learned from past seasons to work hard with the girls and make them the best possible softball players that they can be. With good team effort and sportsmanship the girls were tops in their league.



Walking back to their dugout **Teri Hubert** and **Jeanne Allard** talk about how close that last call was. It resulted in a double play for the opponent.



Alicia Welsh prepares to go to bat against Kennedy. A veteran of the Varsity Softball team she has helped the team to many victories.

Varsity Softball

Varsity Softball: Front Row-

DeAnna Hawks, Nicole Eliades, Alicia Welsh, Nancy Clark, Tammy Wuestroff

Second Row- Coach Jami Moore, Jeanne Allard, Teri Hubert, Kelly Moore, Terri Ochampaugh, Julie Johnson, Jamie Megna, Wendy Poe





Girls' JV Softball: Front Row- Stephanie Soldano, Traci Engel, Debbie McNhyre, Kare O'Donnell, Lisa Mills, Kim Kondra **Second Row-** Coach Giarratano, Candi Chesebro, Susie Kiker, Karen Schindler, Lisa Jones, Susie Kuzmich

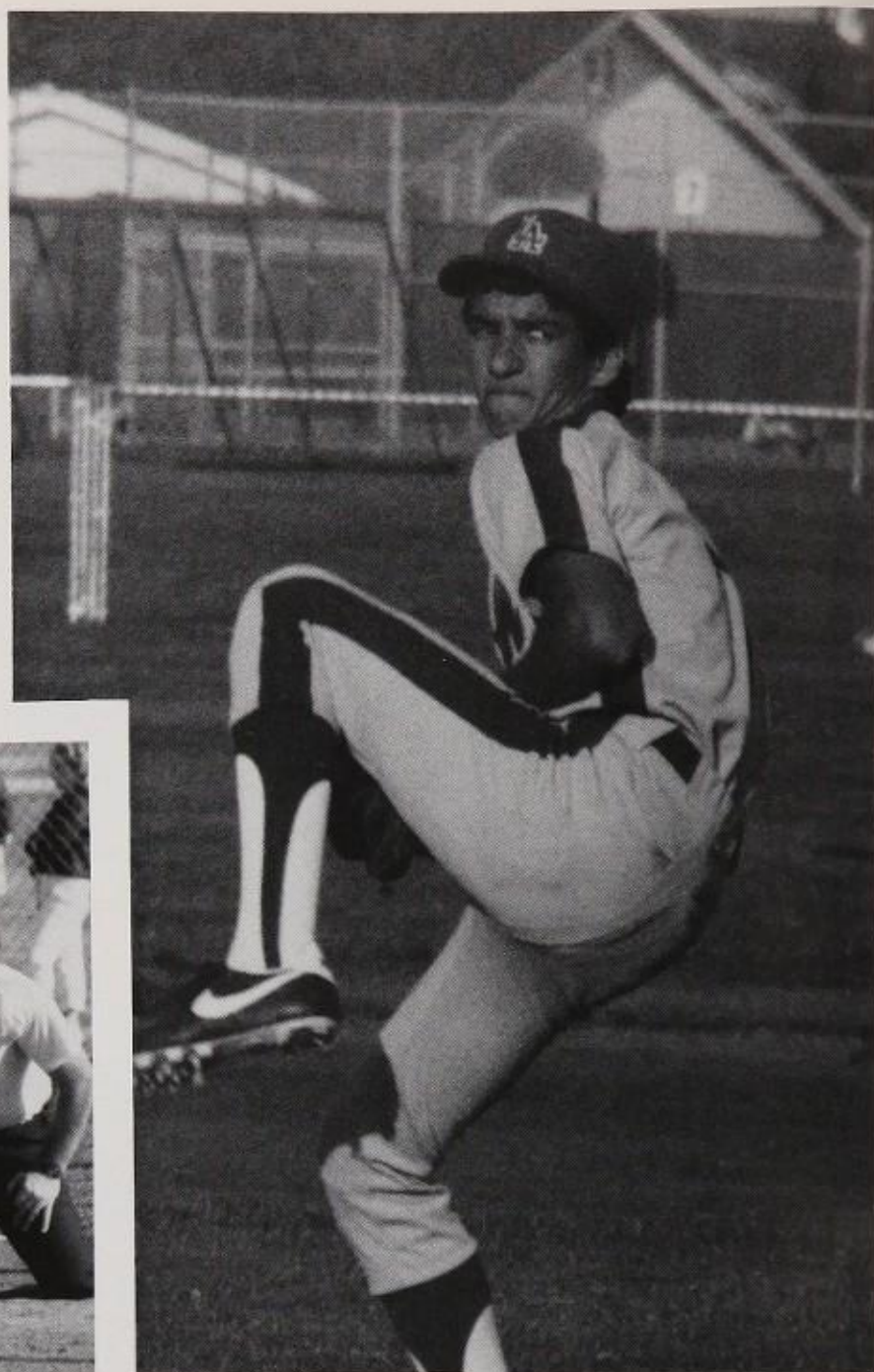


Girls Strike Back

Susie Kuzmich, top, digs her feet in and raises her bat high to hit the next strike that comes her way. **Kris Greggerson**, middle left, extends her powerful arm to throw the next winning pitch in the game against Cypress. **Traci Engel**, above, stares at the oncoming softball for a chance to hit a home run past the right field player. **Susie Kiker**, left, gets ready to catch a high speed ball hit down the foul line. She is concentrating to the fullest so all her hours of practice can be put to good use.

Men Slide Home

The 1984 Varsity Baseball team was an energetic group of young men who were dedicated to one thing - playing baseball, and playing it well. The team as a whole never allowed anything to get in the way of their outstanding performance. As the season progressed this enthusiasm never ceased, but rather increased. They continued to improve with every game, causing frustration for the other Empire League teams. Part of their success was the direct result of **Coach Gragnano's** effort. Each practice session was highly concentrated and intense.



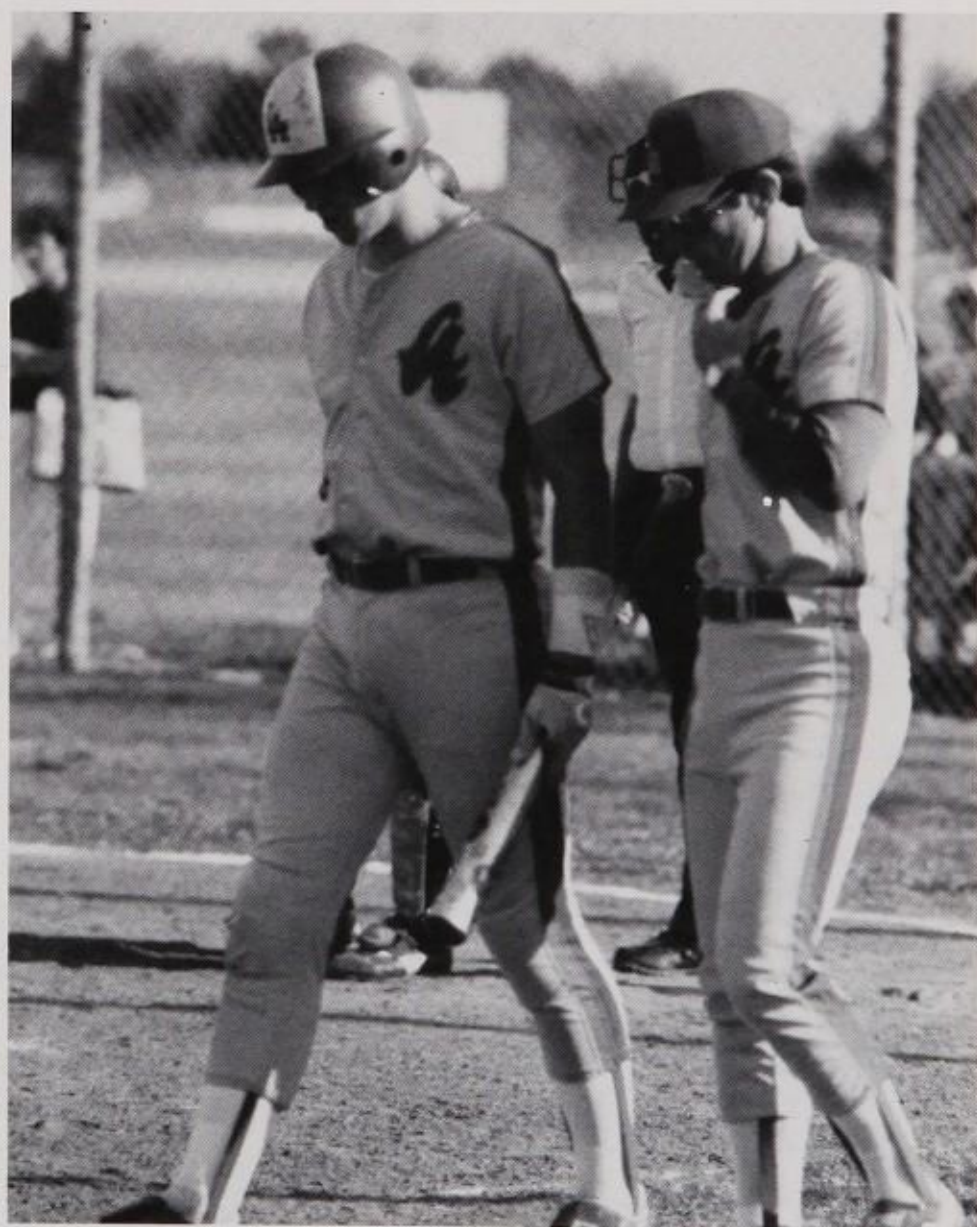
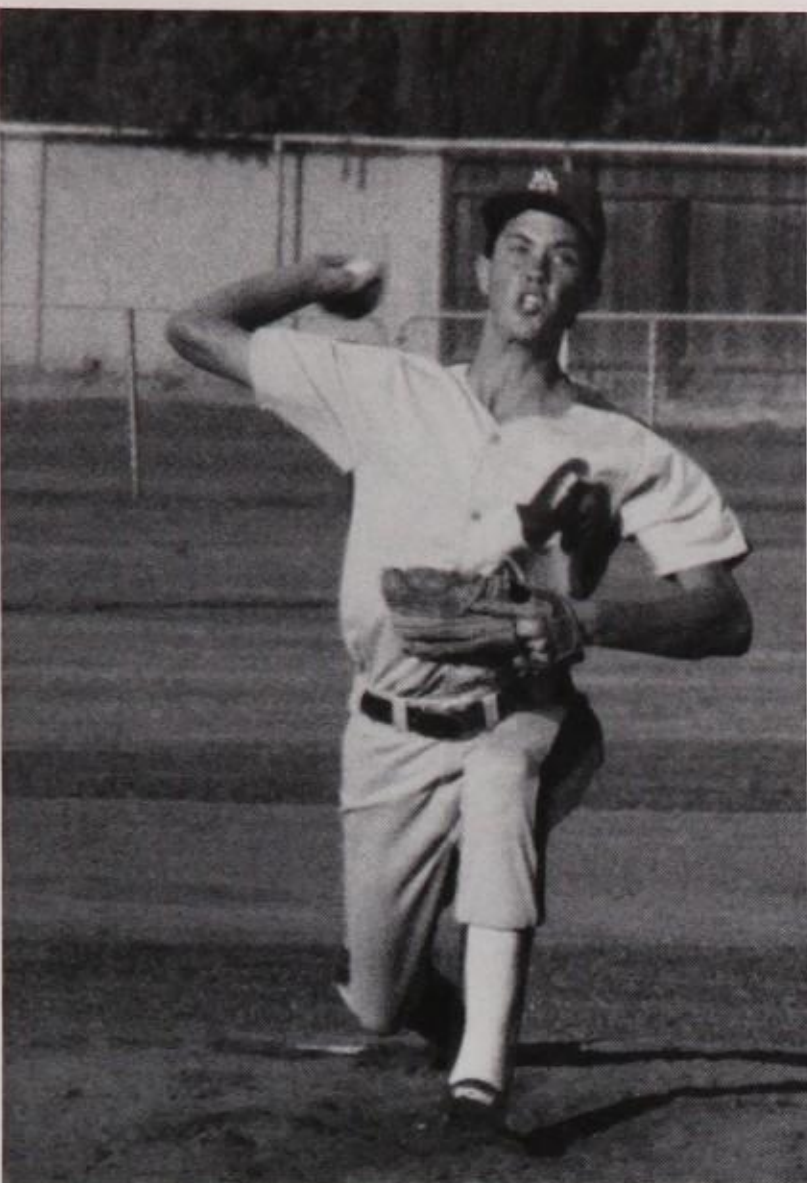
Eddie Foster takes the batter's stance and swings back to receive the pitch. His smile is one of confidence since he feels he has a slight edge over the pitcher. Eddie's edge is the encouragement of his team and coach.

Let the batter beware of **Steve Sherman's** renowned fast ball. Steve prepares the pitch with a confident wind-up and the look of another potential strike.

Varsity Baseball

Varsity Baseball: Front Row- Eric Garthwaite, Steve Sherman, Jeff Nicks, Eddie Foster, Jerry Mercado **Second Row-** Todd Fatone, Brian DeHoog, Travis Tarchione, Billy Whitlock, Cary Nance, Ricky Nen **Third Row-** Coach Al Gragnano, Tommy Strawbridge, Pat McIlrath, Tom Schiada, Jon Springer, Barry Sher, Keirh Kaub





— Men's Varsity Emerge —

Although the Los Al's Men's Varsity Team is one of the best in the Empire League, the men never take their status for granted. **Pat McIlrath**, upper left, exerts himself during an excellent pitch. **Ricky Nen**, upper right, prepares for a homerun. **Tom Schiada**, middle left, follows through with a fast ball that sends the batter's head spinning. **Keith Kaub** and **Coach Al Gagnano**, above, discuss which direction Keith should hit to get the best results. The team congratulates each other after another successful game.

Teams Conquer All

The Junior Varsity and the Freshmen and Sophomore Baseball Teams both finished with a very fulfilling year. "There's nothing like starting off the year with a win," exclaimed Tommy Williamson, of the frosh/soph team. Throughout the year they kept up their record of wins, and ended the year with pride and victory.



Running back to the dugout after the third out, **Mark Wolfe** thinks to himself the strategy he needs to use to make this a successful game for the Griffins.



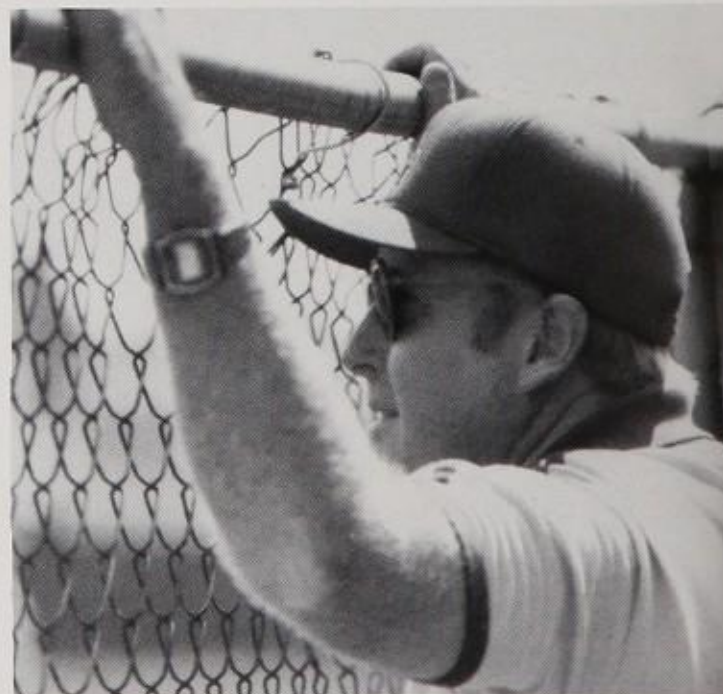
John Jacobs waits for that hard hit to come his way so he can put his fast action and hours of practice into good use. The Griffins practice for hours perfecting their skills.



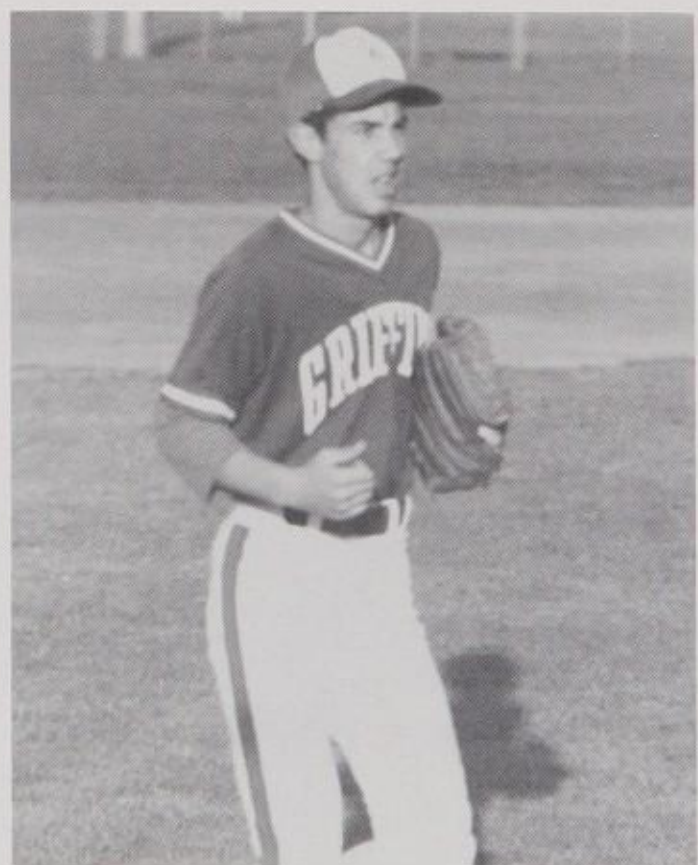
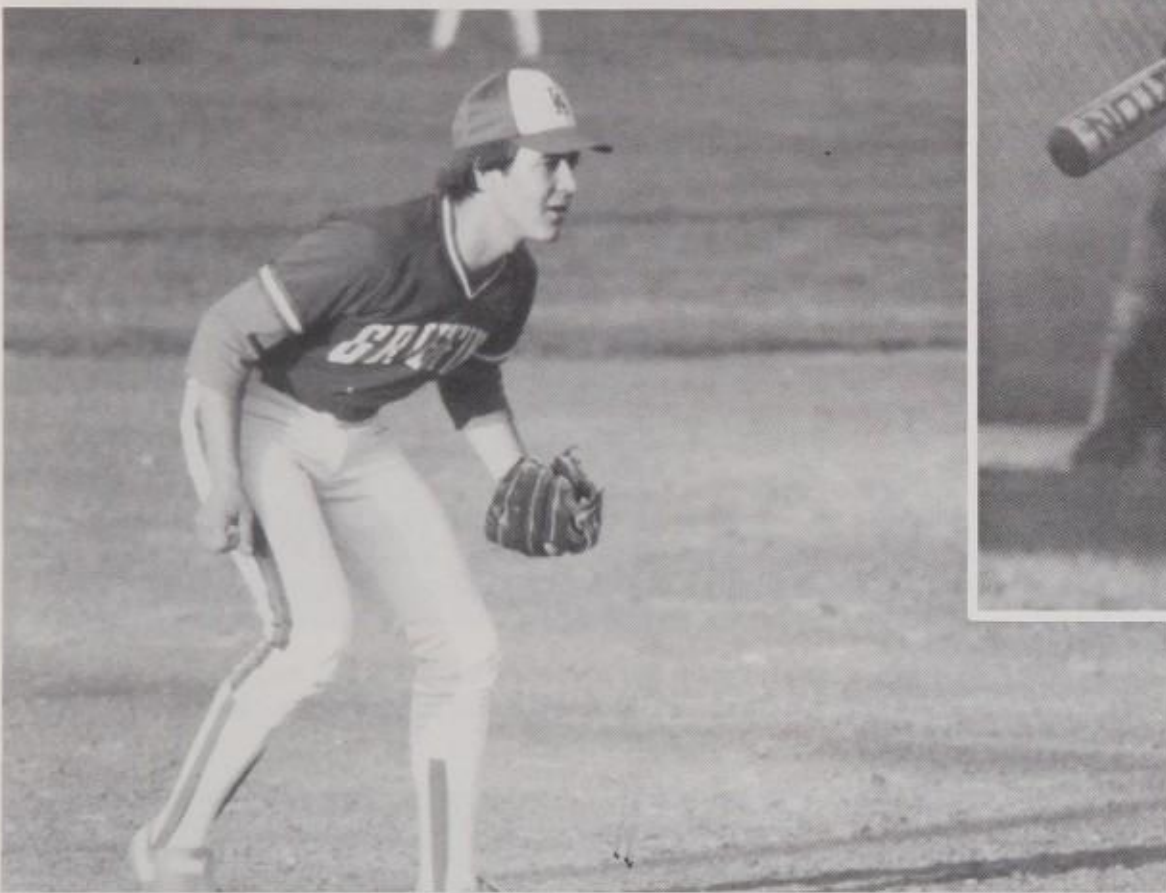
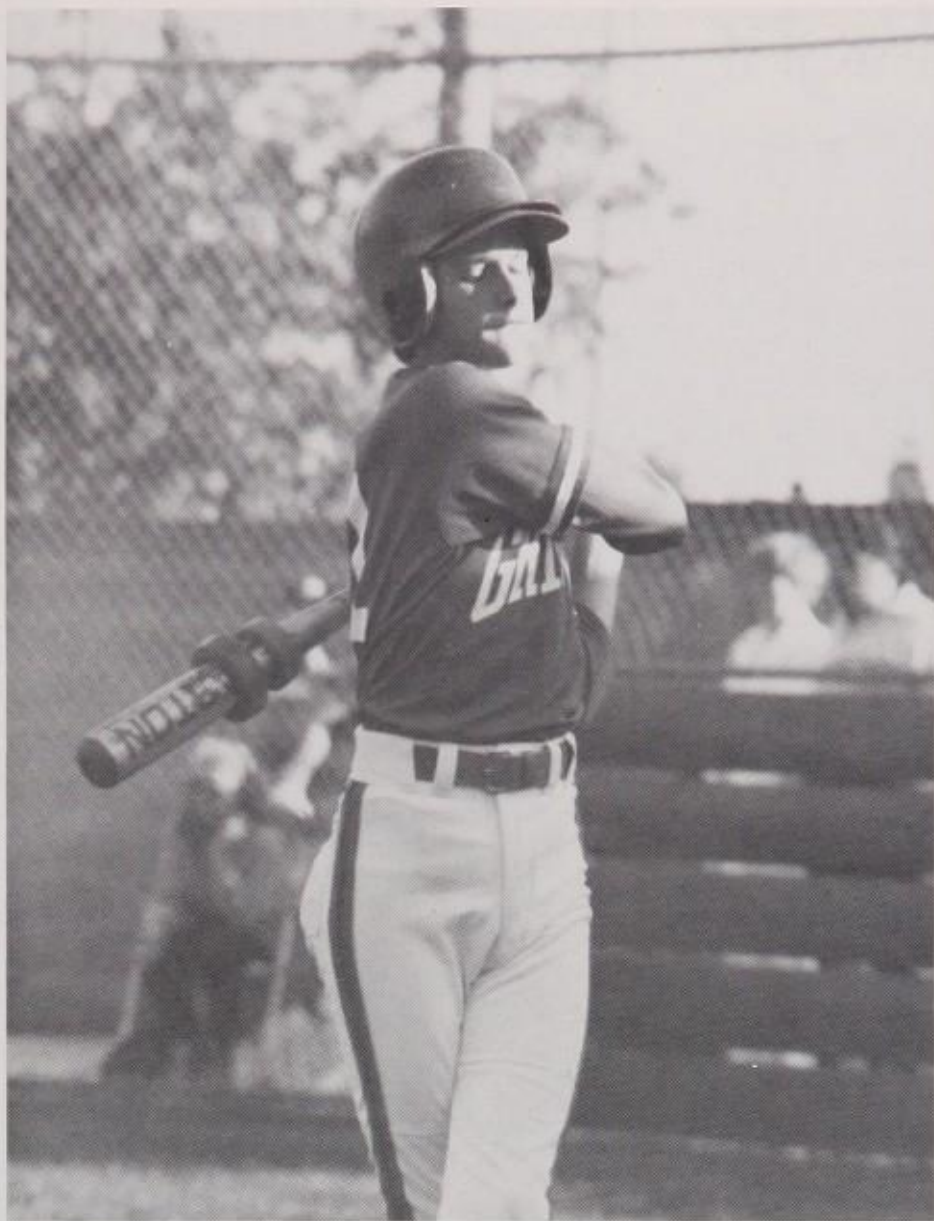
Throwing a winning strike, **Randy Hacker** extends his powerful arm for a team victory against Edson High School. The JV team worked hard during the year with their dedicated coach.



Junior Varsity Baseball Team: Front Row- (manager) David Wiley, Mark Wolfe, Mark Houck, Robbie Karzaroff, Mike Porechen, Mike Clark **Second Row-** John Jacobs, David VanWinkle, Joe Nabor, Mike Flanagan, Don Corwin **Third Row-** Coach Mike Gibson, J.T. Snow, Kevin Jeanotte, Gary Loe, Randy Hacker, Brian Hastie



Coach Mike Gibson stares toward the team to see that the players are following every rule. Out of health class, he dedicates most of his time to coaching.



— Sailing To Win —

Jon Prussell, above left, shows his strong arm in a strike out to the opposing team, while at right **Kenny Montgomery** practices his forceful swing. **Todd Tischler**, middle left, awaits the fly ball so the Griffins can have their chance to show-off their batting skills, while above **Dale Lane** runs in to start off the last complete inning.

Frosh/Soph Baseball: Front Row- David Terrell, Ronnie Scanlon, Jon Prussell, Tom Williamson, Scott Fitzgerald, Mike Summers **Second Row-** Randy Hines, Darrin Scott, Roy Lyn, Adam Spizer, Kenny Montgomery **Third Row-** Mike Rogers, John Caudillo, Todd Tischler, Jon Geldbach, Jeff Cosby **Fourth Row-** Coach Donn Fisher, Robbie Nen, Brooks Peters, Dale Lane, Brian Tadlock

Right Track Taken

Uncanny weather greeted the track team during their training season. It was hot and smoggy to cool and windy. Though it may have hindered their enthusiasm, each persisted to become a well defined athlete. The results of their individual dedication were evident in their wins throughout the season. Competing in seven Empire League meets, the Griffins placed well above their predicted finish. The team is very individual. The athletes pace and train themselves, as the coaching staff observes. Each sets his own goals, hopefully coinciding with those of the team's CIF.



Trying for a few more inches as he flies through the air is **Chuy Delamora**. Chuy is one of Los Al's many talented long jumpers.



As he jumps up and over the bar, **Jay Jensen** reaches deep inside himself for something extra to help him. Jay has greatly improved the height of his jumps.



As he looks to the finish line, **Mike Martinez** breaks away from his opponent in anticipation of a victory. Mike, along with the rest of the team, competed in seven meets.



With the determination to defeat his challengers, **Sean Conboy** exerts his strength in throwing the shotput during a grueling march. Sean shares his enthusiasm freely with teammates.



Striving For A Win

Rob Rinella springs into the air, top left, on his way to a successful long jump during a track meet. The look on **Charlie Bueno's** face, top right, shows the intensity of his concentration and sincere effort. Also concentrating, **Ray Allard**, left, watches his steps as he prepares for a vault. Pacing himself, he angulates his body for the attempt. **Jim Devlin**, above, does his best to clear the hurdle in route to victory.



Striving Hard

Although the Griffin track team competes as a whole, team members often compete against each other. **Dan Waechter**, top left, and **Todd Jorgensen**, bottom left, elevate their backs, swing their forearms and bend their knees to clear the six foot bar. Of the attempts, both clear consecutively. Hurdles, too, add to the competition as **Gary Dingilo**, right, shows us.

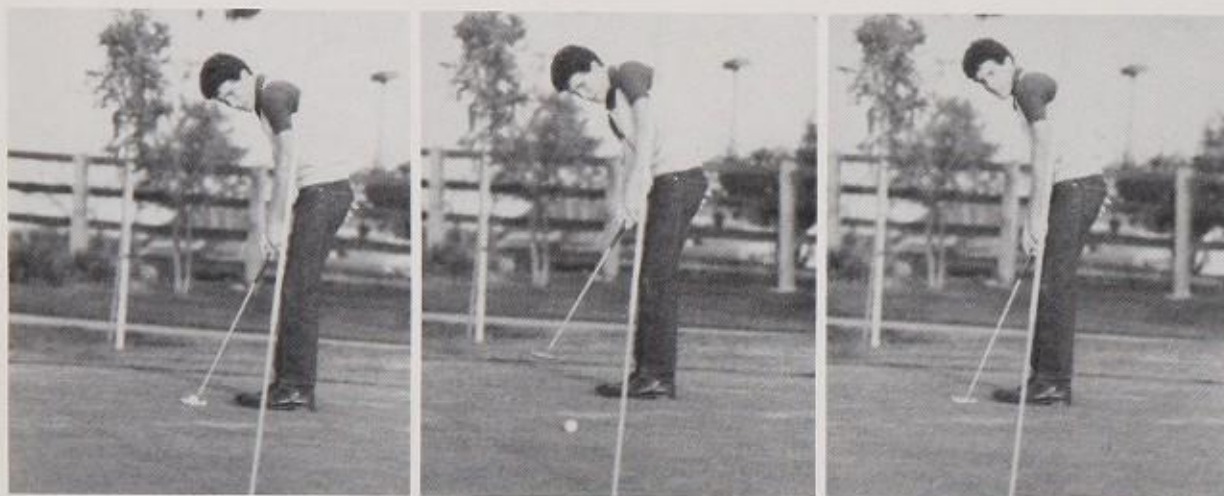
Clinching Victory

Junior **Brenda Huber**, left, exerts her thigh and calf muscles to clear the two and a half high hurdle, and proceeds to hurdle the following nine. While visiting from Australia, **Rachel Lim**, below, easily wins the 110 yard hurdle. Rachel will continue through out the season before returning to her homeland. **Julie Pool** and **Shannon Clements**, lower left, proceed to place first.

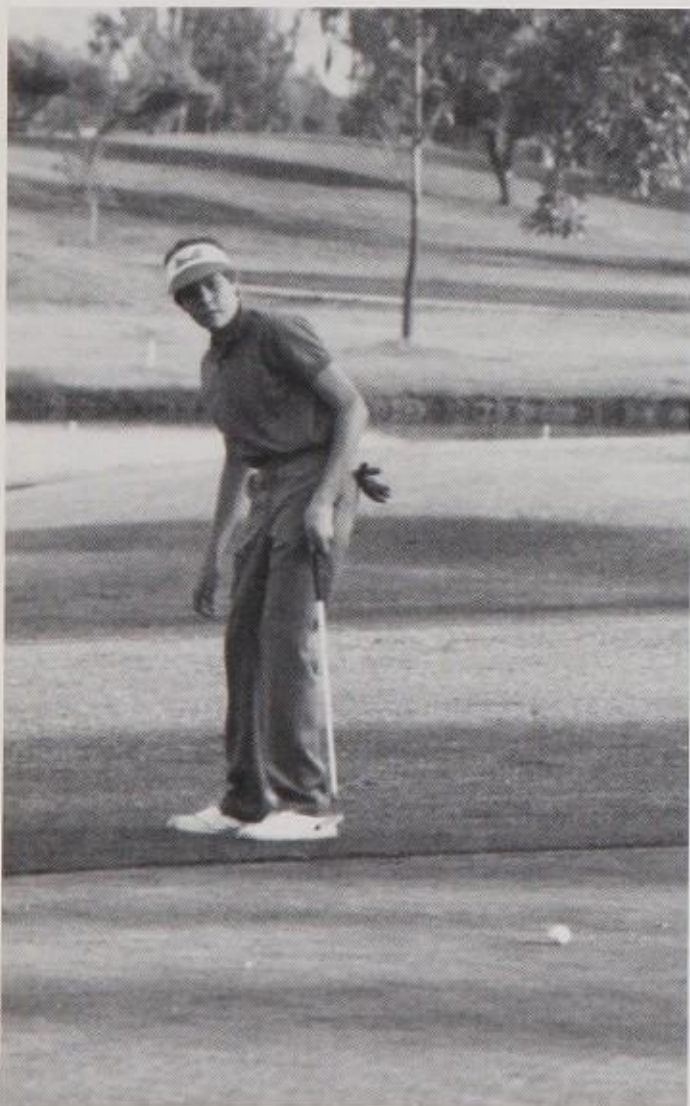


Golfers Tee For Eagle

Coach **Gary Dixon** planned to once more be Empire League Champs. Previously the team was led by juniors and seniors, but sophomores and even a freshman was in the Varsity line up. Returning varsity players were **Tom Rak**, **David Noorigian**, **Brett Shablow**, and **Kyle Shields**. Some new faces on the team were **Todd Carcelero**, **Steve Brody** and **Frank Dick**. The team played quite successfully with such new members. **Coach Dixon** said he was very happy with the way the team played against more experienced teams.



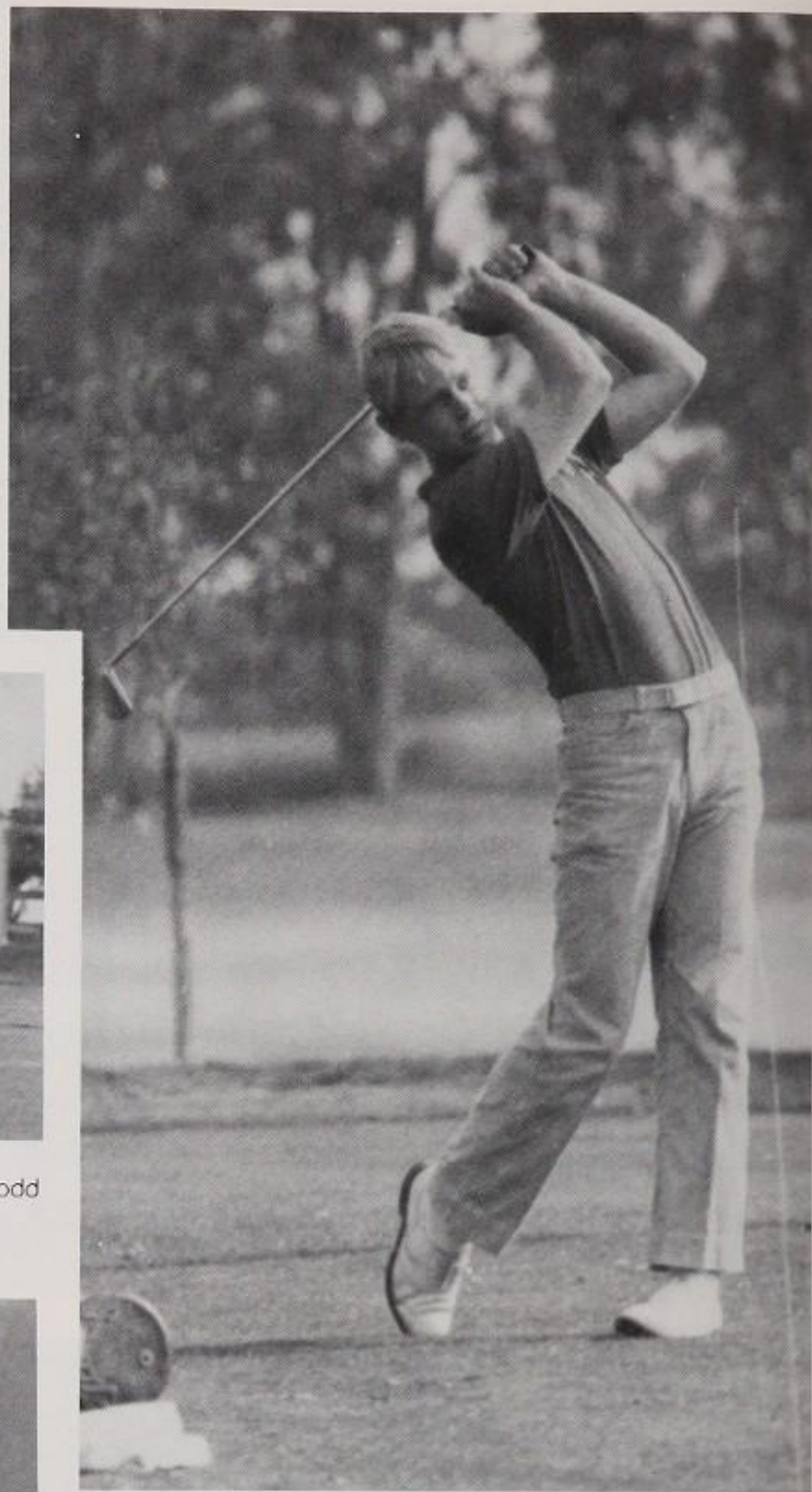
First year varsity golfer, **Todd Carcelero** sinks this long putt for a birdie during the tournament play. Todd has led the Griffin team to many victories in the Empire League CIF play during the '84 season.



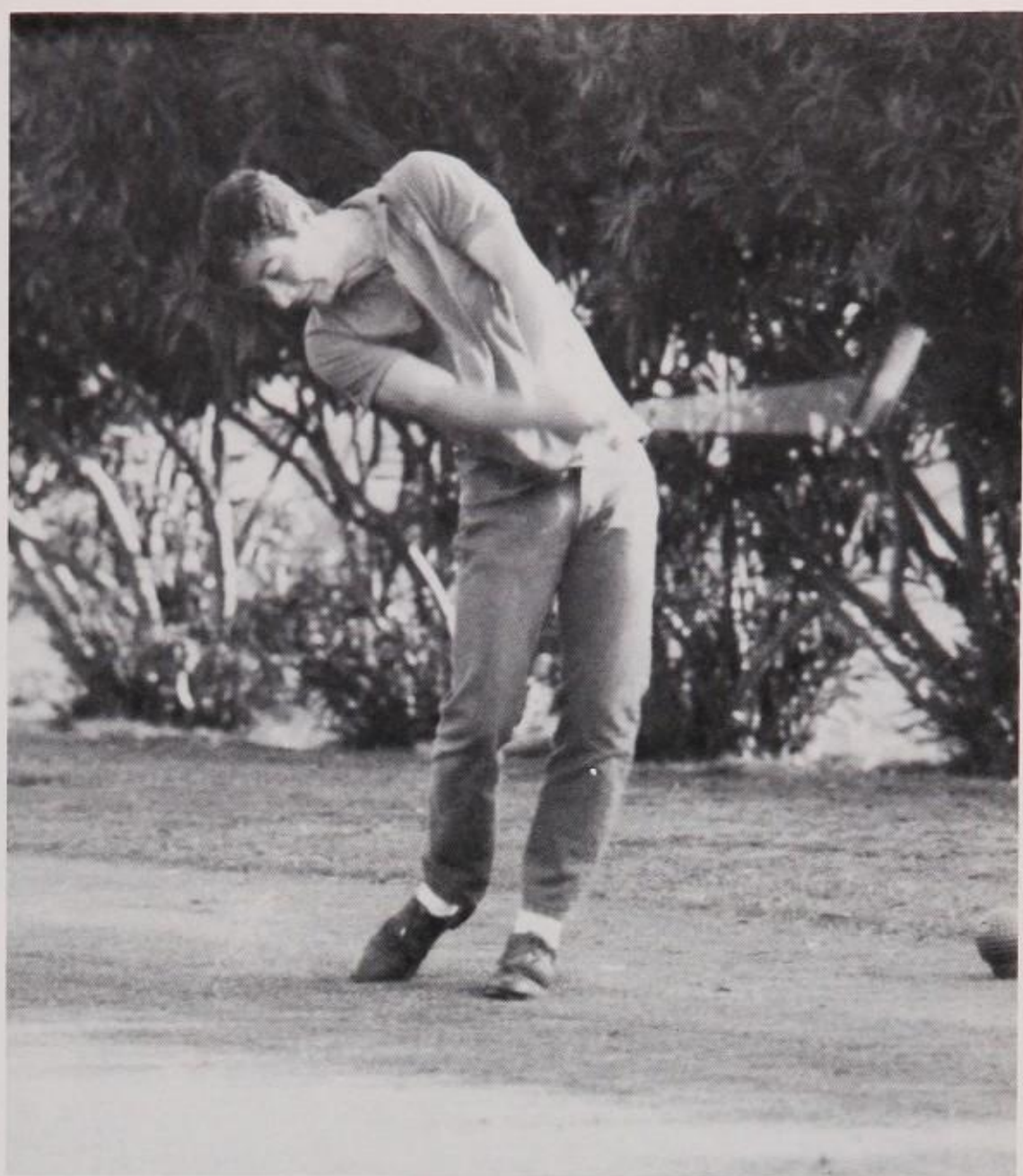
Standing at the edge of the green and trying to rap the ball to the hole with his putter is Varsity golfer **Frank Dick**.



Varsity Golf Coach **Gary Dixon** uses a seven iron from the fringe and tries to roll the ball into the hole. Mr. Dixon is an avid golfer as he spends many hours on the golf course improving his game.



As **Brett Shablow** tees off during a match, he admires his shot leading straight from the green. Brett is a second year varsity member.



Watch The Birdie

A second year player on the Varsity Golf Team, **Kyle Shields**, upper left, has helped the team to many victories. Senior **David Noorigian**, upper right, using all his strength, hits a crushing drive off the eighth tee and places it only 200 yards away from the green. **Steve Brody's** wait has paid off. Shooting good scores has helped the team during this season. Steve, lower left, looks down the fifth fairway before his drive.

Varsity Golf

Front Row- Tom Rak, Kyle Shields, Glenn Kaneko

Second Row- Frank Dick, Todd Carcelero, David Noorigian, Steve Brody, Coach Gary Dixon





Photo Club traveled to the zoo to shoot pictures of wild and exotic animals. **Jason Swieck** and **Tom Hefferan**, above left, focus in on wild geese. **Beth Rattner** and **Eddie Foster**, above right, work hard to meet the newspapers next deadline. Stage Band, above, attempts to learn the music to a new song. **Rhonda Duffaut**, left, laughs as she reads one of the many entertaining articles in **The Crusader**. Under a shade tree, middle left, members of the **L.A. Sensations** kick back and enjoy their lunch.



As usual at lunch, **Michelle Snow** and **Kim Sorenson**, Senior Elite members, sit in the warm sun quietly planning their next club meeting. The Senior Elite help generate excitement at all school activities.



The German Club offers many new experiences for its members, such as a summer trip to Germany. **Jon Johnson** enjoyed his exotic meal which consisted of kuchen, brote, and schweinefleisch.



The new club on campus, which is quite original, is Team BK. **Steve Sherman**, **Clay Kussler**, **Jim Reis**, and **Cary Nance** make up the club. This club sails around at lunch to different Burger King Restaurants to rate them.



During Club Picture Day, **Lisa Steele** collects the names of all the club members and sees to it that they are all spelled correctly.

YACHT CLUB ASSOCIATIONS

Clubs, Crew Set Full Sail

Quill and Scroll is a National Honor Society for students of publications. The club includes the best staff members on the Crusader and Cottonwood. Initiations are conducted at their annual fall luncheon.

Law Club members are mainly involved working together in the area of justice within a democracy. Their main activity was the sponsoring of a Mock Trial Team, which participated in the state finals in Sacramento during the month of March.

The **National Honor Society** is a club reserved exclusively to those seniors who received a 4.0 grade average during the first semester of their senior year.

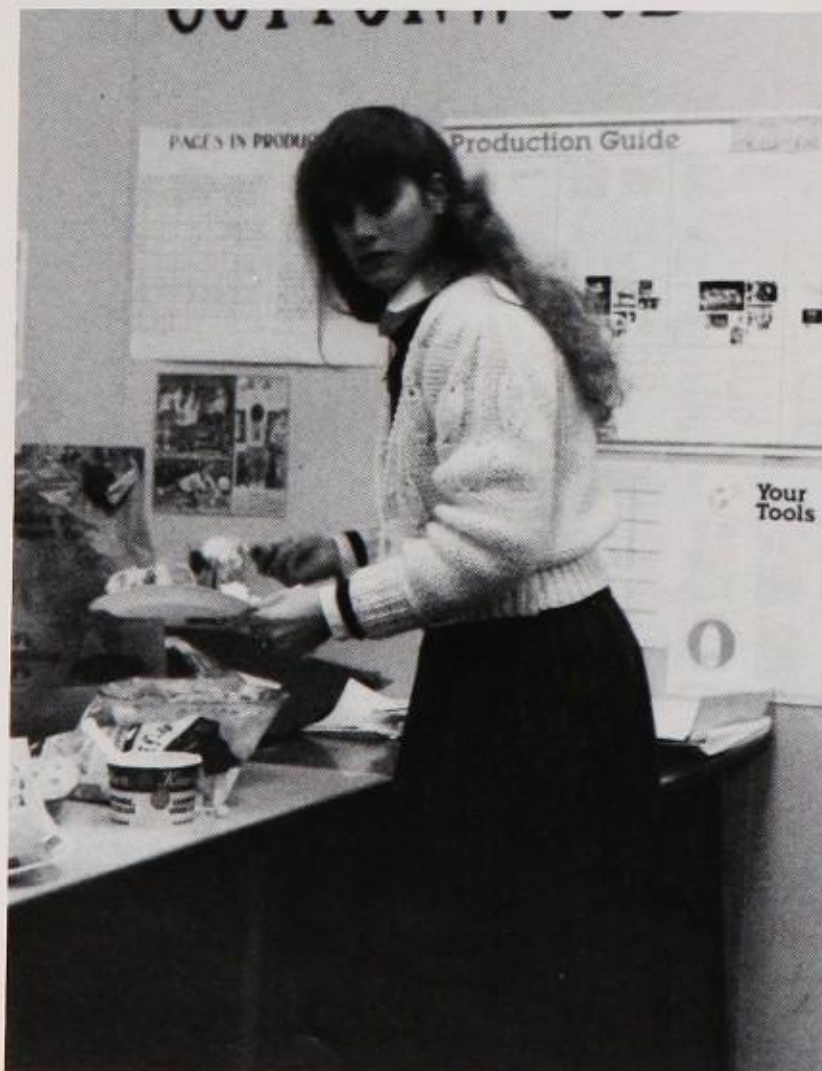
California Scholarship Federation fosters high standards of scholarship, service and citizenship on the part of students of the senior highschools of California. In order to become a member, the students must submit an application for each semester for which they are eligible. Members of CSF engage in fund raising activities to earn money for their scholarship fund.



Quill and Scroll: First Row- Jose Cameron, Maria Romero, Lisa Shanaberger, Lisa Sreele, Kim Sorensen **Second Row-** Karen Smith, Liz Brewer, Samey Griffin, Jody Okamoto, Beth Rattner, Kelly Smith



Law Club: First Row- Mike Weinstien, Debbie Reidberger, Tony Torquato, Jeff Brown **Second Row-** Mr. Robert Atherton, Trey Sandusky, Kenr Nordstrom



While attending the annual fall luncheon, **Kim Sorensen** fills her plate with a variety of foods. As an active Crusader member, Kim enjoys her lunch with her fellow members.



The feature article editor, **Beth Rattner**, concentrates on her work for the newspaper.



National Honor Society: Front Row-Renne Franks, Angie Conley, Helen Kim, Kristina Vycius, Regina Yogore, Cathy Newlin, Minnie Dhillon Second Row-Gindi Siler, Kim Smith, Laura Upham, Michelle Archer, Judy Koong, Eunice Park, Kim Green, Lovy Dhillon Third Row-Beth Ratner, Nancy Jenner, Shelley Sandusky, Lisa Mulhardt, David Reinking, Ted Rosolis, Brian Houck, Bill Wayshner



CSF:

Seniors: Mirzie Abbott, Michelle Archer, Melissa Dalling, Steven Brady, Jodi Brown, Delane Camp, Donna Carlson, Sardi Carrano, Barbara Caruso, Angie Conley, Damarjit Dhillon, Ravinder Dhillon, Rhonda Duffaut, Renne Franks, David Scott Fernbach, Steve Ferrel, Bradley Gold, Kimberly Green, Davina Haimov, Brian Houck, Kim Houston, Nancy Jenner, Helen Kim, Judy Koong, Rosemary Liu, Andy Wagner, Ronica Manson, Lisa Mauhardt, Denise Millar, Debbie Marron, Michelle Muramoro, Stuart Nakayama, Catherine Newlin, Connie Nixon, Eunice Park, Carol Patterson, Nick Paulos, Loc Pham, Kevin Polacek, Mike Posner, Beth Ratner, David Reinking, Debbie Riedberger, Theodore Rozals, Shelley Sandusky, Gindi Siler, Brian Smith, Kimberly Smith, Kristen Sprague, Douglas Joseph Sreele, Robbie Stumpf, Mark Trombino, Laura Upham, Kristina Vycius, Mike Wilts, William Wayshner, Verna Wright, Kevin Yeh, Regina Yogore, Jordan Zomnick

Juniors: Tom Allison, Miki Aurang, Kathleen Deatty, Dianna Denstead, Andrea Blake, Linda Bueno, Richard Dytel, Jennifer Castlen, Ivy Chou, Jeff Cimbello, David Cissold, Jeff Coantz, Kathy Ernst, Jay Fernbach, Mike Fogarty, Alan Go, Laurie Ann Hamada, Ross Hankle, Kenneth Hayashida, Jr., Lori Heinzelman, Tim Innes, Eric Itakura, Lisa Jones, Janice Kasumovic, Kurt Kelder, Lynn Kichline, Thomas Kim, Michael Knittle, Albert Koong, Laura Kraft, Lisa Lander, Stacy Lee, Dave Levy, Jennifer McEntree, Kerry McMahon, James Montes, Scott Miller, Stacy Nordstrom, Lauren Omohundro, Suzy Oppenlander, Stacy Pollard, Kent Ramseyer, Fiona Sindar, Suzanne Welter, Russel Wolf, Guy Woodson, Tisha Wong, Glenn Urra, Kelley Uyeda, Todd Walker, Travis Tarchione, Adam Torem, Denise Troutman, Ken Strauch, Yurika Szabo, William Sollows, Ther Win, Tamara Young, Robert Yee, Don Smith, Robert Sandusky, Marc Reissig, Karen Yoh

Sophomores: Jason Zomnick, Chris Anderson, Chiki Aurang, Robert Boley, Michael Bernstein, Angela Dalling, Brooke Mary Dursell, Sefani Canin, Michael Chen, Lisa Cimmarusti, Gary Covington, Michael Dawson, Andrea Dickens, Todd Flanagan, Rosanne Garcia, Traci Gibson, Aaron Glzman, Darren Gludni, Sharesh Gupta, Elise Herring, Erica Huang, Judy Holzgang, Ray Daniel Jordan, Danielle Kenneough, Evan Kunst, Shannon Polacek, Debra Ratner, Robert Rhyn, Kevin Roe, Cathy Poe, Sheri Millar, Jan Mauhardt, Christy Martinez, Marisa Macris, Carmine Napolitano, Mike Moore, Kent Nordstrom, T. Lance LeCompre, Elise Langsam, David Lamb, Janet Lee, Kam Lewis, Paul Huff, Michelle Shahan, Michel Sroll, Cathy Siler, Darren Smith, Hedi Strauch, Tracy Strowell, David Shan, Julie Swanson, Arhanasia Ayrengelas, Tam Ta, Sabrina Thomas, Todd Trombino, Gina Turi, Chris Vesper, Grace Wong, Paula Waskowski, Mike Wellington, Noreen Wenjen, Melanie Wood, Scott Raber, Todd Paulos, Jeannie Park, Linda Palmer, Kristin Pipal, Jennifer Phillips, Wim Libby, Lara Litavich

Freshmen: Michelle Birdsall, Wei-Haw Chang, Anna Chen, Lynne Cissold, Alison Cook, Julie Coantz, Chris DeGregory, Harsi "Hiri" Dhillon, Preet Dhillon, Robert Ernst, Ann Faircloth, Dierdre Fiebert, Kelly Gallagher, Lauren Gershon, Darolyn Hamada, Denise Harnes, Albert Howe, Stacey Hardan, Alison King, Heather Koehring, Brigitte Koeng, Robin Lindley, Mary McGill, Debbie Mukamal, James Oberacker, Scott Omohunaru, Michelle Overbeek, Rick Paul, Puanani Pereira, Lisa Perles, Scott Rainy, Tracy Reynolds, Tracy Reith, Anne Save, Amanda Stilling, Vanessa Thomas, Shana Turem, Ella Turrentine, John Udoff, Joseph Vaca, Grant Vanderve, Amy Wandstrat, Jamie Welsh, Christina Welter, Paul Wilderman, Janet Wong

Hearts, S-Club Raise Sails

The nationally known **Soroptimists Club** is noted for its social activities and service. This unique club of girls involve themselves in helping the school and the community. Advisor Mrs. Betty Thompson assists the girls with various fundraisers including candy bar sales and precious gems sales from Current. Activities included Christmas caroling at the retirement home and assisting at the Interval House and Case de Bienvenidas.

Members of the **Hearts Club** are known for building a positive image and interest in Home Economics subjects and create exposure to various career opportunities. Some of the activities planned were special holiday projects including "Thank You" Santas to the administrators and selling recipe books to make field trips possible.



Hearts Club Officers: First Row- Maria Puenre, Roxanne Griffin, Debbie Eno, Lessie Durkee, Kary McFall, Jeniffer Beatty **Second Row-** Mrs. Donna Hulen, Anna Rodriguez, Samey Griffin, Rene Marriot, Holly McClasky, Mrs. Joan Parent



Hearts Club: First Row- Angela Eaton, Samey Griffin, Sarah Tolliver, Debbie Eno, Leslie Durkee, Kerry McFall, Anna Rodriguez **Second Row-** Kristen Shue, Becky Anderson, Sonia Mejer, Terri Ochampauch, Kim Palmer, Roxanne Griffin **Third Row-** Mrs. Hulen, Holly McClasky, Kristen Sprague, Maria Fuente, Lisa Carpentier, Rene Marriot, Kim McVicker, Jenifer Beatty, Joan Parent



S-Club Officers: Vice President- Erika Scott, **President-** Debbie Riedberger, **Secretary-** Mellisa Tober



S-Club: First Row- Corrine Arkinson, Melissa Tober, Meg Murray, Rie Kurosawa, Melissa McSheeny **Second Row-** Eunice Parks, Erika Scott, Debbie Riedberger, Adell Millar, Mrs. Betty Thompson



Crusader Staff: First Row- Kelly Smith, Beth Rattner, Leslie Hacker, Stephanie Smith, Suzi Nelson, Teri Loe, Kelley Shifflett, Lori Skaugstad, Gnd Ross, Tam Ta. Second Row- Cindy Powers, Nancy Jenner, Scott Rober, Maureen Perez, Traci Wilson, Wendy Preston, Michele Levitt, Denise Millar, Linda Laszio, Devin Last. Third Row- Kevin Paloczek, Helen Kim, John Prussel, Brad Rawls, Pam Anderson, Paul Page, Kelly Agosra, Don Corwin, Mike Chen, Chikhi Aurang, Kim Sorensen, Lisa Rizer, Judy Koong, Andy Wagner, Rhonda Duffaut, Cindi Sler, Erica Huang, Glenn Kaneho. Not in picture- Eddie Foster.



Deeply engrossed in her work, photographer, **Michelle Levitt** examines one of the various negatives which will be developed for the **Crusader**, a monthly paper.



A staff reporter on the **Crusader**, **Cindi Ross**, takes a moment to rest her tired mind. Cindi is both a writer and a photographer on assignment.

Crew Writes Ship's Paper

With a staff consisting of 25 students, the **Crusader** was published at four week intervals producing ten issues throughout the school year. The paper varied on its editorial and commentary as well as its sports, teacher, school board, and world news articles. The **Crusader** staff members expressed their personal views and opinions in editorial work, and offered students access to submit personal opinions.

The staff covered broad topics and students were assigned to each section. A page editor designed a page, deciding what went into the paper, and what was edited out. Editor-in-chief, **Edward Foster** was responsible for making sure page editors met all deadlines. Ms. Wilson, as advisor, coordinated printing jobs and galley proofs.



Editor-in-chief of the **Crusader**, **Eddie Foster** works on a page during a deadline. **Eddie** has planned a career in publications and communications.

The Boat Rocks With Harmony

It was a busy year of outstanding performances for the 1983-84 choir. Under the strict direction of Miss Celeste May, the Chamber and Swing Choirs combined to make one unique unit of Los Alamitos. Swing and Chamber Choir began the year with an exciting concert with Oak Middle School on November 1, on our very own deck.

These groups did more than just sing; they also held many fundraisers for their December tour to Hawaii. Selling stuffed animals, calendars, and candy were a few of their many challenges. In addition to performing in port, they journeyed to churches and community affairs, singing their hearts out.

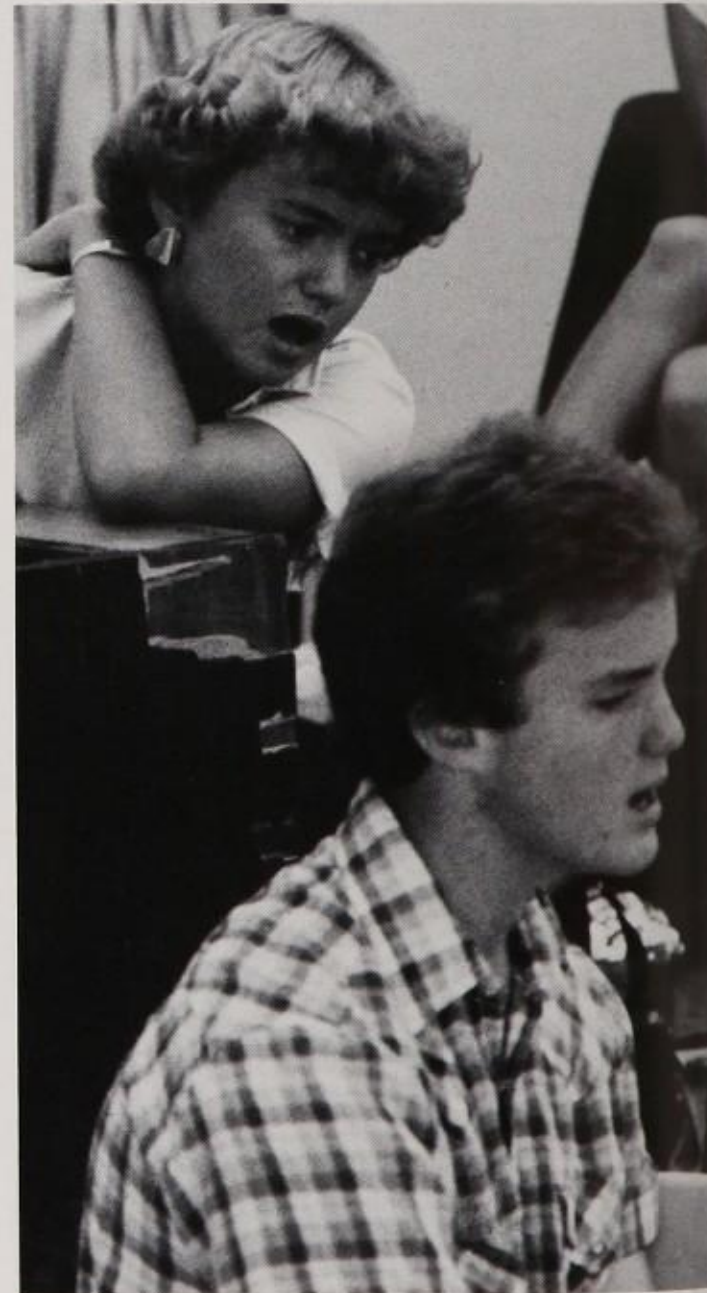
Dedication to perfecting one's voice is a great aspect of being in choir. Their hard work proves to be very successful at all performances, always singing to a sell-out crowd. Swing and Chamber Choir pride is always sailing toward new horizons.



While going over the music for the concert, **Joy Fernbach** raises her hand to ask a question. They are singing a song from the musical, **Dream Girls**. The tempo is somewhat confusing to her.



Ted Rozolis laughs at the funny lyrics to a short song as **Andy Magnet** seriously concentrates so that he may earn an "A" in the class. Andy and Ted are both seniors in choir and love to sing.



In class, **Lorna Skaugstad** and **Darren Gladini** sing to the accompaniment of the piano. They try to perfect the very difficult melody.



Chamber Choir: Front Row- Russell Carpenter, William Woyshner, Steve Stolk, Robert Brakke, Leslie Westbrook, Andrew Magnier, Theodore Rozolis **Second Row-** Kathryn Sickel, Debbie Riedburger, Mary McGill, Lori Skaugstad, Denise Millar, Lisa Ziemba, Alison King, Janet Lee, Elizabeth Fisher, Heather Hoppus, Joy Fernbach, Deanna Bensread



Swing Choir: Front Row- Andrea Deforest, Stacey Ziemba, Danny Woodard, Rie Kurosawa, Holly McClaskey **Second Row-** Angela Puhl, Jannis Dillon, Lisa Kefalas, Scott Kondra, Nolan Howe, Cathy Crawford, Angela Eaton, Jaime Coultrice **Third Row-** Lisa Ziemba, Kim Kondra, Tamara Young, Leslie Westbrook, Tim Pettigrew, Tom Sanders, Lara Cunningham, Andrea Blake, Meg Sandregreer **Fourth Row-** Denise Horner, Shannon Clements, Kristie Debarer, Dan Anderson, Mark Reurzel, Robert Glut, Richard Larson, Carol Cauchon, Heather Lowrey, Deanna Blythe, Alistair Blake

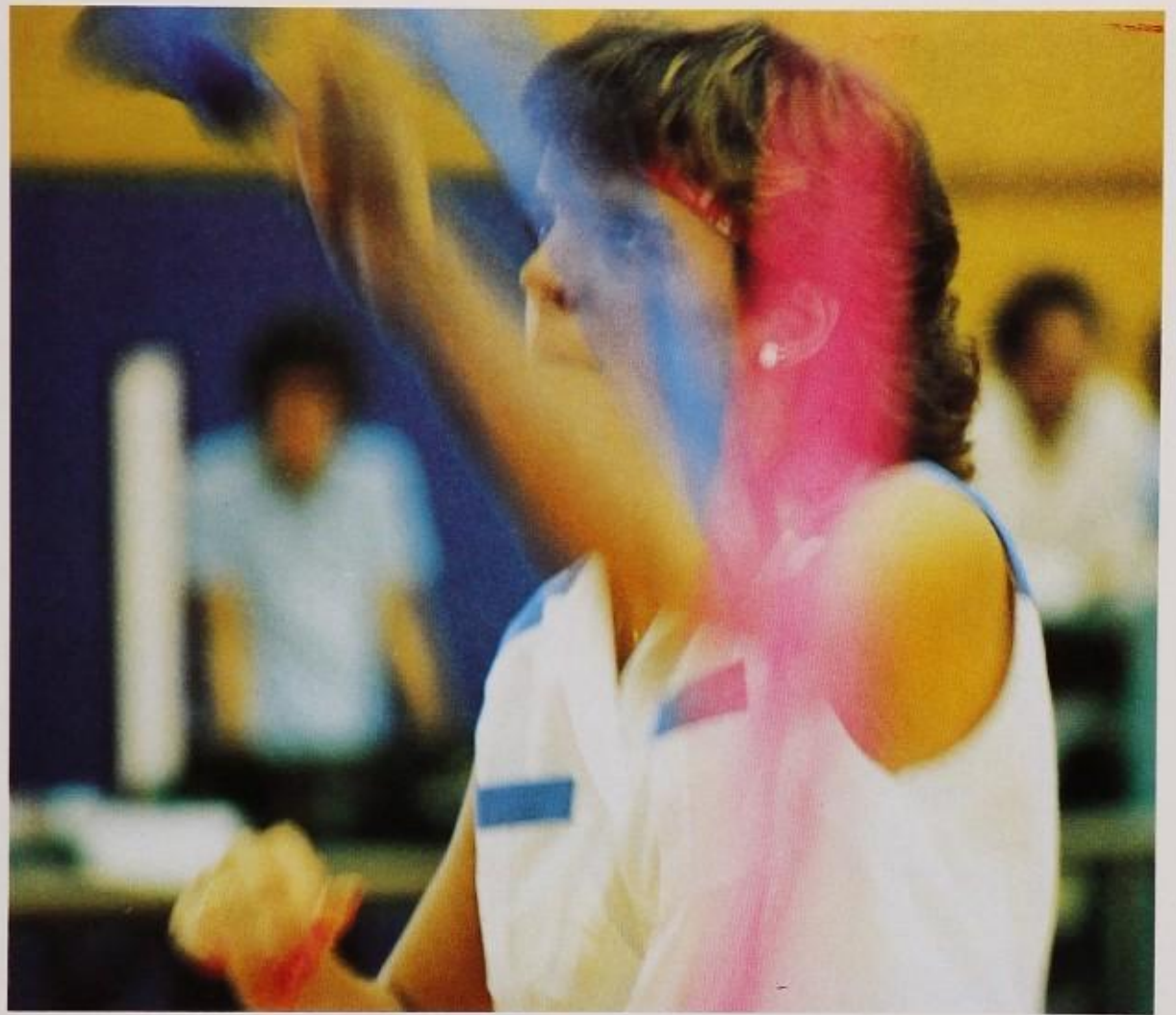
COLOR GUARD



Tall Flag Co-captain Kim McVicker, Captain Erin Linskey, Rifle Captain Kim Smith



Color Guard: Front Row- Shanna Hemmings, Andrea Barrows, Cindi Siler, Kim McVicker, Erin Linskey, Kim Smith, Vicki Myers, MaryKare Hagmann, Tracy Miller
Second Row- Kristin Johnson, Denise Millar, Cindi Powers, Kelley Rath, Shannon Montierth, Michelle Snow, Lisa Sreele, Lisa Wellington, Kristen Sprague, Karen Vogel, Michelle Rodefeld
Third Row- Cindy McNamara, Robin Lansford, Jennifer Rodeman, Stacy Gill, Suzie Oppenlander, April Leapley, Trice Barro, Traci Walker, Cathy Coyne
Fourth Row- Sonja Muir, Anne Buonocore, Leslie Bruce, Debbie Theriault, Kristen L. Johnson, Kristy Garman, Kirsten Shaw, Kathy Pound, Heidi Grey, Wendy Montierth



— All Hands On Deck —

Pep assemblies provide the opportunity for the Color Guard to entertain the students. In the above left, **MaryKate Hagmann** and **Vickie Myers** prepare to launch their rifles into the air. The squad constantly astounds its audiences by twirling and tossing rifles with complete confidence. Rifle Captain **Kim Smith**, left, displays her talent during a field show. Due to their admirable endurance, the Rifle Squad won the Sweepstakes Award for their outstanding field show performance at Sierra Vista. **Shannon Montierth**, upper right, displays great pride and determination in her routine. Shannon is a senior member of the Tall Flag Team and her dedication has paid off by excellent performances. It takes total concentration to belong to the Color Guard. Above, **Kristen Sprague** displays one of the many visual moves done by the team. Kristen is also a member of the Senior Elite T-Shirt Club which promotes activities and enthusiastic spirit.

Olympians Show Pride

Los Alamitos High School Olympian Marching Band is one of the many talented groups on campus. Consisting of 100 members, from freshmen to seniors, they compete constantly throughout the year.

This past summer, the band, along with colorguard and drill team, had the opportunity to tour England and Scotland. It was planned and prepared the previous year. The members that chose to tour left on August 11th and returned the 25th. They experienced many new and exciting things while performing for people of the United Kingdom. Their tour began in London and ended in Edinburgh, Scotland. The students learned and grew from this once-in-a-lifetime experience.

Under the direction of Mr. Tom Hrbacek, the band has achieved many awards, receiving high scores and many superior trophies. Helping tremendously through the year have been the three assistant directors, Dan Squires, Glen Nakahara, and Chuck Wackerman.



Practicing after school, **Greg Saylin** and **Trey Sandusky** look forward to their upcoming field competition with much hope.



Olympian Marching Band: Front Row- Debra Hrbacek, Stacey Nordstrom, Lynn Kichline, Shawn Pollard, Lisa Rose, Tom Faden, Joelle Anisman, Brad Seligman, Elizabeth Kim, Christina Trice, Patti Jetti, Kim Fuelleman, Stacey Jordan, Shareen Scott, Jani Maples, Kristine Klorz, Virgil Nafarrere, Allison Cook, Dave Lamb, Sharron Fitzgerald, Lari Skaugstad. **Second Row-** Greg Carson, Cindi Phillips, Stacie Light, Stacey Ziemba, Ann Faircloth, Erin Anderson, Darolyn Hamada, Greg Morris, Leslie Haines, Lisa Kaplan, Lisa Kefalas, Karen Wilhelm, Laura Murray, Eric Mellencamp. **Third Row-** Chris Ehler, Kevin Bishop, Treg Finney, Eric Roger, Steve Mason, Renee Menard, Wendy Schwantes, Meri Malohn, Kristi Papalexis, Cathy Raignr, Sandy Pendleron, Darlene Hawks, Alissa Robinson, Keith Lifshin, Stacy Stephens, Greg Saylin, Stan Abrams, Curt Engleman, Evan Kunst, Dave Pincek. **Fourth Row-** Keith Knittle, Laura Bowden, Sarah Mueller, Andy Hamov, Dave Carlin, Russ Roe, Cher Silvers, Tim Beck, Jeff Beaudain, John Hrbacek, Mike Moore, Tom Kim, Jeff Martin, Matt Winford, Bill Todd, Tim DeYoung, Chris Vesper, Dave Warner, Elise Herning, John Simundza. **Fifth Row-** Pat McDaniel, Jeff Brown, Mike Fogarty, Karen Wilhelm, Angie Dailing, Trey Sandusky, Tim Hamdorf, Mike Knittle, Jeff Rudrude, Chris Anderson, Mike Flanagan, John Jost, Mark Reutzel, Heather Frewin, Chris Myers, Stuart Nakayama, Doug Streele, Norm Davison, Ken Stockwell, Dane Kolb.



Concentrating hard, **Stacy Nordstrom** hits the right notes on the orchestra bells.



Hugging after performing at Dodger Stadium are **Darolyn Hamada**, **Erin Anderson** and **Darlene Hawks** of the band.



Matt Winford makes beautiful music on the marching baritone during a band practice.



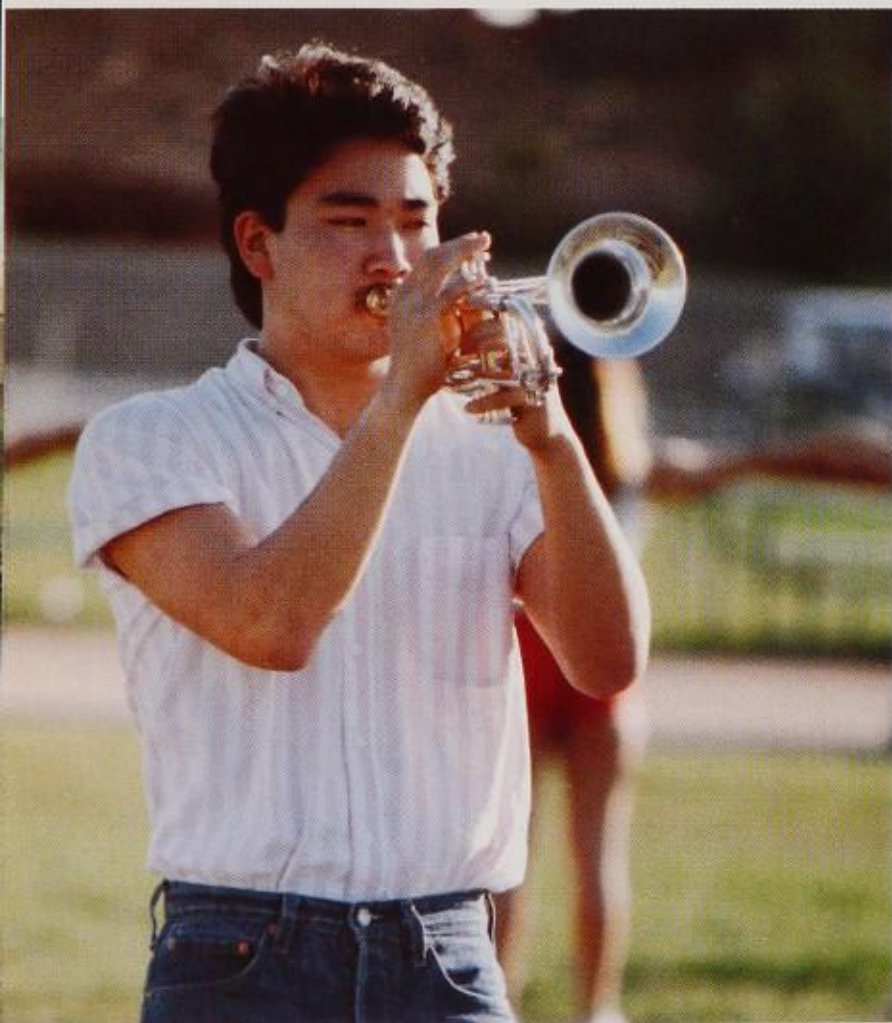
After winning sweepstakes at Sierra Vista Competition, **Erin Anderson** smiles with delight.



Awaiting their cue, **Dave Pincek** tries to get **Duane Kolb's** attention by blowing a bubble.



You can find **Joelle Anisman** and **Ann Faircloth** practicing anytime, rain or shine.



One of Los Al's talented players, **Stuart Nakayama**, takes some time to show off.



The band performing in Edinburgh, Scotland, show their style and charisma as they march down the street.



Los Al's Olympian drummers drum to a different beat, but aren't often found playing off cue.



— Olympians Cruise —

Students in band are very dedicated and are determined to perfect their skills. **John Hrbacek** (left) finds spending hours after school well worth the effort. Taking a momentary break, **Tim DeYoung** (upper left) looks onward and takes his mind off of practice. **Debbie Hrbacek** and **Jeff Martin** (above) play an important part in the band's success, while Los Al's **Olympian Marching Band** (upper right) preforms spectacularly in Leichester, England over the summer.

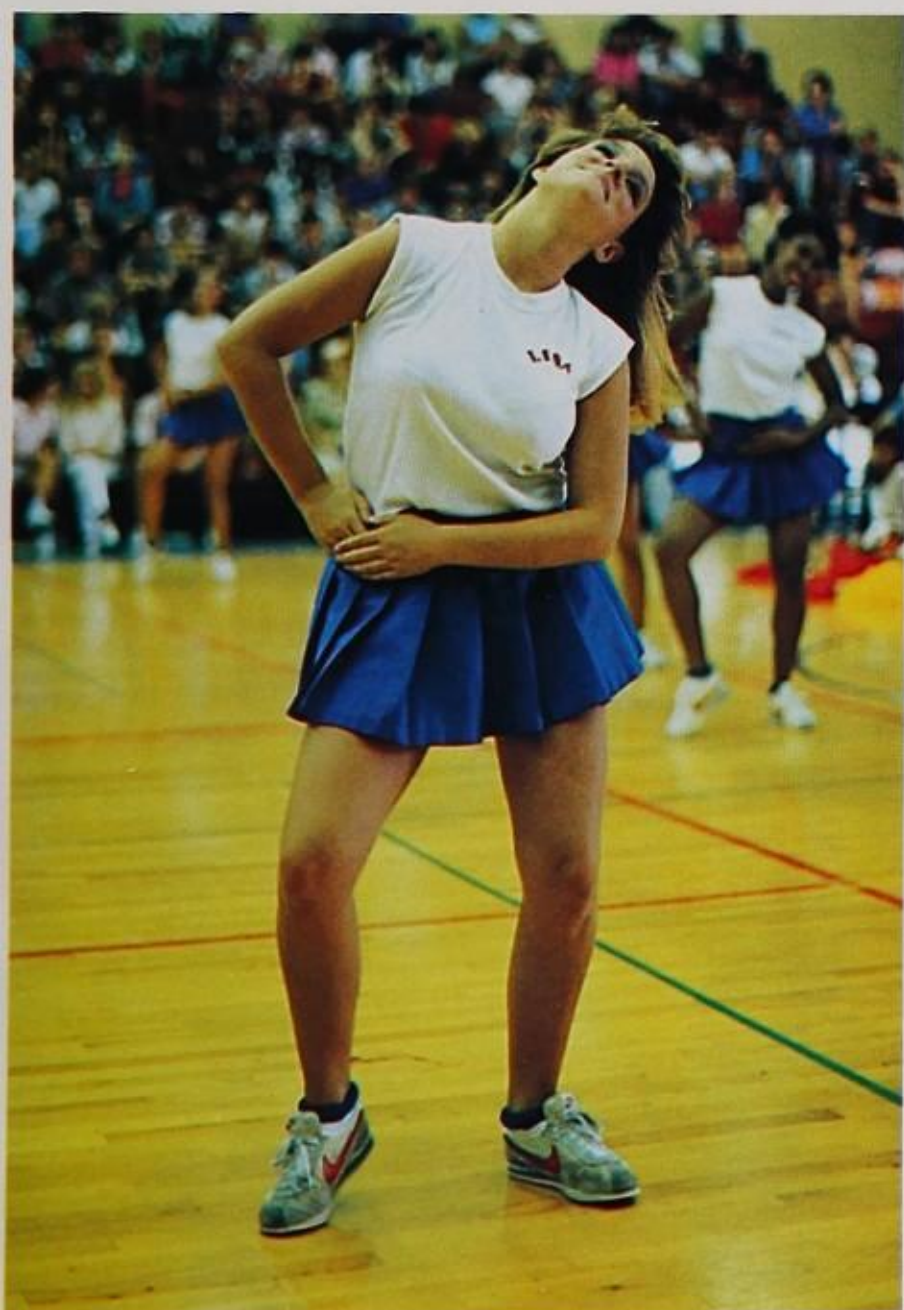
Omega Drill Team



Drill Team Officers: Second Recall Kelli Hawkins, Captain Kerry McFall, First Recall Kathy Jones



Omega Drill Team: Front Row- Laura Reeves, Angela Eaton, Lisa Harris, Kelli Hawkins, Kerry McFall, Kathy Jones, Tracy Luidk, Kim Petullo, Cynthia Glidewell, Lynn Cipollane **Second Row-** Naomi Nafarrere, Diane Erickson, Darlyn Sisemore, Michelle Sayers, Dana Seigel, Christy Howe, Wendy Orr, Maren Kussler, Brooke Burtzell, Marlo Assod **Thrid Row-** Kristen Guzman, Stacey Hawthoren, Mary McGill, Debbie Sittler, Jennifer Caughlin, Dana Wadleigh, Jennifer Meadows, Lauren Omahundro, Kim Re, Ann Save de Bearec **Fourth Row-** Kelsie Nance, Michelle Walker, Kam Lewis, Stephanie Snow, Michelle Haub, Michelle Schuman, Sandi Romero, Pam Rozalis, Christi Martinez, Karen Moestas



Omegas Ship Ahoy

The Omega Drill Team provides 40 girls with the opportunity to dance and perform. **Lynn Cipollone** (upper left) executes a salute with co-members **Debbie Sittler** and **Laura Reeves**. During an after school practice. The Drill Team often uses a militaristic style of dance to demonstrate their incredible unity. The Omegas are known for their kicklines. During a field show practice, **Lisa Harris**, **Kristen Guzman**, and **Angela Eaton** proudly rehearse their kicks believing in the old saying, "practice makes perfect." Performing dance routines at pep assemblies is only one of the many highlights of being an Omega. **Kim Petullo** (upper right) raises her hand high and shines a smile to the audience. Sophomore **Michelle Sayers** (lower right) beams in her uniform. Michelle is one of the outstanding members because of her sparkle and enthusiasm. Not only is **Lisa Harris** (lower left) the Senior Class President, she is actively involved in Drill Team. It is not hard for her to display captivating charm.

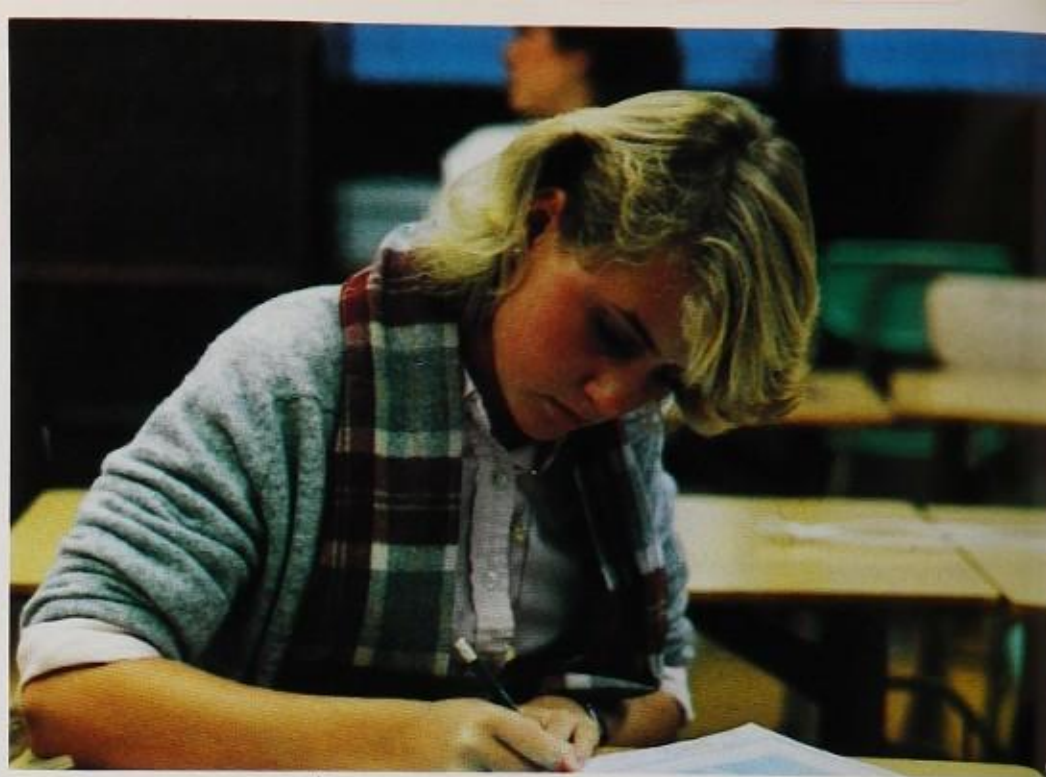
Cottonwood Has Smooth Sailing

Few people realize the amount of time and effort it takes to make a yearbook, not to mention the tedious work involved.

Throughout the year, the 1984 Cottonwood crew has been striving to their limits to make this year's book as memorable as possible. The crew can not just cruise along at any speed, but it must go full throttle to complete their work on time. Our dedicated sailors have spent extra time and effort before and after class hours to meet their deadlines as well as helping others meet theirs. The students work close together and contribute their ideas as a whole. Let us not forget the captain of our crew, **Mrs. Jan Kenny**. Without her persistence and dedication, our work would not have been smooth sailing.

Our logbook records the events of our 1984 cruise through high school. The crew of the Cottonwood has written a weekly account of day to day activities. Clubs, plays, classes and sports are all represented for your future memories.

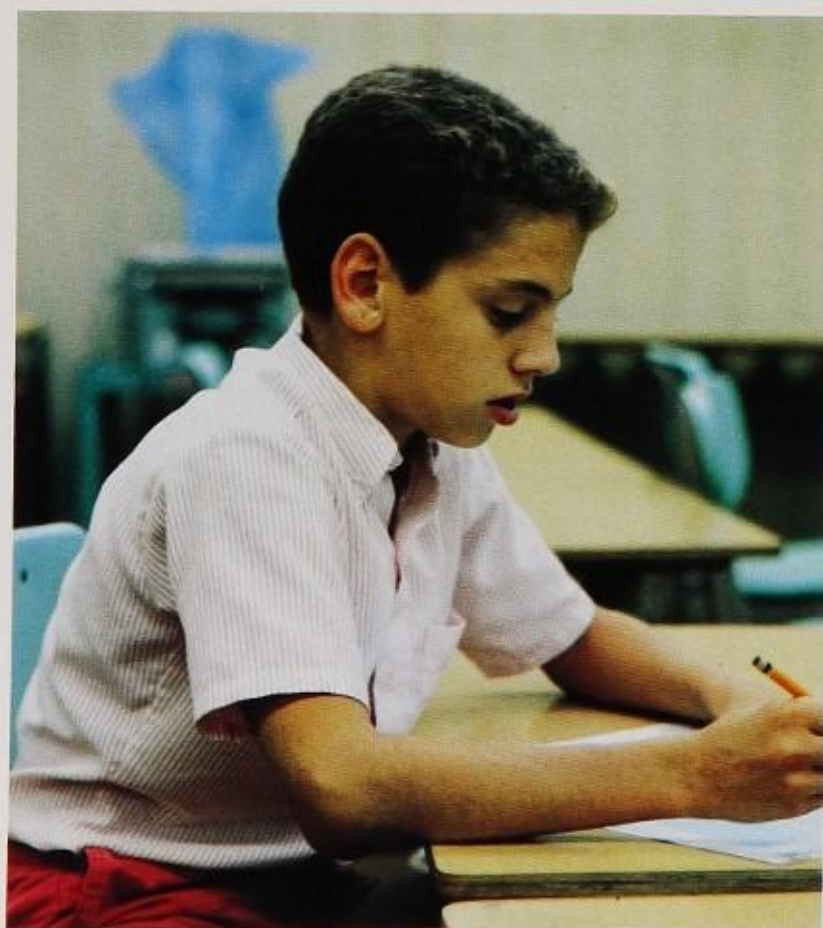
This year our theme was "Sailing Toward New Horizons." A small sailboat was repeated throughout the book to represent our theme.



Kelli Hawkins, the editor of the sophomore section, is one of the few sophomores on the staff.



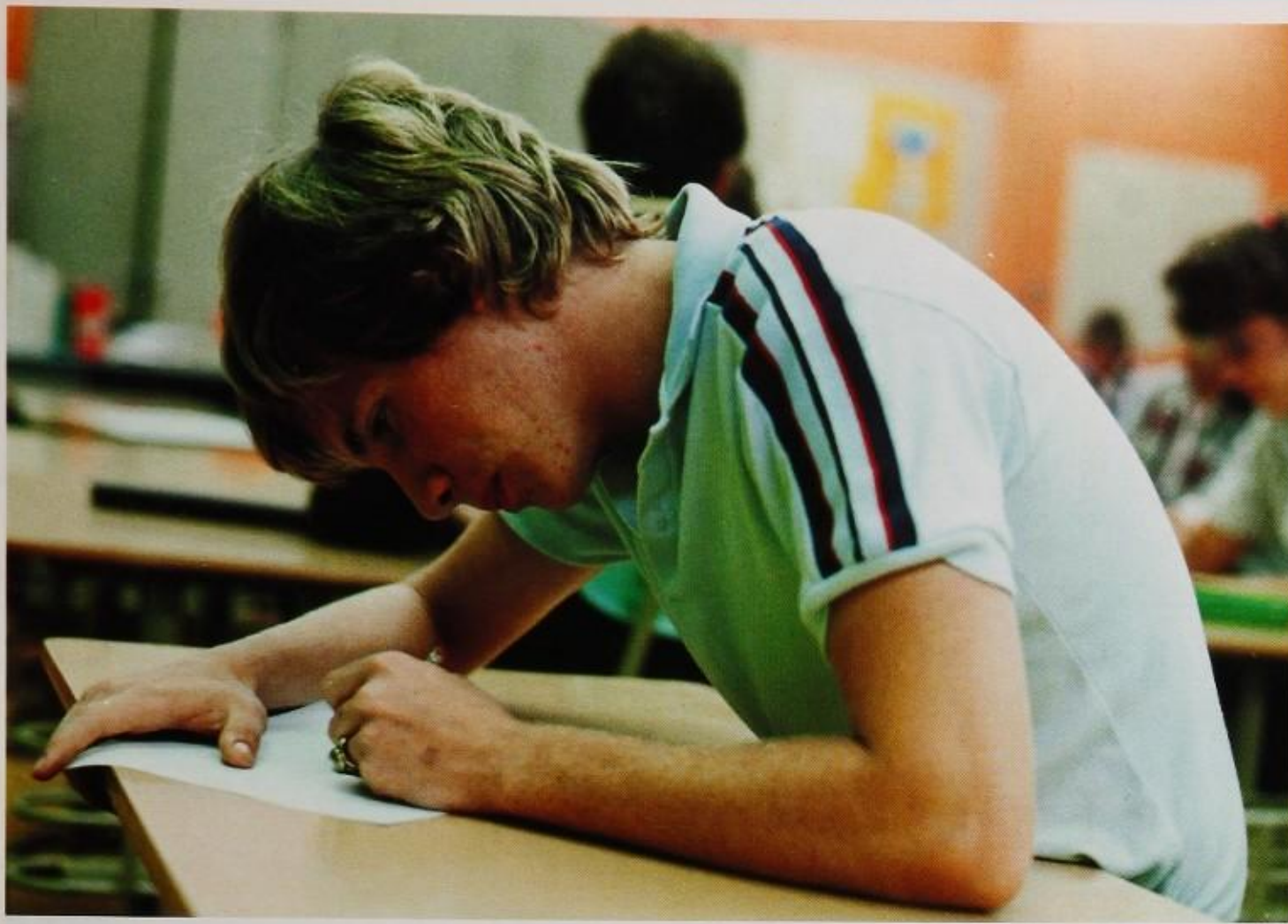
Kathleen Beatty, **Tricia Baker** and **Karen Smith** help each other when planning layout designs.



Thinking of organization and eye-flow of the page, **Scott Saxon** designs layouts for the freshman section.



Cottonwood Staff: Front Row - Jody Okamoto, Tricia Baker. Second Row - Jim Kirkpatrick, Jose Camarena, Doug Sreele



Designing one of the many sailboats that appear throughout the yearbook, **Robert Fischer** is able to work under pressure. Meeting each deadline is the job of everyone on the Cottonwood Staff, including the aspiring artists like Robert. He also created the picture that has become the cover.



With determination, **Karen Smith** and **Lisa Shanaberger** clean the bronze emblem in front of the school so that it can be used in the yearbook.



Cottonwood Staff: **Kneeling-** Maria Romero, Kelli Hawkins **Front Row-** Robert Fischer, Tracy Callen, Lisa Steele, Anita Navarro, Laura Abbate, Liz Brewer, Kathleen Beatty **Second Row-** Samey Griffin, Scott Saxon

Varsity Song

Varsity Cheer



Varsity Song: **Front Row-** Tracy Cohn, Denise Troutman, Amy McDougall, Corrine Grubb, Wendy Williamson **Second Row-** Tracy Clark, Ruth Busenkell, Stacy Kramer, Michelle Archer, Cathy Crockett



Varsity Cheer: **Front Row-** Cathy Sler, Jana Crum, Tiffany Lienau, Julie Green **Second Row-** Angie Conley, Laura Upham, Connie Nixon, Beth Schultz, Lisa Landers **Third Row-** Gene Sollows, Adam Gregory, Pat McIlrath, Jack Persho, Tug le Compte, Mark Clemons



Cheer Sails Onward

The Varsity Yell, Song, and Cheer squads represent the spirit and pride of Los Alamitos. During the year they perform at pep assemblies, games and competitions, constantly raising the student body's spirit. (Top left) Jack Perisho, Gene Sollows, Laura Upham, Beth Shultz, Jana Grum, and Julie Green of the Varsity Cheer end their routine with a simple formation.

The Varsity Songleaders perfect and perform energetic routines which are the highlight of each game and assembly. (Top right) Cathy Crockett dances her heart out. (Bottom right) Corrine Grubb, a junior on the song squad, smiles after just finishing her routine. Performing in front of one's friends can be scary, though Tiffany Lienau (bottom left) doesn't let her feelings of stage fright show. The Varsity Cheerleaders' use of pom poms in their routine was a good variation in style. The entire Yell, Song, and Cheer squad combine to make Los Al a more friendly and spirited school.

FRESHMAN

CHEER



Freshman Cheer: Front Row- Ronna Coulter, Michelle Birdsall, Denise Kaneko, Kim Rodefeld. Second Row- Anne Marie Hagmann, Margi Hilschman, Wendy Poe, Michelle Overbeek, Wendy Nugier.



JV Cheer: Front Row- Cathy Poe, Laurel Kergan, Michelle Sroll, Stacy Pollard, Donna Hardin. Second Row- Missy Munsterman, Jody Crum, Traci Gibson, Suzann Pray, Kim McAfee, Kim Diehl. Third Row- Guy Woodson, Jeff Wilson, Chris Stratton, Mike Thompson.

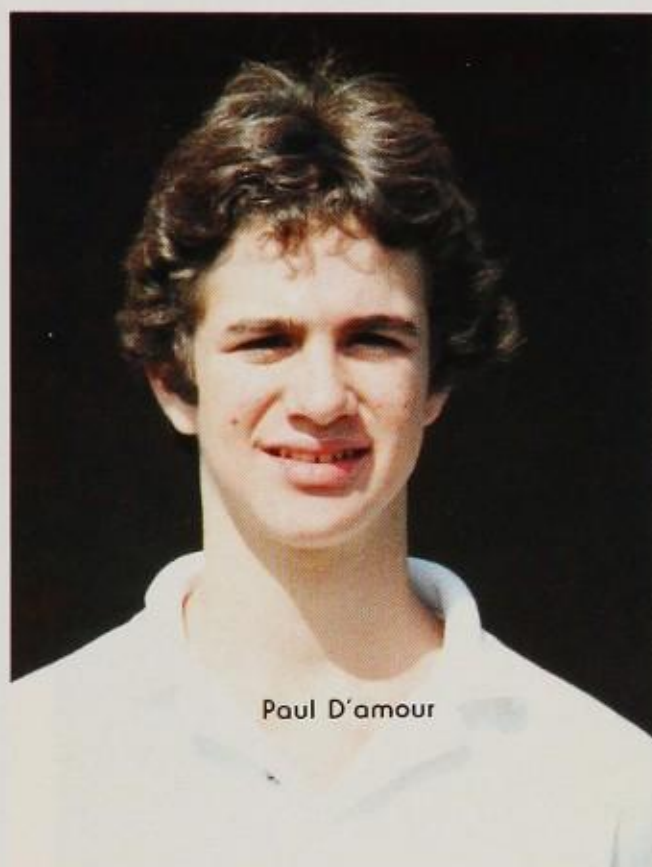


—Squads Cheer Crew—

Nine girls make up our new Freshman Cheer Squad. This group is the building block of the Los Al spirit program. These ladies want to be actively involved in their school, and find cheer a great way to achieve this. Building pyramids can be a challenge. **Michelle Birdsall, Ronna Coulter, Kim Rodefild, Wendy Nugier, Ann Marie Hagmann, Denise Kaneko, and Margi Hibschan** (top left) succeed at this dangerous feat. The Junior Varsity Cheer Squad utilizes their skills as acrobats during their routines. In the upper right, **Donna Hardin** assists **Jody Crum** with one of these difficult stunts. Gymnastics enable the cheerleaders to effectively dazzle their audiences. To the left, **Traci Gibson** concentrates in order to perfect the dance portion of the competition routine. **Laurel Kergan** and **Chris Stratton** (above) demonstrate another type of routine in which the squad depends on their voices instead of music for rhythm. Both Junior Varsity and Freshman Cheer have hopes of competing in interstate events to gain experience for national championships.



Mascots- Gertrude Griffin Adelle Bish and Gunther Griffin Marv Ahlstrom



Paul D'amour



Griffins Make A Move

Mascots provide caricatures of spirit and enthusiasm for the crowd's entertainment. Our own Gunther and Gertrude Griffin embody that invincibility our team needs to sail to victory. The Griffin is also depicted on our coat-of-arms to represent our strength. Gertrude and Gunter participate in spirit motivation at most major sporting events and pep assemblies.

Maintaining the spirit squads on campus proves to be a full time position for junior **Paul D'amour**. Paul attends all of the spirit orientated activities maintaining the equipment for all pep squads. Along with advisor Mrs. Judy Trujillo, the Cheer Squads benefit from the sincere effort of Paul.



Drama Club Michelle Archer, Miki Aurang, Diana Barrientes, Deanna Benstead, Robert Book, Melissa Brely, Carla Childers, Lynn Clissold, Julie Coontz, Paul D'Amour, Sandra Daniels, Tom DeHardt, Teri Eirees, Scott Fernbach, Jay Fernbach, Lenny Fintaney, Elizabeth Fisher, Darren Gladini, David Gomper, Samantha Griffin, Laura Hill, Margi Hivschman, Karen Holstein, Judy Holzgang, Heather Hoppup, Kristen Jensen, Alison King, John Kinnier, Tom Kristoffy, Elisa Langsam, Shelley Lanza, Sandra Larson, Bobby Lee, Sam Lipton, Andy Magnier, Dianna May, Kim Martin, Mary McGill, Matt McShirny, Jennifer Meadows, Debbie Mukamal, Jan Mulhardt, Brad Murry, Kent Nordstrom, Judy Parrent, Maureen Perez, Wendy Preston, Herb Reich, Pam Rozolis, Ted Rozolis, Shelley Sandusky, Trey Sandusky, Darren Sarro, Anne Save, Shawn Shaffer, Carol Shane, Pam Spyr, Amada Strillings, Jennifer Swanson, Bill Todd, Lori Tyn, Ron Wilhem, Tracy Wilson, Ther Win, Kathy Waitovich, Malcom Wornack, Grace Wong, Guy Woodson.

Smash Hits Performed

One of the most active groups on board ship this year is the **Drama Club**. The first main event staged on deck was the well known play, **You Can't Take It With You**, and second semester saw **How To Succeed In Business** performed. These talented students were very high spirited and professional. Performances were always exciting because of the strong personalities of the cast. The members eagerly learned their lines and added a touch of individuality to their character.



Drama Club Officers: **Tom DeHardt, Kim Martin, Karen Holstein, Trey Sandusky**



Drama director **Judy Trujillo** looks attentively at her talented students.



John Paul LaBouff looks into **Laura Hill's** eyes as he proposes to her in the play, **You Can't Take It With You**.

Clubs Added To Itinerary

A combination of advanced and beginning skiers make up the **Los Alamitos Ski Club**. Once again they took to the slopes of Utah, during winter break. **David Blum**, a four year member of Ski Club, stated that the skiing was exceptionally good this year and everyone had a blast.

The **Dance Club** was formed in the spring of 1983 to attract students who enjoyed ballet and jazz dancing. Their activities include morning workouts on deck, and various performances in and around Orange County. Officers for the Dance Club are President, **Mitizie Abbot**; Vice President, **Sam Lipton**; Secretary, **Michelle Shanon**; and Treasurer, **Linda Bueno**.

A new club formed was the **Futures Club**. It consisted of approximately 25 members and was advised by Mr. and Mrs. Cross. The first activity held was a Future Society Fashion Show. The club worked with Nordstrom department store to help raise money for a hospice. A Future's Fair was also held.



John Ortiz waits anxiously to receive his lift ticket to hit the slopes of Snowbird. The annual ski trip to Utah was met with several inches of falling snow a day.



Ski Club Illina Alanes, Ray Allard, Robert Alvarez, Mike Asher, Jennifer Baker, Mike Baker, Mike Barton, Scott Belle, Josh Bennett, David Blum, Mark Brown, Jill Collison, Albert Chang, Wei How Chang, Mike Cool, Gary Covington, David Cutler, Jeff Dechert, Don DeQuardo, Steve Dennis, Jim Devlin, Leslie Durkee, Maria Eschenbrenner, Adam Fineman, Todd Flanagan, Kelly Gaines, Brian Gold, Rob Gordon, Kris Greggerson, Cathy Griffin, Steve Groff, Corrine Grubb, Lesley Harris, Ed Hirsch, Kim Houston, Jean Ingerle, Eric Jones, Lisa Kanasi, Russel Kibbee, Redden Knight, Debbie Kurtela, Jana Lifshin, Keith Lifshin, Kathy Long, Susan Lynski, Chris Madsen, Steve Magner, Shannon Ming, Rich Morgan, Cindy Marin, Joe Naber, Rich Nen, Connie Nixon, John Ortiz, Randy Paine, Aaron Palagruti, Jeff Parh, Kim Palmer, Karhy Pellegrino, Babak Pezeshki, Jim Reis, Dirk Rippelmeyer, Kurt Rippelmeyer, Hillary Rout, Kris Schlauch, Chris Schmitt, Juli Schultz, Bob Shortridge, Rick Shortridge, Stacey Simonds, James Sippelle, Tanya Sheers, Julie Sippelle, Kacey Smith, Valerie Spinosa, Scott Steinberger, Tom Sugihara, Tony Torquato, Richie Tyler, Scott Welsh, Russ Wendell, Bill Whitlock, John Witlock, Debbie Wiesler, Tracy Wilkinson.



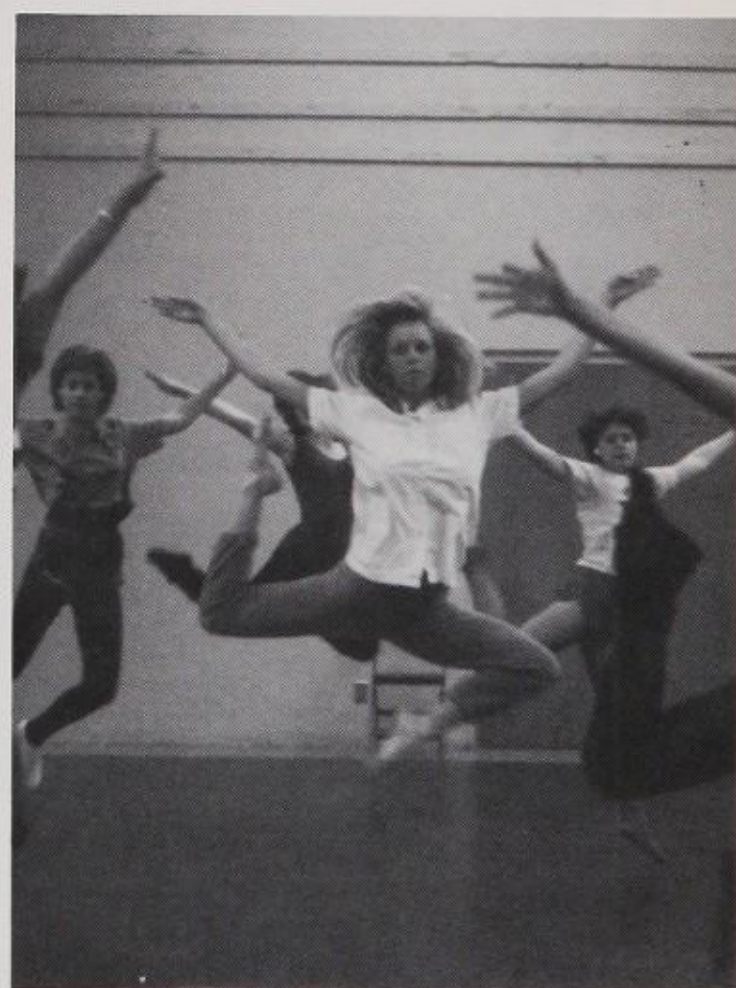
Dance Club: Front Row-Sam Lipton Second Row-Mirize Abbott, Michelle Shanon, Sabrina Tifrit, Rhonda Peterson, Linda Bueno Third Row-Sherry Williamson, Lisa Hess, Cari Oliver, Tracy Reynolds, Sue Ewing, Nena Rathke, Jackie Niland Fourth Row-Danira Humphrey, Ann Caudillo, Devora Binder, Sabrina Thomas, Linda Palmer, Susan Bell, Ivy Chou, Sheri Millar, April Delaney, Kristi Kendall, Shawana Rankins



Surprising the rest of the class, **Sabrina Tifrit** shows her many talents as a unique dancer, and shows off her newly learned routine.



Future Club: Front Row-Cathy Jenner, Mike Pawson, Hevy Lechen, Laura Silverman, Ellen Bloom, Ron Maag Second Row- Jordan Zomick, Peter Wilson, Laura Hill, Jeannie Park, Jennifer Meadows, Mike Egan, John Nelson Third Row-Joy Fernbach, Lisa Mulhardt, Bruce McMorris, Chris Vesper, Russ Kibbee, Stephanie Smith



Leaping to success, **Shawn Cordes** shows the instructor how she has been practicing her stag jump. Throughout the year the Dance Club prepares performances

Trip Entails Fun

During the summer of '83 the German Club students who were interested were invited to go to Germany to learn more about their way of living. **Mr. Pectol**, the German language teacher and club advisor enriched the students with the authentic German experience.

Throughout the year French Club held parties for the making of the ever-so-popular French pastries and their unique way of making meals. Behind all the hard working students stands a lady by the name of **Miss Roberts**.

The Spanish Club, one of the most popular foreign language groups, has had many experiences with the Spanish flavor, lead by **Mrs. Huey**.



Spanish Club: **First Row-** Sabrina Thomas, Linda Bueno, Mike Wellington, Lisa Perels, Shawn Duzich, Ivy Chou, Denise Troutman, Teri Amero, Devin Last. **Second Row-** Mrs. Huey, Heidi Gray, Miki Aurang, Matt Fisher, Liz Brewer, Corrine Atkinson, Meg Murray, Eunice Park, Ellen Bloom, Suzanne Bird. **Third Row-** Kenny Cross, Pia Ruotsalainen, Ricky Byrell, Stacy Lee, Aaron Glarman, Janet Lee, Danita Humphrey, Karen Smith, Chris Vesper. **Fourth Row-** Ricky Byrell, Russ Carpenter, Steve Brody, Andy Magner, Teddy Rozolis, Eric Garthwaite, Brer Bowen.



Los Al senior **Robert Fisher** explains to his newly made German friends how much he enjoys learning about architectural style in Bavaria.



German Club Officers: Craig Wilkerson, Tracey Reynolds, Mr. Pecol, Cathy Crockett, and Rich Morgan.



German Club: Erin Anderson, Jeff Bickel, Wayne Bish, Sean Bolton, Kenton Brookes, Mari Brown, Charles Bueno, Russ Bugge, Karin Buhler, Brooke Burtsell, Russ Carpenter, Shelly Chandler, Diana Cheng, Kathy Chen, Jeff Cimballo, Cathy Crockett, Johnny Dunn, Curt Engleman, Steve Farrel, Joy Fernbach, Robert Fisher, Karen Fuegal, Kim Fueleman, Robert Gossman, David Hastie, Darlene Hawks, Brenda Huber, Laura Junkerman, John Kanmie, Lynn Kichline, Wim Libby, Jim Lo, Tony Lopez, Maryanne Manabar, Janine Martin, Jennifer Meadows, Geoff Mellon, Adell Miller, John Morgan, Sara Mueller, Rich Murray, Stacy Nordstrom, Jim Oberacker, Jeff Palk, Todd Paulos, Lisa Pederson, Brooks Perers, Rich Powers, Scott Raber, Wendy Rady, Ashley Reeks, Mark Rellig, Tracey Reynolds, Julie Rohlfing, Robert Rhyu, Scott Sargent, Ken Stauch, Greg Schenk, Elizabeth Schuck, Mike Strea, Jodai Serami, Keith Shivers, Ron Sittler, Steve Smith, Steve Snyder, David Sohn, Scott Sorenson, Michelle Sroll, M. Sweet, Mike Thimier, Vanessa Thomas, Tomas Vejsz, Paula Wasikowski, Christina Welter, Bill Woyshner.



French Club: **First Row-** Tracy Blakenship, Kelly Agosta, Judy Holzgang, Shelley Sandusky, Marina Manabar, Verna Wright, Melissa Bolling, Jodi Brown, Ruth Busenkell, Mini Dhillon. **Second Row-** Julie Meadows, Jeannie Pekelny, Stacey Ray, Lisa Pederson, Preer Dhillon, Melissa Taber, Lovy Dhillon, Cathy Allard, Kim Mirsoltani. **Third Row-** Eric Irakura, Jamie Welsh, Michael Dawson, Rosemary Peters, Erica Huang, Jennifer Phillips, Kenny Hayashida, Paul D'Amour, Mrs. Stanton. **Fourth Row-** Alan Go, Mark Welzen, Michael Chen, Andria Dickens, Janet Lee, Kathy Waitovich, Alida Cevallos, Rebecca Hutcheson, Pia Ruotsalainen. **Fifth Row-** David Clissold, Kent Nordstrom, Tom Nockold, Gwen Orrick, Cathy Jenner, Eric Garthwaite. **Sixth Row-** Lily Truong, Daphne, Chiki Aurang, Sandy Hertzog, Laura Hill, Grace Wang, Elisa Langsam, Mrs. Roberts, Brett Bowen



Members of the French Club **Tom Nockold, Jennifer Phillips, and Jamie Welsh** try the freshly made fondue at one of the popular French Club dinners.



Making an authentic French pastry **Jennifer Phillips, Ruth Busenkell, Barbara Caruso, Chiki Aurang, Miss Roberts** and many others learn the tricks of making a good dessert. Through the year they had many parties to learn these skills.



Strolling down a street in Friedberg, Germany, **Mike Thimler, and Dave Carpenter** approach an historic Catholic cathedral built centuries ago.

Service Clubs Sail Forward

Community service is the name of the game for the **Key Club**. They participated in Cystic Fibrosis fund raising activities, but their main effort was put toward collecting canned goods, food baskets, and Christmas trees for the needy in December. Key Club's international theme is, "Confront Confusion, Discover Direction", stated club advisor **Mr. Bill Daly**.

Numbering over 65 members this year, the **Keywanettes** devoted some of their community service time to the Special Olympics and the Cystic Fibrosis Foundation. Two highlights were their participation in the Special Olympics Parade and C.F.F. Bowl-A-Thon. Combining pleasure with work, they became more involved in helping out in the Town and Country Fair as well as managing their self-created Ho-Ho-Grams and Kiss-o-Gram sales.

Another youth service group was **Interact**. Their main purpose was to service the community, school, and county. They volunteered their time at the Special Olympics and also aided the Red Cross. The president of Interact **Melissa Bolling** said, "Even though it's hard work we still have a lot of fun."



Showing her artistic ability, **Shelley Pilichi** paints a colorful sign for the famous Christmas Ho-Ho-Grams.



Taking a break from an intense study period, **David Gershon** reads the school newspaper. Besides being an Interact member, he also competes with the Kiwanis Bowl team.



Keywanette Officers: Front Row- Kathy Lunde, Kim Wiley, Ellen Bloom Second Row- Mr. Daly, Alisa Parks



Interact Club: **Front Row-** Janer Lee, Jeannie Pekelny, Kathy Newlin, Melissa Dalling, Ronda DuFaur, Kathy Allard **Second Row-** Davina Haimov, Tam Ta, Michael Chin, Kim Green, Kenny Hay, Regina Ygore **Third Row-** Jennifer Martinez, Verna Wright, Phil Wyels, Andy Magner, David Gershon, Teddy Rozolis, Mike Srea, Adel Miller



President, **Kim Wiley** concentrates on the preparation of the sign advertising the Kiss-o-Gram sales. These are sold annually during the month of February and are delivered on Valentine's Day.



Key Club: **Front Row-** Jeff Kennedy, Tom DeHardt, Eric Peterson, John Cruz, Kent Ramseyer, David Houck, Tim Innes, Devin Last **Second Row-** Kevin Polacek, Ken Srockwell, David Carpenter, Mike Melancon, Todd Farone, Mr. Daly



Advisor of Key Club and Keywannerettes, **Mr. Bill Daly** gives **Lisa Rose** a friendly hug. Love and friendship are two qualities that shine right through Mr. Daly to others.



Keywannerettes: **Front Row-** Suzanne Bird, Tiffany Lienau, Wendy Williamson, Cheryl Birdsall, Stephanie Able, Angela Earon, Holly Classky, Kris Johnson, Cathy Siler, Shannon Polacek, Amy Cross, Sabrina Thomas **Second Row-** Ellen Bloom, Kim Wiley, Connie Nixon, Beth Shultz, Kim McVicker, Kristen Sprague, Trice Barto, April Leaply, Missy Munsterman, Karen Holstein **Third Row-** Kim Sorenson, Lisa Wellington, Kim Smith, Ther Win, Cindy Siler, Christy Howe, Denise Millar, Shelly Pilichi, Mr. Daly **Fourth Row-** Kristen Jensen, Michelle Wilkenson, Debbie Kurtella, Tracy Walker, Lisa Steele, Michelle Snow

Clubs Sail Up New Channels

Rocking the boat this year was the Los Alamitos **Stage Band**. These talented young musicians practice every morning during zero period, with Mr. Charles Wackerman, the stage band instructor, directing them all the way. During the year these students performed in many festivals and achieved great success.

Also active on board this year was the **4-H Club**. They participated at fairs and dog shows, entering pers and livestock. Their main concern was the well being of all animals. President, **Kristina Vycius** believes that outstanding care and attention should be given to all animals.

New on the ship is the **Future Business Leaders of America Club**. It is sponsored by the Information Processing Department. Students are selected on basis of grade point average, positive attitude, and career orientation. Members competed at local, state, and national levels in areas of information processing, which included typing, shorthand, word processing, and business machine skills. Mrs. Grubb and Mrs. Cross were co-sponsors who coordinated the various activities.



Stage Band: Front Row- Darilyn Hamada, Jeff Martin, Mike Flanagan, Marisa Macras
Second Row- Chris Anderson, Cher Silvers, Tim Beck, Matt Winford
Third Row- Allison Cook, Stacy Light, Mike Moore, Dren McDonald, Steven Mason, Christopher Myers, Keith Lifshin, Russel Roe, David Lamb



First year member **Allison Cook** looks up to the director for some musical advice. She also plays the bells in marching band.



Trumpet player, **Christopher Myers** plays to a new jazz piece in zero period stage band.



Swinging to a jazz be-bop song, **Chris Anderson** plays his heart out to achieve a warm solid sound. Chris also plays the tuba in the Olympian Marching Band during marching season.



4-H Club: Front Row- Linda Bueno, Kristina Vycius, Melissa Tober Second Row- Charles Bueno, Jose Camarena, Ms. Jean Sleeper



Jose Camarena visited the zoo with a few of his friends. Caring for animals is but one of his many responsibilities.



F.B.L.A. Officers: Front Row- Debbie Klein, Mini Dhillon, Kim McVicker Second Row- Kathy Lunde, Kim Wiley, Mrs. Barbara Grubb



Tiffany Lienau, a member of Future Business Leaders of America, smiles with her final project in her hands. This book was submitted for a national scholarship competition.



F.B.L.A. Club: Front Row- Kerry McMahon, LiLu Truona Second Row- Chih-Yu Wu, Erin Linskey, Cindy Johnson, Nancy Gardner, Terry Amero, Lisa Hess, Erica Carroll, Tanya Cohen, Renee Franks Third Row- Lisa Lander, Adell Miller, Jordan Zommick, Johnny Dunn, Howard Chalawsky, Juanita Chio, Rosemary Liu, Kandi Campbell, Lovy Dhillon, Deborah Namn, Tiffany Lienau

Spirit Clubs Don Jackets

Four of the most spirited clubs this year were formed by senior girls. The overwhelming theme chosen by these clubs was the preppy jacket, with either a silkscreen print on the back or iron-ons. White was a popular color, but red and blue jackets were also seen on campus. As with many of the clubs at Los Al, the main purpose for formations of these groups was to promote school spirit. And most of all, as all seniors know, to have a great graduating year with all your closest friends.

Football season and Homecoming was the highlight of all these groups activities. The Senior Elite entered their Homecoming "queen" in the car decorating contest, and the Sensored Seniors decorated their car as a bride.

Promoting senior spirit was first priority for the Senior Elite, Senior Members, Sensored Seniors, and Senior Kaos, and it was all achieved.



Senior Members: Front Row- Teri Loe, Connie Nixon, Kelly Folks, Amy Morley, Stacy Krammer Second Row- Tanya Sheers, Alicia Welch, Valerie Spinoza, Michelle Alarcon



Senior Elite: Front Row- Sharron Fitzgerald, Lori Skaugstad, Kim Garmen, Shannon Montierth Second Row- Kim Sorensen, Michelle Snow, Lisa Sreele, Shelley Sandusky, Lisa Shanaberger, Maria Romero, Verna Wright Third Row- Mr. Hauenstein, Erin Linskey, Jodi Brown, Lisa Wellington, Kristen Sprague, Kim Smith, Melissa Bolling, Michelle Archer



Senior Kaos: Front Row- Wendy Rasmussen Second Row- Cathy Newlin, Rhonda Duffant, Jennifer Martinis, Daphne Delepine Third Row- Debbie Morron, Kelly Smith, Davina Haimov, Kristin Johnson, Beth Rattner, Fourth Row- Lisa Maulhardt, Julie Gilchrist, Nancy Jenner, Kim Green, Mr. Gilchrist



In incognito get-up, **Davina Haimov**, **Ronda Duffant**, and **Mary Halal** walk around campus to hand out the ever popular animal-grams.



Sensored Senior member, **Stephanie Smith** looks puzzled as she holds her stuffed animal. She was festive so she dressed up for Pajama Day.



Sensored Seniors: Front Row- Debbie Kurrela, Stephanie Smith Second Row- Cheryl Birdsall, Laura Upham, Tiffany Lienau, Valarie Chavez, Ginger Hodson, Leslie Hacker, Rene Marriot, Kim McVicker, Wendy Williamson Third Row- Kim Wiley, Beth Schulz, Diana Resh, Wendy Salisbury, Ellen Bloom, Verna Wright, Suzi Nelson, Jodi Brown Fourth Row- Lisa Harris, Suzanne Bird, Paige Rallo, Adelle Bish, Barbara Heller Fifth Row- Mascot Lisa Mills, Donna Walters, Michelle Wilkenson, Kathy Lunde, Bonnie Burns, Mr. Lung, Jennifer Condon, Linda MacCready, Cathy Crockett, Anita Navarro

CPA, AFA Make Waves

CPA? AFA? With the abbreviated club names, it is difficult for non-members to decipher their true meaning. This little bit of mystique adds to the group's uniqueness as they attempt to unify their friendships and similar interests. Banning together and supporting school activities, the CPA's and AFA's have set out to encourage school spirit and reinforce those friendships needed to endure four years of intense studying. Los Al's CPA's are a group of young women, who although not seniors, would like to remind everyone that the class of 1984 undoubtedly is one to remember. Their colorful t-shirts with fused on nicknames add a touch of spirit to all assemblies and sport activities which they attend. The AFA's are a group of friends who, unlike the CPA's, are unified by a sport. The majority of the AFA boys are involved with either one or two water sports. These members are diverse in their activities, too.



Senior CPA's: Front Row- Kristine Shue, Pia Ruorsalainen, Ann Acosta, Sabrina Thomas, Sedra Davis, Ric Kurosawa, Merilee Leuban, Alida Civalos, Mr. Palmer



AFA member **Phil Wyels** shows his dedication to his school by escorting a few underclassmen to the quad area. Some of Phil's better friends are younger and he tries to recruit them for next year's swimming team.



While putting his books away, **Pat McIlrath** anticipates that evening's swimming meet. AFA's boisterous manner quite often may be heard at most aquatic sports.



AFA: Front Row- Scott Leonard, Derek Hobbs, Jack Perisho, Danny Gregory **Second Row-** Tom DeHardt, Mike Patrick, Scott Fernbach, Adam Gregory, Pat McIlrath, Mark Clemons, Dave Carpenter, Tug LeCompre **Third Row-** Kent Ramseyer, Phil Wyels



LA's Finest: Front Row- Ana Rodriguez, Antonia Barragan, Maria Puente Second Row- Ms. Long, Lorie Paldie, Maria Puente, Robin Walker, Donia Ramirez, Mr. Schroeder Third Row- Rosemary Guerra, Ruth Gutierrez

Each member of the LA's Finest T-shirt club has a T-shirt and a sweatshirt. Worn on game days, either attire may be seen on the Los Al campus.



A senior member of the LA Lites, **Howard Firzer** participates in homecoming activities by pushing a VW.



LA Lites: Front Row- Steve Brody, Kenny Hayashida Second Row- David Reinking, Brett Bowen, Russell Carpenter

Working on one of the new Apple II computers, **Steve Brody** attempts to calculate that evening's CIF basketball odds. As a member of the LA Lites Steve will attend the game.

Lovable TKOs Sail

Los Al's Junior TKOs were a positive asset to all sports seasons. The fifteen girls wore their red jackets with gold silkscreening to almost all of the school activities, especially basketball games. Many of its members were involved in other organizations such as: athletics, songleading, drill team, drama, speech, and the Junior Class Committee. Likewise, Los Al's Lovables promoted their school spirit. They encouraged interest in school events, both academic and extra curricular. Thanks to these two clubs the Junior Class was noted for its excitement of being part of the upperclass.



In honor of Halloween Dress-up Day, members of the Junior TKOs, **Ruth Busenkell, Denise Troutman, Deanna Benstead, Joy Fernbach, Kathy Glaudini, Jennifer Meadows, and Tracy Clark**, dressed as multi-colored crayons.



Los Al Lovables: Front Row- Liz Brewer, Vickie Hart, Sammy Griffin **Second Row-** Laura Kraft, Karen Smith, Ms. Wilson



Junior TKOs: Front Row- Susie Kiker, Stacy Nordstrom **Second Row-** Joy Fernbach, Amy McDougall, Denise Troutman, Ruth Busenkell, Kathy Glaudini **Third Row-** Fiona Sinclair, Laura Hill, Kathleen Beatty, Tracy Clark, Jennifer Caughlin, Deanna Benstead, Jennifer Meadows



Junior Juveniles and Sophomore Scandals: Front Row- Maria Eshenbrenner, Lesley Durkee, Lori Heinselman, Anna Triplett, Vicki Land, Cindi Moren, Kris Greggersen, Hillary Rourr, Lisa Kanasi, Hill Fujikawa Second Row- Jenae Elwell, Kris Schlauch, Jean Ingerle, Julie Schulz, Jill Morley, Mr. Lung, Christine Dennis, Kathy Pellegrino, Stacey Simonds, Jeanne Allard



Being a member of the Sophomore Scandals, **Kris Greggersen** looks forward to spending her day at school with her friends. T-shirt clubs are an excellent way to keep friendships close and be involved in school.



A distinctive method used by students to obtain class credit is to become a teacher's aide. **Anna Triplett** sorts schedules in order to file them more quickly. Being a teacher's aide offers students the experience to work in an office environment.

— Hightops Hop —

The **Junior Juveniles** and **Sophomore Scandals** were clubs that promoted school spirit. Their activities included attending football games, dressing up on spirit days, and showing their school enthusiasm at assemblies. Many of the girls were involved in extra-curricular activities, namely athletics. The two clubs consisted of tenth and eleventh grade girls who were best friends during the year. The marching gray sweatshirts show the clubs's togetherness. The clubs's pride and joy is that they promoted the chic fashion of hightops.

Ensigns Show Football Spirit

Using Glover and Handel Stadiums, the Griffin fans filled each stadium rooting our Griffin team to victory. The stands proved to be a field of its own with a conglomeration of senior, junior, sophomore and freshmen groups. From the Sophomore Eyes on LA to the Football Followers, each brought various objects ranging from pie tins to balloons which illuminated the stands and boosted the crowd's participation. The Football Followers supported the Griffin team with their outgoing manner and constant team encouragement. The girls wore football jerseys on game days in honor of their sophomore boyfriends.



Football Followers: Front Row- Sean Conboy, Craig Wilkerson, Jeff Nicks, Robert Brakke, Rich Morgan, Nick Paulos, Brian Haub, Russ Wendell Second Row- Laura Abbare, Brenda Huber, April Alvarez, Lisa Ziemer, Barbara Heller, Bersy Young, Lori Hertzog, Debbie Kurrella Third Row- Laurie Serwinski, Mr. VanGorder, DeAnne Hawks, Tricia Baker



The female members of the Football Followers further support our Griffin team by participating in the first annual car decorating contest. The girls won one of the cash prizes, which was spent on their club picnic.



Sophomores Eyes On LA: Sitting- Stephanie Snow, mascot First Row- Sabrina Thomas, Stephanie Canin, Wendy Montierth, Lisa Kaplan, Maren Kussler Second Row- Michelle Stoll, Andrea Barrows, Kathy Pound, Shanna Hemmings, Cathy Poe, Kristan Pipal, Laurel Kergan, Joy Whitney, Wendy Orr, Jodi Crum, Mrs. Cross



While performing at one of the pep assemblies, Andrea Barrows smiles at the crowd for their warm response. Her t-shirt club, the Sophomore Eyes on LA give an extra rousing cheer of support.



Vice President **Scott Hoffman**, President **Todd Fatone**



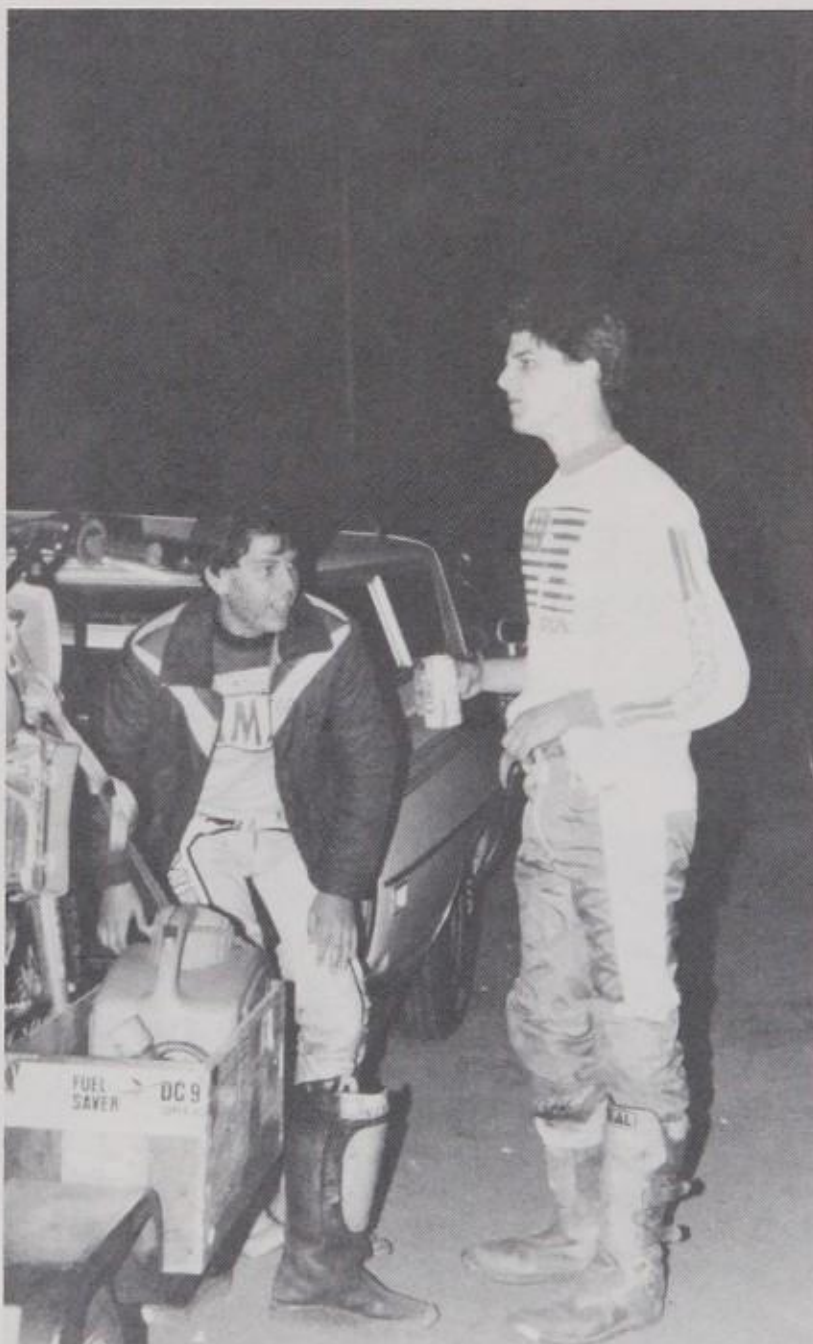
Although the Motocross Club competes as a team, quite often they must square off for final positions. **Chris Nugier** and **Todd Fatone** demonstrate this complication.



Motocross Club: Front Row- Chris Covellone, Kyle Shields, Mike Hudson Second Row- Mr. Martinez, Matt Deming, Chris Nugier, Paul Park

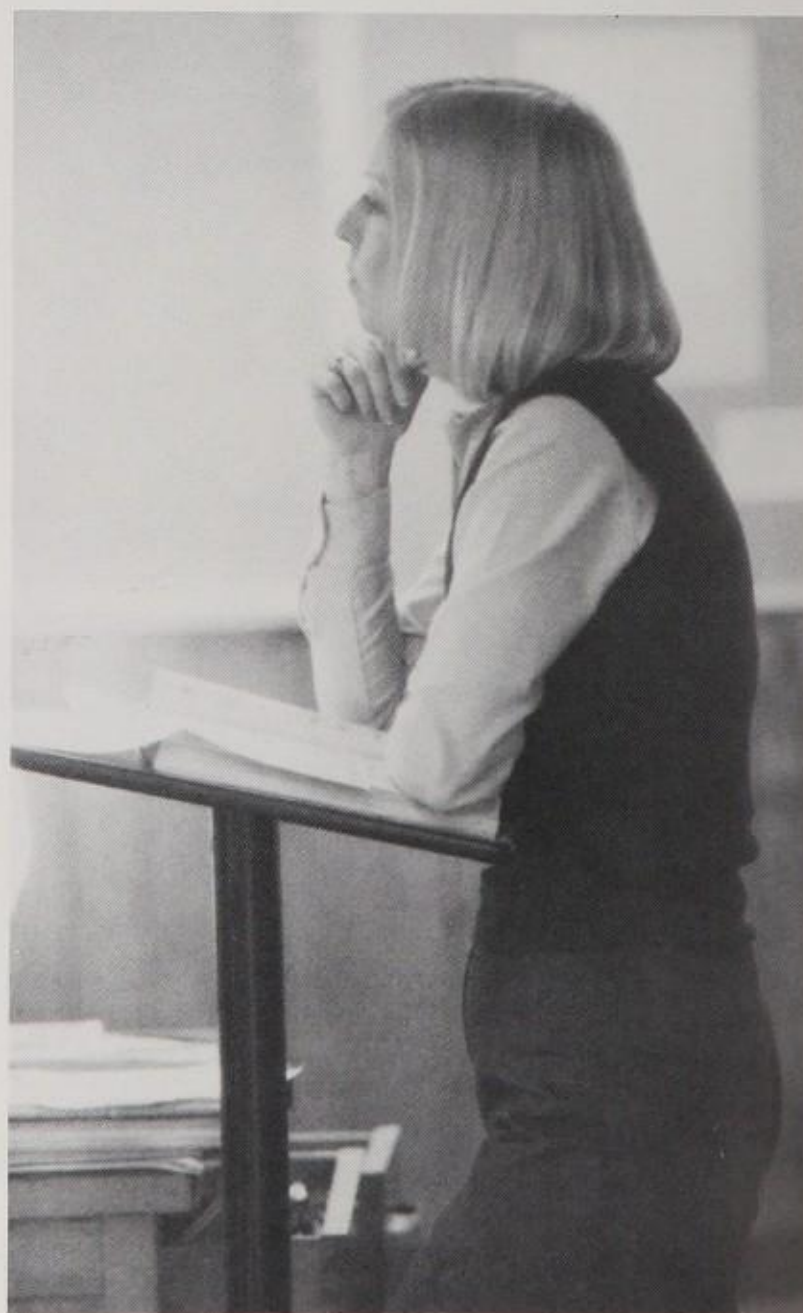
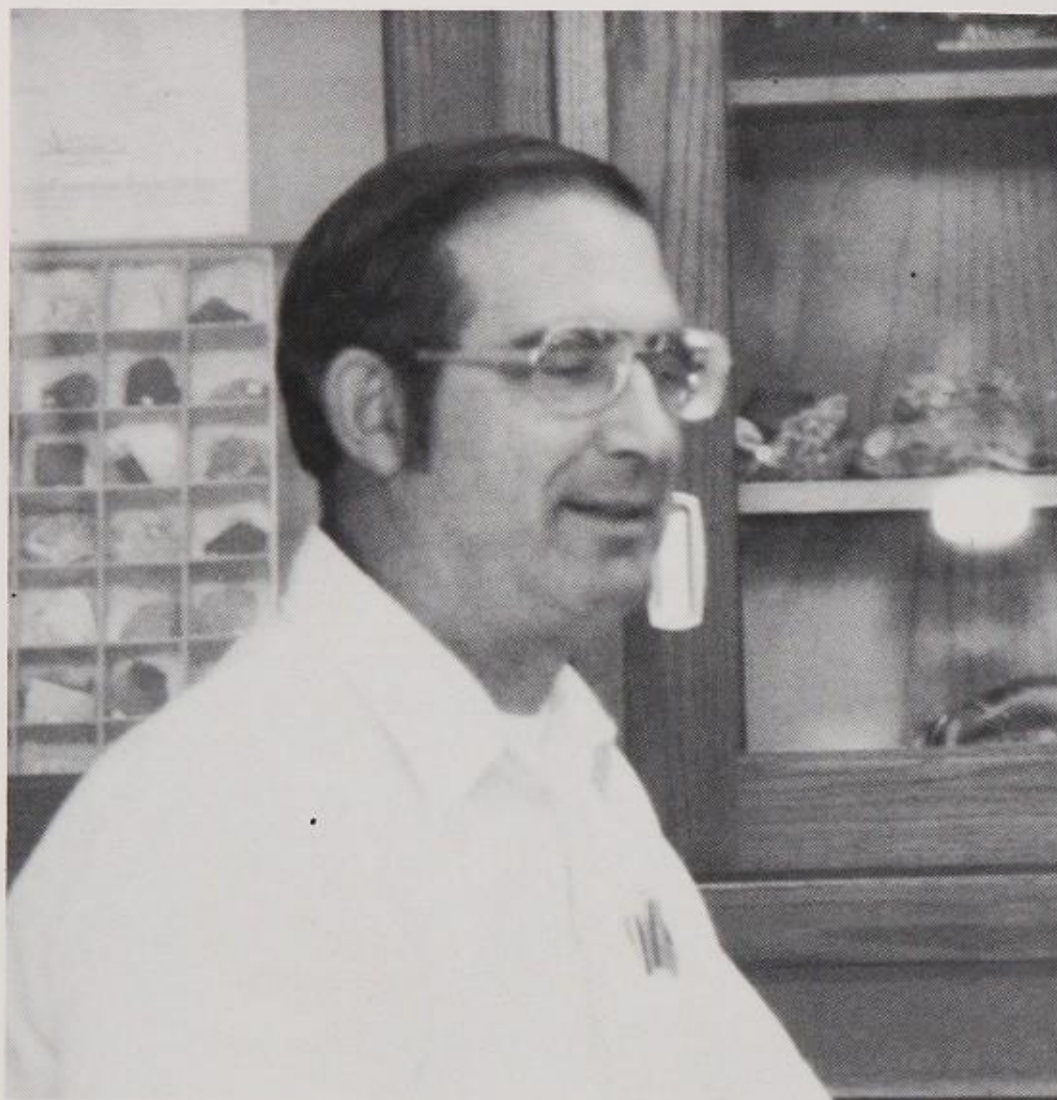
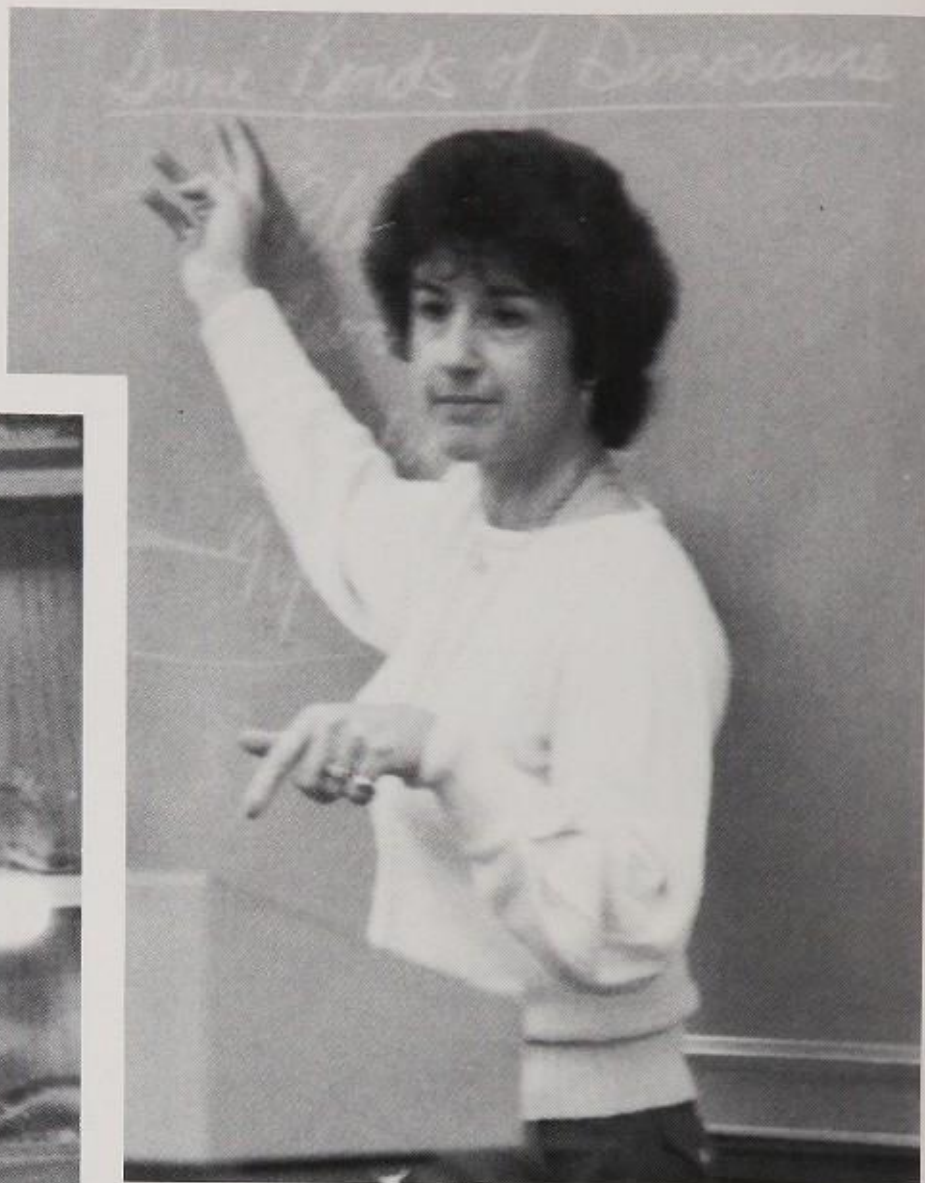


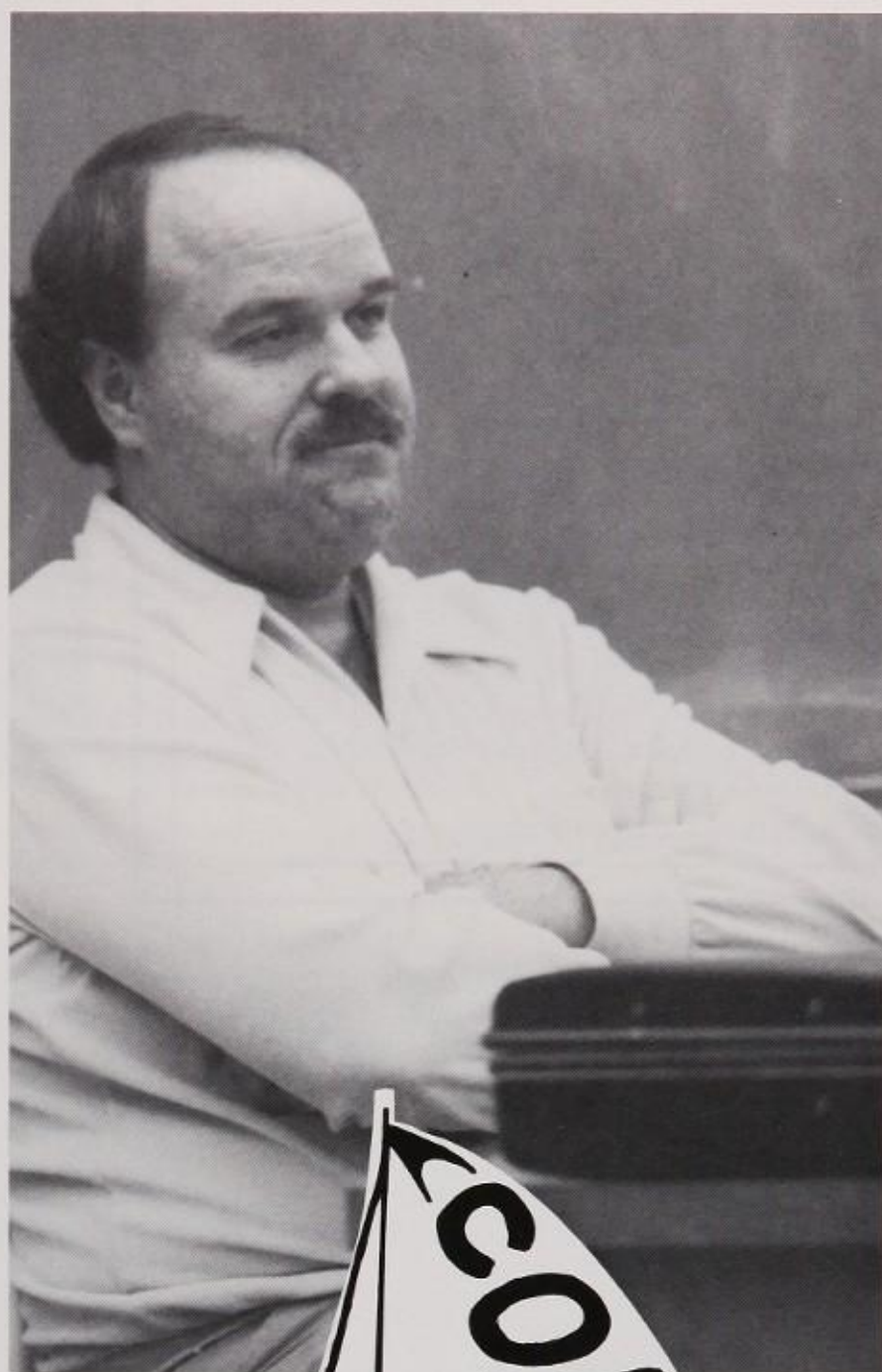
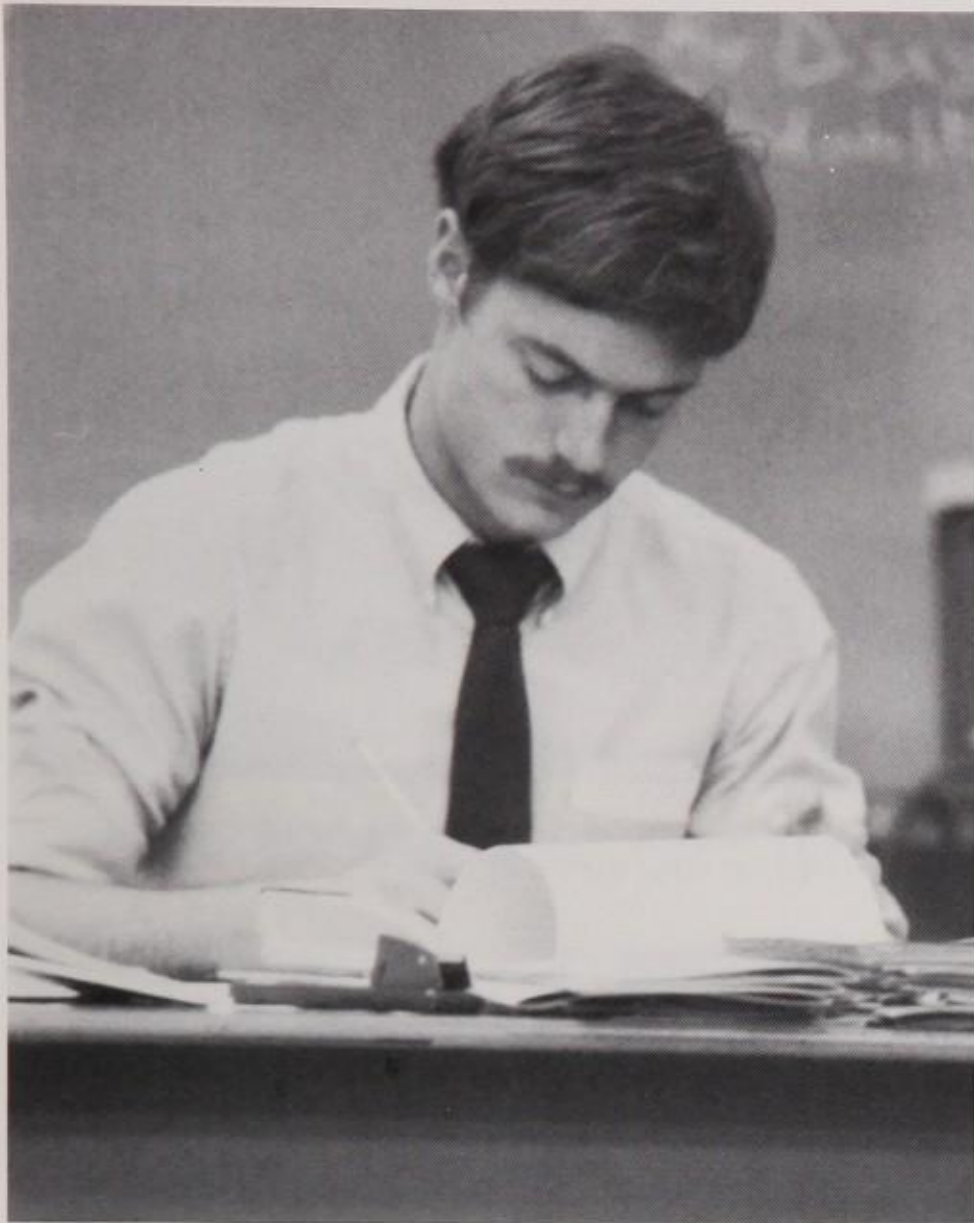
The rough terrain that a motocross rider covers varies as much as the track and individual do. **Todd Fatone**, under the direction of Advisor Mr. Martinez, chooses to ride on the inside to prevent the passing of opponents.



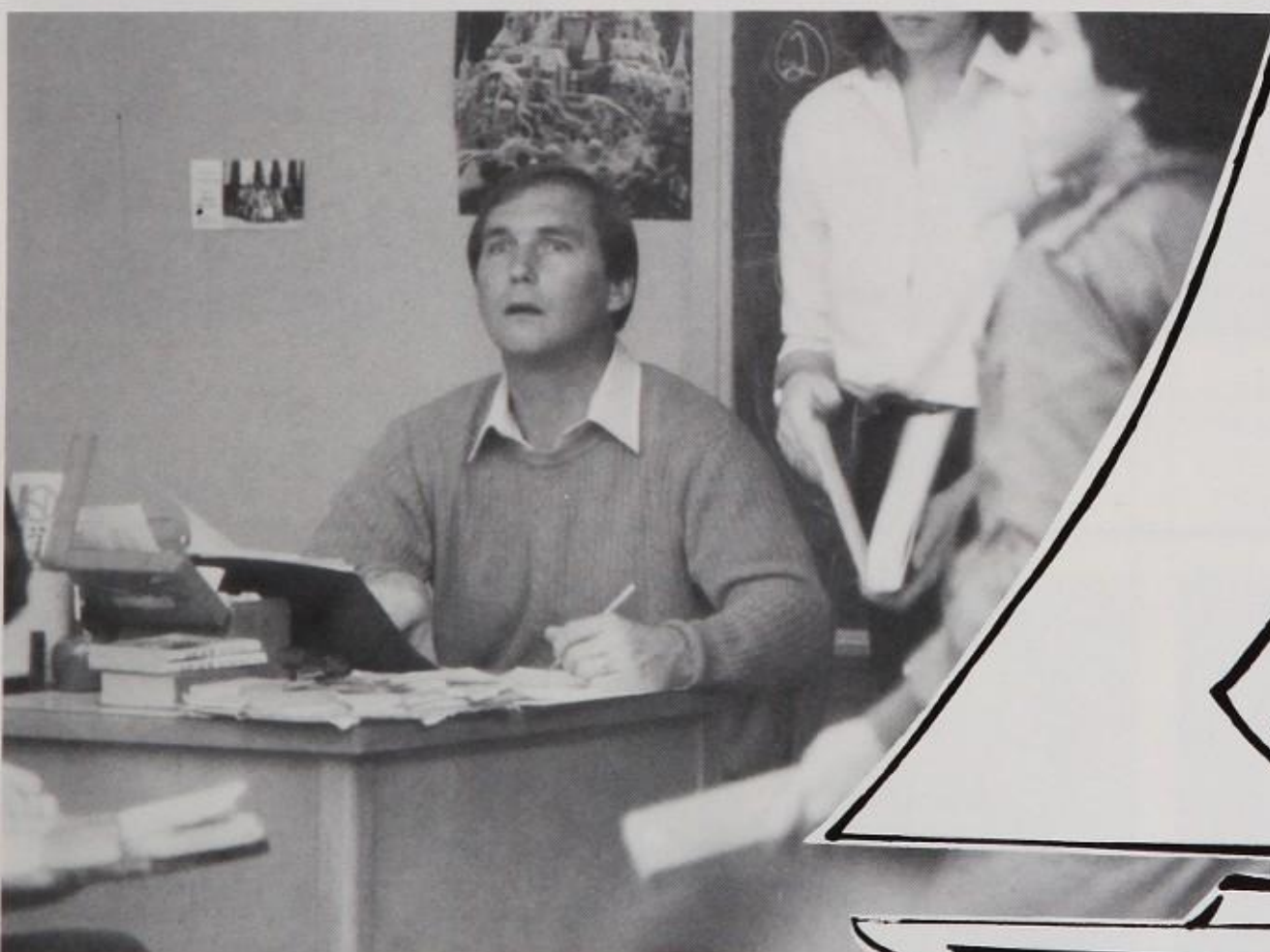
Adrenalin flowing, **Chris Nugier** tries to relax before his next heat. **Kyle Shields** informs Chris of the intense competition that he faces, but consoles him with a drink.

As the Future Business Leaders of America advisor and an active business teacher, Mrs. Barbara Grubb, right, has much to keep her busy. She is an excellent teacher and all of her students benefit from her classes. Spanish teacher, Ms. Beck, lower right, gazes into the classroom wondering if anyone has actually completed their homework. Looking up in surprise, Mrs. Gladys Strough, below, explains to her Algebra I class the fundamentals of basic algebra on the overhead projector. Biology and Earth Science can be an interesting and fun subject if you're lucky enough to have Mr. Gilchrist, below, for a teacher. Mr. Gilchrist was new at Los Al but he quickly assimilated.





While his class works independently **Mr. Mark Celestin**, above, begins grading the assignment he just collected. Mr. Celestin, a reading teacher, helps his students set a course with their newly acquired reading skills. **Mr. Kevin Loftus**, right, watches as his money and power students prepare for his lecture.



As usual **Mr. Jim Cross** has a crowd of people gathered around him. His willingness to help and his outgoing personality always brings out the best in all his students.

COMMODORES

Administrators Get Things Done

Keeping a school ship-shape is not always an easy job. **Mr. Anthony**, the assistant principal in charge of activities, helps the students decide and put in action plans for dances and other student activities. Dean of Attendance, **Mr. Husband** handles the attendance records. If students have a problem he decides what should be done. **Dr. McKinnon** is in charge of deciding which courses will be taught in all the departments. Another assistant principal, **Mr. Thompson**, is in charge of counseling. He is often seen working with the counselors and students on schedule problems. **Dr. Castruita**, our principal, gives the orders to the officers under his command for smooth sailing.



Dean of Attendance **Mr. Husband** looks through the attendance records and makes several decisions on what he should do about one truancy problem.



Taking a few minutes to talk after the assembly, **Dr. Castruita**, a singing telegram bunny, and **Mr. Anthony** think about the situation. The assembly was to name Mr. Irresistible and introduce the nominees for Homecoming Queen.



Assistant Principal **Mr. Thompson** is not only in charge of counseling, but also keeps active as a referee for college football.



Tom Anthony
Assistant Principal
Activities
USC, MA



Dr. Rudy M. Castruita
Principal
USC, Ph.D



Richard Husband
Dean of Attendance
Whittier College, MA



Dr. Neil McKinnon
Assistant Principal
Curriculum
USC, Ph.D



Larry Thompson
Assistant Principal
Counseling
USC, MA



School Board President **Mark Abrams** makes sure to keep order in public meetings and makes many decisions that sooner or later will effect the community.



Student Representative to the Board **Ken Hayashida** smiles after being recognized for his achievements during the school year.



Looking over recommendations, **Mrs. Mary Holzgang**, **Mrs. Margrit Kendrick**, and **Superintendent McCully** prepare to vote on an important issue. Mrs. Kendrick retires this year after serving as a dedicated board member for many terms.

Mr. Genet Is Piped Aboard

There have been many changes and accomplishments because of our innovative and open school board. Newly elected board member, **Mr. Genet**, joined our administrators this fall. With the advice of Superintendent McCully, they have been instrumental in developing a Blue Ribbon Committee to study district finances. The Los Alamitos Unified School District Educational Foundation was established for a two-way benefit between our schools and community. Los Alamitos leads the state in school planning for the future. Our Student Representative **Kenneth Hayashida** said, "It was my task of reporting your ideas and suggestions to the rest of the board, and I enjoyed it."



Members **Mrs. Nancy Lander** and **Mrs. Virginia Wilson** chuckle as they read a letter of appreciation from the community.

Students Salute Special Services

Building communications between the students and counselors is one of the major objectives in the counseling office. The coordinating, organizing and future building that they must do, adds to the student body as a whole. The academic assistance is just one aspect of the immense duties one must fulfill as a Los Al counselor. Counselors **Ferber, Holzman, Morris, Parmer, and Watson** are often the main source of assistance and knowledge when applying to colleges in the fall of one's senior year. Cal-Grants, Pell-Grants, EOP Grants, Charity League, Elks Club, Soroptimist Club, Chevron Co., Irvine Co., City and Regents Scholarships are a few institutions that will help you attain financial aid for future college education. Without the admission of the student, the financial aid has no value. With approximately 85 percent of all Los Al students attending some form of college, these counselors are important to an outstanding staff.



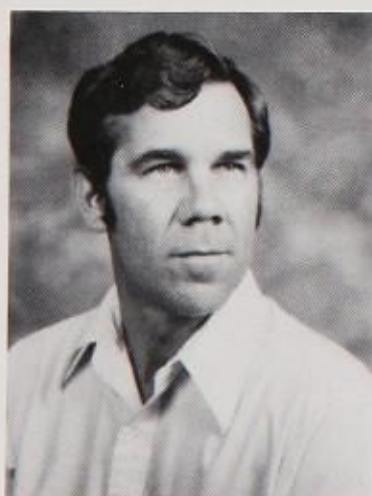
Although the office of **Mrs. Holzman** may appear cluttered to most, she finds it an organized conglomeration of years past. As a local resident of our community, she often finds the office her second home.



Mr. Parmer is the Sm-Z and special education counselor. While reviewing **Ther Win's** cum file, he discovers that she may have enough credits to take a five period day.



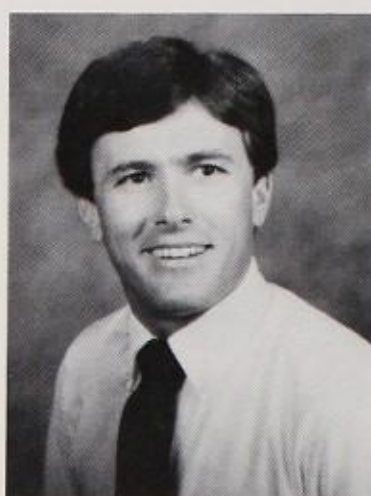
The secretary to the counseling staff, **Mrs. Scott**, may not always be found at her desk. While she is busy, TA **Barbara Heller** assumes her secretarial duties and reminds students like **Wendy Salisbury** to sign in.



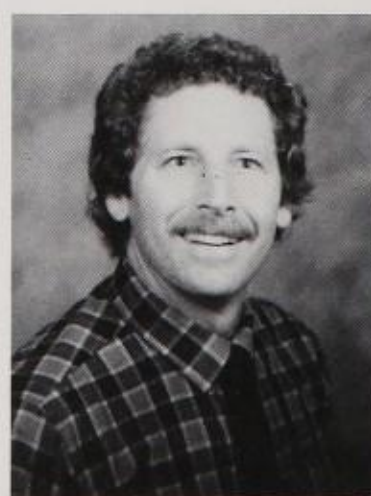
Dale Ferber
Counselor
CSULA, MA



Alcene Holzman
Counselor
UCI, MA



Dan Morris
Counselor
CSULA, MA



Dennis Parmer
Counselor
UCSB, MA



Mildred Watson
Counselor
CSUF, MA, MS



As this year's Career Center Specialist, **Mrs. Jean Cross** has taken it upon herself to renovate the atmosphere and organization of the center. Writer **Ray Bradbury's** campus visit was granted only through her persistent efforts.



Media Specialist **Miss Carol Dalton** works on one of the many new computers on campus. Since the arrival of the Apple II computers, the library computer facilities have been in constant use.



Olga Alvarez
Career Center Aid



Connie Anderson
Nurse's Aid



Pat Johnson
Media Tech



Corie Rose
Speech Language
University of Redlands, BA, MS



Linda Stoskopf
Psychologist
CSULB, MS



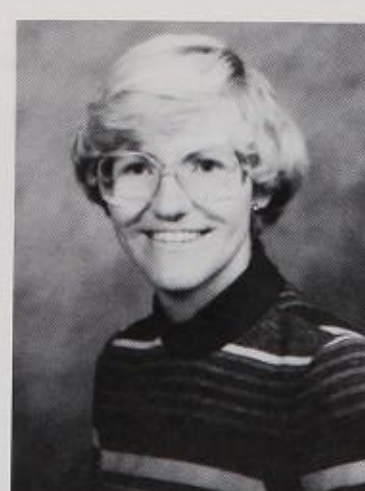
Jean Cross
Career Guidance Specialist
University of San Francisco
MA



Carol Dalton
Assistant Media Specialist
CSULB, MA



Nola Ezell
Nurse
CSULB, BSN



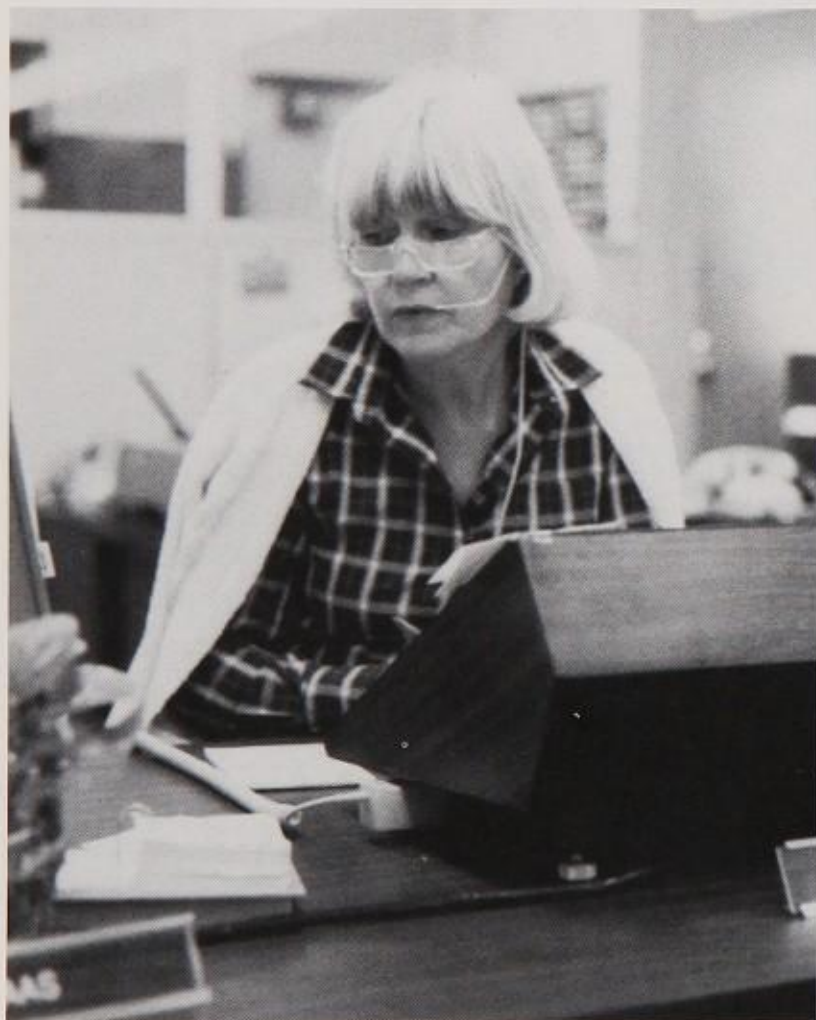
Kathleen Foss
Media Specialist
USC, BA, MS

Secretaries Aid The Crew

Secretaries hold the school together by not only answering phone calls, but by showing school spirit. They keep the records and collate information in the files. There is so much information that it may seem mind boggling to some, but Los Al secretaries find the time to keep everything in proper order. Performing many feats, such as managing the main switchboard and judging Spirit Week competitions, takes lots of patience. This is a credit to our secretaries. They know how to keep their composure, and they know how to keep things on a friendly basis.



Receiving the many phone calls that come into the attendance office every morning is **Evelyn Sylvia's** job. She handles this task with ease, calling upon her friendly wit to answer some of the odd questions of the concerned parents.



The main office is where **Mary Haas** answers the switchboard. She is the one to go to for information on students, teachers, and all lost items.



The secretaries keep the spirit sailing throughout the entire year. "Doctor" **Julie Crumpton** and associates **Evelyn Sylvia** and **Virginia Quaid** observe the students' antics at a lunch time activity. These secretaries participate in all occasions on campus.



Lue Adamson



Julie Crumpton



Linda Fiamengo



Colleen Golden



Mary Haas



Sharon Martin



Many times during the day **Mrs. Marge Saffron** must look through the pages of the curriculum handbook to see which of the many diverse courses are available to students.



Pat Johnson, Mary Haas, Lue Adamson, Vi Schwabenland return to work with their trusty lunchboxes in hand. The faculty now enjoy eating on the new patio built adjoining the lounge. It has been named in honor of Mrs. Schwabenland.



Assuming the role of the principal's secretary means adhering to many important responsibilities. **Mrs. Violet Schwabenland** proofreads a letter for Dr. Castruira.



The counseling center is often overloaded with paperwork especially at the beginning of the year and at the semester. **Mrs. Carol Scott** is thankful for hardworking aides like **Tom Rak** and **Jimmy Lamb**.



Virginia Quaid



Marge Saffron



Violet Schwabenland



Carol Scott



Evelyn Sylvia

Arts Receive '84 Promotion

Mrs. Judy Hemphill, chairperson of the Art Department, teaches commercial art and drawing. She, with the help of other teachers, had made the art department outstanding in the district.

Chairperson of the Music Department, **Mr. Tom Hrbacek**, traveled as teacher and advisor with the band to many places this summer. They toured the United Kingdom and performed in Edinburgh, Scotland at the Festival Calvacade Parade, representing the United States. **Mr. Chuck Wackerman** was joined by Mr. Hrbacek in creating the Jazz Band. They traveled to Reno during March to compete in a Jazz Festival and participated in a concert featuring **Mr. Maynard Ferguson**, a well known professional jazz player.



Using different tools to make indentations in their clay, **Jimmy Lo** and **Brian Earnest** mold their slab into a workable mass of clay. New graduation requirements include a Fine Arts class beginning with the class of 1984. Ceramic students complete several assignments each quarter and are able to take them home.



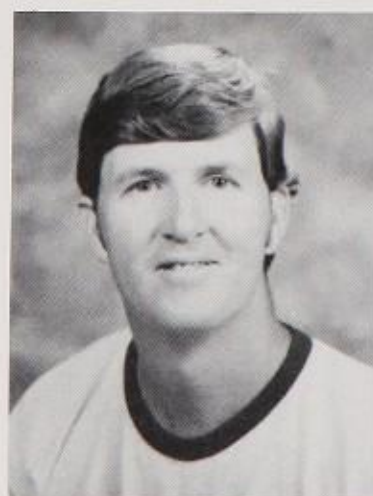
Practicing to improve the tone of their music, **Matt Winford**, **Tim Beck** and **Chet Silver** harmonize to the melancholic melody. Practicing is one of the major keys to perfection according to instructor **Chuck Wackerman**.



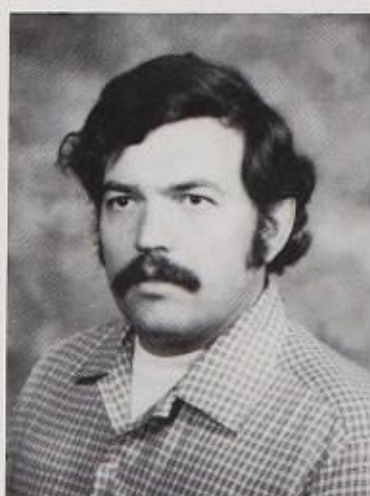
Choir instructor, **Miss Celeste May**, presents a key note that must be hit in order to insure a harmony.



Bob Atherton
On Your Own, Law, Typing
Chapman College, BA



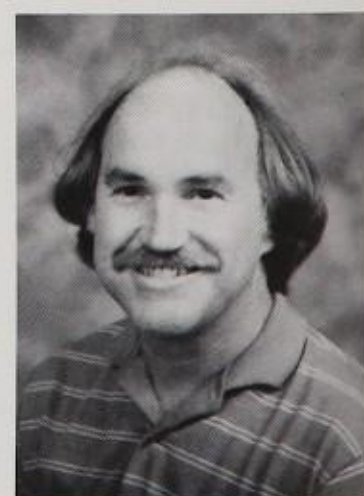
John Barnes
Physical Education
University of Nevada, BS



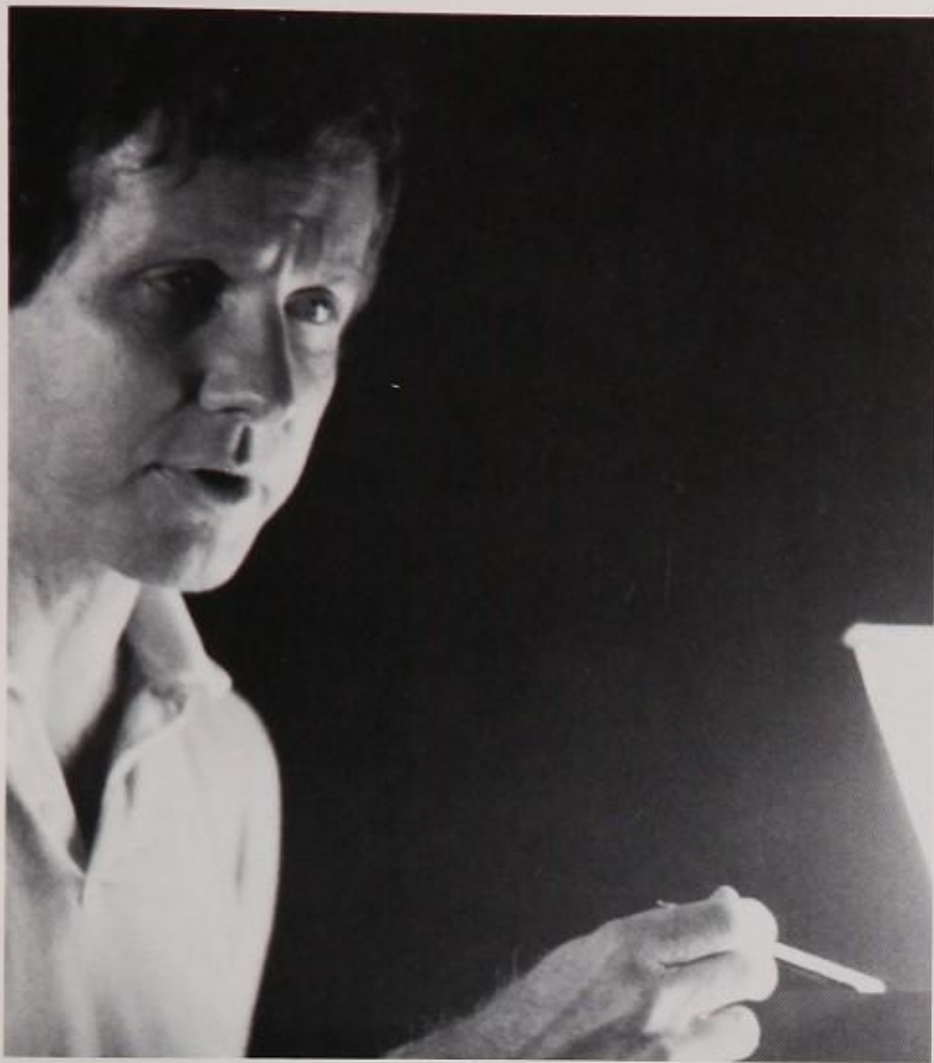
Gerry Beach
Computer, Advanced Math
UCI, MA



Carol Beck
Spanish II & III
USF, MA



Ken Becker
Woodshop
CSULB, BA



Mr. Ron Considine, photo teacher, shows his students how light can be effective while taking pictures in the studio. Those who are able to comprehend this concept will be guaranteed better pictures.



Performing at the pep assembly, David Lamb plays the xylophone in front of a crowded audience. David and other band members have competed throughout the school year.



Standing during the pep assembly, Mr. Tom Hrbacek reminds some of his band members to stand during the pledge of allegiance. Mr. Hrbacek and the band traveled to many places during the summertime.



Playing off of a sheet of music, Chris Vesper performs a saxophone solo conducted by Mr. Chuck Wackerman. Mr. Wackerman is one of the newest teachers and is director of the Jazz Band.



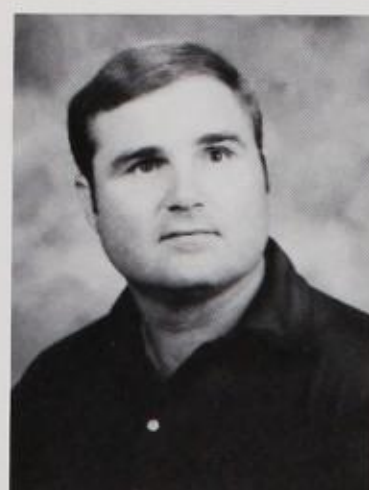
Joyce Bennett
Honors English, Mythology,
Science Fiction
CSULB, BA



Donna Bohannon
Physical Education
CSUF, MS



Dave Bouchier
World History
CSUF, BA



Steve Bowers
US History, World History, P.E.
CSULA, BS



Ruth Bray
Word Processing, Typing,
Accounting
CSULA, BA

Students' Cruise Aided By English

One of the many reasons why Los Al's faculty has such a good reputation is that the teachers take the time to individually help students. Our English Department exemplifies this quality. At any given moment, not an uncommon sight on campus is seeing a teacher helping a student along their trek toward higher intellect. For students, the English "experience" is required for all four years. Each and every student must pass eight semesters in order to graduate. Fortunately, there are a number of different courses offered to create a variety in the curriculum. The classes are challenging in order to prepare students for post-secondary education. A primary goal of many teachers is to enhance a student's performance on the Scholastic Aptitude Test and the American College Test. These exams are extremely important to the student who would like to attend college. The English Department at Los Al has set high standards for the improvement of the education of its students.



First semester poetry was made more enjoyable by Ms. **Patti Long's** friendly smile. During Spirit Week, she won the Mr. Whipple look-alike toilet paper wrap contest with the help of her student teammates.



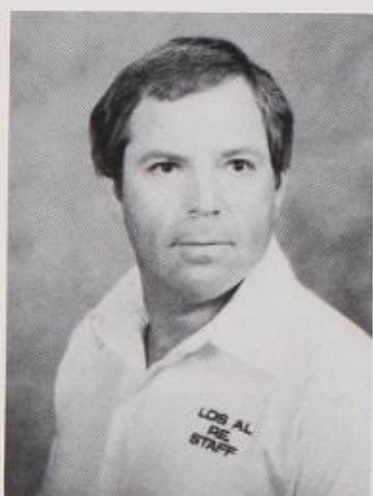
The Freshman Class Committee was lead by the incredible Mrs. **Joyce Bennett**. She took her classes on enjoyable field trips to movie studios, historic museums, and literary exhibits throughout the school year.



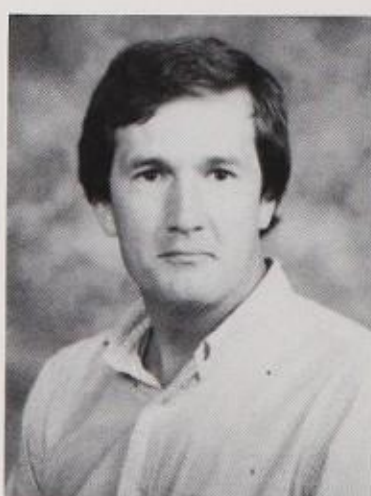
The department chairperson of English is none other than Mr. **Wayne Schroeder**. Mr. Schroeder is in charge of organizing the department's curriculum, purchases, and meetings. He also dedicates himself to being **Los Al's Finest** club advisor.



Art Broadhurst
ROP Welding
CSULB, BA



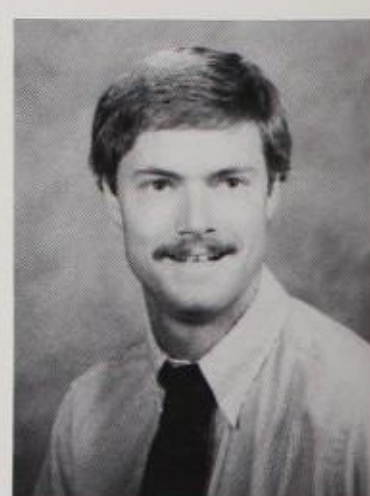
Cary Brody
Physical Education
CSULB, BA



Steve Brooks
Math, Physical Education
CSULB, BA



Ann Busenkell
English
CSULB, BA



Mark Celestin
History, Reading, ESL
UCI, BS



If **Jeff Coontz** does not understand an assignment, **Mr. Bill Daly** lends a helping hand and explains the problem until he is no longer confused. Mr. Daly also is the advisor of Key Club and Keywanettes.



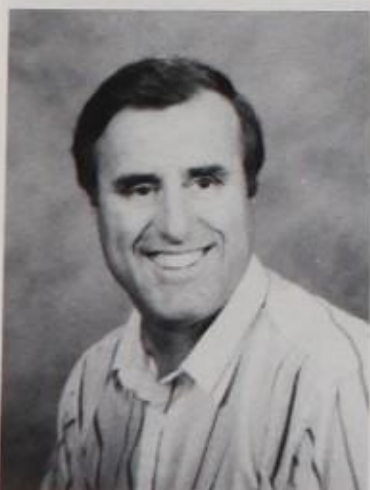
While **John Roberts** reads the book **Light in August**, **Mrs. Durham** hugs him and encourages him to keep up the effort and enthusiasm he is putting into her class.



As she points out the week's assignment on the chalkboard, **Mrs. Sharon Flynn** explains the vocabulary extra credit sentences that are due Friday. If her students complete these assignments on time, they can better their grade.



While **Ms. Kathy Wilson** sits on her favorite chair, she listens intensely to a student's question about the poem "Dover Beach." Ms. Wilson also serves as the newspaper advisor.



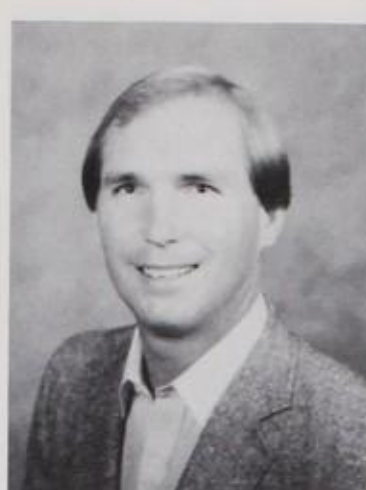
Bill Christie
Driver's Education
CSULB, MA



Robert Clairmont
Spanish
USC, MS, MA



Ron Considine
Photography
Redlands, MA



Jim Cross
World History, Futures
CSDH, MA



Bill Daly
Wordpower
Harvard, MA

Ship Abounds With Languages

Students walk around campus speaking many different languages. This is not the fault of English teaching, but the excellence of the foreign language department. At Los Al not only is Spanish popular, but German and French as well. The foreign language department has developed Los Alamitos High School into an international campus. The Spanish teachers, such as Miss Beck, involve their students by asking them questions in their foreign tongue. These teachers also teach the language by involving the students physically. Mrs. Huey, for example, has her students play follow-the-leader with Spanish directions. Another way the teachers get the students interested is with films about their language and its corresponding country. Students at Los Al not only learn the language, but they learn about the country. The exchange program coordinated by Mr. Petrol has expanded significantly. Residing with foreign students is also a beneficial way to learn through the experience.



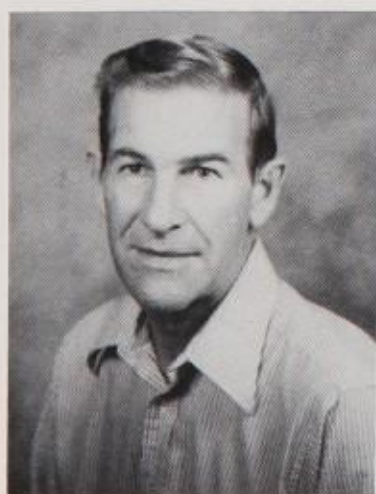
A smiling face can always be found in room 609 where **Mrs. Tynning** resides. She is one of the Spanish teachers with an original foreign accent. Being a friendly teacher seems to be Mrs. Tynning's speciality.



Learning through all senses is what **Mrs. Huey** practices. Her students learn through doing as well as listening. Ask any one of Mrs. Huey's students questions and he will answer you in Spanish.



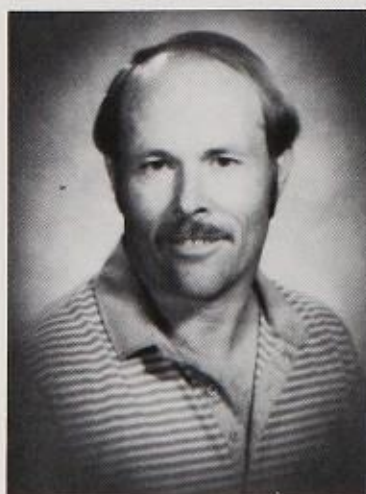
Students in **Miss Beck's** Spanish II class seem very interested in their lesson. Sight is the sense Miss Beck is using today by showing the students declensions on the chalkboard.



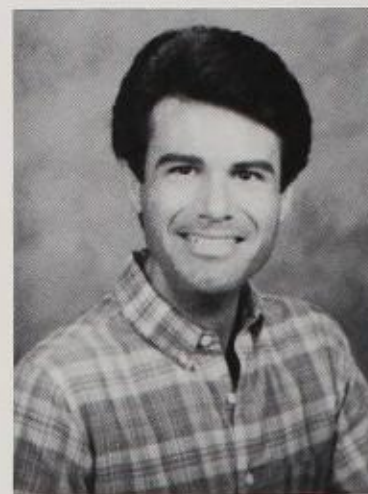
Al Davenport
Biology, Life Science
CSULB, BA



Merrilee Desatoff
English
Fresno State, BA



Gary Dixon
Drivers Education
Pepperdine University, MS



Phil Doran
Ceramics, English
CSULB, BA



Frank Doretti
Physical Education
UC Berkeley, MA



Foreign language is a subject in which students often require extra help. **Mr. Gil Pectol** assists **John Jacobs** with his translation of a German fable.



French Club members **John Espinoza** and **Brigitte Koenig** nibble on a delicious fondue prepared especially for their cultural dinner. The fondue has become a tradition at the French Club get-togethers.



Andria Dickens, **Janet Lee**, and **Brigitte Koenig** use the skills they have learned and discuss in French the dishes they prepared. Dinners like this give students the opportunity to learn more about specific cultures.



Eclairs and Napoleons are two very famous desserts of the French. **Tam Ta** and **Tom Nockold** are undecided about which of these fattening, rich, and of course, delicious pastries they prefer.



Jean Dunn
Typing, Data Entry, Shorthand
SDSU, BS



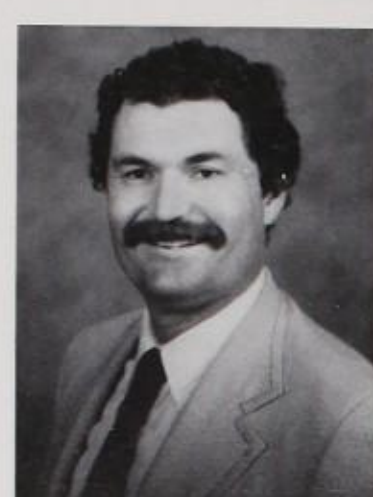
Martha L. Durham
English
CSUF, MA



Diane Eastman
English
UC Santa Barbara, BA



Don Ellis
Drafting, Electronics
CSULB, BA



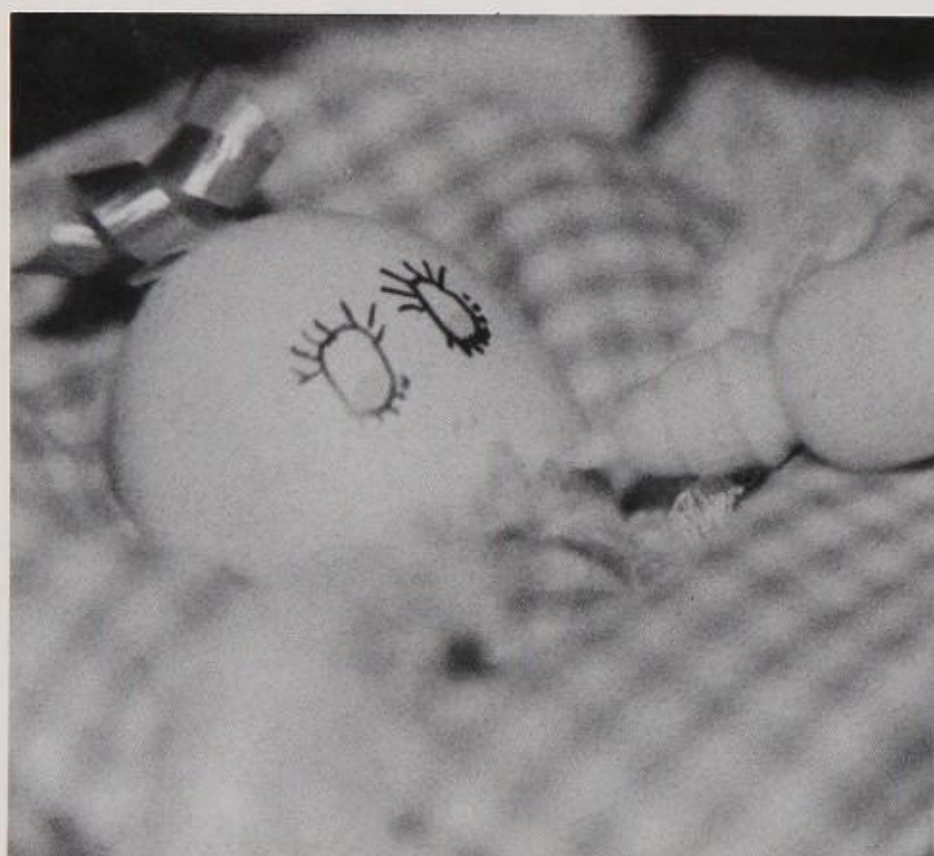
Donn D. Fisher
SED/SDC
Cal Lutheran, MA, MS

Home Ec Battens Down The Hatch

Home Economics has become increasingly more in demand. As an elective, Home Ec provides classes where students can be creative and work together with friends.

If wishing to go into the field of family development or education, a preschool class is offered that gives first hand contact with youngsters. Another helpful and expanding class, On Your Own, helps prepare graduates for life on their own. Students act out rolls they may later assume in life. Mock weddings were performed and students prepared budgets with their spouses.

The Home Ec department enables students to expand and experiment their techniques with projects offered through these courses.



The care of egg babies was one of the various projects offered through the On Your Own class. One "baby" girl nests quietly in a bed which was made especially for her.



Justice of Los Al Peace Mr. Anthony pronounces **Jim Reis** and **Barbara Heller** as "mock man and wife" to conclude the On Your Own Wedding.



Sharron Flynn
English
Eastern Washington University,
BA



Dr. Jerry Garcia
Trigonometry & Algebra
USC, Ph.D



Lorraine Gayer
U.S. Political Traditional, Calif.
History
CSULB, BA



Patricia Giarrotano
Physical Education, Math
CSULB, BA



Mike Gibson
Health
CSULB, MA



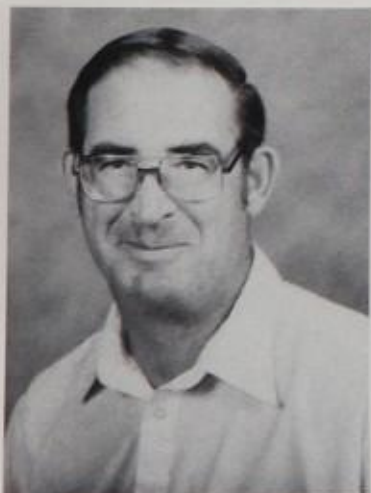
Teaching the preschool class is one **Mrs. Parent's** many talents. She demonstrates to her class how to speak to younger children so that they will listen.



In a home economics department classroom, newlyweds, **Tammy Loppin** and **Jeff Kennedy** show off the magnificent wedding cake. Along with the cake, they drank apple cider from champagne glasses.



During the On Your Own Mock Wedding, **Steve Shields** walks his bride-to-be down the aisle. The wedding is always a scenic event in which many participate.



Bob Gilchrist
Biology, Earth Science
CSULB, MA



Allan Gagnano
English, Physical Education
CSULB, MA



Jack Grapes
Resident Poet
Tulane University, MA



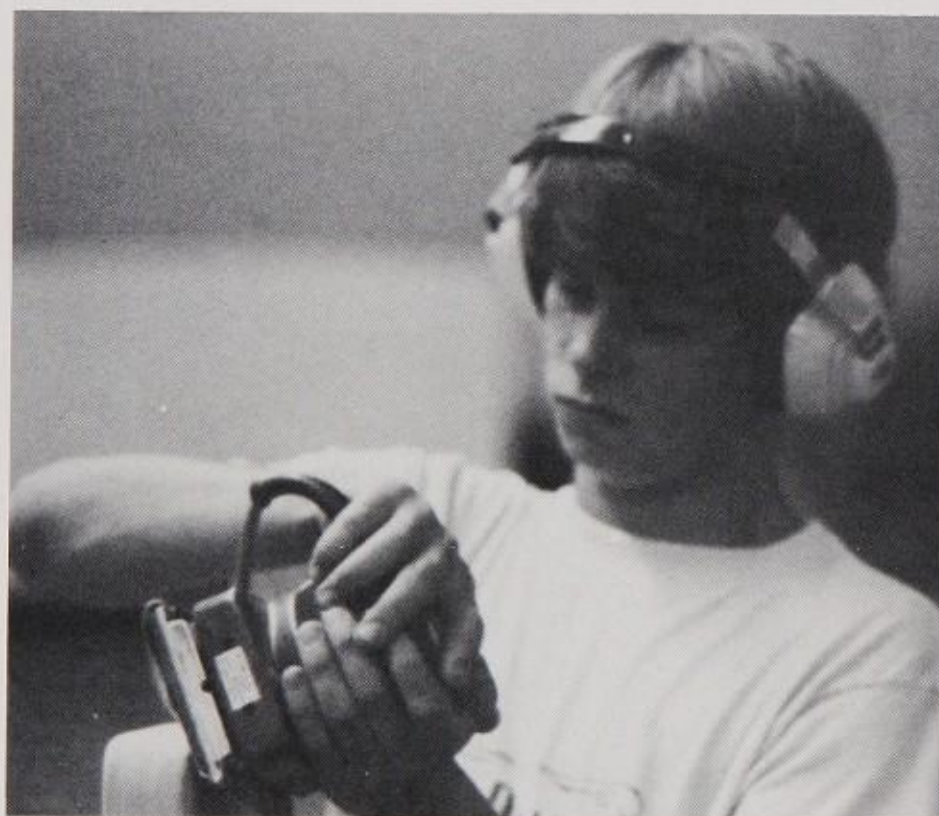
Barbara Grubb
Adv. Accounting, Typing I
Bowling Green State Univ., MS



Debra Gruff Fleming
Math, Physical Education
CSULB, BS

Shipwrights Master Craft

Enrolling in Industrial Arts can be just as much of a learning experience as an average academics class. Shop gives the opportunity to work on and perfect a project. The courses let students set goals and strive to achieve them. The teachers are on a one-to-one basis with their pupils, namely, **Mr. Becker**, woodshop; **Mr. Broadhurst**, welding and metals; and **Mr. Martinez**, autoshop. In woodshop, students have the chance to make shelves, racks, and even skateboards. In the welding and metals department, one can put together such a creation as a tool box. In autoshop, one can completely rebuild a car and possess his own transportation for school and other activities.



Using the electric sander, **Tom Gardner** makes sure that none of the rough spots are left on his woodshop project. He has learned that he should use the correct safety gear at all times.



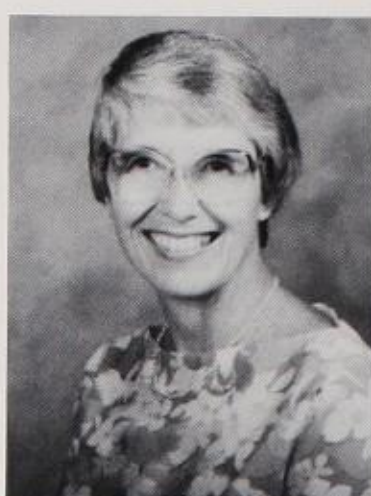
While observing a student's work, **Mr. Broadhurst** makes himself available to his pupils who need his help. Welding and metals can prove to be a very challenging course.



Dorothy Haas
Geometry
University of Arizona, BS



Walter J. Hauenstein
APUS History, U.S. Political
Tradition
CSUF, MS



Carol Holmes
Chemistry, Consumer Science
University of Washington, MS



Judy Hemphill
Commercial Art, Drawing,
and Painting
University of Redlands, MA



Tom M. Hrbacek
Band, Orchestra, Color Guard,
Drill Team
CSULB, BA



Wearing safety goggles to protect his eyes, a student uses an electric sander to smooth the wood for his required project. All students use great caution when working with tools in shop classes.



Mr. Ken Becker points out to a student the correct tools and materials he should use for the finishing touches on his woodshop project.



Teachers also enjoy a break from the day-to-day, hectic schedule we all lead. Members of the industrial arts department relax as they watch a pep assembly.



While listening to the band perform songs from their fieldshow program, **Mr. Don Ellis** mentally reviews his class plans for the day. He also makes plans for rest and relaxation over the upcoming weekend.



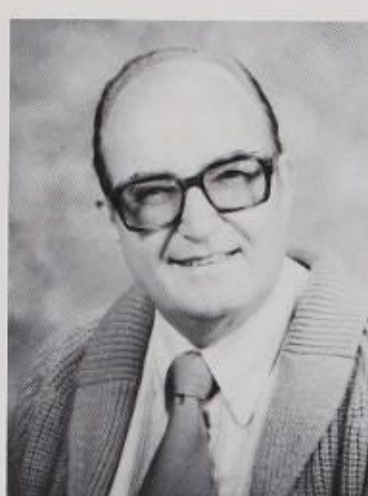
Murnez B. Huey
Spanish
Baylor University, BA



Donna Hulen
Home Economics, On Your Own
CSULB, MA



Edward M. Isaacs
Algebra II/Trig, AP Calculus
UC Berkeley, MA



Gene Jaeger
Geometry, Algebra
University of Minnesota, MS



Dolores Kane
Special Ed., Resource Specialist
University of Iowa, MS

Grant Awarded IP Department

At Los Al, students have a great opportunity to prepare themselves for a business career. By taking one of the many information processing classes, anyone can have a chance to gain experience in typing, shorthand, accounting, cashiering, and word processing. The business information center gives considerable advantages to those who seek them. Our information processing department is one of the best in Orange County. The teachers take pride in their work and continually strive to aggrandize their teaching skills. To our delight, we were one of the five California schools which received a government grant of forty-thousand dollars. The money was used to upgrade room 300 with the purchases of business furniture and state-of-the-art equipment.



During a typing class, **Mrs. Dunn** helps **Dino Syrengelas** and **Dean Rybicky** figure out their grades. In typing, the student's grade is based on how many words he is able to type per minute.



For some, typing can be a rough class which involves skill, speed, and coordination. **Gail Gunderson** finds her typing fun and rewarding.



In zero period word processing class, **Huey Ly Chen** has received her assignment and now she will proceed to complete it. Some classes were offered before school, helping students in different ways.



Deverly Kawamoto
Math
Harvard University, MA



Jan Kenny
English, Yearbook
CSUF, BA



Myra Kincaide
Math
So. Mississippi University, BS



Brad Lane
English
Indiana University, MA



John Leonard
Algebra, Computer
Programming
Ohio University, MA



Kim Duro arrives at school by 7:10 every morning to attend **Mrs. Bray's** word processing class. To enroll in word processing, a student must be able to type at least 45 WPM.



Mr. Bob Atherton, an avid scuba diver, stands back and admires the successful ceremony of the On Your Own wedding.



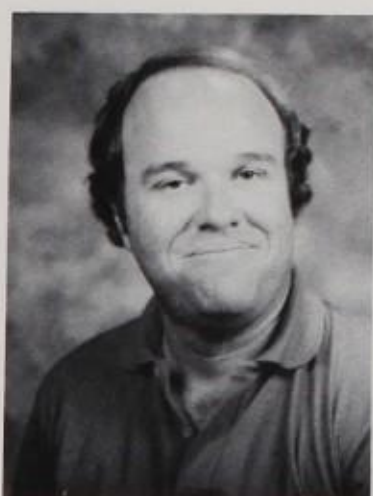
The accounting classes give students who are interested in entering this career field the chance to see what it is really like. **Mrs. Bray** gives **Kristy Speigel** a hand in organization.



With a positive attitude, **Mrs. Linda Lewis** introduces her second semester Business English class to the new information processing equipment. The department received a \$40,000 state grant to upgrade current course offerings.



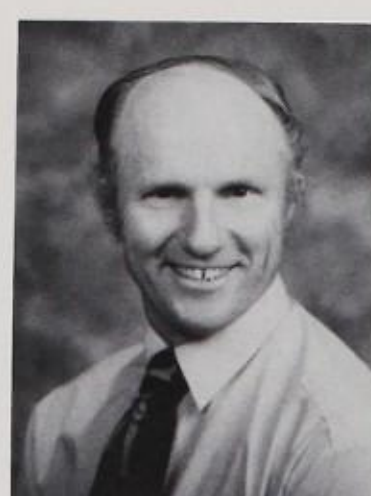
Linda Lewis
Typing, Business English
CSULB, BS



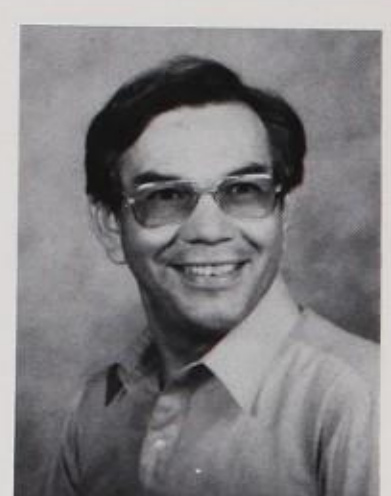
Kevin Loftus
World History
CSULB, BS



Patti Long
English, Poetry
CSULB, BA



Ron Lung
Driver's Education, Frosh
Football
CSULB, BA



Tom Martinez
Auto
CSULB, MA

New Math Crew Joins Voyage

Drastic improvements have taken place in the math department and the computer science classes. Both of these classes are extremely important in a student's program. Math is needed in most areas of business.

Our computer age has a new demand for people with computer knowledge.

These new classes introduce students to the computer. The next few classes are for advanced programmers. The computer age is opening doors for many students coming out of college or getting a part time job during high school or over summer.

This year there were several new teachers added to the Math Department; **Miss Kawamoto**, a graduate of Harvard and a former UCI instructor; **Mrs. Stough**, a former teacher at Oak Middle School; **Pat Giarratano**, **Debbie Gruff** and **Jerry Garcia** came aboard.



Explaining to her students the correct way to solve a difficult problem, **Mrs. Kincade** demonstrates that math can be fun, too. The overhead transparency is used so all the students can see the examples.



Looking extremely perplexed as he tries to crack one of his student's brilliant computer programs on an Apple computer, **Mr. Leonard** ponders why he reaches the advanced computer class.



Correcting some algebra tests, **Mrs. Haas** smiles as she finds out her students did well on the exam. One of her top priorities as a teacher is to ensure that her students will be successful.



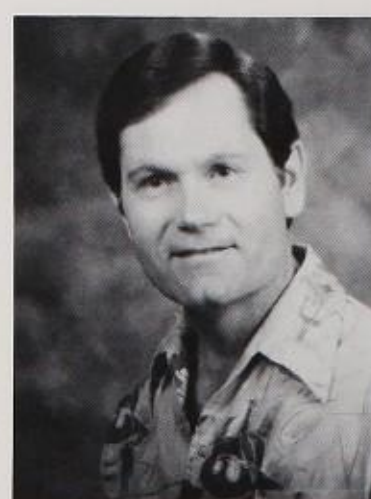
Celeste May
Choral Music
CSULB, MA



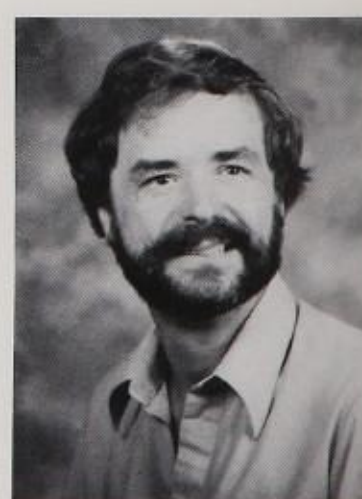
Joan Parent
Preschool Assistants, Clothing
CSULB, MA



Deborah Parrett
SDL
UCSB, MA



Gil Pectol
German, ESL
CSUF, BA



Frank Petrick
APT, Current Issues
CSULB, MA



Many new teachers have come aboard Los Al's campus and one is **Miss Kawamoto** who teaches algebra and consumer math to many of our students.



Correcting last night's homework to prepare his students for next week's test, **Mr. Brooks** shows his class the answers to help them. He's also the coach of the winning Varsity Basketball Team.



Struggling hard to understand his assignment, **Dean Telasky** asks **Mr. Garcia** for some help. Mr. Garcia shows Dean the difficult process for solving the algebra problem.



Dennis Ploessel
Resource Specialist
CSUF, Cal Lutheran MA



Pat Ramsburg
APUS, Sociology, Psychology
University Of Colorado, MA



Carole Roberts
French
U.C. Riverside



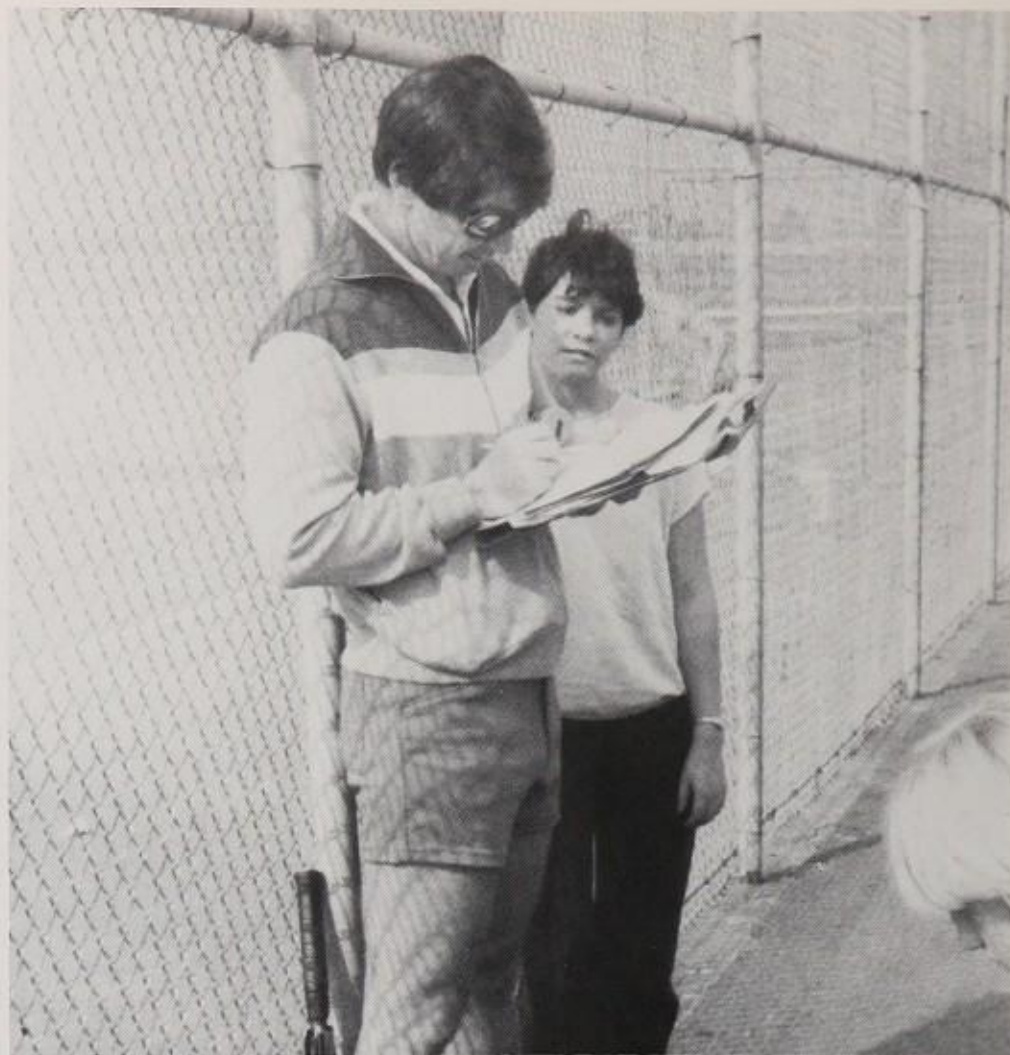
William Schneider
Biology
U.S.C., BA



Wayne Schroeder
English
CSUF, MS

Sports Work Fleet Until Ship Shape

Los Al's Physical Education program is one of the most tightly kept ships around. There are a variety of courses offered in order to give students the chance to experience sports beyond the basic three: football, basketball, and baseball. For example, our aerobics class gives its pupils the opportunity to "get in shape." Another popular conditioning class is weight lifting. These two courses are evidence that a variety in the Physical Education curriculum is important to the school. Starting freshmen must take ninth grade physical education for a full year unless they are involved in the athletics program. When sophomores, students must enroll in a physical education elective. Although only two years are required to graduate, many students continue to take advantage of our outstanding department. The main reason students stay with sports is the athletics program. First semester offers water polo, volleyball, women's tennis, and football. Soccer and basketball begin in first semester and extend into second semester. In spring, badminton, swimming, baseball, softball, and men's tennis teams are actively afloat. The physical education guides students along their course towards better physical condition.



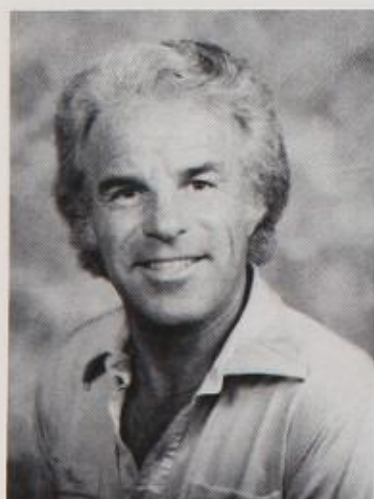
Taking roll and checking if his class is properly dressed out, **Coach Al Gragnano** discusses grades with **Debbie Muccino** before the class heads out to the tennis courts for a few fast-paced games.



Recruiting future football stars is a tedious process for **Coach John Barnes**. He begins his work early by having his son John work out with the team. John hopes someday to be a sensational quarterback.



Coach Ken Parker, knowing that encouragement is one of the most important ingredients for success, has a pep talk with his varsity doubles team, **Kelli Moore** and **Elizabeth Hewitt**, before their big match.



Ron Schwandt
Driver Education
CSULB, MA



Charles Scott
Physics
Georgia Tech, MA



Pat Seymour
English
CSULB, BA



Jim Shelton
U.S. History
CSULB, BA



Melinda Sizemore
English
CSULB, MA



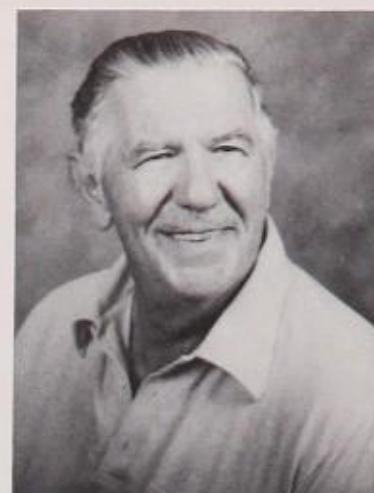
Coach of Cross Country Teams, **Al Gragnano**, keeps statistics on all of his runners who are participating at El Dorado Park. **Bob Sanroget** watches some of his teammates and cheers them to victory.



Freshman Basketball Coach **Mike DePrez** confers with Assistant Varsity Coach **Duane Diffie** and Sophomore Coach **Steve Canin** about the success of the Los Al Griffin basketball program.



Jean LaMay
Physical Education Aide



Tim Randall
Fieldman



During the pep assembly Coach **Steve Brooks** speaks over the PA system to announce the nominees for Queen of Courts.



Jean Sleeper
Biology, AP Biology
New Rochelle, MA



Aldona Stanton
French
University of Connecticut, MA



Pamela A. Steeby
History, Psychology
CSULB, BA



Gladys Stough
Algebra
CSULB, BA



Betty Thompson
Resource Specialist
Meredith College, BA

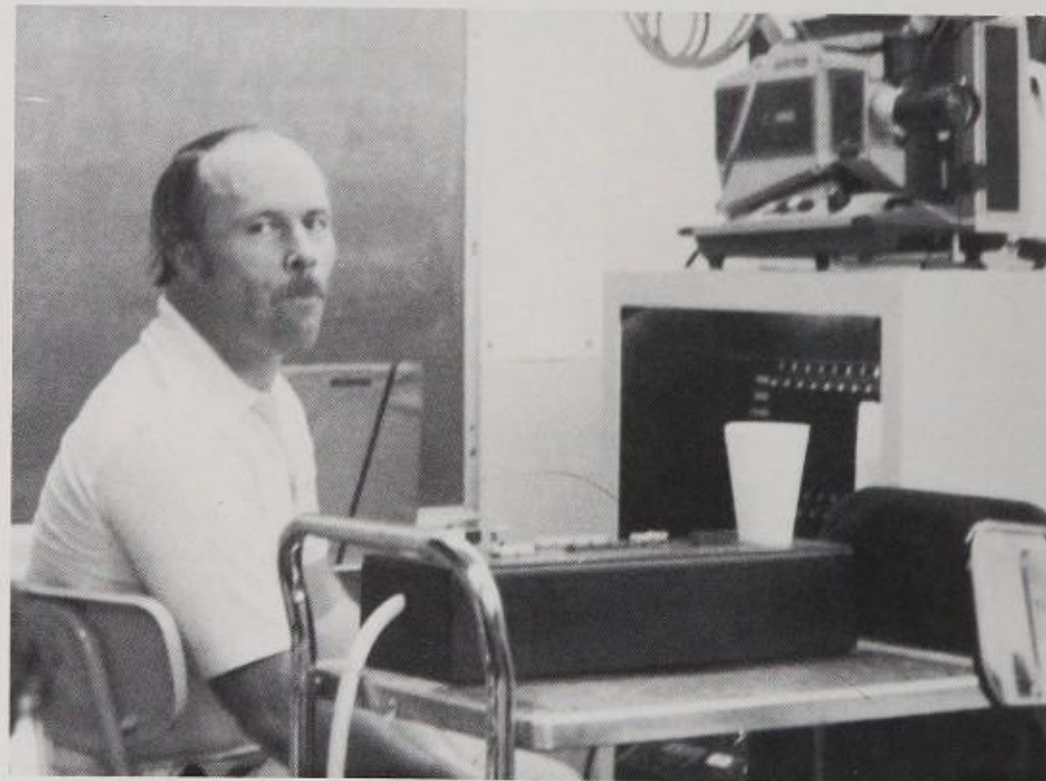
Science Offers Additional Class

The most memorable experience that a tenth grader can undergo is Driver's Education and Training. For nine weeks, the students study the rules of driver's safety in the classroom. Numerous quizzes and class discussions are methods used by the teachers to insure that they pass only the pupil who is qualified and ready to obtain a driver's license. The other nine weeks of the semester is spent in Driver's Training, more commonly known as "the Lab." In the lab, the student spends half of the time driving to films in a fabricated car called a simulator. The other half is spent with an instructor behind the wheel of the Driver's Education cars.

Another department in which students work in a lab is science. A new state requirement is that all high school students complete two years of science. This regulation will be in effect for the class of '88. At the present, only one year is required to graduate. The courses offered are challenging, yet rewarding. Although a student may not enter class knowing one iota of scientific information, he will leave with an extensive background.



Jim Devlin laughs at the girl in the simulator ahead of him because during a crash film, Mr. Lung shouted, "Look out!" and she ficticiously hit the three pedestrians on the corner.



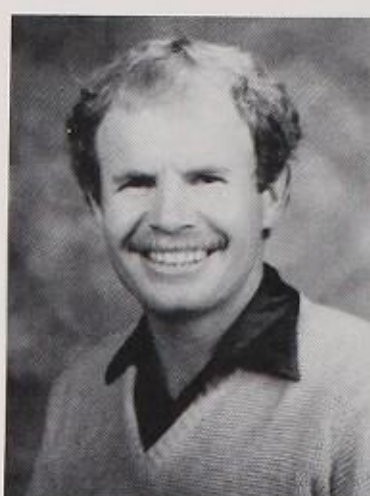
Driver's Education instructors use a black control box with colored buttons to ensure the student's accuracy driving in the simulator. **Mr. Gary Dixon** looks suspiciously around the room for any pupils who are not participating.



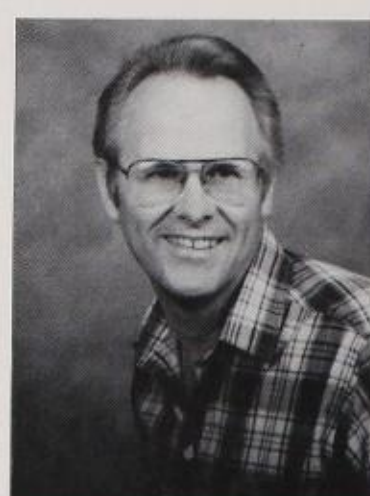
Judy Trujillo
Drama, English,
Yell/Song/Check
CSULB, MA



Graciela Tynning
Spanish
University of Chile, SA



James VanGorder
Health, Varsity Football
University of San Francisco,
MA



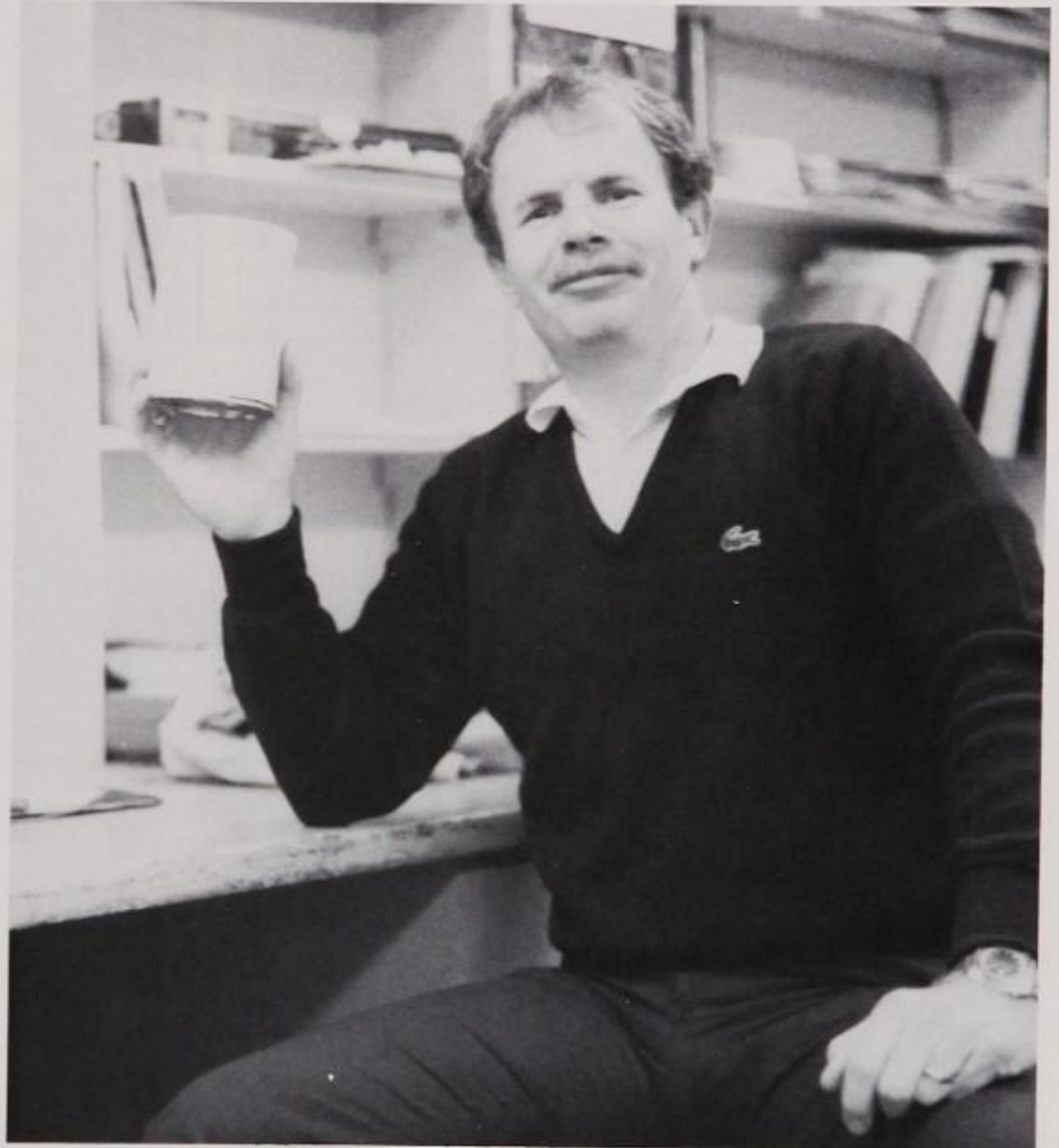
Chuck Wackerman
Jazz Ensemble
USC, MS



Robert Wilkoff
U.S. History, AP European
History
CSULB, MA



Sporting a Los Al Basketball painter cap, **Mrs. Carol Holmes** shows her Griffin spirit at the Homecoming Queen of Courts assembly as she watches the JV cheerleaders perform.



Mr. Jim VanGorder shows his charitable spirit by displaying his classroom United Way contribution can. Students lived up to the United Way motto, "We're all working for you" with the great success of United Way week.



Examining blood cells can be frustrating when your microscope isn't working properly. **Brigitte Koenig** waits for **Mr. Davenport** to help her adjust the lens.



Sue Willard
Algebra, Geometry
CSULB, BA



Kathy Wilson
English, Newspaper
Idaho State University, BA



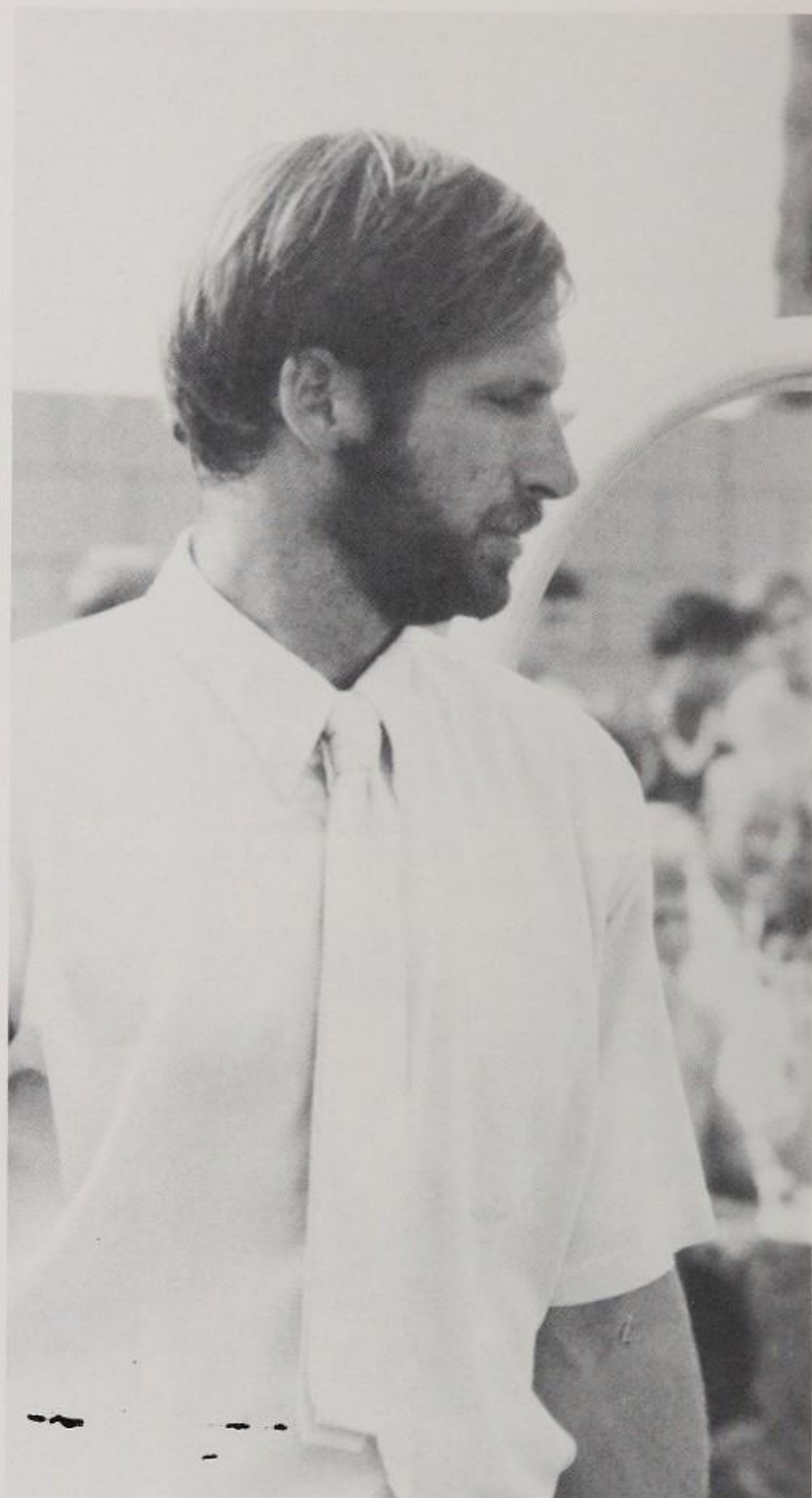
Susan Woirol
Art, Math
UC Berkeley, BA

Special Ed Has Smooth Sailing

Often special education teachers are confronted with students who have had problems understanding certain subjects. The special education teachers also help foreign students with the English language. Some of these teachers speak only one foreign language and then the barrier of communication may become even greater. Therefore, they must be very determined and patient people who work one-on-one with the students. Each department member specializes in different parts of district curriculum. Special education teachers help correct learning disabilities and in some instances work with students who have minor handicaps. These teachers must be very dedicated to the job of teaching and helping others. Students and regular faculty receive resource assistance from these key people in order to enrich regular scheduling.



Working through the facts and figures of history, **Mrs. Thompson** helps a student who has to look up the names of famous people and explain why they are famous.



Some of the special education teachers teach other subjects. **Mr. Ploessel** coaches the aquatic sports teams such as water polo and swimming before and after school.



Joan Ash
Special Education Aide



Lynn Kunce
Special Education Aide



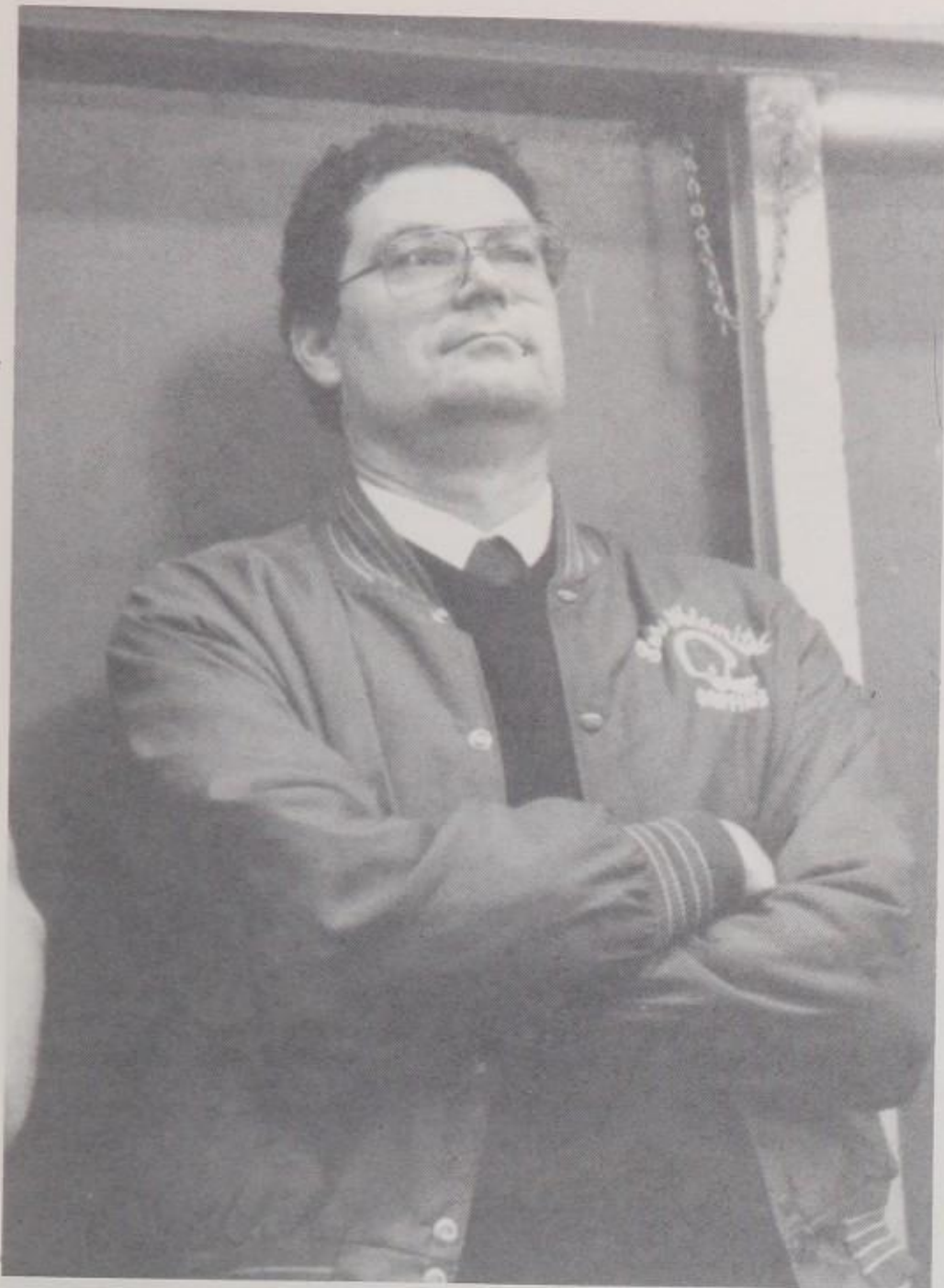
Ivyl Jacobson
Special Education Aide



Kay Marriott
Special Education Aide



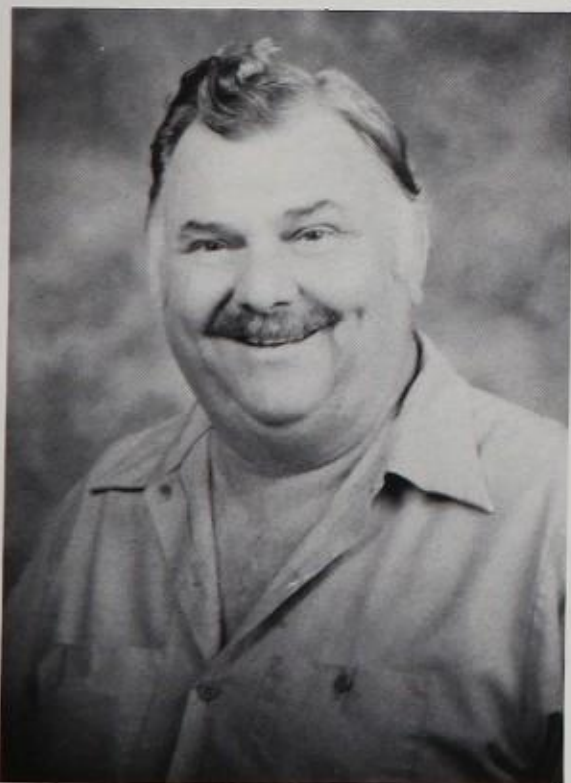
Lynn May
Special Education Aide



Wearing his Los Alamitos Griffins jacket with pride, **Donn Fisher** watches Coach Barnes introduce the senior members of our dedicated varsity team. Mr. Fisher is the coach of the Freshman Football Squad.



Mrs. Parrett and **Mrs. Marriott** sit at the far end of the bleachers and watch with enthusiasm as the drill team perform their superior-rated routine to "Bad Boys".



Don Dusterhoft
Day Custodian



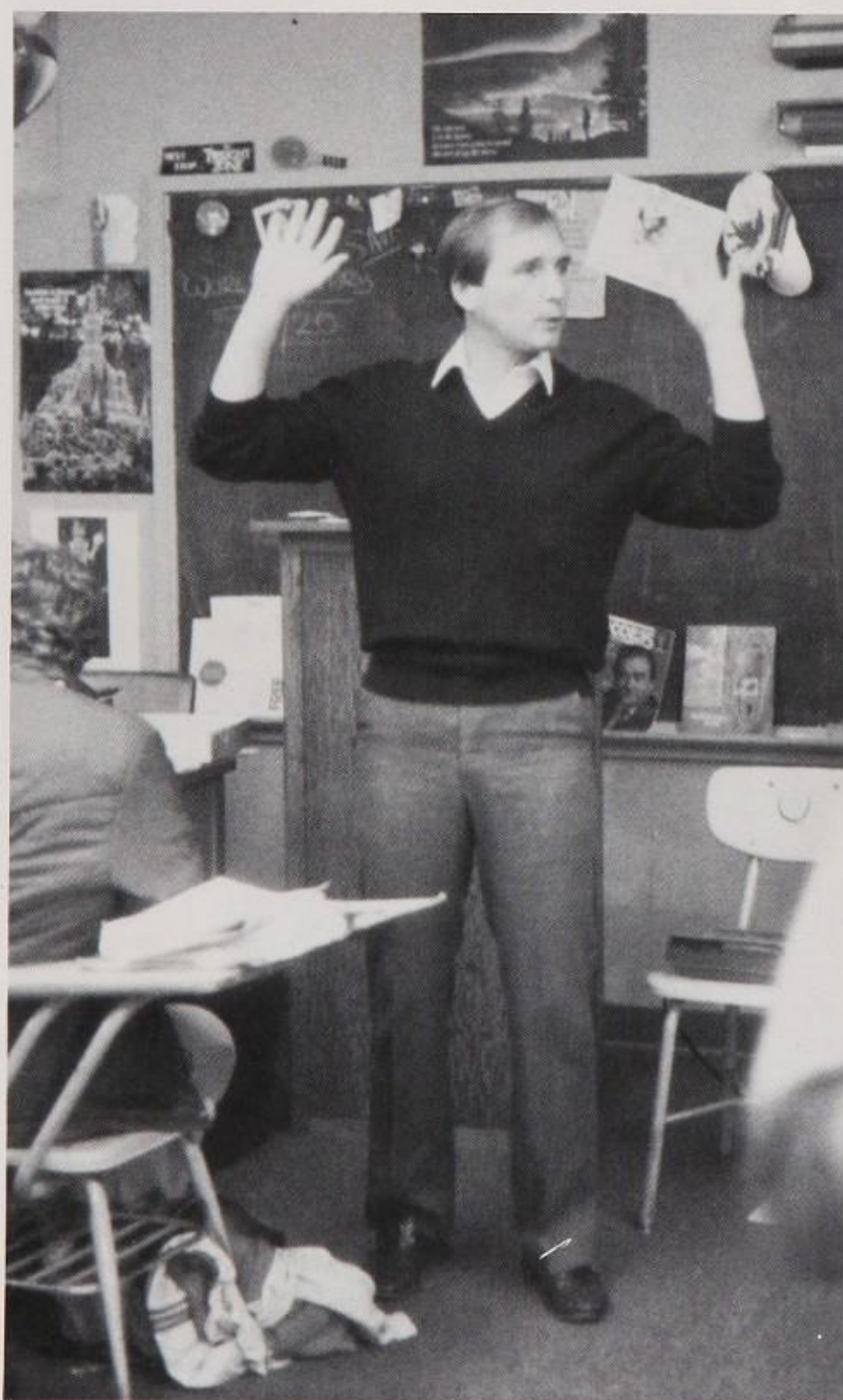
Riding around on his trusty Turf Vac, **Herman Fisher** cleans up all the trash that has been left after another day's lunch at Los Al.

Social Sciences Navigate Future

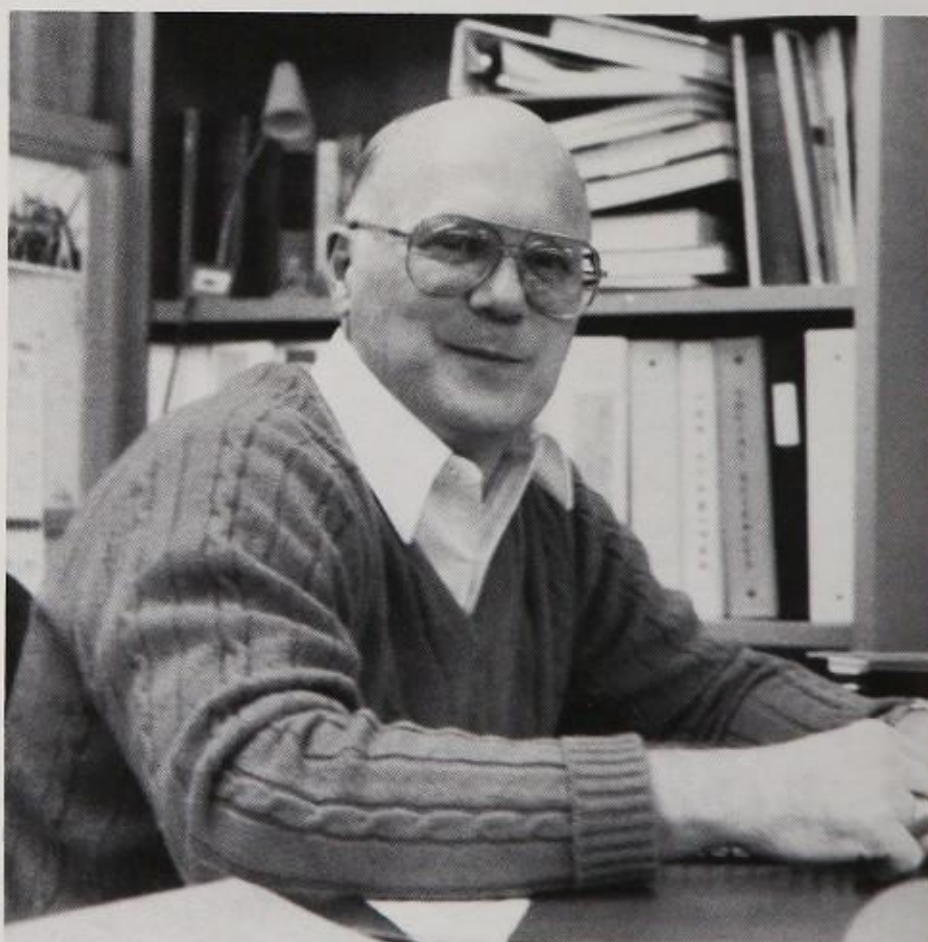
It is often said that history repeats itself and here at Los Al the saying holds true. Through the history of Los Alamos we've always had an excellent social science department and this year we have kept up the tradition. The incoming freshmen are required to take world history and juniors must take U.S. History. The seniors have many choices such as California History, military history, or psychology and they are also required to take a semester of American Political Tradition.



If you can't attend **Mr. Loftus'** class, he can make you. Mr. Loftus is the master of lectures and when he talks, people listen.



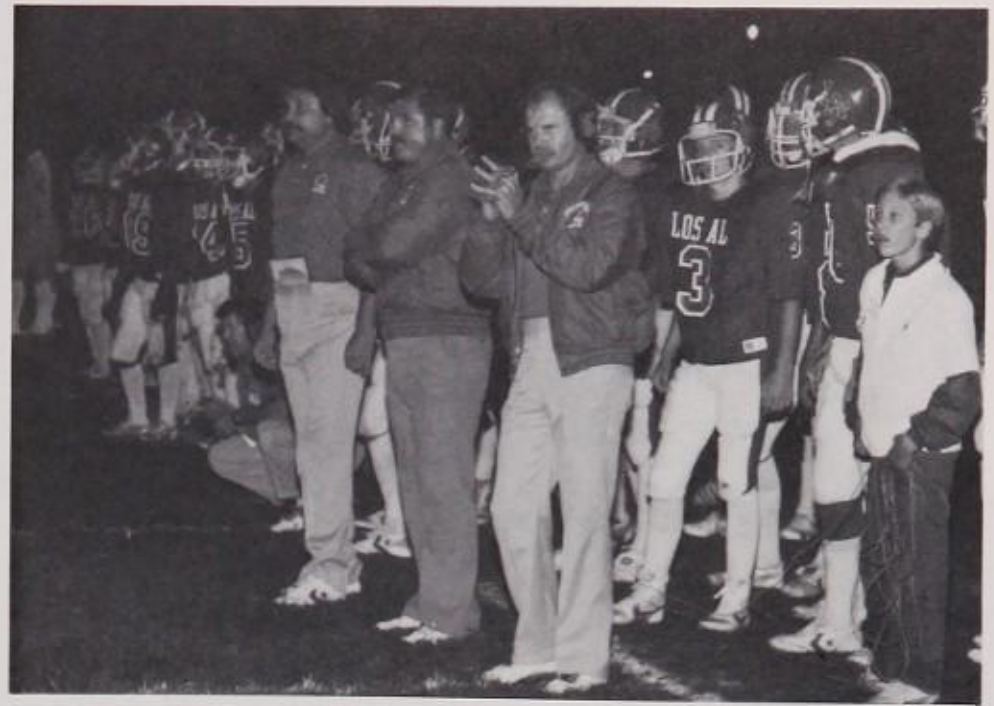
Directing traffic in class was **Mr. Cross'** former job. Although freshmen get out of hand sometimes, Mr. Cross can control anything from an argument to an atom bomb.



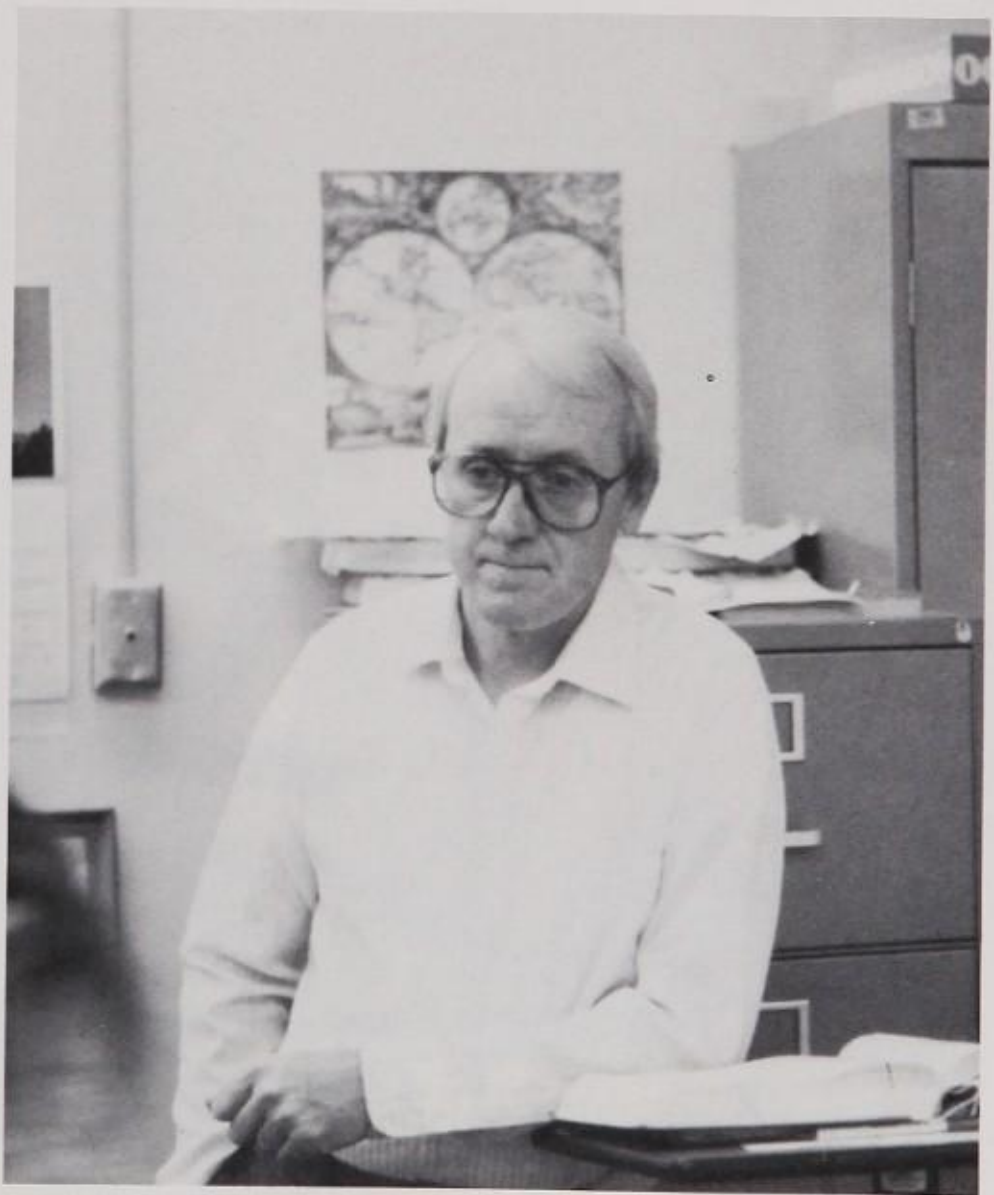
Smiling as if he had just won the Battle of Waterloo, **Mr. Hauenstein** checks some important lecture notes for the next class.



World History is not the easiest class to excel in as one student, **Tanya Cohen**, is about to find out. But no question is too large or too small for **Mrs. Steeby**.



Besides being a history teacher, **Mr. Bowers** is the football and wrestling coach. Coach Bowers is known for his ability to get on the same wavelength as his students.



Trying to keep track of all those facts, dates, and places seems rough, but for **Mr. Shelton**, it's a "piece of cake."



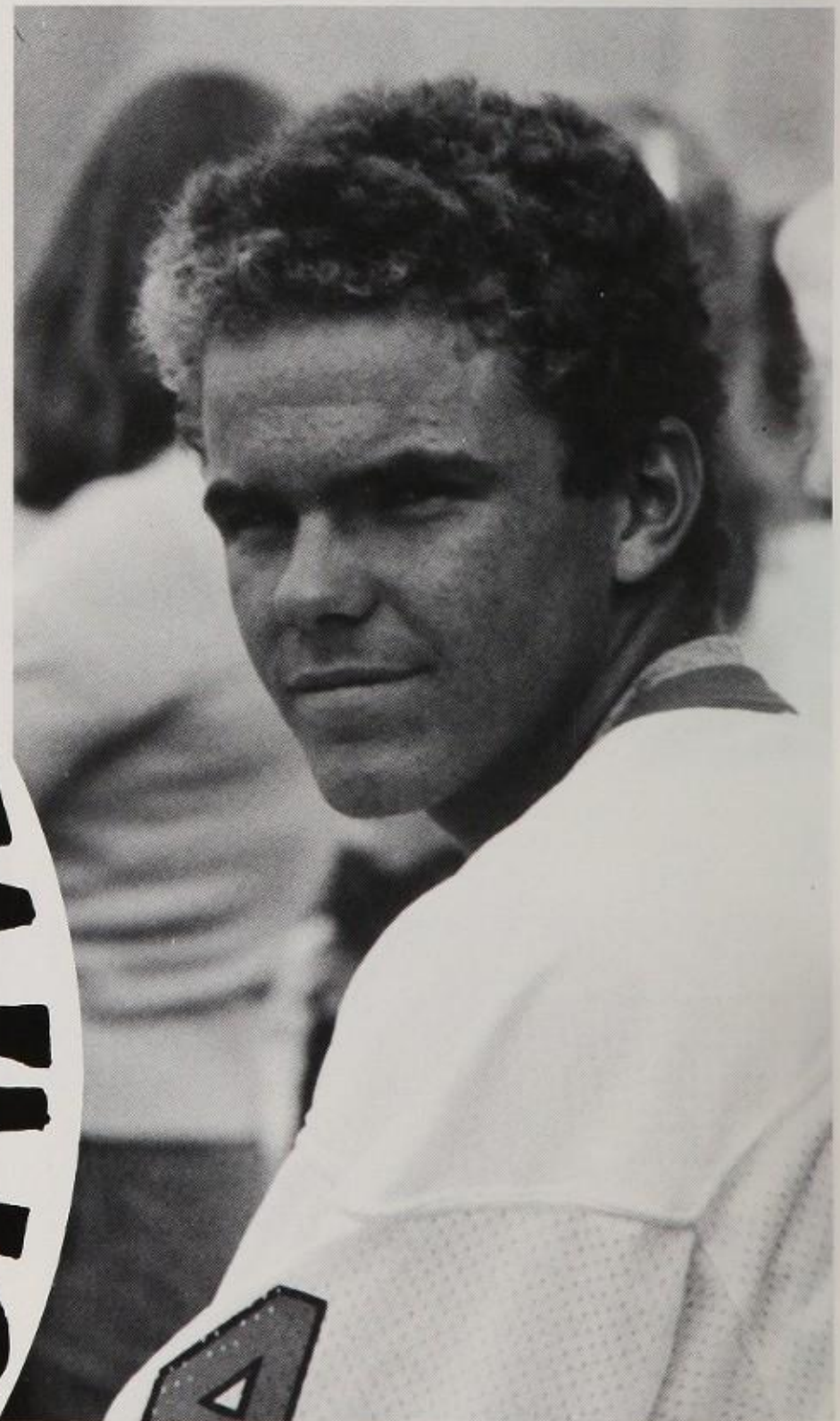
Pep assemblies are enjoyed by students as well as teachers. The history department is no exception and **Mr. Cross**, **Mr. Petrick**, and **Mrs. Goyer** watch the activities with bewilderment and anticipation.



As a senior **Mike Baker** feels at home on the Los Al campus. He leans back to wait for his friends.



After a hard day **Jennifer Eldean** takes advantage of an empty bench in the quad. The quad area at Los Al provides a place out in the sun for people to relax.



As a member of the varsity football team **Billy Whitlock** looks forward to tonight's game. The adrenaline begins flowing early for the Griffins. That is one reason they always play so well.

SENIORS



Playing the role of tour guide, **Robert Fischer** (upper left) shows German foreign exchange student, **Dominique Schauver**, the many sights of interest, like the marina in Long Beach. Varsity football letterman **Dirk Rippelmeyer** (left) does Mr. Hauenstein a favor and prepares the film for the projector in his government class. **Steve Sherman** (above) delectably eyes his apple before taking a bite as **Cary Nance** delectably eyes a gorgeous girl walking across the quad.

Captains Set LA Traditions

The Class of 1984 may be remembered for many things, but without a doubt it will be noted as the first four-year graduating class. As freshmen, they began the "Mr. Cool" contest. Freshman participant **Russ Wendell** represented the class with a zeal for winning. They also began the reign of the Freshman Queen. Contestants were elected by the freshman class. The first winner was Miss **Wendy Salisbury**.

Later, further initiating tradition, they began the renowned V.W. push. Although the class of '85 holds the current record, the seniors have always put in a sincere effort.

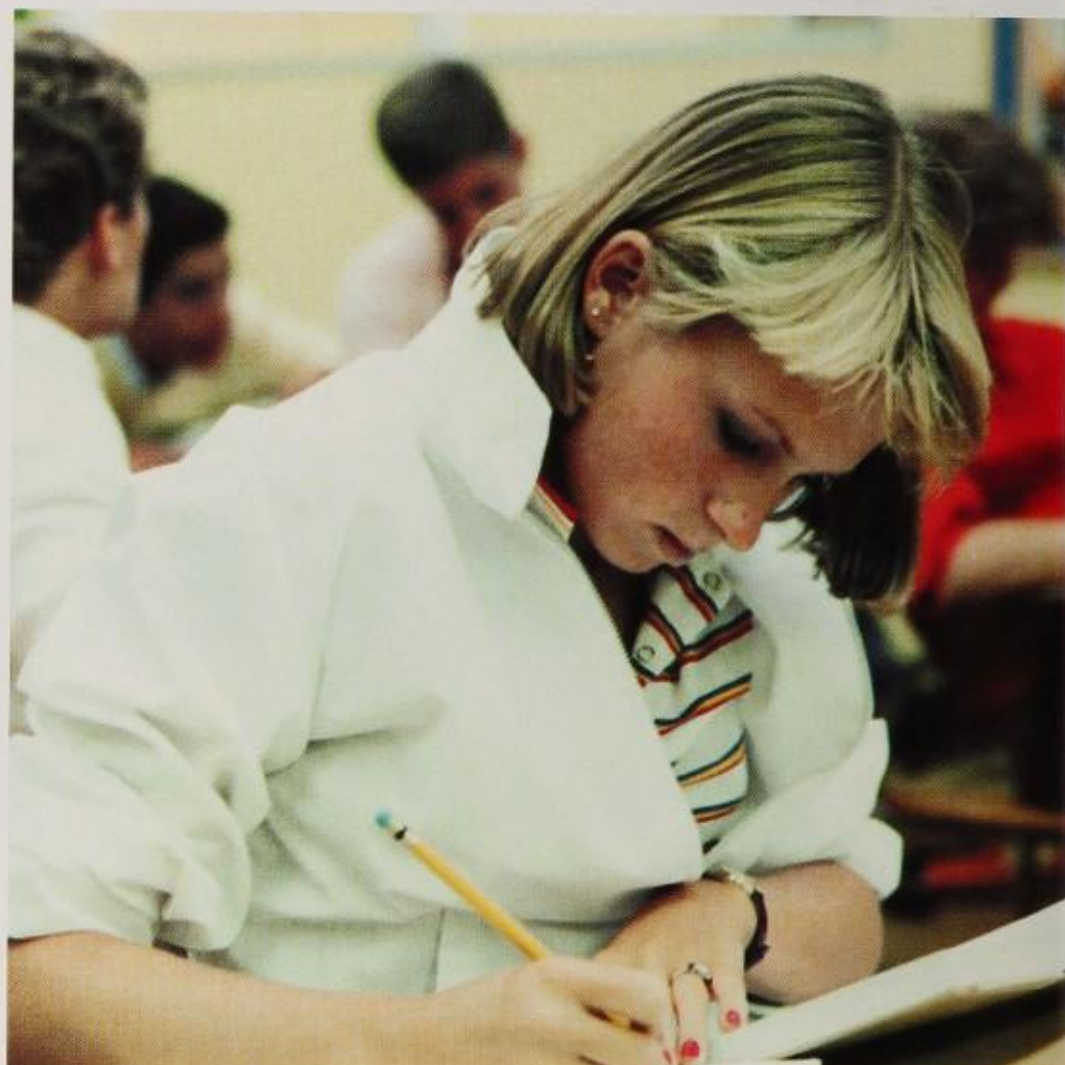
1982-83 began the tradition of the Basketball Homecoming. Contestants chosen by the Varsity Basketball team ranged from sophomores to seniors. **Kim Wiley**, who at the time was a junior, was determined the winner by a majority student body vote.



Walking through the quad area and admiring the campus, **Jennifer Condon** and **Rene Marriott** smile at some other friends that they see across the campus. Jennifer and Renee are both walking to the government class together.



Cuddling up close together, **Mr. Ron Considine** and **Janette LaFreniere** pose for the portrait picture that is being taken.



Working diligently in her trigonometry class, Senior Member **Connie Nixon** sits and tries to attempt a problem that the teacher just explained to her. Connie hopes to get a good grade on her next trig test.



Exquisite Seniors

The On Your Own weddings that take place every school year always turn out to be a big success. **Robert Brakke, Dirk Ripplemeyer, Jeff Nicks,** and **April Alvarez,** above left, walk down the aisle as rice is thrown at them. While **Val Spinosa,** top right, waits for the big moment, she reflects about her new "husband." To the left, **Michelle Wagner** searches for a writing utensil and dreams about the day when she will have a real wedding like those of the On Your Own weddings she witnessed at lunch. Above, **Kim Wiley** spends time in the library. Kim is a very dedicated student and a member of the Seniors. She focuses on her extremely difficult assignment while the Mock weddings are taking place right outside the door.



Mitzie Lynn Abbott
CSF, Dance Club, L.A.'s Finest



Ann M. Acosta
Senior, C.P.A.



Leticia Aguilar



Len C. Akins
Football



Michele L. Alarcon
Varsity Tennis, Senior Members,
Track



Catherine Allard



Tracy Callen designs one of the many pages for the clubs and organizations section. Tracy works very hard on her section so she will complete the deadline on time.



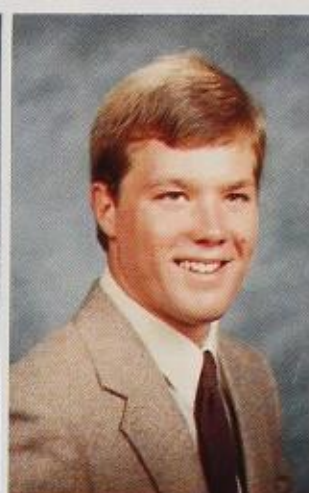
Thomas M. Allard
CSF



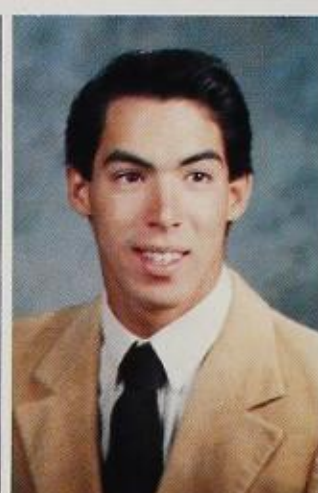
Karen Allen



Michael H. Allen
Varsity Track, Law Club,
Computer Club



Dillon Alley



Robert Alvarez



Teresa Colleen Amero
Marching Band, Concert Band, S
Club



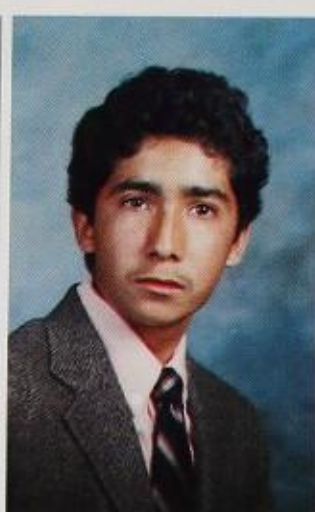
Becky L. Anderson
L.A. Party Animals, Volleyball,
Hears Club



**Kimberley Ann
Andreasen**
CSF, German Club



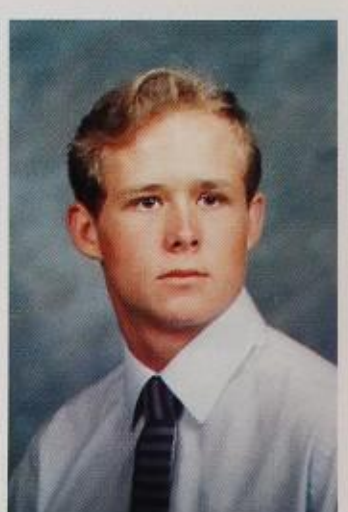
Michelle C. Archer
Cabiner, Songleader, Drama
Club



Michael J. Arias
Varsity Tennis



Lisa Armstrong



Daniel Atchley



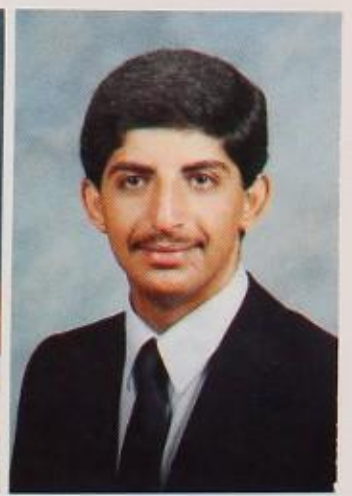
Maria Romero asks Mrs. Kenny for some advice with the yearbook. Maria confers with Mrs. Kenny so she will not make a mistake and have to do her section over again.



Dawn Atkin



Corrine Lynda Atkinson
Spanish Club, S-Club, Interact Club



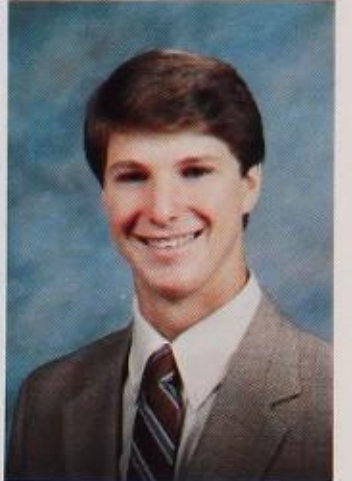
Yahya M. Baayoun
Varsity Football, ASD, Congress



Becky Baird



Michael D. Baker
Football, Ski Club, Key Club



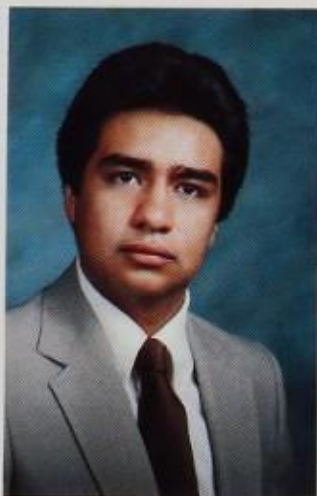
Roger Baron



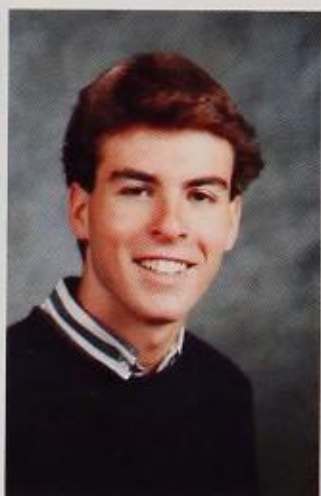
Antonia Barragen



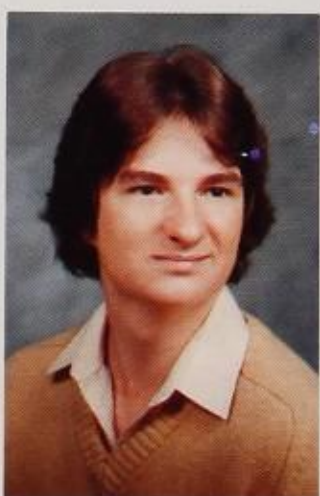
Scott Eric Belle
Varsity Football Captain,
Chamber Choir, Varsity Wrestling



Isaac Benavidez



Jim Bernardin



Michael Bilbia



Suzanne Bird



Cheryl Lynn Birdsall
Varsity Gymnastics, Varsity Cheer, CSF



Adelle J. Bish
Mascot, Senior Class Committee, German Club



Brenda Black



Tracy Kathleen Blankenship
Varsity Gymnastics, French Club, Senior Elite



Richard H. Blanks



Ellen A. Bloom
Keywanettes, Sponsored Seniors, Senior Class Committee



David Jeffrey Blum
Ski Club, CSF, Mock Trial Team



Melissa Ann Bolling
ASB Treasurer, Congress, CSF



Brett Bowen



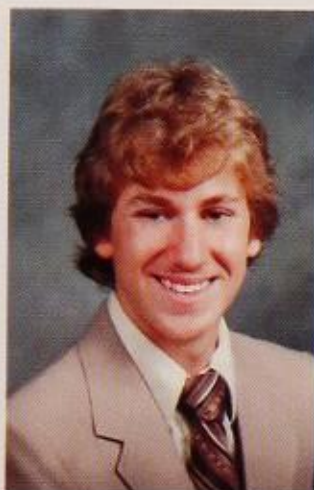
Robert C. Brakke
Varsity Football, Varsity Wrestling, Hoppy Griffins



Diane Braunstein



Mary Broad



Steven N. Brody
CSF, Kiwanis Bowl



Jodi E. Brown
French Club President, CSF, Senior Elite



Charles D. Bueno
Cross Country, German Club, 4H



Michelle A. Burge



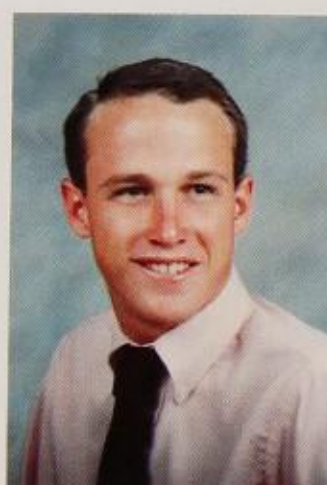
Bonnie I. Burns
Varsity Volleyball, Sensored Seniors, Senior Class Committee



Christopher Butler



While wearing her official cabinet cap, **Shelley Sandusky** makes an announcement to the rowdy crowd at a pep assembly. Shelley is used to being observed by the students because she is ASB President.



John Callahan



Tracey Callen
Cottonwood Staff



Julie Callison



Delane Camp
Cottonwood Staff, CSF, Hearts Club



Donald Campbell



Donna Carlson
Speech Team, CSF, Volleyball



Russell L. Carpenter
Decathlon, Chamber Choir,
Kiwanis Bowl



Lisa Carpentier



Sardi Carrano
CSF, French Club, Speech Team



Barbara Caruso
Decathlon, Band, Congress,
Diving



Lorena Castellanos



Alida J. Cevallos
Foreign Exchange Student:
Venezuela



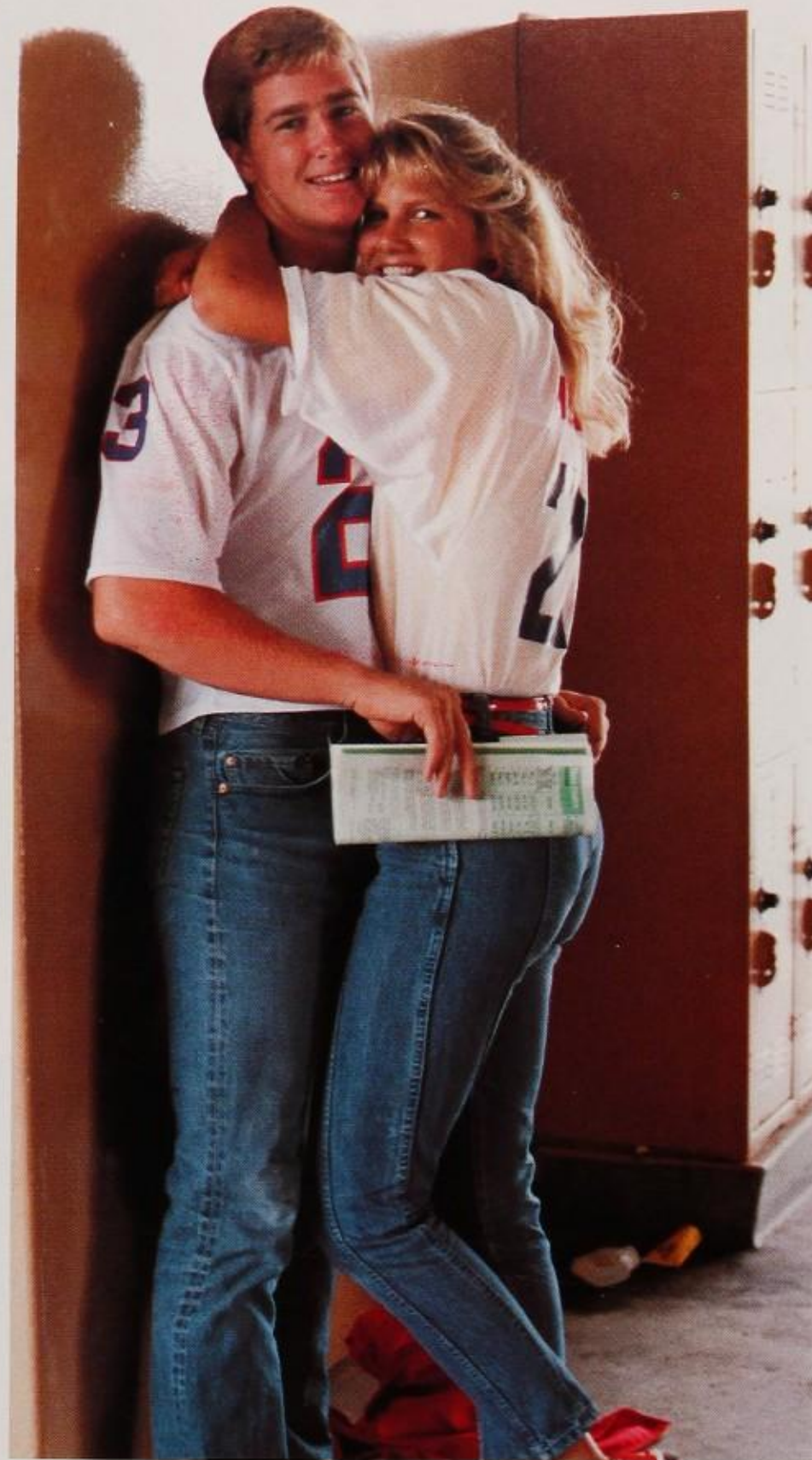
Karen Chaides



Lori E. Chapek
Ski Club, Law Club



Valerie Chaves



Russ Wendell and Debbie Kurtela find time to be alone between their classes. The happy couple makes the most of their six minutes together before the bell rings.



Judy Chavez



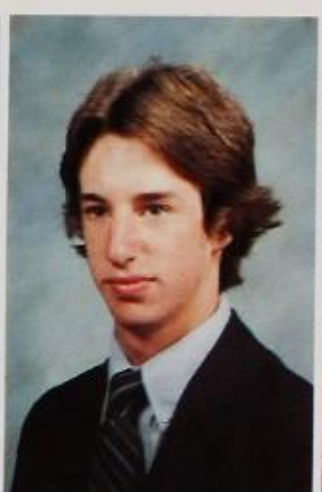
Johny Chiu



Cindy Chou



Ryan Christianson



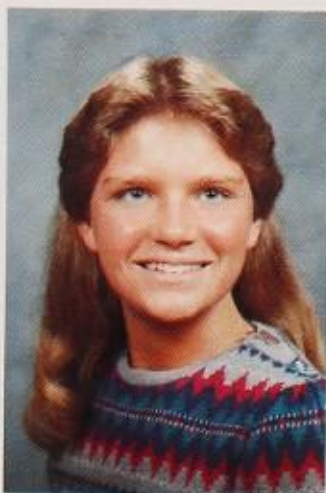
John Clegg



Mark Clemons
Varsity Yell, Water Polo, AFA



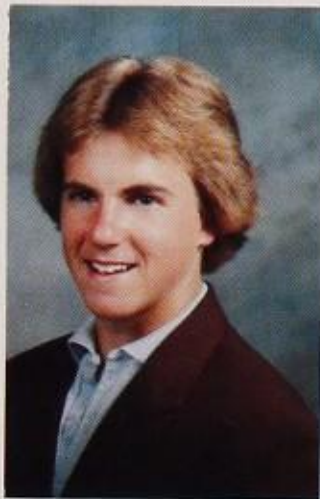
Jennifer J. Condon
Drill Team, Senior Class
Committee, Ski Club, Seniors



Nancy D. Conklin
Ski Club



Angela D. Conley
Varsity Cheer, CSF, Senior Class
Committee



William G. Cook



Nina Marie Cooper



Rodney Cottrill



Chris Schmitt smiles while listening to his friends joke about his new Team Berry bug. Having a shortened day enables him to keep a steady job and work on his Volkswagon.



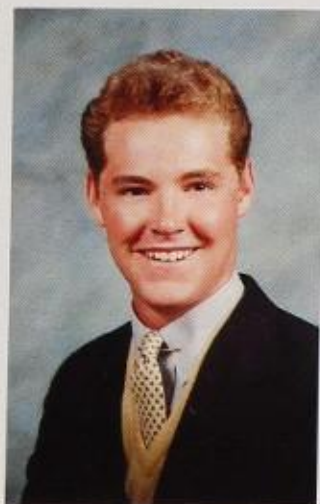
Catherine A. Crawford
Swing and Chamber Choir,
Backpacking Club



Catherine Crockett
Song, Drill Team, Cottonwood
Staff



Jana Crum
Varsity Cheer



Todd Dale



Kimberly K. Dally
L.A. Brats, Volleyball



Sedra-Lin Davis
Senior C.P.A.



Margaret Degroot, Tammy Lampin, Jeff Kennedy, Kim Tobin, Scott Harvey, the students for married life by performing a mock wedding ceremony.



Tiffany Lienau and Connie Nixon are having a debate on which T-shirt club, the sensed Seniors or the Senior Members, is going to win the Spirit Stick at the football game tonight.



and the chauffeur pose in their wedding attire. The On Your Own class prepare



Deborah Dean



Margaret DeGroot



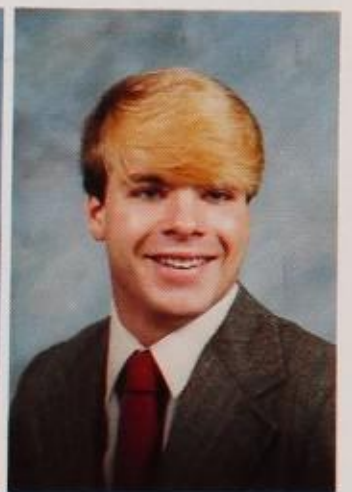
Thomas K. DeHardt
Drama, Forensics League, Golf



Lorena DelaMora



Daphné M.H. Delépine
French Club, Spanish Club,
Senior Kaos



Charles Dellisanti



Pamela Lynn Denny
J.V. Cheer, Colorguard,
Sensed Seniors



Donald A. DeQuardo
Varsity Football, Varsity
Wrestling



Pedro Derit



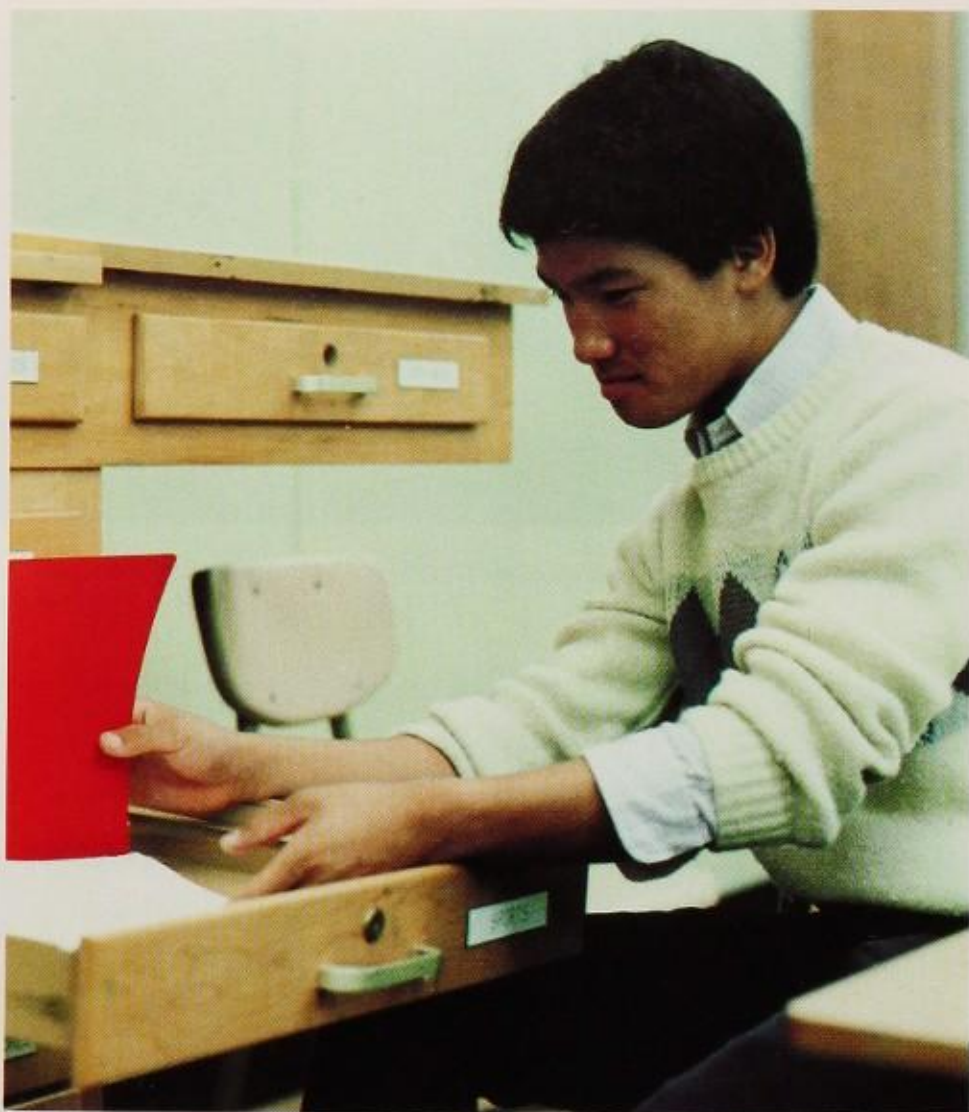
Damanjit K. Dhillon
CSF, French Club, Senior Class
Committee



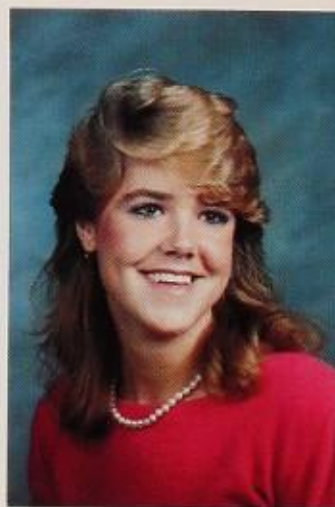
Ravinder K. Dhillon
CSF, French Club, Senior Class
Committee



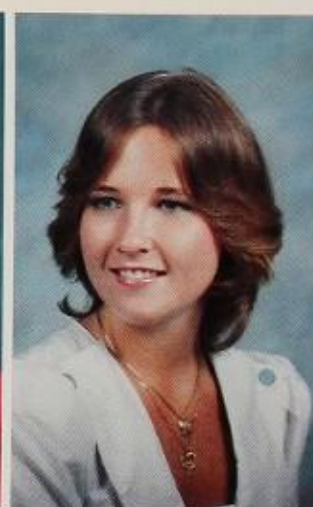
Madeline Donohue



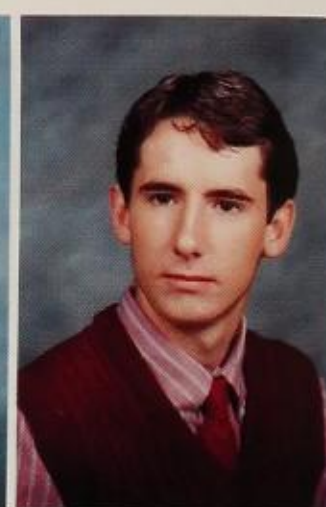
Jody Okamoto looks through his folder in the sports section drawer to find his layouts. While Jody is not working on the sports section, he is out taking pictures for yearbook.



Debbie Dortch



Karen Dotson



Harlan A. Draper



Colleen Dubry



Rhonda Rhea Duffaut
Varsity Swimming, Interact,
Senior Kaos



Angela P. Eaton
Drill Team, Swing Choir,
Keywanneres



Jenna Eldean
Varsity Soccer



Nicole Eliades



Alan Elman



Jeanie Engleberg



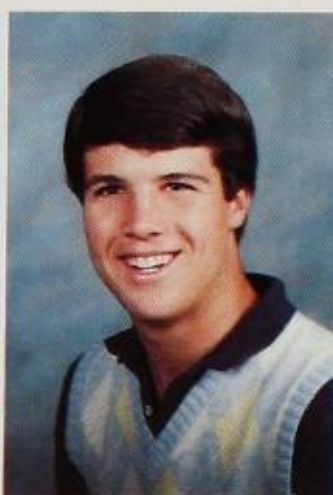
Lisa Eshelby



Denise Fagot



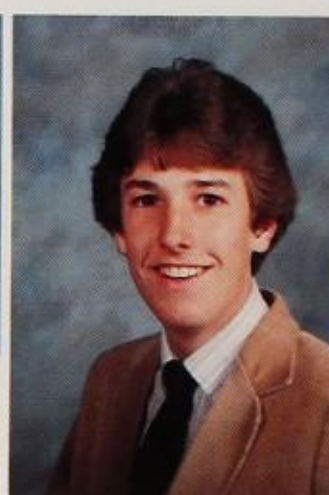
Johnny Fajardo



Todd Fatone



David S. Fernbach
Varsity Tennis, Drama Club



Steven K. Ferrel
CSF, German Club



Robert A. Fischer
Swim Team, Waterpolo,
Cottonwood Staff



Howard M. Fitzer
Spanish Club, Interact,
Photography Club



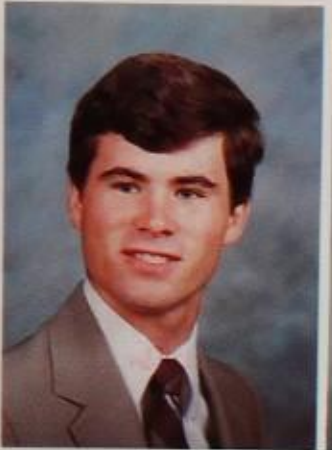
Sharron L. Fitzgerald
Marching Band, Senior Elite



Adam S. Fleischer



Carmen Marie Flores
Keywanettes, Varsity Soccer



Howard Foote



Edward H. Foster Jr.
Crusader Editor, Varsity Baseball



Patricia Foster



Russell Kibbee smiles at a friend after biting into his sandwich. Russell is not sure if the sandwich has been tampered with as he asks his friends if anything is wrong with it.



Many couples were involved in the mock wedding. **Clay Kussler**, **Wendy Salisbury**, and **Rich Morgan** attend the wedding of **Barbara Heller** and **Jim Reis**. Wendy and Clay watch the bride and groom kiss.



Kelly Fowks



Renee M. Franks
National Merit Commended Scholar, CSF, French Club



Scott T. Freeman



Pamela C. Gaddis



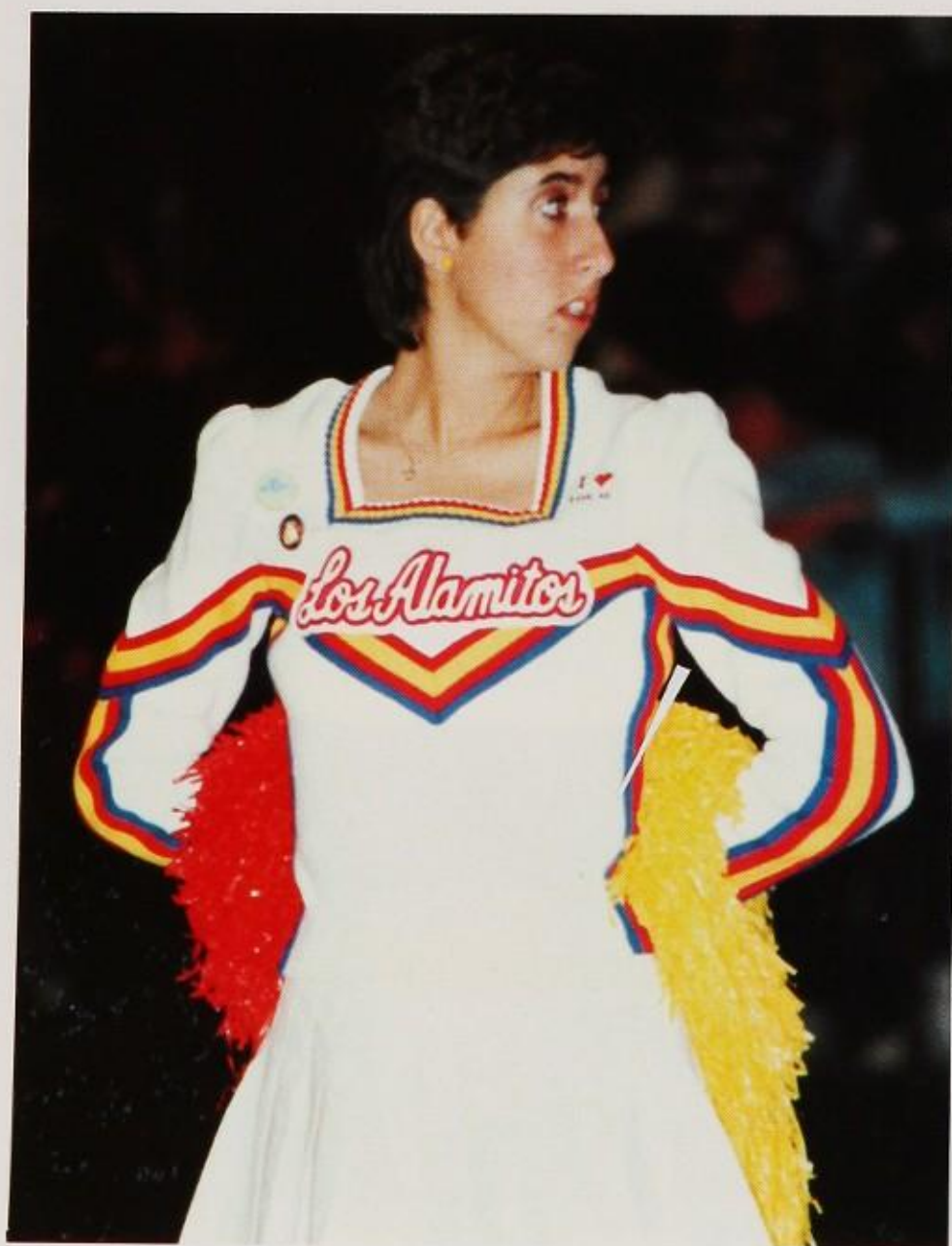
Kelly Gaines



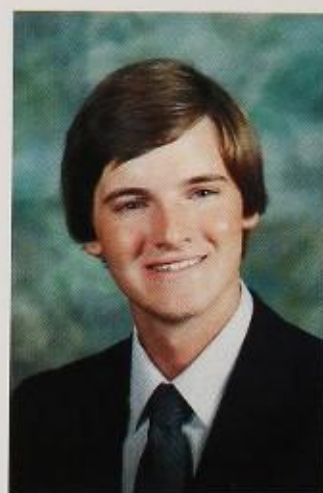
Kimberly D. Garman
Colorguard Manager, Senior Elite, Senior Class Committee



ASB Vice-president, **Phil Wyels**, tries to calm the noisy crowd at a rowdy pep assembly by using the loud speaker. Phil contributed much in making this a great school year.



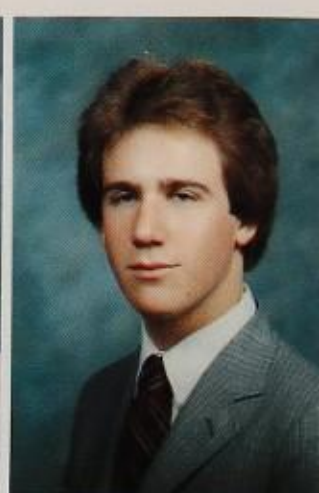
Michelle Archer, Varsity Songleading Captain, entranced by a play during a football game, calls out a silent cheer. Michelle works very hard trying to make the squad the best it can be.



Eric B. Garthwaite
Tennis Team, Congress, CSF



Robert T. Gauvain
Varsity Football, Wrestling



David J. Gershon
Academic Decathlon, Congress, French Club



Julie Ann Gilchrist
Varsity Swimming, Varsity Volleyball, CSF



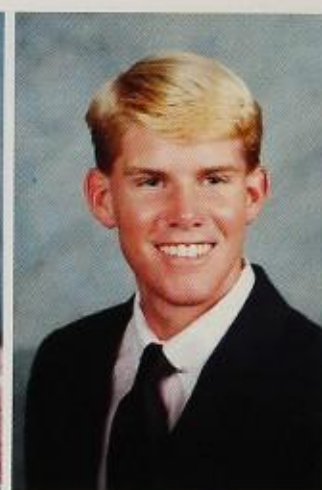
Donald Gillilan



Bradley S. Gold
Varsity Wrestling, CSF, Varsity Track



Kimberly A. Green
Varsity Tennis Captain, CSF



Adam T. Gregory
Varsity Yell Leading, Varsity Water Polo, Varsity Swimming



Harold Gottlieb
Adventure Club



Carol Lynn Grimes
Color Guard, Jr. Class Committee



Steven Groff



Leslie A. Hacker
Sensored Seniors, Crusader Staff, Keywanneres



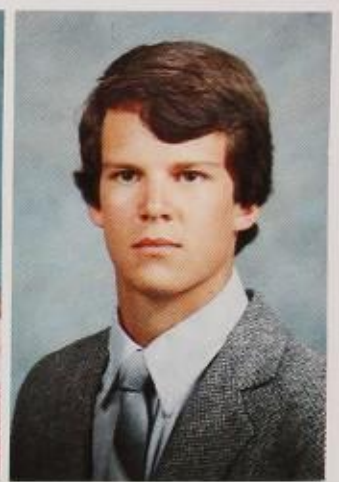
"Another boring day or lunch," says senior **Casey Stetler** while dropping his head towards the ground. Most of the seniors take off for lunch and some unfortunate ones are left behind.



Davina F. Haimov
Senior Kaos, Interact, Band



Mary Halal



David Haldeman



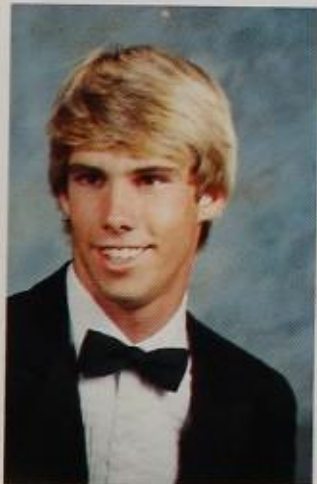
Brad Handelman



Brenda Lynn Harb



Lisa Harris
Drill Team, Senior Class
President, Cabinet



Scott Harvey



Joe Hastie



Brian Haub
Varsity Football



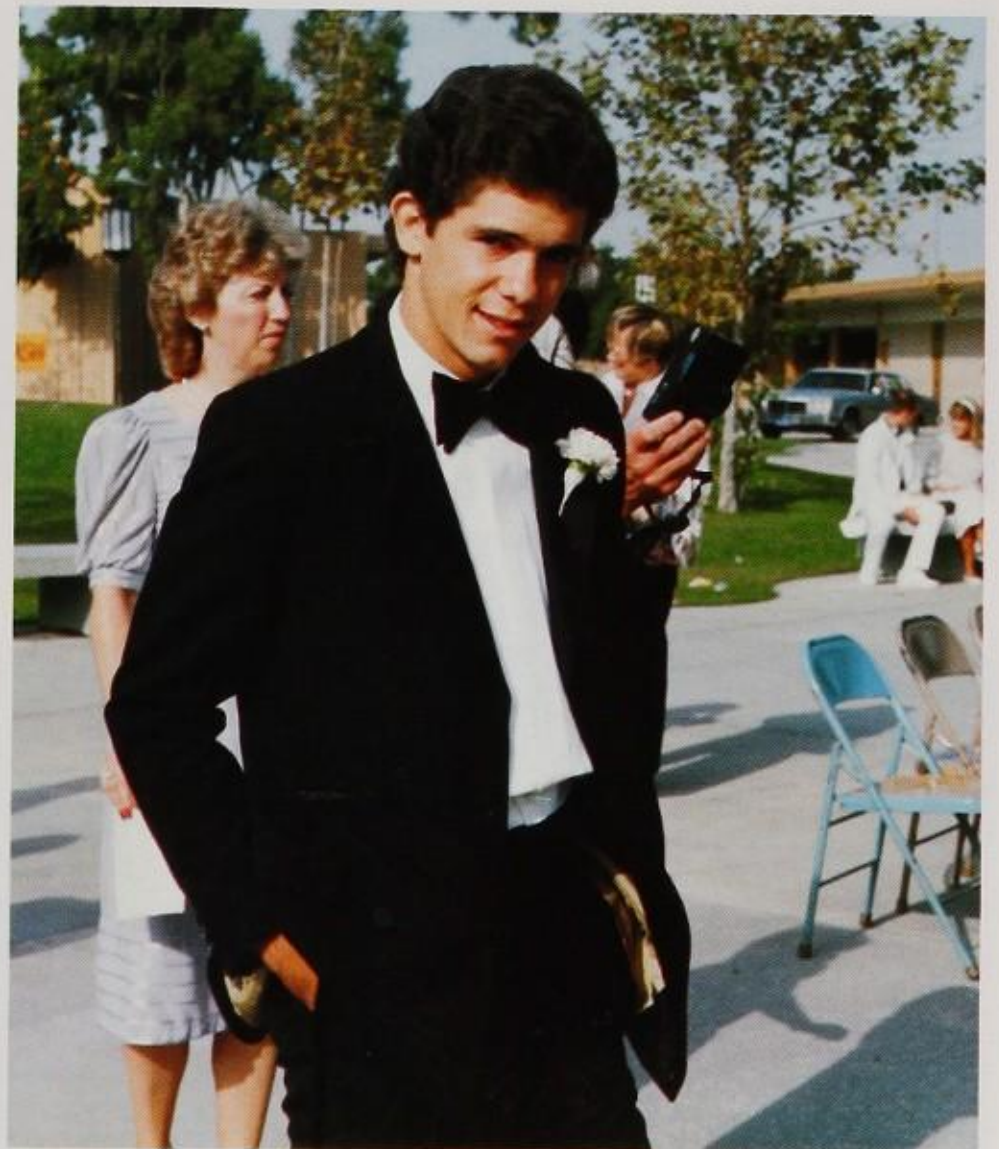
DeAnna M. Hawks
Varsity Volleyball, Basketball
Softball



Barbara Heller
Sensored Seniors, Football
Followers, German Club



Danny Hershenson



Looking very handsome, senior **Jay Jensen** feels relieved that the nervous part of the Mock Wedding is over. Jay is one of the many students on campus in the On Your Own Wedding.



Lisa Wellington and **Kristen Sprague** discuss the events of Spirit Week. Lisa and Kristen are members of the Senior Elite and are also members of Tall Flags and Rifle Team.



Lori Hertzog



Hoai T. Ho



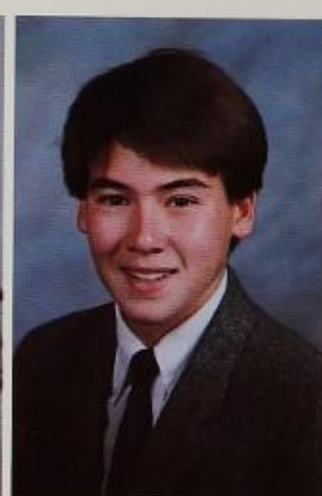
Niem Ho



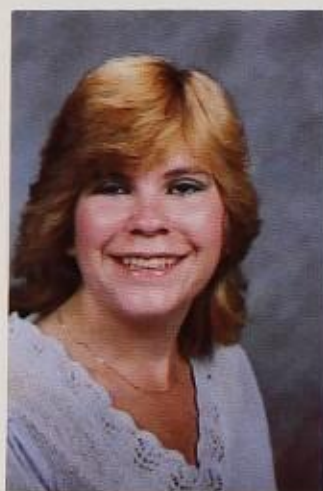
Derek L. Hobbs
AFA, Varsity Water Polo,
Varsity Swimming



Ginger L. Hodson
Hearts Club, Senior Class
Committee, Seniors



Richie R. Hollis
Varsity Tennis, Cabinet, CSF



Suzanne Homrighausen



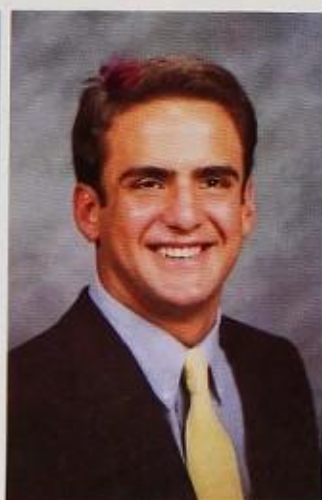
Annah Hong



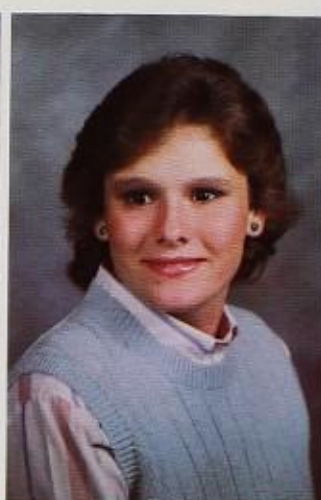
Christine Hosford-Clark



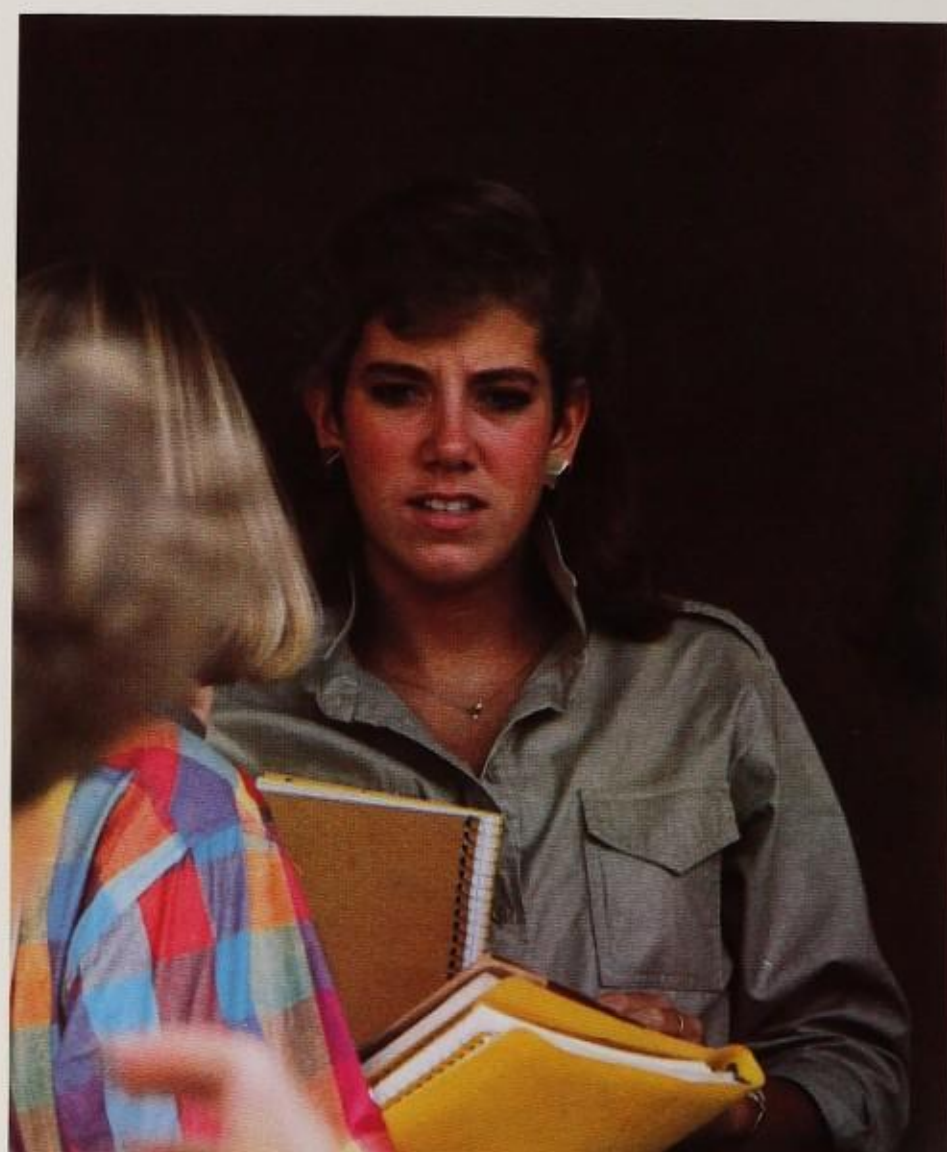
Brian R. Houck
CSF, Senior Class Committee,
Key Club



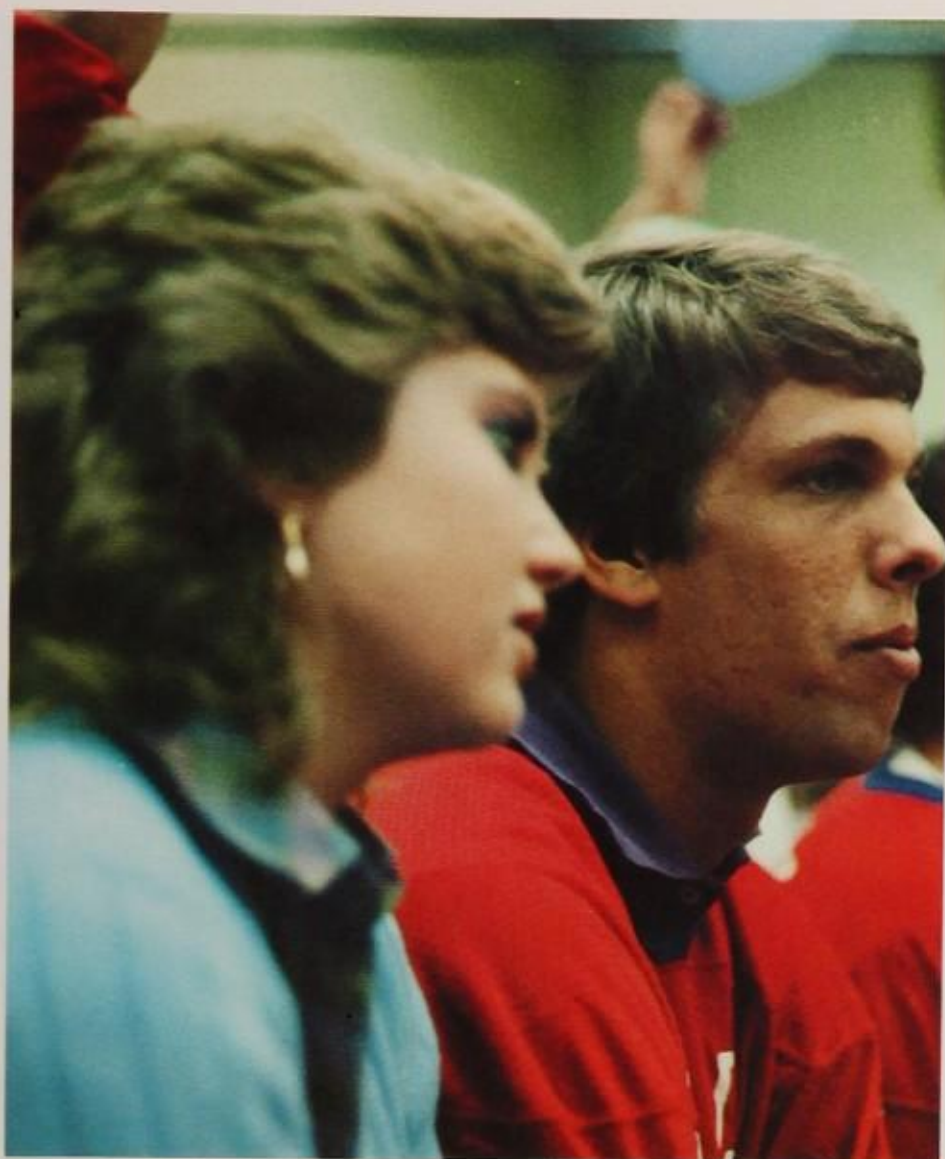
Lee Houghton



Kimberly L. Houston
Ski Club, Swim Team, Spanish
Club



Talking with her best friends, **Jennifer Condon** discusses the English test next period. Jennifer seems very worried and nervous about the test. Her studying proved to be very beneficial to her test score.



At the pep assembly, Varsity Football player **Nick Paulos** and Seniors **Betsy Young** watch the spirit Omega Drill Team perform for the Los Al students before the homecoming game against Lora.



Debra Lee Hrbacek
Marching Band-Drum Major,
Symphonic Band, Keywanettes



Audra C. Huber
Drill Team, Mock Trial Team,
Low Club



Stephen Husted



Roberta L. Hutcheson



Daryl Iwakoshi
LA LITES



Elizabeth A. Jenkins



Nancy Jenner
Decathlon, CSF, Track



Jay Jensen
Varsity Football, Track



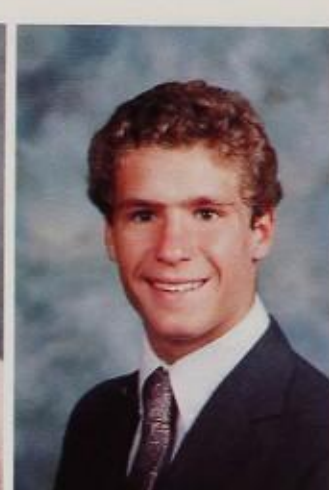
Cristina M. Johnson



Jon Johnson



Kristin R. Johnson
Colorguard, Keywanettes,
Senior Class Committee



Arlo Jorgensen



Carol Kachelmeyer



Richard Kalman
Cross Country, Track, Ski Club



Debbie J. Kanow
Track, Cross Country



Keith Kaub
J.V. Varsity Basketball



Steven B. Kearney
Water Polo, Ski Club, Senior
Class Committee



Russell Kibbee
Varsity Football, CSF



James Kile



Helen Kim
Varsity Tennis, Crusader Staff,
Editorial Editor Speech Team



Cindy Kingsolver



Talking to himself, **Scott Fernbach** thinks about how he can spend his well deserved weekend with his best friends.



Raymond J. Kolacki



Yvonka Koleff



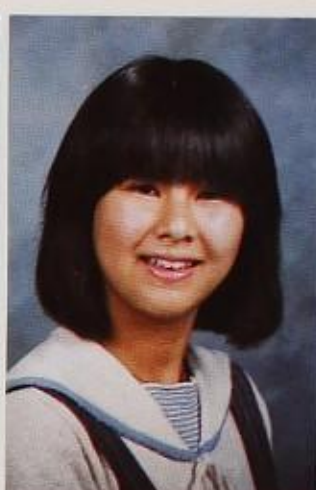
Judy R. Koong
Varsity Tennis, Senior Elite,
Senior Class Committee



Stacy J. Kramer
Varsity Songleader, J.V.
Cheerleader, Cottonwood Staff



Thomas E. Kristoffy
Baseball, Drama Club



Rie Kurosawa
S Club



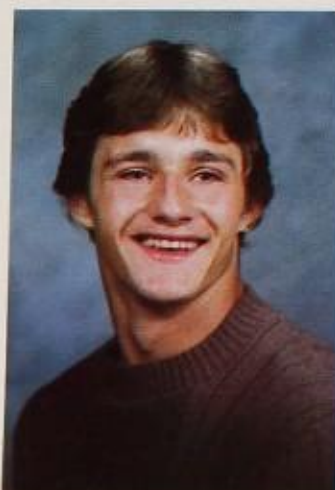
Deborah Ann Kurtela
Cross Country, Track, Cabinier,
Sensored Seniors



Clay Charles Kussler
Varsity Track, Football Team
B.K.



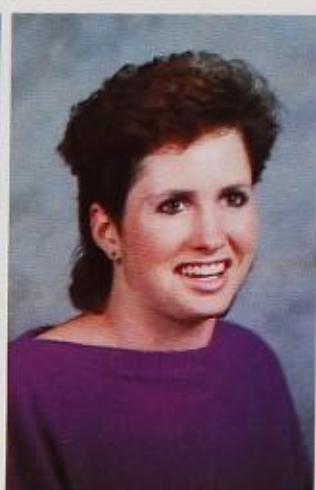
Yvette LaBossiere



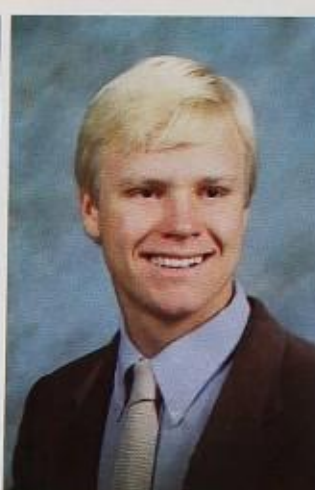
James Larntz



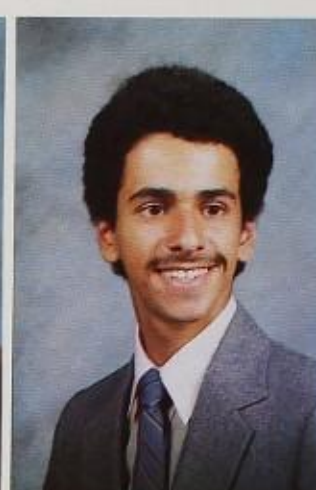
Richard Larsen



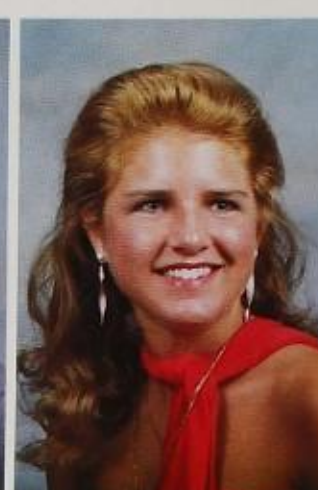
Linda R. Laszlo
Gymnastics, Crusader Staff



Kevin Leapley



Meir Levy



Denise Lewis



Sitting in the quad area, **Rosemary Liu** has a friendly chat with her best friends. Rosemary and her friends talk about the football game this weekend and the upcoming events in school.



Tiffany D. Lienau
Varsity Cheer, Sensored Seniors
Keywanettes



Kristine Ann Lindell



Erin E. Linskey
Colorguard Captain, Congress,
Senior Elite



Rosemary C. Liu
CSF, Colorguard, Senior Class



Teri Marie Loe
Varsity Tennis, Crusader Staff,
Senior Members



Sabriena L. Lofton
Senior CPA



Kathryn J. Long
Sensored Seniors, Varsity Cheer,
J.V. Cheer, Ski Club



Heather Jean Lowrey
Swing Choir, Senior Class
Committee, Hearts Club



Merrilee Luebben



Tracy LeeAnn Luick
Freshman Basketball, Congress,
Drill Team



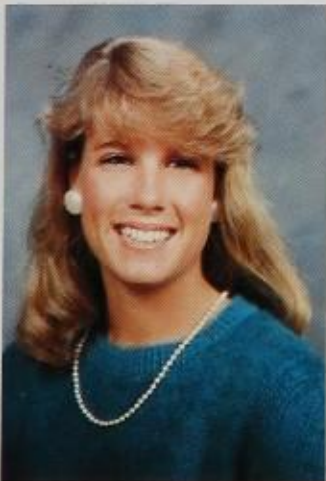
Kathy Lunde
Colorguard, Keywanettes



Linda J. MacCready
Sensored Seniors, Drill Team, Ski
Club



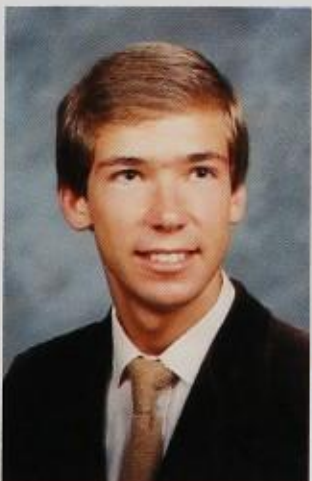
Andrew Madson



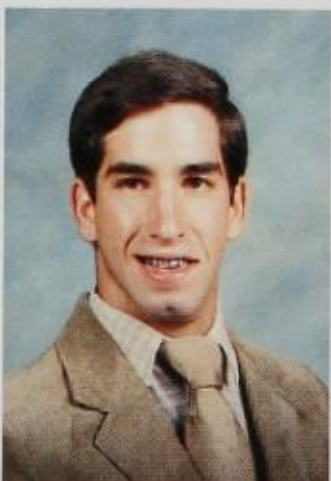
Michelle Magner



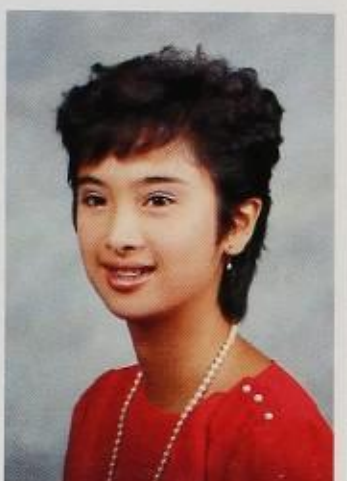
Steve Magner



Andrew D. Magnet
CSF, Congress, Chamber Choir



David R. Mahrer
Varsity Football



Mariza Manabat



Ronica L. Mansinon
CSF



Paul Ramzi Mansour
Varsity Football, Soccer



Stacey Mardesich



Anne Markley



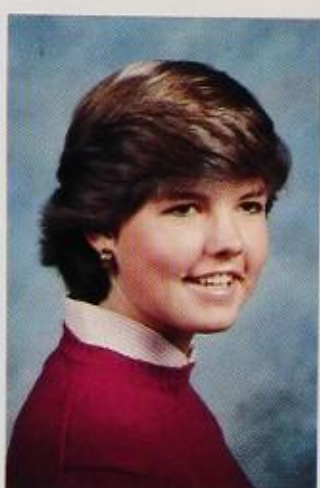
Richard Marquez



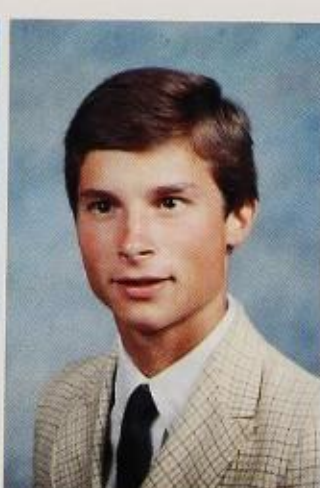
Rene L. Marriott
Sensored Seniors, Drill Team, Ski Club



Jeffrey Martin
Band/Drum Major



Jennifer Martinis



Steven Mason
Band



Jennifer Mathias



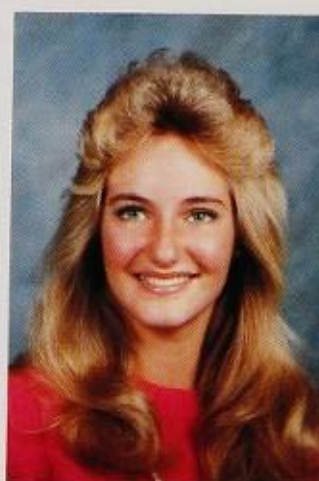
Lisa J. Maulhardt
CSF, Mock Trial, Kiwanis Bowl Team



Holly McClaskey
Chair, Keywanettes, Basketball



Concentrating on her homework, **Kathy Long** sits quietly as she tries to figure out her assignment. Hopefully she will finish her homework so she will not have to do any during the weekend.



Kerry McFall
Drill Team Captain



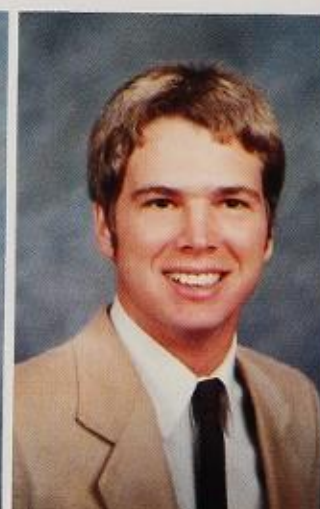
William McGrann



Mali McGolden
Varsity Soccer, Softball



Pat S. McIlrath
Waterpolo, Yell Leader, CSF, Varsity Baseball



John McIntyre



Alice McKee



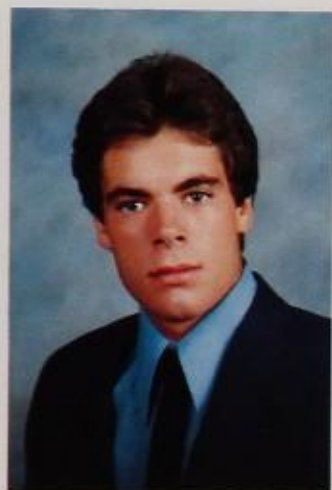
Kimberly S. McVicker
Colorguard Co-Captain, CSF,
Sensored Seniors



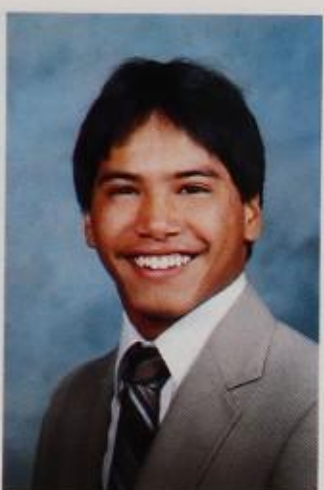
Jamie Megna



Sue Melanson



Steve Melillo



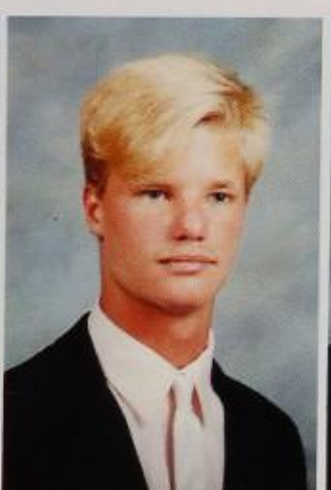
Gearard Mercado



Denise Millar
Colorguard



Allen Miller



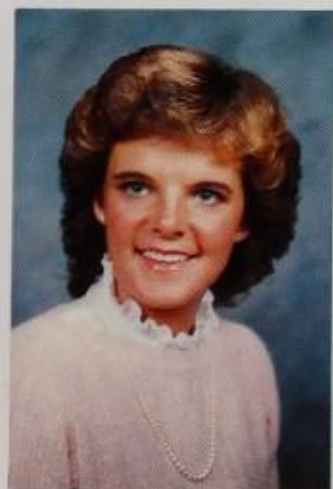
Brian Mills



Jon Moll



Smiling because she just found out she was nominated for Homecoming Queen, Sensored Senior Member **Lisa Harris** is escorted by **Jack Perisho** around the gym to be introduced to the assembly.



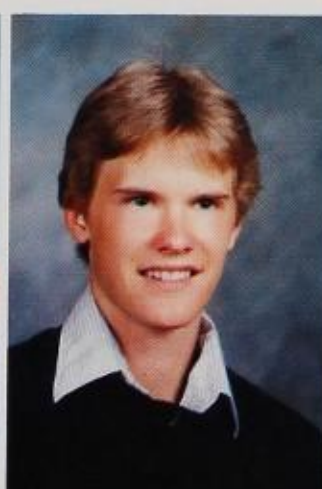
Shannon Montierth
Colorguard, Senior Elite



Richard B. Morgan
Varsity Football, Wrestling,
Cabinet



Amy Morley
Senior Members, Junior
Prepsers



David Morris



Debra L. Morton
Decathlon, Marching Band,
Congress



Ronald Mullins



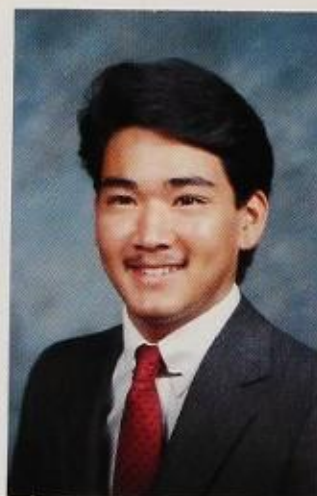
Michele Muramoto



Marjorie Anna Murray
Swimming, Water Polo,
Keywanettes



Wael Naime



Stuart S. Nakayama



Cary T. Nancy
Varsity Baseball, Ski Club,
Team B.K.



Anita L. Navarro
Cottonwood Staff, Sensored
Seniors

Admiring their fellow athletes, the Water Polo Team, Varsity Football players **Russell Kibbee** and **David Reinking** stop on their way to the practice field. They're anticipating a win at their next game.



Suzi Christine Nelson
Varsity Swimming, Sensored
Seniors, Crusader Staff



Catherine A. Newlin
Senior Kaos, Varsity Swimming,
Interact



Nam H. Nguyen
CSF



Jim Nichols
Club Bertha



Jeffrey Scott Nicks
Varsity Football, Varsity
Baseball, Ski Club



Connie Nixon
Varsity Cheerleader, Senior
Members, Congress



David G. Noorigian



Terri A. Ochampaugh



Patrick O'Donnell



Jody Robert Okamoto
CSF, Cottonwood Staff, Quill and
Scroll, Basketball



John P. O'Keeffe
German Club



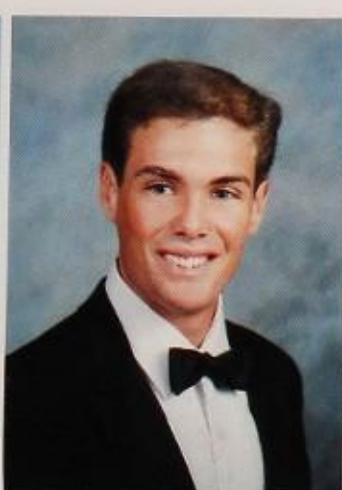
Todd Olin



Dolores Ortiz



John Joseph Ortiz
Varsity Football, Ski Club



Ken W. Overstreet



Michael Page



Eunice Park
CSF, Congress, Newspaper



Alisa Parks



Practicing and striving for perfection, **Pam Denny** sings with some other members that are part of choir. Pam is also a member of a very popular club named the Sensored Seniors.



Some of the football players and cheerleaders watch many of the events that take place in the gym. The football players hope to win the football game tonight against Loara High School.



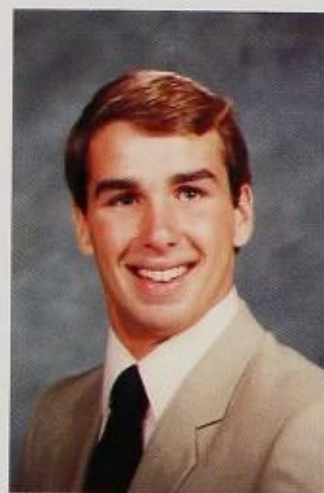
Carol Patterson
CSF, H.E.A.R.T.S. Club, Ski Club



Nick Paulos
CSF, Key Club, Varsity Football



Maureen Perez



Jack Perisho
Waterpolo, Yell Leader,
Swimming



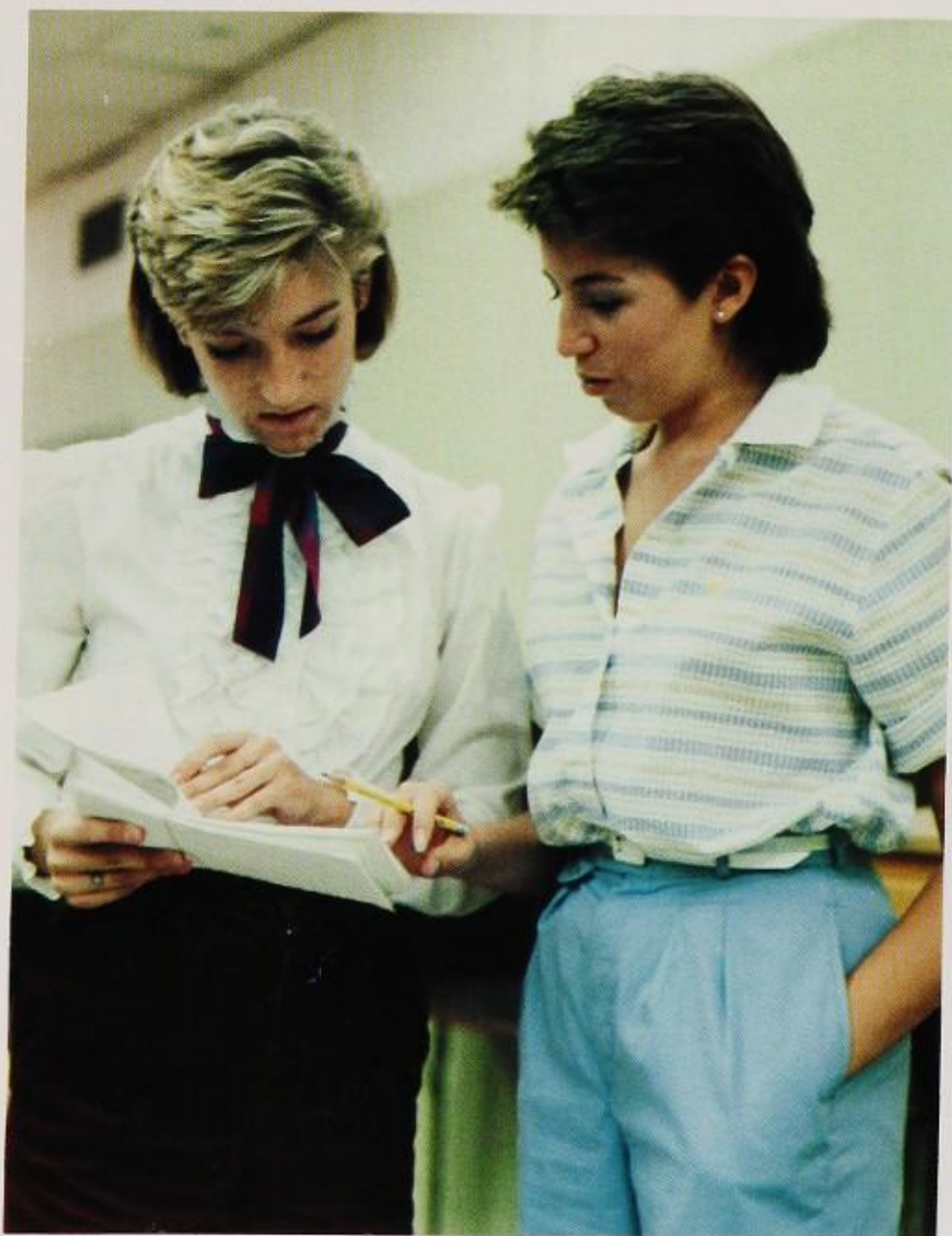
Babak Pezeshki



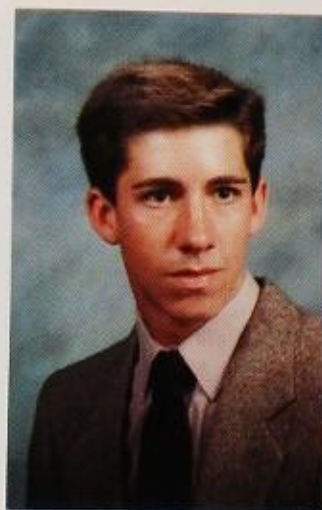
Michelle A. Pilichi
Keywanettes, Ski Club, Senior
Class Committee



Jeff Nicks sits alone waiting the arrival of his good friends. Lunch time can become very long without the company of a close companion.



Lisa Shanaberger and **Maria Romero** discuss the deadlines and the upcoming events for the Corronwood staff. They show their responsibilities by concentrating on the theme, *Sailing Toward New Horizons*.



Kevin Polacek
Varsity Golf, Crusader Staff,
Sports Editor



Mike Posner



Cindia A. Powers
Colorguard, Sr. Class Committee,
Interact



Wendy Preston
Crusader Staff, Drama Club



Suzanne C. Pulec
Varsity Gymnastics, Sensored
Seniors, Sr. Class Committee



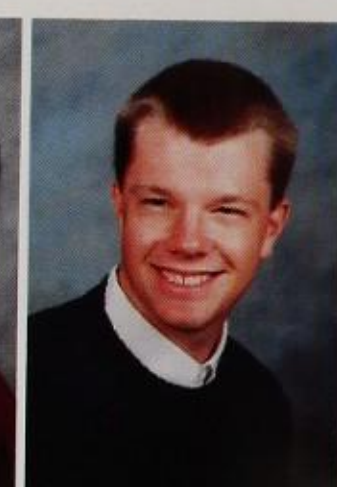
Paige Rallo
Sensored Seniors



Wendy S. Rasmussen
Decathlon, Varsity Swimming,
Senior Kaos



Beth Shari Rattner
Crusader Staff, Cabinet, Senior
Kaos



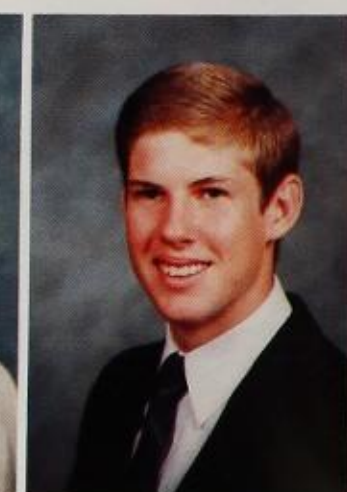
Herb Reich
Drama Club



David A. Reinking
Varsity Football, CSF, German
Club



James Walter Reis
Team B.K.



John A. Reparuk
Varsity Basketball, Varsity
Baseball



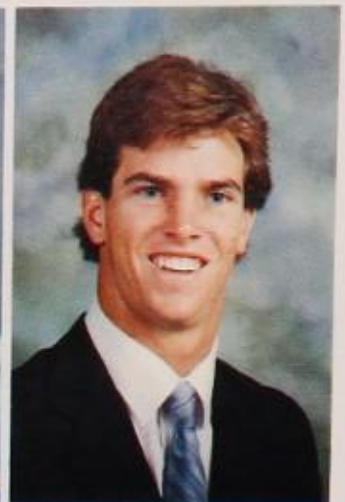
Angela Eaton searches her locker for a book but doesn't have another hand to hold it. Angela is an outstanding member of the drill team and is involved in many other school activities.



Diana Jean Resh
Sensored Seniors, Tennis, Softball



Debbie Riedberger



Dirk F. Rippelmeyer
Varsity Football, Varsity Wrestling, Varsity Track



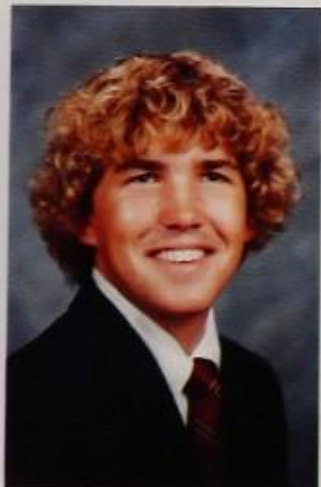
Lisa Rizer
CSF, Congress



John C. Roberts
L.A. Nons, Varsity Diving, CSF, Drama, Photo Club



Ken Clyde Roberts
Club Bertha



Jeffrey Robinson



Michelle Marie Rodefeld
Colorguard, Congress, Keywanettes



Maria Bernadette Romero
Cottonwood Staff, Colorguard Manager, Senior Elite



Lisa Rose



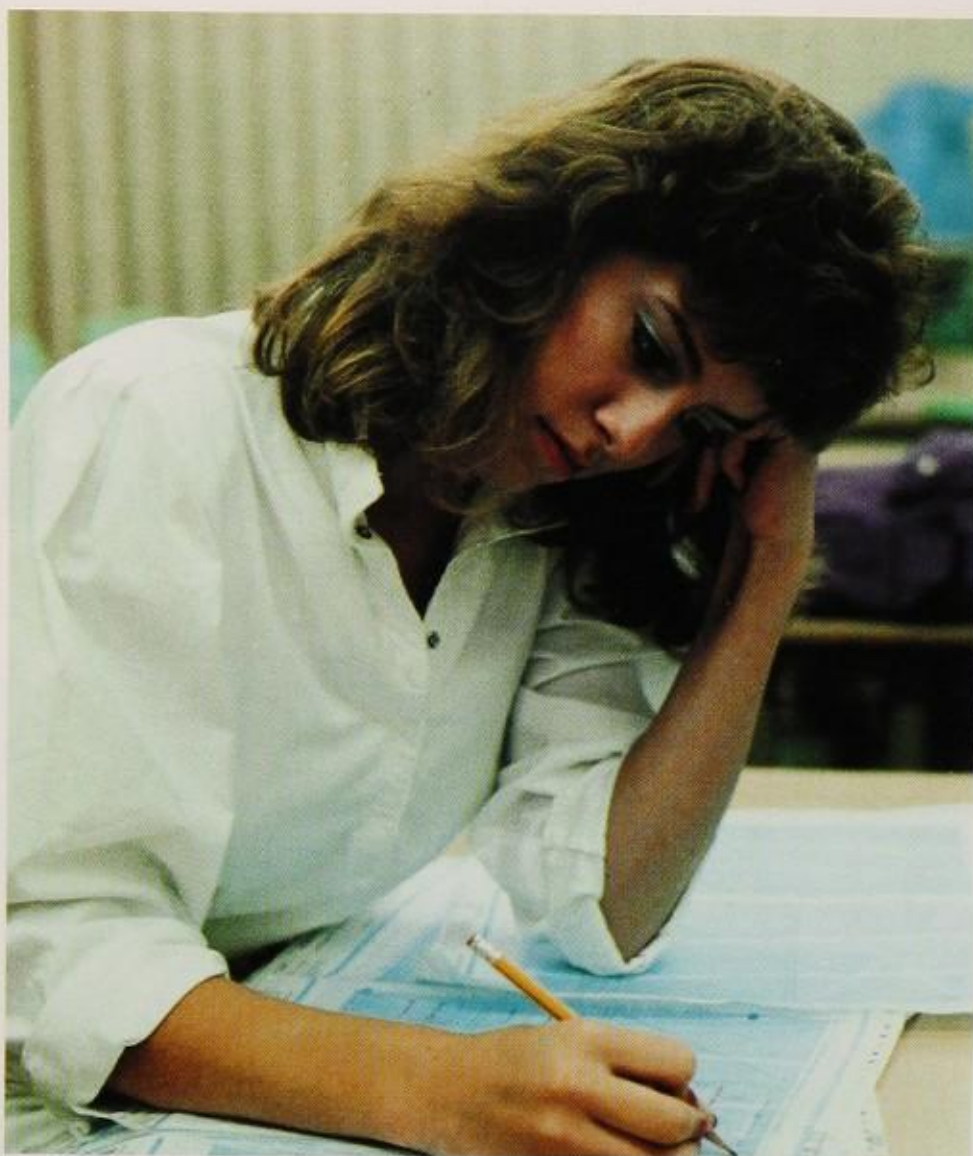
Kelley Roth



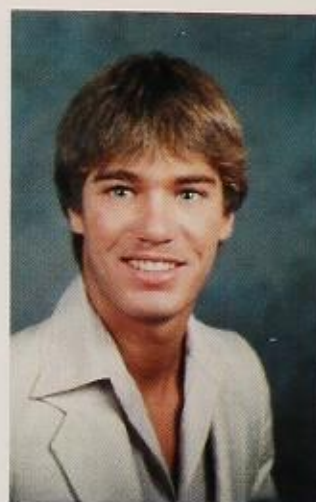
Anthony J. Rotondo



Making decisions about life after high school seems to be a far away consideration in September. As graduation approaches **Becky Baird** is confident about her future.



The first **Cottonwood** deadline is in November when all color pictures may be submitted. Working to meet the Senior Section deadline, **Anita Navarro** ponders a final layout.



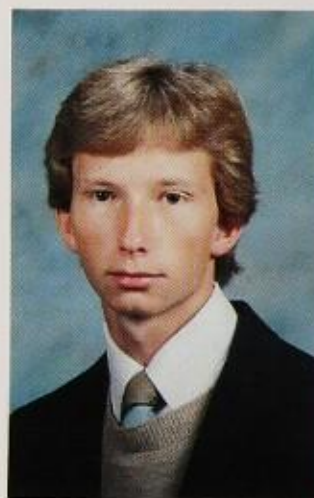
Stan W. Routt
Ski Club



Theodore J. Rozolis
Senior Class Vice President, CSF,
Chamber Choir



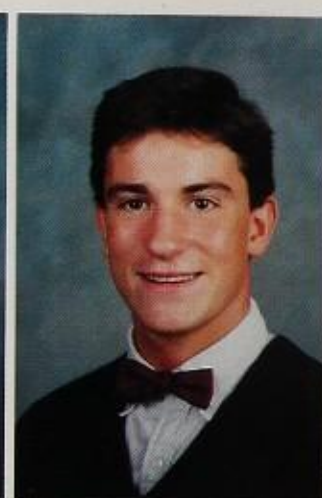
Julie Rubin



Jeffrey Rudrude



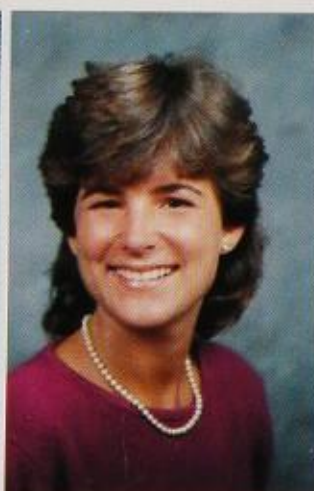
**Pia Annukka
Rvotsalainen**
Foreign Exchange Student-
Finland



**Fabrice de Saint
Chaffray**
Foreign Exchange Student-
France, Water Polo, French Club



Lisa Florice Salamon



Wendy M. Salisbury
Sensored Seniors, Soccer,
German Club



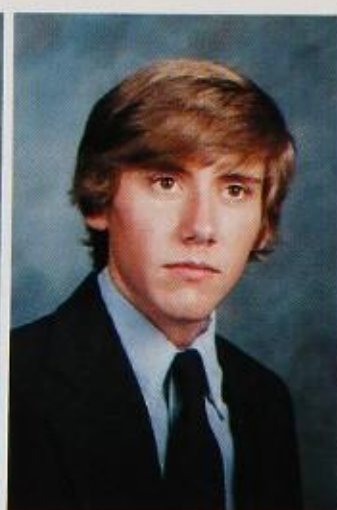
Douglas Salk
CLUB BERTHA



Shelley J. Sandusky
A.S.D. President, Academic
Decathlon, Drama



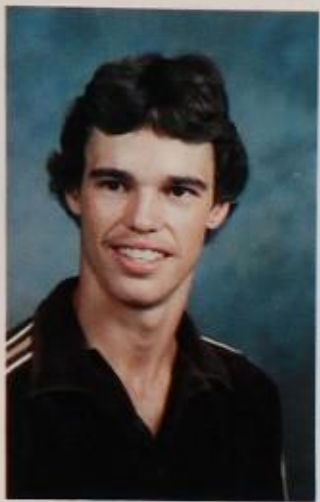
Jennifer Sanford



Bob A. Sanregret
Varsity Cross Country, Computer
Club



Barbara Heller and Rich Morgan eat their lunch together on the grass in back of



Mauro Santavicca



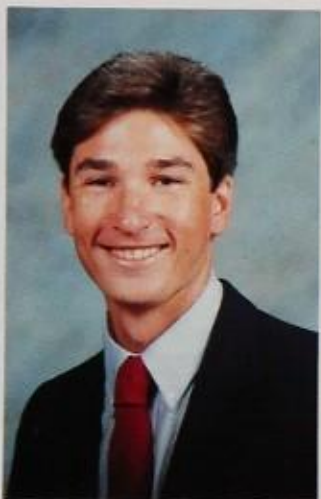
Darrin Sarto



Dale Saxon



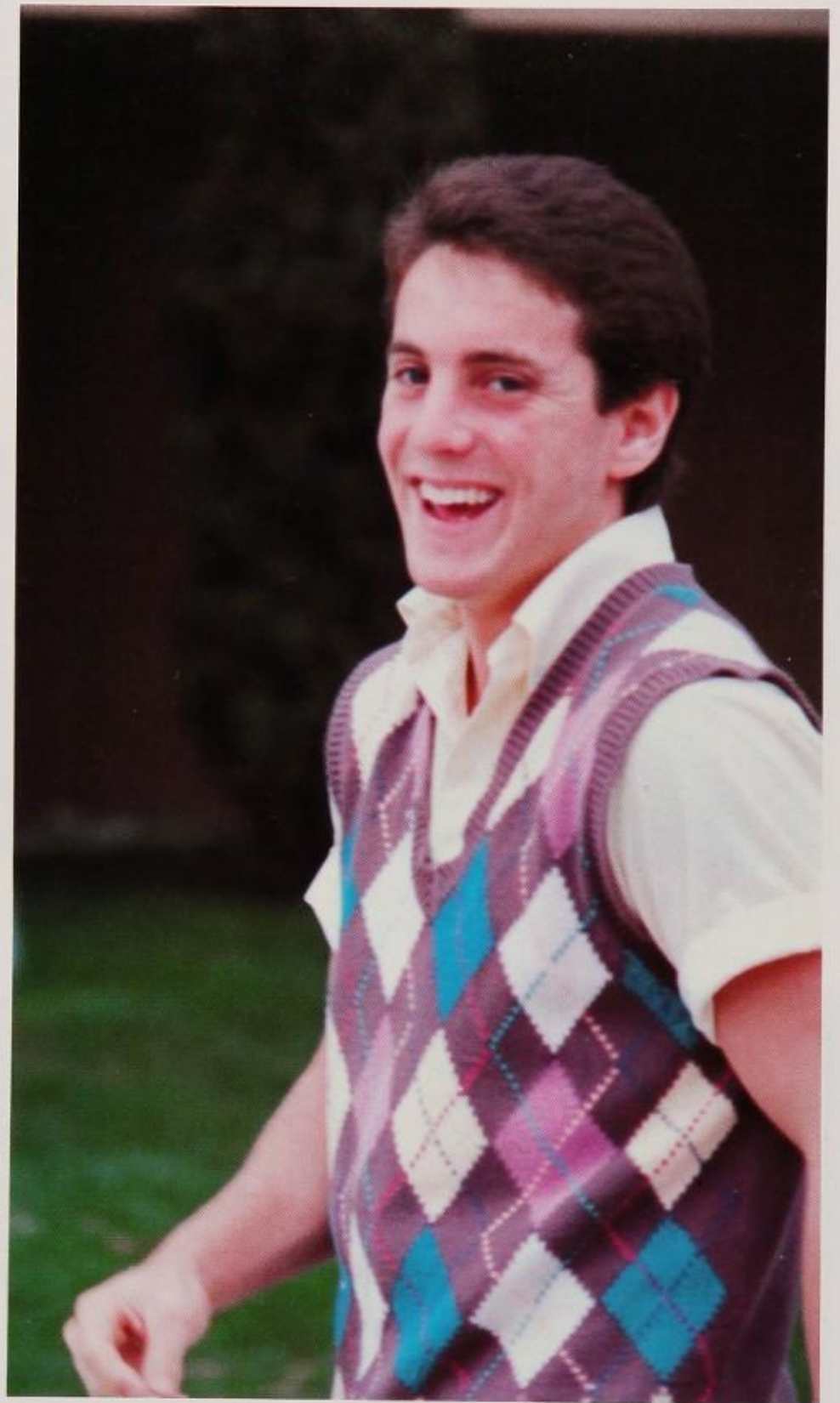
Tracey Schekman



Thomas Schiada



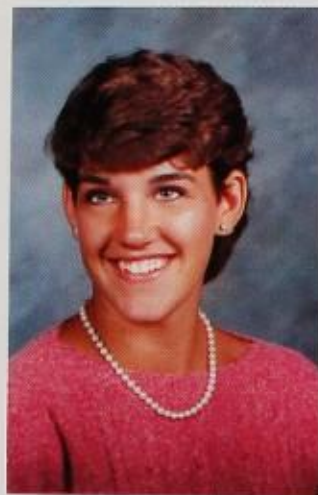
Christopher R. Schmitt
Varsity Football, Ski Club



Quickly making his way to his next period class, **Tracey Schekman**, carefully ponders about the homework he forgot to do last night. He covers his worries by smiling.



the MPC. Barbara and Rich relax on the grass with a dinner-in-a-box.



Beth Schultz



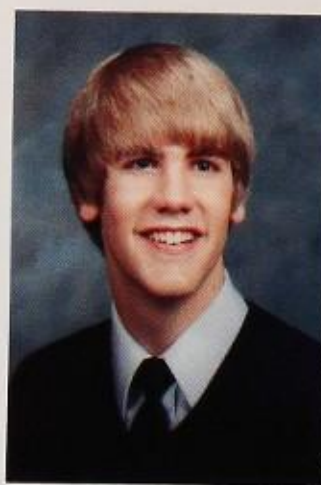
Julianne M. Schuman
Newspaper, Ski Club



Suzanne Scott



During lunch, **David Blum** and **Richie Tyler** stand in their usual spot and discuss plans for Friday night. Richie casually looks over the new girls on campus and tells David about them.



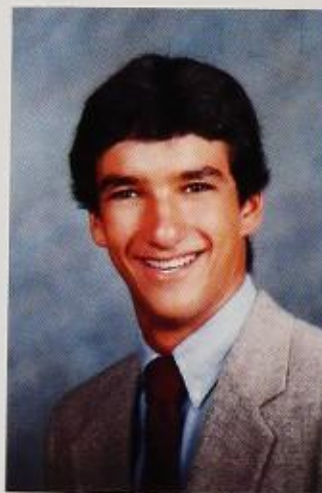
Shawn Shaffer



Lisa Ren  Shanaberger
Corrwood Editor, Drill Team,
Senior Elite, Quill and Scroll
President



Tanya M. Sheets
LA Senior Members



Steven H. Sherman
Varsity Baseball



David Sherr



Olivia Shivers



Ricky Shortridge



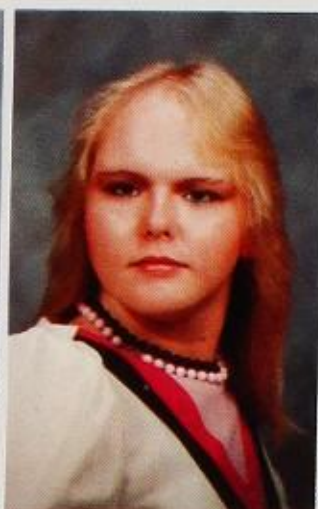
Kristen J. Shue
Orchestra, Senior C.P.A.



Cynthia M. Siler
Tall Flags and Rifles, CSF, Senior
Class Committee



Joseph Simeone



Laura Simmons



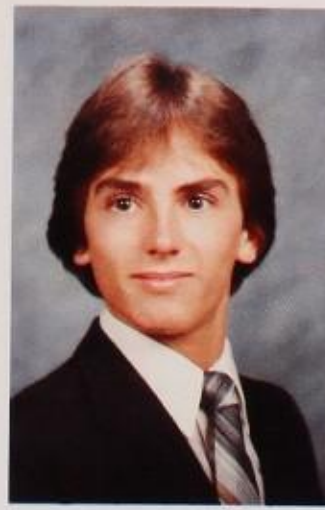
Lori J. Skaugstad
Percussion Section, Chamber
Choir, Senior Class Committee



Kathy Lunde pays close attention at a Senior Class Committee meeting during lunch. The Senior Class Committee is responsible for making Spirit Week and Homecoming memorable events.



Intrigued by the football game, **Cathy Crockett** shows her spirit by clapping her hands. **Travis Tarchione** glares down at the field as Los Al attempts to kick the field goal.



Brian T. Smith



Kacey Smith



Kelly Shereen Smith
Varsity Tennis Team, CSF,
Congress, Senior Kaos



Kimberly Smith
Rifle Captain, Colorguard, Senior
Elite



Stephanie Smith



Michelle Marie Snow
Colorguard, Senior Elite,
Keywanettes



Stephen Snyder



Kim Sorenson



Valarie Spinosa



Kristen M. Sprague
Colorguard, CSF, Senior Class
Committee, Keywanettes



Jon Springer



Hillary Spyers-Duran



Douglas J. Steele
Marching Band, Cottonwood
Staff, CSF



Lisa Marie Steele
Colorguard, Cottonwood Staff,
Senior Elite



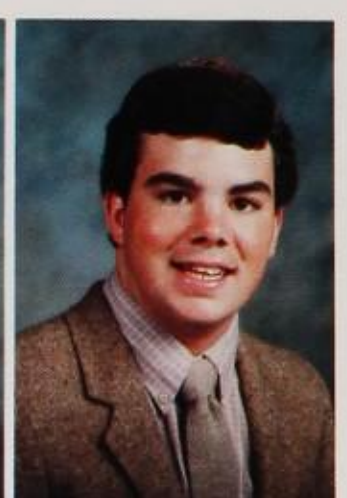
Casey Stephen Stetler
Varsity Basketball, Team B.K.



David Stockwell
Varsity Basketball



Steven A. Stolk
Cross Country, Soccer, Track,
German Club, Chamber and
Concert Choir



Tom J. Strawbridge
Varsity Baseball, Jazz Band



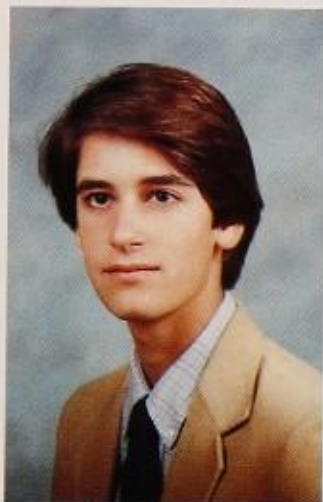
Steven Stryker



Robert C. Stumpf
Academic Decathlon, Kiwanis
Bowl, CS, German Club,
Congress



Thomas K. Sugihara
CSF, Marching Band, Football,
Wrestling, Ski Club



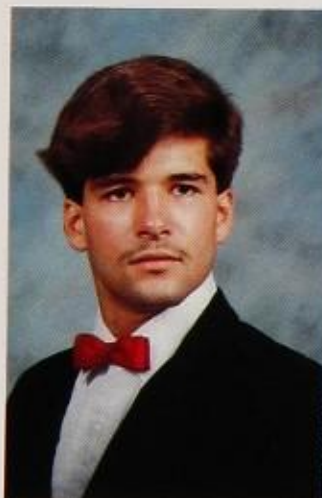
Jason Bradley Swieck
Photo Club, Ski Club



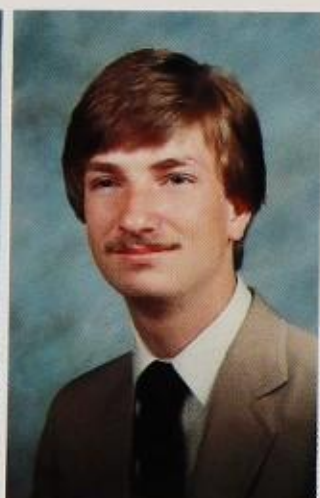
Ramin Taghdiri



Ryan Taniguchi



Dean A. Telasky
Surfing Club



Michael J. Thimlar



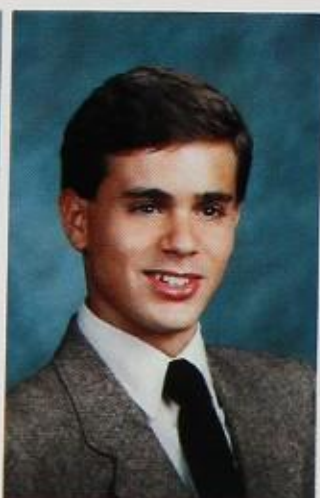
Melissa J. Tober
French Club, S-Club, 4-H Club



Showing her excitement and anticipation, **Judy Chavez** smiles because she has just been asked to the Senior Prom. She can't wait to announce the news to her best buddies next period.



Sarah J. Tolliver
Volleyball, L.A. Brars



Anthony R. Torquato
Mock Trial Team, Law Club, Ski
Club



Mark Trombino



Marc Trujillo



Todd Wayman Turner



Richard O. Tyler



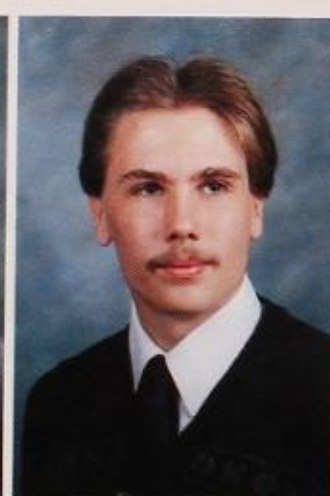
Looking at other couples during the Mock Wedding, **Jim Reis** wonders what it would be like if he really was married. Jim is a member of the very popular Team D.K.



Laura Ann Upham
Varsity Cheer, Activities
Commissioner, Congress,
Sensored Seniors



Tamas Vejsz



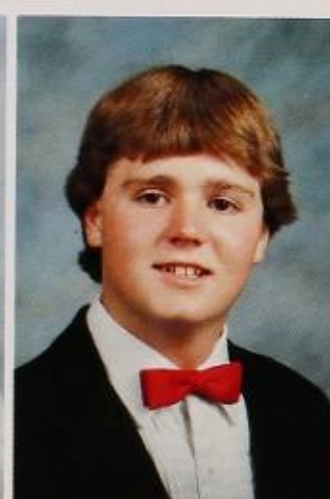
Brett L. Viestenz



Karen Lynne Vogel
Colorguard, Keywanettes,
Congress



Kristina M. Vycius
4-H Club, CSF, S Club



Patrick Walker



Donna Walters



Susan Webb



Jeff A. Weber
Varsity Basketball, CSF



Michael Weinstein



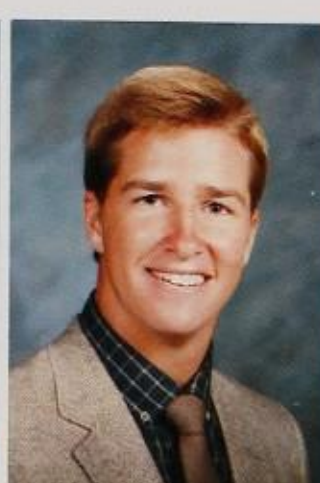
Alicia Leanne Welch
Varsity Basketball, Varsity
Soccer, Varsity Softball



Lisa Wellington



**Elizabeth Exene
Welzen**



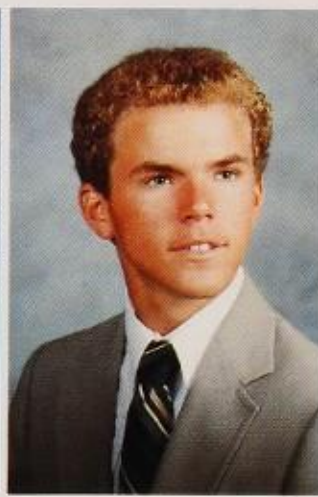
**Russell Charles
Wendell III**
Varsity Football Captain



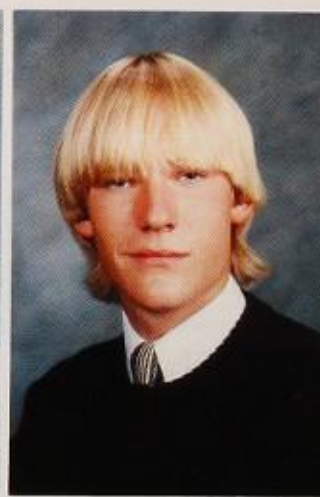
Karen Westbrook



Leslie Alan Westbrook
Choir, Cross-Country, Track



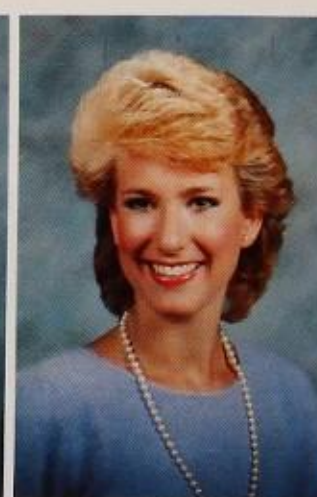
William Whitlock



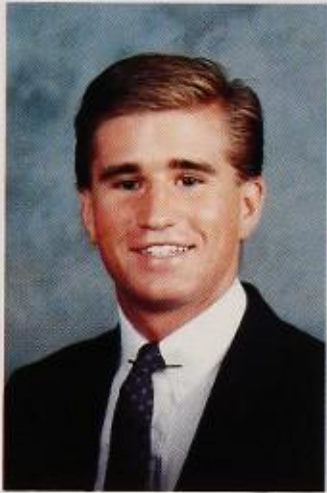
Ture Wibrand
Foreign Exchange Student
Denmark



Kimberly J. Wiley
Keywanette President,
Colorguard



Michelle D. Wilkinson
Senior Class Committee,
Keywanette, Sensored Seniors



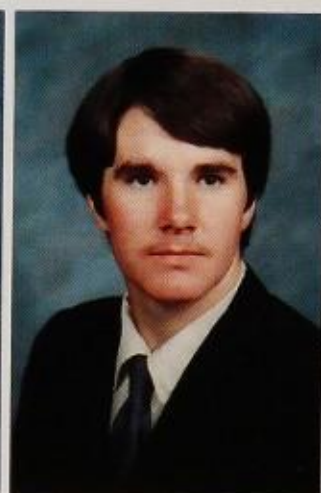
Peter Williamson
Varsity Football, Ski Club



Sherry Diane Williamson
Dance Club



Wendy Kay Williamson
Songleader, Drill Team,
Sensored Seniors



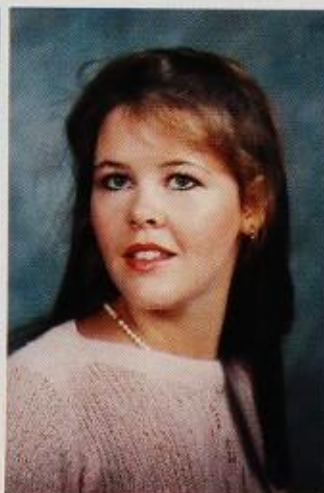
Michael J. Willis
Varsity Basketball, CSF



Robby P. Wilson
Varsity Tennis



Traci D. Wilson
Newspaper, Drama, J.V.
Basketball



Erika J. Winslow



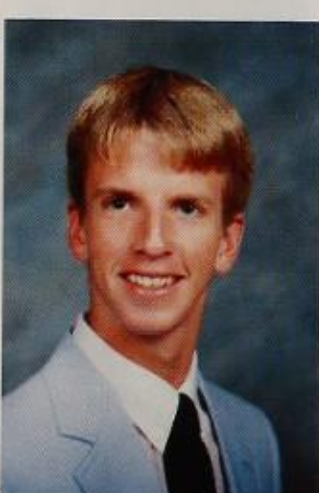
Lisa Wood



William Scott Woyshner
CSF, PTSA, Chamber Choir,
German Club



Verna M. Wright
Colorguard, A.S.B. Secretary,
Congress



Philip G. Wyels
Varsity Waterpolo, A.S.B. Vice-
President, PTSA, Congress



Kevin C. Yeh
CSF



Allison Yockey



Regina Yogore
Decathlon Manager, Interact,
Swimming



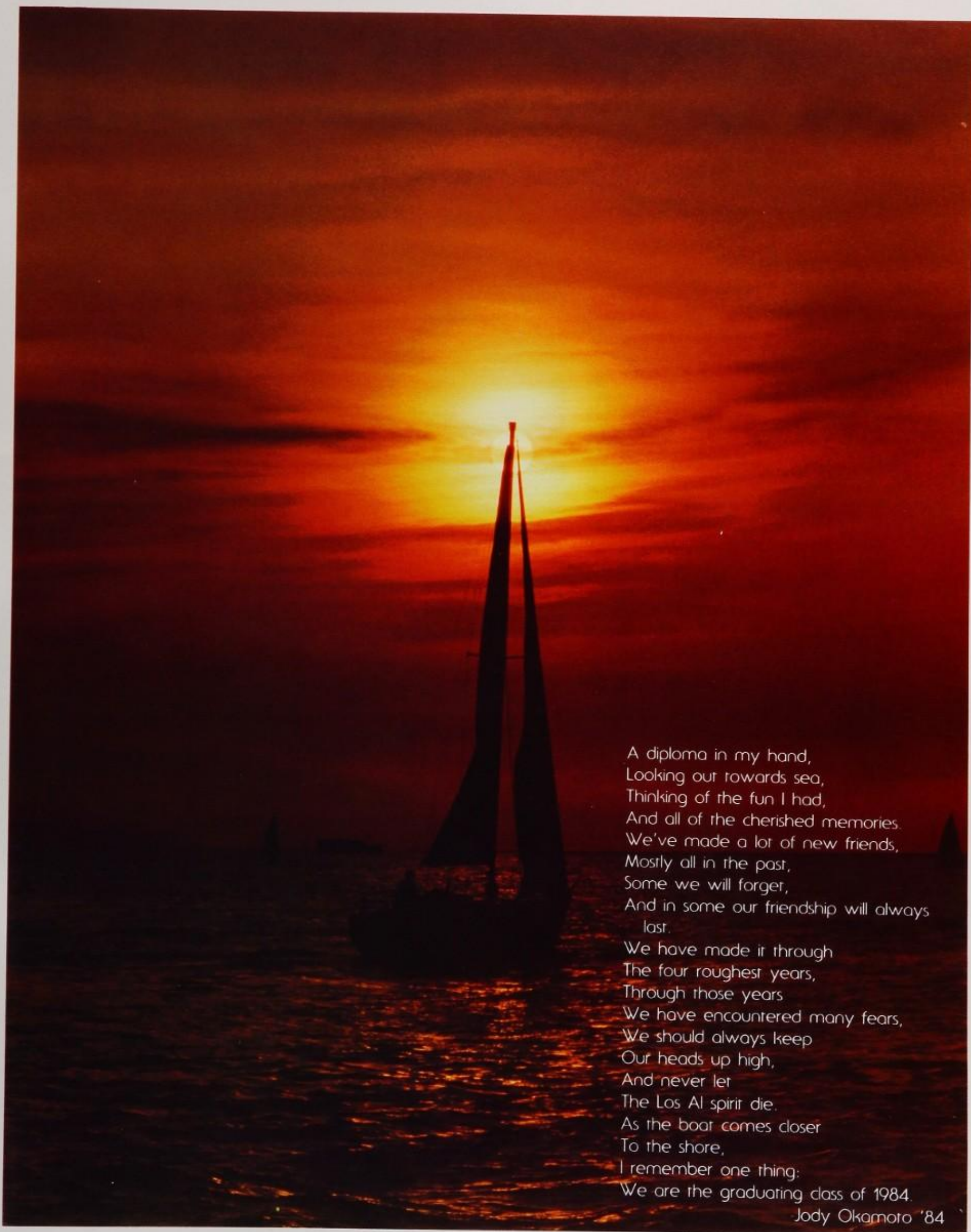
Betsy Lynn Young
Colorguard, Keywanettes VP,
Congress



Lisa M. Ziemba
Choir, Dance Club, Football
Followers



Jordan T. Zommick
CSF, Computer Club, Video
Club, Drama Club, French Club



A diploma in my hand,
Looking out towards sea,
Thinking of the fun I had,
And all of the cherished memories.
We've made a lot of new friends,
Mostly all in the past,
Some we will forget,
And in some our friendship will always
last.

We have made it through
The four roughest years,
Through those years
We have encountered many fears,
We should always keep
Our heads up high,
And never let
The Los Al spirit die.
As the boat comes closer
To the shore,
I remember one thing:
We are the graduating class of 1984.

Jody Okamoto '84



As part of Los Al's Olympian Marching Band, **Chris Myers** (above) plays his trumpet at a Griffin football game. The marching band is truly a group of self-sacrificing students. They give a tremendous amount of their time to practices and performances for our school. Los Al's On Your Own class provides a great opportunity for students to get a taste of life after high school. At the right, **Tricia Baker** and **Brenda Huber** get ready for one of the mock weddings. As president of the Junior Class and a member of the varsity football team, **Bruce McMorris** (above right) contributes a great deal by representing the class of '85.





Chad Kemp and **April Alvarez** enjoy a mini-party at lunchtime. Lunch is a time for friends to get together for celebrations of all kinds. Lunch celebrations can vary from a birthday to a sports victory.



Liz Brewer sorts yearbook receipts during fifth period. As business manager she has many demanding responsibilities.



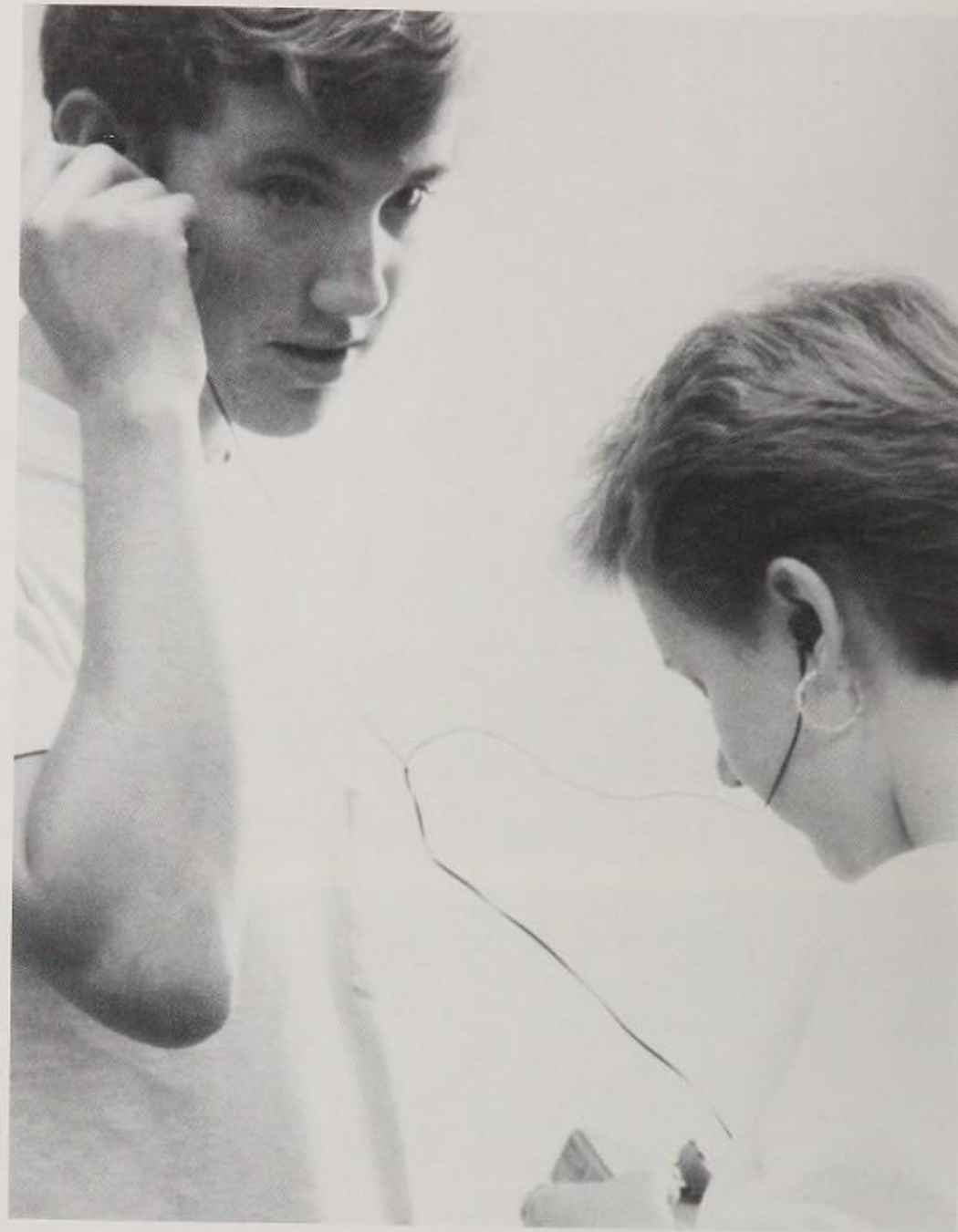
Trice Barto and **April Leapley** enjoy talking and laughing together. Their laughter is based on years of solidly bound friendship. Below, **Diana May**, **Kathy Glaudini**, **Terri Johnson**, **Susie Kiker**, and **Tracy Clark** all enjoy Diana's birthday on School Colors Day.



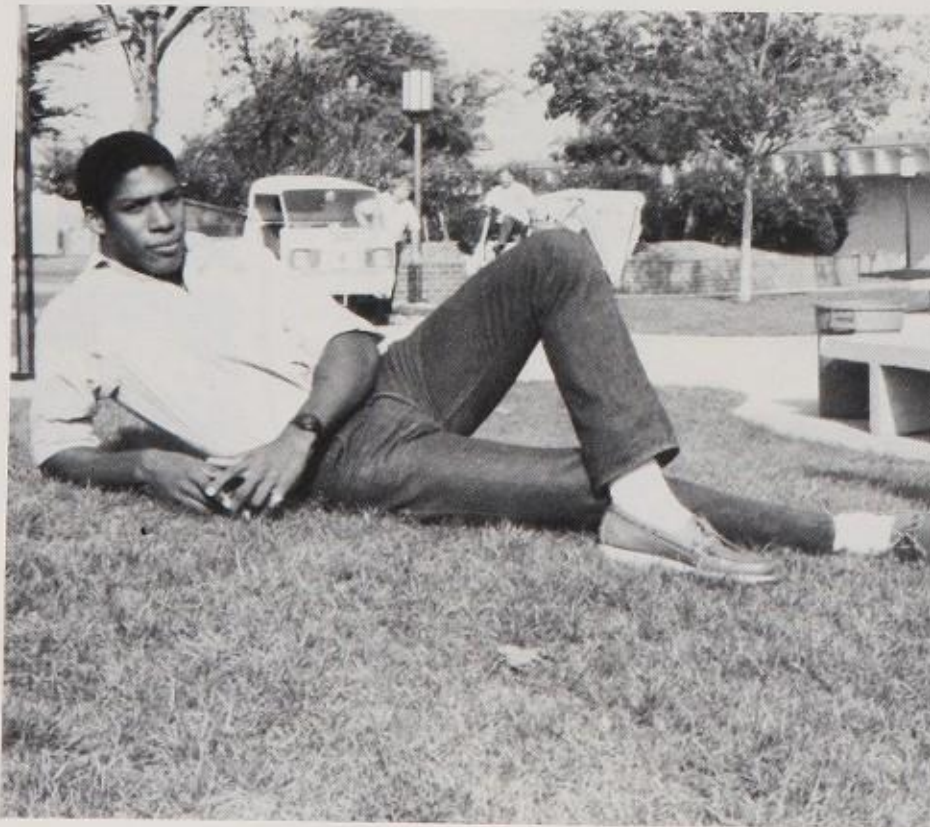
SENIOR

Lieutenants Span Horizons

The 1983-84 Junior Class has success on its horizon although the junior year in high school is stereotyped as being the most challenging. President **Bruce McMorris** has proved himself an outstanding leader and hard worker. He lead the Junior Class through a prosperous and fulfilling year with his outgoing personality. Along with his involvement in student government, Bruce participated in the athletics program. Bruce was seen playing number 34 on the varsity football field. Near the end of the cruise through the year he was active as a participant in track and field. Bruce has the respect of all his peers because of his eagerness to be a friend. Vice President **Garret Olson** has been right by his side in helping to steer the Junior Class along its way. Garret never fails to bring a smile to someone's face. His sense of humor can brighten any place. Garret helped raise money for the Prom by spearheading a candle sale and gummy bear sale. Not only did he serve on Cabiner, Garret actively participated as a member of the basketball team and crusader staff. All in all, this year's Junior Class was outstanding.



A radio walkman allows students to share music. **Michelle Dingillo** loans an earphone to her friend **Chris Buonocore**.



Bruce McMorris, Junior Class President



Garret Olson, Junior Class Vice President



Laura Abbate
Stephanie Able
Roberta Abrams
Kerin Acosta



Marv Ahlstrom
Ray Allard
Ryan Alley
Thomas Allison



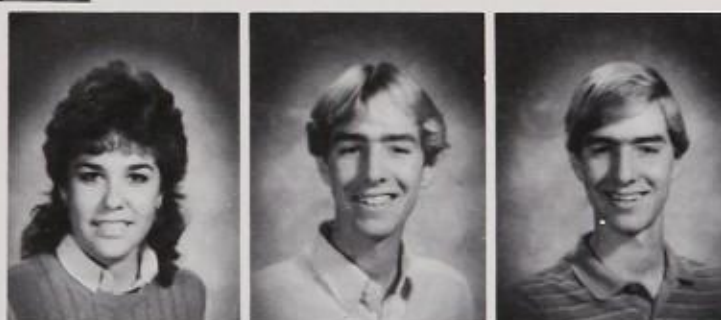
Scott Altenhoff
April Alvarez
Susana Amrikhas
Eric Arias



Makameh Aurang
Noah Bailey
Lisa Bailor
Jeffrey Baker



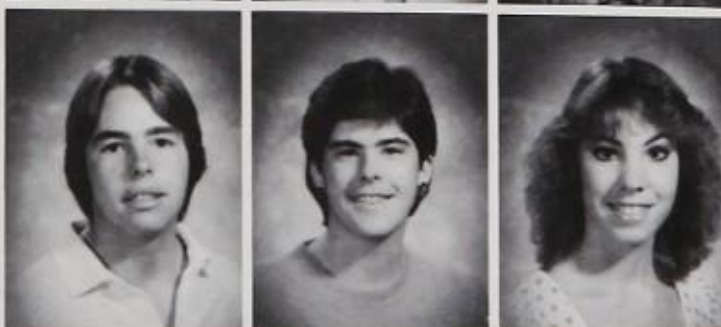
During lunchtime, **Brenda Huber** sweeps **Craig Wilkerson** off of his feet as she picks him up. Craig must save his strength for the football game tonight against Loara.



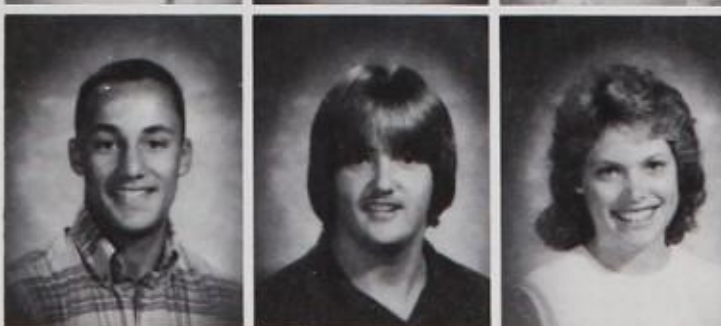
Trish Baker
Tom Bancroft
Tony Bancroft



Robyn Bartley
Patrice Barto
Kathleen Beatty



Timothy Beck
Cathy Beckett
Susan Bell

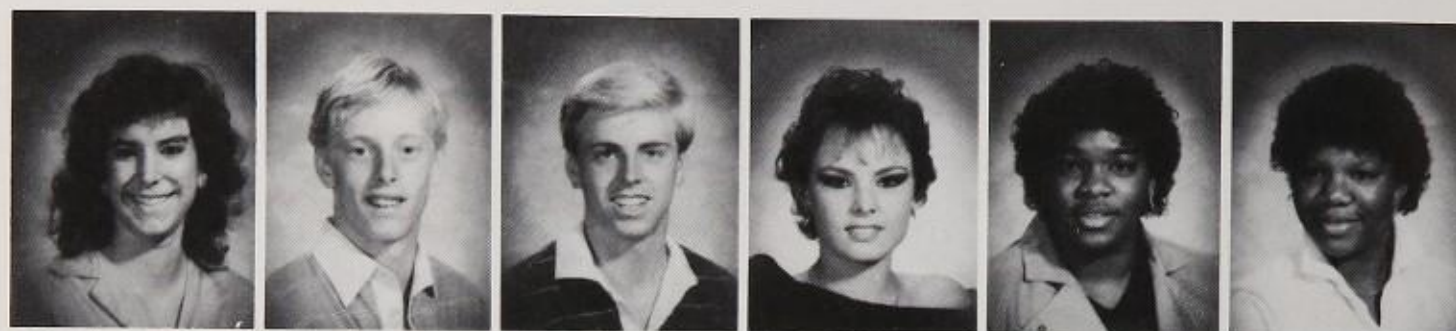


Sean Belle
David Bemis
Deanna Benstead

"Los Al offers the security one needs while still in high school, yet prepares us for what is out in the real world."

-Lisa Lander

Dyan Bills
Christopher Bingham
Bradley Biringier
Vickie Black
Alistair Blake
Andrea Blake



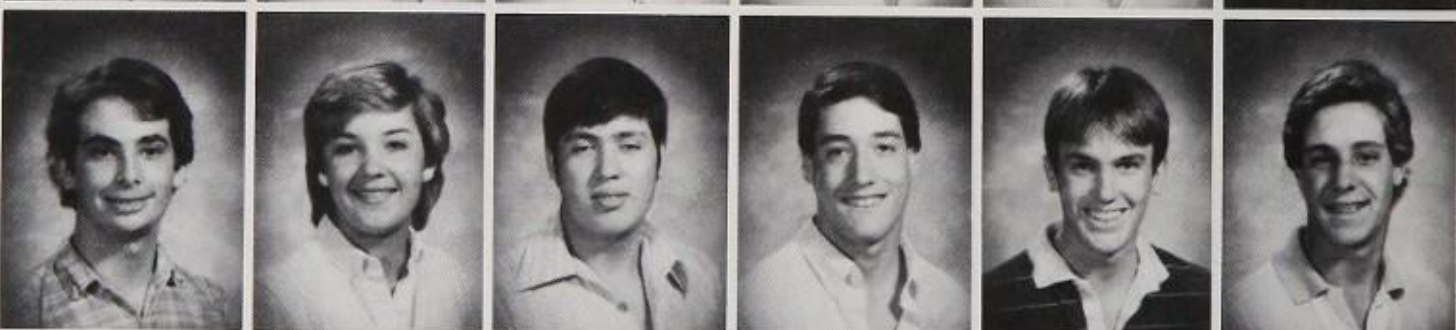
Denise Blankenship
Stacey Blickensderfer
Cheryl Boland
Christopher Bole
Rhonda Bolton
Elizabeth Brewer



Jeffrey Brown
Arlene Bruno
Linda Bueno
Christopher Buonocore
John Burkett
Ruth Busenkell



Richard Bytel
Erin Callaway
Jose Camarena
David Carpenter
Paul Carter
Robert Cassel

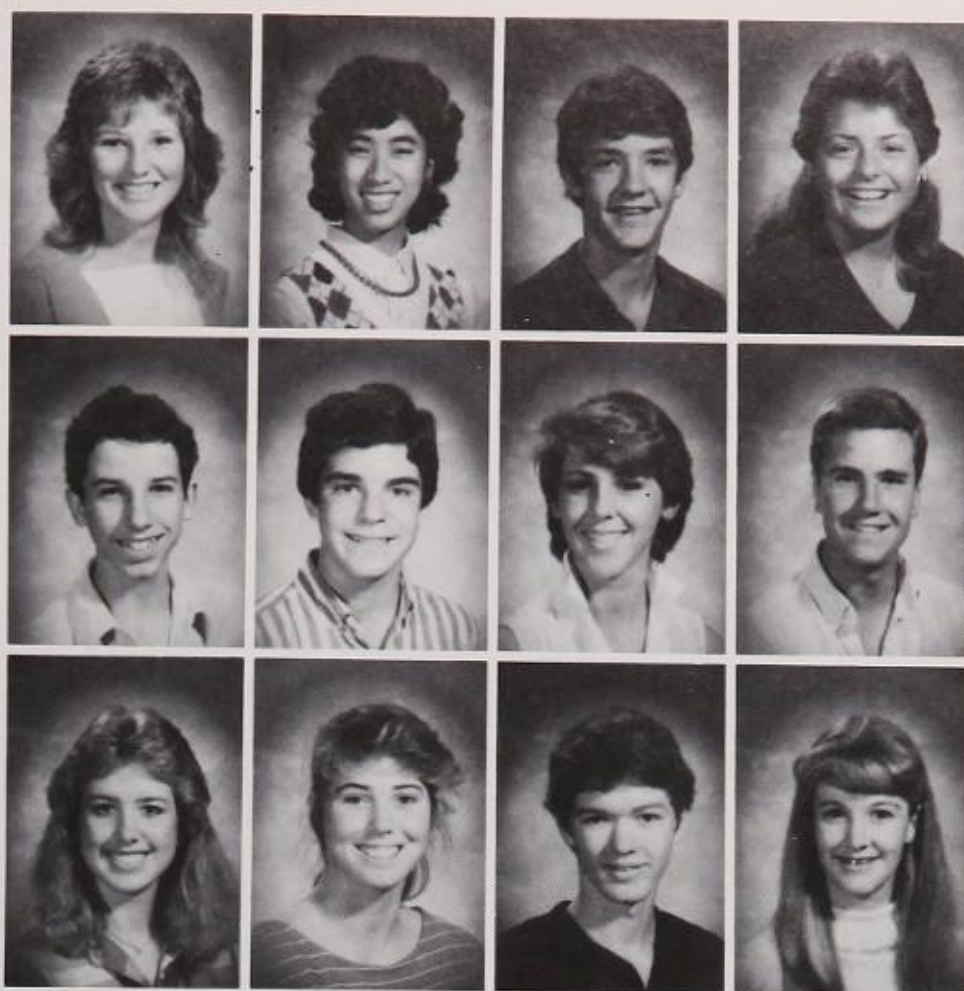


Craig Cassidy
Rafael Castellanos
Rosa Castillo
Jennifer Castlen
Eric Cates
Patrick Caudillo



Jennifer Caughlin
Elizabeth Chandler
Albert Chang
David Chapman
Jennifer Chaves
Hung Yih Chen

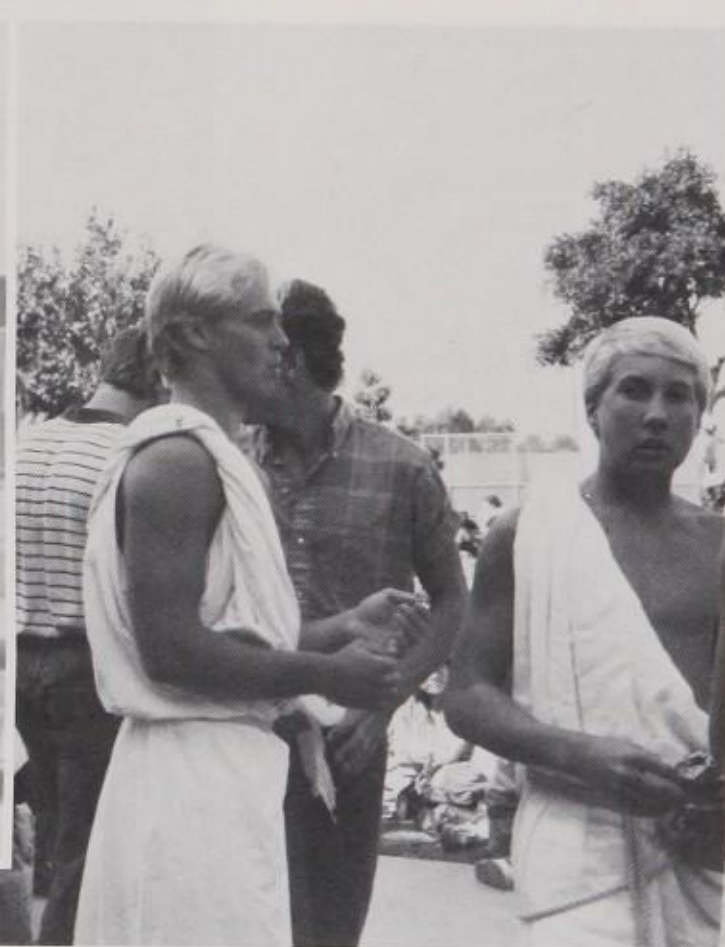




Pamela Chieppor
Ivy Chou
Eric Christman
Sandra Christy

Joe Ciantar
Jeffrey Cimbalo
Lynn Cipollone
Michael Clark

Tracy Clark
Shannon Clements
David Clissold
Tracey Cohn



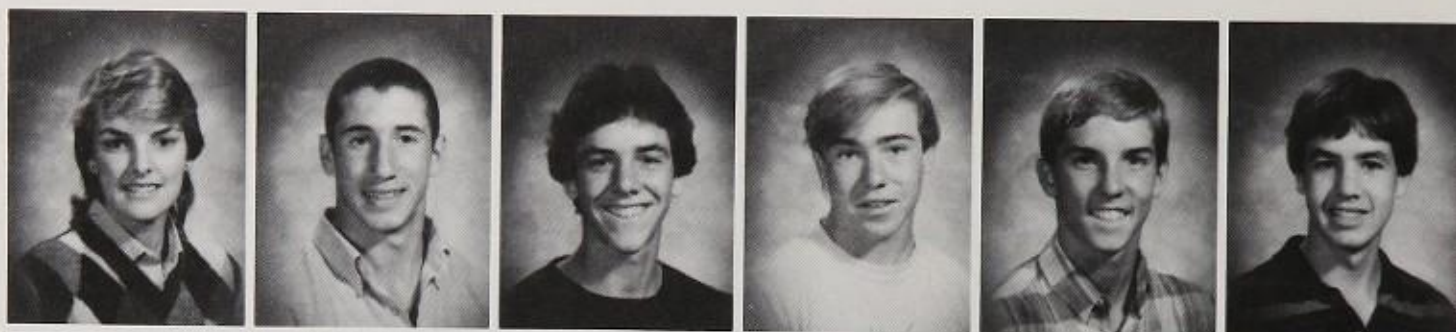
Spirit Sparkles

Spirit Week provides students with the opportunity to enthusiastically show their spirit. **Jennifer Meadows**, upper left, is dressed up for Beach Day. She holds up her kickback hand sign and says her famous, "Dude!" The award-winning Junior Class middle left, participates in the annual Volkswagen Bug push. Thanks to many able-handed students and **Mike Knittle's** Volkswagen, the Junior Class captures first place with pride. Twins Dress-up Day was a big hit among the student body. The Water Polo team dressed in togas to show their spirit. **Gene Sollows** and **Kent Ramseyer**, above, show off their attire. Another celebrator of Beach Day is enjoying the sun's glorious rays. **Stacy Nordstrom**, left, stretches out her towel and wears her sunglasses in order to bask in the sun during lunch.

"When asked what school I go to,
I'm proud to say Los Al."

-Lauren Omohundro

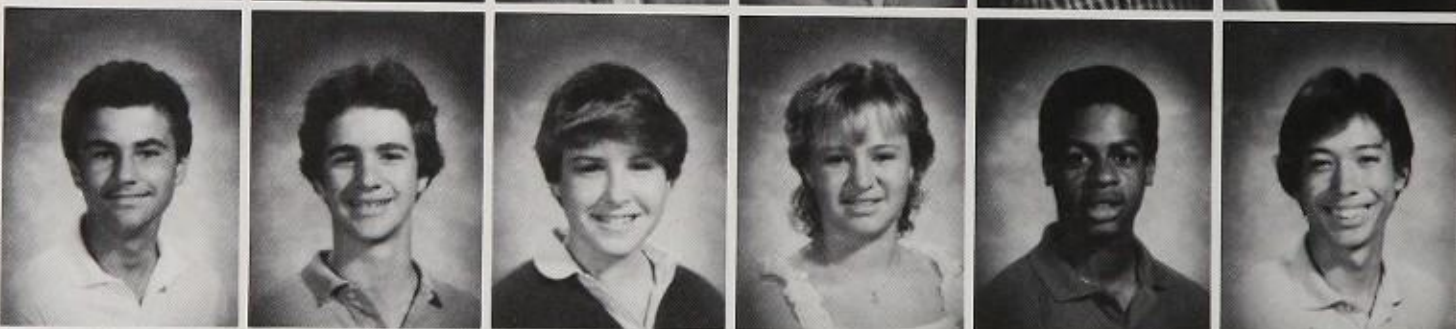
Shelley Colaluca
Sean Conboy
Anthony Contreras
Michael Cool
Jeffrey Coontz
Donald Corwin



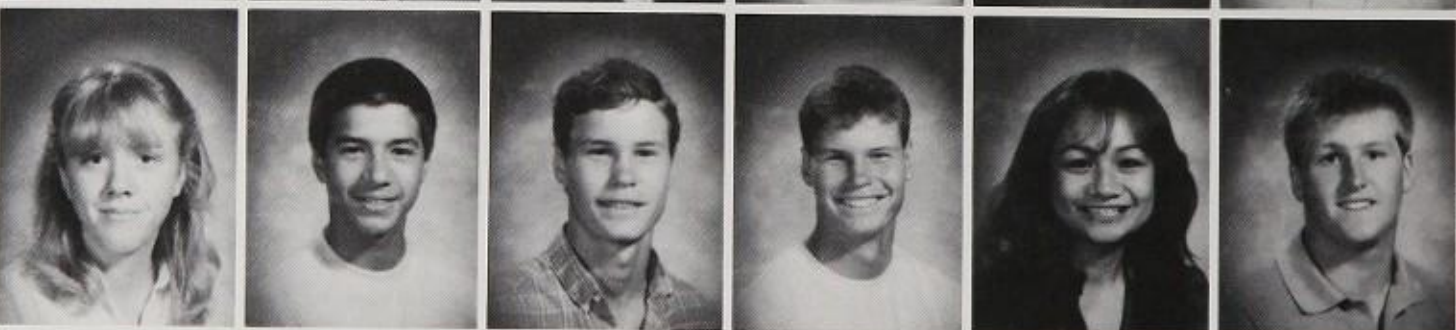
Gregory Coughlin
Chris Covellone
Cathy Coyne
Mark Craig
Paul Crandall
Jon Cruz



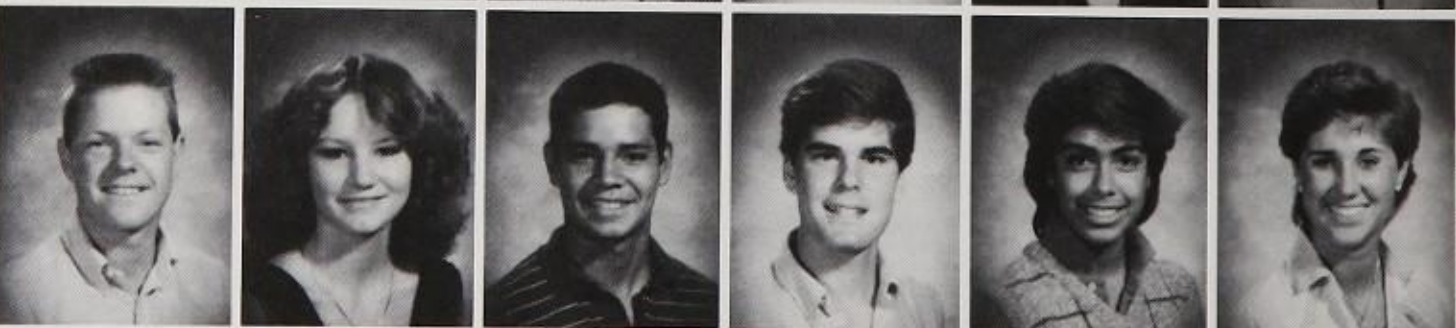
Ronald Dabbah
Paul D'amour
Lisa Daniels
Helene Darling
Kevin Davis
Norman Davison



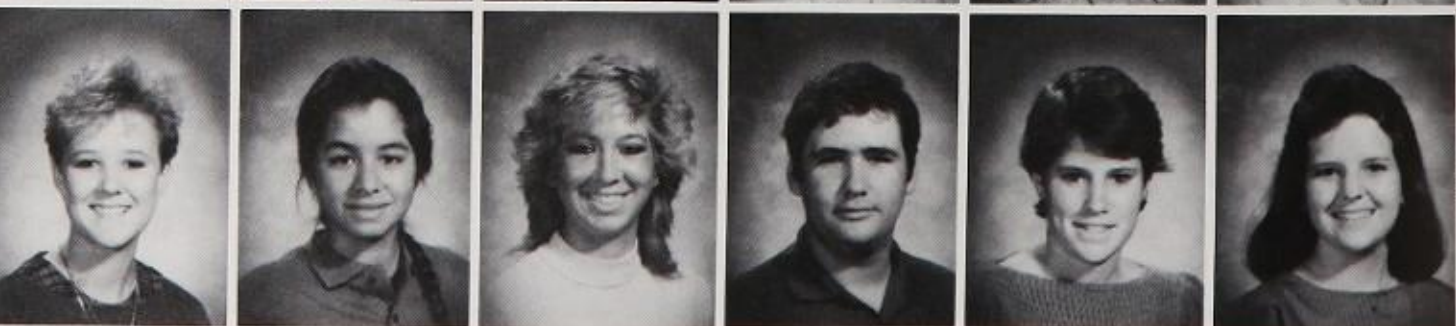
Kristie Deboer
Jeffrey Dechert
Brian Dehoog
Bruce Dehoog
Janelyn Delos Santos
Matt Deming

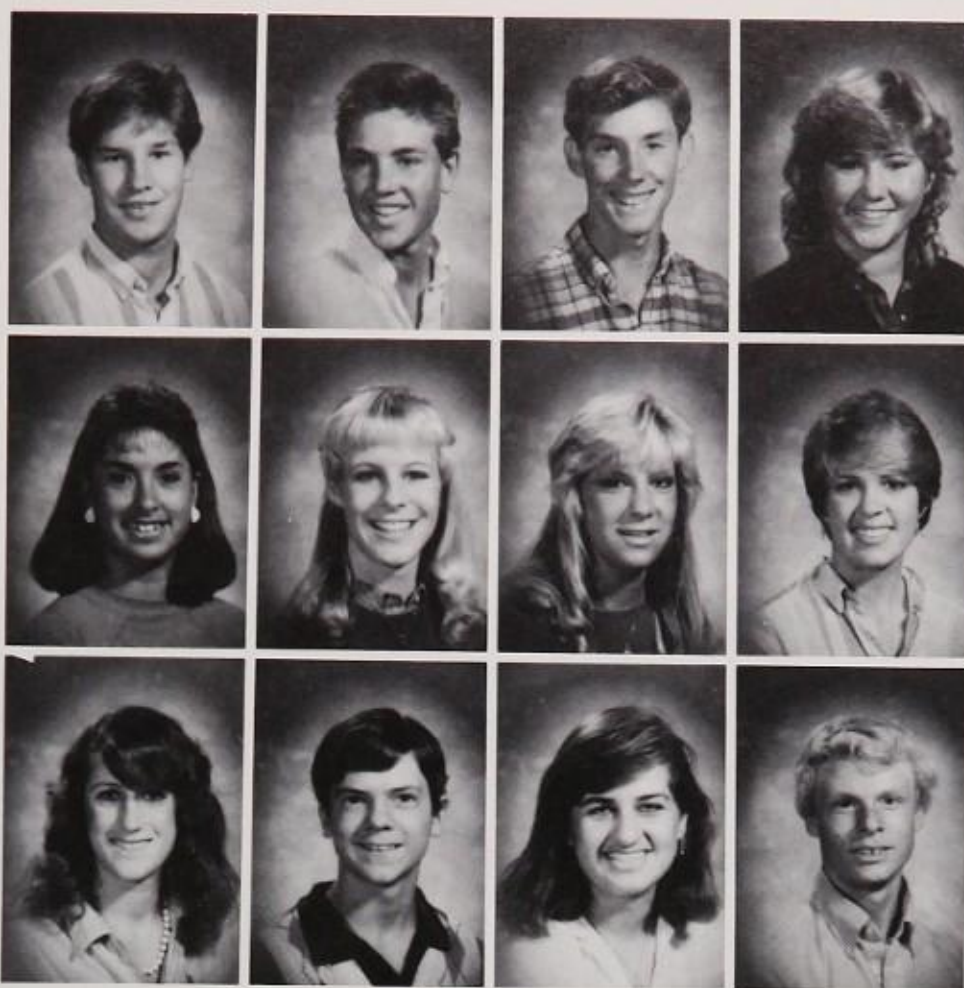


John Dennis
Cheryl Denunzio
David Depina
Troy Deutscher
Magdalena Diaz
Kimberley Diehl



Michelle Dingillo
Janie Dominguez
Loriene Doorbetakis
Chris Durgin
Lesley Durkee
Shawn Duzich





Bryan Earnest
Darren Eckhoff
Michael Egan
Lorine Eien

Jenae Elwell
Kathleen Ernst
Maria Eschenbrenner
Pamela Estabrook

Jackie Ethridge
Jack Eubanks
Helen Exacoustos
Dylan Fast



— Guard Dazzles —

Vickie Myers, upper left faithfully practices her rifle routine for a competition the following Saturday. Lauren Omohundro and Kim Petullo, middle left, are impressively performing during a field show. Chris Buonocore, above develops a roll of film with the aid of his teacher, Mr. Considine. Left, drill team members Jennifer Caughlin and Jennifer Meadows solve some homework problems for their math class.

"The Hill is the best thing that has ever happened
to Los Al since saddleshoes."

-Joy Fernbach

Gregory Ferenstein
Joy Fernbach
Larry Finkelstein
Liz Fischer
Jack Fisher
Michael Flanagan



Victor Flores
Michael Fogarty
Mary Fried
Erik Friesenhahn
Theresa Garcia
Tom Gardner



John Garver
Lejla Gavrahovic
Cheryl Gdowski
Heather Gergen
Robert Gerhardt
Shelli Gettler



Kristy Gianformaggio
Stacey Gill
Kathy Glaudini
Cynthia Glidewell
Robert Gludt
Alan Go



David Godoy
Robert Goodman
Sheri Goodman
Brian Gorman
Candace Gorman
Tricia Gorman



Robert Gossman
Daniel Gregory
Craig Grennon
Samantha Griffin
Kim Grimes
Robert Grimm





Susan Groff
Corrine Grubb
Wendie Grunzweig
Patti Gutierrez

Barbara Habenicht
Mary Hagmann
Laurie Hamada
Ross Hankle

Robert Harding
David Harris
Vickie Hart
Kenneth Hayashida



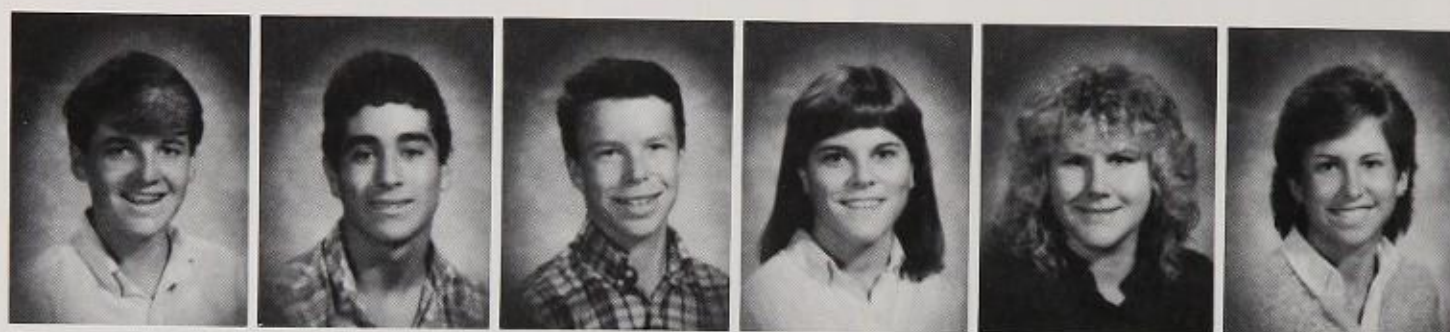
— Jrs Take Break —

April Leopley, upper left, takes a stroll through the quad before going on to fifth period. Friends **Robbie Goodman**, **Mike Patrick**, **Chris Stratton**, and **Travis Tarchione**, middle left, are enjoying their lunch break on the "The Hill." **Lisa Bailer**, lower left, concentrates as she snaps a picture for photography. **Sheralynn Rinella**, above, takes advantage of the great outdoors to hit the books.

"Los Al has prepared me for life by giving me a firm foundation on which to build a successful life."

-Mike Knittle

Duke Hays
Jonathan Hecht
Thomas Hefferan
Lori Heinselman
Sandy Hertzog
Elizabeth Hewitt



Laura Hill
Ed Hirsch
Van Ho
Liliyan Hong
Walter Horata
Keith Horn



Mark Houck
Sally Howes
Brenda Huber
Jeffrey Hubert
Linda Huff
Matthew Hunter



Jean Ingerle
Kirby Ingram
Timothy Innes
Timothy Irvin
Eric Itakura
John Jacobs



Jodi Jandron
Susan Jenkins
Thomas Jenkins
Kirk Johnsen
Kim Jonson
Leigh Johnson



Terri Johnson
Timothy Johnson
Eric Jones
Katherine Jones
Lisa Jones
Juliet Jordan





Todd Jorgensen
Walter Kaminski
Janice Kasumovic
Linda Kates



Donald Kavalle
Kurt Kelder
Annette Kellogg
Chad Kemp



Lynda Ken
Lynn Kichline
Georgina Kiely
Susie Kiker



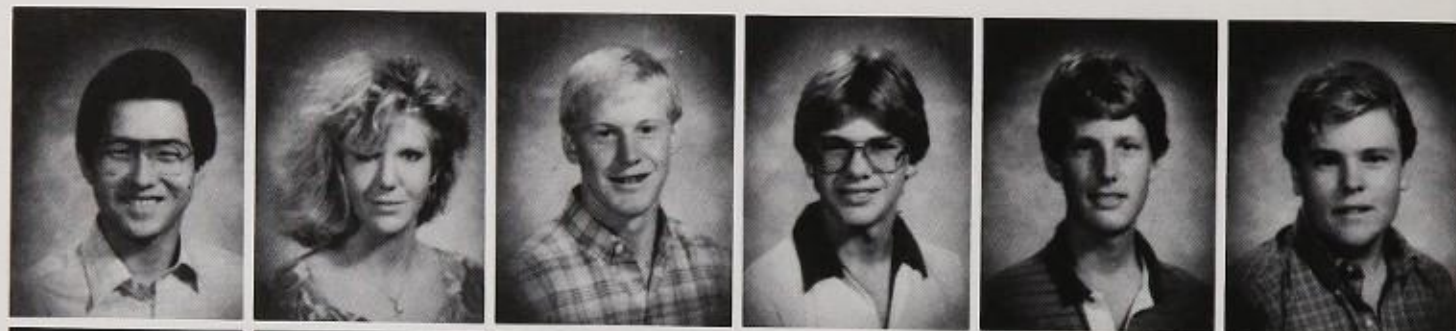
Lts. Gain Insight

The ceramics class provides students with the opportunity to develop their creativity. **Jimmy Lo**, upper left, puts the finishing touches on his project. The Media Center also provides many opportunities for students. **Tim Innes** and **Lisa Jones** use the library for studying, researching, and even socializing. **Susan Jenkins**, left, takes time out to help her friend **Sheralynn Rinella** with her homework. The quad not only provides a beautiful landscape but also a convenient place to study. **Kim Palmer**, above, listens intensely as the teacher presents the day's lesson.

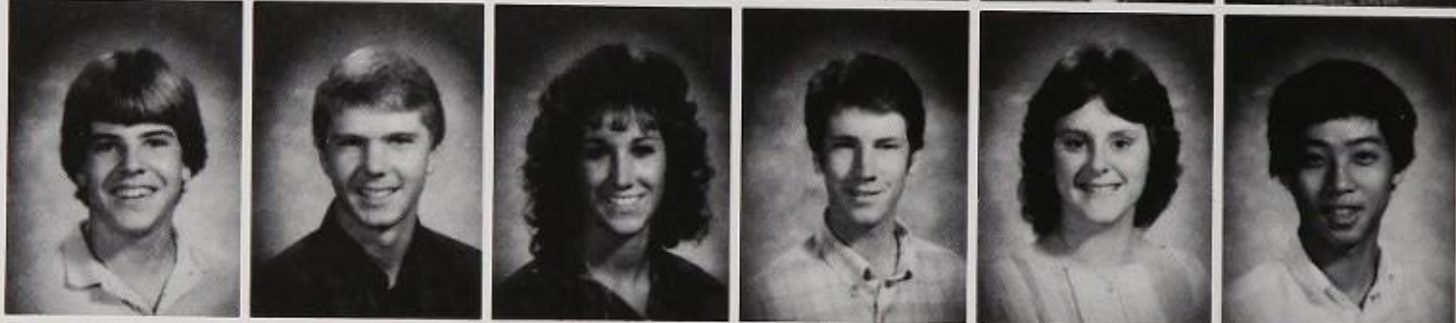
"Athletics provides
new friendships and challenges."

-Deanna Benstead

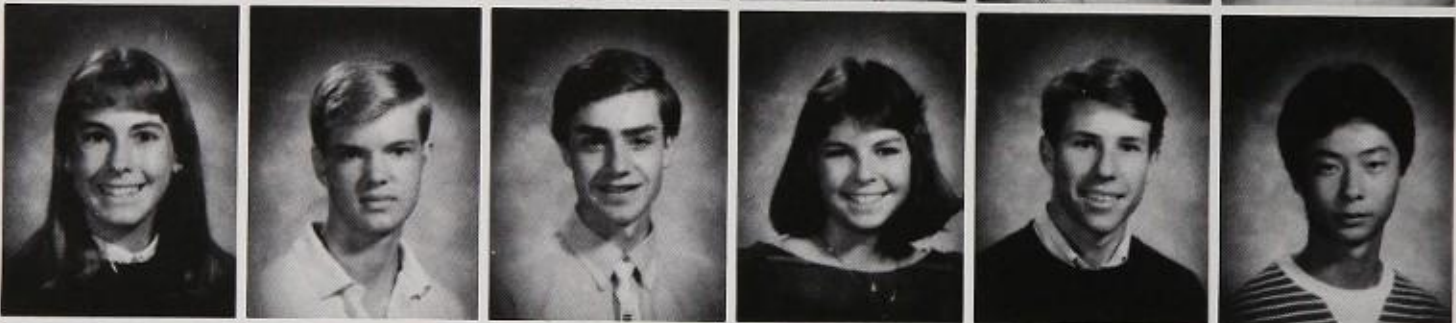
Thomas Kim
Gillian King
Philip King
John Kinnier
James Kirkpatrick
Marc Kjorness



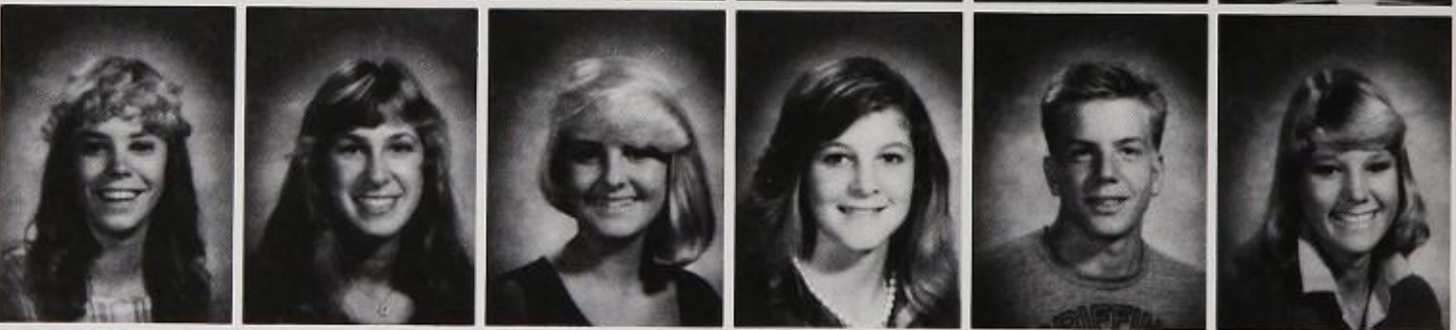
Redden Knight
Michael Knittle
Karen Koissian
Duane Kolb
Kimberly Kondra
Albert Koong



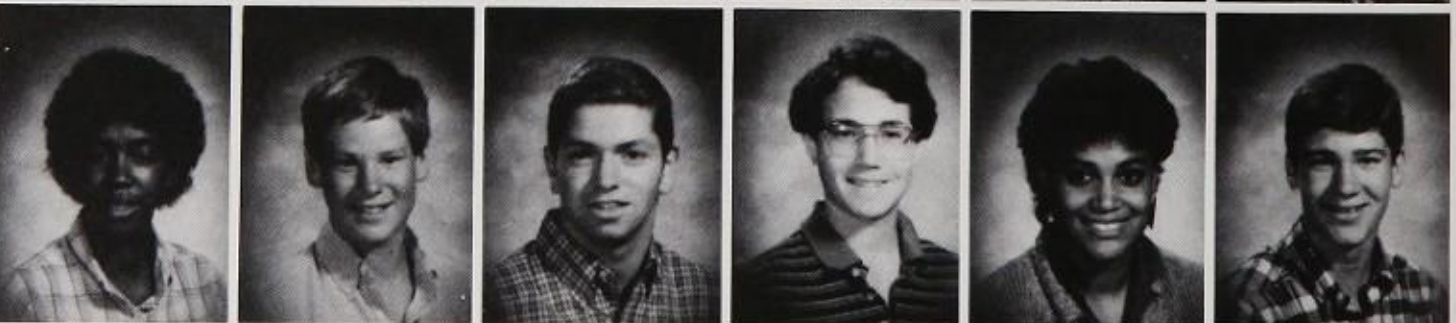
Laura Kraft
Paul Krueger
Michael Kuehn
Susan Kuzmich
John Paul Labouff
Jimmy Lam



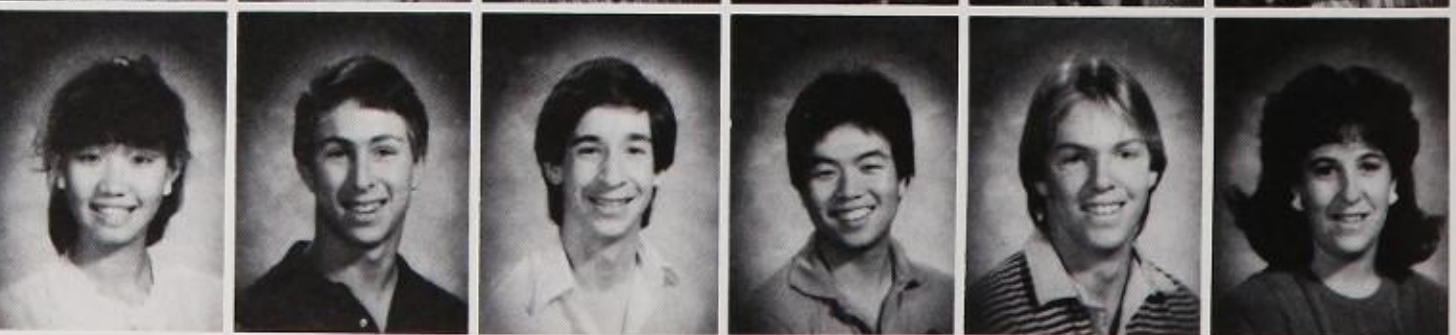
Vicki Land
Lisa Lander
Robin Lansford
Tammy Lappin
Peter Laughlin
April Leapley



Stacy Lee
Scott Leonard
Brendon Lester
David Levy
Kristian Lewis
Mark Lewis



Linda Liang
Keith Lifshin
Samuel Lipton
Jimmy Lo
John Logan
Julie Lunetta





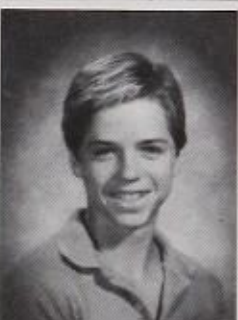
Lisa Lunetta
Cornelius Lyle
Mike Lynch



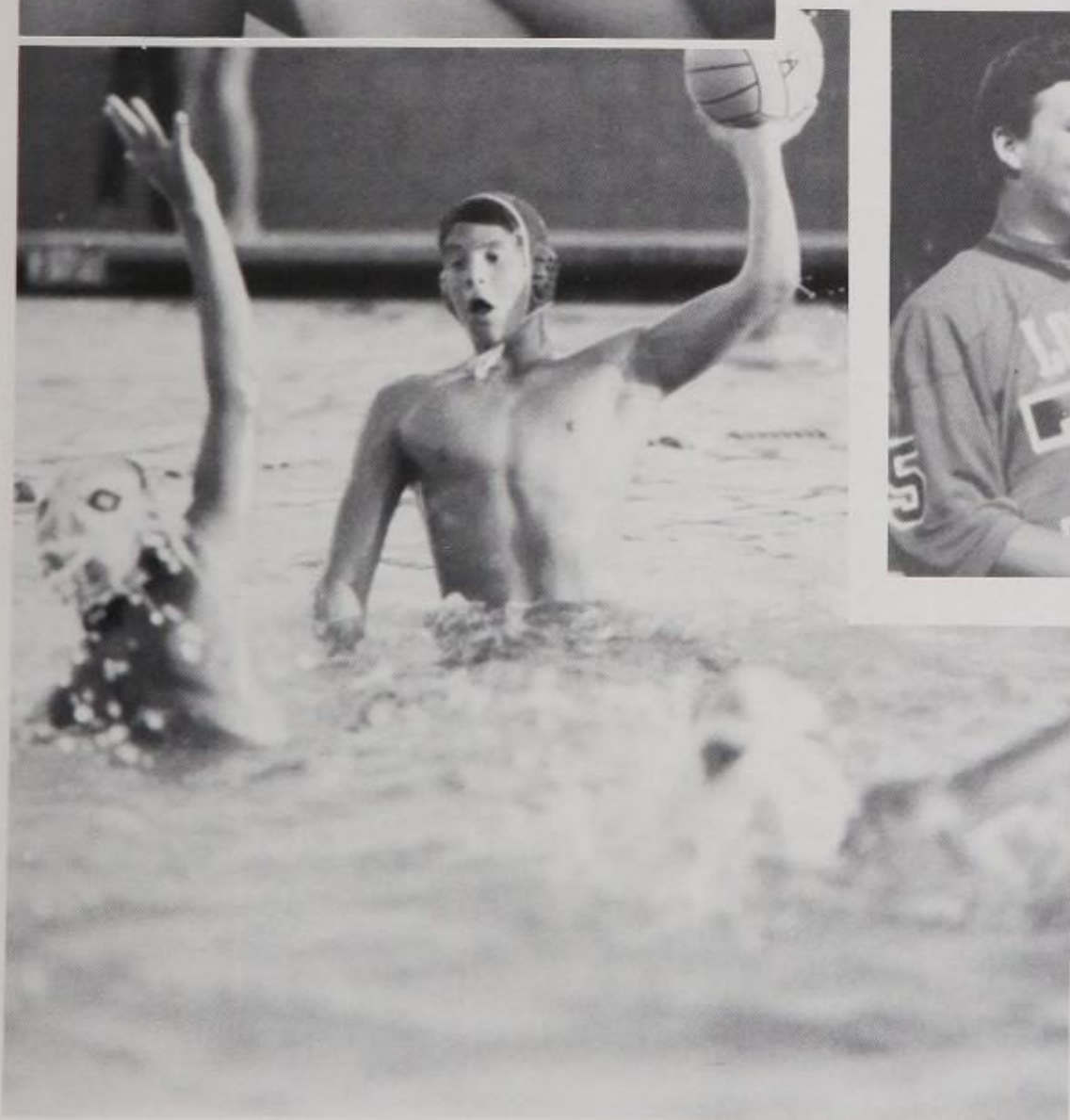
Peter Lynch
Eddie Lyon
Ronald Maag



Douglas Maccready
Chris Madsen
Mary Ann Manabat



Kevin Manatt
Lori Martin
Michael Martin



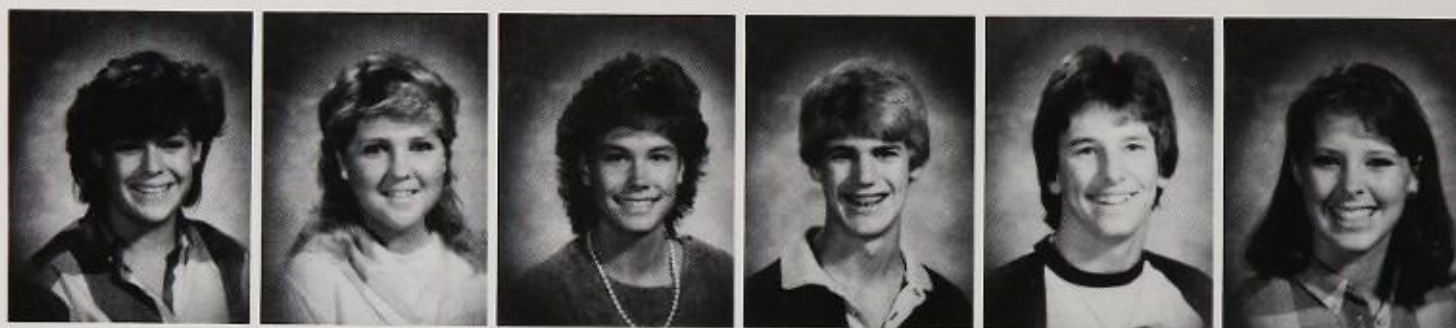
— Battle To Win —

Sports play a very big part in the Junior Class. For example, during a tennis match **Elizabeth Hewitt**, upper left, takes a break to talk with a good friend. Meanwhile in the water, **Scott Leonard**, lower left, is having a very hard time trying to get by his opponent, who is making life really hard for him. But he does succeed in passing the ball to a teammate in scoring position. During one of our most traditional events, **Ron Sittler** and **David DePina**, middle right, are enjoying themselves by watching the Homecoming game. Ron teases David about his "secret omega" who has forgotten David's carnation for good luck. While in the background, **Brad Biringier** watches the Los Al football team.

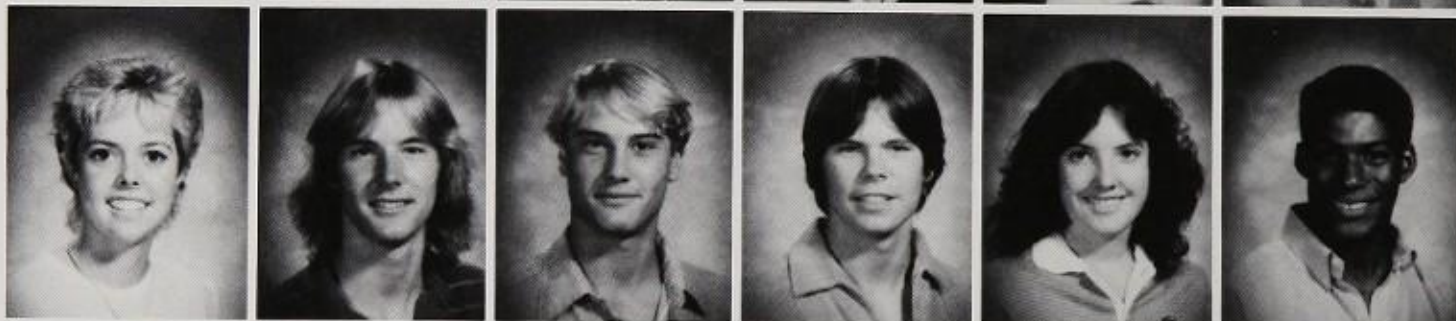
"Los Al is the
greatest!"

-Denise Troutman

Noelle Martinez
Diana May
Kimberly McAfee
Patrick McDaniel
Richard McDonald
Amy McDougall



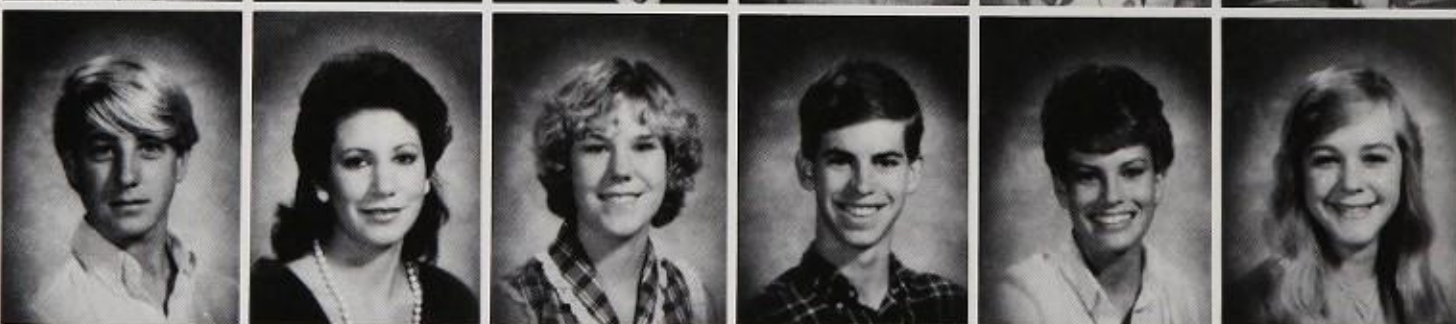
Jennifer McEntee
Rich McFall
James McGann
James McKernan
Kerry McMahon
Bruce McMorris



Cynthia McNamara
Michael McQueen
Cory Mead
Jennifer Meadows
Michael Melancon
James Mentas



Steve Mercadante
Cheryl Meyer
Adell Miller
Scott Miller
Tracy Miller
Shelli Mitchell



Richard Moore
Stephen Moore
Michael Morey
Carolyn Morgan
Glenda Morgan
Jill Morley



Greg Morris
Debra Muccino
Sonja Muir
Jason Mullins
Sean Murphy
Todd Murphy





Christopher Myers
Victoria Myers
Joe Naber
John Nelson

Richard Nen
Michelle Newman
Dinh Nguyen
Julie Nicolaou

Stacy Nordstrom
Shawn Nuttall
Denise Nutter
Bryan Oda



— Lts. Vent Energy —

A broken leg is not an uncommon sight on a campus with so many active students. **Liz Brewer**, upper left, shows off her unfortunate predicament. **Bart Smith**, middle left, points out an interesting aspect of one of the school's many computers to his friend **Ron Sittler**. This particular computer is found in the Media Center and is designed to help students prepare for college entrance exams. Yell/Song/Cheer squads provide a boost to our school's spirit. During a pep assembly, songleader **Ruth Busenkell**, above, enthusiastically cheers for Los Al with the aid of pom poms. **Vickie Hart**, left is working diligently on the assignment given to her in class. This sight is also extremely common throughout the many classrooms.

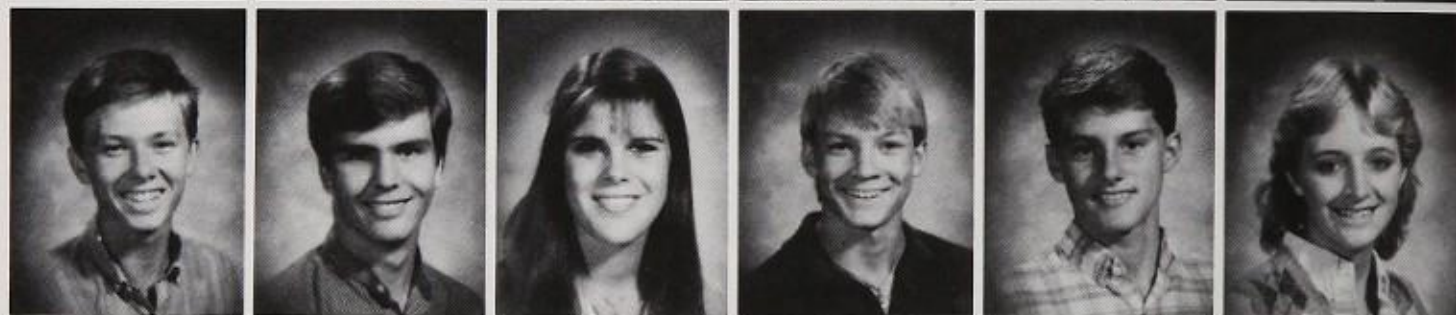
"English is the only class I have where one word has three different meanings."

-Gene Sollows

John Ogorzalek
Kristin Olin
Garret Olson
Lauren Omohundro
Suzanne Oppenlander
Jason Oram



Troy Ottele
Mitchell Ottenstroer
Kimberly Palmer
Paul Park
Michael Patrick
Cassandra Pendleton



Eric Peterson
William Peterson
Kimberly Petullo
Lee Phillippi
Gregory Phillips
Richard Pickard



Charles Pike
David Pincek
Cynthia Poe
Christopher Pollard
Stacy Pollard
Deborah Potechin



Bryan Potter
Kevin Preston
Maria Puente
Danielle Pulone
Wendy Radi
Catherine Raighn



Thomas Rak
Sonia Ramirez
Kent Ramseyer
Paula Rawls
Mark Ray
Kimberly Re

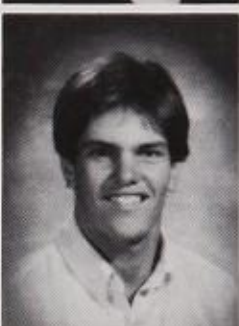




Robin Recendez
Laura Reeves
Brad Reidy
Colleen Reilly



Marc Reissig
Gary Renko
Kenneth Richards
Pam Riedel



Kelly Rieg
Robert Rinella
Sheralynn Rinella
Kurt Rippelmeyer



Sailors Soar

Typing seems to be a serious job for **Tricia Baker**, upper left, who is typing up one of the many copy sheets in yearbook. **Brian Sweet**, middle left, amuses himself by joking with his Spanish classmates. Laughing while on the way to class, **Jody Rovida**, **Kim Petullo**, and **Laura Reeves**, above, enjoy the sunshine of December and talk of the following holidays to come. Kim hopes for a new car to drive. Talking to Mr. Daly, **Kim Re**, left, discusses the humor in *The Great Gatsby* that she read in his Literature and Composition class.

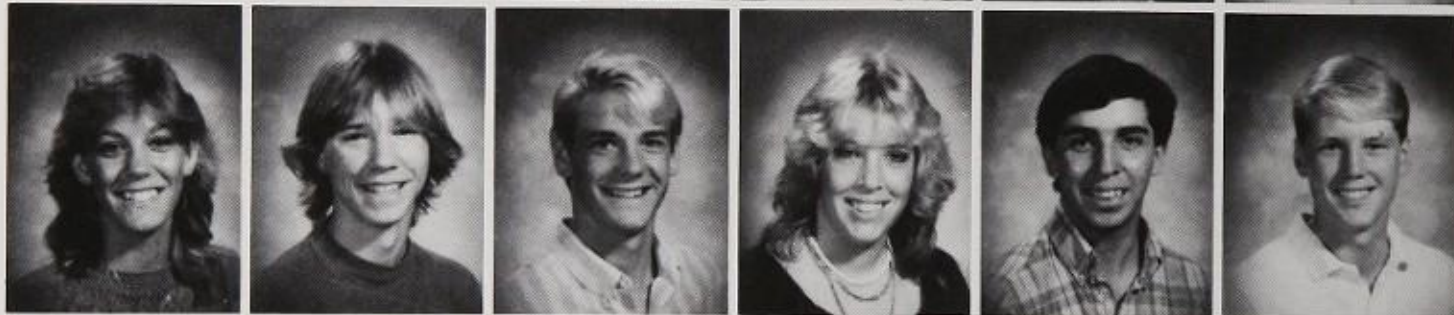
"Los Al has given me the opportunity to learn and express the knowledge that will be needed in college and the life beyond."

-Dave Levy

Steven Roberts
Janice Robia
Jennifer Rodman
Anna Rodriguez
Michelle Rodriguez
Russell Roe



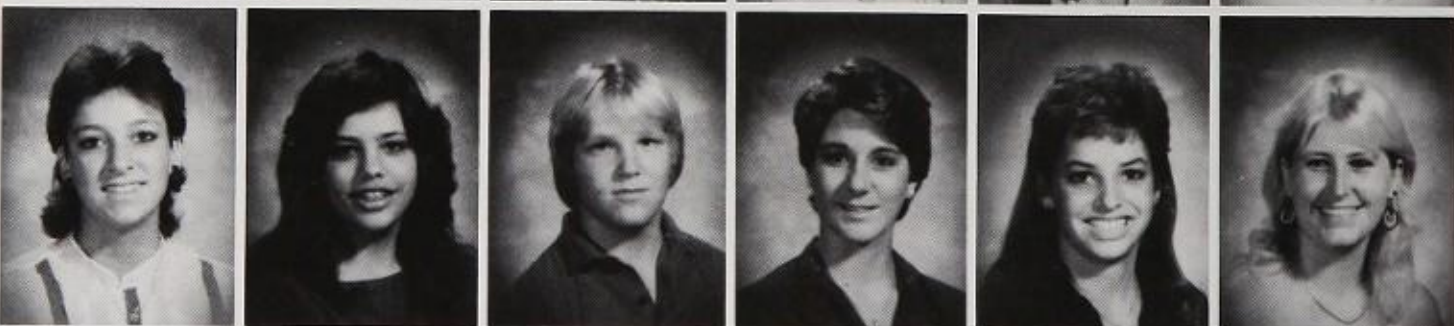
Jodi Rovida
Dan Rumsey
Dean Rybicki
Sandra Salamanca
Rodney Salas
Barton Sammons



Joel Sanders
David Sandoval
Robert Sandusky
Mary Sarceno
Evelyn Scalora
Brian Schild



Kris Schlauch
Diana Schmitz
Daryl Schorr
Elizabeth Schuck
Julianne Schulz
Erika Scott



Sharon Seager
Laurie Serwinski
Shelley Severin
Bret Shablow
John Shadrick
Kyle Shields



Stephen Shields
Robert Shortridge
Theresa Shouler
Debi Shuppara
Laura Silverman
Naomi Silvi





Fiona Sinclair
Ronald Sittler
Bart Smith
Donald Smith



Karen Smith
Susan Smith
Brett Soldano
Gene Sollows



Donetta Sorensen
Gregory Spooner
Pamela Spyrs
Sharon Spyrs



Kenneth Stauch
Michael Stea
Kathleen Stecko
Scott Stonebrook



Mates Perform

Jason Wells, upper left, heads for his locker before class. Passing periods provide students with a chance to prepare for the next class and visit with friends. **Kathy Glaudini**, left, practices a piece from **Dreamgirls** for the next choir concert. To prepare for frequent performances, choir students rehearse an hour every day. The choir participates in competitions as well as concerts. They compete with other schools in Orange County for trophies and awards. Above, **Karen Smith** serves as this year's associate editor. Her job involves helping the editor-in-chief and the staff of each individual section. The Class of '85 succeeds at every task set down before them.

"It's been the most challenging,
yet most worthwhile year."

-Ivy Chou

Christian Stratton
Denise Straub
Kathleen Summers
Michael Summers
Bill Swanson
Brian Sweet



Melissa Sweet
Amy Swieck
Karen Sylvia
Yurika Szabo
Travis Tarchione
Michael Thompson



Tricia Thornberry
Hege Thorvalosen
Tammy Tober
Kimberly Tobin
Kirk Tobler
William Todd



Shelly Toomey
Adam Torem
Anna Triplett
Denise Troutman
Sarah Turner
Laurie Tyo



Glenn Urata
Kelley Uyeda
David Vanwinkle
Magnolia Vela
George Velasco
Daniel Waechter



Traci Walker
Tammy Watson
Jason Wells
Suzanne Welter
Paul Whitacre
Mark Wilderman





Karen Wilhelm
Craig Wilkerson
Donald Wilkins
Tracy Wilkinson



David Will
Jeffrey Wilson
Thet Win
Matt Winford



Kristina Wingert
Martin Wolf
Russell Wolf
Wendy Wolfe



Tisha Wong
Andy Woods
Guy Woodson
Ryan Workman



While fulfilling their roles as vice president and president, **Garret Olson** and **Bruce McMorris** add laughter to the lives of the Junior Class with their senses of humor.



Pierce Wortman
Tamara Wuesthoff
Robert Yee



Walter Yesenosky
Karen Yoh
Tamara Young



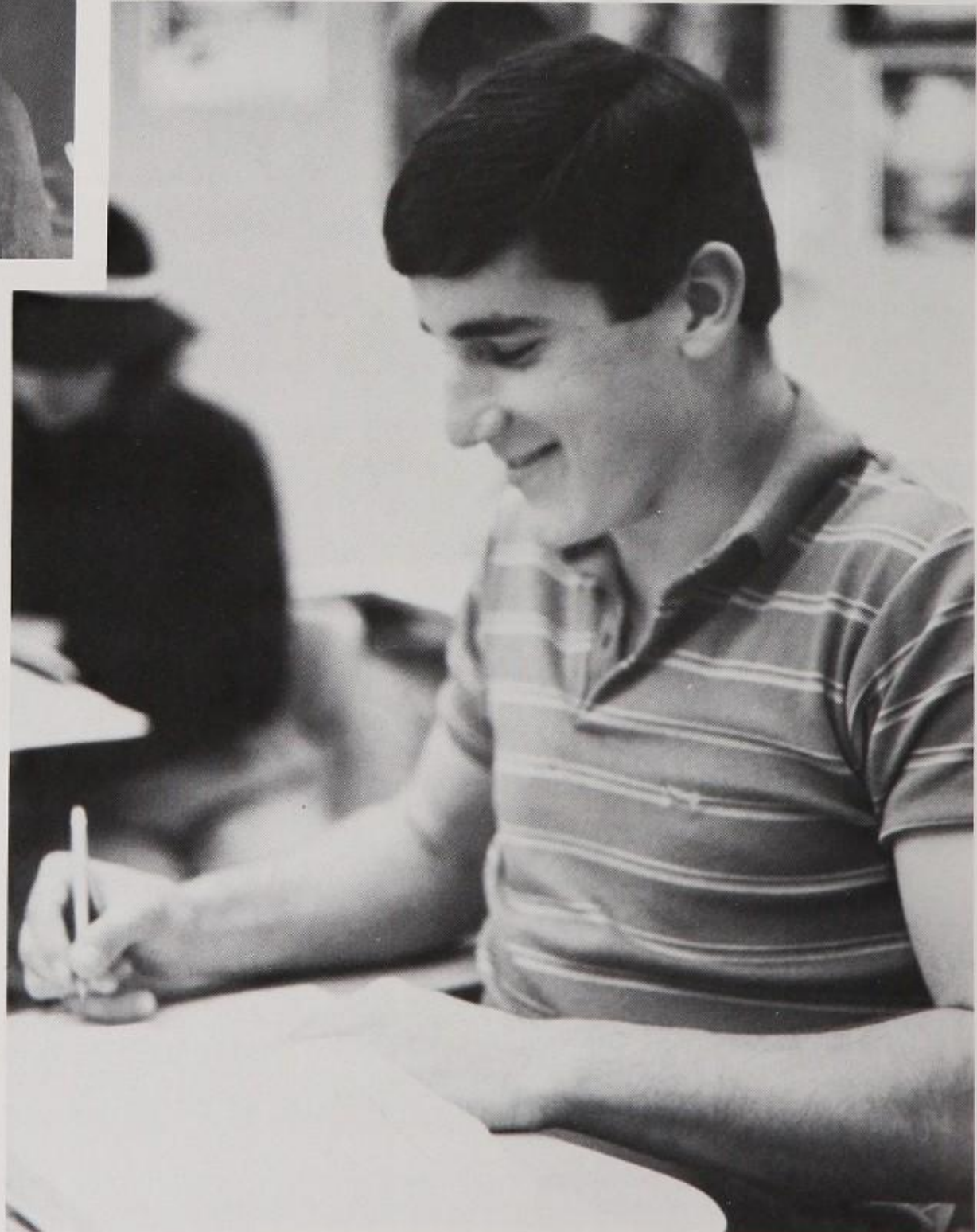
Fabrizio Zazzeron
Cathryn Zerwick
Cortney Zerwick



Jill Adams
Hoa Pham
Rosalie Ortiz

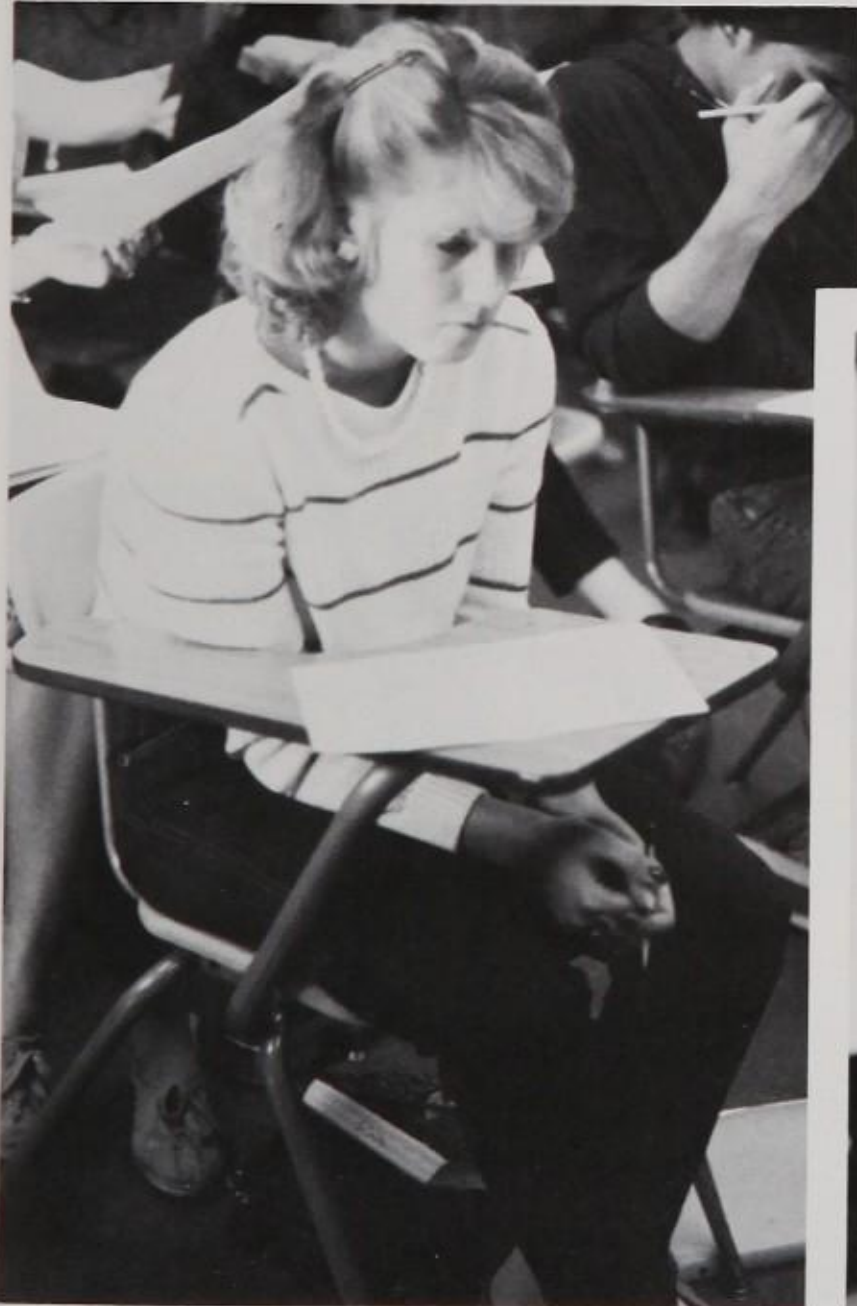
— Ensigns Sail Along —

As second year high school students **Danita Humphrey**, upper left, **Bobby Shanaberger**, upper right, **Debbie Theriault**, lower left, and **Marc Tractman**, lower right, all enjoy the newly acquired prestige of being sophomores. They no longer have the worry of strange places and strange faces.





As a member of the Advanced and Marching Bands **John Hrbacek** gives his all to keep Los Al's prestige high. All band members work hard to gain honors in field and festival competitions.



In **Miss Seymour's** fifth period sophomore English class **Christy Howe** concentrates on the text in front of her, trying to remember the material she has studied.



All sophomores spend time in the position **Sean Creasy** is in. Driver's Education is a required activity on the ocean of the sophomore year. Some goals on their horizon are completing the course and getting a driver's license.



Ensigns Take Charge On Second Deck

The Sophomore Class has always proved to be one of the most enthusiastic classes ever on campus. They were always rowdy and supportive at the football and basketball games. They always promoted spirit around campus which resulted in smiles and laughter.

Credit this year goes to President **Devin Last**, and sophomore Vice-President, **Derric DuBourdieu** for making this school year run smoothly. The Sophomore Class Committee sponsored a carwash to raise money for their treasury. They also sponsored the Valentine's Dance in February with the help of the Freshman Class Committee. Many Sophomores were very excited about Drivers Education and training. They learned about driving on the road in the classroom phase, and actually drove a car in the training class. After these classes and their permits, sixteen year old students were able to get their drivers licenses with the consent of their parents.

The class of 1986 has much in store for them. They have been the leaders of many school functions such as Clean the Campus Week and United Way Week. Many new ideas will continue to make this class the best ever.



Getting prepared for the Sophomore Class Car Wash. **Mr. Phil Doran, Judy Holzgang, Danita Humphrey, Malcom Womack, and Devin Last** carry the water hose to the front of the school. The car wash took place on a Saturday afternoon.



"Making sure everything runs well is very difficult in the sophomore class," says President **Devin Last**. "It requires a 110 percent dedication, and is a very responsible job to do."



Standing at attention, Sophomore Class Vice-president **Derric DuBourdieu** shows how serious it is being vice-president. Working very hard with the president is time consuming and trying to make everything work is very difficult.



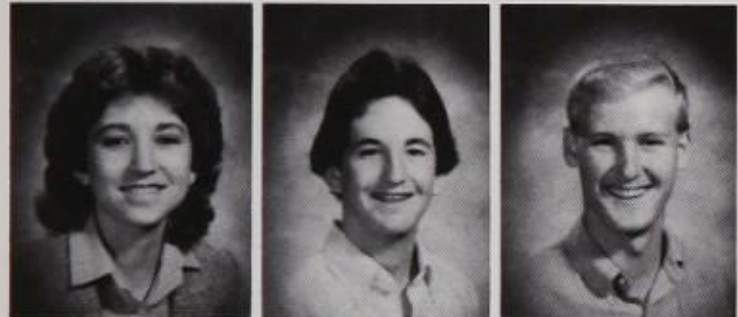
Stephanie Abrego
Michele Adams
Rochele Adams



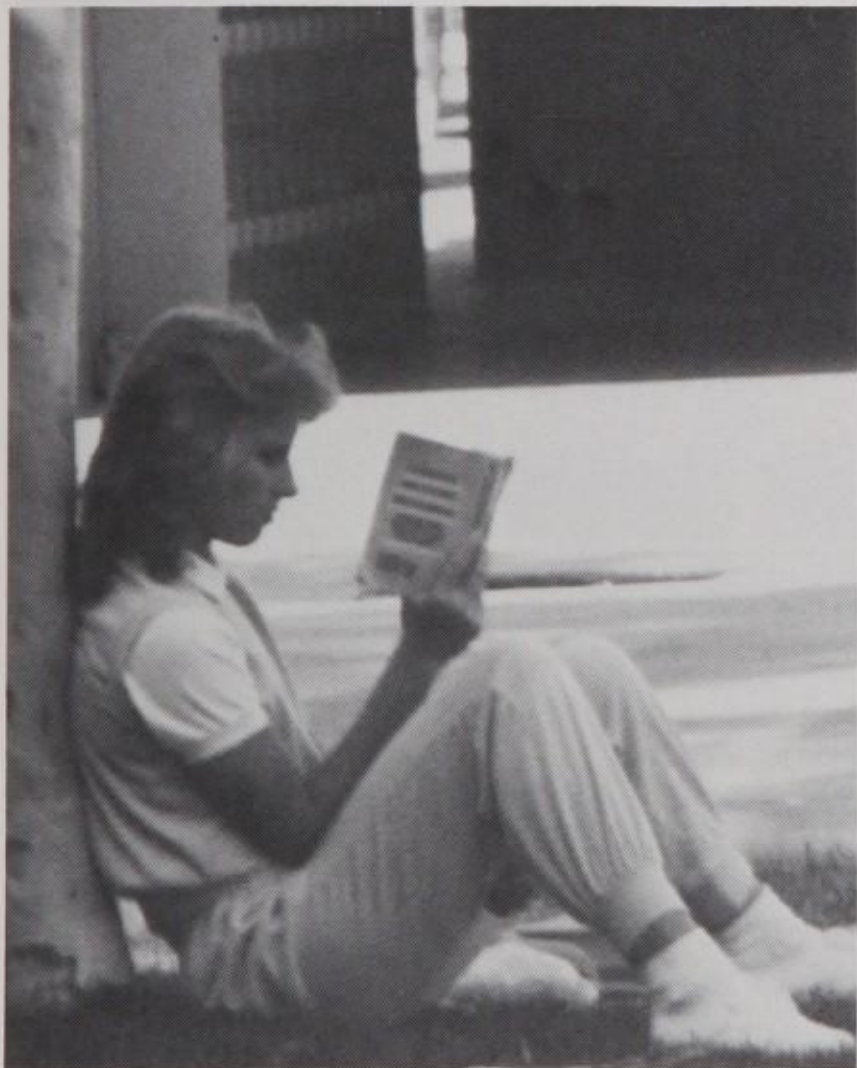
Charito Adle
Illina Alanes
Jeanne Allard



John Allard
Marc Alpert
Chris Anderson



Erin Anderson
John Armijo
Michael Asher



Spending her time under a shade tree, **Paula Wasikowski** reads an interesting book for English. Paula hopes to finish the story and get an "A" on her book review.



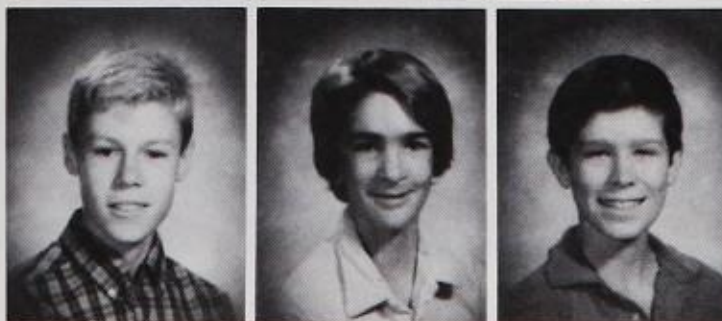
Nairi Ashkarian
Marlo Assad
Chiki Aurang



Darryl Baker
Jennifer Baker
Leslie Baker



Alan Barber
Phil Barnes
Andrea Barrows



Michael Barton
Daniel Bastas
Robert Batey

"Los Al means a promise for a successful future, an exciting today and memories to cherish."

-Brooke Burtzell

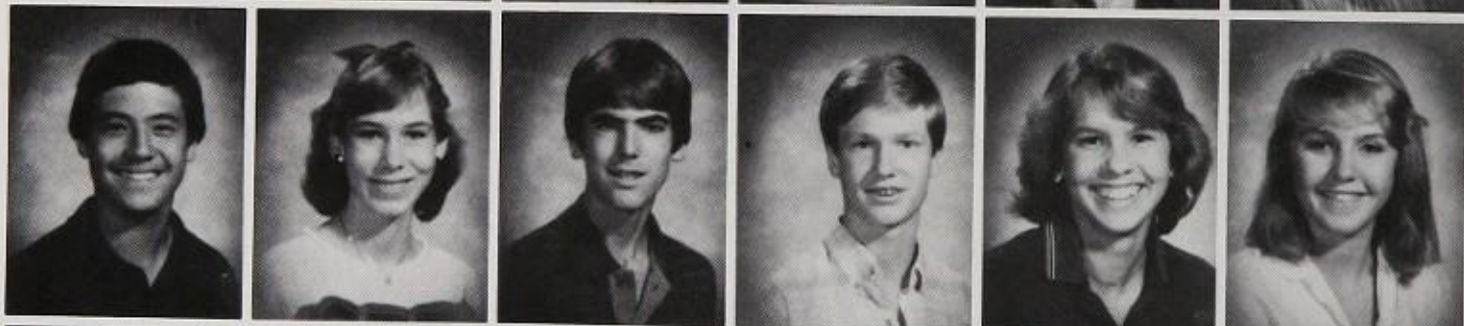
Jeffrey Beaudoin
Tawnya Beck
Renee Becker
Mark Bellwood
Michael Bernstein
Cassandra Beyer



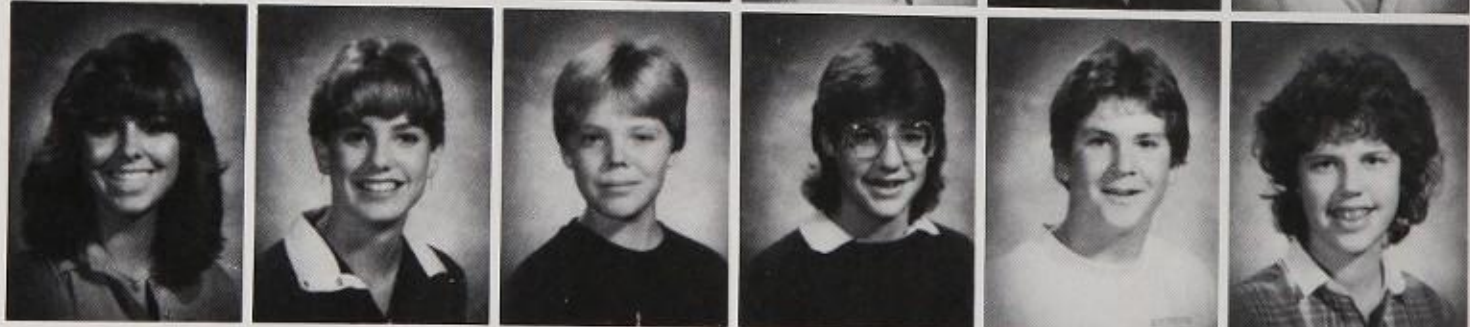
Geoffrey Bickel
Devora Binder
Wayne Bish
Kevin Bishop
Gene Blackmun
Mary Boland



Donald Boling
Angela Bolling
Samm Boner
Derek Bowen
Lisa Boyd
Sara Brain



Jennifer Brown
Leslie Bruce
Russell Bugge
Danelle Burick
James Burns
Stacy Burris

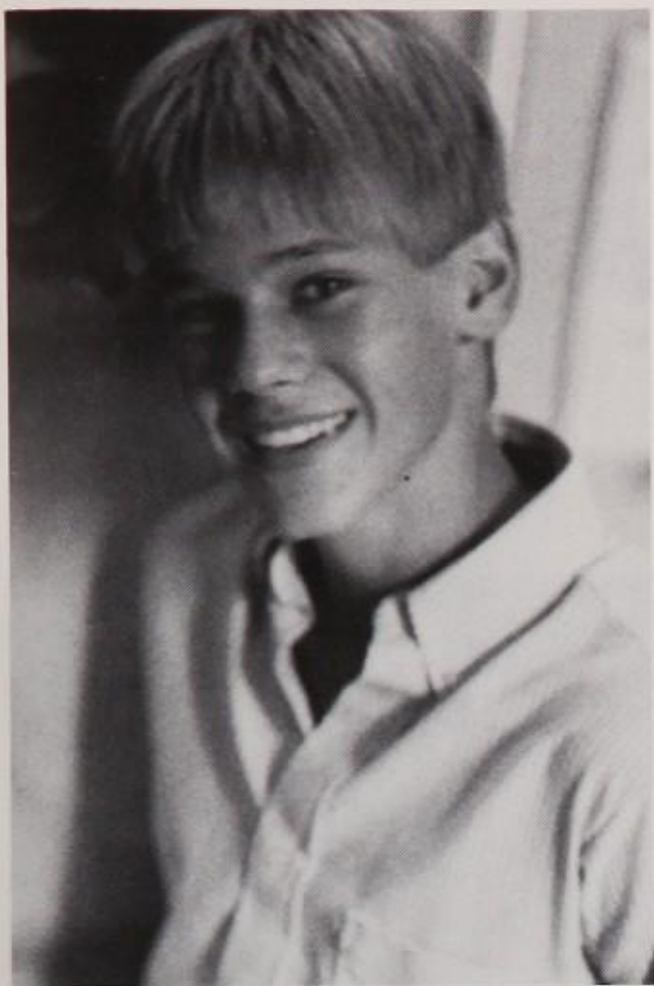


Brooke Burtzell
Timothy Butler
Bernard Caburian
Jill Callison
Miguel Camarena
John Campbell



Julie Campbell
Kandi Campbell
Steven Campbell
Patrick Campuzano
Martin Canavan
Lavonne Canfield





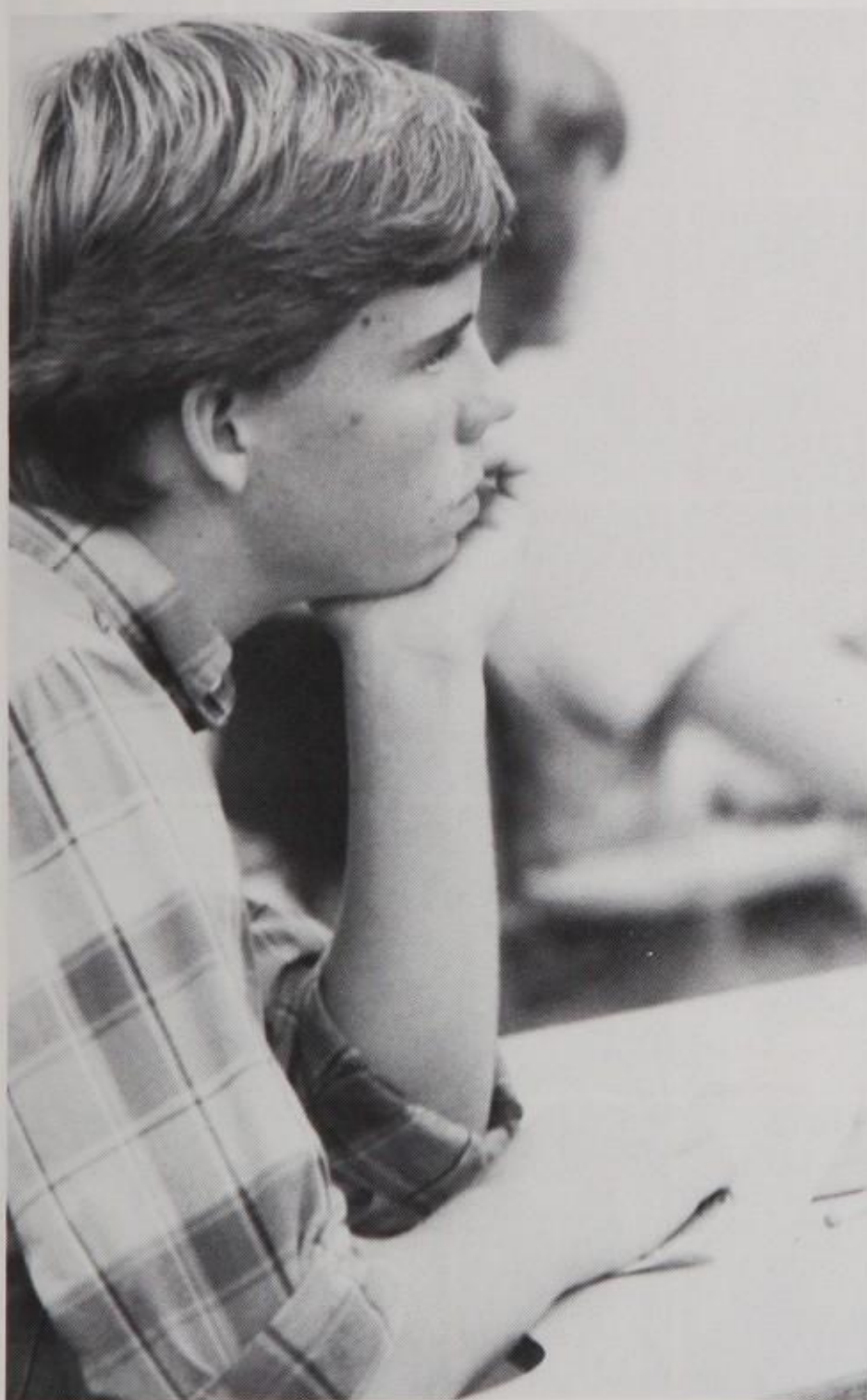
Stefani Canin
Todd Carcelero
David Carlen
Shari Carll



Sean Carlson
Gregory Carson
Eugenia Castillo
John Castro



Carol Cauchon
Ann Marie Caudillo
Kelly Chaides
Howard Chalawsky



— Class Involvements —

Participating and listening attentively in class is very important in achieving good grades. **Bobby Shanaberger**, upper left, takes a couple of minutes to rest. **Diane Erickson**, lower right, practices safety as she drives carefully in the simulator with her seat belt on. Diane hopes to do well in the simulator so she will be prepared for the road. **Eddie Roche**, lower left, listens carefully to the teacher's lecture. Eddie also takes notes because it will help him do well on the next test.

"The teachers at Los Al are more than just teachers, they are friends."

-Cheryl Franco

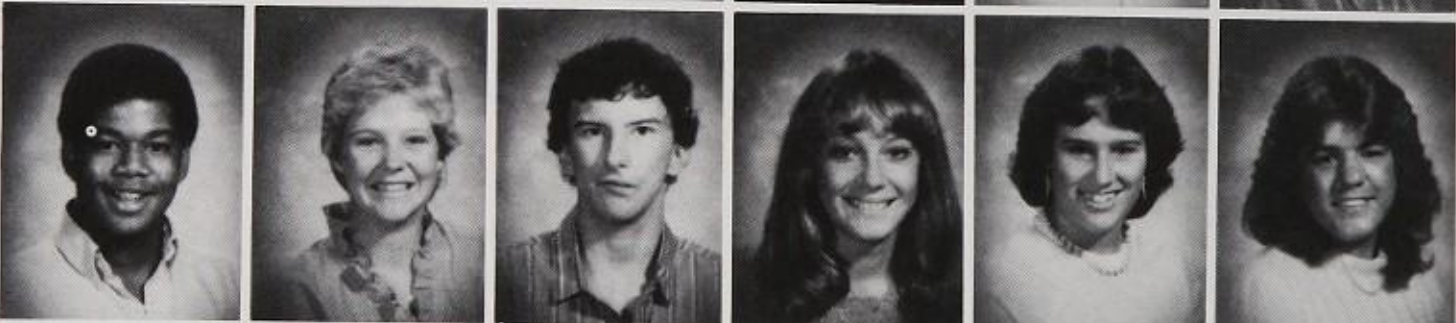
Mitchell Chedester
Huey Ly Chen
Michael Chen
Carla Childers
Kennith Chiu
Jimmy Chou



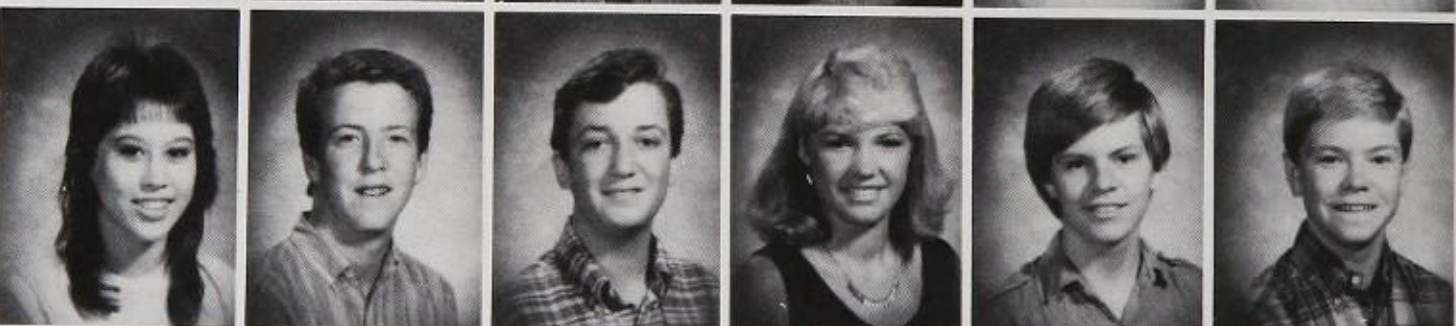
Lisa Cimmarrusti
Kenny Clark
David Clayman
Shawn Cordes
Joe Coulter
Gary Covington



Sean Creasy
Amy Cross
Kenneth Cross
Jody Crum
Lisa Cusumano
Kimberly Daro



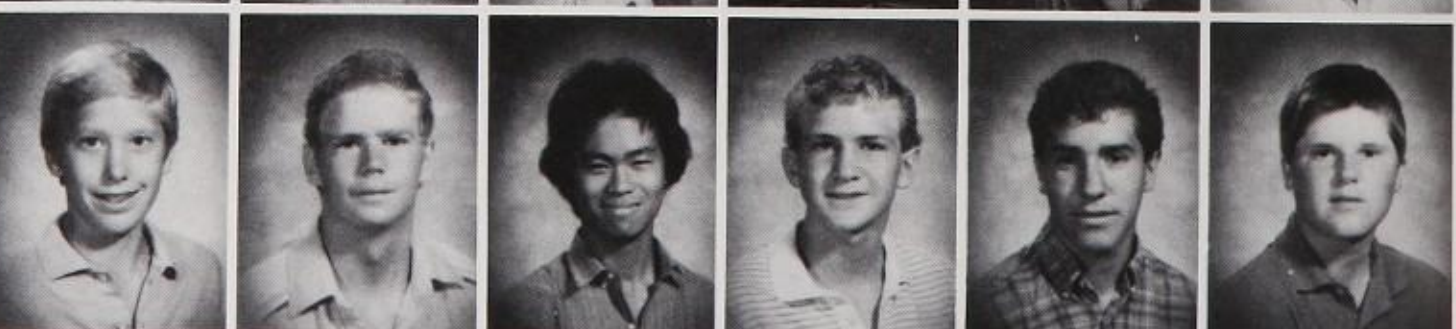
Kellie Davis
Michael Davis
Michael Dawson
Christine Dennis
Anthony Deschenes
Jim Devlin



Timothy DeYoung
Andria Dickens
Daniel Dominguez
James Dorsey
Jeannette Dorsey
Robert Druckenmiller

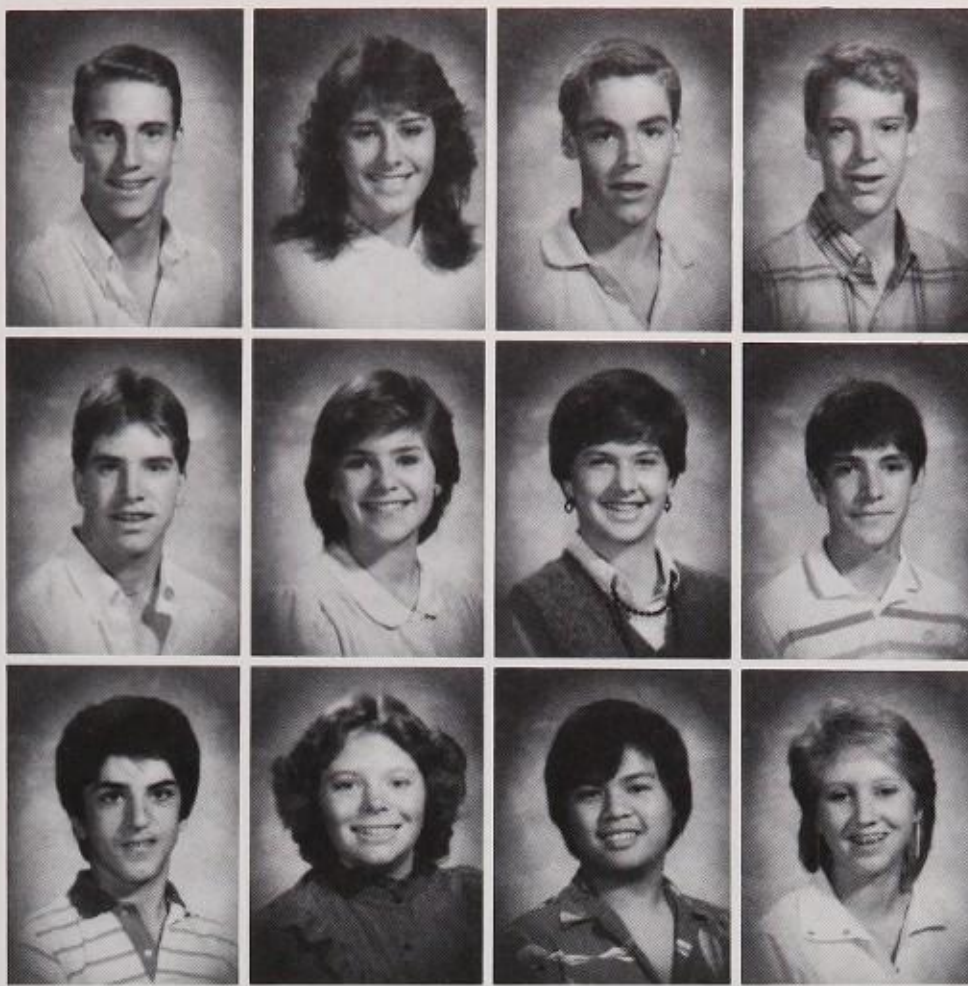


Derric Dubourdieu
Donald Dubry
Johnny Dunn
Jim Dupuy
Jerry Duran
Erik Duthie





Listening attentively to a lecture on Shakespeare, **Jason Zommick** scratches his chin in contemplation about the Bard's works.



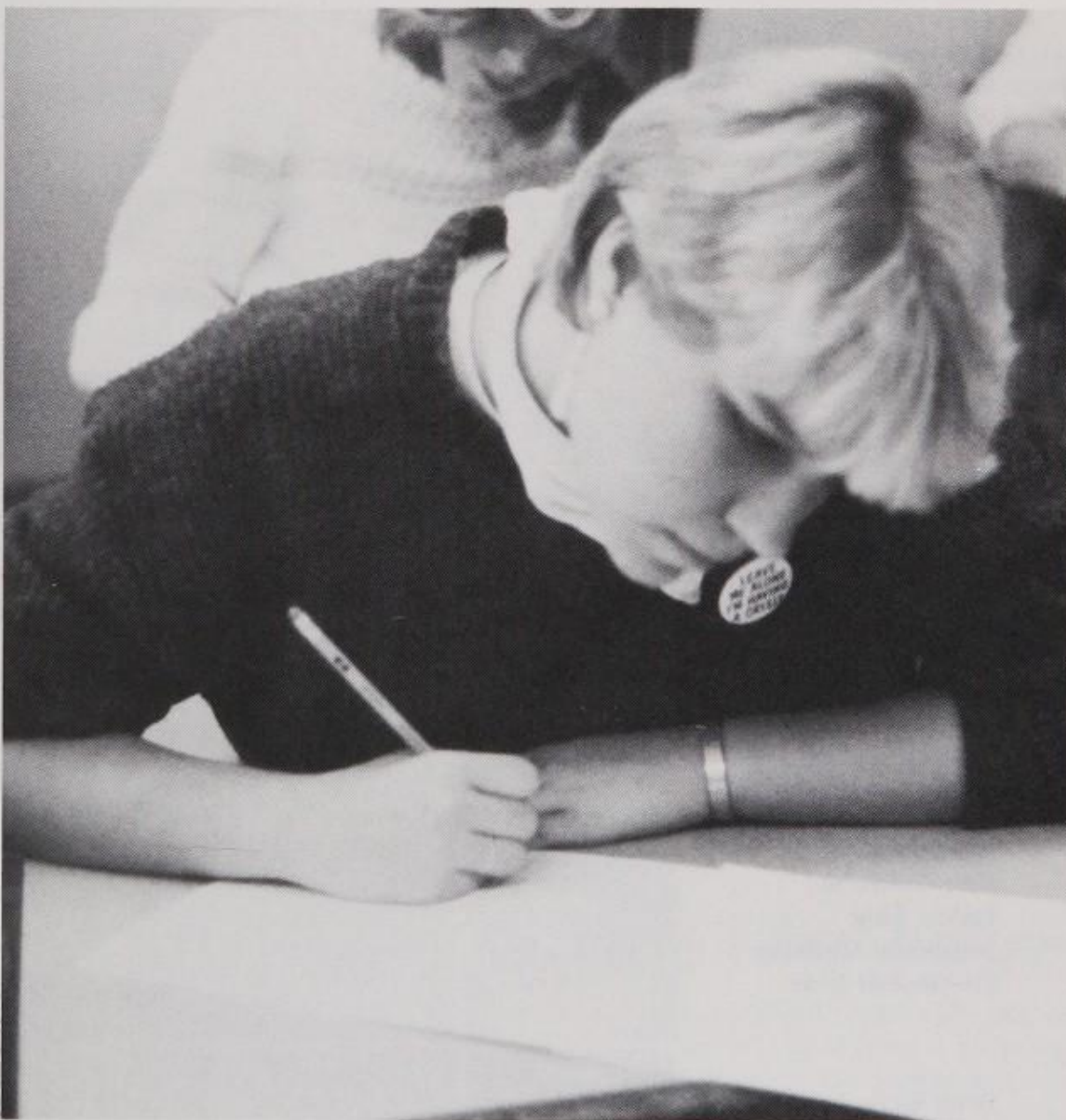
Brian East
Marianna Eaton
Christopher Ehler
Wayne Ellinger

John Englert
Deborah Enno
Diane Errickson
John Espinoza

Kaveh Esteghamat
Teri Estes
James Estrada
Tricia Everson



Scott Saxon giggles as his friend tells him a joke. Every class has its moments of excitement after a long period of hard work.

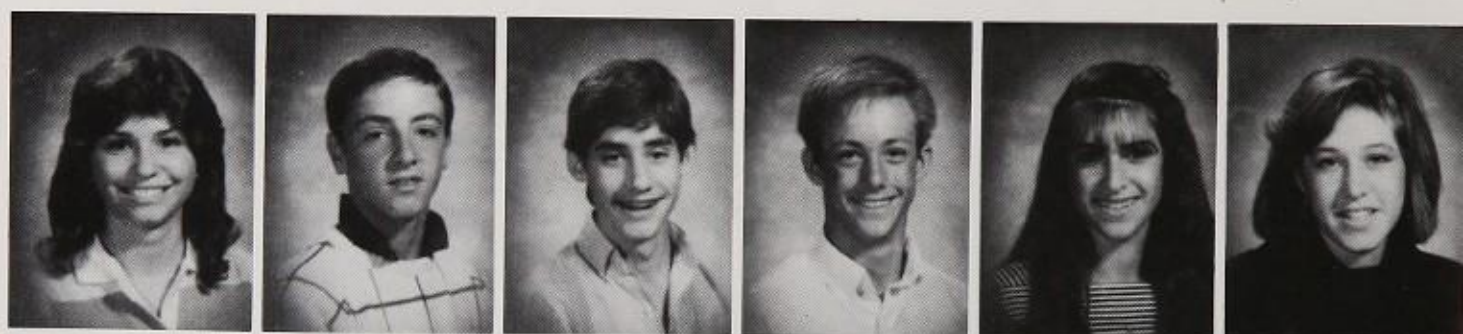


"Working very hard and intensively will ensure a good grade in class," exclaims **Kim Martin**. Any class you may happen to walk in at Los Al you will find students working very diligently toward their goal of good grades.

"I feel the teachers do the best job possible."

-Debbie McIntyre

Suzanne Ewing
Kevin Falsken
Joseph Faragi
Douglas Fatone
Jacqueline Fineman
Randi Finger



Matthew Fisher
Todd Flanagan
Glen Francia
Julia Francis
Cheryl Franco
Rene Freeman



Heather Frewin
Jill Fujikawa
David Fusco
Julianna Fusco
Patricia Garcia
Patrick Garcia



Roseanne Garcia
Trevor Gaumer
Jon Geldbach
Traci Gibson
Aaron Glatman
Darren Glaudini



Lynnette Goin
Pam Gold
Tina Goldiano
Finlay Gow
Stephanie Graham
Christopher Gray



Heidi Gray
Julie Green
Kristen Greggersen
Cathleen Griffin
Roxanne Griffin
Ralph Grosso

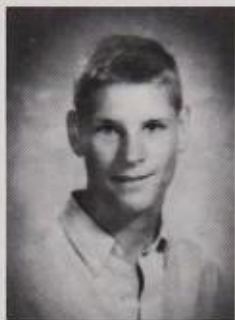




Gayle Gundersen
Shalesh Gupta
Isaac Guzman
Randal Hacker



Debra Hagerty
Christopher Halbert
Erik Halbig
Greg Hallaian



Douglas Halpin
Tim Hamdorf
Donna Hardin
David Hastie



Kelli Hawkins
Mary Jo Hawkins
Darlene Hawks
Tina Haycox



-Ensigns Take Charge-

Michelle Levitt, upper left, smiles with glee as she quenches her thirst by drinking a refreshing cup of Coca-Cola on a hot day. **Scott Saxon**, left, nearly puts his finishing touches on his creative composition which he must finish in his English class. **Julie Green**, above, quickly gets to her locker after sixth period, then rushes to cheer practice to work on the routine which they are performing in Florida.

"I like the people here at Los Al because they are so friendly."

-Mike Moore

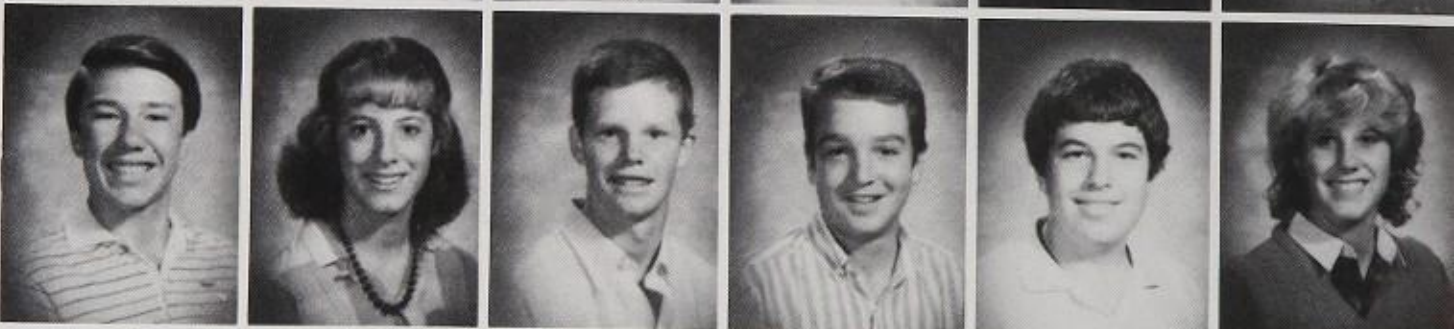
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Tanya Hemming
Shanna Hemmings
Julie Herbert
Mike Hernandez



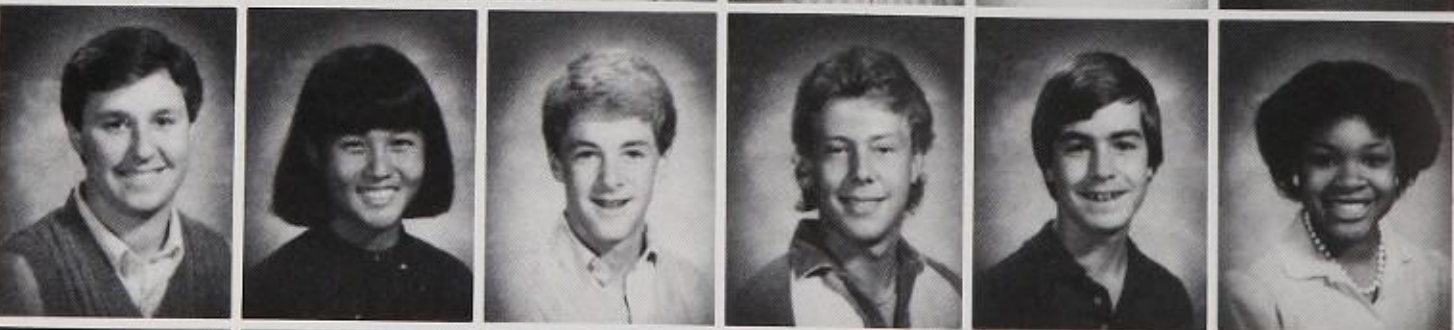
Elise Herning
Carolyn Hess
Scott Hoffman
Karen Holstein
Judy Holzgang
Robert Hood



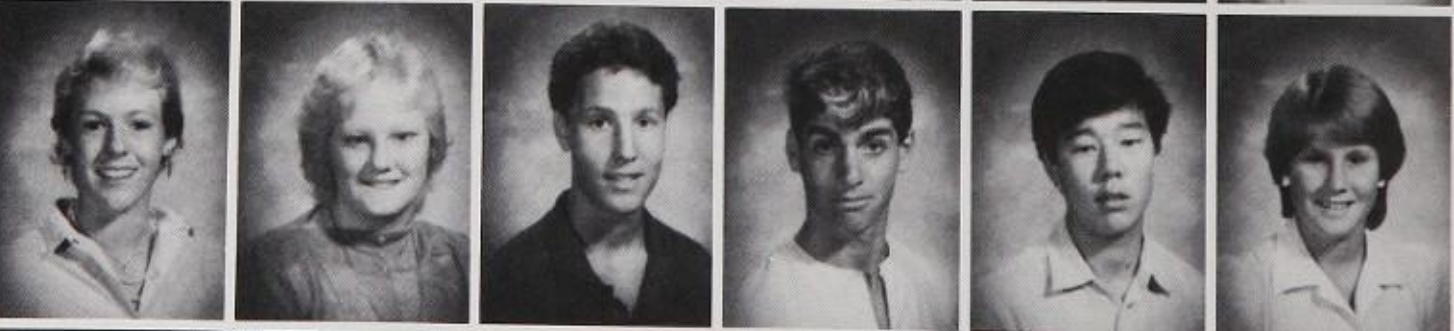
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Heather Hoppus
James Howard
Steven Howard
Albert Howe
Christy Howe



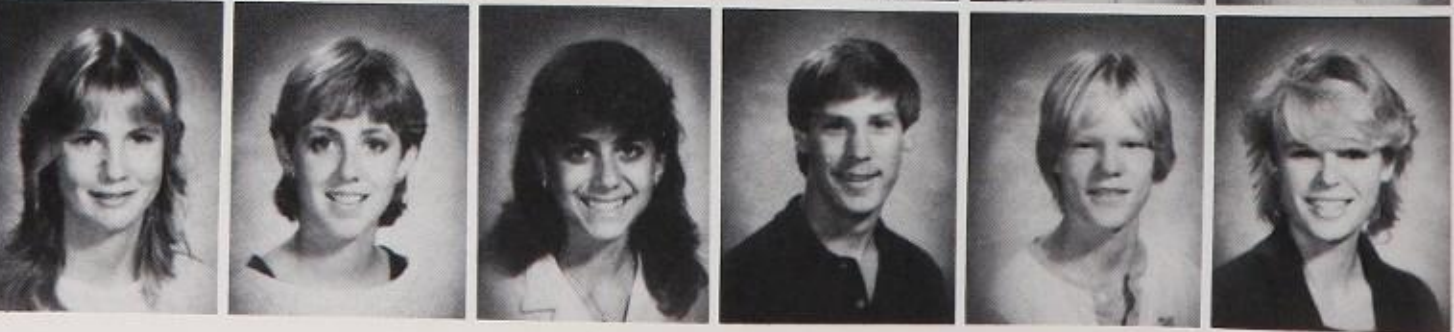
John Hrbacek
Erica Huang
Michael Hudson
Darrell Huff
Paul Huff
Danita Humphrey

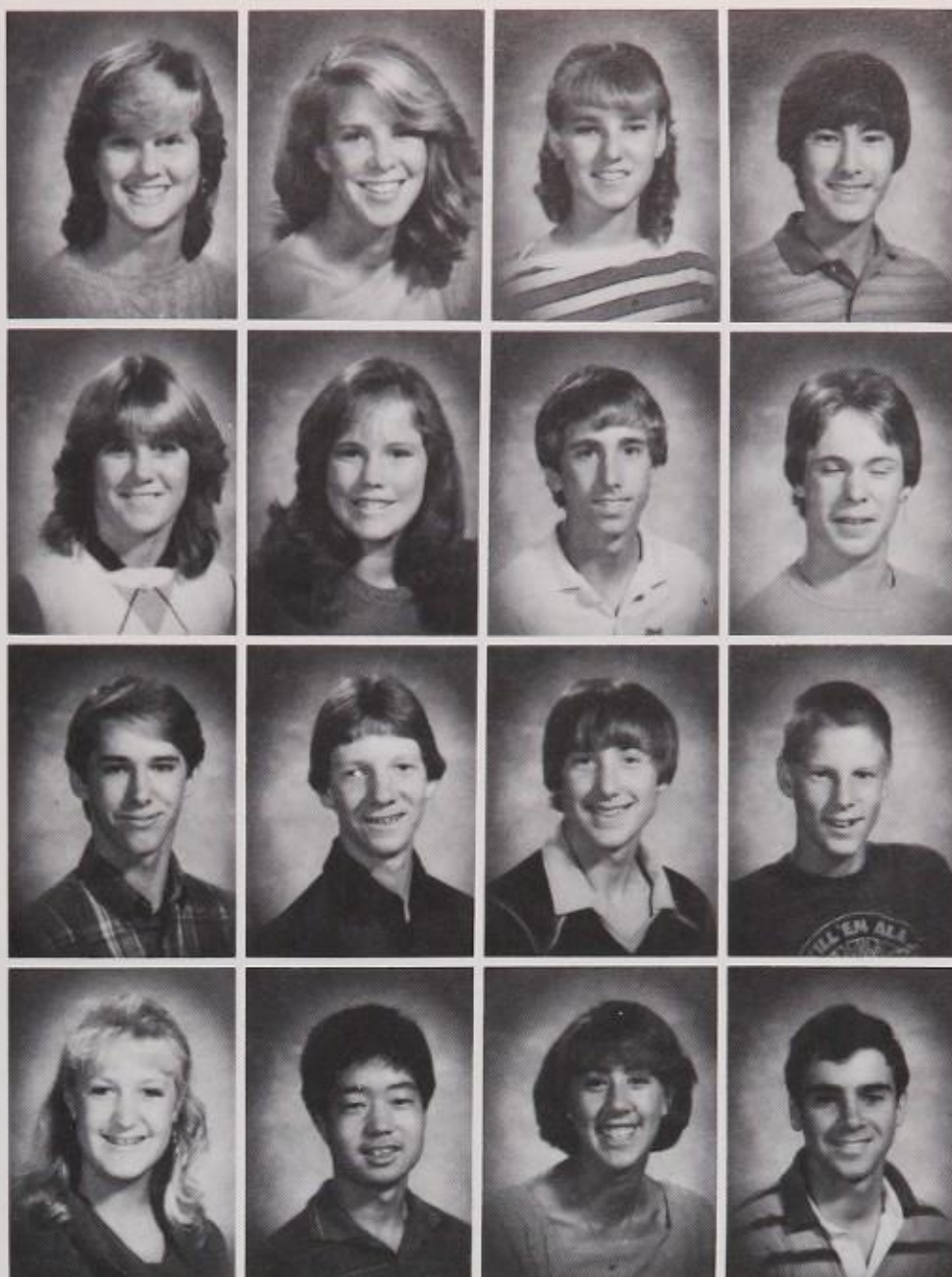


Rebecca Hutcheson
D'Ann Hynd
William Inman
Glenn Inskeep
Gary Iwakoshi
Lori Jack



Kristen Jacobson
Lisa Jacobson
Shahana Jassamree
Kevin Jeanotte
Thad Jenkins
Victoria Jenkins





Catherine Jenner
Kristen Jensen
Cynthia Johnson
Deron Johnson

Julie Johnson
Kristen Johnson
Mark Johnston
Zach Jones

Ray Jordan
Robert Jordan
John Jost
Darrin Jury

Lisa Kanasi
Glen Kaneko
Lisa Kaplan
Robbie Katzaroff



— Mates Smile —

Kelli Hawkins, upper left, strolls to lunch thinking about all the upcoming events in drill team. **Kristin Popil**, lower left, sits in amazement watching all the people walking by. Sitting in the traditional circle of friendship, the Eyes on L.A. **Lauren Omohaundro**, **Andrea Barrows**, **Wendy Orr**, and **Maren Kussler** eat lunch near the cafeteria.

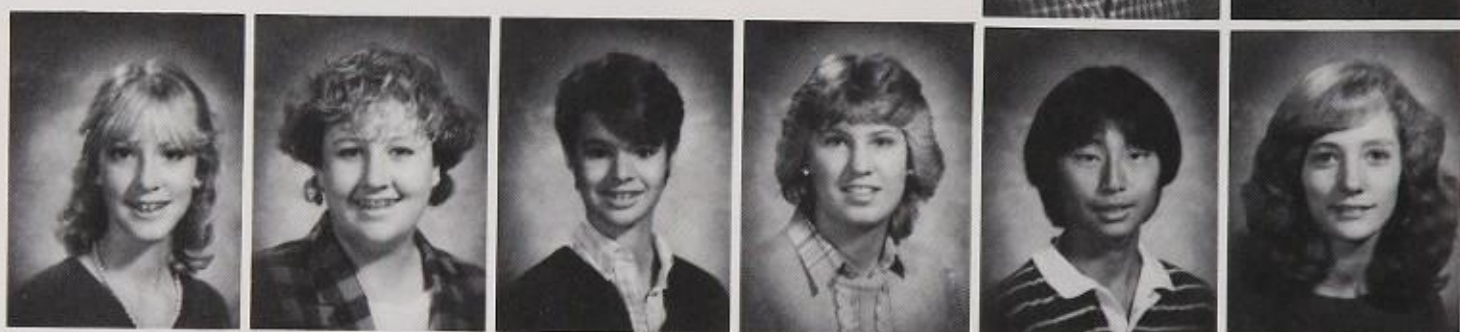
"Los Al is special to me and it is a place that I enjoy going to."

-Stacy Burris

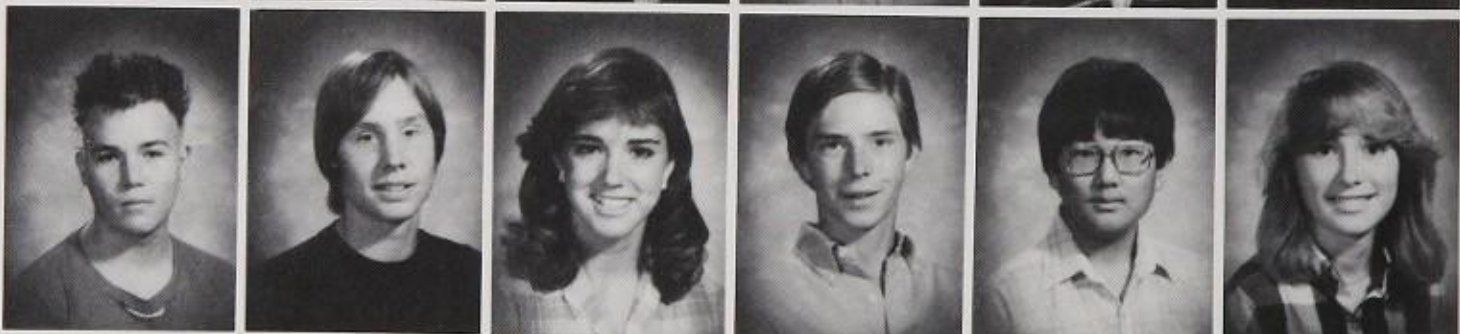
Patrick Kearney
Chris Kefalas



Kristin Kelder
Cari Keleman
Shana Kellman
Lisa Kelsey
James Ken
Danielle Kennaugh



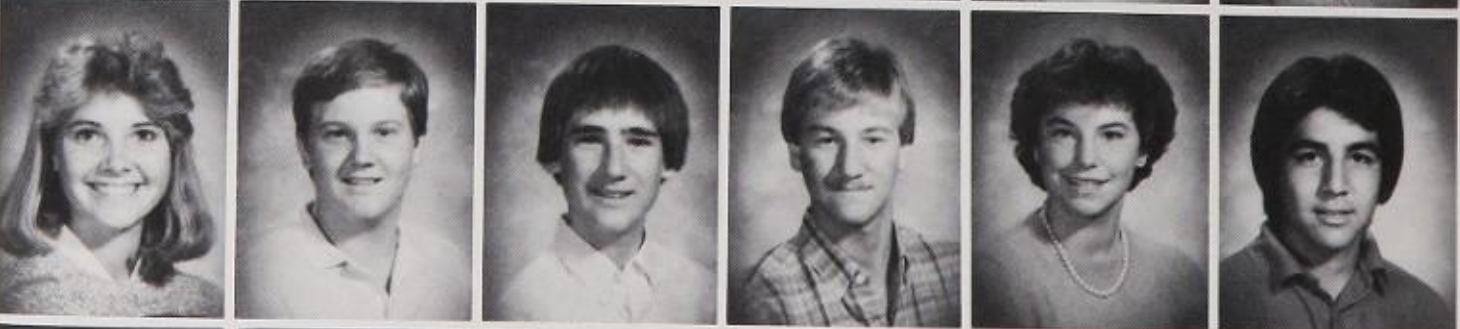
Shan Kenner
Stuart Keplar
Laurel Kergan
George Kerns
Eliot Kiang
Amy Kiikka



Jamie King
Marcia Kingsbury
Jeff Kinney
Keith Knittle
Evan Kunst
Maren Kussler



Kerry Kyle
Tim Lamance
David Lamb
George Lambrakis
Elisa Langsam
Paul Lansky



Timothy Larntz
Sandra Larson
Devin Last
Kevin Law
Diane Lawrence
Lance LeCompte





David Wilson looks up after drawing the structure of a chair. After drafting he will attempt to make his very artistic wooden design.



Stopping between classes, Kelli Hawkins and John Hrbacek share a lovable hug. This shows how caring friends really are at Los Al.



Gerard LeDoux
Janet Lee
Robert Leff
Ann Leonard

Michele Levitt
Kam Lewis
Karen Lewis
William Libby

Jana Lifshin
Geoffrey Lindell
Lara Listavich
Rodger Little

Gary Loe
David Loepke
Sheryl Long
Leoma Lovett

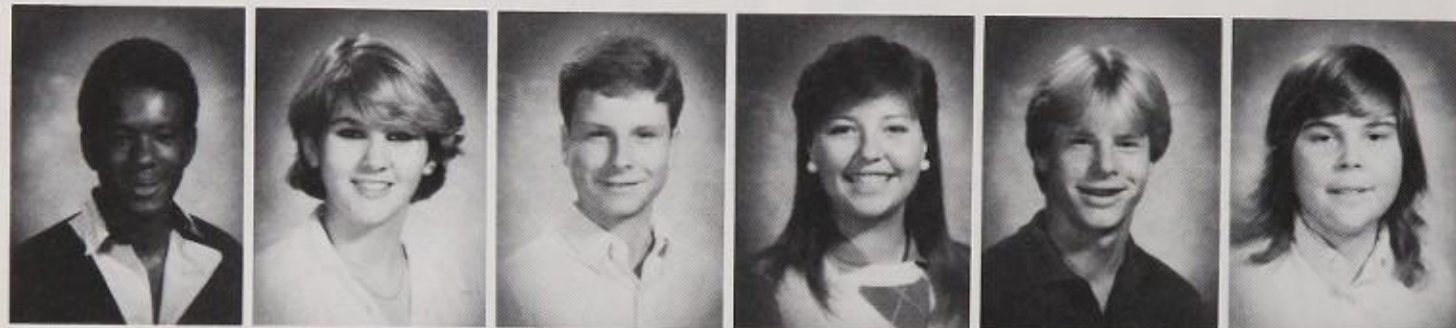


Working hard in their art class, Don Moore and Joe Faragi design their own pictures. Los Al includes many very creative students who enjoy drawing and using their artistic skill in many ways.

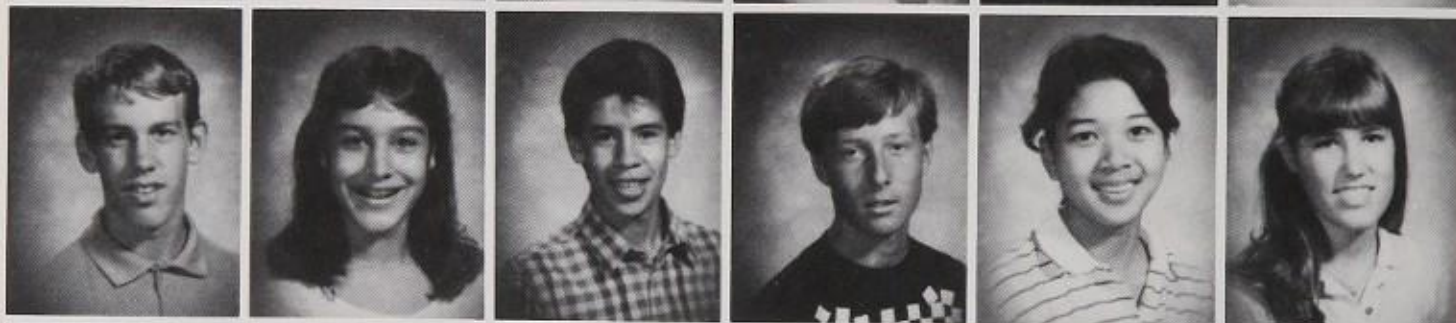
"My school is a large part of my life and we should take pride in it."

-Mark Wolfe

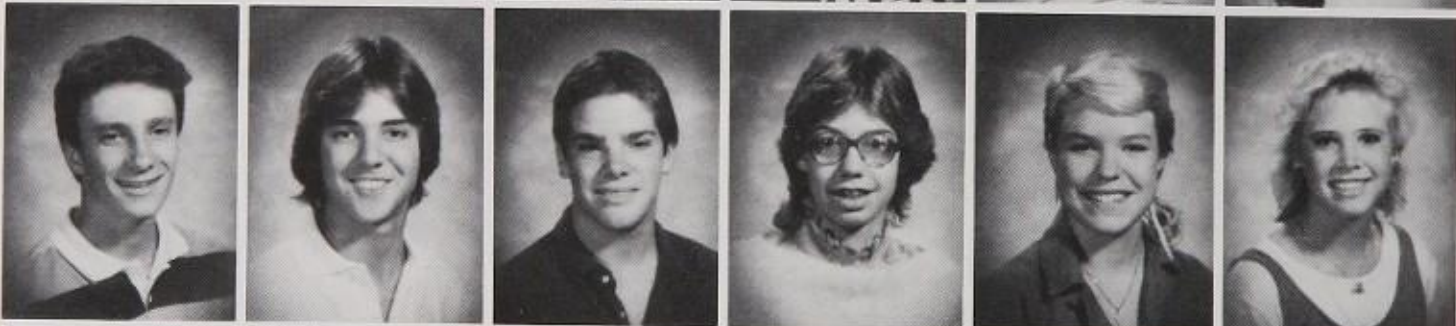
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Susan Lynsky
Gregory Lyons
Michelle Lytch
Joseph Machnik
Marisa Macris



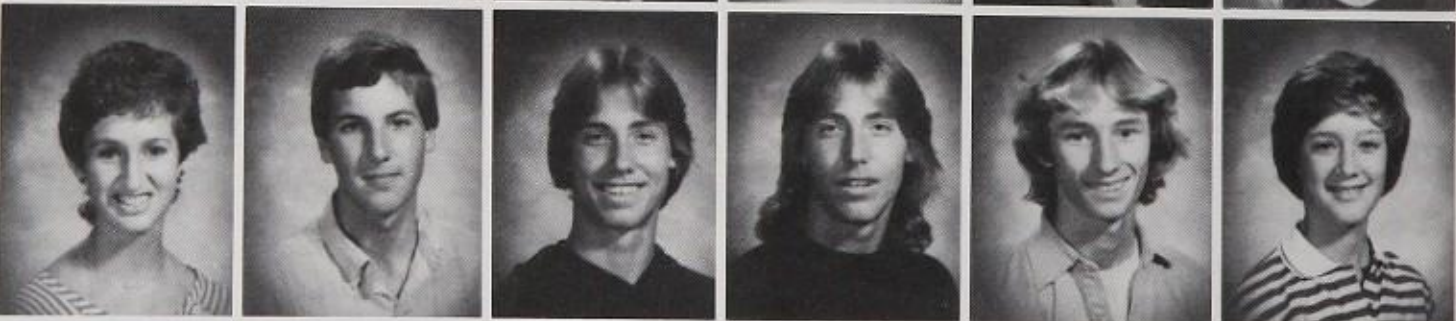
Phillip Macy
Karyn Maestas
Mark Magana
Michael Maggard
Thida Mahasucon
Meri Malohn



Steven Mansfield
Paul Mansinon
Nicholas Marrick
Janine Martin
Kimberly Martin
Melissa Martin



Christina Martinez
Michael Martinis
Michael Massingill
Paul Massingill
Glen Mattis
Jan Maulhardt



Deborah Mayo
Mary McCartney
Matt McGann
Patricia McGlathery
Debra McIntyre
Chris McKernan



Andrew McMahon
Kenneth McNamara
Joni McPharlin
Matthew McSheehy
Emilio Medrano
Eric Mellencamp





Renee Menard
Michael Menear
David Metzger
Sheri Millar

Kim Mirsoltani
Anne Mock
Brian Molles
Wendy Montierth

Maureen Montroy
Don Moore
Mike Moore
Michelle Morford

Richard Morgan
Cynthia Morin
James Morris
Eddie Moss



- Out Of Class Fun -

Dana Siegal, upper left, walks to class late again, while Sabrina Tifrit and Sheri Millar, middle left, goof around between classes; "Just having fun," they say. At a school dance, Jody Crum and Michelle Stoll, left, show off the latest fads and the latest dances. Quickly trying to get to class, Glen Reasback, above, hurries along to his foreign language room, laughing about the person in front of him who just told him a shaggy dog story.

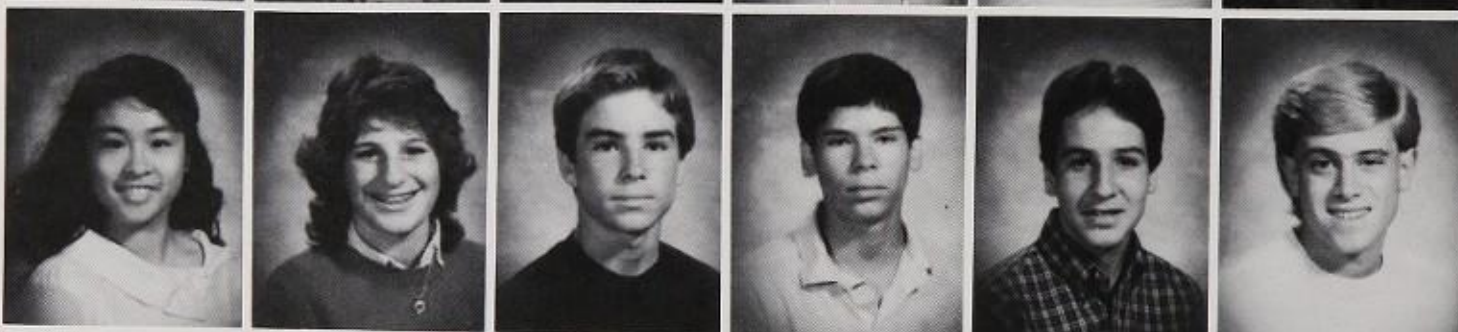
"Spirit means joining a T-shirt club and having a good old time."

-Anne Sterling

Steven Mucciario
Missy Munsterman
Kenneth Murai
Karen Murray
Tara Murray
Diane Myers



Naomi Nafarrete
Deborah Namm
Derrick Napoles
Robert Napoles
Carmine Napolitano
Matthew Nesbit



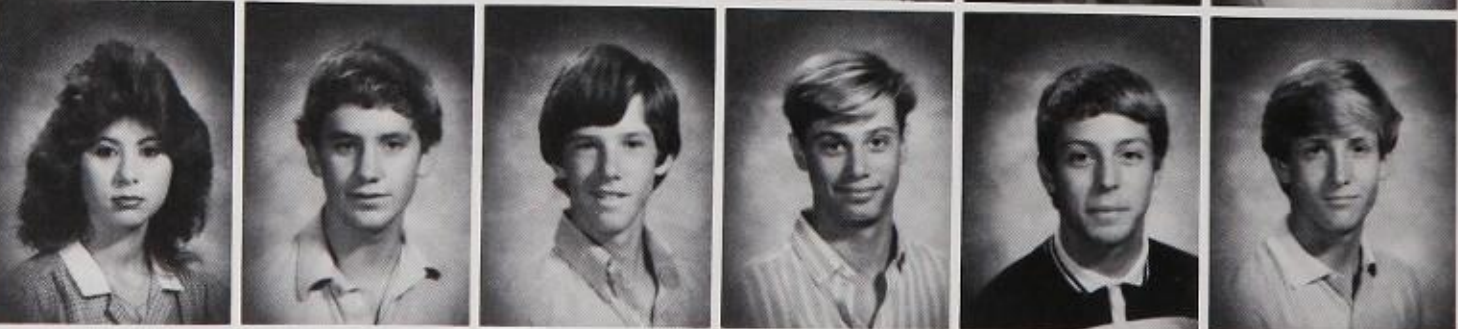
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Cheri Nichols
Thomas Nockold
Kent Nordstrom
Timothy O'Donnell
Sheri Olrich



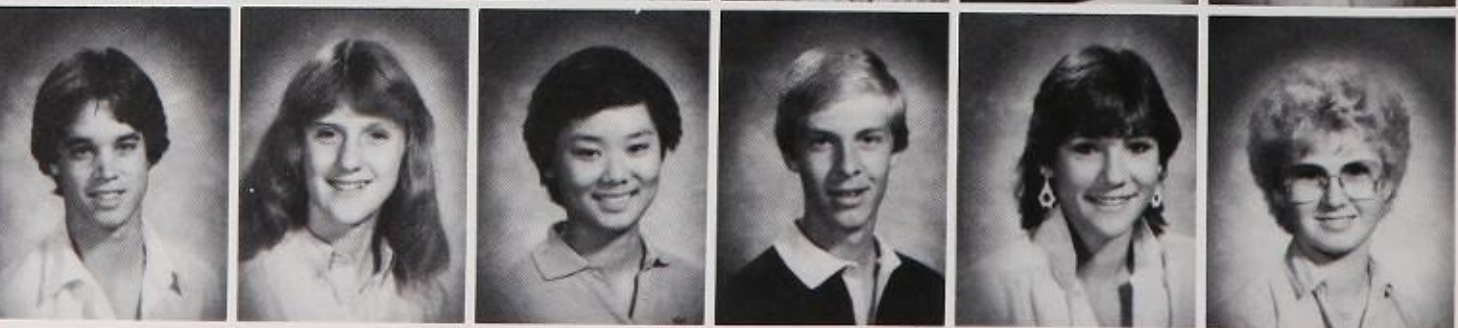
Bradley Olin
Carrie Oliver
Tommy Olszewski
Daniel Orme
Wendy Orr
Veronica Orrick



Martha Ortiz
David Orvis
Phillip Ottone
Jeffery Overstreet
John Page
Randolph Paine



Aaron Palagruti
Linda Palmer
Jeannie Park
Todd Paulos
Kathryn Pearson
Lise Pederson





Jeannie Pekelny
Kathleen
Pellegrino
Brooks Peters
Rhonda Peterson



Timmy Petigrew
Jennifer Phillips
Jennifer Phillips
Michael Pilatos



Kristin Pipal
Cindy Pittsey
Cathy Poe
Tommy Poe



Shannon Polacek
Stephan Porras
Kathy Pound



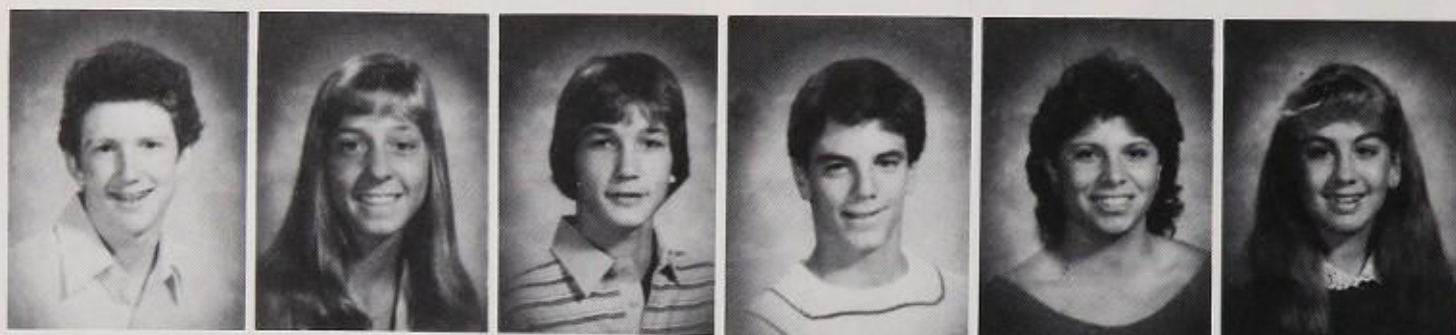
— Spirit Spectaculars —

Yawning tiredly, **Dina Reyes**, upper left, dressed in her Spirit Week pajamas, is on her way to lunch. **Mike Asher**, lower left, shows off his winning empty pie tin after eating an entire banana cream pie. **Jeannie Allard**, above, is a member of the Sophomore Scandals. She shows her spirit by attending the powder puff football game on the last day of Spirit Week.

"Los Al to me is a place like home, where
you are near people who care."

-Illina Alanes

Richard Powers
Suzann Pray
Andrew Proglia
Jonathan Prussel
Stephanie Pszyk
Angela Puhl



Scott Raber
Mike Rahban
Mariaelena Rathke
Debra Rattner
Bradley Rawls
Glenn Reasbeck



Ashley Reekes
James Reich
Brenda Reidy
Andrew Remnet
Larry Reinking
Brian Reno



Dina Reyes
Greg Reynolds
Robert Rhyu
Oscar Ribadeneira
Robin Risling
Eddie Roche



Rachelle Rodriguez
Kevin Roe
Steven Rogers
Yvette Rojas
Sandi Romero
Carla Rosenfeld



Kevin Rothery
Hillary Routt
Samuel Rudolph
Ana Ruiz
Tom Sanders
Meg Sanregret





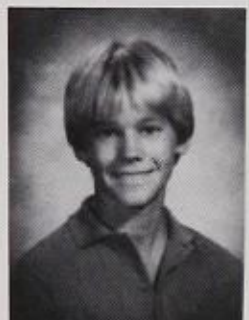
Kurt Sava
Anne Sawyer
Scott Saxon
Michelle Sayers



Andrew Scheiner
Gregory Schenk
Mark Schmitz
Wendy Schwantes



Michelle Scott
Shareen Scott
Bradley Seligman
Michelle Shahon



Robert Shanaberger
Carole Shane
Carolee Sheets
Kelley Shiflett



— Los Al At Its Best —

Just after finding out that he received an A on his test, **Bill Smith**, upper left, grins over his accomplishment. Hoping to do the same, **Sheri Millar**, lower left, proofreads her composition before writing the final draft. With career reports due in just two days, **Chris Skeber**, above, concentrates on the nursing profession.

"People at Los Al are open and friendly.
They really care about you."

-Chris Ehler

Leonid Shinder
Jason Shook
Kathryn Sickel
Scott Sickler
Dana Siegel
Cathy Siler



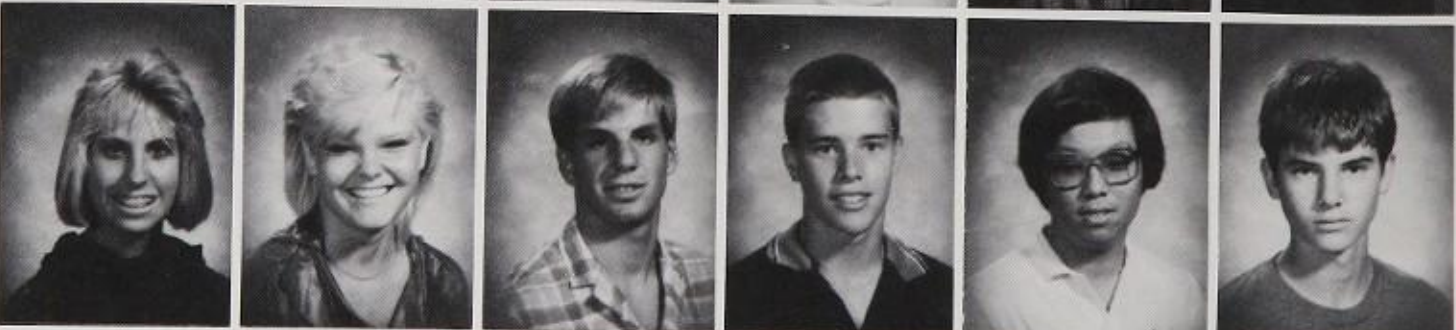
Chester Silvers
Stacey Simonds
John Simundza
Barry Sinclair
Joel Singer
Julietta Sipprelle



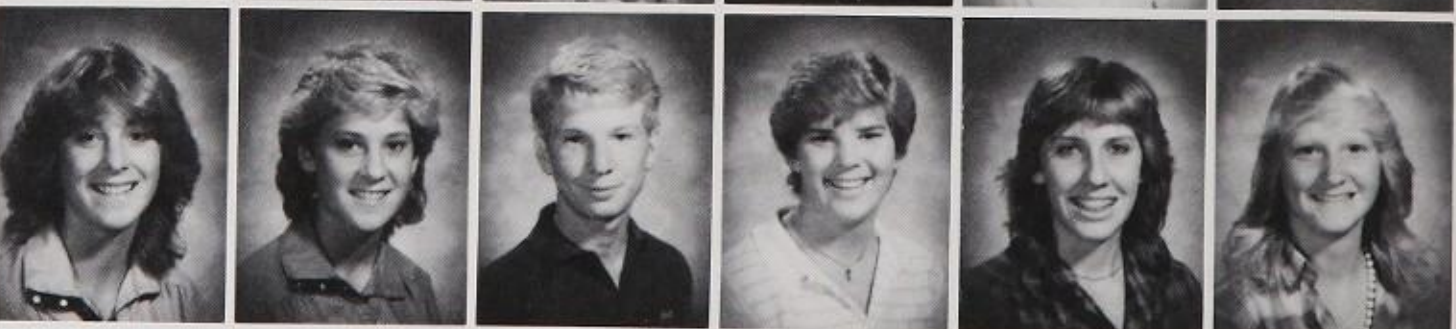
Darilyn Sisemore
Deborah Sittler
Kristin Skeber
Brian Smith
Darren Smith
Kevin Smith



Leigh Smith
Pam Smith
William Smith
Jack Snow
David Sohn
Douglas Sparkes



Kathy Spiegel
Kristy Spiegel
Adam Spizer
Janan Springer
Tania Stahl
Heidi Stauch



Scott Steinberger
Ann Sterling
Tracy Sternin
Tina Stevens
David Stewart
Eric St. Martin





Kenneth Stockwell
Michelle Stoll
Tracy Stowell
Deborah Straub



Lance Stumpf
Lori Sullinger
Gillian Sullivan
Kristine Sullivan



Michael Summers
Steven Swagel
Julie Swanson
Thomas Sylvia



Athanasia Syrengelas
Konstantino Syrengelas
Tam Ta
Michael Tamares



Ensigns Take Charge

Reading a very interesting book, **Marlo Assad**, upper left, tries to explain the plot to friend **Tricia Everson**, before she has to go to drill team practice. **Jennifer Brown**, middle left, looks over her assignment in her business class so she will not make mistakes. **Carol Shane**, left, attempts to complete her English worksheet before the bell rings so that she may join the Homecoming activities at lunch. **Gary Covington** and **Gene Blackmun** glance over at the activities, behind the MPC, and contemplate joining them.



"School is a place where you can meet new friends."

-Stephanie Graham

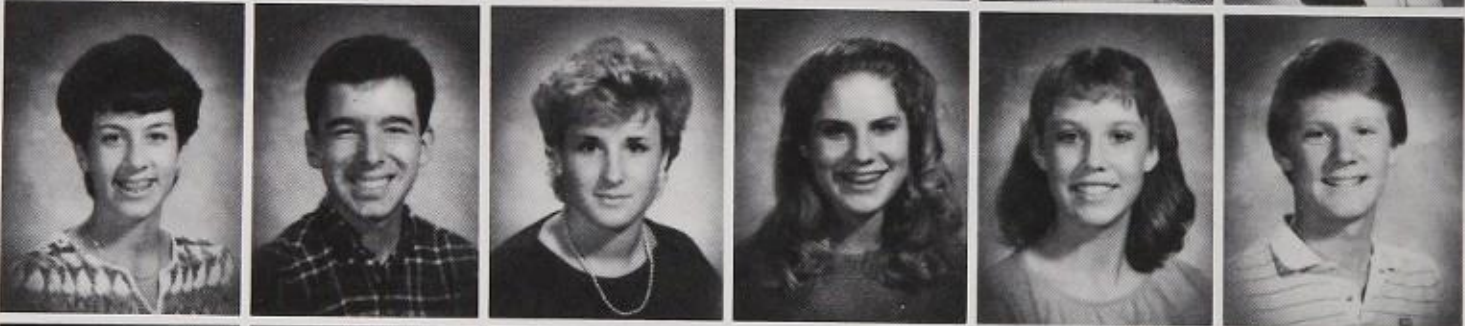
Chris Theodore
Deborah Theriault
Sabrina Thomas
Sonia Thomas
Sabrina Tifrit
Todd Tischler



Mike Torquato
Marc Trachtman
Robert Trice
Traci Trombino
Richard Truett
Mylinh Truong



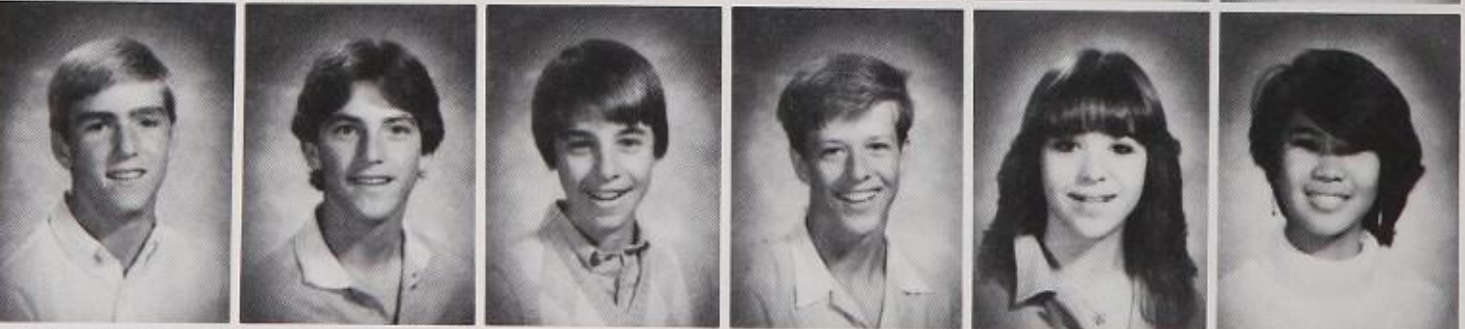
Gina Turi
Christian Vesper
Theresa Viska
Brenda Voorting
Dana Wadleigh
Robert Walker



Grace Wang
Nancy Wang
Jill Warino
Paula Wasikowski
Diane Watson
Bradley Weaver

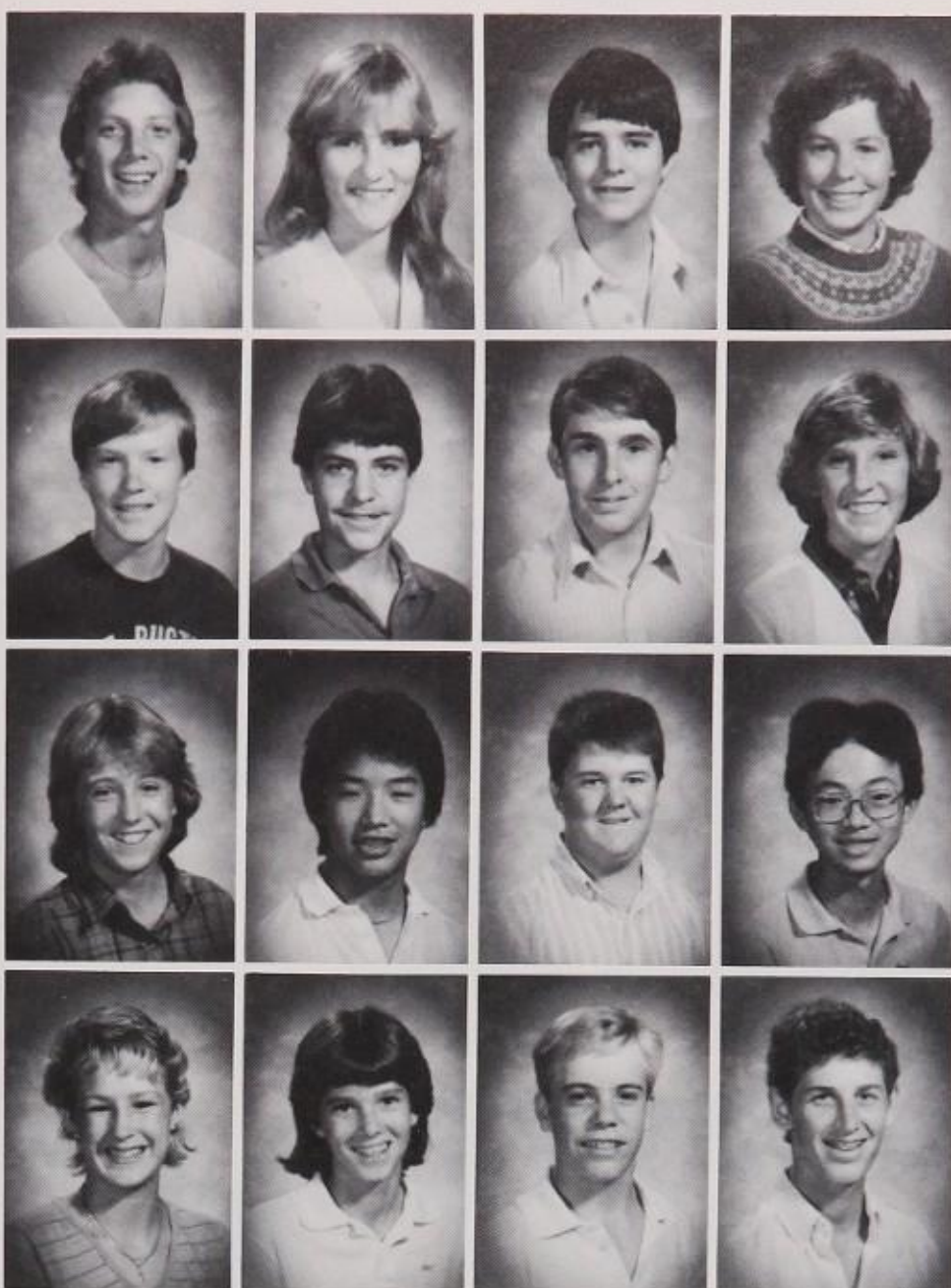
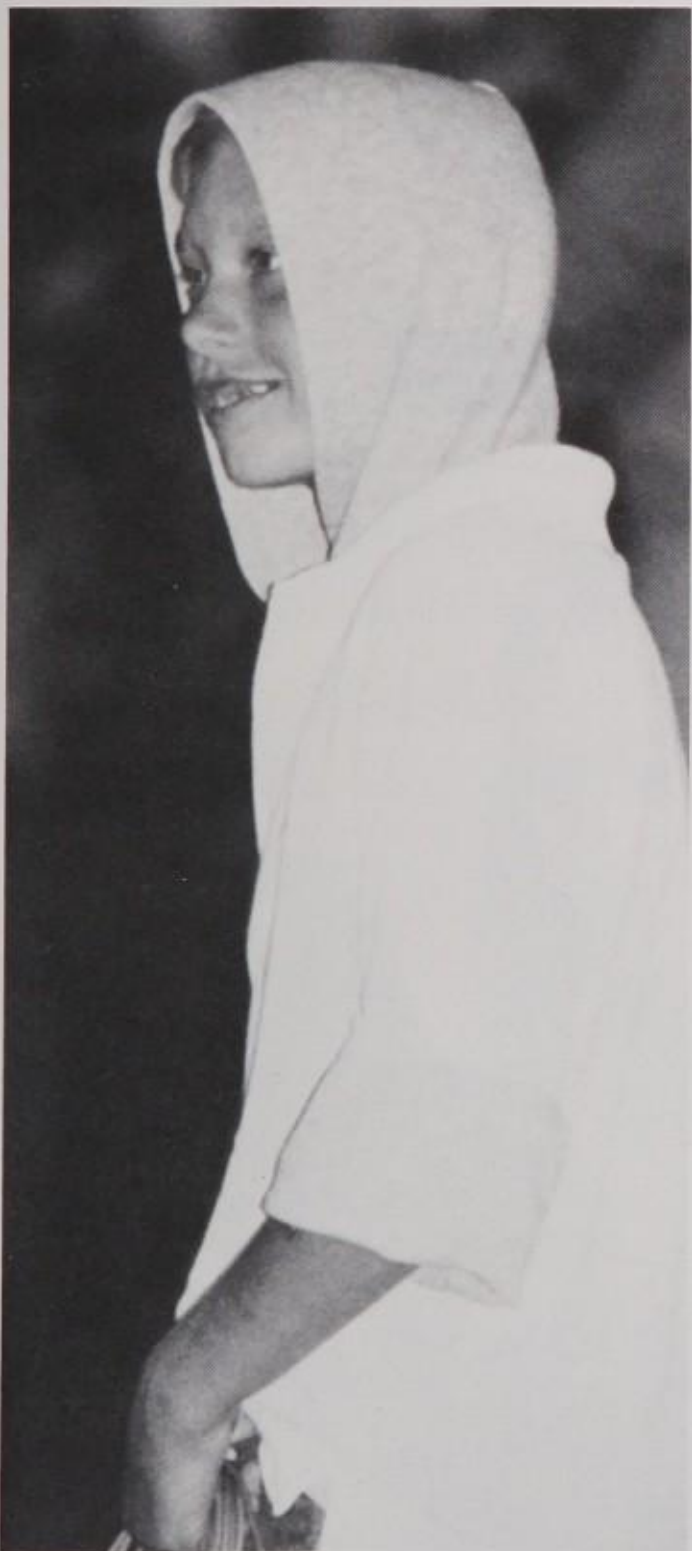


James Weber
Joel Weiss
Mike Wellington
Scott Welsh
Nicole Welsh
Noreen Wenjen



Natalie Wenz
Michael Wheeler
Joy Whitney
Deborah Wieseler
Stacey Wilford
Jeff Willis





David Wilson
Mary Wilson
Peter Wilson
Kathryn Weitovich

Lawrence Wolf
Mark Wolfe
Malcolm Womack
Melanie Wood

Cathy Woods
Stuart Yeh
Craig Yockey
Roger Yoh

Kristen Zendt
Carolyn Zerwick
Christian Ziegler
Jason Zommick



Ship Mates Smile

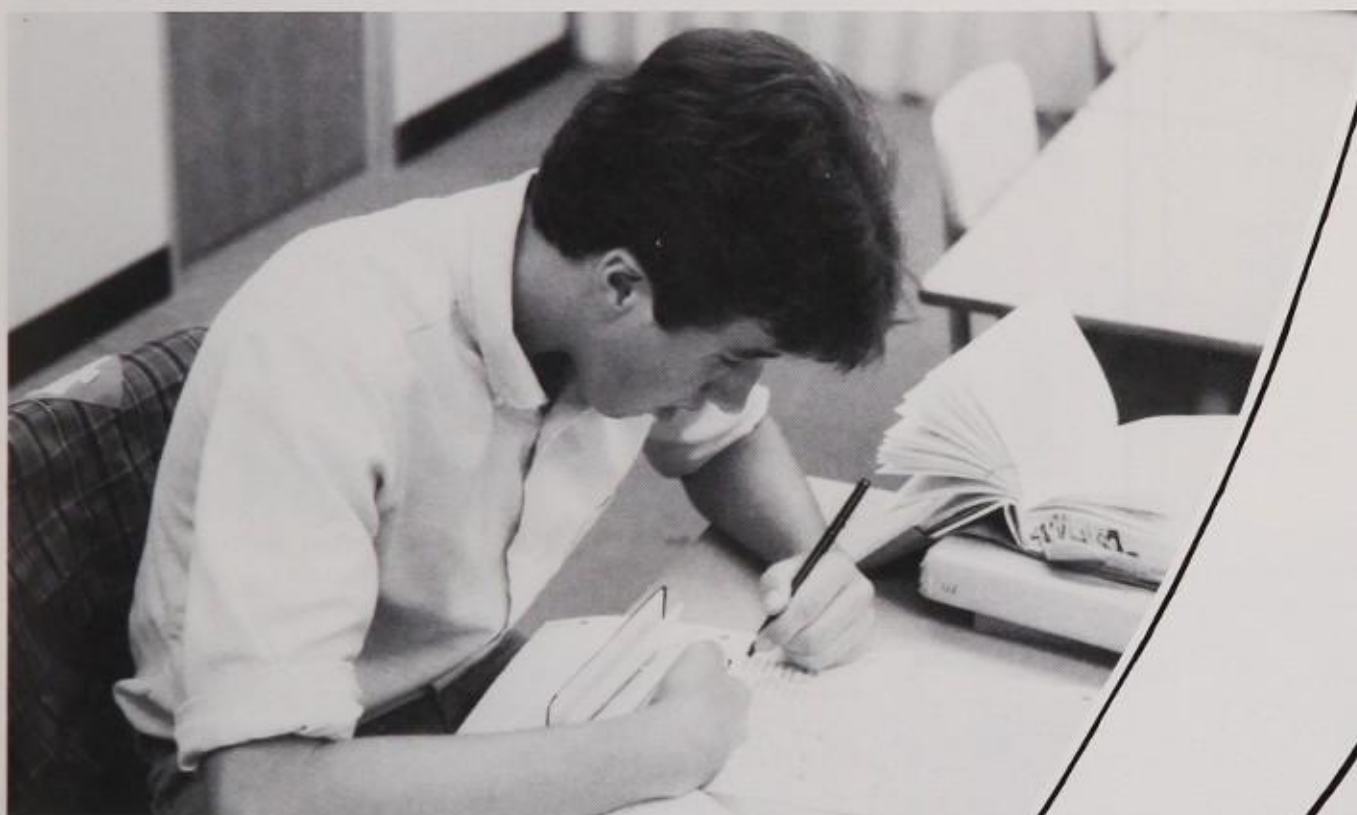
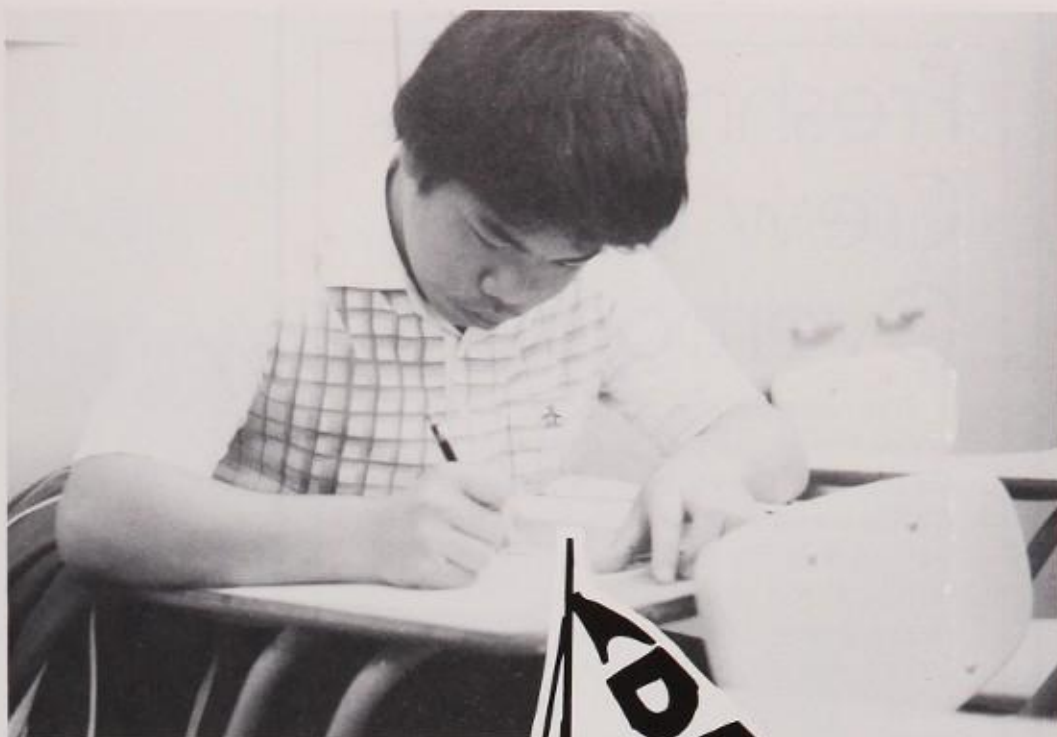
Daydreaming during a class discussion, upper left, **Brooke Burtzell**, worries about her drill team tryouts today, while **Derric DuBourdieu**, middle left, smiles as he looks out on the football field and sees that we are winning. Derric helps manage the varsity team because he is on the sophomore squad. Class goof-offs **Jim Weber**, **Tracy Sternin**, **Scott Welsh**, and **Darryl Baker**, above, laugh between oral drills in their foreign language class.



The freshman cruise provides new experiences for its deckhands. **Lenny Fontanez**, upper left, **Ann Marie Hagmann**, upper right, **Wendy Poe**, lower left, **Lisa Perles** and fellow freshman, lower right, all give examples of first year activities. For most students their freshman cruise is filled with excitement and apprehension. The excitement of finally being in high school provides new experiences. Sometimes it's a little bit scary to leave everything that is familiar but most freshmen soon claim Los Al for their own. By the end of the cruise freshmen are well adjusted.



Kim Fuelleman studies a bulletin board that will help her with a composition assignment. Deckhand **Wei Chang** works hard to broaden his horizon in English class.



Randy Hines attempts to complete his assignment in class so he won't have it for homework. Randy is good officer material.

Steve Irwin and **Greg Irwin** participate in the pledge of allegiance during first period. They are obviously identical twins and enjoy fooling everyone by looking so much alike.



DECKHAND



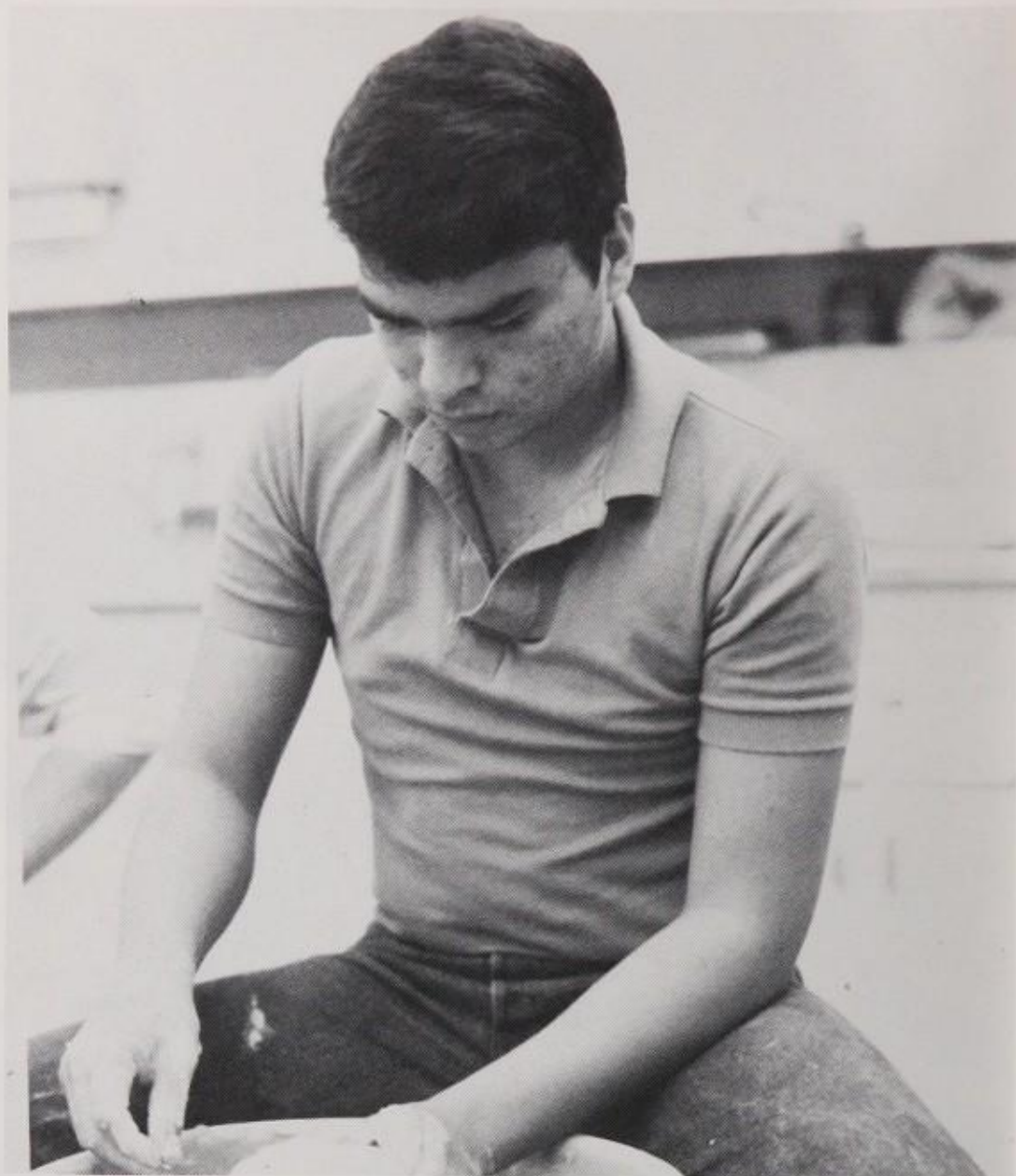
Tom Foden and **Mike Godoy** spend their lunch period in the library. The library provides a refuge from bad weather and a noisy campus. It's a place to do homework in a social atmosphere.

Freshman Crew Goes Overboard

The new deckhands on our ship, under the leadership of Class President **Grant Van Cleve** and Vice President **Kathleen MacKay**, managed to survive their freshman year at Los Al. Although the class of '87 had few responsibilities after leaving their middle school, the new members of the student body soon found themselves involved in almost more than they could handle. They were introduced to new activities, clubs and sports and had to adjust from a seven period day to six, which was more than welcome.

The life of a freshman can be quite grueling at times. They faced the challenges and issues of living in a more mature world and finally being a high school student. A little unsure of themselves at first, their new friends in the upper classes helped them to breeze through the year.

Achieving all of these accomplishments means smooth sailing into their sophomore year.



Trying to transform a slab of clay into a beautiful bowl is **Jason DePina**. Jason is a very outstanding student in his fine arts class and is a proud member of Los Al's Freshman Class.



Grant VanCleve-Freshman Class President



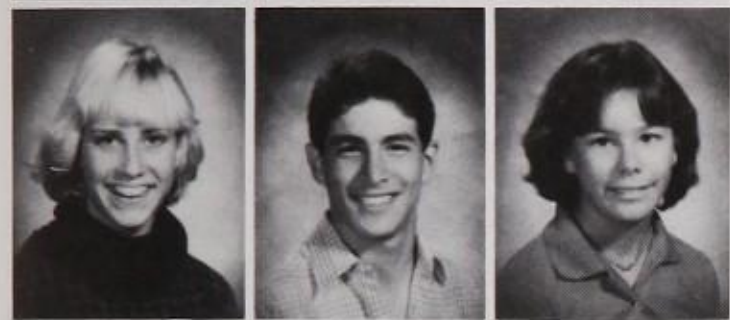
Kathleen MacKay-Freshman Class Vice-President



Stanley Abrams
Mellisa Acosta
Walter Acosta



Kelly Agosta
Danny Allard
Edward Allen



Kimberly Allen
David Alvarez
Joelle Anisman



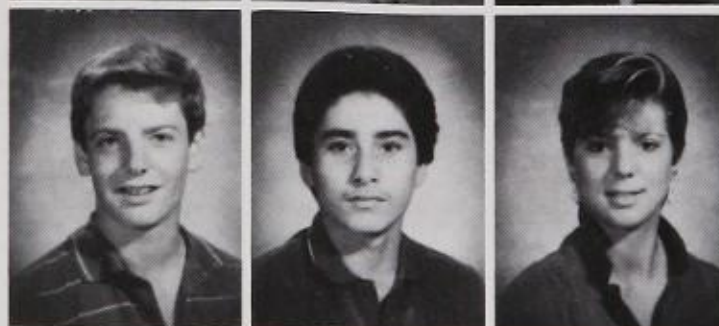
Daniel Archuleta
Pamela Armstead
Lynne Arnold



Looking up from her work, **Kelly Harris** shows with a smile that she is confident with the time and effort she put into her composition.



Levon Arslanian
Charles Ashley
Chris Avery



Mike Baker
Elias Barba
Sophia Baron



Diana Barrientes
Jennifer Batey
Kathy Bell

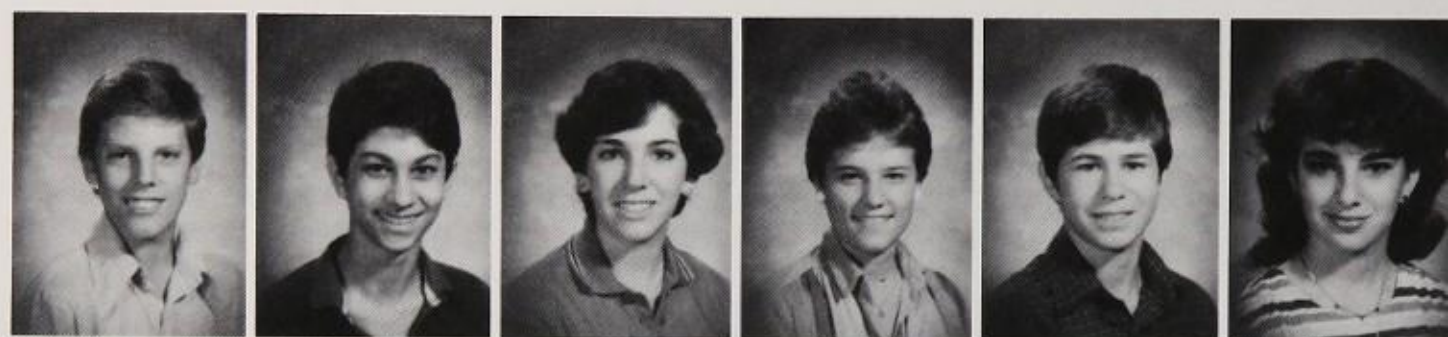


Yvette Belshe
Kirk Bender
Joshua Bennett

"Los Al is so special because
it's so exciting and everyone's so nice"

-Kim Allen

John Berg
Payman Bidari
Jannis Billon
Shana Binder
Keith Bird
Michelle Birdsall



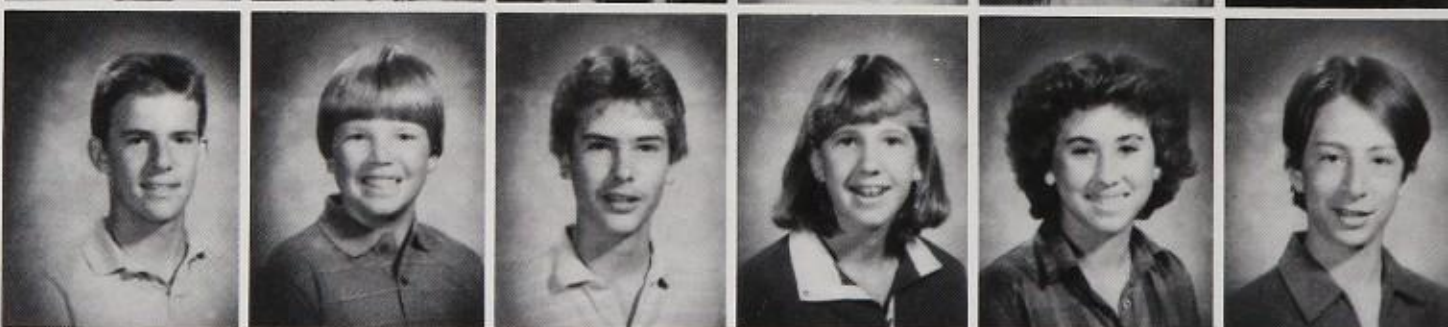
Craig Black
Keith Black
Mara Bloom
Lisa Boardman
Tami Bolton
Robert Book



Beatrice Bourdy
Laura Bowen
Carmen Briseno
Cameron Briggs
Yolanda Briseno
Kenton Brooks



Blake Brown
Marc Brown
Richard Browne
Shannon Bruce
Karin Buhler
Paul Bunch



Anne Marie Buonocore
Kimberly Buttrick
Jenni Buys
Shelli Byrd
Maria Camarena
Christin Caburian



Kelly Callaway
Todd Campbell
Rudy Cano
Nydia Carbajal
Anne Caraisco
Julian Carroll





Angela Carlsson
Alexander Carpenter
Joseph Carpentier

Erica Carroll
Thomas Caruso
Staci Cash

John Caudillo
Alison Chafe
Shelly Chandler

Wei Chang
Douglas Chapman
Adrianne Chavez



— Frosh Write Comps —

Having good reading and writing skills is important and students frequently find extra time to brush up on their abilities. Re-checking her work, **Beatrix Bourdry**, upper left, carefully reads over her character sketch. Many of Los Al's English students excel in composition and research, but most find it fun just creatively writing their own thoughts. **Gail Chekouras**, left, reads the morning bulletin, while **Kim Fuelleman**, lower right, scans the poster on the bulletin board to update her study of short stories in first semester English. Kim's favorite story of the unit was "The Electric Grandmother."

"My first impression of Los Al
was 'This place is HUGE!'"

-Greg Kuhn

Gail Chekouras



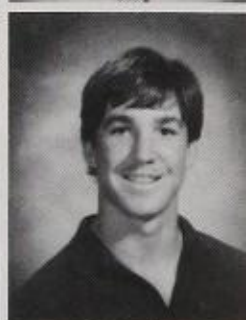
Anna Chen
Katherin Chen
Diana Cheng
Candice Chesebro
Nancy Clark
Lynne Clissold



Chris Codik
Tanya Cohen
Michael Cole
David Combs
Misty Conrad
Allison Cook



Julie Coontz
Carla Coppola
Jeff Cosby
Ronna Coulter
Jaime Coultice
Scott Crenshaw



Gary Cunneen
Lara Cunningham
David Cutler
Michael Damato
Sandi Daniels
Candy Day



Terence Dean
D'Andrea De Forest
Chris Degregory
Chuy Delamora
April Delaney
Cynthia Deleon



Michelle Dematteo
Peter Deneff
Jason Depina
Diane Devine
Jiti Dhillon
Preet Dhillon





Field Dazzle

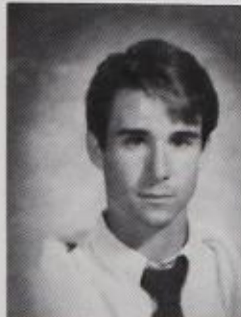
Extra-curricular activities play an important part of a student's academic success. It is important that he maintain his good grades as well as being involved in school. **Tom Williamson**, below, displays his Griffin pride as he participates in the Homecoming Pie Eating Contest. Tom is a member of our freshman football squad. **Kristi Garman**, right is involved in Homecoming activities as she wears her favorite pajamas. Kristi anticipates her performance, as a roll flag, at the Homecoming Game. **Stacie Hawthorne**, lower left, is a first year member of Los Al's drill team. She hurriedly attempts to finish her homework before performing at the football game.



Frank Dick
Joseph Dillon
Gary Dingillo



Carla Dismukes
Tim Dodd
Melissa Donald



Joseph Donaldson
Jill Downes
Janet DuBry



Rochelle Ellwell
Jenny Emmert
Traci Engel

"Just being here
makes Los Al special to me."

-Jason DePina

Curtiss Engleman
Robert Ernst
Shannan Evans
James Everett
Anne Faircloth
Hugo Fajardo



Timothy Fatone
DeeDee Fiebert
Casey Fierce
Panapa Finau
Mark Finkenhagen
Scott Finnegan



Treg Finney
Scott Fitzgerald
Suzanne Fitzgerald
Karen Fluegel
Thomas Foden
Jeremy Folds



Leonard Fontanez
Thomas Foster
Kim Forry
Reed Fournier
Kimberly Fuelleman
Scott Fullerton



Regina Furiani
Carl Gaede
Kelly Gallagher
Loraine Garcia
Nancy Gardiner
Kristi Garman



Catherin Gaw
Lauren Gershon
Nicholas Gianformaggio
Simone Gilon
Victoria Ginther
Alan Gitlin





Mike Godoy
Elyse Goodman
Cynthia Gordon

Michelle Gottlieb
Susanna Grote
Stephanie Graham

John Grajeda
Derek Gregory
Malini Gupta

Susan Guthrie
Kristen Guzman
Ruth Gutierrez



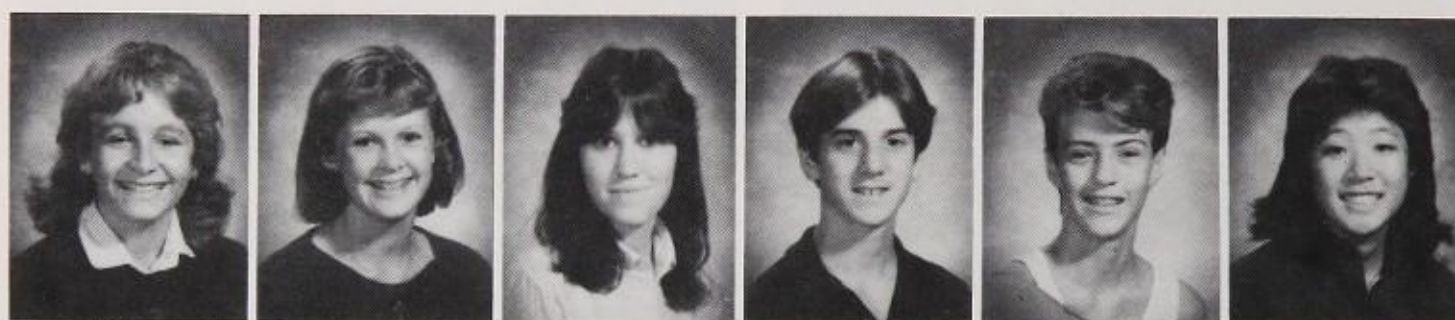
— Frosh Take Leave —

Sitting quietly in class is easy, but when the teacher calls on you it is time to look alive. **Tanya Cohn**, above, waits for the right time to let her teacher know she has the correct answer. **Kellie Matheney**, lower left, takes a short break from working on her **Romeo and Juliet** project due before winter break. Enthusiastically performing with Griffin pride, Colorguard member **Heidi Grey**, upper left, shines in her final field competition of the year. Heidi anticipates the upcoming festival season and competing at Miss Drill Team USA. She is a very promising first-year member.

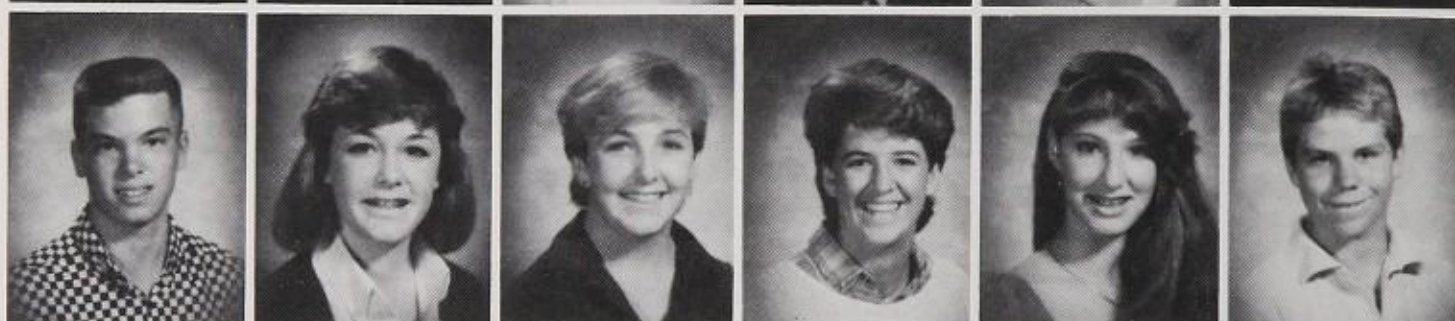
"I think Drama Club
is really neat and interesting."

-Linda Jensen

Lori Hagen
Ann Marie Hagmann
Jennifer Hagstedt
Andrew Haimov
Leslie Haines
Darolyn Hamada



Darin Hanson
Shari Hanson
Jennifer Harding
Kelly Harris
Lesley Harris
Wayne Harris



Kimberly Harrison
Theresa Harrison
Debbie Hart
Maria Harville
Corrine Haskins
Brian Hastie



Tricia Hatfield
Michelle Haub
Andrew Hawkins
Stacey Hawthorne
Richard Helms
Rosemary Herrera



Lisa Hess
Margi Hibsichman
Randel Hines
Karen Hitchcock
Thanh Ho
Florine Hong



Sean Hooks
Mark Horan
Denise Horner
Nolan Howe
Teri Hubert
Michelle Huey





— Deckhands Emerge —

At one of Los Al's popular dances, **Danny Archuleta**, **Denise Horner**, **Craig Jackson**, and **Deanna Blythe**, left, sit on the bleachers and engage in lively conversation. Classwork is just as important as homework and teaches students to use wisely what little time they have. **Suzy Triplett**, below, quickly thinks of a catchy phrase to conclude her assignment before the final bell rings. As a member of the Tall Flags Squad **Kirsten Shaw**, lower left, is devoted to bringing honor to her squad and Los Al. The colorguard is one of the most prestigious groups on campus and is continually winning trophies and awards for our alma mater.



Laura Huff
Randy Huff
David Hughes



Michael Humphries
Michele Hurst
Jacquely Husted



Adam Hutton
Greg Irwin
Steven Irwin



Craig Jackson
Michael Jackson
Jay Leland

"The school spirit is
what makes Los Al special to me."

-Kelly Harris

Cindy Jensen
Linda Jensen
Kathryn Jester
Patty Jettie
Anita Johnson
Diron Johnson



Tom Johnson
Tammy Jonas
Alicia Jones
Julie Jones
Robert Jordan
Stacey Jordan



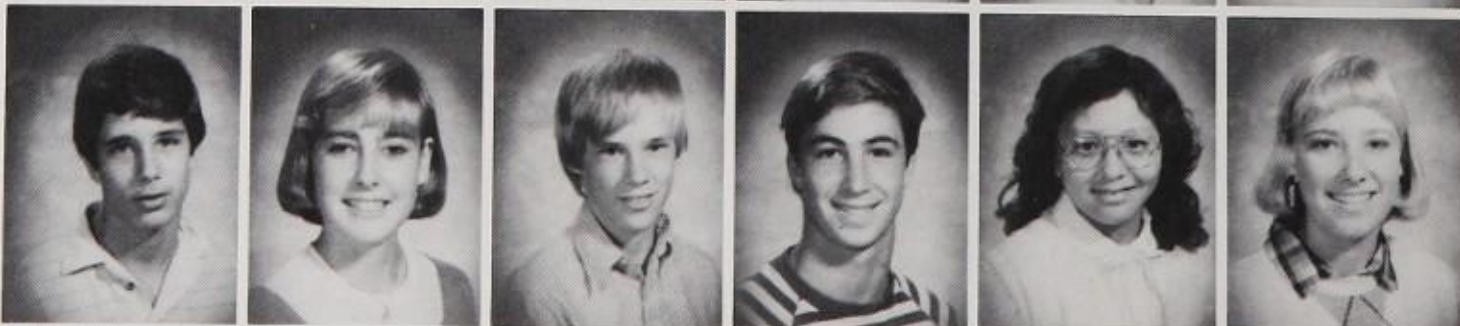
Emil Jorge
Adam Judd
Laura Junkermann
Tammy Kanagy
Denise Kaneko
Jodi Kanowitz



Deborah Kaplan
Samantha Kaseroff
Karianne Kavalie
Michael Kean
Lisa Kefalas
Clinton Kemp



Todd Kenaston
Krista Kendall
Geoffrey Kerns
Simon Kile
Elizabeth Kim
Leslie Kimball



Alison King
Chandra King
James King
Debbie Klein
Kristine Klotz
Justin Knox





Heather Koehring
Brigitte Koenig
Scott Kondra



Eric Kramer
Greg Kuhn
John Laisy



Lynette Landrum
Dale Lane
William Lansford



Robert Lastrap
Gina Lansky
Georgina Lanuevo



— Frosh Sail On —

During school there are many different activities going on at one time. **Anne Buonocore**, lower left, a member of the Colorguard, proves that long hours and strenuous practice is what it takes to become the best rifle. **James King**, lower right, with pencil at work, tries his hardest to beat the clock so that he won't have homework over the long weekend. **Kim Smith**, upper left, smiles while raising her hand so that her teacher will call on her for her answer first. Taking the time to prepare oneself for class always pays off.

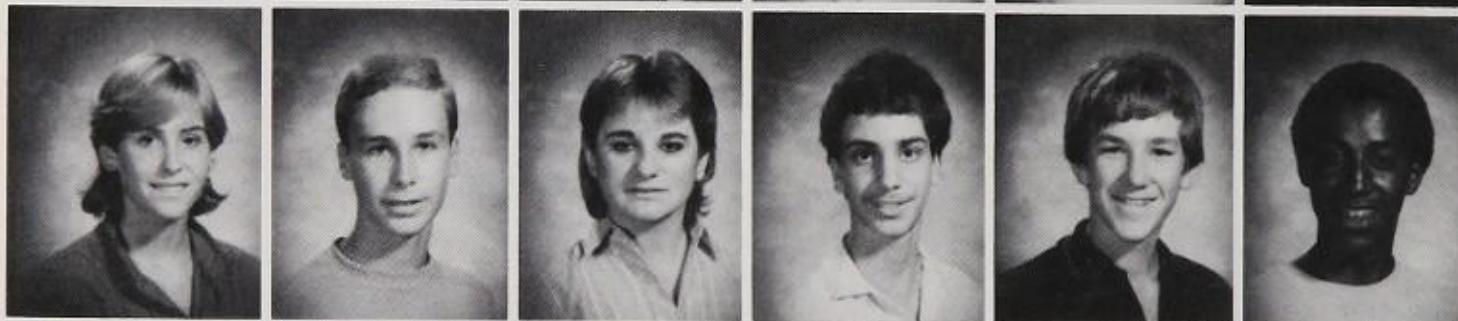
"The one thing I like most about being a Griffin is the pride and support of the students."

-Neil Sorensen

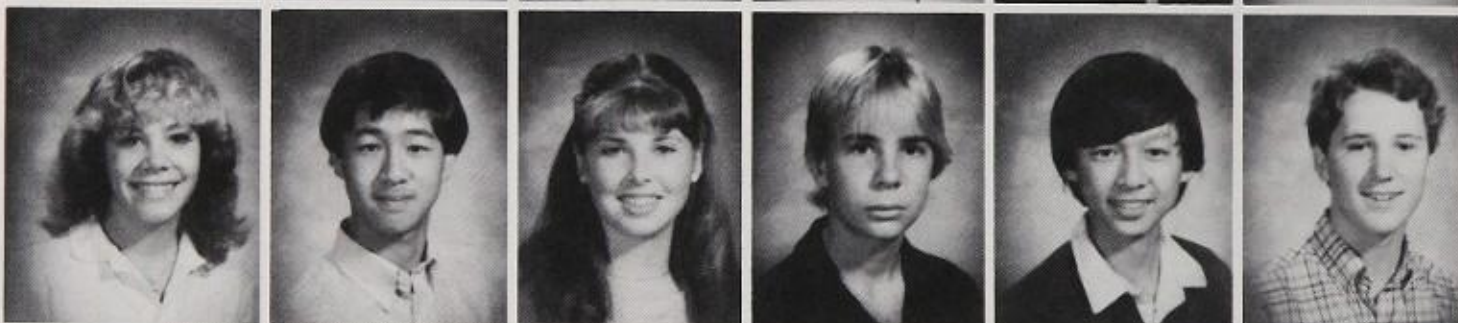
Mark Laurain
Jonathan Lazzara
Hap LeCompte
Dobby Lee
Rochelle Lee
Sally Lee



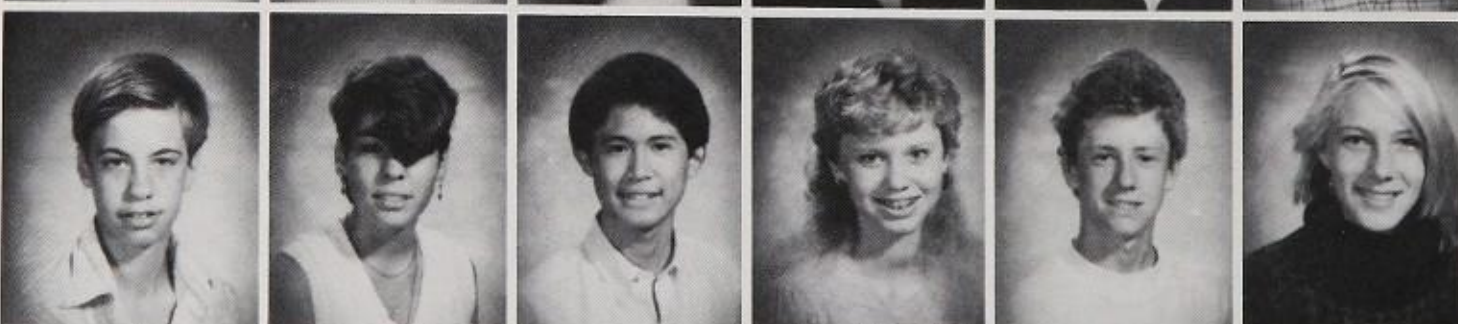
Shelly Leonard
Jerry Lerno
Melissa Leve
Stephen Levy
Sean Lewis
Michael Lewis



Stacie Light
Roy Lin
Robin Lindley
Scott Listavich
Terry Liu
James Locke



Tony Lopez
Danielle Long
Gaudenci Lontok
Kelly Lynch
Greg Lyon
Kathleen Mackay



Jami Maggard
Kevin Mahoney
Bruce Malin
Craig Malone
Melissa Maloney
John Manfredi



Eddie Manfro
Jon Maples
Gina Marconi
Ronald Marquez
Michael Martinez
Kellie Matheney

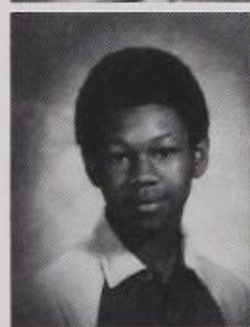


— Plebes Adhere —

Spare time is used productively during class and gives students a chance to help themselves and others better understand their subjects. Skimming through the Webster's Dictionary, **Laura Bowden**, left, looks up words to expand her vocabulary, while **Rick Helms**, below, adjusts the movie screen at the front of the class. Many students share their opinions and express their artistic abilities in research assignments and projects. Pointing out specific parts of his miniature city, **Robert Book**, lower left, explains life in a different era.



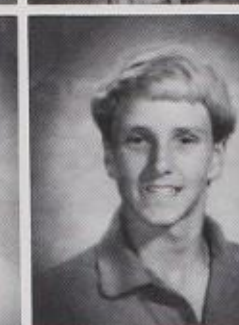
Matthew McCabe
Mary McGill
Kelly McHale



Shelton McKenzie
Michelle McLinden
Melisa McSheehy



Julie Meadows
Richard Mechling
Heather Medcalf



Mark Medina
Todd Megna
Geoffry Mellon

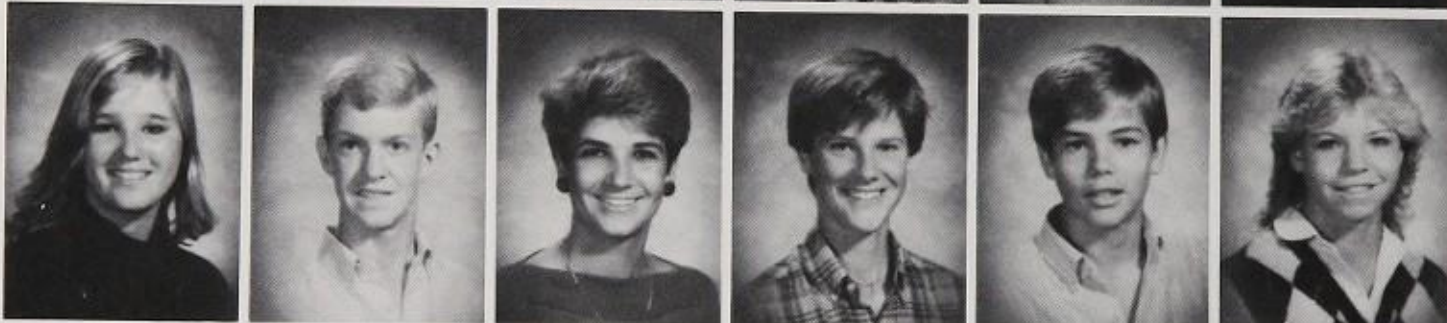
"Uh, oh!
I think I'm lost."

-Ron Wilhelm

Tina Melton
Robert Menke
Robert Mercadante
Gregory Merchant
Jacqueli Miland
Brian Miller



Lisa Mills
Brett Miner
Shannon Ming
Kenneth Montgomery
Jon Moore
Kelli Moore



John Morgan
Tim Morgan
Andrew Morley
Mike Morrow
Michael Morton
Chris Moses



Orli Moses
Tanya Moskalenko
Sarah Mueller
Debbie Mukamal
Michael Mullaney
Linda Murphy



Carolyn Murphy
Eric Murray
Laura Murray
Judy Naber
Scott Nadell
Virgilio Nafarrete



Koryn Nagel
Kelsie Nance
Laurie Navarro
Todd Nelson
Robby Nen
Aimee Newlander





Stacey Nishii
Wendy Nugier
James Oberacker



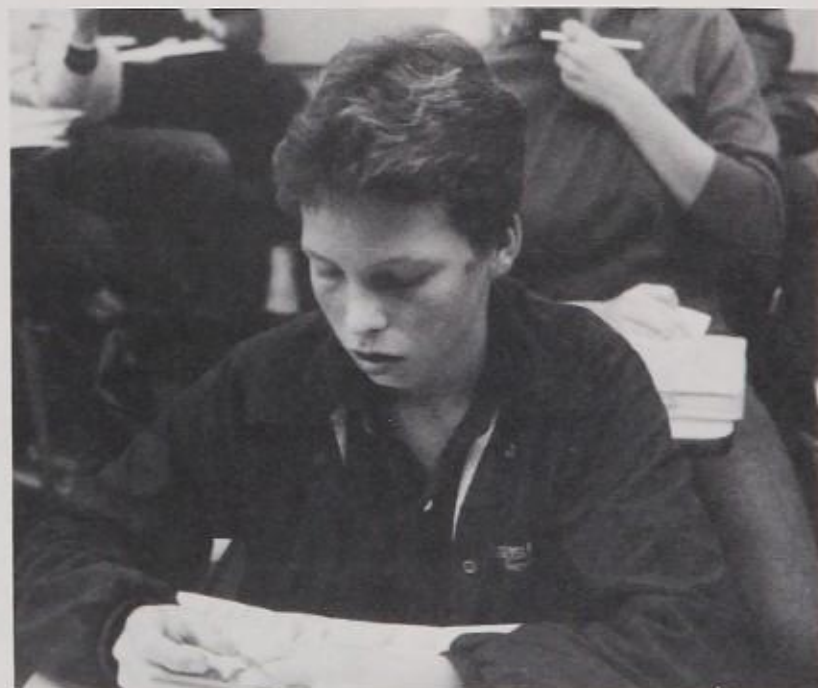
Lara Obradovitch
Kathleen O'Donnell
Timothy O'Keeffe



Scott Omohundro
Amador Oritz
Michele Overbeek



Darcy Owen
Paul Page
Michelle Pagenkopp



— Frosh Get Active —

In keeping with the holiday enthusiasm of the season, the spirit club, LA's Finest volunteered to decorate the Christmas tree in the main office. **Aurora Flores**, lower left, hangs an angel ornament on a branch of this very special tree. Mrs. Flynn is notorious campus-wide for her creative and eccentric extra-credit assignments. On the way to her English class, **Darolyn Hamada**, upper left, carefully balances her five extra-credit boxes which will raise her grade to an outstanding "A". Contemplating if he should dare attempt Mrs. Flynn's new extra-credit task, **Doug Chapman**, above, thoughtfully ponders the question, "Is bringing a frog to school really worth a few extra points?"

"The thing that makes Los Al
special is spirit and pride."

-Kellie Matheney

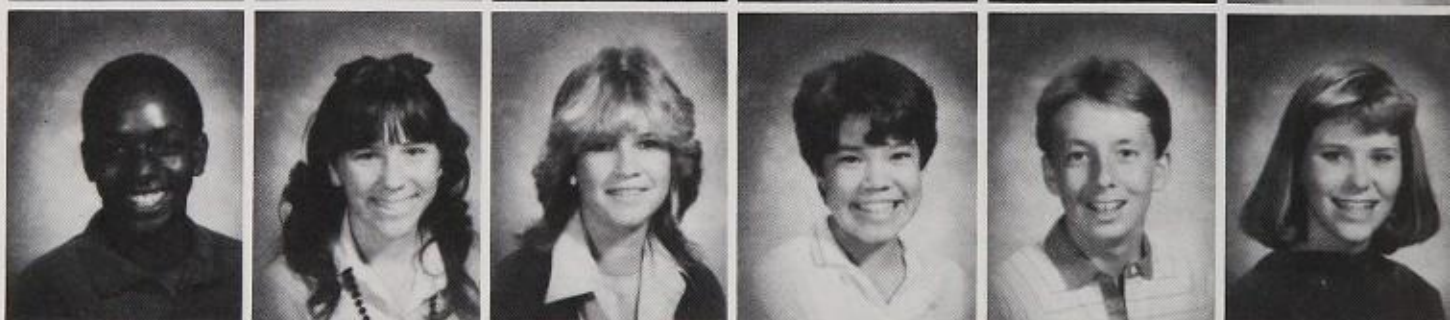
Michelle Palermo
Jeffrey Palk
Vitisia Pangelinan
Kristi Papalexis
Mark Parkinson
Judy Parmet



Kristine Patz
Richard Paul
Ricardo Payan
Raymond Pedroza
Puanani Pereira
John Perez



Bernard Peters
Rosemary Peters
Kristin Petersen
Cynthia Phillips
Philip Pinto
Wendy Poe



Shawn Pollard
Markham Pollard
Franklin Ponte
Stacy Ponting
Julie Pool
Michael Potechin



Maria Puente
Alexander Pulone
Franklin Quenga
William Raappana
Eric Rager
Scott Rainey

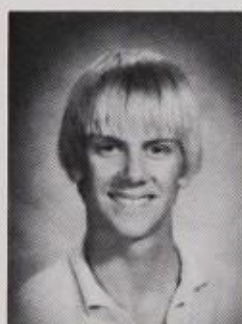
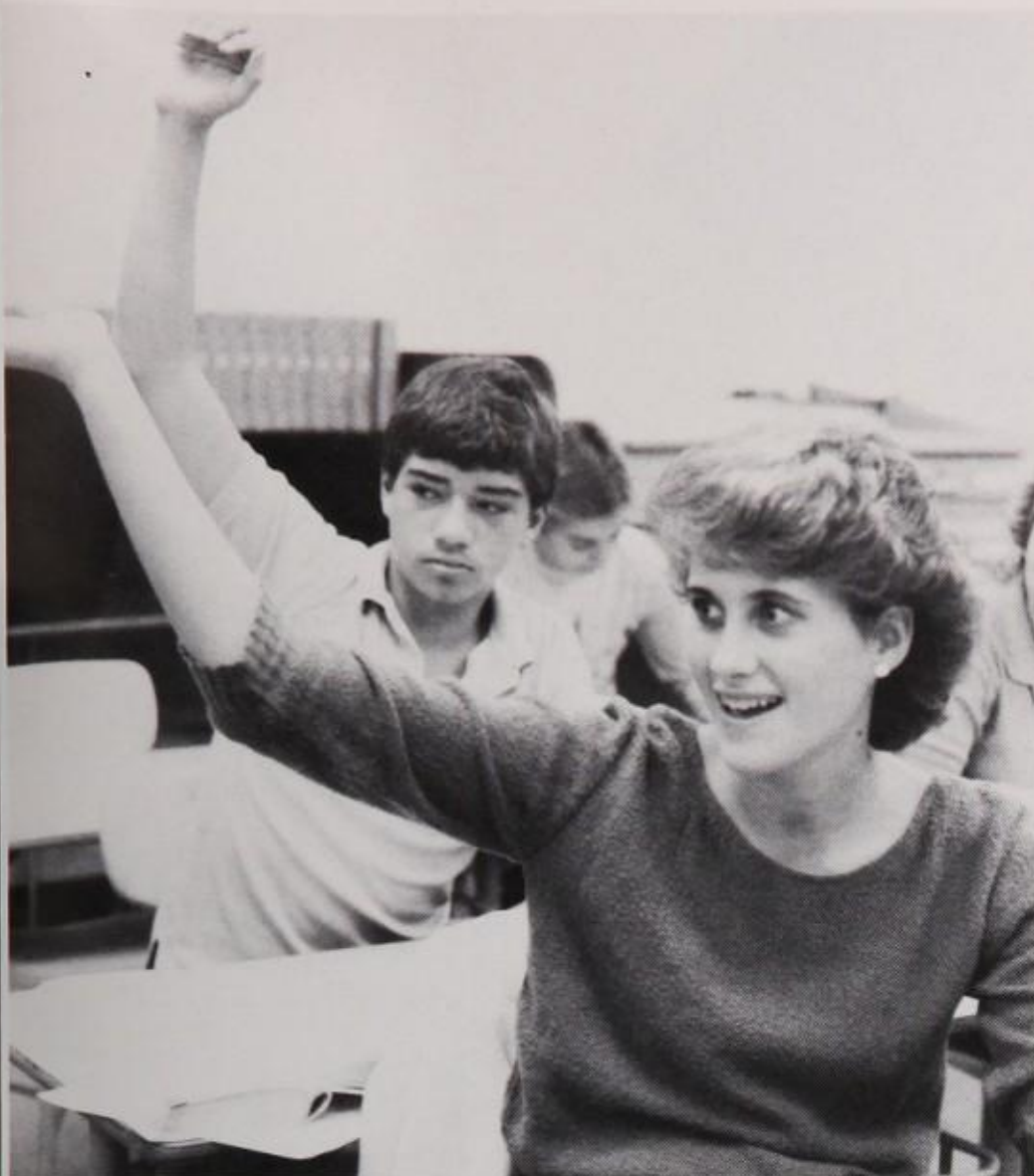


Richard Ramaglia
Dawn Ranftl
Shawn Rankins
Stacey Ray
David Rayburn
Mary Reis



Frosh Adjust

High school is a major adjustment for the deckhands who set sail on the voyage of the Cottonwood. Suddenly, they are at a school with more students, more teachers, and more activities. Many times students must use outside resources when researching topics for reports and term papers. **Mike Lewis**, below, utilizes Los Al's extensive Media Center to aid him in his research paper. Both knowing the correct answer to Mrs. Kenny's question, **Charles Ashley** and **Jenifer Swanson**, near left, anxiously wait their turn to talk. Freshman class vice-president, **Kathleen MacKay**, lower left, talks about various fund raisers to her Freshman Class Committee.



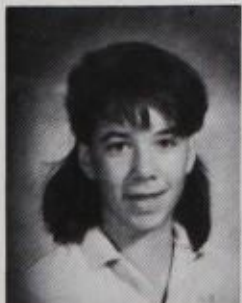
Mark Reutzel
Paul Reyes
Tracey Reynolds



Ali Rezazadeh
Tracy Rieth
Scott Rinella



Renee Risling
Eric Roberts
Stephani Robertson

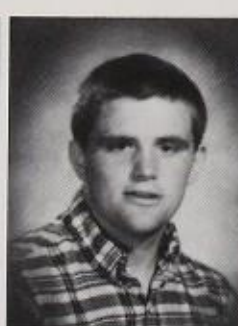


Alissa Robinson
Kimberly Rodefild
Glenn Rodriguez

"I'm glad that I'm a
part of a great school."

-Bill Salas

Mike Rodriguez
Julie Rohlfing
Mike Rogers
Chris Rose
Cindi Ross
Vanessa Round



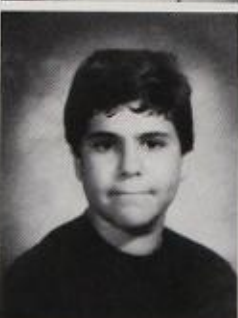
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Robert Rubinkan
Joe Rudkin
Julie Ruiz
Bonnie Saitzyk
Joe Salamanca



Billy Salas
Chad Salisbury
Brian Sandoval
Ernest Sanne
Jodai Saremi
Scott Sargeant



Anne Save de Beaurec
Gregory Saylin
Ronald Scanlon
Jonathan Schechter
Lance Scheiner
Bradley Schultz



Eric Schwandt
Deron Scott
Lisa Scott
Loa Scott
Ilona Sendro
Mike Shaddox



Casey Shaffer
Karrie Shanholtzer
Kirsten Shaw
Rebecca Shoudt
Mayson Shouler
Nikole Sifton





— Sailing Along —

Staying after school to give some extra help for her English class, **Mrs. Bennett**, upper left, carefully explains the assignment to **Kelly Agosta**. Following through in her Spanish class, **Stacey Spikes**, middle left, takes a break to smile. Typing an assignment for her class, **Laura Huff**, lower left, also practices to try to increase her words per minute. People at Los Al are very generous and always willing to help. Working hard and listening carefully is a sure guarantee in achieving superior grades.



Clara Simeone
Gary Sinclair



James Sippelle
Shelley Skoglund



Chris Slack
Kim Smith



Steven Smith
Stephanie Snow

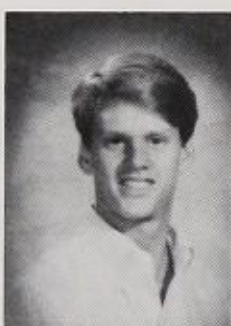


Brian Snyder
Farah Snyder

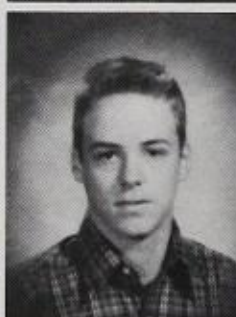
"I've made many new friends here,
and I plan to achieve many of my goals here."

-Kim Smith

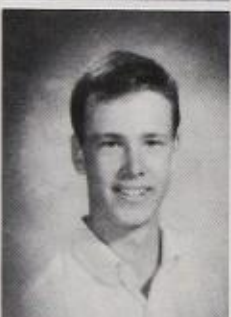
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Michelle Schuman
Neil Sorensen
Scott Sorensen
Mike Sparkman
Derek Sparta



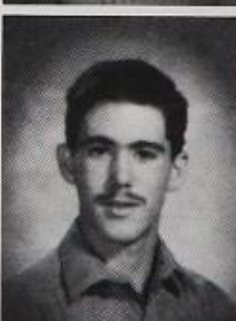
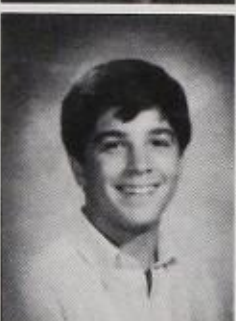
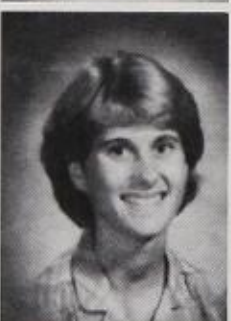
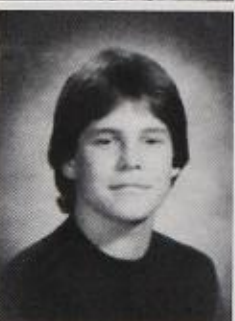
Tod Spaugy
Kelly Spaulding
Stacey Speights
Raquelle Sprague
Brendan Sprott
Julie Stanford



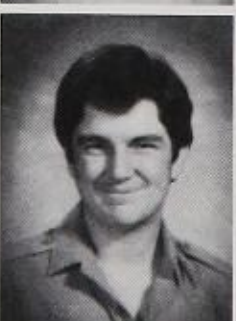
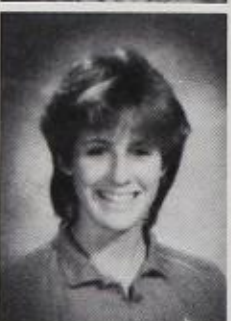
Stacy Stephens
Mandy Stillings
Stephen Stoewer
Don Strack
Michelle Stratton
Kevin Strawbridge



Emily Strong
Michael Stugart
Jenifer Swanson
Konstant Syrengelas
Brian Tadlock
Eric Tash

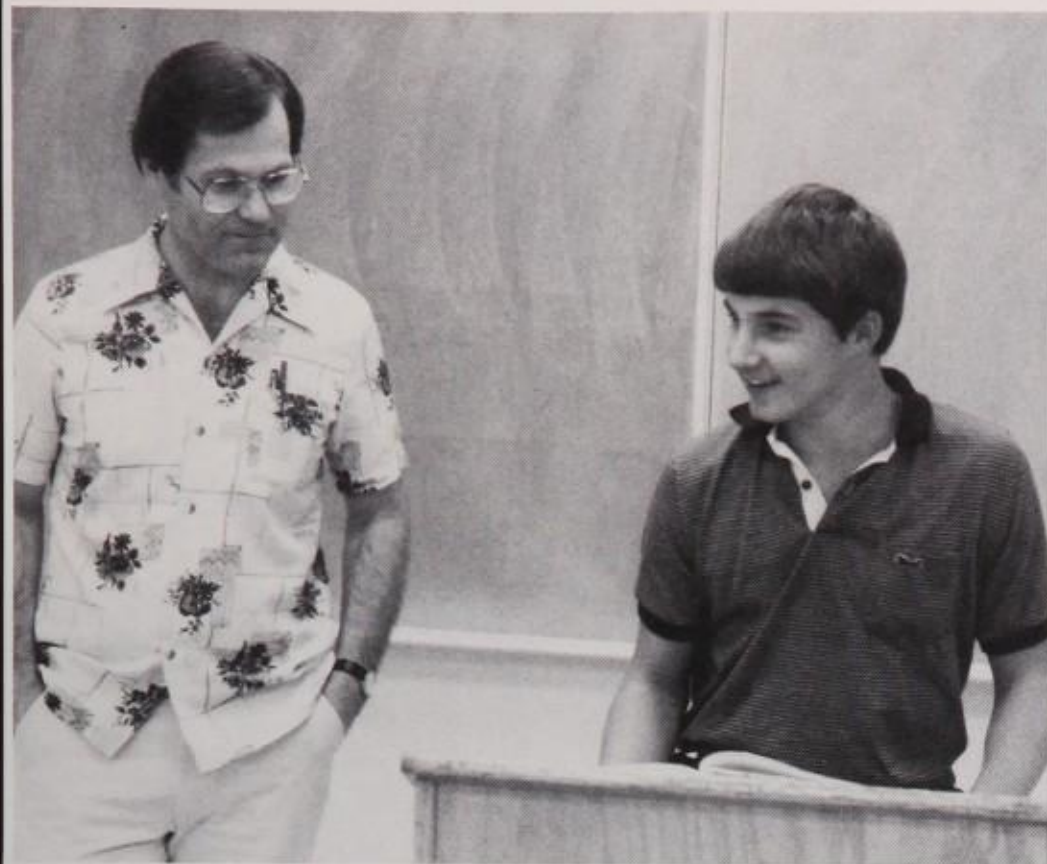


Christin Tarango
Ann Tarlton
Kim Taylor
David Terrell
Herbert Theodore
Stacy Thomas



Vanessa Thomas
Ernest Thomason
Robert Tong
Lisa Toomey
Shana Torem
Chris Trice





— Freshmen Aloud —

Speaking in front of a class may be a terrifying experience, but one must learn to overcome his shyness by frequently communicating with students even if it is in sheer terror. **Scott Sargent**, left, displays his natural talent with the help of German teacher, **Mr. Pectol**. Meanwhile, fellow freshman **Brian Ware** listens attentively to a student in his English class. Listening is just as important as speaking itself. Although expressing oneself is generally good, **Mr. Brooks** asks **Rochelle Lee** about her speaking to her classmates. Rochelle explains that she was asking for additional help on her pre-algebra homework. She anticipates a good grade on the next test.



Suzy Triplett
Lily Truong



Kristen Tseko
Shane Tscherny



Robert Tucker
Ella Turrentine



Robert Tyo
Jon Udoff



Joseph Vaca
Shahin Vadood

"Being involved and making lots of new friends, makes Los Al special."

-Jenifer Swanson

Steven Vames
Andy Van Holt
Chris Van Kampen
Grant Vanderve
Daniel Vanwinkle
Deanna Vega



Danny Vela
Amy Vieira
Ingrid Vycius
Douglas Wadleigh
Lance Walker
Michelle Walker



Amy Wandstrat
Brian Ware
Stacy Warino
David Warner
John Waterbury
Stephanie Welch



Jamie Welsh
Christine Welter
Mark Welzen
John Whitlock
Elaine Wiest
Kathrin Wiest



Courtney Wilder
Paul Wilderman
David Wiley
Ronald Wilhelm
Ellen Wilkerson
Joanna Willemse



Peter Willhoit
Darlene Williams
Exzandre Williams
Rusty Williams
Tommy Williamson
Sherri Wixon





Steven Wolf
Janet Wong



Steven Wood
Danny Woodard



Nick Woods
Chih Yu Wu



Anthony Yim
Mary Younkin



Cimberly Zerwick
Stacey Ziemba



— Aiming For A Goal —

The confidence and security that a teacher offers to the freshman students adds to the stability of his new environment. Adjusting to Los Al and its 2,000 other students is a big step for a ninth grader to make. In order to create new friends, many join clubs and organizations. **Debbie Mushial**, top left, has joined the Freshman Class Committee to expand her social acquaintances. **Mrs. Steeby**, finds that assisting her student, **Craig Malone**, middle left, in his history studies will benefit his grade in the class. Receiving assistance though, does not always mean that a student will succeed. In the event that a student does not, **Mrs. Flynn** offers extra credit to those in such a situation. **Rick Murray**, left, displays the collected projects that will be considered for extra points.

Ship Returns To Home Port

After nine months of traveling along smooth seas and surviving strong storms, the **Cottonwood** has finally arrived at its' last destination, our home port of Los Alamos. It is a time filled with smiles and tears because our senior captains are saying good-bye, forever, to their livelihood of an unprecedented four years. They have been preparing for this next phase of their lives-independence- for a long time. College is in the future, for many of our captains, to gain more knowledge about our world. Others plan to enter the work force and seek exciting careers. Their journey will always be a firm foundation our captains can reflect upon. It was a time where they discovered who they were, developed unique personalities, and made lasting friendships. They now will be on their own, responsible for their actions in an adult world.

When autumn arrives the **Cottonwood** will sail once more-on an unknown sea in search of new horizons.



Many Griffins consider seeing their friends the best thing about coming to school day in and day out. **Darolyn Hamada** and **Erin Anderson**, top, pal around on the way to class. One of the most difficult concepts in physics is understanding complicated formulas, and **Mr. Scott**, above, explains to **Liz Brewer** the laws of universal gravitation. The counseling office is an extremely busy place at Los Al and **Kim Petullo**, left, makes an appointment to see her counselor **Mrs. Holzman**.



Sailors Help Shipmates

When we are down or just having a rough day, a friend's smile can make us forget about our troubles. **Darrin Sarto**, far right, cheers up **Judy Koong** with a hug. **Derek Hobbs** and **Suzi Nelson**, far left, exchange marriage vows as Maid of Honor **Verna Wright** stands by. **Eddie Roche**, middle left, adjusts his tie before his dream girl walks into Driver's Ed. While sharing her potato chips with a friend, **Judy Holzgang** soaks up the sun during lunch. **Susan Jenkins** helps **Sheralyn Rinella**, above, with a few difficult formulas in math.



A Friend's Goodbye

A dream dreamt together
 Hidden messages
 A reassuring smile and helpful hand
 were always there
 We looked to the future
 Never holding back
 A night on the town brings back happy
 times spent together
 Memories stored away are relived
 A cry, a smile, a laugh all essential parts.
 Some things never change.
 Just want to have fun
 But soon we we'll move on
 Another phase to go through
 I know its inevitable: Separate ways.
 It won't be easy
 A friend's goodbye never is.

-Diana Resh



Gunther and Gertrude Griffin, upper left, wave to the alumni as they ride around Handel Stadium in a Mercedes 450SL. One of the more popular classes at Los Al is On Your Own and the mock weddings are a major attraction every semester. Maid of Honor **Maria Romero** and Best Man **Steve Stryker**, upper right, witness the ceremony of their close friends. During Information Day, **Cinnamon Becker** and **Shelly Byrd**, above, inspect a skeleton from Biology with curiosity. **Glen Kaneko** captures on film the Old Ranch Country Club Lake, left, at dusk.



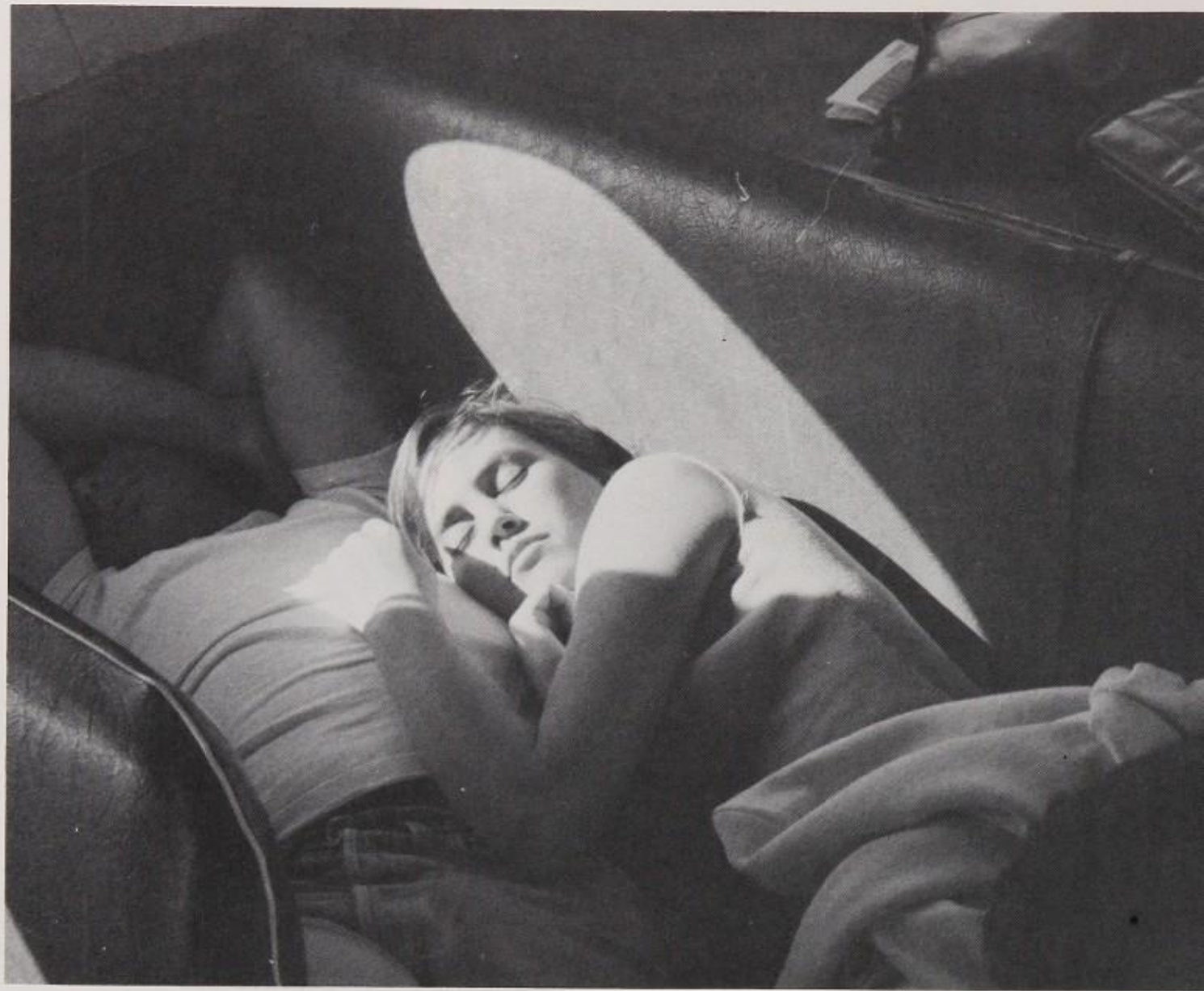
A New Start

The end is a new beginning.
 I've finally found what I've
 been searching for,
 all this time.
 Eventually seemed like Eternity to you.
 I know now. I am sorry.
 I needed my space, **my** time in life.
 I needed to know that I, too,
 was special to myself.
 In one short month I lived.
 I became a woman, secure and alive.
 Not till this day did I truly live, truly love.
 I realize now, I loved you then,
 but not till this moment
 did I know that it was forever!
 I am true to you, as I am true to life.
 I am truly yours.

-Kim Andreasen



Glenn Kaneko photographs **Kristin Johnson**, upper left, taking a stroll near the Seal Beach Pier. Decked out with tuxedos and table decorations, **Jon Prussel** and **Ronnie Scanlon**, left, serenade **Donna Hardin** with a song at the Winter Formal. **Sonja Muir** and **Sean Conboy** get a little assistance with their poem analysis from a visiting book martian. Being the same age is not a requirement to have a most successful friendship. Sophomore **Kathy Pound** and junior **April Leapley**, above, met through the Los Al Colorguard and have been best friends ever since.



Exhausted after the hectic but exciting cruise of 1984, senior **Kacey Smith** falls asleep on the journey back to her home port.



Glenn Kaneko

Hard Work Leads To New Horizons

Essential to producing a book that records history, memories, good times and tears are immense time, sincere effort, and true dedication to be successful in such an endeavor. When you actually see your efforts come to life as the yearbook arrives in June, all the time, hard work, and frustration are worth every minute.

The **Cottonwood '84** is 296 pages with a mosaic page design. Our theme, **Sailing Toward New Horizons**, was carried throughout the book with nautical artwork, pictures, and terms. Our type, serif gothic, was set at 36 pt. for major headlines, 24 pt. for minor headlines, 11 pt. for major copy, 10 pt. for minor copy, and 9 pt. for cutlines. The cover is silver foil embossed with a cordovan grain and the endsheets are a true-to-size photograph of a ship's log atop a nautical map of Alamitos Bay. **Josten's** was once again our publisher with **Mr. Jeff Rassmussen** as our representative. **Portrait Gallery** provided photo supplies and was the official senior portrait studio.

Special thanks are due to some very important people, who without their efforts, the Cottonwood '84 would not have been a success. I would first like to thank **Miss Maria Romero**, our Sports Editor, who with her help, support, and

most of all friendship enable me to survive my senior year. Next I would like to thank our resident artist, **Mr. Robert Fischer**. Robert designed our cover and his unique artwork gave our yearbook originality. Our Photography Editor-in-Chief, **Douglas J. Steele**, deserves thanks for his great work as so do our photographers, **Jose Camarena** and **Glenn Kaneko**, for "hanging in there" all year long. **Jody Okamoto**, **Anita Navarro**, and **Lisa Steele** are greatly appreciated for their outstanding efforts in producing the Senior, Activities, and Clubs and Organizations sections. **Tracy Callen** did an excellent job on the Index and Clubs and Organizations sections. I would also like to thank **Kathleen Beatty** and **Kelli Hawkins** for their extraordinary work on the class sections and to **Liz Brewer** for being our Business Manager. Gratitude is due to my Associate Editor, **Miss Karen Smith**. I greatly appreciated her assistance, ideas, and creativity and I wish her the best of luck with the **Cottonwood '85**. My last thank you goes to a most outstanding lady, who without her, the **Cottonwood '85**, would not be what it is today. Thank you **Mrs. Jan Kenny** for your guidance, insightfulness, and for especially being my friend.

Best Wishes Always,

Lisa Rene' Shanaberger

Editor-in-Chief



Associate Editor **Karen Smith**, Photography Editor-in-Chief **Douglas J. Steele**, and Editor-in-Chief **Lisa Shanaberger** take a trip to the Long Beach Marina to look for ideas for the Cottonwood's nautical theme.



Glenn Kaneko, the very busy **Cottonwood** and **Crusader** photographer, gets ready to shoot some Griffins in action during lunch with his rusty Canon AE-1.



Buying a tigerrail donut, Mark Reutzel at Nevin's Donuts is being helped by Hilary Spyers-Duran and Darrin Sarto.



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Congratulations Graduates



Getting her hair done for Los Al's prom, **Rene Marriott** goes to **Edward's Hair Design** for this special occasion.

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Long Beach Harbor (33° 45' N. 118° 15' W.)
Long Beach Harbor (33° 45' N. 118° 15' W.)
Long Beach Harbor (33° 45' N. 118° 15' W.)
Long Beach Harbor (33° 45' N. 118° 15' W.)

The National Weather Service and
other private hydrographic offices
have provided additional information
regarding the range of navigation and
the range of soundings in this area.
The range of soundings in this area
is shown in the following table.

AUTHORITY
Hydrographic and Nautical Charts, Coast and
Geodetic Survey, with additional data from the Coast of Engineers, Department
of the Navy, and U.S. Coast Survey.

NOTE
A preliminary chart has been published in the Los Angeles Long Beach area,
showing the range of navigation and the range of soundings in this area.
The range of soundings in this area is shown in the following table.

SAN PEDRO BAY

Maximum Projection
Scale 1:50,000 at Lat. 33° 45' N.
North American 1927 Datum
SOUNDINGS IN FEET
AT MEAN LOWER LOW WATER

SHORE REFLECTIONS
Shore reflections have been shown on every
soundings chart in this area, and the
range of soundings in this area is shown
in the following table.

ADDITIONAL NOTES
The following information is given for the
benefit of the user of this chart, and the
range of soundings in this area is shown
in the following table.

SUPPLEMENTAL INFORMATION
Consult U.S. Coast Pilot 1 for additional
information.

NOTE
A preliminary chart has been published in the Los Angeles Long Beach area,
showing the range of navigation and the range of soundings in this area.
The range of soundings in this area is shown in the following table.

For Symbols and Abbreviations see Chart No. 1
(1:50,000) International Regulations for Preventing Collisions at Sea, 1972
Revisions from one edition to the next



CAUTIONARY AREA

LOGARITHMIC SPEED SCALE



Cruise Log
Sailing Toward
Our voyage begins...
September 12, 1993

New Horizons
June 15, 1984
Graduation

